

2026 USATF Masters Indoor Heptathlon
Combined Events Championship - 1/10/2026 to 1/11/2026
Carthage College, Kenosha, WI
Results - Indoor Pentathlon

Men Indoor Pentathlon

	Points	60H	LJ	SP	HJ	1000
----- M40 -----						
1 Ondecko Jr., Gary		10.92	5.51m	10.22m	1.50m	3:13.02
Greater Philadelphia TC			18-01	33-06.5	4-11	
Age-Graded Mark:		10.60	6.04m	11.36m	1.59m	3:05.86
Age-Graded Percent:		68.77%	67.49%	48.61%	64.9%	71%
M40	2661	(433)	(595)	(568)	(457)	(608)
----- M55 -----						
1 Kresser, Chad		10.24	3.94m	9.00m	1.38m	4:43.76
Unattached			12-11.25	29-06.5	4-06.25	
Age-Graded Mark:		9.00	5.14m	11.17m	1.70m	4:02.79
Age-Graded Percent:		81%	57.43%	47.8%	69.39%	54.35%
M55	2439	(746)	(409)	(556)	(544)	(184)
----- M60 -----						
1 Blakemore Sr., Damon		10.17	5.16m	12.56m	1.53m	3:42.53
Houston Elite			16-11.25	41-02.5	5-00.25	
Age-Graded Mark:		8.89	7.16m	15.38m	1.98m	3:02.66
Age-Graded Percent:		82%	80%	65.81%	80.82%	72.24%
M60	3858	(770)	(852)	(813)	(785)	(638)
----- M60 -----						
2 Duncan, Benjamin		13.86	3.98m	9.22m	1.32m	3:43.14
Unattached			13-00.75	30-03	4-04	
Age-Graded Mark:		12.11	5.52m	11.29m	1.71m	3:03.16
Age-Graded Percent:		60.2%	61.68%	48.31%	69.8%	72.05%
M60	2447	(213)	(485)	(563)	(552)	(634)
----- M65 -----						
1 Holmes Jr., Harold		13.50	3.68m	8.46m	1.26m	4:45.33
Sierra Gold			12-01	27-09.25	4-01.5	
Age-Graded Mark:		11.28	5.44m	11.26m	1.72m	3:44.42
Age-Graded Percent:		64.63%	60.78%	48.18%	70.2%	58.8%
M65	2212	(325)	(469)	(562)	(560)	(296)