

USATF Masters Southeastern Region Indoor Championships

Presented by The Greenville Track Club

Tryon International Equestrian Center - Mill Spring, NC

6 Lane Banked Oval 8 Lane Straight

2 Shot Put Sectors - 1 Weight Throw Sector - 2 Pole Vault Pits - 2 High Jump Pits

TENTATIVE SCHEDULE

Schedule will be adjusted after final entries are received

Masters events (in gray highlights) will run oldest to youngest. Some age groups and/or genders may be combined. All events will start at the scheduled time - we will not get ahead of schedule. If we combine genders, the start time will be the earliest time.

Sunday February 1, 2026

FIELD EVENTS				Track Events			
8:00	am	Weight Throw	Masters Women	8:00	am	Mile Racewalk	Masters M&W
8:00	am	Shot Put	Masters Men	8:20	am	3000m	Masters Women
8:00	am	Long jump	College Women	8:45	am	3000m	Masters Men
8:00	am	Long jump	College Men	9:05	am	3000m	College Women
8:00	am	High jump	College Women	9:20	am	3000m	College Men
8:30	am	Pole vault	College Men	9:35	am	3000 Racewalk	Masters M&W
8:30	am	Pole Vault	College Women	9:55	am	4x800	Masters M&W
8:30	pm	High Jump	Masters Men	10:15	am	60m	Master Women
8:30	pm	High Jump	Masters Women	10:25	am	60m	Masters Men
9:30	am	Superweight	Masters Women	10:50	am	60m	College Women
9:30	pm	Shot put	College Men	11:10	am	60m	College Men
11:00	am	Long jump	Masters Women	11:25	pm	Mile	Masters Women
11:00	am	Long jump	Masters Men	11:40	pm	Mile	Masters Men
11:00	am	Weight Throw	Masters Men	12:00	am	Mile	College Women
12:00	pm	Shot Put	Masters Women	12:15	pm	Mile	College Men
12:30	pm	Triple jump	College Women	12:25	pm	3000 Racewalk	Masters M&W
12:30	pm	Triple jump	College Men	12:50	pm	60m Hurdles	Masters Women
1:30	pm	Pole Vault	Masters Women	1:00	pm	60m Hurdles	College Women
1:30	pm	Pole Vault	Masters Men	1:20	pm	60m Hurdles	Masters Men
12:30	pm	Superweight	Masters Men	1:35	pm	60m Hurdles	College Men
2:00	pm	Weight Throw	College Men	1:50	pm	400m	Masters Women
2:30	pm	Shot Put	College Women	2:00	pm	400m	Masters Men
2:30	am	High jump	College Women	2:15	pm	400m	College Women
2:30	pm	High jump	College Men	2:30	pm	400m	College Men
4:00	pm	Triple jump	Masters Women	2:40	pm	800m	Masters Women
4:00	pm	Triple jump	Masters Men	2:50	pm	800m	Masters Men
3:30	pm	Weight Throw	College Women	3:05	pm	800m	College Women
				3:15	pm	800m	College Men
				3:25	pm	200m	Masters Women
				3:45	pm	200m	Masters Men
				4:05	pm	200m	College Women
				4:30	pm	200m	College Men
				4:50	pm	DMR	Masters M&W
				5:20	pm	DMR	College Women
				5:40	pm	DMR	College Men
				6:00	pm	4x400	College Women
				6:15	pm	4x400	College Men
				6:30	pm	4x200	Masters Women
				6:45	pm	4x200	Masters Men