

2026 NW Region Masters Championships - 6/19/2026 to 6/20/2026

2026 PNW Association Championships

West Seattle Stadium

Results

Event 1 W30 100 m**Finals**

1	Vasquez, Illyssa	W32	Other Region	14.57	-0.1
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Event 1 W35 100 m**Finals**

1	Lu, Shihlin	W35	Pacific Nort	15.87	-0.1
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Event 1 W50 100 m**Finals**

1	Birade, Dena	W54	Pacific Nort	14.05	-0.8
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Event 1 W60 100 m**Finals**

1	Shearer-Hannah, Amanda	W60	Northwest Re	15.68	-0.8
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Event 1 W65 100 m**Finals**

1	Scott, Daphne	W65	Pacific Nort	15.94	-0.8
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Event 1 W80 100 m**Finals**

1	Worsley, Marina	W82	Pacific Nort	27.74	-0.8
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Event 2 M19-29 100 m**Finals**

1	Green, Jahlin	M22	Pacific Nort	11.60	-0.3
2	Howell, Ben	M23	Pacific Nort	12.21	-0.3
3	Keating, Sean	M21	Pacific Nort	12.38	-0.3
4	Nguyen, Andrew	M28	Pacific Nort	12.79	-0.3

Event 2 M30 100 m**Finals**

1	Howard, Parker	M31	Pacific Nort	12.13	-0.3
2	Davis, Aaron	M32	Pacific Nort	12.47	-0.3

Event 2 M35 100 m**Finals**

1	Berry, Phillip	M37	Pacific Nort	12.04	0.7
2	Stewart, William	M37	Pacific Nort	12.95	0.7
3	Van Petten, Weston	M37	Pacific Nort	13.03	0.7

Event 2 M40 100 m**Finals**

1	Bjorneby, Kenneth	M40	Pacific Nort	12.35	0.7
2	Graves, Mitchell	M41	Pacific Nort	12.68	0.7
3	Ma, Maxwell	M43	Pacific Nort	13.19	0.7

Event 2 M45 100 m**Finals**

---	Rivera, Carlos	M46	Northwest Re	FS	0.7
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Event 2 M50 100 m**Finals**

1	Myre IV, Oscar	M51	Pacific Nort	14.87	0.4
2	Tordai, John	M54	Pacific Nort	16.54	0.4

Event 2 M55 100 m**Finals**

1	Williams, James	M57	Other Region	14.48	0.4
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Event 2 M60 100 m**Finals**

1	Gaskin Sr., Derek	M60	Northwest Re	14.44	-0.9
2	Lanser, Gordon	M64	Pacific Nort	14.51	-0.9
3	Glowacki, Rich	M62	Pacific Nort	17.46	-0.9

Event 2 M65 100 m**Finals**

1	Huarcaya, Luis	M67	Northwest Re	14.15	-0.9
2	Waller, Michael	M67	Pacific Nort	15.22	-0.9
3	Nyberg, Bill	M69	Pacific Nort	21.67	-0.9

Event 2 M70 100 m**Finals**

1	Ahearn Jr., Leo	M70	Pacific Nort	16.34	-0.5
2	Stonkus, Army	M71	Pacific Nort	17.67	-0.5
3	Sarup, Ram	M72	Other Region	17.90	-0.5

Event 2 M75 100 m**Finals**

1	Sandhu, Hardev	M77	Other Region	17.30	-0.5
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Event 2 M80 100 m**Finals**

1	Peirce, Stephen	M82	Northwest Re	19.62	-0.5
2	Heckard, Ed	M81	Pacific Nort	23.53	-0.5

Event 3 W19-29 200 m**Finals**

1	Sears, Hailey	W29	Pacific Nort	28.84	-1.7
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Event 3 W30 200 m**Finals**

1	Vasquez, Illyssa	W32	Other Region	30.92	-1.7
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Event 3 W35 200 m**Finals**

1	Lu, Shihlin	W35	Pacific Nort	34.96	-1.7
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Event 3 W60 200 m**Finals**

1	Shearer-Hannah, Amanda	W60	Northwest Re	33.25	-1.7
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Event 4 M19-29 200 m**Finals**

1	Green, Jahlin	M22	Pacific Nort	23.81	-0.1
2	Nguyen, Andrew	M28	Pacific Nort	26.11	-0.1

Event 4 M40 200 m**Finals**

1	Biodrowski, Brandon	M44	Pacific Nort	24.60	-0.1
2	Bjorneby, Kenneth	M40	Pacific Nort	24.81	-0.1

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Event 4 M50 200 m**Finals**

1	Matulka, Ryan	M51	Other Region	26.39	-0.1
2	Tordai, John	M54	Pacific Nort	34.17	-0.1

Event 4 M55 200 m**Finals**

1	Williams, James	M57	Other Region	30.37	-0.1
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Event 4 M60 200 m**Finals**

1	Lanser, Gordon	M64	Pacific Nort	31.30	-0.1
2	Altura, Adrian	M64	Pacific Nort	38.20	-0.1

Event 4 M65 200 m**Finals**

1	Huarcaya, Luis	M67	Northwest Re	28.99	-1.7
2	Rosen, Mark	M67	Pacific Nort	31.65	-1.7

Event 4 M70 200 m**Finals**

1	Ahearn Jr., Leo	M70	Pacific Nort	35.00	-1.7
2	Stonkus, Army	M71	Pacific Nort	35.84	-1.7

Event 4 M75 200 m**Finals**

1	Sandhu, Hardev	M77	Other Region	36.14	-1.7
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Event 4 M80 200 m**Finals**

1	Peirce, Stephen	M82	Northwest Re	43.16	-1.7
2	Heckard, Ed	M81	Pacific Nort	47.84	-1.7

Event 5 W65 400 m**Finals**

1	McVee, Amy	W67	Northwest Re	1:35.83
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Event 6 M30 400 m**Finals**

1	Howard, Parker	M31	Pacific Nort	56.05
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Event 6 M35 400 m**Finals**

1	Gallagher, Michael	M36	Pacific Nort	52.65
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Event 6 M40 400 m**Finals**

1	Biodrowski, Brandon	M44	Pacific Nort	54.44
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Event 6 M50 400 m**Finals**

1	Matulka, Ryan	M51	Other Region	57.56
2	Myre IV, Oscar	M51	Pacific Nort	1:06.72

Event 6 M60 400 m**Finals**

1	Altura, Adrian	M64	Pacific Nort	1:26.39
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Event 6 M65 400 m**Finals**

1	Rosen, Mark	M67	Pacific Nort	1:08.33
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Event 6 M70 400 m**Finals**

1	Stonkus, Army	M71	Pacific Nort	1:25.08
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Event 6 M80 400 m**Finals**

1	Heckard, Ed	M81	Pacific Nort	1:50.43
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Event 7 W30 800 m**Finals**

1	Hannah, Katherine	W31	Northwest Re	2:25.16
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Event 7 W55 800 m**Finals**

1	Murray, Paula	W59	Pacific Nort	3:33.28
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Event 7 W65 800 m**Finals**

1	Quick, Sylvia	W66	Other Region	3:10.00
2	McVee, Amy	W67	Northwest Re	3:34.55

Event 8 M60 800 m**Finals**

1	Altura, Adrian	M64	Pacific Nort	3:39.48
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Event 8 M70 800 m**Finals**

1	Troup, John	M70	Pacific Nort	2:45.76
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Event 8 M80 800 m**Finals**

1	Heckard, Ed	M81	Pacific Nort	4:11.29
2	Peirce, Stephen	M82	Northwest Re	4:21.07

Event 9 W55 1500 m**Finals**

1	Murray, Paula	W59	Pacific Nort	6:53.26
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Event 9 M55 1500 m**Finals**

1	Williamson, Mike	M58	Pacific Nort	5:32.27
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Event 9 M70 1500 m**Finals**

1	Krueger Sr., Mark g	M72	Northwest Re	7:06.17
2	Garrison, Rick	M73	Pacific Nort	7:47.24

Event 9 M85 1500 m**Finals**

1	Joslin Sr., Timothy	M85	Pacific Nort	9:39.03
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Event 11 M80 5000 m**Finals**

1	Heckard, Ed	M81	Pacific Nort	26:13.38
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Event 12 W55 5000 m Race Walk**Finals**

1 Liu, Danni W57 Pacific Nort 38:23.36

Event 12 W65 5000 m Race Walk**Finals**

1 Tuberg, Ann W66 Pacific Nort 36:36.77

Event 12 W75 5000 m Race Walk**Finals**

1 Thurman, Diana W79 Pacific Nort 42:36.80

Event 12 W80 5000 m Race Walk**Finals**

1 Backlund, Darlene W80 Northwest Re 44:05.86

Event 12 M60 5000 m Race Walk**Finals**

1 Jiang, Peigen M62 Pacific Nort 34:26.17

Event 12 M75 5000 m Race Walk**Finals**

1 Novak, Robert M77 Pacific Nort 35:36.77

Event 33 W80 Long Jump**Finals**

1 Worsley, Marina W82 Pacific Nort 1.72m NWI

Event 33 M19-29 Long Jump**Finals**

1 Green, Jahlin M22 Pacific Nort 5.75m NWI

Event 33 M40 Long Jump**Finals**

1 Bjerneby, Kenneth M40 Pacific Nort 5.45m NWI

Event 33 M70 Long Jump**Finals**

1 Sarup, Ram M72 Other Region 2.62m NWI

Event 33 M80 Long Jump**Finals**

1 Wood, J. Marcus M82 Northwest Re 2.87m NWI

Event 33 M85 Long Jump**Finals**

1 Sheedy, Robert M85 Pacific Nort 2.72m NWI

Event 35 M19-29 Triple Jump**Finals**

1 Hilton, Joseph M19 Northwest Re 13.76m NWI

Event 35 M65 Triple Jump**Finals**

1 Yeoman, Michael M69 Northwest Re 9.56m NWI

Event 35 M70 Triple Jump**Finals**

1 Sarup, Ram M72 Other Region 5.66m NWI

Event 35 M80 Triple Jump**Finals**

1 Peirce, Stephen M82 Northwest Re 4.97m NWI

2 Wood, J. Marcus M82 Northwest Re 4.26m NWI

Event 35 M85 Triple Jump**Finals**

1 Sheedy, Robert M85 Pacific Nort 5.59m NWI

Event 37 M30 High Jump**Finals**

1 Jowett, Nathan M33 Pacific Nort 1.65m

Event 37 M40 High Jump**Finals**

1 Bjerneby, Kenneth M40 Pacific Nort 1.40m

Event 37 M60 High Jump**Finals**

1 Lanser, Gordon M64 Pacific Nort 1.40m

Event 37 M65 High Jump**Finals**

1 McMaster, Dwight M65 Pacific Nort 1.45m

2 Grevstad, Kris M67 Pacific Nort 1.40m

3 Huarcaya, Luis M67 Northwest Re 1.35m

4 Monroe, Anthony M67 Pacific Nort 1.10m

Event 37 M80 High Jump**Finals**

1 Peirce, Stephen M82 Northwest Re 0.90m

Event 37 M85 High Jump**Finals**

1 Sheedy, Robert M85 Pacific Nort 1.05m

Event 38 W40 Pole Vault**Finals**

1 Gayman, Megan W42 Pacific Nort 1.80m

Event 38 W65 Pole Vault**Finals**

1 Wong, Rena W66 Pacific Nort 2.55m

2 Scott, Daphne W65 Pacific Nort 2.25m

Event 38 W80 Pole Vault**Finals**

1 Worsley, Marina W82 Pacific Nort 0.90m

Event 38 M30 Pole Vault**Finals**

1 Jowett, Nathan M33 Pacific Nort 3.05m

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Event 38 M80 Pole Vault**Finals**

1 Leslie, Will M80 Pacific Nort 1.95m

Event 40 W70 Shot Put**Finals**

1 Kirkpatrick, Yvonne W71 Northwest Re 6.90m

Event 41 M40 Shot Put**Finals**

1 Barnes, Chris M40 Pacific Nort 10.38m

Event 41 M50 Shot Put**Finals**

1 Bays, Zachary M51 Pacific Nort 10.75m

Event 41 M55 Shot Put**Finals**

1 Fitzgerald, Sam M56 Pacific Nort 8.66m

Event 41 M60 Shot Put**Finals**

1 Czekajlo, Rafal M60 Other Region 12.10m

2 Lanser, Gordon M64 Pacific Nort 9.99m

Event 41 M65 Shot Put**Finals**

1 Zitnik III, Frank M67 Pacific Nort 8.99m

2 Jowett, Thomas M67 Pacific Nort 6.01m

Event 42 M70 Shot Put**Finals**

1 Sarup, Ram M72 Other Region 7.90m

2 Doolittle, Phil M70 Pacific Nort 7.43m

Event 42 M80 Shot Put**Finals**

1 Wood, J. Marcus M82 Northwest Re 6.56m

Event 42 M85 Shot Put**Finals**

1 Sheedy, Robert M85 Pacific Nort 9.15m

2 Harrison, Brooks M85 Pacific Nort 8.76m

Event 44 W55 Discus**Finals**

1 Prasad, Monika W58 Other Region 11.93m

Event 44 W65 Discus**Finals**

1 Scott, Daphne W65 Pacific Nort 21.04m

Event 44 W70 Discus**Finals**

1 Kirkpatrick, Yvonne W71 Northwest Re 20.22m

Event 45 M40 Discus**Finals**

1 Barnes, Chris M40 Pacific Nort 27.08m

Event 45 M50 Discus**Finals**

1 Stevens, Shawn M53 Other Region 35.08m

2 Tordai, John M54 Pacific Nort 21.85m

Event 45 M55 Discus**Finals**

1 Fitzgerald, Sam M56 Pacific Nort 31.10m

2 Prasad, Rajesh M59 Other Region 21.32m

Event 45 M60 Discus**Finals**

1 Czekajlo, Rafal M60 Other Region 40.23m

Event 45 M65 Discus**Finals**

1 Huarcaya, Luis M67 Northwest Re 31.02m

2 Zitnik III, Frank M67 Pacific Nort 28.50m

3 Monroe, Anthony M67 Pacific Nort 16.72m

Event 46 M70 Discus**Finals**

1 Doolittle, Phil M70 Pacific Nort 24.98m

2 Sarup, Ram M72 Other Region 18.78m

Event 46 M75 Discus**Finals**

1 Sandhu, Hardev M77 Other Region 25.77m

Event 46 M80 Discus**Finals**

1 Wood, J. Marcus M82 Northwest Re 16.72m

Event 46 M85 Discus**Finals**

1 Harrison, Brooks M85 Pacific Nort 23.76m

Event 52 W55 Javelin**Finals**

1 Prasad, Monika W58 Other Region 11.01m

Event 52 W70 Javelin**Finals**

1 Kirkpatrick, Yvonne W71 Northwest Re 10.77m

Event 52 M30 Javelin**Finals**

1 Jowett, Nathan M33 Pacific Nort 41.78m

Event 52 M50 Javelin**Finals**

1 Tordai, John M54 Pacific Nort 22.84m

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Event 52 M55 Javelin**Finals**

1	Prasad, Rajesh	M59	Other Region	24.41m
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Event 52 M60 Javelin**Finals**

1	Claymore, Jon	M61	Pacific Nort	27.28m
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Event 52 M65 Javelin**Finals**

1	Monroe, Anthony	M67	Pacific Nort	19.70m
2	Jowett, Thomas	M67	Pacific Nort	17.67m

Event 52 M80 Javelin**Finals**

1	Wood, J. Marcus	M82	Northwest Re	13.49m
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Event 52 M85 Javelin**Finals**

1	Harrison, Brooks	M85	Pacific Nort	27.96m
2	Sheedy, Robert	M85	Pacific Nort	22.84m

Event 55 W55 Weight Throw**Finals**

1	Prasad, Monika	W58	Other Region	4.92m
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Event 55 W65 Weight Throw**Finals**

1	Boivin, Erica	W67	Pacific Nort	7.92m
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Event 55 W70 Weight Throw**Finals**

1	Kirkpatrick, Yvonne	W71	Northwest Re	9.06m
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Event 55 M50 Weight Throw**Finals**

1	Stevens, Shawn	M53	Other Region	13.64m
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Event 55 M55 Weight Throw**Finals**

1	Prasad, Rajesh	M59	Other Region	7.58m
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Event 55 M65 Weight Throw**Finals**

1	Gill, Paramjit	M67	Other Region	11.31m
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Event 55 M70 Weight Throw**Finals**

1	Burton, Ray	M70	Northwest Re	17.42m
2	Nykreim, Mike	M72	Pacific Nort	8.99m

Event 55 M75 Weight Throw**Finals**

1	Sandhu, Hardev	M77	Other Region	12.92m
2	Bains, Mohan	M75	Other Region	10.40m

Event 55 M80 Weight Throw**Finals**

1	Toor, Harnek	M80	Other Region	15.47m
2	Ten Eyck Jr., Thomas	M81	Other Region	14.52m
3	Mathews, George	M82	Pacific Nort	13.46m

Event 57 W55 Super Weight**Finals**

1	Prasad, Monika	W58	Other Region	3.18m
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Event 57 W65 Super Weight**Finals**

1	Boivin, Erica	W67	Pacific Nort	5.27m
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Event 57 M50 Super Weight**Finals**

1	Stevens, Shawn	M53	Other Region	6.38m
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Event 57 M55 Super Weight**Finals**

1	Prasad, Rajesh	M59	Other Region	3.74m
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Event 57 M65 Super Weight**Finals**

1	Gill, Paramjit	M67	Other Region	5.61m
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Event 57 M70 Super Weight**Finals**

1	Burton, Ray	M70	Northwest Re	10.07m
2	Nykreim, Mike	M72	Pacific Nort	5.91m

Event 57 M80 Super Weight**Finals**

1	Ten Eyck Jr., Thomas	M81	Other Region	8.97m
2	Mathews, George	M82	Pacific Nort	8.88m
3	Toor, Harnek	M80	Other Region	7.57m

Event 58 W55 Hammer**Finals**

1	Prasad, Monika	W58	Other Region	13.79m
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Event 58 W65 Hammer**Finals**

1	Boivin, Erica	W67	Pacific Nort	20.59m
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Event 58 W70 Hammer**Finals**

1	Kirkpatrick, Yvonne	W71	Northwest Re	23.88m
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Event 58 M35 Hammer**Finals**

1	Shiach, Ian	M36	Pacific Nort	18.87m
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Event 58 M50 Hammer**Finals**

1	Stevens, Shawn	M53	Other Region	35.93m
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Event 58 M55 Hammer**Finals**

1	Prasad, Rajesh	M59	Other Region	20.34m
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Event 58 M65 Hammer**Finals**

1	Gill, Paramjit	M67	Other Region	27.86m
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Event 58 M70 Hammer**Finals**

1	Burton, Ray	M70	Northwest Re	46.22m
2	Nykreim, Mike	M72	Pacific Nort	22.79m

Event 58 M75 Hammer**Finals**

1	Sandhu, Hardev	M77	Other Region	29.11m
2	Bains, Mohan	M75	Other Region	22.43m

Event 58 M80 Hammer**Finals**

1	Toor, Harnek	M80	Other Region	35.69m
2	Mathews, George	M82	Pacific Nort	35.45m