2024 USA Masters Women's Heptathlon

Charlottesville, VA - 6/22/2024 to 6/23/2024

#	Last Name	First	Age	Ctry	Points	HH	HJ	SP	200	LJ	JT	800
Women 50-54												
1	Baird	Marsha	50	USA	5603	13.17	1.41	12.01	28.61	4.46	37.38	2:45.62
							4-7 ½	39-5		14-7 ¾	122-7	
						(984)	(806)	(767)	(809)	(686)	(807)	(744)
2	Pierce	Erika	53	USA	4823	13.65	1.35	10.10	29.34	4.48	34.55	3:22.17
							4-5	33-1 ¾		14-8 ½	113-4	
						(913)	(724)	(624)	(751)	(691)	(738)	(382)
Women 60-64												
1	Shannon	Janean	61	USA	4216	16.65	1.20	8.13	32.64	3.80	22.22	3:45.31
							3-11 ¼	26-8 ¼		12-5 ¾	72-10	
						(680)	(689)	(595)	(701)	(626)	(571)	(354)
2	Shabelski	Joanne	62	USA	2018	21.76	0.96	5.49	42.41	2.73	8.77	3:29.54
							3-1 ¾	18-0 ¼		8-11 ½	28-9	
						(205)	(359)	(363)	(180)	(257)	(175)	(479)
Women 65-69												
1	DeHaven	Deborah	65	USA	2980	20.19	1.05	6.38	38.63	2.87	13.04	3:52.27
							3-5 ¼	20-11 ¼		9-5	42-9	
						(401)	(555)	(499)	(433)	(359)	(346)	(387)
Women 70-74												
1	Simpson	Claudia	70	USA	3388	19.88	1.08	6.95	37.94	2.45	13.17	4:20.09
							3-6 ½	22-9 ¾		8-0 ½	43-2	
						(528)	(689)	(631)	(568)	(276)	(407)	(289)
Women 85-89												
1	Graf	Tami	87	USA	1486	58.20	0.87	4.51	91.23	1.21	8.97	7:57.39
							2-10 ¼	14-9 ¾		3-11 ¾	29-5	
						(0)	(599)	(473)	(0)	(35)	(379)	(0)

2024 USA Masters Women's Decathlon

Charlottesville, VA - 6/22/2024 to 6/23/2024

#	Last Name	First	Age	Ctry	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
Women Open															
1	Knudson	Sophie	15	USA	3276	14.21	4.68	7.46	1.34	74.37	26.19	17.29	2.83	23.89	7:42.70
							15-4 ¼	24-5 ¾	4-4 ¾			56-8	9-3 ¼	78-4	
						(572)	(474)	(365)	(449)	(234)	(2)	(229)	(500)	(361)	(90)
Women 25-29															
1	Pasko	Amanda	28	USA	5294	13.68	5.23	9.01	1.49	64.01	16.62	17.51	2.43	31.24	5:26.05
							17-2	29-6 ¾	4-10 ½			57-5	7-11 ½	102-6	
						(655)	(623)	(465)	(610)	(547)	(640)	(233)	(358)	(500)	(663)
Women 30-34															
DNF	Kuntz	Lauren	33	USA		DNS	NM	8.41	1.43	DNS	DNS	24.69	NH	22.07	DNS
								27-7 ¼	4-8 ¼			81-0		72-5	
						(0)	(0)	(426)	(544)	(0)	(0)	(363)	(0)	(327)	(0)
Women 40-44															
1	Vazquez	Katrina	43	USA	4194	13.54	4.71	8.05	NH	73.94	12.71	15.92	2.03	26.33	7:36.39
							15-5 ½	26-5				52-2	6-7 ¾	86-4	
						(720)	(595)	(463)	(0)	(357)	(916)	(226)	(267)	(472)	(178)
Women 45-49															
1	Monteleone	Cynthia	48	USA	5298	13.65	4.12	8.54	1.34	64.62	16.38	18.70	2.13	16.13	6:01.92
							13-6 ¼	28-0 ¼	4-4 ¾			61-4	6-11 ¾	52-11	
						(789)	(492)	(549)	(621)	(752)	(491)	(314)	(348)	(292)	(650)
Women 50-54															
1	Sluder	Anne	51	USA	5661	15.35	4.25	7.76	1.46	75.30	14.96	18.19	2.33	21.83	6:23.04
							13-11 ½	25-5 ½	4-9 ½			59-8	7-7 ¾	71-7	
						(613)	(612)	(451)	(879)	(492)	(732)	(342)	(488)	(431)	(621)
2	Winterich	Ana	52	USA	3372	17.05	3.44	7.32	NH	86.57	17.59	17.40	2.23	19.19	7:02.78
							11-3 ½	24-0 ¼				57-1	7-3 ¾	62-11	
						(392)	(355)	(418)	(0)	(209)	(424)	(324)	(445)	(369)	(436)
Women 60-64															
1	Scott	Daphne	63	USA	5862	14.67	4.13	7.81	1.25	78.01	17.58	16.27	2.13	15.76	7:59.71
							13-6 ¾	25-7 ½	4-1 ¼			53-4	6-11 ¾	51-8	
						(896)	(759)	(567)	(771)	(628)	(575)	(384)	(533)	(378)	(371)
Women 65-69															
1	Richburg	Ginny	65	USA	5269	16.42	3.30	7.15	1.07	1:32.08	21.14	19.08	2.03	22.60	8:16.67
							10-10	23-5 ½	3-6			62-7	6-7 ¾	74-1	
						(735)	(522)	(574)	(588)	(377)	(321)	(535)	(556)	(666)	(395)
2	Phelps	Jo	65	USA	4130	17.70	3.04	7.17	1.10	1:48.08	19.23	14.85	1.73	17.71	10:31.18
							9-11 ¾	23-6 ¼	3-7 ¼			48-8	5-8	58-1	
						(569)	(421)	(576)	(632)	(95)	(489)	(394)	(396)	(501)	(57)
3	Branch	Nicki	66	USA	3323	18.60	2.73	7.35	1.01	1:52.86	22.66	13.36	1.43	17.70	9:57.64
							8-11 ½	24-1 ½	3-3 ¾			43-10	4-8 ¼	58-1	
						(462)	(312)	(593)	(491)	(44)	(210)	(345)	(251)	(501)	(114)
Women 75-79															
1	Trotto	Mary	77	USA	2650	22.48	1.94	7.03	0.92	2:20.90	34.46	14.50	1.03	13.51	11:00.09
							6-4 ½	23-0 ¾	3-0 ¼			47-7	3-4 ½	44-4	
						(261)	(157)	(578)	(512)	(0)	(0)	(436)	(152)	(431)	(123)
Women 90-94															
1	Meiler	Florence	90	USA	4554	24.23	1.80	5.35	0.92	3:13.66	36.44	11.94	1.23	8.45	14:56.80
							5-11	17-6 ¾	3-0 ¼			39-2	4-0 ½	27-8	
						(518)	(391)	(719)	(855)	(0)	(245)	(630)	(617)	(443)	(136)

2024 USA Masters Men's Decathlon

Charlottesville, VA - 6/22/2024 to 6/23/2024

#	Last Name	First	Age	Ctry	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
Men Open															
1	Leek	Cade	24	USA	3668	12.54	4.89	8.98	1.54	60.29	22.18	31.28	3.50	26.50	6:52.01
							16-0 ½	29-5 ½	5-0 ½			102-7	11-5 ¾	86-11	
						(549)	(361)	(425)	(419)	(403)	(197)	(490)	(482)	(250)	(92)
Men 25-29															
1	Gritzer	Rob	26	USA	5300	11.66	6.28	9.77	1.72	54.95	16.59	25.80	2.90	31.57	4:53.91
							20-7 ¼	32-0 ¾	5-7 ¾			84-7	9-6 ¼	103-7	
						(719)	(648)	(472)	(560)	(601)	(668)	(383)	(333)	(321)	(595)
Men 35-39															
1	Watson II	Terry	39	USA	3987	13.49	5.52	9.05	1.54	62.81	21.88	28.13	3.30	37.26	5:54.67
							18-1 ½	29-8 ¼	5-0 ½			92-3	10-9 ¾	122-3	
						(388)	(529)	(453)	(434)	(357)	(222)	(428)	(441)	(426)	(309)
Men 40-44															
1	Marenin	Roman	41	USA	6689	11.37	6.39	11.02	1.66	51.59	15.18	34.65	2.70	38.91	4:59.86
							20-11 ¾	36-2	5-5 ¼			113-8	8-10 ¼	127-8	
						(861)	(816)	(622)	(593)	(858)	(900)	(569)	(331)	(495)	(644)
2	Layton	Michael	40	USA	5141	12.43	5.09	10.33	1.57	58.45	17.36	24.31	2.60	39.13	5:23.78
							16-8 ½	33-10 ¾	5-1 ¾			79-9	8-6 ¼	128-4	
						(647)	(498)	(575)	(512)	(575)	(657)	(362)	(305)	(499)	(511)
3	Wisnieski	Scott	44	USA	4338	12.78	4.70	10.76	1.60	66.52	20.53	27.72	2.80	41.24	6:35.07
							15-5	35-3 ¾	5-3			90-11	9-2 ¼	135-3	
						(582)	(411)	(605)	(544)	(308)	(371)	(430)	(354)	(533)	(200)
Men 45-49															
1	Knudson	Adam	49	USA	4762	13.11	5.39	10.14	1.57	65.32	19.64	27.81	3.20	29.41	7:50.67
							17-8 ¼	33-3 ¼	5-1 ¾			91-3	10-6	96-6	
						(601)	(641)	(608)	(585)	(408)	(509)	(468)	(517)	(379)	(46)
DNF	McBride	Martin	47	USA		15.68	3.67	8.33	1.51	DNF	DNS	DNS	DNS	DNS	DNS
							12-0 ½	27-4	4-11 ½						
						(225)	(249)	(478)	(528)	(0)	(0)	(0)	(0)	(0)	(0)
Men 50-54															
1	Alderton	Adam	50	USA	6433	12.20	5.55	10.14	1.58	57.12	15.93	30.86	2.70	40.24	5:52.98
							18-2 ½	33-3 ¼	5-2 ¼			101-3	8-10 ¼	132-0	
						(856)	(771)	(589)	(670)	(774)	(802)	(486)	(418)	(581)	(486)
2	Aka-Bashorun	Wale'	53	USA	6377	12.81	5.15	10.36	1.55	59.79	15.58	34.27	2.90	44.33	5:42.67
							16-10 ¾	34-0	5-1			112-5	9-6 ¼	145-5	
						(738)	(659)	(604)	(636)	(670)	(842)	(554)	(482)	(655)	(537)
3	Kappen	Kent	53	USA	5338	13.64	4.36	11.15	1.37	63.75	20.72	32.75	3.80	36.18	5:53.97
							14-3 ¾	36-7	4-6			107-5	12-5 ½	118-8	
						(589)	(453)	(659)	(464)	(528)	(348)	(524)	(784)	(507)	(482)
4	Ness	Jayson	53	USA	4793	13.61	4.43	10.59	1.34	66.04	21.46	34.04	2.90	33.81	6:06.07
							14-6 ½	34-9	4-4 ¾			111-8	9-6 ¼	110-11	
						(593)	(469)	(620)	(441)	(454)	(293)	(550)	(482)	(465)	(426)
5	Alford	Michael	51	USA	4049	13.26	4.64	9.41	1.37	65.41	20.90	25.94	2.40	21.59	7:44.68
							15-2 ¾	30-10 ½	4-6			85-1	7-10 ½	70-10	
						(655)	(523)	(537)	(464)	(474)	(334)	(389)	(331)	(251)	(91)
6	Ekski	Hakan	54	USA	3879	14.04	4.42	9.19	1.37	71.04	21.22	23.66	2.40	30.17	7:01.98
							14-6	30-2	4-6			77-7	7-10 ½	98-11	
						(523)	(467)	(522)	(464)	(308)	(310)	(345)	(331)	(400)	(209)

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Charlottesville, VA - 6/22/2024 to 6/23/2024

#	Last Name	First	Age	Ctry	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
Men 55-59															
1	Hood	David	59	USA	5676	15.03	4.51	10.45	1.46	69.16	19.31	35.41	3.50	33.66	6:05.31
							14-9 ¾	34-3 ½	4-9 ½			116-2	11-5 ¾	110-5	
						(448)	(561)	(665)	(627)	(427)	(541)	(634)	(760)	(518)	(495)
2	Kruelle	Chuck	56	USA	5600	13.80	4.58	8.43	1.46	62.85	20.17	21.34	2.70	39.47	5:25.16
							15-0 ½	27-8	4-9 ½			70-0	8-10 ¼	129-6	
						(641)	(580)	(514)	(627)	(633)	(466)	(333)	(475)	(633)	(698)
3	Ruuska	Jay	57	USA	5020	13.53	4.66	9.00	1.43	65.43	18.18	25.02	2.30	26.29	7:04.63
							15-3 ½	29-6 ½	4-8 ¾			82-1	7-6 ½	86-3	
						(689)	(604)	(556)	(593)	(545)	(646)	(410)	(347)	(374)	(256)
4	Weitz	Keith	56	USA	4917	13.54	4.49	9.29	1.22	65.11	37.87	25.06	3.40	38.24	6:23.5
							14-8 ¾	30-5 ¾	4-0			82-2	11-1 ¾	125-5	
						(687)	(554)	(578)	(389)	(555)	(0)	(410)	(722)	(608)	(414)
5	Faulkner	Lee	55	USA	4074	15.08	4.40	9.90	1.40	73.17	DNF	29.51	2.90	35.49	DNF
							14-5 ¼	32-5 ¾	4-7			96-10	9-6 ¼	116-5	
						(441)	(531)	(624)	(560)	(315)	(0)	(506)	(543)	(554)	(0)
6	Maurer	James	57	USA	4060	14.83	4.38	11.66	1.37	DNF	22.92	35.70	1.90	30.47	7:26.44
							14-4 ½	38-3 ¼	4-6			117-1	6-2 ¾	99-11	
						(476)	(525)	(758)	(528)	(0)	(263)	(640)	(229)	(455)	(186)
7	Duncan	Benjamin	58	USA	3568	15.52	3.93	7.65	1.34	72.26	DNF	28.94	NH	30.26	5:55.73
							12-10 ¾	25-1 ¼	4-4 ¾			94-11		99-3	
						(379)	(405)	(456)	(504)	(339)	(0)	(493)	(0)	(451)	(541)
DNF	Melton	James	56	USA		13.71	4.44	8.29	1.40	1:45.26	DNS	DNS	DNS	DNS	DNS
							14-6 ¾	27-2 ½	4-7						
						(657)	(542)	(503)	(560)	(0)	(0)	(0)	(0)	(0)	(0)
Men 60-64															
1	Kibort	Mark	63	USA	5895	12.99	4.75	10.59	1.36	63.84	19.75	33.81	3.10	23.68	6:51.21
							15-7	34-9	4-5 ½			110-11	10-2	77-8	
						(872)	(718)	(665)	(593)	(674)	(461)	(516)	(693)	(333)	(370)
2	Rikert	Darrell	61	USA	2706	15.71	3.69	7.24	1.21	3:17.33	70.14	23.89	1.70	17.35	7:19.91
							12-1 ¼	23-9	3-11 ½			78-4	5-7	56-11	
						(426)	(405)	(418)	(441)	(0)	(0)	(330)	(208)	(212)	(266)
Men 65-69															
1	Humphrey	Ronald	65	USA	7055	12.76	4.99	9.49	1.42	58.80	16.89	28.09	2.10	25.82	5:52.78
							16-4 ½	31-1 ¾	4-7 ¾			92-2	6-10 ¾	84-8	
						(1001)	(903)	(645)	(749)	(942)	(833)	(459)	(384)	(431)	(708)
2	Pugliese	Anthony	65	USA	5294	15.12	3.92	10.91	1.27	77.13	20.88	37.06	2.00	31.11	6:41.88
							12-10 ½	35-9 ½	4-2			121-7	6-6 ¾	102-0	
						(591)	(542)	(760)	(569)	(345)	(458)	(649)	(350)	(548)	(482)
3	Pfeiffer	Bob	68	USA	4317	15.19	3.62	7.76	1.33	82.45	22.81	27.51	2.40	28.38	8:11.38
							11-10 ½	25-5 ½	4-4 ¼			90-3	7-10 ½	93-1	
						(580)	(451)	(505)	(636)	(223)	(315)	(447)	(498)	(487)	(175)
4	McLawhorn	David	69	USA	3779	15.70	3.87	8.63	1.21	87.16	25.18	25.88	2.40	26.50	DNF
							12-8 ½	28-3 ¾	3-11 ½			84-11	7-10 ½	86-11	
						(506)	(527)	(575)	(504)	(135)	(175)	(414)	(498)	(445)	(0)
5	Szczesiul	Fred	66	USA	3711	16.00	3.61	7.25	1.15	80.68	22.35	21.97	2.10	16.54	7:18.98
							11-10 ¼	23-9 ½	3-9 ¼			72-1	6-10 ¾	54-3	
						(463)	(447)	(465)	(441)	(261)	(347)	(334)	(384)	(231)	(338)
6	Steen	James	65	USA	3206	16.07	3.42	9.54	1.33	DNF	DNF	21.27	1.80	27.83	DNF
							11-2 ¾	31-3 ¾	4-4 ¼			69-9	5-10 ¾	91-3	
						(454)	(392)	(649)	(636)	(0)	(0)	(320)	(280)	(475)	(0)
DNF	De La Puente	Joesph	68	USA		16.82	3.73	8.31	1.15	DNF	DNS	DNS	DNS	DNS	DNS
							12-3	27-3 ¼	3-9 ¼						
						(357)	(483)	(549)	(441)	(0)	(0)	(0)	(0)	(0)	(0)

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Charlottesville, VA - 6/22/2024 to 6/23/2024

#	Last Name	First	Age	Ctry	Points	100	LJ	SP	HJ	400	HH	DT	PV	JT	1500
Men 70-74															
1	Jacquet-Acea	Russell	71	USA	6581	14.14	4.10	8.95	1.33	70.87	13.84	27.86	2.80	29.06	6:59.62
							13-5 ½	29-4 ½	4-4 ¼			91-5	9-2 ¼	95-4	
						(834)	(691)	(586)	(731)	(596)	(857)	(518)	(760)	(518)	(490)
2	Vollmer	Larry	71	USA	5942	14.53	4.35	9.16	1.39	75.64	15.13	23.35	2.80	23.32	8:01.12
							14-3 ¼	30-0 ¾	4-6 ¾			76-7	9-2 ¼	76-6	
						(769)	(781)	(603)	(803)	(456)	(696)	(414)	(760)	(389)	(271)
3	Markley	Anthony	70	USA	5141	14.16	3.98	7.99	1.33	75.37	16.68	22.75	2.00	25.45	8:30.22
							13-0 ¾	26-2 ¾	4-4 ¼			74-7	6-6 ¾	83-6	
						(832)	(648)	(510)	(731)	(463)	(524)	(400)	(408)	(436)	(189)
4	Deitrich	Woody	71	USA	3884	15.18	4.11	7.73	1.24	82.51	20.26	23.46	1.20	19.35	9:23.24
							13-6	25-4 ½	4-0 ¾			76-11	3-11 ¼	63-6	
						(665)	(693)	(490)	(619)	(284)	(217)	(416)	(125)	(301)	(74)
5	Witherspoon	Keith	71	USA	2907	15.73	3.60	8.31	1.33	DNF	DNF	13.84	NH	21.02	DNF
							11-9 ¾	27-3 ¼	4-4 ¼			45-5		68-11	
						(580)	(519)	(536)	(731)	(0)	(0)	(203)	(0)	(338)	(0)
6	Cook	Alan	73	USA	1453	20.53	1.46	8.63	NH	DNF	DNF	24.23	NH	22.81	DNF
							4-9 ½	28-3 ¾				79-6		74-10	
						(78)	(3)	(561)	(0)	(0)	(0)	(434)	(0)	(377)	(0)
Men 75-79															
1	Howard	Kent	75	USA	4232	18.20	2.99	8.83	1.15	89.80	22.84	31.08	1.50	24.87	7:31.85
							9-9 ¾	28-11 ¾	3-9 ¼			101-11	4-11	81-7	
						(340)	(392)	(649)	(585)	(211)	(146)	(686)	(268)	(502)	(453)
2	Miller	Bryan	77	USA	3739	18.12	2.92	10.17	1.12	1:48.72	20.31	23.41	1.70	25.65	10:10.13
							9-7	33-4 ½	3-8			76-9	5-7	84-2	
						(348)	(369)	(766)	(544)	(1)	(308)	(482)	(350)	(522)	(49)
Men 80-84															
1	Zukas	Robert	80	USA	3928	19.47	2.75	8.31	1.12	1:50.11	22.26	22.31	1.60	28.55	9:30.37
							9-0 ¼	27-3 ¼	3-8			73-2	5-3	93-8	
						(278)	(396)	(578)	(636)	(30)	(281)	(538)	(374)	(626)	(191)
2	Rowan	Terry	83	USA	3550	17.96	3.03	6.69	1.03	1:37.93	19.96	18.77	1.50	14.97	DNF
							9-11 ¼	21-11 ½	3-4 ½			61-7	4-11	49-1	
						(443)	(498)	(443)	(512)	(176)	(455)	(432)	(326)	(265)	(0)
DNF	Gallagher	Jack Ray	83	USA		34.82	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
						(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)