

## 2024 NW Region Masters Championships - 7/13/2024

## 2024 PNW Association Championships

## West Seattle Stadium

## Results

**Event 1 W19-29 100 Meter Dash****Finals**

1	Green, Aniya	W22	Pacific Nort	12.69	-1.7
2	Brown El, Tamar	W29	Pacific Nort	14.85	-1.7

**Event 1 W30 100 Meter Dash****Finals**

1	Lake, Katherine	W30	Pacific Nort	12.99	-1.7
2	Lu, Shihlin	W33	Pacific Nort	15.50	-1.7
---	Berns, Sydney	W32	Pacific Nort	DNS	-1.7

**Event 1 W50 100 Meter Dash**

50 USA: 12.50 R

**Finals**

---	Birade, Dena	W52	Pacific Nort	DNS	-0.2
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**Event 1 W55 100 Meter Dash**

55 USA: 13.27 R

**Finals**

1	Shearer-Hannah, Amanda	W58	Pacific Nort	14.91	-0.2
2	Gibson, Danielle	W59	Northwest Re	15.29	-0.2
3	Figgins, Cara	W58	Pacific Nort	16.78	-0.2

**Event 1 W60 100 Meter Dash**

60 USA: 13.91 R

**Finals**

---	Wong, Rena	W64	Pacific Nort	DNS	-0.2
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**Event 2 M19-29 100 Meter Dash****Finals**

1	Green, Jahlin	M20	Pacific Nort	11.68	-1.8
2	McGaughey, Sean	M28	Northwest Re	11.95	-1.8
3	Eisma, Jaden	M22	Pacific Nort	12.29	-1.8
4	Gibson, Drew	M24	Northwest Re	13.70	-1.8
---	Cole, Ryan	M19	Pacific Nort	DNS	-1.8

**Event 2 M30 100 Meter Dash****Finals**

1	Gallagher, Michael	M34	Pacific Nort	11.82	-1.4
2	Smith Sr., William	M34	Pacific Nort	13.68	-1.4
---	Davis, Aaron	M30	Pacific Nort	DNS	-1.4

**Event 2 M35 100 Meter Dash**

35 USA: 9.87 R

**Finals**

1	Gibbons, Benjamin	M35	Pacific Nort	12.00	-1.4
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**Event 2 M40 100 Meter Dash**

40 USA: 10.73 R

**Finals**

1	Hill, Darryl	M44	Pacific Nort	13.37	-1.4
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**Event 2 M45 100 Meter Dash**

45 USA: 10.72 R

**Finals**

1	Maggit, Quincy	M46	Pacific Nort	12.10	-1.4
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**Event 2 M50 100 Meter Dash**

50 USA: 10.88 R

**Finals**

---	Atkins, Ronald	M50	Pacific Nort	DNS	-2.3
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**Event 2 M55 100 Meter Dash**

55 USA: 11.30 R

**Finals**

1	Colbert, Steven	M59	Other Region	13.13	-2.3
2	Baker, Keith	M57	Pacific Nort	13.64	-2.3
3	Hilton, Ron	M59	Pacific Nort	13.77	-2.3
4	Gaskin Sr., Derek	M58	Northwest Re	14.07	-2.3
---	Wood, Craig	M55	Other Region	DNS	-2.3

**Event 2 M60 100 Meter Dash**

60 USA: 11.83 R

**Finals**

---	Scherbinin, Vadim	M62	Pacific Nort	DNF	-1.8
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**Event 2 M65 100 Meter Dash**

65 USA: 12.31 R

**Finals**

1	Waller, Michael	M65	Pacific Nort	14.03	-1.8
2	Torie, Phillip	M69	Other Region	14.35	-1.8
3	St Cyr, Rene	M65	Northwest Re	15.83	-1.8
4	Demetrio Jr., Theodore	M68	Pacific Nort	17.11	-1.8

**Event 2 M70 100 Meter Dash**

70 USA: 12.77 R

**Finals**

1	Pritchard, Jeffrey	M70	Pacific Nort	14.43	-1.3
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**Event 2 M75 100 Meter Dash**

75 USA: 13.25 R

**Finals**

1	Brocato Sr., Charles	M79	Pacific Nort	15.64	-1.3
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**Event 2 M80 100 Meter Dash**

80 USA: 14.35 R

**Finals**

---	Gee, Arthur	M80	Pacific Nort	DNS	-1.3
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**Event 2 M85 100 Meter Dash**

85 USA: 16.18 R

**Finals**

1	Zerbe, Richard	M85	Pacific Nort	21.32	-1.3
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**Event 2 M90 100 Meter Dash**

90 USA: 17.83 R

**Finals**

---	Bethke, Robert	M92	Pacific Nort	DNS	-1.3
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**Event 3 W19-29 200 Meter Dash****Finals**

1	Green, Aniya	W22	Pacific Nort	26.61	-1.0
2	Brown El, Tamar	W29	Pacific Nort	31.00	-1.0

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**Event 3 W30 200 Meter Dash****Finals**

---	Berns, Sydney	W32	Pacific Nort	DNS	-1.0
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**Event 3 W40 200 Meter Dash****40 USA: 24.84 R****Finals**

---	Gayman, Megan	W40	Pacific Nort	DNS	-1.0
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**Event 3 W55 200 Meter Dash****55 USA: 27.54 R****Finals**

1	Shearer-Hannah, Amanda	W58	Pacific Nort	31.72	-1.0
2	Gibson, Danielle	W59	Northwest Re	32.94	-1.0
---	Figgins, Cara	W58	Pacific Nort	DNS	-1.0

**Event 3 W60 200 Meter Dash****60 USA: 28.54 R****Finals**

1	Scott, Daphne	W63	Pacific Nort	31.30	-1.0
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**Event 4 M19-29 200 Meter Dash****Finals**

1	Green, Jahlin	M20	Pacific Nort	23.59	NWI
2	McGaughey, Sean	M28	Northwest Re	24.21	NWI
3	Eisma, Jaden	M22	Pacific Nort	24.71	NWI
---	Cole, Ryan	M19	Pacific Nort	DNS	NWI
---	Gibson, Drew	M24	Northwest Re	DNS	NWI

**Event 4 M30 200 Meter Dash****Finals**

---	Gallagher, Michael	M34	Pacific Nort	DNS	NWI
---	Davis, Aaron	M30	Pacific Nort	DNS	-2.0

**Event 4 M35 200 Meter Dash****35 USA: 20.49 R****Finals**

1	Gibbons, Benjamin	M35	Pacific Nort	24.51	NWI
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**Event 4 M45 200 Meter Dash****45 USA: 21.80 R****Finals**

---	Maggit, Quincy	M46	Pacific Nort	DNS	-2.0
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**Event 4 M50 200 Meter Dash****50 USA: 22.44 R****Finals**

---	Atkins, Ronald	M50	Pacific Nort	DNS	-2.0
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**Event 4 M55 200 Meter Dash****55 USA: 23.24 R****Finals**

1	Gaskin Sr., Derek	M58	Northwest Re	28.79	NWI
---	Hilton, Ron	M59	Pacific Nort	DNS	-2.0
---	Wood, Craig	M55	Other Region	DNS	-2.0
---	Baker, Keith	M57	Pacific Nort	DNS	-2.0

**Event 4 M60 200 Meter Dash****60 USA: 24.14 R****Finals**

---	Scherbinin, Vadim	M62	Pacific Nort	DNS	-1.2
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**Event 4 M65 200 Meter Dash****65 USA: 24.65 R****Finals**

1	Allen, Ira	M65	Pacific Nort	29.95	-1.2
2	Demetrio Jr., Theodore	M68	Pacific Nort	37.81	-1.2
---	Waller, Michael	M65	Pacific Nort	DNS	-1.2
---	Stonkus, Army	M69	Pacific Nort	DNS	-1.2

**Event 4 M75 200 Meter Dash****75 USA: 27.73 R****Finals**

1	Brocato Sr., Charles	M79	Pacific Nort	32.77	-0.9
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**Event 4 M85 200 Meter Dash****85 USA: 34.41 R****Finals**

1	Zerbe, Richard	M85	Pacific Nort	44.24	-0.9
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**Event 4 M90 200 Meter Dash****Finals**

---	Bethke, Robert	M92	Pacific Nort	DNS	-0.9
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**Event 5 W19-29 400 Meter Dash****Finals**

1	Green, Aniya	W22	Pacific Nort	1:00.42
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**Event 5 W55 400 Meter Dash****55 USA: 1:04.08 R****Finals**

---	Gibson, Danielle	W59	Northwest Re	DNS
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**Event 6 M19-29 400 Meter Dash****Finals**

1	Nguyen, Andrew	M26	Pacific Nort	58.83
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**Event 6 M55 400 Meter Dash****55 USA: 52.24 R****Finals**

1	Hilton, Ron	M59	Pacific Nort	1:08.05
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**Event 6 M60 400 Meter Dash****60 USA: 54.29 R****Finals**

---	Scherbinin, Vadim	M62	Pacific Nort	DNS
---	Beaman, Doug	M61	Northwest Re	DNS

**Event 6 M65 400 Meter Dash****65 USA: 56.09 R****Finals**

1	Troup, John	M68	Pacific Nort	1:09.82
---	Stonkus, Army	M69	Pacific Nort	DNS
---	Allen, Ira	M65	Pacific Nort	DNS

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**Event 7 M40 800 Meter Run****Finals**

1 Wilson, Sam M43 Pacific Nort 2:16.41

**Event 7 M50 800 Meter Run****Finals**1 Haase, Colby M51 Pacific Nort 2:24.23  
--- Ellison, Benjamin M50 Other Region DNS**Event 7 M55 800 Meter Run****Finals**

1 Niiyama, Craig M57 Pacific Nort 2:34.87

**Event 7 M60 800 Meter Run****Finals**

1 Beaman, Doug M61 Northwest Re 2:25.79

**Event 7 M65 800 Meter Run****Finals**

1 Monroe, Anthony M65 Pacific Nort 4:18.63

**Event 7 M80 800 Meter Run****Finals**

--- Joslin Sr., Timothy M83 Pacific Nort DNS

**Event 9 W20-29 1500 Meter Run****Finals**

1 Lace, Julia W21 Pacific Nort 5:41.35

**Event 9 W40 1500 Meter Run****Finals**

1 Ekemo, Morgan W40 Northwest Re 5:33.56

**Event 9 M50 1500 Meter Run****Finals**1 Haase, Colby M51 Pacific Nort 4:57.56  
--- Kisslo, Andrew M53 Pacific Nort DNS  
--- Ellison, Benjamin M50 Other Region DNS**Event 9 M55 1500 Meter Run****Finals**

--- Niiyama, Craig M57 Pacific Nort DNS

**Event 9 M60 1500 Meter Run****Finals**

--- Beaman, Doug M61 Northwest Re DNS

**Event 9 M70 1500 Meter Run****Finals**

1 Garrison, Rick M71 Pacific Nort 7:21.71

**Event 9 M75 1500 Meter Run****Finals**

1 Medeiros, John M76 Pacific Nort 8:02.17

**Event 9 M80 1500 Meter Run****Finals**

1 Joslin Sr., Timothy M83 Pacific Nort 9:10.70

**Event 11 W19-29 5000 Meter Run****Finals**

1 Lace, Julia W21 Pacific Nort 22:37.66

**Event 11 W40 5000 Meter Run****Finals**

1 Ekemo, Morgan W40 Northwest Re 19:28.05

**Event 11 W60 5000 Meter Run****Finals**

--- Cowden, Lisa W62 Pacific Nort DNS

**Event 11 W65 5000 Meter Run****Finals**

1 McVee, Amy W65 Northwest Re 26:59.27

**Event 11 M40 5000 Meter Run****Finals**

1 Lally, Glen M43 Other Region 19:19.02

**Event 11 M60 5000 Meter Run****Finals**1 Smith, Paul M60 Northwest Re 17:44.53  
2 Harris, Andy M64 Other Region 23:53.70**Event 11 M75 5000 Meter Run**

75 USA: 12:04.00 R

**Finals**

--- Medeiros, John M76 Pacific Nort DNS

**Event 11 M80 5000 Meter Run****Finals**

1 Peirce, Stephen M80 Northwest Re 42:47.00

**Event 12 W60 5000 Meter Race Walk****Finals**

1 Tuberg, Ann W64 Pacific Nort 35:24.07

**Event 12 W75 5000 Meter Race Walk****Finals**

1 Thurman, Diana W77 Pacific Nort 40:47.87

**Event 12 M60 5000 Meter Race Walk****Finals**

1 Jiang, Peigen M60 Pacific Nort 34:44.92

**Event 12 M65 5000 Meter Race Walk****Finals**

--- Rehder, William M67 Pacific Nort DNS

**Event 12 M75 5000 Meter Race Walk****Finals**

--- Novak, Robert M75 Pacific Nort DNS

**Event 13 W50 80 Short Hurdles****Finals**

--- DeMella, Jennifer W53 Pacific Nort DNS NWI

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**Event 13 W60 80 Short Hurdles****Finals**

1	Scott, Daphne	W63	Pacific Nort	15.45	NWI
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**Event 14 M70 80 Short Hurdles****Finals**

1	Jacquet-Acea, Russell	M71	Pacific Nort	13.85	NWI
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**Event 15 M80 80 Short Hurdles****Finals**

1	Gee, Arthur	M80	Pacific Nort	20.74	1.5
2	Peirce, Stephen	M80	Northwest Re	22.64	1.5

**Event 16 W19-29 100 Short Hurdles****Finals**

1	Hawaaboo, Kira	W19	Pacific Nort	16.81	0.5
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**Event 16 W30 100 Short Hurdles****Finals**

---	Lu, Shihlin	W33	Pacific Nort	DQ	0.5
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**Event 17 M55 100 Short Hurdles****Finals**

---	Hilton, Ron	M59	Pacific Nort	DNS	NWI
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**Event 18 M35 110 Short Hurdles****Finals**

---	Gibbons, Benjamin	M35	Pacific Nort	DNS	NWI
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**Event 18 M45 110 Short Hurdles****Finals**

---	McDonald, Orville	M47	Pacific Nort	DNS	NWI
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**Event 19 M80 200 Long Hurdles****Finals**

1	Peirce, Stephen	M80	Northwest Re	47.73	0.6
---	Gee, Arthur	M80	Pacific Nort	DNS	0.6

**Event 20 W50 300 Long Hurdles****Finals**

---	DeMella, Jennifer	W53	Pacific Nort	DNS
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**Event 21 M70 300 Long Hurdles****Finals**

1	Jacquet-Acea, Russell	M71	Pacific Nort	51.37
---	Ortman, David	M71	Other Region	DNS

**Event 22 M45 400 Long Hurdles****Finals**

---	McDonald, Orville	M47	Pacific Nort	DNS
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**Event 22 M55 400 Long Hurdles****Finals**

---	Hilton, Ron	M59	Pacific Nort	DNS
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**Event 23 W19-29 2000 Meter Steeplechase****Finals**

1	Lace, Julia	W21	Pacific Nort	9:13.55
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**Event 24 M60 2000 Meter Steeplechase****Finals**

1	Roe, Chip	M62	Northwest Re	11:21.23
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**Event 25 M50 3000 Meter Steeplechase****Finals**

1	Coe, Charlie	M53	Other Region	13:12.87
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**Event 29 M40-49 4x100 Meter Relay****Finals**

1	Pacific Nort	A	47.49
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**Event 33 W30 Long Jump****Finals**

1	Lake, Katherine	W30	Pacific Nort	5.23m	NWI
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**Event 33 M19-29 Long Jump****Finals**

1	Green, Jahlin	M20	Pacific Nort	5.56m	NWI
2	Gibson, Drew	M24	Northwest Re	4.26m	NWI
---	Ellison, Sean	M19	Pacific Nort	DNS	NWI

**Event 33 M40 Long Jump****Finals**

1	Hill, Darryl	M44	Pacific Nort	4.87m	NWI
---	Wilson, Sam	M43	Pacific Nort	DNS	NWI

**Event 33 M45 Long Jump****Finals**

1	Maggit, Quincy	M46	Pacific Nort	5.36m	NWI
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**Event 33 M60 Long Jump****Finals**

---	Toll, Mike	M60	Northwest Re	DNS	NWI
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**Event 33 M65 Long Jump****Finals**

1	Smith, Joe	M68	Pacific Nort	4.48m	1.2
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**Event 33 M70 Long Jump****Finals**

1	Jacquet-Acea, Russell	M71	Pacific Nort	3.99m	NWI
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**Event 33 M80 Long Jump****Finals**

1	Sheedy, Robert	M83	Pacific Nort	2.52m	NWI
2	Peirce, Stephen	M80	Northwest Re	2.50m	NWI
3	Kondrasuk, John	M82	Northwest Re	1.85m	NWI

**Event 35 M19-29 Triple Jump****Finals**

1	Gibson, Drew	M24	Northwest Re	8.90m	NWI
---	Ellison, Sean	M19	Pacific Nort	DNS	NWI

**Event 35 M35 Triple Jump****Finals**

1	Gray, Joshua	M35	Pacific Nort	10.98m	NWI
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**Event 35 M40 Triple Jump****Finals**

1	Hill, Darryl	M44	Pacific Nort	11.00m	NWI
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**Event 35 M60 Triple Jump****Finals**

---	Toll, Mike	M60	Northwest Re	DNS	NWI
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**Event 35 M65 Triple Jump****Finals**

1	Smith, Joe	M68	Pacific Nort	9.58m	NWI
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**Event 35 M80 Triple Jump****Finals**

1	Peirce, Stephen	M80	Northwest Re	5.60m	NWI
2	Gee, Arthur	M80	Pacific Nort	5.52m	NWI
3	Kondrasuk, John	M82	Northwest Re	3.83m	NWI

**Event 37 W19-29 High Jump****Finals**

1	Brown El, Tamar	W29	Pacific Nort	1.30m	
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**Event 37 W60 High Jump****Finals**

---	Wong, Rena	W64	Pacific Nort	DNS	
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**Event 37 M30 High Jump****Finals**

1	Jowett, Nathan	M31	Pacific Nort	1.65m	
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**Event 37 M60 High Jump**

60 USA: 1.74m R

**Finals**

---	Toll, Mike	M60	Northwest Re	DNS	
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**Event 37 M65 High Jump**

65 USA: 1.66m R

**Finals**

1	Allen, Ira	M65	Pacific Nort	1.45m	
2	Monroe, Anthony	M65	Pacific Nort	1.20m	
---	Smith, Joe	M68	Pacific Nort	DNS	

**Event 37 M70 High Jump**

70 USA: 1.58m R

**Finals**

---	Ortman, David	M71	Other Region	DNS	
---	Harger Jr., Stover	M73	Northwest Re	DNS	

**Event 37 M80 High Jump**

80 USA: 1.37m R

**Finals**

1	Sheedy, Robert	M83	Pacific Nort	1.05m	
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**Event 37 M90 High Jump****Finals**

1	Bethke, Robert	M92	Pacific Nort	0.85m	
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**Event 38 W40 Pole Vault**

40 USA: 3.50m R

**Finals**

1	Gayman, Megan	W40	Pacific Nort	2.15m	
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**Event 38 W55 Pole Vault****Finals**

1	Larsen, Lynn	W56	Other Region	2.45m	
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**Event 38 W60 Pole Vault****Finals**

1	Wong, Rena	W64	Pacific Nort	2.60m	
2	Scott, Daphne	W63	Pacific Nort	2.15m	

**Event 38 W65 Pole Vault****Finals**

1	Hoppie, Carla	W67	Pacific Nort	2.30m	
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**Event 38 M50 Pole Vault**

50 USA: 4.75m R

**Finals**

1	Cafferata, Clayton	M54	Pacific Nort	3.65m	
2	Bouzane, Alexander	M52	Other Region	3.65m	

**Event 38 M70 Pole Vault**

70 USA: 3.49m R

**Finals**

1	St Cyr, Kenneth	M72	Other Region	2.75m	
2	Jacquet-Acea, Russell	M71	Pacific Nort	2.45m	
3	Reed, Joseph	M71	Northwest Re	2.15m	
---	Harger Jr., Stover	M73	Northwest Re	DNS	

**Event 38 M80 Pole Vault**

80 USA: 2.75m R

**Finals**

1	Gee, Arthur	M80	Pacific Nort	1.55m	
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**Event 40 W19-29 Shot Put****Finals**

1	Hawaaboo, Kira	W19	Pacific Nort	9.96m	
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**Event 40 W35 Shot Put**

35 USA: 16.30m R

**Finals**

1	Chaney, Erica	W36	Northwest Re	12.05m	
2	Bailey, Lamborghini	W36	Northwest Re	8.53m	

**Event 40 W40 Shot Put**

40 USA: 15.09m R

**Finals**

1	Redding, Katherine	W42	Northwest Re	9.22m	
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**Event 40 W55 Shot Put**

55 USA: 13.27m R

**Finals**

1	Gibson, Danielle	W59	Northwest Re	5.78m	
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**Event 40 W60 Shot Put**

60 USA: 12.58m R

**Finals**

1 Beard, Donna W60 Pacific Nort 10.02m

**Event 40 W65 Shot Put**

65 USA: 11.31m R

**Finals**

--- Hoppie, Carla W67 Pacific Nort DNS

**Event 41 M30 Shot Put****Finals**

1 DeRosa, Matt M32 Northwest Re 13.35m

**Event 41 M35 Shot Put****Finals**1 Peters II, Darwin M37 Pacific Nort 10.10m  
2 Barnes, Chris M38 Pacific Nort 9.50m**Event 41 M45 Shot Put**

45 USA: 16.83m R

**Finals**

1 Bays, Zacharry M49 Pacific Nort 10.51m

**Event 41 M50 Shot Put****Finals**1 Salas, Christian M53 Pacific Nort 11.01m  
2 Pedro Jr., George M51 Pacific Nort 10.77m  
3 Fitzgerald, Sam M54 Pacific Nort 7.91m**Event 41 M55 Shot Put****Finals**1 Czekajlo, Rafal M58 Other Region 11.25m  
--- Miethe Jr., David M55 Pacific Nort DNS**Event 41 M60 Shot Put**

60 USA: 17.38m R

**Finals**1 Patterson, James M61 Northwest Re 17.11m  
--- Wymer, Larry M63 Pacific Nort DNS**Event 41 M65 Shot Put**

65 USA: 16.66m R

**Finals**

1 Zitnik III, Frank M66 Pacific Nort 9.53m

**Event 41 M70 Shot Put**

70 USA: 15.42m R

**Finals**

1 Galvanin, Donald M71 Pacific Nort 10.91m

**Event 41 M75 Shot Put**

75 USA: 13.41m R

**Finals**1 Meyring, Bradley M76 Pacific Nort 10.61m  
2 Deeter, Bill M77 Northwest Re 9.83m**Event 42 M80 Shot Put****Finals**1 Sheedy, Robert M83 Pacific Nort 9.60m  
2 Rowe, Edward M80 Northwest Re 7.60m  
3 Kondrasuk, John M82 Northwest Re 5.73m**Event 42 M90 Shot Put****Finals**

1 Harrison, Richard M91 Pacific Nort 7.11m

**Event 44 W35 Discus Throw****Finals**1 Chaney, Erica W36 Northwest Re 35.32m  
2 Hutchinson, Corissa W37 Northwest Re 32.47m  
3 Bailey, Lamborghini W36 Northwest Re 29.42m**Event 44 W40 Discus Throw****Finals**

1 Redding, Katherine W42 Northwest Re 31.08m

**Event 44 W50 Discus Throw****Finals**

--- Tasker, Tamara W52 Northwest Re DNS

**Event 44 W60 Discus Throw****Finals**

1 Beard, Donna W60 Pacific Nort 23.60m

**Event 45 M45 Discus Throw**

45 USA: 66.12m R

**Finals**

--- Tolentino, Anthony M48 Pacific Nort DNS

**Event 45 M50 Discus Throw**

50 USA: 62.74m R

**Finals**1 Fitzgerald, Sam M54 Pacific Nort 35.97m  
2 Pedro Jr., George M51 Pacific Nort 34.64m  
--- Salas, Christian M53 Pacific Nort DNS**Event 45 M55 Discus Throw**

55 USA: 55.61m R

**Finals**

1 Czekajlo, Rafal M58 Other Region 34.88m

**Event 45 M60 Discus Throw**

60 USA: 57.60m R

**Finals**1 Chaney, Donald M64 Northwest Re 14.71m  
--- Wymer, Larry M63 Pacific Nort DNS**Event 45 M65 Discus Throw**

65 USA: 54.99m R

**Finals**1 Kosierb, Marcel M66 Other Region 37.75m  
2 Zitnik III, Frank M66 Pacific Nort 30.25m  
3 Demetrio Jr., Theodore M68 Pacific Nort 25.81m

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**Event 45 M70 Discus Throw****Finals**

1	Galvanin, Donald	M71	Pacific Nort	27.57m
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**Event 45 M75 Discus Throw****Finals**

1	Meyring, Bradley	M76	Pacific Nort	32.41m
2	Deeter, Bill	M77	Northwest Re	22.18m

**Event 46 M80 Discus Throw****Finals**

1	Sheedy, Robert	M83	Pacific Nort	20.95m
2	Rowe, Edward	M80	Northwest Re	15.90m
3	Kondrasuk, John	M82	Northwest Re	14.96m

**Event 46 M85 Discus Throw****Finals**

---	Hotchkiss, Richard	M85	Other Region	DNS
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**Event 46 M90 Discus Throw****Finals**

1	Harrison, Richard	M91	Pacific Nort	18.27m
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**Event 47 W35 Hammer Throw****Finals**

1	Chaney, Erica	W36	Northwest Re	43.38m
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**Event 47 W40 Hammer Throw****Finals**

1	Redding, Katherine	W42	Northwest Re	41.05m
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**Event 47 W50 Hammer Throw****Finals**

1	Tasker, Tamara	W52	Northwest Re	30.02m
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**Event 47 W60 Hammer Throw****Finals**

1	Beard, Donna	W60	Pacific Nort	40.72m
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**Event 47 W75 Hammer Throw****Finals**

1	Kolva, Bessie	W76	Northwest Re	16.60m
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**Event 48 M50 Hammer Throw**

50 USA: 71.71m R

**Finals**

1	Pedro Jr., George	M51	Pacific Nort	29.11m
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**Event 48 M55 Hammer Throw**

55 USA: 67.27m R

**Finals**

1	Czekajlo, Rafal	M58	Other Region	26.33m
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**Event 48 M60 Hammer Throw**

60 USA: 61.76m R

**Finals**

---	Wymer, Larry	M63	Pacific Nort	DNS
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**Event 48 M65 Hammer Throw****Finals**

1	Zitnik III, Frank	M66	Pacific Nort	23.12m
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**Event 48 M75 Hammer Throw**

75 USA: 51.51m R

**Finals**

1	Sager, Bob	M76	Northwest Re	31.59m
2	Deeter, Bill	M77	Northwest Re	26.74m
3	Meyring, Bradley	M76	Pacific Nort	25.40m
4	Kolva, David	M76	Northwest Re	21.98m
5	Dittmer, Dan	M75	Pacific Nort	13.92m

**Event 49 M80 Hammer Throw****Finals**

1	Rowe, Edward	M80	Northwest Re	14.69m
---	Mathews, George	M80	Pacific Nort	DNS

**Event 49 M85 Hammer Throw****Finals**

1	Hotchkiss, Richard	M85	Other Region	27.25m
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**Event 49 M95 Hammer Throw****Finals**

---	Lewellen, Harvey	M95	Northwest Re	DNS
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**Event 51 W19-29 Javelin Throw****Finals**

1	Hawaaboo, Kira	W19	Pacific Nort	34.83m
2	Lace, Julia	W21	Pacific Nort	14.23m

**Event 51 W55 Javelin Throw****Finals**

1	Larsen, Lynn	W56	Other Region	12.54m
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**Event 51 W60 Javelin Throw****Finals**

1	Beard, Donna	W60	Pacific Nort	34.30m
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**Event 51 W65 Javelin Throw****Finals**

1	Hoppie, Carla	W67	Pacific Nort	15.84m
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**Event 52 M30 Javelin Throw****Finals**

1	Jowett, Nathan	M31	Pacific Nort	42.36m
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**Event 52 M35 Javelin Throw****Finals**

1	Gray, Joshua	M35	Pacific Nort	33.29m
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**Event 52 M45 Javelin Throw****Finals**

---	Tolentino, Anthony	M48	Pacific Nort	DNS
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## 2024 NW Region Masters Championships - 7/13/2024

## 2024 PNW Association Championships

## West Seattle Stadium

## Results

**Event 52 M55 Javelin Throw**

55 USA: 66.11m R

**Finals**

1 Claymore, Jon M59 Pacific Nort 35.18m

**Event 52 M60 Javelin Throw**

60 USA: 58.25m R

**Finals**

--- Wymer, Larry M63 Pacific Nort DNS

**Event 52 M65 Javelin Throw****Finals**

1 Demetrio Jr., Theodore M68 Pacific Nort 24.64m

2 Monroe, Anthony M65 Pacific Nort 18.56m

**Event 52 M70 Javelin Throw****Finals**

1 Galvanin, Donald M71 Pacific Nort 36.33m

**Event 52 M75 Javelin Throw****Finals**

1 Meyring, Bradley M76 Pacific Nort 24.47m

2 Deeter, Bill M77 Northwest Re 16.96m

**Event 53 M80 Javelin Throw****Finals**

1 Sheedy, Robert M83 Pacific Nort 27.75m

2 Rowe, Edward M80 Northwest Re 12.17m

**Event 53 M90 Javelin Throw****Finals**

1 Harrison, Richard M91 Pacific Nort 13.15m

**Event 55 W40 Weight Throw****Finals**

1 Redding, Katherine W42 Northwest Re 12.49m

**Event 55 W60 Weight Throw****Finals**

1 Beard, Donna W60 Pacific Nort 12.89m

**Event 55 W75 Weight Throw****Finals**

1 Kolva, Bessie W76 Northwest Re 5.89m

**Event 55 M50 Weight Throw****Finals**

1 Pedro Jr., George M51 Pacific Nort 12.67m

**Event 55 M60 Weight Throw****Finals**

--- Wymer, Larry M63 Pacific Nort DNS

**Event 55 M65 Weight Throw****Finals**

1 Zitnik III, Frank M66 Pacific Nort 9.45m

2 Demetrio Jr., Theodore M68 Pacific Nort 9.09m

**Event 55 M75 Weight Throw****Finals**

1 Sager, Bob M76 Northwest Re 12.48m

2 Deeter, Bill M77 Northwest Re 11.34m

3 Meyring, Bradley M76 Pacific Nort 10.37m

4 Kolva, David M76 Northwest Re 7.18m

**Event 55 M80 Weight Throw****Finals**

1 Rowe, Edward M80 Northwest Re 7.06m

--- Mathews, George M80 Pacific Nort DNS

**Event 55 M85 Weight Throw****Finals**

--- Hotchkiss, Richard M85 Other Region DNS

**Event 55 M95 Weight Throw****Finals**

--- Lewellen, Harvey M95 Northwest Re DNS

**Event 57 W40 Super Weight****Finals**

1 Redding, Katherine W42 Northwest Re 7.20m

**Event 57 M50 Super Weight****Finals**

1 Pedro Jr., George M51 Pacific Nort 5.88m

**Event 57 M65 Super Weight****Finals**

1 Zitnik III, Frank M66 Pacific Nort 4.99m

**Event 57 M75 Super Weight****Finals**

1 Sager, Bob M76 Northwest Re 6.89m

2 Deeter, Bill M77 Northwest Re 6.47m

3 Kolva, David M76 Northwest Re 4.00m

**Event 57 M80 Super Weight****Finals**

1 Rowe, Edward M80 Northwest Re 4.20m

--- Mathews, George M80 Pacific Nort DNS

**Event 57 M85 Super Weight****Finals**

--- Hotchkiss, Richard M85 Other Region DNS

**Event 57 M95 Super Weight****Finals**

--- Lewellen, Harvey M95 Northwest Re DNS