

**USATF Masters Indoor Track and Field Championship Records****Midwest Region**

	<b>Name</b>	<b>Time</b>	<b>Year</b>	<b>Location</b>	
<b>60 Meters</b>					
	W Open				
	W 29&U	Alexia DeHaven	7.89	2024	Indiana
	W 30-34	Amber Johnson	8.95	2024	Indiana
	W 35-39	Grace Liang	7.88	2024	Indiana
	W 40-44	Emmanuelle McGowan	8.23	2013	Wisconsin
	W 45-49	Isabelle Dierauer	8.87	2018	Ohio
	W 50-54	Aseel Aziz-Gomez	8.85	2025	Indiana
	W 55-59	Janean Shannon	9.39	2018	Ohio
	W 60-64	Adriene Lewis	9.52	2024	Indiana
	W 65-69	Leandra Funk	10.36	2022	Indiana
	W 70-74				
	W 75-79	Christine Davis	11.86	2024	Indiana
	W 80-84	Georgia Kightlinher	12.04	2022	Indiana
	W 85-89	Lorma Bauer	15.23	2011	Wisconsin
	M Open				
	M 25-29	Brian Burnett II	7.28	2024	Indiana
	M 30-34	Austin Johnson	7.36	2024	Indiana
	M 35-39	Kyle Brunsmann	7.29	2024	Indiana
	M 40-44	Mouhamed Camara	7.26	2016	Wisconsin
	M 45-49	Jeff Schultz	7.43	2016	Wisconsin
	M 50-54	Svetoslav Grozdev	7.67	2025	Indiana
	M 55-59	Richard Senka	8.45	2011	Wisconsin
	M 60-64	John Campbell	7.78	2024	Indiana
	M 65-69	Steven Bowles	8.52	2009	Wisconsin
		Paul Milewski	8.52	2011	Wisconsin
	M 70-74	Paul Milewski	8.73	2016	Wisconsin
	M 75-79	Stephen Robbins	9.00	2018	Ohio
	M 80-84	Avital Schurr	9.92	2024	Indiana
	M 85-89	Harry Brown	9.94	2015	Wisconsin
	M 90-95	George Boudebush	22.64	2018	Ohio
<b>200 Meters</b>					
	W Open	Rey Mullen	29.67	2023	Illinois
	W 29&U	Alexia DeHaven	25.37	2024	Indiana
	W 30-34	Breanna Sanner	28.68	2024	Indiana
	W 35-39	Grace Liang	26.93	2024	Indiana
	W 40-44	Emmannelle McGowan	27.17	2013	Wisconsin
	W 45-49	Aseel Aziz-Goez	30.94	2024	Indiana
	W 50-54	Jacklyn Slaughter	30.82	2014	Wisconsin
	W 55-59	Cherlyn Gooch	32.94	2013	Wisconsin
	W 60-64	Leandra Funk	32.78	2017	Wisconsin
	W 65-69	Leandra Funk	34.41	2024	Indiana
	W 70-74	Mary Hartzler	44.44	2024	Indiana

W 75-79	Mary Robinson	44.84	2018	Ohio
W 80-84	Georgia Kightlinher	49.11	2022	Indiana
W 85-89				
M Open	Mervin Dino	25.65	2023	Illinois
M 25-29	Colin McShane	22.78	2024	Indiana
M 30-34	Nathan Johnson	23.38	2024	Indiana
M 35-39	Keith Majors	22.60	2024	Indiana
M 40-44	Brian Banks	24.26	2024	Indiana
M 45-49	Jerome Payne	25.27	2018	Ohio
M 50-54	Greg Cook	24.97	2024	Indiana
M 55-59	Joseph Soignet	26.49	2024	Indiana
M 60-64	John Campbell	25.18	2024	Indiana
M 65-69	Steven Bowles	28.10	2009	Wisconsin
M 70-74	Edward Somerville	28.58	2024	Indiana
M 75-79	Stephen Robbins	30.34	2018	Ohio
M 80-84	H Tom Bowden	32.22	2024	Indiana
M 85-89	Harry Brown	38.63	2017	Wisconsin

#### 400 Meters

W Open				
W 29&U	Alexia DeHaven	58.53	2024	Indiana
W 30-34	Rachel Ebeyer	1:10.16	2024	Indiana
W 35-39	Michele Eaton	1:14.09	2024	Indiana
W 40-44	Elizabeth Hickman	1:11.11	2016	Wisconsin
W 45-49	Aseel Aziz-Gomez	1:10.18	2024	Indiana
W 50-54	Aseel Aziz-Gomez	1:14.89	2025	Indiana
W 55-59	Tina King-Pemberton	1:35.03	2024	Indiana
W 60-64	Leandra Funk	1:12.92	2017	Wisconsin
W 65-69	Leandra Funk	1:18.36	2024	Indiana
W 70-74	Mary Hartzler	1:48.43	2024	Indiana
W 75-79	Mary Robinson	1:47.58	2018	Ohio
W 80-84	Georgia Kightlinher	2:01.95	2022	Indiana
W 85-89				
M Open				
M 25-29	Tyler Wigington	63.45	2016	Wisconsin
M 30-34	Nick Blakey	54.25	2022	Indiana
M 35-39	Keith Majors	51.13	2024	Indiana
M 40-44	Ron Potocnik	55.54	2009	Wisconsin
M 45-49	Kevin Ellis	60.35	2010	Wisconsin
M 50-54	Carlos De Freitas	55.85	2024	Indiana
M 50-54	Alex Bentley	56.25	2023	Illinois
M 55-59	Michael Roberts	63.70	2008	Wisconsin
M 60-64	Bruce Covey	65.01	2008	Wisconsin
M 65-69	Daniel Waugh	68.86	2024	Indiana
M 70-74	Edward Somerville	68.08	2022	Indiana
M 75-79	Harry Brown	1:14.85	2008	Wisconsin
M 80-84	H Tom Bowden	1:16.58	2024	Indiana

M 85-89	Harry Brown	1:31.35	2015	Wisconsin
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### 800 Meters

W Open				
W 29&U				
W 30-34	Dafna Aaronson	3:09.96	2010	Wisconsin
W 35-39	Megan Zavorka Thomas	2:48.53	2025	Indiana
W 40-44	Anna Mahew-Rozek	2:45.38	2017	Wisconsin
W 45-49	Erin Rock	2:47.29	2024	Indiana
W 50-54	Petran Petkov	2:59.45	2024	Indiana
W 55-59	Laurie Teper	3:13.30	2015	Wisconsin
W 60-64	Karen Stross	4:49.77	2018	Ohio
W 65-69	Vickie Heierman	4:09.11	2024	Indiana
W 70-74	Terry Foody	5:03.86	2022	Indiana
W 75-79				
W 80-84	Georgia Kightlinher	5:14.09	2022	Indiana
W 85-89				
M Open				
M 25-29				
M 30-34	Anton Darby	2:12.14	2024	Indiana
M 35-39	Kurt Michaelis	2:09.00	2018	Ohio
M 40-44	Steven Cassar	2:11.45	2010	Wisconsin
M 45-49	David Bakker	2:22.83	2013	Wisconsin
M 50-54	Brian Tullis	2:03.58	2024	Indiana
M 55-59	Charles Novak	2:12.75	2024	Indiana
M 60-64	James Watry	2:31.42	2023	Illinois
M 65-69	Patrick Miller	2:41.89	2022	Indiana
M 70-74	Don Dornfeld	3:35.54	2014	Wisconsin
M 75-79	David Mortensen	4:18.33	2015	Wisconsin
M 75-79	Robert Farrington	3:49.86	2023	Illinois

### 1500 Meters

W Open				
W 29&U	Anna Dutcher	5:49.58	2009	Wisconsin
W 30-34	Susan Murphy	7:35.46	2010	Wisconsin
W 35-39	Megan Zavorka Thomas	5:28.08	2025	Indiana
W 40-44	Hidi Gaff	5:17.98	2025	Indiana
W 45-49	Julie Burns	5:44.63	2015	Wisconsin
W 50-54	Petrana Petkova	5:45.91	2025	Indiana
W 55-59	Laurie Teper	6:16.56	2015	Wisconsin
W 60-64	Lisa Veneziano	5:29.00	2025	Indiana
W 65-69				
W 70-74				
W 75-79				
W 80-84				
W 85-89				
M Open				

M 25-29				
M 30-34	David Cooke	4:24.83	2013	Wisconsin
M 35-39	Kurt Michaelis	4:21.11	2018	Ohio
M 40-44	Steven Cassar	4:23.79	2009	Wisconsin
M 45-49	Craig Nieset	4:31.28	2018	Ohio
M 50-54	Charles Novak	4:19.01	2018	Ohio
M 55-59	Sam Torres	4:53.71	2008	Wisconsin
M 60-64	John Albanese	5:23.72	2009	Wisconsin
M 65-69	David Williams	6:00.40	2018	Ohio
M 65-69	Timothy Conheady	5:31.77	2023	Illinois
M 70-74	Jeff Gerson	8:18.26	2021	Ohio
M 75-79	Bob Golly	8:07.71	2011	Wisconsin
M 75-79	Paul Perry	6:26.82	2023	Illinois
M 80-84				

### Mile

W Open				
W 29&U				
W 30-34				
W 35-39	Holly Read	5:21.50	2022	Indiana
W 40-44	Hidi Gaff	5:46.81	2024	Indiana
W 45-49	Erin Rock	6:14.54	2024	Indiana
W 50-54	Petrana Petkova	6:11.39	2024	Indiana
W 55-59				
W 60-64				
W 65-69				
W 70-74	Terry Foody	10:39.79	2022	Indiana
W 75-79				
W 80-84				
W 85-89				
M Open				
M 25-29				
M 30-34	Brady Hall	4:39.84	2024	Indiana
M 35-39	Kurt Michaelis	4:44.41	2019	Ohio
M 40-44	Mark Guyer	4:35.72	2024	Indiana
M 45-49	Robb Awe	5:18.30	2024	Indiana
M 50-54	Brian Tullis	4:36.75	2024	Indiana
M 55-59	Charles Novak	4:48.94	2024	Indiana
M 60-64	Wade Schacklette	6:09.06	2024	Indiana
M 65-69	Patrick Miller	6:01.13	2022	Indiana
M 70-74	Jeff Gerson	8:39.64	2019	Ohio
M 75-79				
M 80-84				
M 85-89				

### 3000 Meters

W Open

W 29&U	Anna Dutcher	12:53.92	2009	Wisconsin
W 30-34				
W 35-39	Holly Read	10:30.19	2022	Indiana
W 40-44	Melissa Gucek	10:48.66	2017	Wisconsin
W 45-49	Barbara Lauff	12:25.66	2014	Wisconsin
W 50-54	Julie Bruns	12:26.46	2023	Illinois
W 55-59	Andrea Blocher	12:18.81	2022	Indiana
W 60-64	Lisa Veneziano	11:12.44	2025	Indiana
W 65-69				
W 70-74				
W 75-79				
W 80-84				
W 85-89				
M Open	James Weissensel	9:10.04	2023	Illinois
M 25-29	Dalton Atchison	9:32.97	2024	Indiana
M 30-34	Kevin Kaufman	10:00.75	2010	Wisconsin
M 35-39	York Thomas	9:59.48	2025	Indiana
M 40-44	Keith Mulhollon	9:14.24	2013	Wisconsin
M 45-49	Todd Wagner	10:02.50	2016	Wisconsin
M 50-54	Christopher Wolf	10:09.66	2025	Indiana
M 55-59	Sam Torres	10:16.13	2008	Wisconsin
M 60-64	Wade Shacklette	12:43.28	2024	Indiana
M 65-69	John Becker	12:25.44	2009	Wisconsin
M 65-69	Timothy Conheady	11:23.13	2023	Illinois
M 70-74	John Becker	12:25.62	2011	Wisconsin
M 75-79	John Becker	13:48.20	20016	Wisconsin
M 80-84				
M 85-89				

### 1500 Meter Race walk

W Open				
W 29&U				
W 30-34				
W 35-39				
W 40-44				
W 45-49				
W 50-54				
W 55-59	Sue Michos	11:37.33	2018	Ohio
W 60-64				
W 65-69	Joyce Prohaska	10:14.64	2018	Ohio
W 70-74				
W 75-79				
W 80-84				
W 85-89				
M Open				
M 25-29	Joe Pfahler	7:20.17	2018	Ohio
M 30-34	Michael Mannozi	6:31.97	2018	Ohio

M 35-39				
M 40-44				
M 45-49				
M 50-54	David Swarts	6:40.17	2018	Ohio
M 55-59				
M 60-64				
M 65-69				
M 70-74				
M 75-79				
M 80-84				
M 85-89				
M 90-95	George Riser	16:00.92	2018	Ohio

**1600 Meter Race walk**

W Open				
W 29&U	Melissa Moeller	7:46.26	2016	Wisconsin
W 30-34				
W 35-39	Sam Cohen	7:34.25	2015	Wisconsin
W 40-44				
W 45-49				
W 50-54				
W 55-59				
W 60-64				
W 65-69				
W 70-74				
W 75-79				
W 80-84				
W 85-89				
M Open				
M 25-29				
M 30-34				
M 35-39	Matt DeWitt	6:52.33	2016	Wisconsin
M 40-44				
M 45-49				
M 50-54	David Swarts	7:08.46	2017	Wisconsin
M 55-59	Will Preischel	8:36.34	2017	Wisconsin
M 60-64	Vince Peter	10:14.90	2016	Wisconsin
M 65-69	Ron Winkler	11:01.04	2016	Wisconsin
M 70-74				
M 75-79				

**3000 Meter Race walk**

W Open				
W 29&U				
W 30-34				
W 35-39				
W 40-44	Carolyn McAndrews	17:54.74	2023	Illinois

W 45-49					
W 50-54	Donna Habig-Sachleben	21:33.12	2024	Indiana	
W 55-59	Donna Habig-Sachleben	20:26.32	2025	Indiana	
W 60-64	Donna Green	31:29.49	2015	Wisconsin	
W 65-69	Joyce Prohaska	20:42.21	2018	Ohio	
W 70-74	Joyce Prohaska	20:44.07	2022	Indiana	
W 75-79					
W 80-84					
W 85-89					
M Open					
M 25-29	Joel Pfahler	14:52.81	2018	Ohio	
M 30-34	Michael Mannozi	14:13.17	2018	Ohio	
M 35-39					
M 40-44	Chris Mosier	18:10.44	2023	Illinois	
M 45-49					
M 50-54	David Swarts	13:40.07	2018	Ohio	
M 55-59	David Swarts	14:41.49	2022	Indiana	
M 55-59	David Swarts	14:27.75	2023	Illinois	
M 60-64					
M 65-69	Damon Clements	19:07.27	2022	Indiana	
M 70-74	William Hosken	19:49.90	2011	Wisconsin	
M 75-79	Tom Kirkwood	21:17.25	2023	Illinois	
M 80-84					
M 85-89					

### 60 Meter Hurdles

W Open					
W 29&U					
W 30-34	Breanna Sanner	9.56	2024	Indiana	
W 35-39	Grace Liang	10.51	2024	Indiana	
W 40-44					
W 45-49	Marie Hamay	11.65	2024	Indiana	
W 50-54	Nicole Luke	10.88	2025	Indiana	
W 55-59	Janean Shannon	11.83	2018	Ohio	
W 60-64	Adriene Lewis	11.07	2024	Indiana	
W 65-69					
W 70-74					
W 75-79					
W 80-84					
W 85-89					
M Open					
M 25-29					
M 30-34	Mario Briscoe	8.95	2024	Indiana	
M 35-39					
M 40-44	Ryan Owen	9.96	2024	Indiana	
M 45-49	David Ashford	8.55	2010	Wisconsin	
M 50-54	Carlos De Freitas	9.20	2024	Indiana	

M 55-59	Lamar Hasbrouck	9.89	2024	Indiana
M 60-64	Eugene Anton	10.23	2022	Indiana
M 65-69				
M 70-74	Ernie Snodgrass	10.94	2024	Indiana
M 75-79	Bob Golly	13.71	2011	Wisconsin
M 80-84				
M 85-89				
M-90-95	George Roudebush	43.98	2018	Ohio

#### 4x200 Meter Relay

W Open				
W 29&U				
W 30-34				
W 35-39				
W 40-44				
W 45-49				
W 50-54	Shannon, Nealy, King-Pemberton, Grant	2:42.74	2025	Indiana
W 55-59				
W 60-64				
W 65-69				
W 70-74				
W 75-79				
W 80-84				
W 85-90				
M Open				
M 29&U				
M 30-34				
M 35-39				
M 40-44				
M 45-49				
M 50-54				
M 55-59				
M 60-64				
M 65-69				
M 70-74				
M 75-79				
M 80-84				
M 85-90				

#### Long Jump

W Open				
W 29&U	Reynae McFarlane	3.26	2024	Indiana
W 30-34	Breanna Sanner	5.23	2024	Indiana
W 35-39	Julie Posianto	3.15	2008	Wisconsin
W 35-39	Grace Liang	5.51	2024	Indiana
W 40-44	Beverly Olson	2.37	2015	Wisconsin
W 45-49	Isabelle Dierauer	4.32	2018	Ohio

W 50-54	Isabelle Dierauer	4.24	2024	Indiana
W 55-59	Jeanean Shannon	3.87	2018	Ohio
W 60-64	Janean Shannon	3.41	2025	Indiana
W 65-69				
W 70-74	Donna Brown	2.08	2024	Indiana
W 75-79	Donna Brown	1.86	2025	Indiana
W 80-84				
W 85-89				
M Open	Shaun Wollenweber	6.79	2023	Illinois
M 25-29				
M 30-34	Kind Butler III	6.80	2024	Indiana
M 30-34	Justin Higginbotham	6.58	2023	Illinois
M 35-39	Jay Miles	6.50	2008	Wisconsin
M 40-44	Andrew Boyce	6.23	2009	Wisconsin
M 45-49	Andrew Boyce	5.81	2011	Wisconsin
M 50-54	Greg Cook	5.59	2023	Illinois
M 55-59	Antonio Palacios	5.71	2025	Indiana
M 60-64	Bruce Covey	5.22	2010	Wisconsin
M 65-69	Bruce Covey	4.95	2013	Wisconsin
M 70-74	Bobby Klemann	4.02	2018	Ohio
M 75-79	Paul Lehmkuhl	3.43	2009	Wisconsin
M 80-84	Avital Schurr	3.30	2024	Indiana
M 85-89	Albert Matheis I	2.52	2025	Indiana
M 85-89	Albert Matheis	2.65	2023	Illinois
M 90-95	George Roudebush	0.81	2018	Ohio

### High Jump

W Open				
W 25-29	Calli Raimann	1.75	2024	Indiana
W 30-34	Amber Johnson	1.30	2024	Indiana
W 35-39				
W 40-44	Marie Hamay	1.25	2022	Indiana
W 45-49	Marie Hamay	1.25	2024	Indiana
W 50-54	Tanja Grant	1.25	2025	Indiana
W 55-59	Janean Shannon	1.21	2018	Ohio
W 60-64	Janean Shannon	1.20	2025	Indiana
W 65-69				
W 70-74				
W 75-79				
W 80-84				
W 85-89				
M Open				
M 25-29				
M 30-34	Kenton Seals	1.70	2013	Wisconsin
M 35-39	Jay Miles	1.83	2008	Wisconsin
M 40-44	Andrew Boyce	1.88	2008	Wisconsin
M 45-49	Andrew Boyce	1.73	2011	Wisconsin

M 50-54	Kenneth Drollinger	1.75	2009	Wisconsin
M 55-59	David Axelrod	1.55	2009	Wisconsin
M 60-64	Kent Powers	1.65	2024	Indiana
M 65-69	Glenn Irion	1.45	2025	Indiana
M 70-74	Dennis Schrage	1.35	2016	Wisconsin
M 75-79	Tom Langefeld	1.37	2011	Wisconsin
M 80-84	Paul Lehmkuhl	1.05	2015	Wisconsin
M 85-89	Bill Wambach	1.11	2011	Wisconsin
M 90-95	George Roudebush	0.90	2018	Ohio

### Triple Jump

W Open				
W 25-29				
W 30-34	Breanna Sanner	11.92	2024	Indiana
W 35-39				
W 40-44				
W 45-49	Isavelle Dierauer	8.67	2018	Ohio
W 50-54	Isabelle Dierauer	8.82	2025	Indiana
W 55-59	Janean Shannon	7.17	2018	Ohio
W 60-64	Gloria Patricia	5.91	2025	Indiana
W 65-69				
W 70-74				
W 75-79				
W 80-84				
W 85-89				
M Open	Shaun Wollenweber	14.06	2023	Illinois
M 25-29	Shaun Wollenweber	14.82	2024	Indiana
M 30-34	Justin Higginbotham	13.66	2023	Illinois
M 35-39	Jay Miles	12.79	2008	Wisconsin
M 40-44	Mouhamed Camara	12.55	2017	Wisconsin
M 45-49	Jonathon Franklin	10.15	2023	Illinois
M 50-54	Carlos De Freitas	10.69	2024	Indiana
M 55-59	Antonio Palacios	11.97	2025	Indiana
M 60-64	Kent Powers	10.06	2024	Indiana
M 65-69	Glenn Irion	9.38	2025	Indiana
M 70-74	Bobby Klemann	8.87	2018	Ohio
M 75-79	Paul Lehmkuhl	7.68	2009	Wisconsin
M 80-84	Paul Lehmkuhl	6.61	2015	Wisconsin
M 85-89	Bill Wombach	5.58	2011	Wisconsin
M 90-95	George Roudebush	2.50	2018	Ohio

### Shot Put

W Open	Jasmine Alade-Fa	8.76	2023	Illinois
W 25-29				
W 30-34				
W 35-39	Elizabeth Rudolph	7.92	2016	Wisconsin
W 40-44	Marie Hammay	8.49	2022	Indiana
W 45-49	Stephanie Anne Timmer	10.73	2013	Wisconsin

W 50-54	Ruth Welding	10.56	2008	Wisconsin
W 55-59	Alissa Noguez	10.31	2022	Indiana
W 60-64	Alissa Noguez	10.18	2025	Indiana
W 65-69	Monica Kendall	11.51	2025	Indiana
W 70-74	Mary Hartzler	7.18	2024	Indiana
W 75-79	Mary Robinson	6.85	2018	Ohio
W 80-84	Mary Robinson	6.06	2024	Indiana
W 85-89				
M Open				
M 25-29				
M 30-34	Daryl McNeil	12.78	2015	Wisconsin
M 35-39	Matthew Royer	15.52	2024	Indiana
M 40-44	Jason Andrich	13.16	2024	Indiana
M 45-49	Chris Gambal	11.52	2011	Wisconsin
M 50-54	John Maynard	12.85	2024	Indiana
M 55-59	Scott Hannay	12.48	2022	Indiana
M 60-64	Lawrence Cahill	13.37	2022	Indiana
M 65-69	Tim Cederblad	12.63	2016	Wisconsin
M 70-74	Tim Cederblad	11.84	2024	Indiana
M 75-79	Hilary Goerge	10.21	2024	Ohio
M 80-84	Jerry Donley	8.34	2011	Wisconsin
M 85-89	Albert Matheis	8.32	2023	Illinois
M 90-95	George Riser	6.94	2018	Ohio

### Pole Vault

W Open				
W 25-29				
W 30-34				
W 35-39				
W 40-44	Kristyn Kinkel	3.1	2025	Indiana
W 45-49				
W 50-54				
W 55-59				
W 60-64	Brenda Babits	2.45	2022	Indiana
W 65-69	Leandra Funk	1.75	2025	Indiana
W 70-74				
W 75-79	Donna Brown	1.15	2025	Indiana
W 80-84				
W 85-89				
M Open				
M 25-29				
M 30-34	Joel Sterk	3.70	2017	Wisconsin
M 35-39	Alex Andreatta	4.10	2022	Indiana
M 40-44	Alex Andreatta	4.00	2025	Indiana
M 45-49	Scott Johnson	4.25	2022	Indiana
M 50-54	Anthony Heath	4.00	2025	Indiana
M 55-59	Keith Petranek	3.30	2013	Wisconsin

M 55-59	Chet Clodfelter	3.80	2023	Illinois
M 60-64	Chet Clodfelter	3.55	2025	Indiana
M 65-69	Howard Booth	2.90	2011	Wisconsin
M 65-69	Gary Hunter	3.35	2023	Illinois
M 70-74				
M 75-79	Daniel Limbaugh	2.50	2025	Indiana
M 80-84	Howard Booth	2.05	2025	Indiana
M 85-89				

### Weight

W Open				
W 25-29				
W 30-34				
W 35-39	Elizabeth Rudolph	5.97	2016	Wisconsin
W 40-44	Beverly Olson	4.12	2015	Wisconsin
W 45-49	Stephanie Anne Timmer	8.96	2013	Wisconsin
W 50-54	Ruth Welding	13.25	2008	Wisconsin
W 55-59	Ruth Welding	12.68	2011	Wisconsin
W 60-64	Jan Unruh	13.31	2023	Illinois
W 65-69	Susan Hallen	12.52	2024	Indiana
W 70-74	Mary Hartzler	11.10	2024	Indiana
W 75-79	Mary Robinson	7.99	2018	Ohio
W 80-84	Mary Robinson	7.79	2024	Indiana
W 85-89				
M Open				
M 25-29				
M 30-34				
M 35-39	Neil Henning	14.51	2025	Indiana
M 40-44	Jon Dahlin	16.52	2024	Indiana
M 45-49	Gerald Ingalls	14.83	2022	Indiana
M 50-54	John Maynard	15.46	2024	Indiana
M 55-59	Scott Hannay	12.43	2022	Indiana
M 60-64	Guy Durkin	16.31	2014	Wisconsin
M 65-69	Larry Rheems	14.33	2017	Wisconsin
M 70-74	Michael Mason	14.57	2024	Indiana
M 75-79	Hilary Goerge	13.97	2024	Indiana
M 80-84	Michael Biesko Sr.	10.78	2025	Indiana
M 85-89				
M 90-95	George Riser	6.47	2018	Ohio

### Super Weight

W Open				
W 25-29				
W 30-34				
W 35-39				
W 40-44				
W 45-49				
W 50-54	Jennifer Heston	5.94	2023	Illinois
W 55-59				

W 60-64	Jan Unruh	9.27	2023	Illinois
W 65-69	Mary Hartzler	8.99	2018	Ohio
W 70-74				
W 75-79	Mary Robinson	5.96	2018	Ohio
W 80-84				
W 85-89				
M Open				
M 25-29				
M 30-34	Matt Dewitt	23.29	2014	Wisconsin
M 35-39	Matt Dewitt	22.39	2015	Wisconsin
M 40-44				
M 45-49				
M 50-54				
M 55-59				
M 60-64	Vince Peter	28.09	2015	Wisconsin
M 65-69	Richard McGuire	31.16	2015	Wisconsin
M 70-74	Russell Vail	44.52	2014	Wisconsin
M 75-79	Hilary Goerge	7.41	2024	Indiana
M 80-84				
M 85-89				