

2024 USATF Cross Country Championships - 1/11/2025
Lubbock Christian University
Results

Event 2 Men 8k Run CC Masters

Name	Age	Team	Finals	Points
Results - Men				
1 Gray, Joseph	M40	Club Northwest	25:31	
2 Kipruto, Nicholas	M40	Unattached	27:18	
3 Pettingill, Trevor	M48	Unattached	27:31	
4 Touil, Ayoub	M41	Unattached	28:13	
5 Angell, David	M48	Roanoke Vallley	28:41	
6 Prinz, Sean	M40	Unattached	29:08	
7 Dhaouadi, Chokri	M53	Sports Warriors	29:40	
8 Herrera, Adrian	M44	Unattached	29:59	
9 Norton, Anderson	M51	Striders	30:17	
10 Scott, Durelle	M51	Striders	30:44	
11 Zamek, Mark	M61	TC Running Company	30:45	
12 McGuire, Kevin	M59	Striders	31:27	
13 King, Daniel	M65	Athletics Boulder	31:30	
14 Lundell, Ben	M41	Crown Running	31:43	
15 Sayre, Roger	M66	Brr	31:45	
16 Moore, Ignacio	M53	Striders	31:48	
17 Boles, Tommy	M47	Unattached	31:57	
18 Paye, Bradley	M50	Striders	32:09	
19 Huxtable, Scott	M50	Striders	32:18	
20 Becker, Rick	M70	Atc	32:22	
21 Hendricks, Bryan	M44	GW TC	32:29	
22 Dolan, Frederick	M52	Atc	32:59	
23 Tatum, Mark	M64	Brr	33:08	
24 Fleg, Anthony	M46	Sports Warriors	33:17	
25 Donley, John	M52	Unattached	33:21	
26 Siriano, Scott	M58	Shore Athletic Club	33:25	
27 Williams, Brian	M45	Unattached	33:33	
28 Stowe, Michael	M54	Striders	33:35	
29 Rahmer, Mike	M52	Sports Warriors	33:43	
30 Feerst, Adam	M64	Brr	34:32	
31 Pottle, Jack	M70	Brr	35:24	
32 Spale, Dan	M68	Brr	35:48	
33 Trujillo, Dan	M54	Sports Warriors	36:10	
34 Carl, Dewayne	M47	Sports Warriors	36:19	
35 Bell, Doug	M74	Brr	37:43	
36 Birkholz, Shad	M48	Unattached	38:00	
37 Morrison, Don	M74	GR Philly	38:27	
38 Chesnut, Douglas	M72	Brr	38:30	
39 Cummins, Shawn	M52	CCTC	39:17	
40 Cutrona, Matthew	M54	GR Philly	39:27	
41 Katz, Richard	M76	Brr	40:29	
42 Lucking, Scott	M70	Atc	41:09	
43 Myers, Eugene	M72	PV TC	41:34	
44 Morgan, Loren	M49	Sports Warriors	48:43	
45 Purnell, Micks	M75	Unattached	54:55	

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Results

Event 1 Women 6k Run CC Masters

Name	Age Team	Finals	Points
Results - Women			
1 Metivier, Renee	W43 Red Lizard	22:24	
2 Crocker, Alison	W40 Red Lizard	23:20	
3 Gwyn, Katherine	W44 Unattached	24:28	
4 Shaw, Kristin	W41 Red Lizard	25:17	
5 Donahue, Magdalena	W42 Unattached	25:39	
6 Dean, Abby	W53 GR Philly	26:01	
7 Neal, Adrienne	W42 Unattached	26:46	
8 Smitherman, Sheila	W48 BPS	26:50	
9 Newman, Alexandra	W52 Impala RT	27:39	
10 Poole-Dubin, Melissa	W40 Unattached	27:42	
11 Moore, Sarah	W42 Unattached	28:24	
12 Rahl, Riva	W51 Unattached	28:44	
13 Cordes, Suzanne	W65 Unattached	32:56	
14 Rowland, Jo Anne	W76 Impala RT	35:15	
15 Lucking, Cynthia	W71 Atc	36:29	
16 Bryan, Mary	W64 Impala RT	37:40	
17 Myers, Helene	W70 PV TC	55:05	
18 Hodges-Hite, Joyce	W87 Atc	1:14:28	

MEN MASTERS AGE GRADED RESULTS

PLACE	LAST NAME	FIRST NAME	AGE	TEAM	TIME	AGE GRADE
1	Becker	Rick	70	Atlanta TC	32:22:00	87.66%
2	Sayre	Roger	66	Boulder Road Runners	31:45:00	85.92%
3	King	Daniel	65	Athletics Boulder	31:30:00	85.77%
4	Gray	Joseph	40	Club Northwest	25:31:00	85.62%
5	Zamek	Mark	61	TC Running Company	30:45:00	84.67%
6	Pettingill	Trevor	48	Unattached	27:31:00	84.59%
7	Dhaouadi	Chokri	53	Sports Warriors	29:40:00	81.79%
8	McGuire	Kevin	59	Striders	31:27:00	81.29%
9	Angell	David	48	Roanoke Valley	28:41:00	81.14%
10	Tatum	Mark	64	Boulder Road Runners	33:08:00	80.78%
11	Pottle	Jack	70	Boulder Road Runners	35:24:00	80.15%
12	Kipruto	Nicholas	40	Unattached	27:18:00	80.03%
13	Bell	Doug	74	Boulder Road Runners	37:43:00	79.19%
14	Norton	Anderson	51	Striders	30:17:00	78.78%
15	Touil	Ayoub	41	Unattached	28:13:00	78.03%
16	Morrison	Don	74	Greater Philadelphia	38:27:00	77.68%
17	Spale	Daniel	68	Boulder Road Runners	35:48:00	77.67%
18	Scott	Durelle	51	Striders	30:44:00	77.63%
19	Feerst	Adam	64	Boulder Road Runners	34:32:00	77.51%
20	Moore	Ignacio	53	Striders	31:48:00	76.31%
21	Katz	Richard	76	Boulder Road Runners	40:29:00	76.22%
22	Siriano	Scott	58	Shore AC	33:25:00	75.84%
23	Chesnut	Douglas	72	Boulder Road Runners	38:30:00	75.45%
24	Herrera	Adrian	44	Unattached	29:59:00	75.17%
25	Prinz	Sean	40	Unattached	29:08:00	74.99%
26	Paye	Bradley	50	Striders	32:09:00	73.59%
27	Huxtable	Scott	50	Striders	32:18:00	73.25%
28	Dolan	Frederick	52	Atlanta TC	32:59:00	72.94%
29	Stowe	Michael	54	Striders	33:35:00	72.87%
30	Boles	Tommy	47	Unattached	31:57:00	72.25%
31	Donley	John	52	Unattached	33:21:00	72.14%
32	Rahmer	Mike	52	Sports Warriors	33:43:00	71.35%
33	Myers	Eugene	72	PV TC	41:34:00	69.88%
34	Lundell	Ben	41	Crown Running	31:43:00	69.42%
35	Hendricks	Bryan	44	GW TC	32:29:00	69.38%
36	Lucking	Scott	70	Atlanta TC	41:09:00	68.95%
37	Fleg	Anthony	46	Sports Warriors	33:17:00	68.81%
38	Williams	Brian	45	Unattached	33:33:00	67.71%
39	Trujillo	Dan	54	Sports Warriors	36:10:00	67.66%
40	Dewayne	Carl	47	Sports Warriors	36:19:00	63.57%
41	Cutrona	Matthew	54	Greater Philadelphia	39:27:00	62.03%
42	Birkholz	Shad	48	Unattached	38:00:00	61.25%
43	Cummins	Shawn	52	CCTC	39:17:00	61.24%
44	Purnell	Micks	75	Unattached	54:55:00	55.25%
45	Morgan	Loren	49	Sports Warriors	48:43:00	48.17%

WOMEN MASTERS AGE-GRADED RESULTS

Place	Last Name	First Name	Age	TEAM	Time	Age Grade
1	Metivier	Renee	43	Team Red Lizard	22:24:00	83.02%
2	Dean	Abby	53	Greater Philadelphia	26:01:00	78.98%
3	Rowland	Jo Anne	76	Impala RT	35:15:00	78.87%
4	Crocker	Allison	40	Team Red Lizard	23:20:00	78.16%
5	Gwyn	Katherine	44	Unattached	24:28:00	76.59%
6	Newman	Alexandra	52	Impala RT	27:39:00	73.48%
7	Shaw	Kristin	41	Team Red Lizard	25:17:00	72.56%
8	Smitherman	Sheila	48	BPS	26:50:00	72.47%
9	Cordes	Suzanne	65	Unattached	32:56:00	72.23%
10	Donahue	Magdalena	42	Unattached	25:39:00	71.99%
11	Lucking	Cynthia	71	Atlanta TC	36:29:00	70.77%
12	Rahl	Riva	51	Unattached	28:44:00	69.93%
13	Neal	Adrienne	42	Unattached	26:46:00	68.99%
14	Poole-Dubin	Melissa	40	Unattached	27:42:00	65.84%
15	Moore	Sarah	42	Unattached	28:24:00	65.02%
16	Bryan	Mary	64	Impala RT	37:40:00	62.33%
17	Hodges-Hite	Joyce	87	Atlanta TC	1:14:28:00	48.55%
18	Myers	Helene	70	PV TC	55:05:00	46.21%

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Results

Event 2 M40 8000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Men 40			
1 Gray, Joseph	M40 Club Northwest	25:31	
2 Kipruto, Nicholas	M40 Unattached	27:18	
3 Touil, Ayoub	M41 Unattached	28:13	
4 Prinz, Sean	M40 Unattached	29:08	
5 Herrera, Adrian	M44 Unattached	29:59	
6 Lundell, Ben	M41 Crown Running	31:43	
7 Hendricks, Bryan	M44 GW TC	32:29	

Event 2 M45 8000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Men 45			
1 Pettingill, Trevor	M48 Unattached	27:31	
2 Angell, David	M48 Roanoke Vallley	28:41	
3 Boles, Tommy	M47 Unattached	31:57	
4 Fleg, Anthony	M46 Sports Warriors	33:17	
5 Williams, Brian	M45 Unattached	33:33	
6 Carl, Dewayne	M47 Sports Warriors	36:19	
7 Birkholz, Shad	M48 Unattached	38:00	
8 Morgan, Loren	M49 Sports Warriors	48:43	

Event 2 M50 8000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Men 50			
1 Dhaouadi, Chokri	M53 Sports Warriors	29:40	
2 Norton, Anderson	M51 Striders	30:17	
3 Scott, Durelle	M51 Striders	30:44	
4 Moore, Ignacio	M53 Striders	31:48	
5 Paye, Bradley	M50 Striders	32:09	
6 Huxtable, Scott	M50 Striders	32:18	
7 Dolan, Frederick	M52 Atc	32:59	
8 Donley, John	M52 Unattached	33:21	
9 Stowe, Michael	M54 Striders	33:35	
10 Rahmer, Mike	M52 Sports Warriors	33:43	
11 Trujillo, Dan	M54 Sports Warriors	36:10	
12 Cummins, Shawn	M52 CCTC	39:17	
13 Cutrona, Matthew	M54 GR Philly	39:27	

Event 2 M55 8000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Men 55			
1 McGuire, Kevin	M59 Striders	31:27	
2 Siriano, Scott	M58 Shore Athletic Club	33:25	

2024 USATF Cross Country Championships - 1/11/2025
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Event 2 M60 8000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Men 60			
1 Zamek, Mark	M61 TC Running Company	30:45	
2 Tatum, Mark	M64 Brr	33:08	
3 Feerst, Adam	M64 Brr	34:32	

Event 2 M65 8000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Men 65			
1 King, Daniel	M65 Athletics Boulder	31:30	
2 Sayre, Roger	M66 Brr	31:45	
3 Spale, Dan	M68 Brr	35:48	

Event 2 M70 8000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Men 70			
1 Becker, Rick	M70 Atc	32:22	
2 Pottle, Jack	M70 Brr	35:24	
3 Bell, Doug	M74 Brr	37:43	
4 Morrison, Don	M74 GR Philly	38:27	
5 Chesnut, Douglas	M72 Brr	38:30	
6 Lucking, Scott	M70 Atc	41:09	
7 Myers, Eugene	M72 PV TC	41:34	

Event 2 M75 8000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Men 75			
1 Katz, Richard	M76 Brr	40:29	
2 Purnell, Micks	M75 Unattached	54:55	

2024 USATF Cross Country Championships - 1/11/2025
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Results

Event 1 W40 6000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Women 40			
1 Metivier, Renee	W43 Red Lizard	22:24	
2 Crocker, Alison	W40 Red Lizard	23:20	
3 Gwyn, Katherine	W44 Unattached	24:28	
4 Shaw, Kristin	W41 Red Lizard	25:17	
5 Donahue, Magdalena	W42 Unattached	25:39	
6 Neal, Adrienne	W42 Unattached	26:46	
7 Poole-Dubin, Melissa	W40 Unattached	27:42	
8 Moore, Sarah	W42 Unattached	28:24	

Event 1 W45 6000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Women 45			
1 Smitherman, Sheila	W48 BPS	26:50	

Event 1 W50 6000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Women 50			
1 Dean, Abby	W53 GR Philly	26:01	
2 Newman, Alexandra	W52 Impala RT	27:39	
3 Rahl, Riva	W51 Unattached	28:44	

Event 1 W60 6000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Women 60			
1 Bryan, Mary	W64 Impala RT	37:40	

Event 1 W65 6000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Women 65			
1 Cordes, Suzanne	W65 Unattached	32:56	

Event 1 W70 6000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Women 70			
1 Lucking, Cynthia	W71 Atc	36:29	
2 Myers, Helene	W70 PV TC	55:05	

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Event 1 W75 6000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Women 75			
1 Rowland, Jo Anne	W76 Impala RT	35:15	

Event 1 W80+ 6000 Meter Run Masters

Name	Age Team	Finals	Points
Results - Women 80+			
1 Hodges-Hite, Joyce	W87 Atc	1:14:28	

2024 USATF Cross Country Championships - 1/11/2025
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Results

Event 8 Women 6k Run CC 50+ Team Sc Masters

Name	Age Team	Finals	Points
Results - Women			
1 Newman, Alexandra	W52 Impala RT	27:39	1
2 Rowland, Jo Anne	W76 Impala RT	35:15	2
3 Bryan, Mary	W64 Impala RT	37:40	3

Team Scores

Rank Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
Results - Women										
1 Impala Racing Team 50+	6	1	2	3						
Total Time: 1:40:34.00										
Average: 33:31.34										