

Mid-America Indoor Records

2003 - 2026

60 Meters

| | Name | Time | Year | Location |
|---------|---------------------|-------|------|------------------------|
| W Open | Ashley Owens | 7.39 | 2004 | AFA, Colorado Springs |
| W 25-29 | Ashley Jackson | 7.58 | 2005 | AFA, Colorado Springs |
| W 30-34 | Brandi Bernert | 7.65 | 2011 | AFA, Colorado Springs |
| W 35-39 | Brandi Bernert | 7.78 | 2015 | AFA, Colorado Springs |
| W 40-44 | Sandra Halvatzis | 8.04 | 2022 | UCCS, Colorado Springs |
| W 45-49 | Christina Yarmul | 8.59 | 2023 | UCCS, Colorado Springs |
| W 50-54 | Liz Palmer | 8.18 | 2012 | AFA, Colorado Springs |
| W 55-59 | Catherine Nicoletti | 9.50 | 2007 | AFA, Colorado Springs |
| W 60-64 | Nadine O'Connor | 9.03 | 2004 | AFA, Colorado Springs |
| W 65-69 | Kathy Bergen | 9.04 | 2008 | AFA, Colorado Springs |
| W 70-74 | Kathy Bergen | 9.29 | 2010 | AFA, Colorado Springs |
| W 75-79 | Kathy Bergen | 9.55 | 2015 | AFA, Colorado Springs |
| W 80-84 | Mary Smith | 11.46 | 2024 | AFA, Colorado Springs |
| W 85-89 | Christel Donley | 12.53 | 2020 | UCCS, Colorado Springs |
| M Open | Dominique Hubert | 6.70 | 2015 | AFA, Colorado Springs |
| M 25-29 | Dante Thomas | 7.19 | 2025 | UCCS, Colorado Springs |
| M 30-34 | Antwun Baker | 7.01 | 2018 | AFA, Colorado Springs |
| M 35-39 | Antoine Echols | 7.07 | 2019 | UCCS, Colorado Springs |
| M 40-44 | Thal Woods | 7.25 | 2022 | UCCS, Colorado Springs |
| M 45-49 | Thal Woods | 7.39 | 2024 | AFA, Colorado Springs |
| M 50-54 | Stacey Price | 7.60 | 2004 | AFA, Colorado Springs |
| M 55-59 | Jim Ross | 7.55 | 2008 | AFA, Colorado Springs |
| M 60-64 | Paul Edens | 7.72 | 2004 | AFA, Colorado Springs |
| M 65-69 | Bob Lida | 8.21 | 2006 | AFA, Colorado Springs |
| M 70-74 | Richard McKisson | 8.77 | 2009 | AFA, Colorado Springs |
| M 75-79 | Richard McKisson | 9.11 | 2013 | AFA, Colorado Springs |
| M 80-84 | Roger Vergin | 10.03 | 2018 | AFA, Colorado Springs |
| M 85-89 | Robert Coleman III | 10.93 | 2024 | AFA, Colorado Springs |
| M 90-95 | Robert Coutts | 12.75 | 2019 | UCCS, Colorado Springs |

200 Meters

| | | | | |
|---------|---------------------|-------|------|------------------------|
| W Open | Dominique Hubert | 24.26 | 2014 | AFA, Colorado Springs |
| W 25-29 | Ashley Jackson | 26.77 | 2025 | UCCS, Colorado Springs |
| W 30-34 | Brandi Bernert | 25.55 | 2011 | AFA, Colorado Springs |
| W 35-39 | Brandi Bernert | 25.87 | 2015 | AFA, Colorado Springs |
| W 40-44 | Sandra Halvatzis | 27.18 | 2025 | UCCS, Colorado Springs |
| W 45-49 | Christina Yarmul | 28.94 | 2023 | UCCS, Colorado Springs |
| W 50-54 | Joy Upshaw | 27.42 | 2014 | AFA, Colorado Springs |
| W 55-59 | Catherine Nicoletti | 31.00 | 2007 | AFA, Colorado Springs |
| W 60-64 | Catherine Nicoletti | 32.15 | 2013 | AFA, Colorado Springs |
| W 65-69 | Catherine Nicoletti | 33.02 | 2017 | AFA, Colorado Springs |
| W 70-74 | Kathy Bergen | 33.46 | 2010 | AFA, Colorado Springs |
| W 75-79 | Kathy Bergen | 35.70 | 2015 | AFA, Colorado Springs |
| W 80-84 | Mary Smith | 40.26 | 2024 | AFA, Colorado Springs |
| M Open | Brant Gilbert | 21.47 | 2009 | AFA, Colorado Springs |
| M 25-29 | Mohammad Nourani | 25.51 | 2022 | UCCS, Colorado Springs |
| M 30-34 | Antwun Baker | 22.59 | 2018 | AFA, Colorado Springs |
| M 35-39 | Antoine Echols | 22.96 | 2019 | UCCS, Colorado Springs |
| M 40-44 | Ray Parker | 23.81 | 2004 | AFA, Colorado Springs |
| M 45-49 | Thal Woods | 24.14 | 2024 | AFA, Colorado Springs |
| M 50-54 | Mike Pannell | 25.33 | 2004 | AFA, Colorado Springs |
| M 55-59 | Charlie Powell | 26.25 | 2008 | AFA, Colorado Springs |
| M 60-64 | Paul Edens | 25.52 | 2004 | AFA, Colorado Springs |
| M 65-69 | Bob Lida | 26.59 | 2006 | AFA, Colorado Springs |
| M 70-74 | Brock Girling | 27.50 | 2015 | AFA, Colorado Springs |
| M 75-79 | Timothy Kearley | 32.04 | 2025 | UCCS, Colorado Springs |
| M 80-84 | Roger Vergin | 36.12 | 2018 | AFA, Colorado Springs |
| M 85-89 | James Leggitt | 43.62 | 2020 | UCCS, Colorado Springs |

| 400 Meters | Name | Time | Year | Location |
|-------------------|---------------------|-------------|-------------|------------------------|
| W Open | Spalding-Aguirre | 1:00.40 | 2017 | AFA, Colorado Springs |
| W 25-29 | Ashley Jackson | 1:01.98 | 2025 | UCCS, Colorado Springs |
| W 30-34 | Katie Carbiener | 1:13.81 | 2023 | UCCS, Colorado Springs |
| W 35-39 | Christina Trucks | 57.63 | 2024 | AFA, Colorado Springs |
| W 40-44 | Sandra Halvatzis | 1:04.72 | 2024 | AFA, Colorado Springs |
| W 45-49 | Leslee Superchi | 1:11.00 | 2010 | AFA, Colorado Springs |
| W 50-54 | Christina Yarmul | 1:10.34 | 2024 | AFA, Colorado Springs |
| W 55-59 | Catherine Nicoletti | 1:11.00 | 2007 | AFA, Colorado Springs |
| W 60-64 | Cathy Nicoletti | 1:21.72 | 2015 | AFA, Colorado Springs |
| W 70-74 | Laurie Rugenstein | 1:25.59 | 2019 | UCCS, Colorado Springs |
| W 75-79 | Mary Smith | 1:28.46 | 2016 | AFA, Colorado Springs |
| W 80-84 | Mary Smith | 1:35.62 | 2024 | AFA, Colorado Springs |
| M Open | Michael Liggins | 48.92 | 2007 | AFA, Colorado Springs |
| M 25-29 | Caleb Labelle | 56.04 | 2024 | UCCS, Colorado Springs |
| M 30-34 | Bret Fanning | 53.22 | 2018 | AFA, Colorado Springs |
| M 35-39 | Roman Marenin | 52.12 | 2022 | UCCS, Colorado Springs |
| M 40-44 | Mark Hileman | 53.24 | 2004 | AFA, Colorado Springs |
| M 45-49 | Mark Hileman | 55.41 | 2009 | AFA, Colorado Springs |
| M 50-54 | Michael Wolfe | 56.49 | 2011 | AFA, Colorado Springs |
| M 55-59 | Donald Neidig | 56.38 | 2004 | AFA, Colorado Springs |
| M 60-64 | Bob Cottrell | 1:01.14 | 2022 | UCCS, Colorado Springs |
| M 65-69 | Charlie Powell | 1:05.51 | 2018 | AFA, Colorado Springs |
| M 70-74 | Robert O'Brien | 1:04.42 | 2010 | AFA, Colorado Springs |
| M 75-79 | Timothy Kearley | 1:13.52 | 2025 | UCCS, Colorado Springs |
| M 80-84 | Walter Atcheson | 2:27.50 | 2007 | AFA, Colorado Springs |

| 800 Meters | Name | Time | Year | Location |
|-------------------|--------------------|-------------|-------------|------------------------|
| W Open | Ruth Waller | 2:20.65 | 2014 | AFA, Colorado Springs |
| W 30-35 | Liddle Waller | 2:21.66 | 2019 | UCCS, Colorado Springs |
| W 35-39 | Ruth Waller-Liddle | 2:28.68 | 2020 | UCCS, Colorado Springs |
| W 40-44 | Brooke | 2:30.52 | 2018 | AFA, Colorado Springs |
| W 45-49 | Amy Shertzer | 2:35.96 | 2024 | AFA, Colorado Springs |
| W 50-54 | Rochelle Persson | 2:47.51 | 2022 | UCCS, Colorado Springs |
| W 55-59 | Colleen Burns | 2:46:18 | 2004 | AFA, Colorado Springs |
| W 60-64 | Laurie Rugenstein | 3:09.10 | 2011 | AFA, Colorado Springs |
| W 70-74 | Laurie Rugenstein | 3:15.42 | 2019 | UCCS, Colorado Springs |
| W 80-84 | Lynn Cressy | 5:17.99 | 2024 | AFA, Colorado Springs |
| M Open | Shawn Lindbom | 2:00.18 | 2015 | AFA, Colorado Springs |
| M 30-34 | Abe Sauer | 2:05.80 | 2005 | AFA, Colorado Springs |
| M 35-39 | Stepanov Vitaly | 2:05.55 | 2018 | AFA, Colorado Springs |
| M 40-44 | Brett Anderson | 2:04.93 | 2025 | UCCS, Colorado Springs |
| M 45-49 | Scott Hartley | 1:57.90 | 2009 | AFA, Colorado Springs |
| M 50-54 | Steve Gallegas | 2:05.50 | 2006 | AFA, Colorado Springs |
| M 55-59 | Michael Wolfe | 2:22.58 | 2016 | AFA, Colorado Springs |
| M 60-64 | Dan Spale | 2:26.02 | 2017 | AFA, Colorado Springs |
| M 65-69 | Gary Patton | 2:31.44 | 2011 | AFA, Colorado Springs |
| M 70-74 | John Roeske | 2:46.58 | 2019 | UCCS, Colorado Springs |
| M 75-79 | Frank Rodriguez | 3:14.11 | 2023 | UCCS, Colorado Springs |

| 1000 Meters | Name | Time | Year | Location |
|--------------------|-------------|-------------|-------------|-----------------------|
| M 50-54 | Dwain Romsa | 3:55.90 | 2015 | AFA, Colorado Springs |

| 1500 Meters | Name | Time | Year | Location |
|--------------------|--------------------|-------------|-------------|------------------------|
| W Open | Jocelyn Jenks | 5:09.60 | 2008 | AFA, Colorado Springs |
| W 30-34 | Ruth Waller-Liddle | 4:58.96 | 2019 | UCCS, Colorado Springs |
| W 35-39 | Patty Murray | 4:52.00 | 2005 | AFA, Colorado Springs |
| W 40-44 | Patty Murray | 4:50.50 | 2007 | AFA, Colorado Springs |
| W 45-49 | Stephenie Scholl | 5:00.62 | 2011 | AFA, Colorado Springs |
| W 50-54 | Joy Schwarting | 5:26.97 | 2025 | UCCS, Colorado Springs |

| | | | | |
|---------|-----------------|----------|------|------------------------|
| W 55-59 | Laura Bruess | 5:37.21 | 2016 | AFA, Colorado Springs |
| W 60-64 | Laura Bruess | 6:59.22 | 2025 | UCCS, Colorado Springs |
| W 80-84 | Mary Kirsling | 13:41.52 | 2004 | AFA, Colorado Springs |
| M Open | Shadrack Biwott | 3:59.18 | 2004 | AFA, Colorado Springs |
| M 25-29 | Cody Jones | 4:32.23 | 2025 | UCCS, Colorado Springs |
| M 30-34 | Bryon Malang | 4:32.90 | 2022 | UCCS, Colorado Springs |
| M 35-39 | Abe Sauer | 4:21.40 | 2007 | AFA, Colorado Springs |
| M 40-44 | Neil McDonagh | 4:20.59 | 2025 | UCCS, Colorado Springs |
| M 45-49 | Steve Gallegos | 4:23.30 | 2003 | CSU, Ft. Collins, CO |
| M 50-54 | Brad Cooper | 4:45.11 | 2017 | AFA, Colorado Springs |
| M 55-59 | Dan Spale | 4:46.45 | 2016 | AFA, Colorado Springs |
| M 60-64 | Dan Spale | 5:14.49 | 2017 | AFA, Colorado Springs |
| M 65-69 | Gary Patton | 5:33.76 | 2011 | AFA, Colorado Springs |
| M 70-74 | Jack Pottle | 5:49.03 | 2025 | UCCS, Colorado Springs |
| M 75-79 | Frank Rodriguez | 6:28.71 | 2023 | UCCS, Colorado Springs |

1 Mile

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|---------|---------------------|---------|------|-----------------------------|
| W 45-49 | Amy Shertzter | 5:50.72 | 2024 | AFA, Colorado Springs |
| W 55-59 | Lesia Atkinson | 6:48.68 | 2024 | AFA, Colorado Springs |
| W 80-84 | Lynn Cressy | 9:07.94 | 2024 | AFA, Colorado Springs |
| M 30-34 | Bryon Malang | 4:56.61 | 2024 | AFA, Colorado Springs |
| M 35-39 | Brandon Stapanowich | 5:13.74 | 2024 | AFA, Colorado Springs |
| M 40-44 | Neil McDonagh | 4:49.35 | 2024 | AFA, Colorado Springs |
| M 45-49 | Mark Saunders | 5:28.68 | 2024 | AFA, Colorado Springs |
| M 65-69 | Roger Sayre | 5:51.37 | 2024 | AFA, Colorado Springs |
| M 70-74 | Carl Stromberg | 6:57.02 | 2026 | Doane University, Crete, NE |
| M 80-84 | Lynn Rathjen | 6:14.78 | 2026 | Doane University, Crete, NE |

3000 Meters

| | Name | Time | Year | Location |
|---------|--------------------|----------|------|------------------------|
| W Open | Ashley Poland | 11:41.60 | 2007 | AFA, Colorado Springs |
| W 30-34 | Ruth Waller-Liddle | 10:57.96 | 2018 | UCCS, Colorado Springs |
| W 35-39 | Imelda Gonzales | 10:59.90 | 2006 | AFA, Colorado Springs |
| W 40-44 | Shelley McDonald | 10:56.64 | 2024 | AFA, Colorado Springs |
| W 45-49 | Amy Shertzter | 10:57.91 | 2023 | UCCS, Colorado Springs |
| W 50-54 | Laura Bruess | 12:01.19 | 2015 | AFA, Colorado Springs |
| W 55-59 | Laura Bruess | 12:07.97 | 2017 | AFA, Colorado Springs |
| W 60-64 | Kristine Clark | 12:18.39 | 2024 | AFA, Colorado Springs |
| M Open | Oscar Ponce | 9:19.95 | 2004 | AFA, Colorado Springs |
| M 25-29 | Isaih Remington | 9:25.97 | 2025 | UCCS, Colorado Springs |
| M 30-34 | Gerod Green | 10:05.07 | 2020 | UCCS, Colorado Springs |
| M 35-39 | Neil McDonagh | 9:16.31 | 2020 | UCCS, Colorado Springs |
| M 40-44 | Neil McDonagh | 9:06.62 | 2025 | UCCS, Colorado Springs |
| M 45-49 | Anthony Bruns | 9:12.06 | 2025 | UCCS, Colorado Springs |
| M 50-54 | Robbie Genzel, Jr. | 9:54.63 | 2024 | AFA, Colorado Springs |
| M 55-59 | Frank Zoldak | 9:54.29 | 2025 | UCCS, Colorado Springs |
| M 60-64 | Dan Spale | 11:42.42 | 2020 | UCCS, Colorado Springs |
| M 65-69 | Roger Sayre | 11:27.74 | 2024 | AFA, Colorado Springs |
| M 70-74 | Jack Pottle | 11:54.29 | 2025 | UCCS, Colorado Springs |
| M 75-79 | Frank Rodriguez | 13:26.88 | 2023 | UCCS, Colorado Springs |

1500m

Race Walk

| | Name | Time | Year | Location |
|---------|-------------------|----------|------|-----------------------------|
| W 55-59 | Eileen Neuweiler | 10:58.43 | 2025 | UCCS, Colorado Springs |
| W 60-64 | Denise Heinen | 12:15.48 | 2025 | UCCS, Colorado Springs |
| W 70-74 | Marianne Martino | 10:08.39 | 2025 | UCCS, Colorado Springs |
| W 75-79 | Betty Anderson | 12:15.80 | 2026 | Doane University, Crete, NE |
| M 55-59 | Chris McDonald | 10:12.76 | 2025 | UCCS, Colorado Springs |
| M 60-64 | Michael Blanchard | 10:50.85 | 2025 | UCCS, Colorado Springs |
| M 75-79 | Craig Foreman | 13:36.32 | 2025 | UCCS, Colorado Springs |

1 Mile

| Race Walk | Name | Time | Year | Location |
|------------------|-----------------------|----------------|-------------|------------------------------------|
| W 40-44 | Erin Taylor Talcott | 8:29.15 | 2022 | UCCS, Colorado Springs |
| W 55-59 | Elisabeth Shepard | 14:20.68 | 2024 | AFA, Colorado Springs |
| W 60-64 | Lori Groom | 11:33.08 | 2023 | UCCS, Colorado Springs |
| W 70-74 | Marianne Martino | 10:04.33 | 2022 | UCCS, Colorado Springs |
| W 75-79 | Kathleen Frable | 13:14.43 | 2023 | UCCS, Colorado Springs |
| M 45-49 | Dustin Schroeder | 13:06.27 | 2024 | AFA, Colorado Springs |
| M 60-64 | Dave Talcott | 9:13.83 | 2022 | UCCS, Colorado Springs |
| M 65-69 | Albert Leibold | 7:55.34 | 2026 | Doane University, Crete, NE |
| M 70-74 | James Wass | 11:58.96 | 2024 | AFA, Colorado Springs |
| M 75-79 | Norman Frable | 10:16.20 | 2023 | UCCS, Colorado Springs |

3000m

| Race Walk | Name | Time | Year | Location |
|------------------|-----------------------|-----------------|-------------|------------------------------------|
| W Open | Chelsea Conway | 16:26.72 | 2014 | AFA, Colorado Springs |
| W 35-39 | Darla Yoerg | 19:20.40 | 2007 | AFA, Colorado Springs |
| W 40-44 | Erin Taylor Talcott | 15:59.23 | 2022 | UCCS, Colorado Springs |
| W 50-54 | Marianne Martino | 17:32.99 | 2004 | AFA, Colorado Springs |
| W 55-59 | Marianne Martino | 17:43.39 | 2008 | AFA, Colorado Springs |
| W 60-64 | Marianne Martino | 18:26.94 | 2012 | AFA, Colorado Springs |
| W 65-69 | Marianne Martino | 18:45.89 | 2016 | AFA, Colorado Springs |
| W 70-74 | Marianne Martino | 19:08.39 | 2022 | UCCS, Colorado Springs |
| W 75-79 | Carol Wilkinson | 24:31.79 | 2025 | UCCS, Colorado Springs |
| W 80-84 | Janey Fairs | 27:45.60 | 2024 | AFA, Colorado Springs |
| M 35-39 | Francisco Pantoja | 13:07.74 | 2013 | AFA, Colorado Springs |
| M 40-44 | Michael Blanchard | 15:39.30 | 2005 | AFA, Colorado Springs |
| M 45-49 | Albert Leibold | 14:57.00 | 2005 | AFA, Colorado Springs |
| M 50-54 | Michael Blanchard | 16:41.64 | 2004 | AFA, Colorado Springs |
| M 55-59 | Michael Blanchard | 19:04.53 | 2018 | AFA, Colorado Springs |
| M 60-64 | Dave Talcott | 17:51.82 | 2023 | UCCS, Colorado Springs |
| M 65-69 | Albert Leibold | 16:03/18 | 2026 | Doane University, Crete, NE |
| M 70-74 | Craig Foreman | 16:32.00 | 2019 | UCCS, Colorado Springs |
| M 75-79 | Norman Frable | 21:29.09 | 2023 | UCCS, Colorado Springs |
| M 80-84 | Klaus Timmerhaus | 23:07.50 | 2005 | AFA, Colorado Springs |

60m Hurdles

| Name | Time | Year | Location | |
|-------------|----------------------|-------------|-----------------|------------------------|
| W Open | Kiana Gomez | 8.96 | 2015 | AFA, Colorado Springs |
| W 30-34 | Brandi Bernert | 11.50 | 2013 | AFA, Colorado Springs |
| W 35-39 | Brandi Bernert | 11.62 | 2018 | AFA, Colorado Springs |
| W 40-44 | Kristin McFall | 9.63 | 2012 | AFA, Colorado Springs |
| W 45-49 | Pamela McCartney | 10.24 | 2020 | UCCS, Colorado Springs |
| W 50-54 | Liz Palmer | 9.32 | 2012 | AFA, Colorado Springs |
| W 55-59 | Jennifer Hedges | 10.66 | 2023 | UCCS, Colorado Springs |
| W 60-64 | Nadine O'Connor | 10.84 | 2006 | AFA, Colorado Springs |
| W 65-69 | Nadine O'Connor | 11.04 | 2009 | AFA, Colorado Springs |
| W 70-74 | Kay Glynn | 11.79 | 2023 | UCCS, Colorado Springs |
| W 75-79 | Christel Donley | 14.41 | 2011 | AFA, Colorado Springs |
| W 80-84 | Christel Donley | 15.47 | 2016 | AFA, Colorado Springs |
| M Open | Tashaun Hill | 8.24 | 2009 | AFA, Colorado Springs |
| M 30-34 | George Nichols | 10.09 | 2006 | AFA, Colorado Springs |
| M 35-39 | Roman Marenin | 8.55 | 2022 | UCCS, Colorado Springs |
| M 40-44 | Roman Marenin | 8.67 | 2025 | UCCS, Colorado Springs |
| M 45-49 | Derek Pye | 8.57 | 2016 | AFA, Colorado Springs |
| M 50-54 | Stacey Price | 8.79 | 2004 | AFA, Colorado Springs |
| M 55-59 | James Brown | 9.00 | 2007 | AFA, Colorado Springs |
| M 60-64 | Courtland Gray | 9.11 | 2004 | AFA, Colorado Springs |
| M 65-69 | Dave McNair | 10.24 | 2024 | AFA, Colorado Springs |
| M 70-74 | Russell Jacquet-Acea | 10.23 | 2023 | UCCS, Colorado Springs |
| M 75-79 | Richard McKisson | 10.09 | 2014 | AFA, Colorado Springs |
| M 80-84 | Roger Vergin | 12.08 | 2018 | AFA, Colorado Springs |

4X800

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|---------|--|----------|------|------------------------|
| W 55-59 | Freis, King Rainsburger, Atkinson | 14:03.16 | 2025 | UCCS, Colorado Springs |
| M 35-39 | Malang, Marenin Genzel, McDonagh | 10:02.11 | 2025 | UCCS, Colorado Springs |
| M 55-59 | Borthwick, Probst, Straka, Trujillo | 10:02.26 | 2023 | UCCS, Colorado Springs |
| M 65-69 | Boylan, Hubbart, Pottle, Spale | 11:53.77 | 2023 | UCCS, Colorado Springs |

High Jump

| | Name | Meters | Feet | Year | Location |
|---------|------------------|--------|------|-------------|-----------------------------|
| W Open | Camille Weaver | 1.55 | 5.09 | 2019 | UCCS, Colorado Springs |
| W 30-34 | LaVeta Gardner | 1.15 | 3.78 | 2013 | AFA, Colorado Springs |
| W 35-39 | Maria Creech | 1.70 | 5.58 | 2025 | UCCS, Colorado Springs |
| W 40-44 | Kristin McFall | 1.45 | 4.76 | 2012 | AFA, Colorado Springs |
| | Tonya Gordon | 1.45 | 4.76 | 2020 | UCCS, Colorado Springs |
| W 45-49 | Pamela McCartney | 1.50 | 4.92 | 2020 | UCCS, Colorado Springs |
| W 50-54 | Rita Hanscom | 1.37 | 4.50 | 2009 | AFA, Colorado Springs |
| W 55-59 | Jennifer Hedges | 1.36 | 4.46 | 2023 | UCCS, Colorado Springs |
| W 60-64 | Karen Fletcher | 1.19 | 3.91 | 2026 | Doane University, Crete, NE |
| W 65-69 | Nadine O'Connor | 1.27 | 4.17 | 2009 | AFA, Colorado Springs |
| W 70-74 | Kathy Bergen | 1.29 | 4.24 | 2010 | AFA, Colorado Springs |
| W 75-79 | Kathy Bergen | 1.22 | 4.01 | 2015 | AFA, Colorado Springs |
| W 80-84 | Christel Donley | 1.02 | 3.35 | 2015 | AFA, Colorado Springs |
| W 85-89 | Christel Donley | .90 | 2.95 | 2020 & 2023 | UCCS, Colorado Springs |
| W 90-94 | Christel Donley | .87 | 2.86 | 2025 | UCCS, Colorado Springs |
| M Open | Donte Marsh | 2.05 | 6.73 | 2024 | AFA, Colorado Springs |
| M 25-29 | Cody Stemple | 1.91 | 6.27 | 2023 | UCCS, Colorado Springs |
| M 30-34 | Salboo Knewl | 1.60 | 5.25 | 2012 | AFA, Colorado Springs |
| M 35-39 | Matt Burns | 1.98 | 6.50 | 2009 | AFA, Colorado Springs |
| M 40-44 | Matt Burns | 1.90 | 6.24 | 2017 | AFA, Colorado Springs |
| M 45-49 | Matt Burns | 1.90 | 6.24 | 2022 | UCCS, Colorado Springs |
| M 50-54 | James McCrimmon | 1.65 | 5.42 | 2012 | AFA, Colorado Springs |
| | Jere Page | 1.65 | 5.42 | 2020 | UCCS, Colorado Springs |
| M 55-59 | Kam Wrigg | 1.60 | 5.25 | 2025 | UCCS, Colorado Springs |
| M 60-64 | James McCrimmon | 1.50 | 4.92 | 2022 | UCCS, Colorado Springs |
| M 65-69 | Jerry Ropelato | 1.40 | 4.60 | 2025 | UCCS, Colorado Springs |
| M 70-74 | Bert Bergen | 1.32 | 4.33 | 2010 | AFA, Colorado Springs |
| | Bob Fulton | 1.32 | 4.33 | 2010 | AFA, Colorado Springs |
| M 75-79 | Bert Bergen | 1.25 | 4.10 | 2015 | AFA, Colorado Springs |
| M 80-84 | Ray Propst | 1.22 | 4.01 | 2009 | AFA, Colorado Springs |
| M 85-89 | James Leggitt | 1.05 | 3.45 | 2020 | UCCS, Colorado Springs |

Pole Vault

| | Name | Meters | Feet | Year | Location |
|---------|-------------------|--------|-------|------|------------------------|
| W Open | Jamie Connor | 4.00 | 13.13 | 2015 | AFA, Colorado Springs |
| W 25-29 | Joanna Galli | 3.20 | 10.51 | 2022 | UCCS, Colorado Springs |
| W 30-34 | Ashley Leitner | 3.52 | 11.56 | 2024 | AFA, Colorado Springs |
| W 40-44 | Brenda Bumgardner | 3.36 | 11.03 | 2008 | AFA, Colorado Springs |
| W 45-49 | Angela Herzner | 3.10 | 10.18 | 2023 | UCCS, Colorado Springs |
| W 50-54 | Rita Hanscom | 2.75 | 9.03 | 2009 | AFA, Colorado Springs |
| W 55-59 | Jennifer Hedges | 2.35 | 7.72 | 2023 | UCCS, Colorado Springs |
| | Lynn Larsen | 2.35 | 7.72 | 2023 | UCCS, Colorado Springs |
| W 60-64 | Nadine O'Connor | 3.01 | 9.88 | 2006 | AFA, Colorado Springs |
| W 65-69 | Janet Johnston | 1.55 | 5.09 | 2014 | AFA, Colorado Springs |
| W 70-74 | Kay Glynn | 2.90 | 9.52 | 2023 | UCCS, Colorado Springs |
| M Open | Jason Jones | 5.10 | 16.74 | 2007 | AFA, Colorado Springs |
| M 30-34 | Todd Roe | 4.57 | 15.00 | 2007 | AFA, Colorado Springs |

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|---------|-----------------|------|-------|------|------------------------|
| M 35-39 | Pat Manson | 5.31 | 17.43 | 2004 | AFA, Colorado Springs |
| M 40-44 | Pat Manson | 4.90 | 16.09 | 2009 | AFA, Colorado Springs |
| M 45-49 | Mark Pierson | 3.96 | 13.00 | 2008 | AFA, Colorado Springs |
| M 50-54 | Mark Pierson | 4.10 | 13.46 | 2012 | AFA, Colorado Springs |
| M 55-59 | Donald Keller | 3.20 | 10.51 | 2013 | AFA, Colorado Springs |
| M 60-64 | Doug Sparks | 3.05 | 10.01 | 2014 | AFA, Colorado Springs |
| | Jeff Brower | 3.05 | 10.01 | 2022 | UCCS, Colorado Springs |
| M 65-69 | Bob Crites | 3.05 | 10.01 | 2022 | UCCS, Colorado Springs |
| M 70-74 | Joe Johnston | 3.05 | 10.01 | 2014 | AFA, Colorado Springs |
| M 75-79 | Jerry Donley | 2.75 | 9.03 | 2005 | AFA, Colorado Springs |
| M 80-84 | William Johnson | 2.16 | 7.09 | 2025 | UCCS, Colorado Springs |
| M 80-85 | Jerry Donley | 1.25 | 4.10 | 2019 | UCCS, Colorado Springs |

| Long Jump | Name | Meters | Feet | Year | Location |
|------------------|----------------------|---------------|--------------|-------------|------------------------------------|
| W Open | Hannah Concannon | 4.76 | 15.63 | 2009 | AFA, Colorado Springs |
| W 25-29 | Kaija Crowe | 4.07 | 13.36 | 2023 | UCCS Colorado Springs |
| W 30-34 | LaDonna Reed | 4.79 | 15.73 | 2008 | AFA, Colorado Springs |
| W 35-39 | LaDonna Reed | 4.83 | 15.86 | 2012 | AFA, Colorado Springs |
| W 40-44 | LaDonna Reed | 4.75 | 15.59 | 2015 | AFA, Colorado Springs |
| W 45-49 | LaDonna Reed | 4.55 | 14.94 | 2023 | UCCS Colorado Springs |
| W 50-54 | Joy Upshaw | 4.80 | 15.76 | 2014 | AFA, Colorado Springs |
| W 55-59 | Jennifer Hedges | 4.15 | 13.62 | 2023 | UCCS Colorado Springs |
| W 60-64 | Brenda Matthews | 3.29 | 10.80 | 2013 | AFA, Colorado Springs |
| W 65-69 | Christel Donley | 2.92 | 9.59 | 2003 | CSU, Ft. Collins, CO |
| W 70-74 | Kay Glynn | 4.14 | 13.59 | 2023 | UCCS Colorado Springs |
| W 75-79 | Christel Donley | 2.30 | 7.55 | 2014 | AFA, Colorado Springs |
| W 80-84 | Christel Donley | 2.12 | 6.96 | 2015 | AFA, Colorado Springs |
| W 85-89 | Christel Donley | 2.08 | 6.83 | 2020 | UCCS Colorado Springs |
| M Open | Carson Campbell | 6.69 | 21.96 | 2022 | UCCS Colorado Springs |
| M 25-29 | Dhanushka Piyarathna | 7.82 | 25.67 | 2022 | UCCS Colorado Springs |
| M 30-34 | Salboo Knewl | 5.71 | 18.75 | 2012 | AFA, Colorado Springs |
| M 35-39 | Jake Humparey | 4.99 | 16.38 | 2020 | UCCS Colorado Springs |
| M 40-44 | Roman Marenin | 6.46 | 21.21 | 2025 | UCCS Colorado Springs |
| M 45-49 | Bryan Johnson | 5.70 | 18.71 | 2005 | AFA, Colorado Springs |
| M 50-54 | James McCrimmon | 5.53 | 18.16 | 2013 | AFA, Colorado Springs |
| M 55-59 | Phil Cannon | 5.44 | 17.86 | 2020 | UCCS Colorado Springs |
| M 60-64 | Phil Cannon | 5.12 | 16.81 | 2026 | Doane University, Crete, NE |
| M 65-69 | Bob Fulton | 4.74 | 15.56 | 2008 | AFA, Colorado Springs |
| M 70-74 | Russell Jacquet-Acea | 4.32 | 14.18 | 2023 | UCCS, Colorado Springs |
| M 75-79 | James Leggit | 3.49 | 11.46 | 2011 | AFA, Colorado Springs |
| M 80-84 | Roger Vergin | 3.58 | 11.75 | 2018 | AFA, Colorado Springs |
| M 85-89 | James Leggitt | 2.90 | 9.52 | 2020 | UCCS Colorado Springs |

| Triple Jump | Name | Meters | Feet | Year | Location |
|--------------------|----------------------|---------------|--------------|-------------|------------------------------------|
| W Open | Terra McDowell | 10.42 | 34.21 | 2013 | AFA, Colorado Springs |
| W 30-34 | Lindsay Rairdon | 9.60 | 31.52 | 2011 | AFA, Colorado Springs |
| W 35-39 | Lindsay Rairdon | 9.96 | 32.70 | 2013 | AFA, Colorado Springs |
| W 40-44 | Rochelle White | 8.68 | 28.50 | 2024 | AFA, Colorado Springs |
| W 45-49 | Lindsay Rairdon | 9.20 | 30.20 | 2025 | UCCS, Colorado Springs |
| W 50-54 | Dyan Thompson | 8.84 | 29.02 | 2026 | Doane University, Crete, NE |
| W 55-59 | Jennifer Hedges | 8.77 | 28.79 | 2023 | UCCS, Colorado Springs |
| W 60-64 | Sharon Raham | 6.72 | 22.06 | 2007 | AFA, Colorado Springs |
| W 65-69 | Sharon Raham | 6.09 | 19.99 | 2013 | AFA, Colorado Springs |
| W 70-74 | Kay Glynn | 8.21 | 26.95 | 2025 | UCCS, Colorado Springs |
| W 75-79 | Christel Donley | 6.38 | 20.95 | 2011 | AFA, Colorado Springs |
| W 80-84 | Christel Donley | 5.77 | 18.94 | 2015 | AFA, Colorado Springs |
| W 85-89 | Christel Donley | 5.15 | 16.91 | 2020 | UCCS, Colorado Springs |
| M Open | Carson Campbell | 13.51 | 44.35 | 2022 | UCCS, Colorado Springs |
| M 25-29 | Cody Stemple | 11.29 | 37.07 | 2023 | UCCS, Colorado Springs |
| M 30-34 | Bret Fanning | 10.31 | 33.85 | 2022 | UCCS, Colorado Springs |
| M 35-39 | Bart Peters | 12.89 | 42.32 | 2012 | AFA, Colorado Springs |
| M 40-44 | Vincent Martin | 12.75 | 41.86 | 2012 | AFA, Colorado Springs |

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|---------|-----------------|-------|-------|------|------------------------|
| M 45-49 | Bryan Johnson | 12.71 | 41.73 | 2003 | CSU, Ft. Collins, CO |
| M 50-54 | James McCrimmon | 10.62 | 34.87 | 2015 | AFA, Colorado Springs |
| M 55-59 | Phil Cannon | 11.20 | 36.77 | 2024 | AFA, Colorado Springs |
| M 60-64 | Phil Cannon | 10.57 | 34.70 | 2025 | UCCS, Colorado Springs |
| M 65-69 | Mike Lariza | 9.73 | 31.94 | 2022 | UCCS, Colorado Springs |
| M 70-74 | Robert Hewitt | 8.85 | 29.05 | 2004 | AFA, Colorado Springs |
| M 80-84 | Roger Vergin | 7.78 | 25.54 | 2018 | AFA, Colorado Springs |

| Shot Put | Name | Meters | Feet | Year | Location |
|-----------------|-----------------|---------------|-------------|-------------|------------------------|
| W Open | Giavonna Meeks | 13.01 | 42.71 | 2020 | UCCS, Colorado Springs |
| W 30-34 | Katie Moorcamp | 11.09 | 36.41 | 2024 | AFA, Colorado Springs |
| W 35-39 | Erycka Fisher | 8.74 | 28.69 | 2022 | UCCS, Colorado Springs |
| W 40-44 | Teresa Nystrom | 10.24 | 33.62 | 2009 | AFA, Colorado Springs |
| W 45-49 | Angela Herzner | 13.35 | 43.83 | 2022 | UCCS, Colorado Springs |
| W 50-54 | Edie Lindeburg | 11.37 | 37.33 | 2018 | AFA, Colorado Springs |
| W 55-59 | Edie Lindburg | 9.84 | 32.31 | 2024 | AFA, Colorado Springs |
| W 60-64 | Brenda Matthews | 9.14 | 30.01 | 2012 | AFA, Colorado Springs |
| W 65-69 | Christel Donley | 7.66 | 25.15 | 2004 | AFA, Colorado Springs |
| W 70-74 | Christel Donley | 8.07 | 26.49 | 2007 | AFA, Colorado Springs |
| W 75-79 | Christel Donley | 7.88 | 25.87 | 2011 | AFA, Colorado Springs |
| W 80-84 | Christel Donley | 7.50 | 24.62 | 2015 | AFA, Colorado Springs |
| W 85-89 | Christel Donley | 6.57 | 21.57 | 2020 | UCCS, Colorado Springs |
| M Open | Mason Finley | 18.06 | 59.29 | 2008 | AFA, Colorado Springs |
| M 30-34 | Kyle Lillie | 17.54 | 57.58 | 2024 | AFA, Colorado Springs |
| M 35-39 | John Kuemmerlin | 14.63 | 48.03 | 2006 | AFA, Colorado Springs |
| M 40-44 | Milton Girouard | 14.43 | 47.37 | 2003 | CSU, Ft. Collins, CO |
| M 40-44H | Ed Cockrell | 14.47 | 47.51 | 2004 | AFA, Colorado Springs |
| M 45-49 | Jeffrey Bott | 13.29 | 43.63 | 2009 | AFA, Colorado Springs |
| M 50-54 | Steve Ross | 14.44 | 47.41 | 2005 | AFA, Colorado Springs |
| M 55-59 | Tom Gage | 14.53 | 47.70 | 2003 | CSU, Ft. Collins, CO |
| | Paul Economides | 14.53 | 47.70 | 2004 | AFA, Colorado Springs |
| M 60-64 | Quenton Torbert | 16.25 | 53.35 | 2016 | AFA, Colorado Springs |
| M 65-69 | Quenton Torbert | 15.83 | 51.97 | 2017 | AFA, Colorado Springs |
| M 70-74 | Gerold Vaughn | 15.39 | 50.53 | 2006 | AFA, Colorado Springs |
| M 75-79 | Gerold Vaughn | 12.83 | 42.12 | 2011 | AFA, Colorado Springs |
| M 80-84 | Robert Peterson | 10.63 | 34.90 | 2023 | UCCS, Colorado Springs |
| M 85-89 | James Leggitt | 8.45 | 27.74 | 2020 | UCCS, Colorado Springs |
| M 90-94 | Jerry Donley | 6.44 | 21.14 | 2020 | UCCS, Colorado Springs |

| Weight Throw | Name | Meters | Feet | Year | Location |
|---------------------|------------------------|---------------|-------------|-------------|------------------------|
| W Open | Giovonna Meeks | 15.75 | 51.71 | 2022 | UCCS, Colorado Springs |
| W 30-34 | Katie Moorcamp | 11.69 | 38.38 | 2024 | AFA, Colorado Springs |
| W 35-39 | Amy Rask | 5.59 | 18.35 | 2024 | AFA, Colorado Springs |
| W 40-44 | Debbie Falzitto-Gocken | 8.22 | 26.99 | 2007 | AFA, Colorado Springs |
| W 45-49 | Angela Herzner | 14.64 | 48.06 | 2022 | UCCS, Colorado Springs |
| W 50-54 | Edie Lindeburg | 12.73 | 41.79 | 2018 | AFA, Colorado Springs |
| W 55-59 | Edie Lindeburg | 11.50 | 37.75 | 2024 | AFA, Colorado Springs |
| W 60-64 | Sharon Raham | 10.30 | 33.82 | 2008 | AFA, Colorado Springs |
| W 65-69 | Sharon Raham | 9.88 | 32.44 | 2013 | AFA, Colorado Springs |
| W 70-74 | Sharon Raham | 8.71 | 28.60 | 2017 | AFA, Colorado Springs |
| W 75-79 | Joanne Marriott | 11.36 | 37.30 | 2016 | AFA, Colorado Springs |
| W 80-84 | Joanne Marriott | 9.30 | 30.53 | 2019 | UCCS, Colorado Springs |
| W 85-89 | Joanne Marriott | 7.59 | 24.92 | 2024 | AFA, Colorado Springs |
| M Open | Dane Jansson | 15.96 | 52.40 | 2008 | AFA, Colorado Springs |
| M 30-35 | John Kuemmerlin | 12.52 | 41.10 | 2004 | AFA, Colorado Springs |
| M 35-39 | James Cale | 13.76 | 45.17 | 2019 | UCCS, Colorado Springs |
| M 40-44 | Rande Treece | 14.74 | 48.39 | 2003 | CSU, Ft. Collins, CO |
| M 45-49 | Rande Treece | 15.10 | 49.57 | 2006 | AFA, Colorado Springs |
| M 50-54 | Ken Jansson | 19.15 | 62.87 | 2008 | AFA, Colorado Springs |
| M 55-59 | Tom Gage | 18.91 | 62.08 | 2003 | CSU, Ft. Collins, CO |
| M 60-64 | Paul Economides | 20.29 | 66.61 | 2007 | AFA, Colorado Springs |
| M 65-69 | Ian Percy | 15.47 | 50.79 | 2013 | AFA, Colorado Springs |

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|---------|----------------------|-------|-------|------|------------------------|
| M 70-74 | George Mathews | 17.47 | 57.35 | 2017 | AFA, Colorado Springs |
| M 75-79 | Thomas Ten Eyck, Jr. | 12.71 | 41.73 | 2023 | UCCS, Colorado Springs |
| M 80-84 | Wayne Sabin | 13.24 | 43.47 | 2014 | AFA, Colorado Springs |
| M 85-89 | Robert Southerlan | 9.14 | 30.01 | 2024 | AFA, Colorado Springs |

| Super Weight | Name | Meters | Feet | Year | Location |
|---------------------|------------------------|---------------|-------------|-------------|------------------------|
| W 40-44 | Debbie Falzitto-Gocken | 5.16 | 16.94 | 2007 | AFA, Colorado Springs |
| W 45-49 | Angela Herzner | 8.98 | 29.48 | 2023 | UCCS, Colorado Springs |
| W 50-54 | Edie Lindeburg | 9.21 | 30.24 | 2019 | UCCS, Colorado Springs |
| W 55-59 | Edie Lindeburg | 7.98 | 26.20 | 2024 | AFA, Colorado Springs |
| W 60-64 | Sharon Raham | 6.49 | 21.31 | 2010 | AFA, Colorado Springs |
| W 65-69 | Sharon Raham | 6.42 | 21.08 | 2012 | AFA, Colorado Springs |
| W 75-79 | Joanne Marriott | 7.37 | 24.20 | 2017 | AFA, Colorado Springs |
| W 80-84 | Joanne Marriott | 6.37 | 20.91 | 2019 | UCCS, Colorado Springs |
| W 85-89 | Joanne Marriott | 5.11 | 16.78 | 2024 | AFA, Colorado Springs |
| M Open | Dalton Subrant | 9.61 | 31.55 | 2018 | AFA, Colorado Springs |
| M 30-34 | John Kuemmerlin | 7.78 | 25.54 | 2004 | AFA, Colorado Springs |
| M 35-39 | John Kuemmerlin | 9.19 | 30.17 | 2005 | AFA, Colorado Springs |
| M 40-44 | Rande Treece | 9.53 | 31.29 | 2004 | AFA, Colorado Springs |
| M 45-49 | Rande Treece | 9.72 | 31.91 | 2006 | AFA, Colorado Springs |
| M 50-54 | Tim Edwards | 7.84 | 25.74 | 2003 | CSU, Ft. Collins, CO |
| M 55-59 | David Bickel | 8.03 | 26.36 | 2022 | UCCS, Colorado Springs |
| M 60-64 | Paul Economides | 9.38 | 30.79 | 2007 | AFA, Colorado Springs |
| M 65-69 | Ian Percy | 8.52 | 27.97 | 2011 | AFA, Colorado Springs |
| M 70-74 | George Mathews | 10.43 | 34.24 | 2015 | AFA, Colorado Springs |
| M 75-79 | Thomas Ten Eyck, Jr. | 6.71 | 22.03 | 2022 | UCCS, Colorado Springs |
| M 80-84 | Wayne Sabin | 9.42 | 30.93 | 2014 | AFA, Colorado Springs |
| M 85-89 | Robert Southerlan | 5.44 | 17.86 | 2024 | AFA, Colorado Springs |

5 records broken and 3 records established in 2026 . Yellow highlights deonte a broken record while a green highlight indicates a new record established for that event in that age group.