

Men 19-34 100 Meter Dash

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=====
19-34 MN All: $ 10.02 6/23/1990 Leroy Burrell (w)
19-34 O - M: @ 10.58 6/8/2003 Daniel Tutskey, Past Prime Track Club
19-34 Summer: # 10.23 6/21/2003 Tyrone Minor, Performance Athletics
Name Age Team Seed Finals H#
=====
Finals
1 Paul Akintade 28 30-Unattache 11.42 4
2 Anthony Carter 23 40-Unattache 11.70 1
3 Nino Morris 19 30-Unattache 12.25 1
    
```

Women 19-34 100 Meter Dash

```

=====
19-34 MN All: $ 11.48 1990 Carlette Guidry
19-34 O - M: @ 12.21 6/29/2024 Sarah Stellmach, 30-Unattache
19-34 Summer: # 11.66 7/12/2002 Tahesia Harrigan, Team Wilson
Name Age Team Seed Finals H#
=====
1 Sarah Stellmach 22 30-Unattache 12.35 12.21@ 1
2 Ava Wolfe 19 30-Unattache 12.60 12.93 1
3 Erika Cortese 25 30-Unattache 15.04 14.35 3
    
```

Men 35-39 100 Meter Dash

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=====
35-39 MN All: $ 11.04 7/11/2017 Starr Roberts, Unattached
35-39 O - M: @ 11.31 6/9/2019 Sardanya Roberts Jr., Unattached
35-39 Summer: # 11.04 7/11/2017 Starr Roberts, Unattached
Name Age Team Seed Finals H#
=====
1 Matthew Fleigle 36 Fleigle's Fl 16.10 4
    
```

Women 35-39 100 Meter Dash

```

=====
35-39 MN All: $ 12.34 6/12/2022 Amanda O'Connor, 30-Unattache
35-39 O - M: @ 12.38 6/29/2024 Amanda O'Connor, 30-Unattache
35-39 Summer: # 12.34 6/12/2022 Amanda O'Connor, 30-Unattache
Name Age Team Seed Finals
=====
1 Amanda O'Connor 39 30-Unattache 12.35 12.38@
    
```

Women 40-44 100 Meter Dash

```

=====
40-44 MN All: $ 13.40 7/11/2007 JoeAnn Jackson-Matthews, Unattached
40-44 O - M: @ 13.44 6/14/2003 JoeAnn Jackson-Matthews
40-44 Summer: # 13.40 7/11/2007 JoeAnn Jackson-Matthews, Unattached
Name Age Team Seed Finals H#
=====
-- Inga McIntyre 44 45-Unattache 12.90 DNS 2
    
```

Men 40-44 100 Meter Dash

```

=====
40-44 MN All: $ 11.17 5/31/2009 John Patterson, Woodbury AA
40-44 O - M: @ 11.51 6/29/2024 Brian Banks, Dayton Wolve
40-44 Summer: # 11.17 5/31/2009 John Patterson, Woodbury AA
Name Age Team Seed Finals H#
=====
1 Brian Banks 41 Dayton Wolve 11.50 11.51@ 1
    
```

2	Frank Safranski	43	21-Unattache	12.31	12.13	1
3	Anton Jones	44	30-Unattache	12.67	12.44	2
4	Nick Casillas	40	Jesup Track	12.48	13.04	1
5	Ryan Owen	44	20-Unattache	12.84	13.58	2

Men 45-49 100 Meter Dash

=====

45-49 MN All: \$ 11.63 1990 Lloyd Cordner  
 45-49 O - M: @ 11.63 1990 Lloyd Cordner  
 45-49 Summer: # 11.73 6/12/2022 Peter Haack, 02-Unattache

Name	Age	Team	Seed	Finals
1 Peter Haack	49	02-Unattache	11.67	11.76

=====

Women 50-54 100 Meter Dash

=====

50-54 MN All: \$ 13.92 2015 Sue McCarthy, Maine  
 50-54 O - M: @ 14.05 6/7/2015 JoeAnn Jackson-Matthews, Unattached  
 50-54 Summer: # 14.21 7/30/2013 JoeAnn Jackson-Matthews, Eagles Wings

Name	Age	Team	Seed	Finals	H#
1 Betsy Murray	54	02-Unattache	15.61	15.99	3

=====

Men 55-59 100 Meter Dash

=====

55-59 MN All: \$ 12.20 2015 Don McGee, Maryland  
 55-59 O - M: @ 11.93 6/7/2015 Michael Fitzgerald, Unattached  
 55-59 Summer: # 12.47 6/30/2015 Dale Berry, Unattached

Name	Age	Team	Seed	Finals	H#
1 Brian Mosley Sr	55	33-Unattache	12.65	12.63	2

=====

Women 55-59 100 Meter Dash

=====

55-59 MN All: \$ 14.23 6/9/2019 JoeAnn Jackson-Matthews, Unattached  
 55-59 O - M: @ 14.23 6/9/2019 JoeAnn Jackson-Matthews, Unattached  
 55-59 Summer: # 14.63 6/25/2024 Jacqui Kirk, 02-Unattache

Name	Age	Team	Seed	Finals	H#
1 Jacqui Kirk	58	02-Unattache	14.41	14.34#	2
-- Emmanuelle Mcgowan	56	23-Unattache	13.44	DNS	2

=====

Women 60-64 100 Meter Dash

=====

60-64 MN All: \$ 15.29 6/29/2024 JoeAnn Jackson-Matthews, 30-Unattache  
 60-64 O - M: @ 15.29 6/29/2024 JoeAnn Jackson-Matthews, 30-Unattache  
 60-64 Summer: # 15.71 7/18/2023 JoeAnn Jackson-Matthews, Eagles Wings

Name	Age	Team	Seed	Finals	H#
1 JoeAnn Jackson-Matthews	61	30-Unattache	15.83	15.29\$	3
2 Laura Nettland	63	29-Unattache	22.13	27.46	3

=====

Men 60-64 100 Meter Dash

=====

60-64 MN All: \$ 11.91 2015 Oscar Peyton, Maryland  
 60-64 O - M: @ 13.34 6/7/2015 Jim Schoffman, Mass Velocity TC  
 60-64 Summer: # 13.49 7/11/2007 Paul Montgomery, Unattached

Name	Age	Team	Seed	Finals	H#
1 Tom Harding	62	30-Unattache	14.00	15.77	2
-- Jeffrey Stamp	64	30-Unattache	13.00	DNS	2

=====

Women 65-69 100 Meter Dash

=====

65-69 MN All: \$ 15.20 2015 Brenda matthews, California

65-69 0 - M: @ 16.50 6/24/2023 Susan Loyd, 02-Unattache  
 65-69 Summer: # 16.61 6/27/2023 Susan Loyd, 02-Unattache

Name	Age	Team	Seed	Finals	H#
1 Susan Loyd	66	02-Unattache	16.37	17.02	3

Men 65-69 100 Meter Dash

65-69 MN All: \$ 12.91 2015 N.Z. Bryant, Michigan  
 65-69 0 - M: @ 13.67 6/20/2021 Donald Tarasewicz, 30-Unattache  
 65-69 Summer: # 13.46 6/12/2022 Donald Tarasewicz, 30-Unattache

Name	Age	Team	Seed	Finals	H#
1 Donald Tarasewicz	69	30-Unattache	14.10	14.14	2

Men 70-74 100 Meter Dash

70-74 MN All: \$ 12.94 2015 Kenton Brown, Texas  
 70-74 0 - M: @ 13.89 6/10/2012 J Thomas Johnson, Team Ohio Track Club  
 70-74 Summer: # 14.95 6/20/2021 Arland Braaten-Lee, 30-Unattache

Name	Age	Team	Seed	Finals	H#
1 Ernie Snodgrass	71	22-Unattache	15.97	15.27	3
-- Kevin Wand	73	30-Unattache		DNS	3

Men 75-79 100 Meter Dash

75-79 MN All: \$ 14.26 2015 Robert Lida, Kansas  
 75-79 0 - M: @ 15.27 6/8/2014 Sherwood Sagedahl, Unattached  
 75-79 Summer: # 15.66 7/20/2021 Paul Montgomery, 30-Unattache

Name	Age	Team	Seed	Finals	H#
1 Arland Braaten-Lee	75	30-Unattache	15.82	15.59#	3
2 Paul Montgomery	78	30-Unattache		17.45	4
3 James Skoog	76	30-Unattache		18.90	3

Men 80-84 100 Meter Dash

80-84 MN All: \$ 14.71 2015 Bobby Whilden, Texas  
 80-84 0 - M: @ 18.06 6/10/2007 John Buursema, Unattached  
 80-84 Summer: # 20.89 8/2/2022 Clark Worthinton, 30-Unattache

Name	Age	Team	Seed	Finals	H#
-- Michael Burns	81	30-Unattache		DNS	4

Men 90-94 100 Meter Dash

90-94 MN All: \$ 18.73 2014 Melvin Larsen, Iowa  
 90-94 0 - M: @ 20.63 6/10/2012 Ralph Maxwel, Unattached

Name	Age	Team	Seed	Finals	H#
1 Alan Phillips	90	30-Unattache		21.24	4

Men 19-34 200 Meter Dash

19-34 MN All: \$ 20.56 6/23/1990 Floyd Heard  
 19-34 0 - M: @ 21.18 6/8/2008 Starrdanya Roberts, Unattached  
 19-34 Summer: # 20.74 6/12/2002 Renward Wells, Team Wilson

Name	Age	Team	Seed	Finals
1 Aaron Stockstell	34	40-Unattache	23.50	23.51
2 Nino Morris	19	30-Unattache	24.25	24.30
3 Anthony Carter	23	40-Unattache	24.60	25.01

Women 19-34 200 Meter Dash

```

=====
19-34 MN All: $ 22.19 1990      Dannette Young
19-34 O - M: @ 24.67 6/29/2024 Sarah Stellmach, 30-Unattache
19-34 Summer: # 25.46 6/19/2024 Sarah Stellmach, 30-Unattache
Name                Age Team                Seed    Finals  H#
=====
1 Sarah Stellmach   22 30-Unattache         25.46   24.67@  1
2 Makayla Thompson 19 29-Unattache         26.00   26.37   2
3 Ava Wolfe        19 30-Unattache         26.03   26.63   2
4 Erika Cortese    25 30-Unattache         31.42   31.38   3

```

Men 35-39 200 Meter Dash

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=====
35-39 MN All: $ 22.04 6/9/2019  Sardanya Roberts Jr., Unattached
35-39 O - M: @ 22.04 6/9/2019  Sardanya Roberts Jr., Unattached
35-39 Summer: # 22.13 7/11/2017 Starr Roberts, Unattached
Name                Age Team                Seed    Finals
=====
-- Tyler Sherden   39 30-Unattache         24.45   DNS

```

Women 35-39 200 Meter Dash

```

=====
35-39 MN All: $ 25.25 6/29/2024 Amanda O'Connor, 30-Unattache
35-39 O - M: @ 25.25 6/29/2024 Amanda O'Connor, 30-Unattache
35-39 Summer: # 25.95 6/19/2024 Amanda O'Connor, 30-Unattache
Name                Age Team                Seed    Finals  H#
=====
1 Amanda O'Connor  39 30-Unattache         26.01   25.25$  2
2 Christina Elder  36 29-Unattache         26.90   26.74   2

```

Women 40-44 200 Meter Dash

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=====
40-44 MN All: $ 28.83 2003      JoeAnn Jackson, Unattached
40-44 O - M: @ 28.83 2003      JoeAnn Jackson, Unattached
40-44 Summer: # 29.45 7/11/2007 JoeAnn Jackson-Matthews, Hospitality House
Name                Age Team                Seed    Finals  H#
=====
-- Inga McIntyre   44 45-Unattache         26.77   DNS    2

```

Men 40-44 200 Meter Dash

```

=====
40-44 MN All: $ 22.70 6/29/2024 Roman Marenin, 38-Unattache
40-44 O - M: @ 22.70 6/29/2024 Roman Marenin, 38-Unattache
40-44 Summer: # 22.91 7/30/2019 Starr Roberts, Unattached
Name                Age Team                Seed    Finals  H#
=====
1 Roman Marenin    41 38-Unattache         22.92   22.70$  1
2 Brian Banks      41 Dayton Wolfe         24.90   23.36   1
3 Anton Jones      44 30-Unattache         25.76   25.46   1
4 Frank Safranski  43 21-Unattache         26.36   25.96   2

```

Men 45-49 200 Meter Dash

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=====
45-49 MN All: $ 23.52 6/20/2021 Peter Haack, 30-Unattache
45-49 O - M: @ 23.82 6/29/2024 Peter Haack, 02-Unattache
45-49 Summer: # 23.52 6/20/2021 Peter Haack, 30-Unattache
Name                Age Team                Seed    Finals
=====
1 Peter Haack      49 02-Unattache         23.79   23.82@

```

Men 50-54 200 Meter Dash

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=====
50-54 MN All: $ 23.54 2015      Francois Boda, Oklahoma
50-54 O - M: @ 24.93 6/12/2011 Dale Berry, Unattached
50-54 Summer: # 24.58 7/30/2013 Michael Fitzgerald, Unattached

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Name	Age	Team	Seed	Finals	H#
1 James Kimani	54	30-Unattache		29.53	4

Women 50-54 200 Meter Dash

50-54 MN All: \$	28.32	2015	Sue McCarthy, Maine		
50-54 O - M: @	30.60	6/7/2015	JoeAnn Jackson-Matthews, Unattached		
50-54 Summer: #	30.01	7/30/2013	JoeAnn Jackson-Matthews, Eagles Wings		

Name	Age	Team	Seed	Finals	H#
1 Betsy Murray	54	02-Unattache	32.60	33.80	3

Men 55-59 200 Meter Dash

55-59 MN All: \$	24.14	2015	Don McGee, Maryland		
55-59 O - M: @	24.84	6/7/2015	Michael Fitzgerald, Unattached		
55-59 Summer: #	26.49	7/7/2002	Paul Montgomery, Sprint-For-It		

Name	Age	Team	Seed	Finals	H#
1 Brian Mosley Sr	55	33-Unattache	26.60	48.76	2

Women 55-59 200 Meter Dash

55-59 MN All: \$	29.77	6/9/2019	JoeAnn Jackson-Matthews, Unattached		
55-59 O - M: @	29.77	6/9/2019	JoeAnn Jackson-Matthews, Unattached		
55-59 Summer: #	30.91	6/25/2024	Jacqui Kirk, 02-Unattache		

Name	Age	Team	Seed	Finals	H#
1 Jacqui Kirk	58	02-Unattache	30.91	29.96#	3
-- Emmanuelle McGowan	56	23-Unattache	27.21	DNS	2

Men 60-64 200 Meter Dash

60-64 MN All: \$	24.58	2015	Oscar Peyton, Maryland		
60-64 O - M: @	27.63	6/9/2019	Donald Tarasewicz, Unattached		
60-64 Summer: #	27.57	6/18/2013	Jim Schoffman, Unattached		

Name	Age	Team	Seed	Finals	H#
1 Tom Harding	62	30-Unattache	28.00	33.88	2
-- Jeffrey Stamp	64	30-Unattache	30.00	DNS	3

Women 60-64 200 Meter Dash

60-64 MN All: \$	32.37	2015	Loretta Woodward, Georgia		
60-64 O - M: @	33.31	6/9/2019	Susan Loyd, Unattached		
60-64 Summer: #	33.75	8/1/2023	JoeAnn Jackson-Matthews, Eagles Wings		

Name	Age	Team	Seed	Finals	H#
1 JoeAnn Jackson-Matthews	61	30-Unattache	34.01	33.37#	4

Men 65-69 200 Meter Dash

65-69 MN All: \$	26.62	2015	N.Z. Bryant, Michigan		
65-69 O - M: @	27.72	6/20/2021	Donald Tarasewicz, 30-Unattache		
65-69 Summer: #	28.74	7/13/2021	Donald Tarasewicz, 30-Unattache		

Name	Age	Team	Seed	Finals	H#
1 Donald Tarasewicz	69	30-Unattache	30.10	29.21	3
2 Dave McNair	68	33-Unattache	29.00	32.07	3
3 Marc Sutton	66	30-Unattache	34.00	33.09	4

Women 65-69 200 Meter Dash

65-69 MN All: \$	33.66	2015	Brenda Matthews, California		
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65-69 0 - M: @ 33.97 6/24/2023 Susan Loyd, 02-Unattache  
65-69 Summer: # 34.08 6/27/2023 Susan Loyd, 02-Unattache

Name	Age	Team	Seed	Finals	H#
1 Leandra Funk	68	16-Unattache	33.28	34.31	3
-- Susan Loyd	66	02-Unattache	33.28	DNS	3

Men 70-74 200 Meter Dash

70-74 MN All: \$ 27.40 2015 Kenton Brown, Texas  
70-74 0 - M: @ 29.44 6/10/2012 J Thomas Johnson, Team Ohio Track Club  
70-74 Summer: # 31.20 6/9/2019 Arland Braaten-Lee, Unattached

Name	Age	Team	Seed	Finals	H#
1 Shawn Regan	74	30-Unattache	34.00	33.30	4
-- Kevin Wand	73	30-Unattache		DNS	5
-- Ernie Snodgrass	71	22-Unattache	33.66	DNS	4

Men 75-79 200 Meter Dash

75-79 MN All: \$ 29.18 2015 Robert Lida, Kansas  
75-79 0 - M: @ 31.57 6/8/2014 Sherwood Sagedahl, Unattached

Name	Age	Team	Seed	Finals	H#
1 Arland Braaten-Lee	75	30-Unattache	33.40	33.51	3
2 Paul Montgomery	78	30-Unattache		38.23	5
3 James Skoog	76	30-Unattache		40.30	5

Men 80-84 200 Meter Dash

80-84 MN All: \$ 35.93 2015 Robert Conzemius, Iowa  
80-84 0 - M: @ 39.31 6/10/2007 John Buursema, Unattached

Name	Age	Team	Seed	Finals	H#
1 Tom Kirkwood	80	40-Unattache	45.66	48.34	4

Men 90-94 200 Meter Dash

90-94 MN All: \$ 43.21 2015 Curt Davison, Missouri  
90-94 0 - M: @ 46.40 6/29/2024 Alan Phillips, 30-Unattache

Name	Age	Team	Seed	Finals	H#
1 Alan Phillips	90	30-Unattache		46.40@	4

Men 19-34 400 Meter Dash

19-34 MN All: \$ 44.58 6/23/1990 Michael Johnson  
19-34 0 - M: @ 46.74 6/11/2003 Andrew Rock, U-W La Crosse  
19-34 Summer: # 47.69 7/6/2003 Jamey Sperle, Dakota Wesleyan Univeris

Name	Age	Team	Seed	Finals
1 Aaron Stockstell	34	40-Unattache	52.20	51.89
-- Anthony Carter	23	40-Unattache	58.00	DNS

Women 19-34 400 Meter Dash

19-34 MN All: \$ 51.76 1990 Jearl Miles  
19-34 0 - M: @ 55.14 1990 Carolyn Ross (hand timed)  
19-34 Summer: # 55.14 6/18/1990 Nikole Nelson, U of Northern Iowa

Name	Age	Team	Seed	Finals	H#
1 Kayleigh Volkman	19	20-Unattache	1:13.00	1:21.04	2

Men 35-39 400 Meter Dash

35-39 MN All: \$ 48.78 6/10/2012 Antwon Dussett, Unattached  
35-39 O - M: @ 48.78 6/10/2012 Antwon Dussett, Unattached  
35-39 Summer: # 51.53 7/11/2023 Tyler Sherden, 30-Unattache

Name	Age	Team	Seed	Finals
1 Tyler Sherden	39	30-Unattache	51.84	52.33
2 Mike Laninga	39	30-Unattache	53.82	53.05

Women 35-39 400 Meter Dash

35-39 MN All: \$ 59.73 6/29/2024 Christina Elder, 29-Unattache  
35-39 O - M: @ 59.73 6/29/2024 Christina Elder, 29-Unattache  
35-39 Summer: # 1:19.14 6/14/2000 Reva Fred, Killer Beez

Name	Age	Team	Seed	Finals
1 Christina Elder	36	29-Unattache	59.05	59.73\$

Men 40-44 400 Meter Dash

40-44 MN All: \$ 51.55 6/8/2009 Marek Wensel, Fibo TC  
40-44 O - M: @ 51.55 6/8/2009 Marek Wensel, Fibo TC  
40-44 Summer: # 54.95 8/3/2021 Francis Shen, 30-Unattache

Name	Age	Team	Seed	Finals
1 Anton Jones	44	30-Unattache	58.13	58.28

Men 45-49 400 Meter Dash

45-49 MN All: \$ 52.28 6/8/2014 Marek Wensel, Southwest Sprint  
45-49 O - M: @ 52.28 6/8/2014 Marek Wensel, Southwest Sprint  
45-49 Summer: # 54.24 6/12/2022 Peter Haack, 02-Unattache

Name	Age	Team	Seed	Finals
1 Peter Haack	49	02-Unattache	54.33	54.40
2 TJ Rice	48	30-Unattache	55.56	57.00

Women 50-54 400 Meter Dash

50-54 MN All: \$ 1:06.23 2015 Sue McCarthy, Maine  
50-54 O - M: @ 1:09.06 6/13/2010 Tweety Wolf, Unattached  
50-54 Summer: # 1:09.02 6/20/2021 Betsy Murray, 02-Unattache

Name	Age	Team	Seed	Finals	H#
1 Betsy Murray	54	02-Unattache	1:11.23	1:16.33	2
-- Kristy Matthews	51	33-Unattache	1:00.00	DNS	1

Men 55-59 400 Meter Dash

55-59 MN All: \$ 57.46 2015 Michael Fitzgerald, Iowa  
55-59 O - M: @ 58.66 6/8/2009 Jim Schoffman, Unattached  
55-59 Summer: # 57.63 6/28/2011 Jim Schoffman, Unattached

Name	Age	Team	Seed	Finals	H#
1 Brian Mosley Sr	55	33-Unattache	1:05.00	1:11.69	2

Women 55-59 400 Meter Dash

55-59 MN All: \$ 1:08.67 2015 Vicki Fox, New York  
55-59 O - M: @ 1:13.79 6/9/2013 Susan Loyd, Mass Velocity Track Club  
55-59 Summer: # 1:12.25 6/25/2013 Susan Loyd, Unattached

Name	Age	Team	Seed	Finals	H#
-- Emmanuelle McGowan	56	23-Unattache	1:03.47	DNS	2

Men 60-64 400 Meter Dash

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=====
60-64 MN All: $ 58.03 8/3/2021 Michael Fitzgerald, 40-Unattache
60-64 O - M: @ 1:02.23 6/7/2015 Jim Schoffman, Mass Velocity TC
60-64 Summer: # 58.03 8/3/2021 Michael Fitzgerald, 40-Unattache
Name Age Team Seed Finals H#
=====
-- Jeffrey Stamp 64 30-Unattache 1:03.00 DNS 2

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Men 65-69 400 Meter Dash

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=====
65-69 MN All: $ 1:03.50 2015 John Aiken, Pennsylvania
65-69 O - M: @ 1:04.05 6/10/2018 Jim Schoffman, Mass Velocity TC
65-69 Summer: # 1:03.70 6/26/2018 Jim Schoffman, 02-Unattache
Name Age Team Seed Finals H#
=====
1 Marc Sutton 66 30-Unattache 1:14.00 1:16.37 2

```

Women 65-69 400 Meter Dash

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=====
65-69 MN All: $ 1:17.12 6/24/2023 Susan Loyd, 02-Unattache
65-69 O - M: @ 1:16.58 2023 Susan Loyd, 02-Unattache
65-69 Summer: # 1:17.86 7/11/2023 Susan Loyd, 02-Unattache
Name Age Team Seed Finals H#
=====
1 Leandra Funk 68 16-Unattache 1:16.14 1:17.91 2
2 Susan Loyd 66 02-Unattache 1:15.21 1:20.71 2
3 Tracey Bennett 68 32-Unattache 1:23.15 1:26.59 3
-- Lesley Hinz 66 45-Unattache 1:16.81 DNS 2

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Men 70-74 400 Meter Dash

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=====
70-74 MN All: $ 1:07.61 2015 Tom Johnson, Ohio
70-74 O - M: @ 1:07.64 1983 Gilberto Gonzales
70-74 Summer: # 1:09.80 6/25/2019 Arland Braaten-Lee, Unattached
Name Age Team Seed Finals H#
=====
-- Kevin Wand 73 30-Unattache DNS 3

```

Men 75-79 400 Meter Dash

```

=====
75-79 MN All: $ 1:08.25 2015 Dean Lundell, Colorado
75-79 O - M: @ 1:10.23 6/8/2014 Sherwood Sagedahl, Unattached
75-79 Summer: # 1:46.23 7/18/2017 Don Wright, Unattached
Name Age Team Seed Finals H#
=====
1 James Skoog 76 30-Unattache 1:59.41 3

```

Men 80-84 400 Meter Dash

```

=====
80-84 MN All: $ 1:23.07 2015 Frank Haviland, New Jersey
80-84 O - M: @ 1:37.96 6/12/2016 Alan Phillips, St Cloud Riv
Name Age Team Seed Finals H#
=====
1 Tom Kirkwood 80 40-Unattache 1:51.15 3

```

Men 90-94 400 Meter Dash

```

=====
90-94 MN All: $ 2:00.36 6/29/2024 Alan Phillips, 30-Unattache
90-94 O - M: @ 2:00.36 6/29/2024 Alan Phillips, 30-Unattache
Name Age Team Seed Finals H#
=====
1 Alan Phillips 90 30-Unattache 2:00.36$ 3

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Men 19-34 800 Meter Run

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19-34 MN All: \$ 1:47.66 6/23/1990 Johnny Gray  
 19-34 O - M: @ 1:49.55 6/9/2002 Timothy Dunne, Missouri  
 19-34 Summer: # 1:49.18 6/13/2001 Andrew Negebauer, Unattached

Name	Age	Team	Seed	Finals
1 Daniel Peters	33	30-Unattache	2:20.00	2:25.69

Men 35-39 800 Meter Run

35-39 MN All: \$ 2:03.71 6/9/2019 Jeff Burkart, Unattached  
 35-39 O - M: @ 2:03.71 6/9/2019 Jeff Burkart, Unattached  
 35-39 Summer: # 2:04.25 6/21/2000 Jeff Streich, Waseca Area RC

Name	Age	Team	Seed	Finals	H#
-- Christopher Tabisz	37	30-Unattache	3:00.00	DNS	2
-- Benjamin Drexler	36	30-Unattache	2:20.00	DNS	1

Women 40-44 800 Meter Run

40-44 MN All: \$ 2:31.11 6/29/2024 Heather Davel Langreck, 20-Unattache  
 40-44 O - M: @ 2:31.11 6/29/2024 Heather Davel Langreck, 20-Unattache  
 40-44 Summer: # 2:39.66 7/30/2013 Betsy Murray, Unattached

Name	Age	Team	Seed	Finals
1 Heather Davel Langreck	43	20-Unattache	2:34.00	2:31.11\$

Men 45-49 800 Meter Run

45-49 MN All: \$ 2:07.82 6/12/2016 Lance Elliott, Twin Cities  
 45-49 O - M: @ 2:07.82 6/12/2016 Lance Elliott, Twin Cities  
 45-49 Summer: # 2:10.43 6/20/2017 Ken Cooper, Unattached

Name	Age	Team	Seed	Finals	H#
1 Dominic Andrea	49	30-Unattache	2:25.00	2:31.87	1
-- Nene Reed	45	10-Unattache	3:15.00	DNS	2

Women 50-54 800 Meter Run

50-54 MN All: \$ 2:27.65 6/29/2024 Kristy Matthews, 33-Unattache  
 50-54 O - M: @ 2:27.65 6/29/2024 Kristy Matthews, 33-Unattache  
 50-54 Summer: # 2:43.06 6/22/2010 Tweety Wolf, Unattached

Name	Age	Team	Seed	Finals
1 Kristy Matthews	51	33-Unattache	2:38.00	2:27.65\$

Men 55-59 800 Meter Run

55-59 MN All: \$ 2:14.58 2015 Thomas Cawley, New Jersey  
 55-59 O - M: @ 2:18.32 6/1/1997 Rick Kleyman, Unattached  
 55-59 Summer: # 2:17.93 7/27/2010 Jim Schoffman, Unattached

Name	Age	Team	Seed	Finals
1 Todd Straka	57	32-Unattache	2:20.00	2:19.55

Women 55-59 800 Meter Run

55-59 MN All: \$ 2:45.46 2015 Susan Rollins, Tennessee  
 55-59 O - M: @ 3:01.94 6/9/2019 Teresa Foushee, Unattached  
 55-59 Summer: # 2:54.71 6/19/2002 Molly Toliuss, Killer Beez

Name	Age	Team	Seed	Finals	H#
-- Carolyn Roehrich	57	Gys Track CL	3:45.00	DNS	2

Men 65-69 800 Meter Run

65-69 MN All: \$ 2:27.74 1990 Lloyd Young  
 65-69 O - M: @ 2:27.74 1990 Lloyd Young  
 65-69 Summer: # 2:31.14 7/20/2005 Rick Kleyman, Unattached

Name	Age	Team	Seed	Finals	H#
1 John Hayes	65	30-Unattache	2:40.00	2:42.73	1
2 Jeffrey Strong	68	20-Unattache	2:34.00	2:48.84	1
3 Dylan McFarland	69	30-Unattache	3:38.00	3:17.96	2

Women 65-69 800 Meter Run

65-69 MN All: \$ 3:01.44 2023 Susan Loyd, 02-Unattache  
 65-69 O - M: @ 3:45.85 6/9/2019 Barb Leininger, Mill City Runnin  
 65-69 Summer: # 3:05.11 6/27/2023 Susan Loyd, 02-Unattache

Name	Age	Team	Seed	Finals	H#
-- Susan Loyd	66	02-Unattache	3:07.10	DNS	2
-- Tracey Bennett	68	32-Unattache	3:07.61	DNS	2
-- Lesley Hinz	66	45-Unattache	2:54.14	DNS	1

Men 70-74 800 Meter Run

70-74 MN All: \$ 2:43.03 6/22/2010 Rick Kleyman, Unattached  
 70-74 O - M: @ 2:50.24 1982 Bill Andberg  
 70-74 Summer: # 2:43.03 6/22/2010 Rick Kleyman, Unattached

Name	Age	Team	Seed	Finals	H#
-- Robin Ammon	70	52-Unattache	4:30.00	DNS	2

Men 75-79 800 Meter Run

75-79 MN All: \$ 2:49.29 2014 Sherwood Sagedahl, Unattached  
 75-79 O - M: @ 3:26.16 7/24/1994 Emil Balz  
 75-79 Summer: # 2:57.09 7/29/2014 Sherwood Sagedahl, Unattached

Name	Age	Team	Seed	Finals	H#
1 James Skoog	76	30-Unattache		5:46.50	2

Men 80-84 800 Meter Run

80-84 MN All: \$ 3:22.85 2015 Frank Haviland, New Jersey  
 80-84 O - M: @ 3:46.27 7/25/1993 William Andberg

Name	Age	Team	Seed	Finals	H#
1 Tom Kirkwood	80	40-Unattache	4:32.11	4:29.33	2

Men 19-34 1500 Meter Run

19-34 MN All: \$ 3:41.92 6/30/2004 Martin Robeck, U of Minnesota  
 19-34 O - M: @ 3:53.58 1989 Robert Miller  
 19-34 Summer: # 3:41.92 6/30/2004 Martin Robeck, U of Minnesota

Name	Age	Team	Seed	Finals
1 Daniel Docherty	34	El Jefe Runn	4:10.00	4:24.62
2 Daniel Peters	33	30-Unattache	4:40.00	4:53.34

Men 35-39 1500 Meter Run

35-39 MN All: \$ 4:10.14 1991 Dan Morse  
 35-39 O - M: @ 4:10.14 1991 Dan Morse  
 35-39 Summer: # 4:54.48 7/25/2009 Luke Petterson, Unattached

Name	Age	Team	Seed	Finals
1 Benjamin Drexler	36	30-Unattache	4:40.00	4:43.63#

Women 35-39 1500 Meter Run

```

=====
35-39 MN All: $ 4:52.58 6/10/2018 Melissa Burkart, Run 'N' Fun
35-39 O - M: @ 4:52.58 6/10/2018 Melissa Burkart, Run 'N' Fun
35-39 Summer: # 8:09.67 6/22/2010 Gretchen Hinchley
Name Age Team Seed Finals H#
=====
1 charmayne Yazzie 38 Gys Track CL 6:30.00 6:20.25# 2
    
```

Women 40-44 1500 Meter Run

```

=====
40-44 MN All: $ 4:54.55 6/24/2023 April Lund, GYS TRACK CL
40-44 O - M: @ 4:54.55 6/24/2023 April Lund, GYS TRACK CL
Name Age Team Seed Finals
=====
1 April Lund 41 Gys Track CL 4:40.00 4:56.23
2 Heather Davel Langreck 43 20-Unattache 5:05.00 5:06.41
    
```

Men 45-49 1500 Meter Run

```

=====
45-49 MN All: $ 4:29.20 6/24/2023 Patrick Russell, 30-Unattache
45-49 O - M: @ 4:29.20 6/24/2023 Patrick Russell, 30-Unattache
45-49 Summer: # 4:33.41 6/25/2013 Brian Lundberg, Twin Cities
Name Age Team Seed Finals
=====
1 Dominic Andrea 49 30-Unattache 5:05.00 5:11.01
-- Nene Reed 45 10-Unattache 5:59.11 DNS
    
```

Women 45-49 1500 Meter Run

```

=====
45-49 MN All: $ 5:23.10 6/7/2015 Kara Parker, Run MN
45-49 O - M: @ 5:23.10 6/7/2015 Kara Parker, Run MN
Name Age Team Seed Finals H#
=====
1 Keren Gudeman 48 30-Unattache 5:45.00 5:37.46 1
2 Suzie Darnell 49 30-Unattache 6:42.00 6:14.17 2
    
```

Women 50-54 1500 Meter Run

```

=====
50-54 MN All: $ 5:21.40 2015 Christine Vincent, Michigan
50-54 O - M: @ 6:03.15 6/9/2019 Bonnie Sons, Run N Fun
50-54 Summer: # 5:48.56 6/22/2010 Kathy Haubrich, Unattached
Name Age Team Seed Finals H#
=====
1 Susie Sikorski 50 30-Unattache 6:00.00 6:32.04 2
    
```

Men 55-59 1500 Meter Run

```

=====
55-59 MN All: $ 4:37.33 2015 Derry Trampe, Nebraska
55-59 O - M: @ 4:44.03 7/24/1994 Dan Conway
Name Age Team Seed Finals
=====
1 Todd Straka 57 32-Unattache 4:40.00 4:45.33
    
```

Men 60-64 1500 Meter Run

```

=====
60-64 MN All: $ 4:55.01 6/20/2021 Rob Class, Run MN
60-64 O - M: @ 4:55.01 6/20/2021 Rob Class, Run MN
60-64 Summer: # 5:35.58 6/22/2010 Shawn Regan, Unattached
Name Age Team Seed Finals
=====
1 Gerald Werven 62 30-Unattache 5:16.00 5:23.98#
    
```

Men 65-69 1500 Meter Run

=====

65-69 MN All: \$ 5:13.12 6/13/2004 Thom Weddle, Run N Fun  
 65-69 O - M: @ 5:13.12 6/13/2004 Thom Weddle, Run N Fun  
 65-69 Summer: # 5:42.74 7/20/2005 Thom Weddle, Unattached

Name	Age Team	Seed	Finals	H#
1 Jeffrey Strong	68 20-Unattache	5:10.00	5:36.38#	1
2 John Hayes	65 30-Unattache	5:24.00	5:36.62#	1
3 Marc Sutton	66 30-Unattache	6:15.00	6:16.94	2
4 Dylan McFarland	69 30-Unattache	7:21.00	7:10.60	2

Women 65-69 1500 Meter Run

65-69 MN All: \$ 6:10.07 2015 Nancy Rollins, Illinois  
 65-69 O - M: @ 6:15.83 6/29/2024 Lesley Hinz, 45-Unattache

Name	Age Team	Seed	Finals	H#
1 Lesley Hinz	66 45-Unattache	6:00.00	6:15.83@	2
-- Tracey Bennett	68 32-Unattache	6:13.57	DNS	2

Men 75-79 1500 Meter Run

75-79 MN All: \$ 5:54.25 2014 Dan Conway  
 75-79 O - M: @ 6:55.17 6/12/2016 Rick Kleyman, MDRA

Name	Age Team	Seed	Finals	H#
1 James Skoog	76 30-Unattache		11:33.30	2

Men 80-84 1500 Meter Run

80-84 MN All: \$ 7:29.97 2015 Frank Haviland, New Jersey  
 80-84 O - M: @ 7:36.17 7/25/1993 William Andberg

Name	Age Team	Seed	Finals	H#
-- Tom Kirkwood	80 40-Unattache		DNS	2

Men 19-34 5000 Meter Run

19-34 MN All: \$ 13:44.32 1990 Terry Brahm  
 19-34 O - M: @ 14:18.49 6/9/2013 Joe Moore, Twin Cities Track Club

Name	Age Team	Seed	Finals
1 Daniel Docherty	34 El Jefe Runn	14:52.00	15:38.61
2 Daniel Peters	33 30-Unattache	16:24.00	17:39.14

Men 35-39 5000 Meter Run

35-39 MN All: \$ 15:31.52 2023 Phil Richert, Unattached  
 35-39 O - M: @ 15:33.42 6/9/2013 Jon Keillor, TC Running Company

Name	Age Team	Seed	Finals
1 Benjamin Drexler	36 30-Unattache	17:00.00	17:08.71
2 Christopher Tabisz	37 30-Unattache	23:00.00	24:41.19

Women 35-39 5000 Meter Run

35-39 MN All: \$ 16:46.31 6/7/2003 Emily Nay, Unattached  
 35-39 O - M: @ 18:17.13 6/10/2012 Erin Ward, Run N Fun

Name	Age Team	Seed	Finals
1 charmayne Yazzie	38 Gys Track CL	22:00.00	23:07.05

Women 40-44 5000 Meter Run

40-44 MN All: \$ 17:15.54 6/8/2002 Kelly Keeler, Run N Fun  
 40-44 O - M: @ 17:17.25 6/29/2024 April Lund, GYS TRACK CL

Name	Age Team	Seed	Finals
1 April Lund	41 Gys Track CL	16:40.00	17:17.25@

Women 45-49 5000 Meter Run

45-49 MN All: \$ 18:33.98	6/7/2015	Kara Parker, Run MN	
45-49 O - M: @ 18:33.98	6/7/2015	Kara Parker, Run MN	
Name	Age Team	Seed	Finals
1 Suzie Darnell	49 30-Unattache		22:43.68

Women 50-54 5000 Meter Run

50-54 MN All: \$ 19:46.39	6/29/2024	Kara Parker, 30-Unattache	
50-54 O - M: @ 19:46.39	6/29/2024	Kara Parker, 30-Unattache	
Name	Age Team	Seed	Finals
1 Kara Parker	54 30-Unattache		19:46.39\$
2 Susie Sikorski	50 30-Unattache	23:00.00	23:30.42

Women 55-59 5000 Meter Run

55-59 MN All: \$ 21:53.14	6/9/2019	Laurie Hanscom, Twin Cities RC	
55-59 O - M: @ 21:53.14	6/9/2019	Laurie Hanscom, Twin Cities RC	
Name	Age Team	Seed	Finals
1 Carolyn Roehrich	57 Gys Track CL	29:30.00	28:40.78

Women 60-64 5000 Meter Run

60-64 MN All: \$ 23:08.63	6/29/2024	Laura Bruess, 32-Unattache	
60-64 O - M: @ 23:08.63	6/29/2024	Laura Bruess, 32-Unattache	
Name	Age Team	Seed	Finals
1 Laura Bruess	63 32-Unattache	23:12.00	23:08.63\$

Men 60-64 5000 Meter Run

60-64 MN All: \$ 18:35.84	6/9/2019	Dan Johnson, Run N Fun	
60-64 O - M: @ 18:35.84	6/9/2019	Dan Johnson, Run N Fun	
Name	Age Team	Seed	Finals
1 Tracy Walker	60 28-Unattache		23:41.47
2 Mark Lutterman	64 30-Unattache	25:00.00	24:48.72

Men 65-69 5000 Meter Run

65-69 MN All: \$ 20:48.74	6/10/2007	Thom Weddle, Unattached	
65-69 O - M: @ 20:48.74	6/10/2007	Thom Weddle, Unattached	
Name	Age Team	Seed	Finals
-- Dylan McFarland	69 30-Unattache	27:44.00	DNS

Men 70-74 5000 Meter Run

70-74 MN All: \$ 22:35.54	7/24/1994	John Burton	
70-74 O - M: @ 22:35.54	7/24/1994	John Burton	
Name	Age Team	Seed	Finals
-- Robin Ammon	70 52-Unattache	27:00.00	DNS

Men 70-74 80 Meter Hurdles

70-74 MN All: \$ 14.41	6/29/2024	Ernie Snodgrass, 22-Unattache	
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70-74 0 - M: @ 14.41 6/29/2024 Ernie Snodgrass, 22-Unattache  
70-74 Summer: # 15.45 6/25/2019 Arland Braaten-Lee, Unattached

Name	Age	Team	Seed	Finals
1 Ernie Snodgrass	71	22-Unattache	14.78	14.41\$
2 David Black	71	30-Unattache	16.25	16.08

Men 75-79 80 Meter Hurdles

75-79 MN All: \$ 15.37 6/29/2024 Arland Braaten-Lee, 30-Unattache  
75-79 0 - M: @ 15.37 6/29/2024 Arland Braaten-Lee, 30-Unattache  
75-79 Summer: # 17.47 7/31/2018 Michael Burns, Unattached

Name	Age	Team	Seed	Finals
1 Arland Braaten-Lee	75	30-Unattache	16.23	15.37\$

Men 80-84 80 Meter Hurdles

Name	Age	Team	Seed	Finals
-- Michael Burns	81	30-Unattache		DNS

Women 19-34 100 Meter Hurdles

19-34 MN All: \$ 13.00 6/23/1990 Tannajalyn Stanley  
19-34 0 - M: @ 14.81 6/8/2014 Heather Miller, Central Park  
19-34 Summer: # 14.36 8/2/2022 Shaina Burns, 30-Unattache

Name	Age	Team	Seed	Finals
1 Makayla Thompson	19	29-Unattache	16.00	15.46
2 Esther Fleigle	32	Fleigle's Fl		18.76
-- Sophia Roskoski	19	Fleigle's Fl		DNS
-- Kayleigh Volkman	19	20-Unattache	21.13	DNS

Men 65-69 100 Meter Hurdles

65-69 MN All: \$ 17.33 6/29/2024 Dave McNair, 33-Unattache  
65-69 0 - M: @ 17.33 6/29/2024 Dave McNair, 33-Unattache  
65-69 Summer: # 19.30 6/24/2014 Arland Braaten-Lee, Unattached

Name	Age	Team	Seed	Finals
1 Dave McNair	68	33-Unattache	17.20	17.33\$

Men 40-44 110 Meter Hurdles

40-44 MN All: \$ 15.68 6/26/2018 Francis Shen, Twin Cities  
40-44 0 - M: @ 16.81 1982 John Ewing  
40-44 Summer: # 15.68 6/26/2018 Francis Shen, Twin Cities

Name	Age	Team	Seed	Finals
1 Ryan Owen	44	20-Unattache	16.97	17.20
2 Nick Casillas	40	Jesup Track	17.44	17.47

Men 40-44 300 Meter Hurdles

Name	Age	Team	Seed	Finals	H#
-- Ryan Owen	44	20-Unattache			SCR

Men 65-69 300 Meter Hurdles

65-69 MN All: \$ 49.37 6/29/2024 Dave McNair, 33-Unattache  
65-69 0 - M: @ 49.37 6/29/2024 Dave McNair, 33-Unattache

Name	Age	Team	Seed	Finals
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1 Dave McNair	68 33-Unattache	50.00	49.37\$
-- Rick Allen	67 30-Unattache	54.08	DNS

Men 70-74 300 Meter Hurdles

=====  
 70-74 MN All: \$ 1:01.56 6/29/2024 Ernie Snodgrass, 22-Unattache  
 70-74 O - M: @ 1:01.56 6/29/2024 Ernie Snodgrass, 22-Unattache  
 Name Age Team Seed Finals  
 =====  
 1 Ernie Snodgrass 71 22-Unattache 59.53 1:01.56\$  
 -- David Black 71 30-Unattache 1:11.78 DNS

Men 80-84 300 Meter Hurdles

=====  
 Name Age Team Seed Finals  
 =====  
 -- Michael Burns 81 30-Unattache DNS

Men 19-34 400 Meter Hurdles

=====  
 19-34 MN All: \$ 49.25 6/13/2001 Joey Woody, New Balance  
 19-34 O - M: @ 50.48 6/10/2001 Joey Woody, New Balance  
 19-34 Summer: # 49.25 6/13/2001 Joey Woody, New Balance  
 Name Age Team Seed Finals  
 =====  
 1 David Palmer 26 30-Unattache 54.00 55.11

Men 40-44 400 Meter Hurdles

=====  
 40-44 MN All: \$ 1:01.26 6/20/2021 Francis Shen, Twin Cities  
 40-44 O - M: @ 1:01.26 6/20/2021 Francis Shen, Twin Cities  
 Name Age Team Seed Finals  
 =====  
 1 Nick Casillas 40 Jesup Track 1:03.00 1:05.55  
 2 Ryan Owen 44 20-Unattache 1:11.70

Men 45-49 400 Meter Hurdles

=====  
 45-49 MN All: \$ 1:00.42 6/24/2023 Francis Shen, 02-Unattache  
 45-49 O - M: @ 1:00.42 6/24/2023 Francis Shen, 02-Unattache  
 Name Age Team Seed Finals  
 =====  
 1 Francis Shen 46 02-Unattache 1:00.30 1:04.95

Men 19-34 4x800 Meter Relay

=====  
 19-34 MN All: \$ 11:54.38 6/29/2024 10-Unattached, 10-Unattache  
 M Lufferman, C Tabisz, M Sutton, A Danielson  
 19-34 O - M: @ 11:54.38 6/29/2024 10-Unattached, 10-Unattache  
 M Lufferman, C Tabisz, M Sutton, A Danielson  
 Team Seed Finals  
 =====  
 1 10-Unattached 'A' 11:54.38\$  
 1) Mark Lufferman 64 2) Chris Tabisz 37  
 3) Marc Sutton 66 4) Albert Danielson 29  
 2 10-Unattached 'B' 15:45.41  
 1) Julie Kiedrowski 42 2) Bao Vag 34  
 3) Chad Pedersen 45 4) Ryan Sharp 37

Women 19-34 4x800 Meter Relay

=====  
 19-34 MN All: \$ 12:32.37 6/29/2024 10-Unattached, 10-Unattache  
 S Woehrle, E Paulson  
 19-34 O - M: @ 12:32.37 6/29/2024 10-Unattached, 10-Unattache  
 S Woehrle, E Paulson

Team	Seed	Finals
1 10-Unattached 'C'		12:32.37\$
1) Samantha Woehrle 31	2) Elleni Paulson 31	

Women 65-69 4x800 Meter Relay

65-69 MN All: \$ 12:31.46	6/29/2024	02-Unattached, 02-Unattache
		S Loyd, L Funk, T Bennett, L Hinz
65-69 O - M: @ 12:31.46	6/29/2024	02-Unattached, 02-Unattache
		S Loyd, L Funk, T Bennett, L Hinz

Team	Seed	Finals
1 02-Unattached 'A'		12:31.46\$ Pending WR
1) Susan Loyd 66	2) Leandra Funk 68	
3) Tracey Bennett 68	4) Lesley Hinz 66	

Men 19-34 High Jump

19-34 MN All: \$ 2.33m	1990	Hollis Conway
19-34 O - M: @ 2.20m	6/13/2010	Garrett Huyler, Unattached
19-34 Summer: # 2.14m	6/15/2005	Jim Dilling, Minntown

Name	Age	Team	Seed	Finals
1 Christian Beamer	25	30-Unattache	2.07m	2.00m 6-06.75
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.06				P P P P P P P P P P P P P P O O O XO XXX
2 Caleb Cowles	25	40-Unattache	2.05m	2.00m 6-06.75
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.06				P P P P P P P P P P P P P P P O XO XO XXX
3 Lukey Klitz	34	20-Unattache	1.90m	1.90m 6-02.75
1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95				P P P P P P P P P P P P P P P P XO O XXX
-- Praise Jibunor	19	30-Unattache		DNS

Women 19-34 High Jump

19-34 MN All: \$ 1.87m	1990	Jackie Joyner-Kersee
19-34 O - M: @ 1.80m	6/12/2016	Jenna Breaker, Unattached
19-34 O - M: @ 1.68m	6/12/2005	Caitlin Roemhildt, Unattached
19-34 O - M: @ 1.68m	6/8/2009	Peaches Roach, Unattached
19-34 Summer: # 1.72m	6/15/2005	Krystal Burggraff, Minnesota State Mankato

Name	Age	Team	Seed	Finals
1 Kayleigh Volkman	19	20-Unattache	1.39m	1.35m 4-05.00
0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40				P P P P P P P P P O XXO XO XXX

Men 40-44 High Jump

40-44 MN All: \$ 1.90m	6/7/2015	Brian Hatlevig, Unattached
40-44 O - M: @ 1.90m	6/7/2015	Brian Hatlevig, Unattached
40-44 Summer: # 1.80m	6/24/2014	Kevin Gross, Eden Prairie

Name	Age	Team	Seed	Finals
1 Jason James	44	30-Unattache	1.60m	1.55m 5-01.00
0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60				P P P P P P P P P P P P P P P P XO O XXX

Women 40-44 High Jump

40-44 MN All: \$ 1.35m	7/13/2021	Danielle Simons, 30-Unattache
40-44 O - M: @ 1.30m	6/29/2024	Danielle Simons, 30-Unattache
40-44 Summer: # 1.35m	7/13/2021	Danielle Simons, 30-Unattache

Name	Age	Team	Seed	Finals
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=====
1 Danielle Simons          43 30-Unattache          1.34m          1.30m@  4-03.25
  0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35
    P   P   P   P   P   P   P   P   P   O  XO  XXO  XXX
=====

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Men 60-64 High Jump

```

=====
60-64 MN All: $ 1.60m 2015          Garry Pirch, Missouri
60-64 O - M: @ 1.57m 6/1/1997      Tom Langenfeld, Unattache
60-64 Summer: # 1.50m 7/13/2021    Mark Roberts, 40-Unattache
Name          Age Team          Seed          Finals
=====
-- Wade Sorenson        62 28-Unattache          1.52m          DNS
=====

```

Women 60-64 High Jump

```

=====
60-64 MN All: $ 1.35m 2015          Kay Glynn, Iowa
60-64 O - M: @ 1.10m 6/29/2024     Patricia Nelson, 30-Unattache
Name          Age Team          Seed          Finals
=====
1 Patricia Nelson          60 30-Unattache          1.10m@  3-07.25
  0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15
    P   P   P   P   O  XO  O  XXX
2 Laura Nettland          63 29-Unattache          0.91m          0.85m  2-09.50
  0.80 0.85 0.90
    XO  XXO  XXX
=====

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Men 65-69 High Jump

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=====
65-69 MN All: $ 1.52m 2015          David Monthieth, Connecticut
65-69 MN All: $ 1.50m 6/13/2003     Tom Langenfeld, Unattache
65-69 O - M: @ 1.50m 6/13/2004     Tom Langenfeld, Unattache
65-69 O - M: @ 1.50m 6/14/2003     Tom Langenfeld, Unattache
65-69 Summer: # 1.50m 6/12/2022    Rick Allen, 30-Unattache
Name          Age Team          Seed          Finals
=====
1 Rick Allen              67 30-Unattache          1.40m          1.40m  4-07.00
  0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45
    P   P   P   P   P   P   P   P   P   P   O  O  XO  O  XXX
-- David Rainey          69 40-Unattache          DNS
=====

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Men 70-74 High Jump

```

=====
70-74 MN All: $ 1.42m 6/11/2006     Tom Langenfeld, Unattache
70-74 MN All: $ 1.42m 6/8/2008      Tom Langenfeld, Unattache
70-74 O - M: @ 1.42m 6/11/2006     Tom Langenfeld, Unattache
70-74 O - M: @ 1.42m 6/8/2008      Tom Langenfeld, Unattache
70-74 Summer: # 1.37m 8/11/2009     Tom Langenfeld, Unattache
Name          Age Team          Seed          Finals
=====
1 David Black             71 30-Unattache          1.25m          1.25m  4-01.25
  0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30
    P   P   P   P   P   P   P   O  O  O  XO  XXX
2 James (Jim) Thorson     70 30-Unattache          1.15m          3-09.25
  0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20
    P   P   P   P   P   P   P   O  XXX
=====

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Men 75-79 High Jump

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=====
75-79 MN All: $ 1.40m 2015          Jim Blackwell, Kentucky
75-79 O - M: @ 1.37m 6/10/2012     Tom Langenfeld, Unattache
75-79 Summer: # 1.32m 6/26/2012    Tom Langenfeld, Unattache
Name          Age Team          Seed          Finals
=====
1 David Weber            76 21-Unattache          1.20m          3-11.25
=====

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0.80 0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20  
 P P P P P P O O XO

Men 85-89 High Jump

=====

85-89 MN All: \$ 1.15m 6/20/2021 Tom Langenfeld, 30-Unattache  
 85-89 O - M: @ 1.15m 6/20/2021 Tom Langenfeld, 30-Unattache  
 85-89 Summer: # 1.13m 6/20/2021 Tom Langenfeld, 30-Unattache  
 85-89 Summer: # 1.13m 7/18/2023 Tom Langenfeld, 30-Unattache

Name	Age	Team	Seed	Finals
1 Tom Langenfeld	88	30-Unattache	1.13m	1.00m 3-03.25

0.80 0.85 0.90 0.95 1.00 1.05  
 P P P P O XXX

Men 19-34 Pole Vault

=====

19-34 MN All: \$ 5.68m 6/23/1990 Scott Huffman  
 19-34 MN All: \$ 5.41m 6/16/2004 Jacob Pauli, U of Northern Iowa  
 19-34 O - M: @ 5.41m 1990 Matt Kolb  
 19-34 Summer: # 5.52m 6/27/2017 Jeff Coover, Unattached

Name	Age	Team	Seed	Finals
1 Jonathan Hammerschmidt	26	Twin Valley	4.11m	3.55m 11-07.75

1.75 1.90 2.05 2.20 2.35 2.50 2.65 2.80 2.95 3.10 3.25 3.40 3.55 3.65 3.70  
 P P P P P P P P P P P O O O P XXX

Women 19-34 Pole Vault

=====

19-34 MN All: \$ 4.25m 7/19/2016 Matt Fleigle, Unattached  
 19-34 O - M: @ 4.20m 6/12/2016 Leslie Brost, Twin Cities  
 19-34 Summer: # 4.25m 7/19/2016 Matt Fleigle, Unattached

Name	Age	Team	Seed	Finals
1 Sophia Roskoski	19	Fleigle's Fl		3.65m 11-11.75
2 Kayleigh Volkman	19	20-Unattache	3.12m	3.10m 10-02.00
3 Esther Fleigle	32	Fleigle's Fl		2.95m 9-08.00
4 Olivia Spitzer	28	Twin Valley	2.73m	2.80m 9-02.25
5 Lilian Nelson	22	30-Unattache	2.40m	2.35m 7-08.50

1.75 1.90 2.05 2.20 2.35 2.50 2.65 2.80 2.95 3.10 3.25 3.40 3.55 3.65 3.70 3.81  
 P P P P P P P P P P P O O P XO P XXX

1.75 1.90 2.05 2.20 2.35 2.50 2.65 2.80 2.95 3.10 3.25  
 P P P P P P P O O O XXX

1.75 1.90 2.05 2.20 2.35 2.50 2.65 2.80 2.95 3.10  
 P P P P P P XO O XXO XXX

1.75 1.90 2.05 2.20 2.35 2.50  
 P O O XXO XXO XXX

Men 35-39 Pole Vault

=====

35-39 MN All: \$ 4.85m 6/25/2024 Jeffrey Coover, Unattached  
 35-39 O - M: @ 4.69m 2001 Matt Kolb  
 35-39 Summer: # 4.85m 6/25/2024 Jeffrey Coover, Unattached

Name	Age	Team	Seed	Finals
1 Matthew Fleigle	36	Fleigle's Fl		2.80m 9-02.25

1.75 1.90 2.05 2.20 2.35 2.50 2.65 2.80 2.95  
 P P P P P P P XXO XXX

Men 50-54 Pole Vault

=====

50-54 MN All: \$ 4.25m 6/20/2021 Stephen White, Flight Deck  
 50-54 O - M: @ 4.25m 6/20/2021 Stephen White, Flight Deck

50-54 Summer: # 3.66m 6/11/2003 John Lund, Flight Deck Athletics

Name	Age	Team	Seed	Finals
1 Stephen White	53	Flight Deck	4.00m	4.00m# 13-01.50
1.90 2.05 2.20 2.35 2.50 2.65 2.80 2.95 3.10 3.25 3.40 3.55 3.65 3.70 3.81 3.85 4.00 4.15				
P P P P P P P P P P P P P O P XO XXO XXX				
2 Trey Hadaway	54	29-Unattache	3.35m	3.25m 10-08.00
1.75 1.90 2.05 2.20 2.35 2.50 2.65 2.80 2.95 3.10 3.25 3.40				
P P P P P P P P P O XXO XXX				

Men 60-64 Pole Vault

60-64 MN All: \$ 3.66m 6/24/2023 Dave Gilbert, 21-Unattache  
60-64 MN All: \$ 3.20m 6/7/2015 John Lund, Unattached  
60-64 O - M: @ 3.66m 6/24/2023 Dave Gilbert, 21-Unattache  
60-64 Summer: # 3.20m 7/29/2014 John Lund, Unattached  
60-64 Summer: # 3.20m 7/21/2015 John Lund, Unattached

Name	Age	Team	Seed	Finals
1 James Moeller	61	Flight Deck	3.20m	2.95m 9-08.00
1.75 1.90 2.05 2.20 2.35 2.50 2.65 2.80 2.95 3.10				
P P P P P P P P O XXX				

Men 70-74 Pole Vault

70-74 MN All: \$ 2.73m 7/11/2023 John Lund, Unattached  
70-74 O - M: @ 2.50m 6/29/2024 Wayne Andersen, Flight Deck  
70-74 Summer: # 2.73m 7/11/2023 John Lund, Unattached

Name	Age	Team	Seed	Finals
1 Wayne Andersen	72	Flight Deck		2.50m@ 8-02.50
1.75 1.90 2.05 2.20 2.35 2.50 2.65				
P P P P P O XXX				

Men 75-79 Pole Vault

75-79 MN All: \$ 3.01m 2015 Don Isett, Texas  
75-79 O - M: @ 2.20m 6/29/2024 David Weber, 21-Unattache

Name	Age	Team	Seed	Finals
1 David Weber	76	21-Unattache		2.20m@ 7-02.50
1.75 1.90 2.05 2.20				
O O O O				

Men 19-34 Long Jump

19-34 MN All: \$ 8.45m 6/23/1990 Vern George  
19-34 O - M: @ 7.29m 6/8/2008 James Lundberg, Unattached  
19-34 Summer: # 7.17m 6/9/2019 Paul Akintade, Unattached

Name	Age	Team	Seed	Finals
1 Paul Akintade	28	30-Unattache		6.98m 22-11.00
6.98m 6.66m FOUL FOUL				
2 Praise Jibunor	19	30-Unattache	6.79m	6.36m 20-10.50
6.36m FOUL FOUL 5.41m				

Women 19-34 Long Jump

19-34 MN All: \$ 6.72m 1990 Sheila Echols  
19-34 O - M: @ 5.72m 1989 Jane Mattke  
19-34 Summer: # 5.37m 7/13/2021 Caroline Jansen, Unattached

Name	Age	Team	Seed	Finals
1 Kayleigh Volkman	19	20-Unattache	4.12m	4.17m 13-08.25
4.17m 4.06m 3.99m 4.16m				

2 Esther Fleigle 32 Fleigle's Fl 3.69m 12-01.25  
3.69m 3.65m 3.49m

Men 35-39 Long Jump

=====

35-39 MN All: \$ 6.82m 6/24/2023 Charles Brown III, 20-Unattache  
35-39 O - M: @ 6.82m 6/24/2023 Charles Brown III, 20-Unattache  
35-39 Summer: # 6.42m 6/19/2018 Jason Jones, Unattached

Name	Age	Team	Seed	Finals
1 Matthew Fleigle	36	Fleigle's Fl		3.93m 12-10.75
				3.85m 3.93m 3.82m 3.88m

=====

Women 35-39 Long Jump

=====

35-39 MN All: \$ 4.96m 6/2/1996 Marcia Kull, Unattached  
35-39 O - M: @ 4.90m 6/2/1996 Marcia Kull, Unattached  
35-39 Summer: # 4.80m 6/19/2024 Amanda O'Connor, 30-Unattache

Name	Age	Team	Seed	Finals
1 Amanda O'Connor	39	30-Unattache	4.70m	4.45m 14-07.25
				4.41m 4.34m 4.45m 4.32m

=====

Men 40-44 Long Jump

=====

40-44 MN All: \$ 5.86m 1992 John Ewing  
40-44 O - M: @ 5.86m 1982 John Ewing  
40-44 Summer: # 5.49m 7/20/2008 Peter Papp, Unattached

Name	Age	Team	Seed	Finals
1 Brian Banks	41	Dayton Wolve	6.00m	5.43m 17-09.75
				4.55m 4.86m 5.43m 4.84m
2 Ryan Owen	44	20-Unattache	5.05m	4.42m 14-06.00
				FOUL FOUL 4.42m FOUL
3 Jason James	44	30-Unattache	5.80m	4.35m 14-03.25
				FOUL 3.29m 4.35m FOUL

=====

Men 50-54 Long Jump

=====

50-54 MN All: \$ 5.62m 2015 Ken Thomas, Ohio  
50-54 O - M: @ 5.20m 6/24/2023 Jay McNamara, 20-Unattache  
50-54 Summer: # 4.92m 7/29/2014 Dale berry, Unattached  
50-54 Summer: # 4.92m 7/18/2017 Waihon Lien, Unattached

Name	Age	Team	Seed	Finals
1 James Kimani	54	30-Unattache		3.34m 10-11.50
				3.31m 3.34m x

=====

Men 55-59 Long Jump

=====

55-59 MN All: \$ 5.47m 1989 Harvey Resnice  
55-59 O - M: @ 5.47m 1989 Harvey Resnice  
55-59 Summer: # 4.55m 6/26/2012 Rick Allen, Unattached

Name	Age	Team	Seed	Finals
1 Brian Mosley Sr	55	33-Unattache	4.60m	4.26m 13-11.75
				4.08m 3.92m 4.26m 4.09m

=====

Women 55-59 Long Jump

=====

55-59 MN All: \$ 4.86m 2015 Laurel Hoover  
55-59 O - M: @ 4.13m 6/9/2019 JoeAnn Jackson-Matthews, Unattached  
55-59 Summer: # 4.02m 6/26/2018 JoeAnn Jackson-Matthews, Eagles Wings

Name	Age	Team	Seed	Finals
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-- Emmanuelle Mcgowan 56 23-Unattache DNS

Women 60-64 Long Jump

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=====
60-64 MN All: $ 3.76m 6/24/2023 JoeAnn Jackson-Matthews, 30-Unattache
60-64 O - M: @ 3.76m 6/24/2023 JoeAnn Jackson-Matthews, 30-Unattache
60-64 Summer: # 3.74m 7/18/2023 JoeAnn Jackson-Matthews, Eagles Wings
Name Age Team Seed Finals
=====
1 JoeAnn Jackson-Matthews 61 30-Unattache 3.65m 3.68m 12-01.00
3.48m 3.68m 3.56m 3.43m
2 Laura Nettland 63 29-Unattache 1.98m 1.79m 5-10.50
1.68m 1.79m 1.50m 1.35m
=====
```

Men 65-69 Long Jump

```
=====
65-69 MN All: $ 4.58m 2015 Timothy Herman, New York
65-69 O - M: @ 4.45m 6/8/2009 Carl Etter, Unattached
65-69 Summer: # 4.50m 7/29/2014 Arland Braaten-Lee, Unattached
Name Age Team Seed Finals
=====
1 David Rainey 69 40-Unattache 3.92m 3.79m 12-05.25
3.79m 3.59m 3.46m
2 Rick Allen 67 30-Unattache 3.84m 3.74m 12-03.25
3.74m FOUL FOUL FOUL
=====
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Men 70-74 Long Jump

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=====
70-74 MN All: $ 4.39m 2014 Carl Etter
70-74 O - M: @ 4.37m 1983 Gilberto Gonzales
70-74 Summer: # 4.15m 6/25/2019 Arland Braaten-Lee, Unattached
Name Age Team Seed Finals
=====
1 David Black 71 30-Unattache 3.84m 3.86m 12-08.00
3.86m 3.79m 3.80m 3.63m
=====
```

Men 75-79 Long Jump

```
=====
75-79 MN All: $ 3.68m 2015 Sherwood Sagedahl, Unattached
75-79 O - M: @ 3.51m 6/10/2001 Charles Obye, Unattached
Name Age Team Seed Finals
=====
-- Arland Braaten-Lee 75 30-Unattache 3.94m FOUL
FOUL FOUL FOUL FOUL
-- David Weber 76 21-Unattache DNS
=====
```

Men 19-34 Triple Jump

```
=====
19-34 MN All: $ 16.92m 1990 Joe Greene
19-34 MN All: $ 16.14m 6/23/1991 Jeff Daniels (w)
19-34 O - M: @ 13.90m 6/8/2014 Billy Visto, Unattached
19-34 Summer: # 14.30m 6/20/2023 Lukey Klitz, 20-Unattache
Name Age Team Seed Finals
=====
1 Lukey Klitz 34 20-Unattache 14.16m 13.57m 44-06.25
FOUL FOUL 13.57m 13.40m
=====
```

Women 19-34 Triple Jump

```
=====
19-34 MN All: $ 12.36m 6/23/1991 Alicia Porro
19-34 O - M: @ 10.56m 6/12/2022 Sara Byers, 30-Unattache
19-34 Summer: # 10.95m 6/19/2024 Clara Paul, Unattached
Name Age Team Seed Finals
=====
1 Esther Fleigle 32 Fleigle's Fl 8.19m 26-10.50
=====
```

FOUL FOUL 8.19m 8.15m

Men 35-39 Triple Jump

=====

35-39 MN All: \$ 12.76m 6/10/2018 Jason James, Unattached  
35-39 O - M: @ 12.76m 6/10/2018 Jason James, Unattached  
35-39 Summer: # 12.73m 6/19/2018 Jason Jones, Unattached

Name	Age	Team	Seed	Finals
1 Matthew Fleigle	36	Fleigle's Fl		8.04m 26-04.50
FOUL FOUL 8.04m FOUL				

=====

Men 40-44 Triple Jump

=====

40-44 MN All: \$ 12.52m 7/17/1981 John Swing  
40-44 O - M: @ 12.52m 7/17/1981 John Swing  
40-44 Summer: # 12.25m 8/2/2016 David Bergstrom, Unattached

Name	Age	Team	Seed	Finals
1 Jason James	44	30-Unattache	11.50m	10.72m 35-02.00
9.81m 10.46m 10.28m 10.72m				

=====

Men 55-59 Triple Jump

=====

55-59 MN All: \$ 11.39m 2015 Donald Bunker, Ohio  
55-59 O - M: @ 10.23m 7/25/1993 Tom Langenfeld

Name	Age	Team	Seed	Finals
1 Brian Mosley Sr	55	33-Unattache	8.50m	7.06m 23-02.00
7.06m 6.98m FOUL FOUL				

=====

Men 60-64 Triple Jump

=====

60-64 MN All: \$ 10.72m 2015 Max Siu, Texas  
60-64 O - M: @ 9.91m 1987 Chuck Olson  
60-64 Summer: # 8.26m 8/1/2017 David Black, Unattached

Name	Age	Team	Seed	Finals
-- Wade Sorenson	62	28-Unattache	8.16m	DNS

=====

Men 70-74 Triple Jump

=====

70-74 MN All: \$ 8.83m 6/8/2014 Carl Etter, Unattached  
70-74 O - M: @ 8.83m 6/8/2014 Carl Etter, Unattached

Name	Age	Team	Seed	Finals
1 David Black	71	30-Unattache	7.79m	7.67m 25-02.00
7.42m 7.45m 7.67m 7.64m				

=====

Men 75-79 Triple Jump

=====

75-79 MN All: \$ 7.44m 2015 Bill Karjane, Florida  
75-79 O - M: @ 7.22m 6/10/2001 Charles Obye, Unattached

Name	Age	Team	Seed	Finals
-- David Weber	76	21-Unattache		DNS

=====

Men 19-34 Shot Put

=====

19-34 MN All: \$ 21.06m 7/16/2019 Curtis` Jensen, Velaasa  
19-34 O - M: @ 18.65m 6/10/2001 Jamie Beyer, Unattached  
19-34 Summer: # 21.06m 7/16/2019 Curtis` Jensen, Velaasa

Name	Age	Team	Seed	Finals
1 Ethan Hoppe	20	30-Unattache	10.50m	11.78m 38-07.75

=====

11.78m 11.26m 10.44m 11.25m  
 2 Steele Kim 25 30-Unattache 9.89m 32-05.50  
 9.89m 8.76m 9.73m 9.82m  
 -- Hayden Bills 19 30-Unattache 17.10m DNS

Men 35-39 Shot Put

=====

35-39 MN All: \$ 15.92m 7/16/2019 Josh Cinnamo, 30-Unattache  
 35-39 O - M: @ 14.63m 6/10/2018 Josh Cinnamo, Unattached  
 35-39 Summer: # 15.92m 7/16/2019 Josh Cinnamo, 30-Unattache

Name	Age	Team	Seed	Finals
1 Christopher Jensen	37	30-Unattache	11.35m	9.70m 31-10.00
				9.48m 9.50m 9.41m 9.70m
2 Dustin McIntee	37	30-Unattache	9.00m	9.00m 29-06.50
				8.83m 9.00m 8.58m 8.96m
3 Matthew Fleigle	36	Fleigle's Fl		6.96m 22-10.00
				6.57m 6.71m 6.96m 6.75m

Women 35-39 Shot Put

=====

35-39 MN All: \$ 8.92m 6/25/2013 Lisa Moore-Girord, MN Track Spikes  
 35-39 O - M: @ 7.51m 6/10/2007 Vickie McLaughlin, Unattached  
 35-39 Summer: # 8.92m 6/25/2013 Lisa Moore-Girord, MN Track Spikes

Name	Age	Team	Seed	Finals
1 Keri Rickard	37	30-Unattache	7.50m	6.18m 20-03.50
				5.97m 6.18m 5.83m 5.97m

Women 40-44 Shot Put

=====

40-44 MN All: \$ 10.50m 6/10/2018 Laura Utke, Unattached  
 40-44 O - M: @ 10.50m 6/10/2018 Laura Utke, Unattached  
 40-44 Summer: # 10.26m 6/26/2018 Laura Utke, 30-Unattache

Name	Age	Team	Seed	Finals
1 Danielle Simons	43	30-Unattache	7.00m	5.85m 19-02.50
				5.34m 5.85m 5.52m 5.32m

Men 40-44 Shot Put

=====

40-44 MN All: \$ 13.02m 6/27/2007 Jeff Koppenhaver, Unattached  
 40-44 O - M: @ 12.56m 6/10/2007 Jeff Koppenhaver, Unattached  
 40-44 Summer: # 13.02m 6/27/2007 Jeff Koppenhaver, Unattached

Name	Age	Team	Seed	Finals
1 Andy Gassman	44	30-Unattache	10.65m	10.34m 33-11.25
				9.83m 10.33m 10.34m 10.28m
-- Jon Dahlin	42	Multi Minnes	10.89m	DNS

Men 50-54 Shot Put

=====

50-54 MN All: \$ 14.73m 8/1/2023 Joe Toth, Unattached  
 50-54 O - M: @ 13.52m 6/10/2018 Troy Bellrichard, Team R.E.D.  
 50-54 Summer: # 14.73m 8/1/2023 Joe Toth, Unattached

Name	Age	Team	Seed	Finals
1 James Kimani	54	30-Unattache		9.92m 32-06.50
				9.70m 9.90m 9.63m 9.92m

Women 50-54 Shot Put

=====

50-54 MN All: \$ 11.42m 7/18/2017 Bill Bunch, Unattached  
 50-54 O - M: @ 10.68m 6/11/2017 Patricia Nelson, Unattached  
 50-54 Summer: # 11.42m 7/18/2017 Bill Bunch, Unattached

Name	Age	Team	Seed	Finals
1 Angela Vick	54	30-Unattache	7.62m	8.31m 27-03.25
				7.67m 8.27m 8.31m 7.27m

#### Men 55-59 Shot Put

55-59 MN All: \$	13.42m	6/12/2016	Paul Kendrick, Unattached	
55-59 O - M: @	13.42m	6/12/2016	Paul Kendrick, Unattached	
55-59 Summer: #	12.90m	6/12/2022	Troy Bellrichard, 30-Unattache	
Name	Age	Team	Seed	Finals
1 Scott Hardin	57	20-Unattache	12.01m	12.63m 41-05.25
				12.32m 11.72m 12.63m 12.24m
-- Troy Bellrichard	57	30-Unattache	13.18m	DNS

#### Women 55-59 Shot Put

55-59 MN All: \$	10.90m	2015	Wendy Barrow-Smith, Barbados	
55-59 O - M: @	9.50m	6/7/2015	Beulah Verdell, Eagles Wings	
55-59 Summer: #	8.82m	8/1/2017	Beulah Verdell, Unattached	
Name	Age	Team	Seed	Finals
1 Ollie Bogdon	57	28-Unattache	8.00m	7.87m 25-10.00
				7.87m 7.66m 7.69m 7.36m
2 Nancy Tesdall	59	52-Unattache	7.59m	7.25m 23-09.50
				7.07m 7.25m 7.03m 7.10m
3 Rebecca Olson	56	52-Unattache		6.90m 22-07.75
				6.90m FOUL 6.75m 6.76m

#### Women 60-64 Shot Put

60-64 MN All: \$	9.87m	2015	Debra McNabney, Illinois	
60-64 O - M: @	8.11m	6/29/2024	Patricia Nelson, 30-Unattache	
60-64 Summer: #	7.06m	6/19/2024	Brenda Dammann, Unattached	
Name	Age	Team	Seed	Finals
1 Patricia Nelson	60	30-Unattache		8.11m@ 26-07.25
				7.22m 8.10m 7.78m 8.11m
2 Laura Nettland	63	29-Unattache	7.80m	7.03m 23-00.75
				6.58m 7.03m 6.80m 6.77m

#### Men 60-64 Shot Put

60-64 MN All: \$	15.11m	2015	Joseph Myers, Tennessee	
60-64 O - M: @	13.59m	1983	Mike Cataneda	
60-64 Summer: #	11.45m	7/13/2010	Leslie Patme, Unattached	
Name	Age	Team	Seed	Finals
1 Scott Eide	63	30-Unattache	11.00m	10.03m 32-11.00
				10.03m 9.34m 9.48m 10.03m
2 Erik Keller	60	52-Unattache	9.91m	9.53m 31-03.25
				9.23m 8.41m 9.45m 9.53m
-- Wade Sorenson	62	28-Unattache	10.07m	DNS

#### Men 65-69 Shot Put

65-69 MN All: \$	12.99m	2015	Jay Bair, Idaho	
65-69 O - M: @	12.31m	6/29/2024	Michael Boldon, 20-Unattache	
65-69 Summer: #	11.15m	6/18/2013	Jonathan Balagot, Unattached	
Name	Age	Team	Seed	Finals
1 Michael Boldon	66	20-Unattache	12.34m	12.31m@ 40-04.75
				11.50m 12.31m 10.84m 11.37m



Women 70-74 Shot Put

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=====
70-74 MN All: $ 11.70m 6/21/2016 Leslie Payne, Unattached
70-74 O - M: @ 6.88m 6/24/2023 Linda Rowe, 40-Unattache
70-74 Summer: # 11.70m 6/21/2016 Leslie Payne, Unattached
Name Age Team Seed Finals
=====
1 Linda Rowe 72 40-Unattache 7.30m 6.71m 22-00.25
6.71m 6.58m 6.40m 6.70m
2 Martha Green 73 40-Unattache 6.00m 5.31m 17-05.25
5.16m 5.05m 5.31m 5.11m
    
```

Men 70-74 Shot Put

```

=====
70-74 MN All: $ 12.35m 2015 Michael Cavotta, Ohio
70-74 O - M: @ 11.32m 6/24/2023 Patrick Hauser, 20-Unattache
70-74 Summer: # 10.52m 8/4/2015 Leslie Payne, Unattached
Name Age Team Seed Finals
=====
1 Patrick Hauser 73 20-Unattache 10.50m 10.48m 34-04.75
10.35m 10.46m 10.48m 10.12m
    
```

Men 80-84 Shot Put

```

=====
80-84 MN All: $ 11.17m 2015 Lovell Wheeler, South Dakota
80-84 O - M: @ 9.60m 6/10/2007 Dick Mulkern, Unattached
80-84 Summer: # 9.46m 6/27/2007 Dick Mulkern, Unattached
Name Age Team Seed Finals
=====
1 Dennis Prohofsky 84 30-Unattache 6.58m 21-07.25
6.25m 6.29m 6.28m 6.58m
    
```

Men 19-34 Discus Throw

```

=====
19-34 MN All: $ 60.04m 1990 Jonny Mitchell
19-34 O - M: @ 56.00m 6/2/1996 Christopher Brinkworth, Unattached
19-34 Summer: # 55.39m 7/21/2015 Sam Elsner, Unattached
Name Age Team Seed Finals
=====
1 Ethan Hoppe 20 30-Unattache 36.50m 37.88m 124-03
FOUL 37.62m FOUL 37.88m
2 Steele Kim 25 30-Unattache 29.06m 95-04
28.04m FOUL 28.67m 29.06m
-- Hayden Bills 19 30-Unattache 48.00m DNS
    
```

Women 19-34 Discus Throw

```

=====
19-34 MN All: $ 62.68m 6/13/2001 Kris Kuehl, M-F Athletics
19-34 O - M: @ 60.52m 6/13/2004 Kris Kuehl, Nike
19-34 Summer: # 62.68m 6/13/2001 Kris Kuehl, M-F Athletics
Name Age Team Seed Finals
=====
1 Payton Dryden 23 30-Unattache 41.13m 38.34m 125-09
34.37m 38.34m FOUL FOUL
2 Lilian Nelson 22 30-Unattache 22.61m 21.81m 71-07
19.86m 19.53m FOUL 21.81m
    
```

Men 35-39 Discus Throw

```

=====
35-39 MN All: $ 47.19m 1990 Brent Tischer
35-39 O - M: @ 47.19m 1990 Brent Tischer
35-39 Summer: # 42.82m 6/11/2003 Bryan Bennett, National Sports Center
Name Age Team Seed Finals
=====
1 Christopher Jensen 37 30-Unattache 34.37m 32.39m 106-03
    
```

31.98m 32.39m 30.96m 30.38m  
 2 Dustin McIntee 37 30-Unattache 28.25m 29.00m 95-02  
 29.00m 28.16m 28.93m 27.82m

Women 35-39 Discus Throw

=====

35-39 MN All: \$ 55.98m 6/26/2018 Gia Lewis-Smallwood, NYAC  
 35-39 O - M: @ 33.02m 6/10/2012 Kossiwa Fanlome, Unattached  
 35-39 Summer: # 55.98m 6/26/2018 Gia Lewis-Smallwood, NYAC

Name	Age	Team	Seed	Finals
1 Keri Rickard	37	30-Unattache	20.00m	17.19m 56-05
				FOUL 17.19m 13.68m 13.32m

Women 40-44 Discus Throw

=====

40-44 MN All: \$ 30.51m 6/9/2019 Laura Utke, Unattached  
 40-44 O - M: @ 30.51m 6/9/2019 Laura Utke, Unattached  
 40-44 Summer: # 22.37m 7/20/2021 Danielle Simons, 30-Unattache

Name	Age	Team	Seed	Finals
1 Danielle Simons	43	30-Unattache	22.70m	17.39m 57-01
				15.39m FOUL 17.39m 16.25m

Men 40-44 Discus Throw

=====

40-44 MN All: \$ 42.42m 1991 Dan Seebart, Unattached  
 40-44 O - M: @ 40.04m 6/13/2004 Bryan Bennett, Unattached  
 40-44 Summer: # 42.36m 8/7/2008 Robert Parker, Unattached

Name	Age	Team	Seed	Finals
1 Jon Dahlin	42	Multi Minnes	41.54m	38.80m 127-03
				37.76m 37.93m 38.51m 38.80m
2 Andy Gassman	44	30-Unattache	29.00m	29.33m 96-03
				28.05m 29.33m 27.61m 28.36m

Men 50-54 Discus Throw

=====

50-54 MN All: \$ 46.67m 6/19/2012 Bob Jones, Unattached  
 50-54 O - M: @ 45.24m 6/20/2021 Troy Bellrichard, Team R.E.D.  
 50-54 Summer: # 46.67m 6/19/2012 Bob Jones, Unattached

Name	Age	Team	Seed	Finals
1 Daniel Sobiech	53	Minnesota Fl	32.13m	31.46m 103-02
				29.09m 31.46m 29.29m 28.76m
2 James Kimani	54	30-Unattache		28.33m 92-11
				26.00m 26.09m 19.11m 28.33m

Women 50-54 Discus Throw

=====

50-54 MN All: \$ 33.03m 2015 Angela Jackson, Barbados  
 50-54 O - M: @ 27.81m 6/29/2024 Angela Vick, 30-Unattache  
 50-54 Summer: # 30.88m 7/18/2017 Bill Bunch, Unattached

Name	Age	Team	Seed	Finals
1 Angela Vick	54	30-Unattache	27.43m	27.81m@ 91-03
				26.96m 25.64m 27.81m 26.76m

Men 55-59 Discus Throw

=====

55-59 MN All: \$ 44.93m 6/12/2022 Troy Bellrichard, 30-Unattache  
 55-59 O - M: @ 44.93m 6/12/2022 Troy Bellrichard, 30-Unattache  
 55-59 Summer: # 41.81m 7/16/2013 Brian Roegiers, Unattached

Name	Age	Team	Seed	Finals

1 Scott Hardin 57 20-Unattache 42.00m 39.27m 128-10  
 FOUL 39.27m FOUL 38.97m  
 -- Troy Bellrichard 57 30-Unattache 43.25m DNS

Women 55-59 Discus Throw

=====

55-59 MN All: \$ 27.88m 2015 Wendy Barrow-Smith, Barbados  
 55-59 O - M: @ 24.47m 6/24/2023 Nancy Tesdall, 52-Unattache  
 55-59 Summer: # 19.34m 8/1/2017 Beulah Verdell, Unattached

Name	Age	Team	Seed	Finals
1 Nancy Tesdall	59	52-Unattache	24.99m	23.81m# 78-01
				23.32m 23.33m FOUL 23.81m
2 Ollie Bogdon	57	28-Unattache	21.50m	17.78m 58-04
				FOUL FOUL 17.78m 16.44m
3 Rebecca Olson	56	52-Unattache		14.76m 48-05
				FOUL 14.25m 12.43m 14.76m

Men 60-64 Discus Throw

=====

60-64 MN All: \$ 48.22m 2015 Chuck Baer, Georgia  
 60-64 O - M: @ 45.85m 6/9/2019 Brian Roegiers, Unattached  
 60-64 Summer: # 36.66m 7/7/2012 Dave Anderson, Unattached

Name	Age	Team	Seed	Finals
1 Scott Eide	63	30-Unattache	40.00m	35.95m 117-11
				FOUL 26.91m 35.95m FOUL
2 Erik Keller	60	52-Unattache	38.50m	34.25m 112-04
				FOUL 34.25m FOUL 33.12m

Women 60-64 Discus Throw

=====

60-64 MN All: \$ 24.83m 2015 Linda Rowe, Iowa  
 60-64 O - M: @ 20.07m 6/29/2024 Patricia Nelson, 30-Unattache  
 60-64 Summer: # 17.84m 6/19/2024 Brenda Dammann, Unattached

Name	Age	Team	Seed	Finals
1 Patricia Nelson	60	30-Unattache		20.07m@ 65-10
				16.84m 18.35m FOUL 20.07m

Men 65-69 Discus Throw

=====

65-69 MN All: \$ 39.57m 7/11/2023 Don Maki, 05-Unattache  
 65-69 O - M: @ 38.43m 6/29/2024 Michael Boldon, 20-Unattache  
 65-69 Summer: # 39.57m 7/11/2023 Don Maki, 05-Unattache

Name	Age	Team	Seed	Finals
1 Michael Boldon	66	20-Unattache	31.90m	38.43m@ 126-01
				38.43m 34.63m 37.43m 31.72m

Men 70-74 Discus Throw

=====

70-74 MN All: \$ 41.92m 2015 Larry Pratt, Delaware  
 70-74 O - M: @ 40.43m 6/24/2023 Patrick Hauser, 20-Unattache  
 70-74 Summer: # 29.68m 7/27/2010 Robert Stewart, Unattached

Name	Age	Team	Seed	Finals
1 Patrick Hauser	73	20-Unattache	38.50m	40.31m# 132-03
				FOUL 36.07m 40.31m 37.74m

Women 70-74 Discus Throw

=====

70-74 MN All: \$ 23.62m 2015 Cindy Wyatt, Ohio  
 70-74 O - M: @ 19.48m 6/29/2024 Linda Rowe, 40-Unattache  
 70-74 Summer: # 19.77m 6/28/2016 Leslie Payne, Unattached

Name	Age Team	Seed	Finals
1 Linda Rowe	72 40-Unattache	19.91m	19.48m@ 63-11
	19.48m 18.53m 17.83m 17.27m		
2 Martha Green	73 40-Unattache	14.00m	11.60m 38-01
	FOUL 10.05m FOUL 11.60m		

Men 80-84 Discus Throw

Name	Age Team	Seed	Finals
80-84 MN All: \$ 27.24m	2015 Leonard Rosen, New Hampshire		
80-84 O - M: @ 26.84m	6/11/2006 Dick Mulkern, Unattached		
80-84 Summer: # 16.49m	7/7/2012 Don Sazima, Unattached		
1 Dennis Prohofsky	84 30-Unattache		18.09m# 59-04
	17.91m 16.74m FOUL 18.09m		

Men 19-34 Hammer Throw

Name	Age Team	Seed	Finals
19-34 MN All: \$ 77.64m	1990 Lance Deal		
19-34 O - M: @ 48.57m	6/10/2018 Terrance Howard, Unattached		
-- Hayden Bills	19 30-Unattache	48.00m	DNS

Women 35-39 Hammer Throw

Name	Age Team	Seed	Finals
35-39 MN All: \$ 14.21m	6/29/2024 Keri Rickard, 30-Unattache		
35-39 O - M: @ 14.21m	6/29/2024 Keri Rickard, 30-Unattache		
1 Keri Rickard	37 30-Unattache	20.00m	14.21m\$ 46-07
	FOUL 14.21m FOUL FOUL		

Men 40-44 Hammer Throw

Name	Age Team	Seed	Finals
40-44 MN All: \$ 59.16m	6/13/2010 James Fahie, Unattached		
40-44 O - M: @ 59.16m	6/13/2010 James Fahie, Unattached		
40-44 Summer: # 40.57m	6/29/2005 Robert Jones, MDRA		
1 Jon Dahlin	42 Multi Minnes	54.91m	49.11m# 161-01
	48.58m 48.94m 49.11m 48.27m		

Women 50-54 Hammer Throw

Name	Age Team	Seed	Finals
50-54 MN All: \$ 31.04m	4/29/2017 Denise Lund, Unattached		
50-54 O - M: @ 29.20m	6/11/2017 Patricia Nelson, Unattached		
50-54 Summer: # 23.56m	7/7/2012 Kirsten Dierking, Unattached		
1 Angela Vick	54 30-Unattache	22.86m	22.39m 73-05
	FOUL 22.39m 17.34m FOUL		

Women 55-59 Hammer Throw

Name	Age Team	Seed	Finals
55-59 MN All: \$ 36.43m	2015 Tamara Alegria, Arizona		
55-59 O - M: @ 32.12m	6/29/2024 Ollie Bogdon, 28-Unattache		
1 Ollie Bogdon	57 28-Unattache	30.50m	32.12m@ 105-04
	32.12m FOUL 26.92m 29.69m		
2 Nancy Tesdall	59 52-Unattache	29.69m	26.82m 88-00
	26.64m 26.44m 26.82m 25.79m		

Men 55-59 Hammer Throw

```

=====
55-59 MN All: $ 49.16m 6/29/2024 Stephen Adelman, 38-Unattache
55-59 O - M: @ 49.16m 6/29/2024 Stephen Adelman, 38-Unattache
Name Age Team Seed Finals
=====
1 Stephen Adelman 57 38-Unattache 50.45m 49.16m$ 161-03
46.79m 40.45m FOUL 49.16m
-- Troy Bellrichard 57 30-Unattache 35.00m FOUL
FOUL PASS PASS PASS
    
```

Men 60-64 Hammer Throw

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=====
60-64 MN All: $ 40.99m 2015 John Mackersie, Tennessee
60-64 O - M: @ 34.98m 6/9/2019 Brian Roegiers, Unattached
Name Age Team Seed Finals
=====
1 Erik Keller 60 52-Unattache 32.70m 33.82m 110-11
FOUL 30.18m 31.08m 33.82m
    
```

Women 60-64 Hammer Throw

```

=====
60-64 MN All: $ 28.20m 4/29/2017 Cathy van Der Schans, Unattached
60-64 O - M: @ 25.17m 6/11/2017 Catherine van der Schans, Unattached
Name Age Team Seed Finals
=====
-- Patricia Nelson 60 30-Unattache FOUL
FOUL FOUL FOUL FOUL
    
```

Men 70-74 Hammer Throw

```

=====
70-74 MN All: $ 43.87m 2015 George Mathews, Washington
70-74 O - M: @ 36.51m 6/24/2023 Patrick Hauser, 20-Unattache
Name Age Team Seed Finals
=====
1 Patrick Hauser 73 20-Unattache 32.50m 31.98m 104-11
31.80m FOUL 31.98m 31.40m
    
```

Women 70-74 Hammer Throw

```

=====
70-74 MN All: $ 24.16m 2015 Cindy Wyatt, Ohio
70-74 O - M: @ 17.69m 6/24/2023 Martha Green, 40-Unattache
Name Age Team Seed Finals
=====
1 Martha Green 73 40-Unattache 17.00m 17.54m 57-06
16.83m 17.54m 16.28m 17.02m
2 Linda Rowe 72 40-Unattache 16.86m 17.24m 56-07
17.24m 15.83m 15.62m 15.48m
    
```

Men 80-84 Hammer Throw

```

=====
80-84 MN All: $ 27.67m 2015 Ray Feick, Pennsylvania
80-84 O - M: @ 26.00m 6/8/2009 Dick Mulkern, Unattached
80-84 Summer: # 19.18m 7/7/2012 Don Sazima, Unattached
Name Age Team Seed Finals
=====
1 Dennis Prohofsky 84 30-Unattache 17.55m 57-07
16.79m FOUL 16.36m 17.55m
-- Michael Burns 81 30-Unattache DNS
    
```

Women 19-34 Javelin Throw

```

=====
19-34 MN All: $ 53.28m 1990 Erica Wheeler
19-34 O - M: @ 43.48m 6/2/1996 Renee Erickson, Unattached
19-34 Summer: # 30.55m 7/15/2001 Lisa Harms, Team Neanderthal
    
```

Name	Age Team	Seed	Finals
1 Anna Swanson	23 20-Unattache	47.65m	42.03m# 137-11
40.90m 39.22m 41.27m 42.03m			
2 Chloe Staub	21 30-Unattache	40.10m	41.32m# 135-07
34.22m 41.32m 32.93m FOUL			
3 Ava Wolfe	19 30-Unattache	26.00m	26.29m 86-03
25.05m 24.99m 26.29m 25.61m			
4 Lilian Nelson	22 30-Unattache	26.24m	24.53m 80-06
21.15m 24.53m FOUL 23.03m			
5 Esther Fleigle	32 Fleigle's Fl		14.84m 48-08
10.78m 13.73m FOUL 14.84m			

Men 35-39 Javelin Throw

35-39 MN All: \$ 49.63m	7/24/1994	Joe Rodriguez	
35-39 O - M: @ 49.63m	7/24/1994	Joe Rodriguez	
35-39 Summer: # 44.38m	7/31/2008	Hugo Munoz, Unattached	
Name	Age Team	Seed	Finals
1 Matthew Fleigle	36 Fleigle's Fl		15.88m 52-01
15.88m FOUL FOUL 15.33m			

Women 35-39 Javelin Throw

35-39 MN All: \$ 20.78m	6/29/2024	Keri Rickard, 30-Unattache	
35-39 O - M: @ 20.78m	6/29/2024	Keri Rickard, 30-Unattache	
Name	Age Team	Seed	Finals
1 Keri Rickard	37 30-Unattache	20.00m	20.78m\$ 68-02
18.95m 20.78m 19.62m 19.26m			

Men 40-44 Javelin Throw

40-44 MN All: \$ 47.57m	2013	Travis Zorn, Unattached	
40-44 O - M: @ 46.76m	6/10/2001	Doug Weimerskirch, Unattached	
40-44 Summer: # 40.76m	8/7/2008	Peter Papp, Unattached	
Name	Age Team	Seed	Finals
1 Nick Casillas	40 Jesup Track		29.79m 97-09
26.73m 29.79m FOUL 27.84m			

Women 45-49 Javelin Throw

45-49 MN All: \$ 27.51m	6/29/2024	Emilee Moss, 23-Unattache	
45-49 O - M: @ 27.51m	6/29/2024	Emilee Moss, 23-Unattache	
45-49 Summer: # 22.76m	8/11/2009	Kirsten Dierking, Unattached	
Name	Age Team	Seed	Finals
1 Emilee Moss	47 23-Unattache		27.51m\$ 90-03
21.84m 27.38m 26.31m 27.51m			

Women 50-54 Javelin Throw

50-54 MN All: \$ 28.96m	2015	Kimberly Virden, Wisconsin	
50-54 O - M: @ 26.78m	6/24/2023	Cathy Petra, 52-Unattache	
50-54 Summer: # 14.13m	7/29/2014	Patricia Nelson, Unattached	
Name	Age Team	Seed	Finals
1 Angela Vick	54 30-Unattache	19.81m	14.34m# 47-00
FOUL 12.83m 14.08m 14.34m			

Men 50-54 Javelin Throw

50-54 MN All: \$ 56.37m	2015	Paul Lykken, Minnesota	
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50-54 O - M: @ 52.28m 6/10/2012 Paul Lykken, Unattached  
50-54 Summer: # 47.41m 6/26/2005 Richard Schletty, National Sports Center

Name	Age	Team	Seed	Finals
1 James Kimani	54	30-Unattache		31.06m 101-11
FOUL 31.06m	FOUL 28.33m			

Men 55-59 Javelin Throw

55-59 MN All: \$ 56.85m 2015 Stuart Spangenberg, Florida  
55-59 O - M: @ 40.92m 6/12/2022 Troy Bellrichard, 30-Unattache

Name	Age	Team	Seed	Finals
-- Troy Bellrichard	57	30-Unattache	39.84m	DNS

Women 55-59 Javelin Throw

55-59 MN All: \$ 33.62m 2015 Linn Dunton, California  
55-59 O - M: @ 19.68m 6/13/2010 Kay Glynn, Unattached

Name	Age	Team	Seed	Finals
1 Nancy Tesdall	59	52-Unattache		15.33m 50-03
14.69m 15.33m	FOUL 13.11m			
2 Ollie Bogdon	57	28-Unattache	12.00m	10.54m 34-07
8.89m 10.54m	10.50m FOUL			

Men 60-64 Javelin Throw

60-64 MN All: \$ 45.31m 2015 Robert Orell, Missouri  
60-64 O - M: @ 37.10m 6/12/2011 James Rosamilia, Unattached

Name	Age	Team	Seed	Finals
1 Erik Keller	60	52-Unattache	29.00m	30.18m 99-00
28.55m 30.18m	26.83m 28.82m			
-- Wade Sorenson	62	28-Unattache	34.00m	DNS

Women 60-64 Javelin Throw

60-64 MN All: \$ 34.10m 2015 Linda Cohn, California  
60-64 O - M: @ 14.76m 6/29/2024 Patricia Nelson, 30-Unattache

Name	Age	Team	Seed	Finals
1 Patricia Nelson	60	30-Unattache		14.76m@ 48-05
14.44m 14.62m	FOUL 14.76m			
2 Laura Nettland	63	29-Unattache	13.20m	9.31m 30-06
9.31m 9.19m	8.70m 8.32m			

Men 65-69 Javelin Throw

65-69 MN All: \$ 50.61m 2015 Buzz Gagne, New Hampshire  
65-69 O - M: @ 30.91m 7/24/1994 Edward Failor

Name	Age	Team	Seed	Finals
1 Michael Boldon	66	20-Unattache	29.30m	21.03m 69-00
21.03m 18.42m	19.11m 20.46m			

Men 70-74 Javelin Throw

70-74 MN All: \$ 36.63m 2015 Michkey Miller, New Mexico  
70-74 O - M: @ 34.18m 6/24/2023 Patrick Hauser, 20-Unattache  
70-74 Summer: # 27.32m 8/11/2009 George Labelle, Unattached

Name	Age	Team	Seed	Finals
1 Patrick Hauser	73	20-Unattache	30.50m	32.27m# 105-10
28.53m FOUL	32.27m FOUL			

Women 70-74 Javelin Throw

```

=====
70-74 MN All: $ 21.70m 2015 Cherie Ann Martin, Ontario
70-74 O - M: @ 17.77m 6/29/2024 Linda Rowe, 40-Unattache
Name Age Team Seed Finals
=====
1 Linda Rowe 72 40-Unattache 17.80m 17.77m@ 58-04
17.77m 16.05m 15.73m 16.65m
2 Martha Green 73 40-Unattache 12.00m 9.07m 29-09
7.68m 9.07m 7.89m 8.60m
    
```

Men 80-84 Javelin Throw

```

=====
80-84 MN All: $ 35.32m 2015 Stanley Koster, Michigan
80-84 O - M: @ 20.59m 6/11/2006 Dick Mulkern, Unattached
Name Age Team Seed Finals
=====
1 Dennis Prohovsky 84 30-Unattache 16.69m 54-09
16.69m 13.77m 16.50m 11.90m
    
```

Women 35-39 3000 Meter Race Walk

```

=====
35-39 MN All: $ 16:50.04 1992 Sue Klappa
35-39 O - M: @ 16:50.04 1992 Sue Klappa
Name Age Team Seed Finals
=====
1 Keri Rickard 37 30-Unattache 28:55.34
    
```

Women 65-69 3000 Meter Race Walk

```

=====
65-69 MN All: $ 22:04.51 7/13/2021 Anita Macias-Matters, 30-Unattache
65-69 O - M: @ 22:15.33 6/20/2021 Anita Macias-Matters, TC Race Walkers
65-69 Summer: # 22:04.51 7/13/2021 Anita Macias-Matters, 30-Unattache
Name Age Team Seed Finals
=====
1 Anita Macias-Matters 69 30-Unattache 23:00.00 24:29.12
    
```

Men 65-69 3000 Meter Race Walk

```

=====
65-69 MN All: $ 17:59.41 6/12/2022 Jeffrey Holmbeck, 30-Unattache
65-69 O - M: @ 17:59.41 6/12/2022 Jeffrey Holmbeck, 30-Unattache
65-69 Summer: # 19:32.07 7/24/2012 David Daubert, Unattached
Name Age Team Seed Finals
=====
1 Jeffrey Holmbeck 67 30-Unattache 20:45.00 21:09.09
    
```

Women 70-74 3000 Meter Race Walk

```

=====
70-74 MN All: $ 18:32.33 6/24/2023 Karen Swisher, 20-Unattache
70-74 O - M: @ 18:32.33 6/24/2023 Karen Swisher, 20-Unattache
Name Age Team Seed Finals
=====
1 Karen Swisher 72 20-Unattache 18:32.00 19:14.02
    
```

Men 80-84 3000 Meter Race Walk

```

=====
80-84 MN All: $ 20:55.07 6/29/2024 Tom Kirkwood, 40-Unattache
80-84 O - M: @ 20:55.07 6/29/2024 Tom Kirkwood, 40-Unattache
Name Age Team Seed Finals
=====
1 Tom Kirkwood 80 40-Unattache 22:00.00 20:55.07$
-- Dennis Prohovsky 84 30-Unattache DNS
    
```