

**USATF Club Cross Country Championships - 12/9/2023**  
**Apalachee Regional Park**  
**Results**

**Event 2 Men 8k Run CC 60+ Masters**

Name	Age	Team	Finals	Points
Results - Men				
1 Nat Larson	M61	Greater Spri	29:33.5	
2 Mark Zamek	M60	Shore Athletic Club	29:52.6	
3 John Van Danacker	M61	TC Running Company	30:25.1	
4 Kevin Ostenberg	M63	Hoka Aggie R	30:32.2	
5 Steve Schmidt	M63	Ann Arbor TC	30:38.0	
6 Rick Lee	M62	Shore Athletic Club	30:42.8	
7 Alan Evans	M60	Genesee Vall	31:18.4	
8 Mark Neff	M61	Montgomery C	31:20.6	
9 Rick Becker	M69	Atlanta TC	31:21.2	
10 Joseph Mora	M62	Genesee Vall	31:23.5	
11 Henry Notaro	M62	Shore Athletic Club	31:30.4	
12 Patrick Billig	M61	TC Running Company	31:37.6	
13 Lester Dragstedt	M61	Atlanta TC	31:52.8	
14 Jeff Soares	M60	Santa Cruz TC	32:00.4	
15 Dave Bussard	M63	Cht Elite	32:14.4	
16 Michael Gardella	M60	Genesee Vall	32:15.8	
17 Joe Regan	M60	Boston Athle	32:18.9	
18 Ken Youngers	M67	Atlanta TC	32:42.6	
19 David White-Espin	M62	Club Northwest	32:44.6	
20 Michael Salamone	M64	Shore Athletic Club	32:47.5	
21 David Westenber	M66	Greater Lowe	32:53.4	
22 Doug Beaman	M60	Unattached -	33:09.1	
23 Allan Bohlke	M60	TC Running Company	33:12.0	
24 Daniel Johnson	M66	TC Running Compa	33:19.4	
25 Ed LaBair	M64	Cht Elite	33:28.7	
26 Doug Keller	M65	TC Running Company	33:40.1	
27 Pat Bragassa	M60	Unattached -	33:45.9	
28 Casey Hannan	M64	Atlanta TC	33:55.7	
29 Paul Thiels	M60	Power Miler TC	34:00.7	
30 Jeff Duyn	M63	Montgomery C	34:01.5	
31 Lawrence Sak	M63	Ann Arbor TC	34:08.4	
32 Paul Noe	M64	Bunny Gang R	34:15.2	
33 Robert Martin	M60	Athletics East TC	34:19.3	
34 Paul Beers	M66	Unattached -	34:36.4	
35 Nathan Skipper	M60	Atlanta TC	34:48.5	
36 Robert Qualls	M71	River City Rebels	34:51.6	
37 John Van Kerkhove	M61	Genesee Vall	34:53.2	
38 Michael Lebold	M66	Jamul Toads	34:54.1	
39 Eric Stuber	M60	Cht Elite	34:59.9	
40 Thomas Cushman	M70	Hoka Aggie R	35:01.4	
41 Clay Bullwinkel	M66	West Valley TC	35:05.9	
42 Michael Moulsoff	M60	TC Running Compa	35:08.2	
43 Mark Core	M64	Cal Coast TC	35:09.1	
44 Scott Lucking	M69	Atlanta TC B	35:11.4	
45 Peter Kessler	M62	TC Running Compa	35:16.2	
46 Brian Cummins	M68	Unattached -	35:46.9	
47 Rick Pfeiffer	M72	Jamul Toads	35:57.6	
48 Brian Nelson	M66	Cal Coast TC	35:58.5	
49 Jeff Shaver	M63	Hoka Aggie R	36:02.3	
50 Sam Legierski	M65	Bunny Gang R	36:11.3	
51 Kerry Barnett	M63	Cht Elite	36:15.3	
52 David MacVittie	M66	Bunny Gang R	36:20.7	

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53	Paul Jacobson	M60	Montgomery C	36:32.0
54	Tomas Rodriguez	M70	Cal Coast TC	36:35.4
55	Peter LaGoy	M64	Greater Lowe	36:47.1
56	Ken Atterholt	M63	Cal Coast TC	36:55.4
57	James Foster	M72	Syracuse TC	37:03.6
58	Reno Stirrat	M69	Shore Athlet	37:09.2
59	Jim Musante	M66	Shore Athlet	37:14.0
60	Bruce Kirschner	M70	Boulder Road	37:30.5
61	Daniel Arsenault	M61	Cal Coast TC	37:33.3
62	RJ Spalding	M61	Montgomery C	37:33.4
63	Gary Ostwald	M77	Boulder Road	37:37.9
64	Tim Lambrecht	M61	Cht Elite	37:38.0
65	Tom McCarthy	M68	Northern Vir	37:46.0
66	Charlie Roach	M66	TC Running Compa	37:48.0
67	Harold Leddy	M68	Shore Athlet	37:49.5
68	Curt Mancuso	M60	Bunny Gang R	37:53.1
69	Doug Bell	M73	Boulder Road	37:56.2
70	Douglas Chesnut	M70	Boulder Road	37:56.5
71	Miles Hersey	M61	Shore Athlet	38:13.0
72	Gary Passamonte	M66	Genesee Vall	38:21.1
73	Kevin Searls	M65	Hoka Aggie R	38:37.8
74	Tim Hagerty	M65	Greater Lowe	38:48.8
75	Jim Bitsko	M63	Atlanta TC B	38:51.0
76	Ronald Wells	M77	Jamul Toads	38:53.5
77	David Dunbar	M73	Jamul Toads	38:55.7
78	Leslie Sharpe	M73	Club Northwest	39:00.0
79	Perry Linn	M72	River City Rebels	39:27.1
80	Ward Freeman	M66	Ann Arbor TC	39:35.5
81	Eugene Myers	M71	Potomac Valley TC	39:36.1
82	Richard Katz	M75	Boulder Road	40:01.4
83	Aaron Pratt	M69	Ann Arbor TC	40:11.8
84	Jerry Learned	M75	Atlanta TC	40:20.0
85	Brian Trahan	M68	Central Mass	40:23.3
86	Jack Nash	M70	Jamul Toads	40:28.2
87	Terry McCluskey	M75	Ann Arbor TC	40:32.2
88	David Longmuir	M76	Club Northwest	40:35.5
89	Andy Harris	M64	River City Rebels	40:49.8
90	Thomas Albright	M67	Cal Coast TC	40:58.7
91	Bill Langhout	M65	TC Running Company	41:02.1
92	Phillip Payne	M60	Unattached -	41:15.1
93	Gene Jensen	M69	Genesee Vall	41:26.9
94	Douglas Wood	M73	Syracuse TC	41:50.1
95	Ted Larison	M71	Syracuse TC	42:00.5
96	Donald Schwartz	M63	Shore Athletic Club	42:07.2
97	Keith Yeates	M76	Genesee Vall	42:48.0
98	Brad Pinkstaff	M70	Unattached -	42:56.2
99	Paul Carlin	M78	Ann Arbor TC	44:02.5
100	Jim May	M77	Genesee Vall	44:29.0
101	John Combs	M76	Cal Coast TC	44:39.4
102	Dennis Foster	M73	Club Northwest	44:52.3
103	Liam Finnigan	M77	Genesee Vall	45:19.0
104	Harry O'Hara	M75	Bunny Gang R	45:23.7
105	Dixon Cook	M76	High Point A	45:28.8
106	Mark Rybinski	M68	Genesee Vall	45:43.2
107	Ray Leone	M70	Club Northwest	45:46.4

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**....Event 2 Men 8k Run CC 60+ Masters**

108 Daniel Diehr	M74 Jamul Toads	45:52.2
109 Michael Mester	M67 Ann Arbor TC	46:13.6
110 Jan Frisby	M79 Boulder Road	46:22.8
111 Gilbert Machado	M70 River City Rebels	47:11.6
112 Michael Southwood	M69 Athletics East TC	47:51.4
113 Kenneth Williams	M70 High Point A	48:02.1
114 Tim McMullen	M70 Genesee Vall	48:10.0
115 Patrick Taylor	M75 Atlanta TC	48:31.0
116 Mike Spencer	M63 Atlanta TC B	48:36.1
117 Ed Bligh	M81 Atlanta TC	49:00.2
118 William Sumner	M75 Cal Coast TC	49:14.4
119 Terry Simon	M69 High Point A	50:27.1
120 Charlie Muse	M67 Greater Lowe	50:48.3
121 Doug Goodhue	M81 Ann Arbor TC	51:02.1
122 David Salmon	M80 High Point A	51:47.5
123 Jim Glinsky	M77 Genesee Vall	52:52.8
124 John Tillery	M73 High Point A	54:40.6
125 Steve Swindell	M70 River City Rebels	55:13.9
126 Tom Derderian	M74 Greater Boston TC	56:18.8
127 Morris Williams	M78 Atlanta TC	56:33.5
128 James Miner	M75 Syracuse TC	56:55.5
129 Art Must Jr	M80 Atlanta TC	57:31.8
130 Phillip Ozell	M73 Atlanta TC B	57:34.1
131 Michael De Witt	M73 Southeast Wi	58:05.3
132 Sam Benedict	M76 Atlanta TC	1:01:20.3
133 Patrick Riccardi	M73 Syracuse TC	1:04:02.6
134 Marcus Priddy	M68 Gulf Winds TC	1:04:23.1
135 Bob Milan	M74 High Point A	1:07:36.7
136 Michael Reif	M75 Genesee Vall	1:09:35.1
137 Andrew Sherwood	M84 Atlanta TC	1:18:43.4
-- John Mirth	M61 TC Running Compa	DNF
-- Michael Tiska	M52 River City Rebels	DNS
-- Keith Witthauer	M68 Cal Coast TC B	DNS
-- Scott Linnell	M67 Shore Athlet	DNS
-- Warren Angell	M60 Central Mass	DNS
-- John Hadcock	M65 Greater Lowe	DNS
-- Adrian Craven	M87 Atlanta TC	DNS
-- Kevin Dollard	M68 Shore Athlet	DNS
-- Gerry Duffy	M62 Unattached -	DNS
-- Allen Joyce	M74 Atlanta TC	DNS
-- David Bowen	M71 Genesee Valley H	DNS
-- Bobby Hastings	M65 Hoka Aggie R	DNS
-- Joseph Chimino	M70 Genesee Vall	DNS

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## Event 2 Men 8k Run CC 60+ Masters

Name	Age Team	Finals	Age-Grading Points	Age Grade by Approved Tables	Age Grading
Results - Men					
3 Rick Becker	M69 Atlanta TC	31:21.2	24:22.38 86.97%	89.53	1
1 Nat Larson	M61 Greater Sprin	29:33.5	24:02.70 88.19%	88.06	2
5 Kevin Ostenberg	M63 Hoka Aggie R	30:32.2	24:50.45 85.36%	86.79	3
6 Steve Schmidt	M63 Ann Arbor TC	30:38.0	24:55.20 85.09%	86.56	4
2 Mark Zamek	M60 Shore Athletic Club	29:52.6	24:18.22 87.25%	86.32	5
4 John Van Danacker	M61 TC Running Company	30:25.1	24:44.71 85.69%	85.55	6
7 Rick Lee	M62 Shore Athletic Club	30:42.8	24:59.11 84.87%	85.53	7
8 Ken Youngers	M67 Atlanta TC	32:42.6	25:25.68 83.36%	84.18	8
11 Joseph Mora	M62 Genesee Vall	31:23.5	25:32.20 83.04%	83.67	9
19 Gary Ostwald	M77 Boulder Road	37:37.9	25:57.72 81.67%	83.49	10
13 Henry Notaro	M62 Shore Athletic Club	31:30.4	25:37.81 82.74%	83.36	11
10 Mark Neff	M61 Montgomery C	31:20.6	25:29.87 83.16%	83.05	12
12 David Westenberg	M66 Greater Lowe	32:53.4	25:34.09 82.90%	82.91	13
9 Alan Evans	M60 Genesee Vall	31:18.4	25:28.07 83.26%	82.37	14
14 Patrick Billig	M61 TC Running Company	31:37.6	25:43.68 82.42%	82.30	15
15 Robert Qualls	M71 River City Rebels	34:51.6	25:47.99 82.19%	82.30	16
16 Daniel Johnson	M66 TC Running Compa	33:19.4	25:54.29 81.83%	81.83	17
22 Dave Bussard	M63 Cht Elite	32:14.4	26:13.60 80.85%	82.22	18
18 Lester Dragstedt	M61 Atlanta TC	31:52.8	25:56.04 81.77%	81.66	19
27 Michael Salamone	M64 Shore Athletic Club	32:47.5	26:40.52 79.49%	81.61	20
17 Thomas Cushman	M70 Hoka Aggie R	35:01.4	25:55.21 81.80%	80.98	21
28 Ronald Wells	M77 Jamul Toads	38:53.5	26:49.85 79.02%	80.77	22
25 Rick Pfeiffer	M72 Jamul Toads	35:57.6	26:36.85 79.67%	80.76	23
20 Jeff Soares	M60 Santa Cruz TC	32:00.4	26:02.22 81.44%	80.57	24
26 David White-Espin	M62 Club Northwest	32:44.6	26:38.14 79.61%	80.22	25
21 Doug Keller	M65 TC Running Company	33:40.1	26:10.37 80.99%	80.21	26
23 Michael Gardella	M60 Genesee Vall	32:15.8	26:14.75 80.80%	79.95	27
34 Ed LaBair	M64 Cht Elite	33:28.7	27:14.03 77.86%	79.94	28
24 Joe Regan	M60 Boston Athle	32:18.9	26:17.27 80.67%	79.82	29
36 Scott Lucking	M69 Atlanta TC B	35:11.4	27:21.38 77.49%	79.78	30
39 Casey Hannan	M64 Atlanta TC	33:55.7	27:36.00 76.83%	78.88	31
29 Paul Beers	M66 Unattached -	34:36.4	26:54.14 78.79%	78.80	32
37 James Foster	M72 Syracuse TC	37:03.6	27:25.68 77.31%	78.37	33
33 Michael Lebold	M66 Jamul Toads	34:54.1	27:07.94 78.13%	78.12	34
47 Paul Noe	M64 Bunny Gang R	34:15.2	27:51.89 76.10%	78.11	35
42 Jeff Duyn	M63 Montgomery C	34:01.5	27:40.73 76.61%	77.91	36
30 Doug Beaman	M60 Unattached -	33:09.1	26:58.09 78.63%	77.78	37
35 Clay Bullwinkel	M66 West Valley TC	35:05.9	27:17.07 77.69%	77.72	38
45 Brian Cummins	M68 Unattached -	35:46.9	27:49.00 76.20%	77.71	39

31	Allan Bohlke	M60 TC Running Company	33:12.0	27:00.45	78.52%	77.70	40
44	Lawrence Sak	M63 Ann Arbor TC	34:08.4	27:46.31	76.36%	77.64	41
52	Doug Bell	M73 Boulder Road	37:56.2	28:04.62	75.52%	77.58	42
32	Tomas Rodriguez	M70 Cal Coast TC	36:35.4	27:04.79	78.30%	77.52	43
38	Pat Bragassa	M60 Unattached -	33:45.9	27:28.01	77.20%	76.40	44
60	Mark Core	M64 Cal Coast TC	35:09.1	28:35.74	74.16%	76.11	45
51	David Longmuir	M76 Club Northwest	40:35.5	28:00.22	75.71%	76.00	46
41	Paul Thiels	M60 Power Miler TC	34:00.7	27:40.07	76.64%	75.84	47
50	Brian Nelson	M66 Cal Coast TC	35:58.5	27:58.02	75.79%	75.81	48
40	Richard Katz	M75 Boulder Road	40:01.4	27:36.70	76.79%	75.79	49
43	Bruce Kirschner	M70 Boulder Road	37:30.5	27:45.58	76.38%	75.62	50
62	David Dunbar	M73 Jamul Toads	38:55.7	28:48.65	73.60%	75.62	51
64	Reno Stirrat	M69 Shore Athlet	37:09.3	28:52.99	73.39%	75.56	52
63	Leslie Sharpe	M73 Club Northwest	39:00.0	28:51.80	73.46%	75.49	53
46	Jerry Learned	M75 Atlanta TC	40:20.0	27:49.52	76.20%	75.22	54
48	Robert Martin	M60 Athletics East TC	34:19.3	27:55.23	75.95%	75.14	55
55	David MacVittie	M66 Bunny Gang R	36:20.7	28:15.27	75.02%	75.04	56
49	Terry McCluskey	M75 Ann Arbor TC	40:32.2	27:57.96	75.82%	74.82	57
53	Douglas Chesnut	M70 Boulder Road	37:56.5	28:04.81	75.51%	74.76	58
54	Sam Legierski	M65 Bunny Gang R	36:11.3	28:07.92	75.35%	74.64	59
57	John Van Kerkhove	M61 Genesee Vall	34:53.2	28:22.82	74.72%	74.6	60
61	Peter Kessler	M62 TC Running Compa	35:16.2	28:41.49	73.91%	74.46	61
56	Nathan Skipper	M60 Atlanta TC	34:48.5	28:18.94	74.89%	74.09	62
58	Eric Stuber	M60 Cht Elite	34:59.9	28:28.23	74.48%	73.7	63
69	Tom McCarthy	M68 Northern Vir	37:46.0	29:21.54	72.20%	73.63	64
66	Perry Linn	M72 River City Rebels	39:27.1	29:11.84	72.62%	73.6	65
68	Jeff Shaver	M63 Hoka Aggie R	36:02.3	29:18.97	72.33%	73.55	66
71	Harold Leddy	M68 Shore Athlet	37:49.6	29:24.32	72.09%	73.5	67
59	Michael Moulsoff	M60 TC Running Compa	35:08.2	28:35.02	74.19%	73.39	68
65	Jim Musante	M66 Shore Athlet	37:14.0	28:56.71	73.23%	73.26	69
72	Kerry Barnett	M63 Cht Elite	36:15.3	29:29.57	71.90%	73.11	70
76	Peter LaGoy	M64 Greater Lowe	36:47.1	29:55.46	70.86%	72.74	71
81	Paul Carlin	M78 Ann Arbor TC	44:02.5	30:23.01	69.78%	72.72	72
67	Eugene Myers	M71 Potomac Valley TC	39:36.1	29:18.51	72.35%	72.43	73
70	Charlie Roach	M66 TC Running Compa	37:48.0	29:23.13	72.13%	72.16	74
73	Keith Yeates	M76 Genesee Vall	42:48.0	29:31.63	71.81%	72.09	75
79	Ken Atterholt	M63 Cal Coast TC	36:55.4	30:02.17	70.60%	71.79	76
75	Gary Passamonte	M66 Genesee Vall	38:21.1	29:48.82	71.10%	71.1	77
86	Jim May	M77 Genesee Vall	44:29.0	30:41.31	69.09%	70.63	78
74	Paul Jacobson	M60 Montgomery C	36:32.0	29:43.15	71.35%	70.61	79
103	Jan Frisby	M79 Boulder Road	46:22.8	31:59.84	66.26%	70.51	80
90	Douglas Wood	M73 Syracuse TC	41:50.1	30:57.72	68.48%	70.35	81
77	Jack Nash	M70 Jamul Toads	40:28.2	29:57.12	70.79%	70.08	82
78	Kevin Searls	M65 Hoka Aggie R	38:37.8	30:01.84	70.59%	69.94	83
84	Ed Bligh	M81 Atlanta TC	49:00.3	30:33.23	69.38%	69.87	84
93	Aaron Pratt	M69 Ann Arbor TC	40:11.8	31:14.89	67.83%	69.86	85
80	Tim Hagerty	M65 Greater Lowe	38:48.9	30:10.42	70.25%	69.6	86
94	Liam Finnigan	M77 Genesee Vall	45:19.0	31:15.80	67.82%	69.33	87
82	Daniel Arsenault	M61 Cal Coast TC	37:33.3	30:33.00	69.41%	69.3	88
83	RJ Spalding	M61 Montgomery C	37:33.4	30:33.09	69.41%	69.3	89

85	Tim Lambrecht	M61	Cht Elite	37:38.0	30:36.86	69.27%	69.18	90
88	John Combs	M76	Cal Coast TC	44:39.4	30:48.52	68.82%	69.08	91
87	Ward Freeman	M66	Ann Arbor TC	39:35.5	30:46.66	68.87%	68.88	92
97	Brian Trahan	M68	Central Mass	40:23.3	31:23.83	67.51%	68.83	93
92	Ted Larison	M71	Syracuse TC	42:00.5	31:05.36	68.20%	68.29	94
98	Jim Bitsko	M63	Atlanta TC B	38:51.0	31:36.22	67.10%	68.25	95
91	Miles Hersey	M61	Shore Athlet	38:13.0	31:05.35	68.21%	68.12	96
89	Curt Mancuso	M60	Bunny Gang R	37:53.1	30:49.12	68.81%	68.07	97
96	Dixon Cook	M76	High Point A	45:28.8	31:22.56	67.58%	67.84	98
104	Gene Jensen	M69	Genesee Vall	41:26.9	32:13.27	65.79%	67.75	99
101	Thomas Albright	M67	Cal Coast TC	40:58.7	31:51.34	66.54%	67.2	100
100	Doug Goodhue	M81	Ann Arbor TC	51:02.1	31:49.21	66.62%	67.09	101
99	Brad Pinkstaff	M70	Unattached -	42:56.2	31:46.61	66.73%	66.06	102
102	Bill Langhout	M65	TC Running Company	41:02.1	31:54.03	66.45%	65.82	103
95	Harry O'Hara	M75	Bunny Gang R	45:23.7	31:19.08	67.70%	65.79	104
106	Dennis Foster	M73	Club Northwest	44:52.3	33:12.57	63.85%	65.59	105
107	Andy Harris	M64	River City Rebels	40:49.8	33:12.92	63.84%	65.55	106
111	Daniel Diehr	M74	Jamul Toads	45:52.3	33:56.9	62.46%	65.10%	107
105	David Salmon	M80	High Point A	51:47.5	32:17.50	65.65%	64.56	108
113	Donald Schwartz	M63	Shore Athletic Club	42:07.2	34:15.86	61.89%	62.93	109
108	Patrick Taylor	M75	Atlanta TC	48:31.0	33:28.28	63.35%	62.54	110
109	Phillip Payne	M60	Unattached -	41:15.1	33:33.49	63.19%	62.51	111
110	Ray Leone	M70	Club Northwest	45:46.4	33:52.59	62.59%	61.97	112
112	William Sumner	M75	Cal Coast TC	49:14.4	33:58.20	62.42%	61.6	113
115	Mark Rybinski	M68	Genesee Vall	45:43.2	35:32.53	59.64%	61.41	114
114	Gilbert Machado	M70	River City Rebels	47:11.6	34:55.67	60.71%	60.11	115
119	Michael Mester	M67	Ann Arbor TC	46:13.6	35:56.18	58.99%	59.57	116
120	Jim Glinsky	M77	Genesee Vall	52:52.8	36:28.89	58.12%	59.41	117
116	Kenneth Williams	M70	High Point A	48:02.1	35:33.03	59.64%	59.05	118
117	Tim McMullen	M70	Genesee Vall	48:10.1	35:38.90	59.48%	58.88	119
121	Michael Southwood	M69	Athletics East TC	47:51.4	37:12.22	56.98%	58.67	120
118	Art Must Jr	M80	Atlanta TC	57:31.8	35:52.20	59.10%	58.12	121
122	Morris Williams	M78	Atlanta TC	56:33.5	39:01.13	54.34%	56.63	122
123	Terry Simon	M69	High Point A	50:27.1	39:13.25	54.05%	55.65	123
126	Mike Spencer	M63	Atlanta TC B	48:36.1	39:32.23	53.63%	54.54	124
125	Charlie Muse	M67	Greater Lowe	50:48.3	39:29.71	53.67%	54.19	125
127	John Tillery	M73	High Point A	54:40.7	40:27.99	52.40%	53.84	126
124	James Miner	M75	Syracuse TC	56:55.5	39:16.35	53.99%	53.29	127
129	Tom Derderian	M74	Greater Boston TC	56:18.8	41:40.64	50.88%	53.04	128
128	Steve Swindel	M70	River City Rebels	55:14.0	40:52.63	51.87%	51.37	129
131	Phillip Ozell	M73	Atlanta TC B	57:34.2	42:36.39	49.77%	51.13	130
132	Michael De Witt	M73	Southeast Wi	58:05.4	42:59.48	49.32%	50.67	131
130	Sam Benedict	M76	Atlanta TC	1:01:20.3	42:19.00	50.11%	50.29	132
135	Andrew Sherwood	M84	Atlanta TC	1:18:43.4	49:05.04	43.19%	47.21	133
133	Patrick Riccardi	M73	Syracuse TC	1:04:02.6	47:23.91	44.74%	45.96	134
136	Bob Milan	M74	High Point A	1:07:36.7	50:02.36	42.37%	44.17	135
134	Michael Reif	M75	Genesee Vall	1:09:35.1	48:00.38	44.17%	43.59	136
137	Marcus Priddy	M68	Gulf Winds TC	1:04:23.1	50:03.14	42.35%	43.18	137

**USATF Club Cross Country Championships - 12/9/2023**  
**Apalachee Regional Park**  
**Results**

**Event 121 Men 8k Run CC Team 60+**

Name	Age	Team	Finals	Points
Results - Men				
1 Mark Zamek	M60	Shore Athletic Club	29:52.6	1
2 John Van Danacker	M61	TC Running Company	30:25.1	2
3 Kevin Ostenberg	M63	Hoka Aggie R	30:32.2	3
4 Steve Schmidt	M63	Ann Arbor TC	30:38.0	4
5 Rick Lee	M62	Shore Athletic Club	30:42.8	5
6 Alan Evans	M60	Genesee Vall	31:18.4	6
7 Mark Neff	M61	Montgomery C	31:20.6	7
8 Rick Becker	M69	Atlanta TC	31:21.2	8
9 Joseph Mora	M62	Genesee Vall	31:23.5	9
10 Henry Notaro	M62	Shore Athletic Club	31:30.4	10
11 Patrick Billig	M61	TC Running Company	31:37.6	11
12 Lester Dragstedt	M61	Atlanta TC	31:52.8	12
13 Dave Bussard	M63	Cht Elite	32:14.4	13
14 Michael Gardella	M60	Genesee Vall	32:15.8	14
15 Ken Youngers	M67	Atlanta TC	32:42.6	15
16 Michael Salamone	M64	Shore Athletic Club	32:47.5	16
17 David Westenberg	M66	Greater Lowe	32:53.4	17
18 Allan Bohlke	M60	TC Running Company	33:12.0	18
19 Daniel Johnson	M66	TC Running Compa	33:19.4	19
20 Ed LaBair	M64	Cht Elite	33:28.7	20
21 Doug Keller	M65	TC Running Company	33:40.1	21
22 Casey Hannan	M64	Atlanta TC	33:55.7	22
23 Jeff Duyn	M63	Montgomery C	34:01.5	23
24 Lawrence Sak	M63	Ann Arbor TC	34:08.4	24
25 Paul Noe	M64	Bunny Gang R	34:15.2	25
26 Nathan Skipper	M60	Atlanta TC	34:48.5	26
27 John Van Kerkhove	M61	Genesee Vall	34:53.2	27
28 Eric Stuber	M60	Cht Elite	34:59.9	28
29 Thomas Cushman	M70	Hoka Aggie R	35:01.4	29
30 Michael Moulsoff	M60	TC Running Compa	35:08.2	30
31 Mark Core	M64	Cal Coast TC	35:09.1	31
32 Scott Lucking	M69	Atlanta TC B	35:11.4	32
33 Peter Kessler	M62	TC Running Compa	35:16.2	33
34 Brian Nelson	M66	Cal Coast TC	35:58.5	34
35 Jeff Shaver	M63	Hoka Aggie R	36:02.3	35
36 Sam Legierski	M65	Bunny Gang R	36:11.3	36
37 Kerry Barnett	M63	Cht Elite	36:15.3	37
38 David MacVittie	M66	Bunny Gang R	36:20.7	38
39 Paul Jacobson	M60	Montgomery C	36:32.0	39
40 Peter LaGoy	M64	Greater Lowe	36:47.1	40
41 Ken Atterholt	M63	Cal Coast TC	36:55.4	41
42 Reno Stirrat	M69	Shore Athlet	37:09.2	42
43 Jim Musante	M66	Shore Athlet	37:14.0	43
44 Daniel Arsenault	M61	Cal Coast TC	37:33.3	44
45 RJ Spalding	M61	Montgomery C	37:33.4	45
46 Tim Lambrecht	M61	Cht Elite	37:38.0	46
47 Charlie Roach	M66	TC Running Compa	37:48.0	47
48 Harold Leddy	M68	Shore Athlet	37:49.5	48
49 Curt Mancuso	M60	Bunny Gang R	37:53.1	49
50 Miles Hersey	M61	Shore Athlet	38:13.0	50
51 Gary Passamonte	M66	Genesee Vall	38:21.1	51
52 Kevin Searls	M65	Hoka Aggie R	38:37.8	52

**USATF Club Cross Country Championships - 12/9/2023**  
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**Results**

**....Event 121 Men 8k Run CC Team 60+**

53	Tim Hagerty	M65	Greater Lowe	38:48.8	53
54	Jim Bitsko	M63	Atlanta TC B	38:51.0	54
55	Ward Freeman	M66	Ann Arbor TC	39:35.5	55
56	Aaron Pratt	M69	Ann Arbor TC	40:11.8	56
57	Thomas Albright	M67	Cal Coast TC	40:58.7	57
58	Bill Langhout	M65	TC Running Company	41:02.1	58
59	Gene Jensen	M69	Genesee Vall	41:26.9	
60	Donald Schwartz	M63	Shore Athletic Club	42:07.2	59
61	Harry O'Hara	M75	Bunny Gang R	45:23.7	60
62	Mark Rybinski	M68	Genesee Vall	45:43.2	
63	Michael Mester	M67	Ann Arbor TC	46:13.6	61
64	Mike Spencer	M63	Atlanta TC B	48:36.1	62
65	Charlie Muse	M67	Greater Lowe	50:48.3	63
66	Phillip Ozell	M73	Atlanta TC B	57:34.1	64
67	Michael Reif	M75	Genesee Vall	1:09:35.1	
--	John Mirth	M61	TC Running Compa	DNF	
--	Scott Linnell	M67	Shore Athlet	DNS	
--	Bobby Hastings	M65	Hoka Aggie R	DNS	
--	John Hadcock	M65	Greater Lowe	DNS	

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
Results - Men											
1	Shore Athletic Club	16	1	5	10	16	59				
2	Genesee Valley Harriers	29	6	9	14	27	51				
3	TC Running Company	31	2	11	18	21	58				
4	Atlanta TC	35	8	12	15	22	26				
5	Cht Elite	61	13	20	28	37	46				
6	Hoka Aggie Running Club	67	3	29	35	52					
7	Montgomery County Road Ru	69	7	23	39	45					
8	TC Running Company B	82	19	30	33	47					
9	Ann Arbor TC	83	4	24	55	56	61				
10	Bunny Gang Running Club I	99	25	36	38	49	60				
11	Cal Coast TC	106	31	34	41	44	57				
12	Greater Lowell Road Runne	110	17	40	53	63					
13	Shore Athletic Club B	133	42	43	48	50					
14	Atlanta TC B	148	32	54	62	64					



**USATF Club Cross Country Championships - 12/9/2023**  
**Apalachee Regional Park**  
**Results**

**Event 122 Men 8k Run CC Team 70+**

Name	Age Team	Finals	Points
Results - Men			
1 Robert Qualls	M71 River City Rebels	34:51.6	1
2 Rick Pfeiffer	M72 Jamul Toads	35:57.6	2
3 Tomas Rodriguez	M70 Cal Coast TC	36:35.4	3
4 James Foster	M72 Syracuse TC	37:03.6	4
5 Bruce Kirschner	M70 Boulder Road	37:30.5	5
6 Gary Ostwald	M77 Boulder Road	37:37.9	6
7 Doug Bell	M73 Boulder Road	37:56.2	7
8 Douglas Chesnut	M70 Boulder Road	37:56.5	8
9 Ronald Wells	M77 Jamul Toads	38:53.5	9
10 David Dunbar	M73 Jamul Toads	38:55.7	10
11 Leslie Sharpe	M73 Club Northwest	39:00.0	11
12 Perry Linn	M72 River City Rebels	39:27.1	12
13 Richard Katz	M75 Boulder Road	40:01.4	13
14 Jerry Learned	M75 Atlanta TC	40:20.0	14
15 Jack Nash	M70 Jamul Toads	40:28.2	15
16 Terry McCluskey	M75 Ann Arbor TC	40:32.2	16
17 David Longmuir	M76 Club Northwest	40:35.5	17
18 Douglas Wood	M73 Syracuse TC	41:50.1	18
19 Ted Larison	M71 Syracuse TC	42:00.5	19
20 Keith Yeates	M76 Genesee Vall	42:48.0	20
21 Paul Carlin	M78 Ann Arbor TC	44:02.5	21
22 Jim May	M77 Genesee Vall	44:29.0	22
23 John Combs	M76 Cal Coast TC	44:39.4	23
24 Dennis Foster	M73 Club Northwest	44:52.3	24
25 Liam Finnigan	M77 Genesee Vall	45:19.0	25
26 Dixon Cook	M76 High Point A	45:28.8	26
27 Ray Leone	M70 Club Northwest	45:46.4	27
28 Daniel Diehr	M74 Jamul Toads	45:52.2	28
29 Jan Frisby	M79 Boulder Road	46:22.8	
30 Kenneth Williams	M70 High Point A	48:02.1	29
31 Tim McMullen	M70 Genesee Vall	48:10.0	30
32 Patrick Taylor	M75 Atlanta TC	48:31.0	31
33 William Sumner	M75 Cal Coast TC	49:14.4	32
34 Doug Goodhue	M81 Ann Arbor TC	51:02.1	33
35 David Salmon	M80 High Point A	51:47.5	34
36 Jim Glinsky	M77 Genesee Vall	52:52.8	35
37 John Tillery	M73 High Point A	54:40.6	36
38 Steve Swindel	M70 River City Rebels	55:13.9	37
39 Morris Williams	M78 Atlanta TC	56:33.5	38
40 James Miner	M75 Syracuse TC	56:55.5	39
41 Sam Benedict	M76 Atlanta TC	1:01:20.3	40
42 Patrick Riccardi	M73 Syracuse TC	1:04:02.6	41
43 Bob Milan	M74 High Point A	1:07:36.7	42
-- Allen Joyce	M74 Atlanta TC	DNS	
-- Joseph Chimino	M70 Genesee Vall	DNS	

**USATF Club Cross Country Championships - 12/9/2023**  
**Apalachee Regional Park**  
**Results**

**....Event 122 Men 8k Run CC Team 70+**

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
Results - Men											
1	Boulder Road Runners	18	5	6	7	8	13				
2	Jamul Toads	21	2	9	10	15	28				
3	Syracuse TC	41	4	18	19	39	41				
4	River City Rebels	50	1	12	37						
5	Club Northwest	52	11	17	24	27					
6	Cal Coast TC	58	3	23	32						
7	Genesee Valley Harriers	67	20	22	25	30	35				
8	Ann Arbor TC	70	16	21	33						
9	Atlanta TC	83	14	31	38	40					
10	High Point Athletic Club	89	26	29	34	36	42				

**USATF Club Cross Country Championships - 12/9/2023**  
**Apalachee Regional Park**  
**Results**

**Event 123 Men 8k Run CC Team 80+**

Name	Age Team	Finals	Points
Results - Men			
1 Ed Bligh	M81 Atlanta TC	49:00.2	1
2 Art Must Jr	M80 Atlanta TC	57:31.8	2
3 Andrew Sherwood	M84 Atlanta TC	1:18:43.4	3
-- Adrian Craven	M87 Atlanta TC	DNS	

Team Scores

Rank Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
Results - Men										
1 Atlanta TC	6	1	2	3						

**USATF Club Cross Country Championships - 12/9/2023****Apalachee Regional Park****Results****Event 21 Men 8k Run CC 60-64**

Name	Age	Team	Finals	Points
Results - Men				
1 Nat Larson	M61	Greater Spri	29:33.5	
2 Mark Zamek	M60	Shore Athletic Club	29:52.6	
3 John Van Danacker	M61	TC Running Company	30:25.1	
4 Kevin Ostenberg	M63	Hoka Aggie R	30:32.2	
5 Steve Schmidt	M63	Ann Arbor TC	30:38.0	
6 Rick Lee	M62	Shore Athletic Club	30:42.8	
7 Alan Evans	M60	Genesee Vall	31:18.4	
8 Mark Neff	M61	Montgomery C	31:20.6	
9 Joseph Mora	M62	Genesee Vall	31:23.5	
10 Henry Notaro	M62	Shore Athletic Club	31:30.4	
11 Patrick Billig	M61	TC Running Company	31:37.6	
12 Lester Dragstedt	M61	Atlanta TC	31:52.8	
13 Jeff Soares	M60	Santa Cruz TC	32:00.4	
14 Dave Bussard	M63	Cht Elite	32:14.4	
15 Michael Gardella	M60	Genesee Vall	32:15.8	
16 Joe Regan	M60	Boston Athle	32:18.9	
17 David White-Espin	M62	Club Northwest	32:44.6	
18 Michael Salamone	M64	Shore Athletic Club	32:47.5	
19 Doug Beaman	M60	Unattached -	33:09.1	
20 Allan Bohlke	M60	TC Running Company	33:12.0	
21 Ed LaBair	M64	Cht Elite	33:28.7	
22 Pat Bragassa	M60	Unattached -	33:45.9	
23 Casey Hannan	M64	Atlanta TC	33:55.7	
24 Paul Thiels	M60	Power Miler TC	34:00.7	
25 Jeff Duyn	M63	Montgomery C	34:01.5	
26 Lawrence Sak	M63	Ann Arbor TC	34:08.4	
27 Paul Noe	M64	Bunny Gang R	34:15.2	
28 Robert Martin	M60	Athletics East TC	34:19.3	
29 Nathan Skipper	M60	Atlanta TC	34:48.5	
30 John Van Kerkhove	M61	Genesee Vall	34:53.2	
31 Eric Stuber	M60	Cht Elite	34:59.9	
32 Michael Moulsoff	M60	TC Running Company	35:08.2	
33 Mark Core	M64	Cal Coast TC	35:09.1	
34 Peter Kessler	M62	TC Running Company	35:16.2	
35 Jeff Shaver	M63	Hoka Aggie R	36:02.3	
36 Kerry Barnett	M63	Cht Elite	36:15.3	
37 Paul Jacobson	M60	Montgomery C	36:32.0	
38 Peter LaGoy	M64	Greater Lowe	36:47.1	
39 Ken Atterholt	M63	Cal Coast TC	36:55.4	
40 Daniel Arsenault	M61	Cal Coast TC	37:33.3	
41 RJ Spalding	M61	Montgomery C	37:33.4	
42 Tim Lambrecht	M61	Cht Elite	37:38.0	
43 Curt Mancuso	M60	Bunny Gang R	37:53.1	
44 Miles Hersey	M61	Shore Athlet	38:13.0	
45 Jim Bitsko	M63	Atlanta TC B	38:51.0	
46 Phillip Payne	M60	Unattached -	41:15.1	
47 Donald Schwartz	M63	Shore Athletic Club	42:07.2	
48 Mike Spencer	M63	Atlanta TC B	48:36.1	
-- John Mirth	M61	TC Running Company	DNF	
-- Michael Tiska	M52	River City Rebels	DNS	
-- Gerry Duffy	M62	Unattached -	DNS	
-- Warren Angell	M60	Central Mass	DNS	

**USATF Club Cross Country Championships - 12/9/2023**  
**Apalachee Regional Park**  
**Results**

**Event 22 Men 8k Run CC 65-69**

Name	Age	Team	Finals	Points
Results - Men				
1 Rick Becker	M69	Atlanta TC	31:21.2	
2 Ken Youngers	M67	Atlanta TC	32:42.6	
3 David Westenberg	M66	Greater Lowe	32:53.4	
4 Daniel Johnson	M66	TC Running Company	33:19.4	
5 Doug Keller	M65	TC Running Company	33:40.1	
6 Paul Beers	M66	Unattached -	34:36.4	
7 Michael Lebold	M66	Jamul Toads	34:54.1	
8 Clay Bullwinkel	M66	West Valley TC	35:05.9	
9 Scott Lucking	M69	Atlanta TC B	35:11.4	
10 Brian Cummins	M68	Unattached -	35:46.9	
11 Brian Nelson	M66	Cal Coast TC	35:58.5	
12 Sam Legierski	M65	Bunny Gang R	36:11.3	
13 David MacVittie	M66	Bunny Gang R	36:20.7	
14 Reno Stirrat	M69	Shore Athlet	37:09.2	
15 Jim Musante	M66	Shore Athlet	37:14.0	
16 Tom McCarthy	M68	Northern Vir	37:46.0	
17 Charlie Roach	M66	TC Running Company	37:48.0	
18 Harold Leddy	M68	Shore Athlet	37:49.5	
19 Gary Passamonte	M66	Genesee Vall	38:21.1	
20 Kevin Searls	M65	Hoka Aggie R	38:37.8	
21 Tim Hagerty	M65	Greater Lowe	38:48.8	
22 Ward Freeman	M66	Ann Arbor TC	39:35.5	
23 Aaron Pratt	M69	Ann Arbor TC	40:11.8	
24 Brian Trahan	M68	Central Mass	40:23.3	
25 Thomas Albright	M67	Cal Coast TC	40:58.7	
26 Bill Langhout	M65	TC Running Company	41:02.1	
27 Gene Jensen	M69	Genesee Vall	41:26.9	
28 Mark Rybinski	M68	Genesee Vall	45:43.2	
29 Michael Mester	M67	Ann Arbor TC	46:13.6	
30 Michael Southwood	M69	Athletics East TC	47:51.4	
31 Terry Simon	M69	High Point A	50:27.1	
32 Charlie Muse	M67	Greater Lowe	50:48.3	
33 Marcus Priddy	M68	Gulf Winds TC	1:04:23.1	
-- Scott Linnell	M67	Shore Athlet	DNS	
-- Kevin Dollard	M68	Shore Athlet	DNS	
-- Keith Witthauer	M68	Cal Coast TC B	DNS	
-- Bobby Hastings	M65	Hoka Aggie R	DNS	
-- John Hadcock	M65	Greater Lowe	DNS	

**USATF Club Cross Country Championships - 12/9/2023**  
**Apalachee Regional Park**  
**Results**

**Event 23 Men 8k Run CC 70-74**

Name	Age Team	Finals	Points
Results - Men			
1 Robert Qualls	M71 River City Rebels	34:51.6	
2 Thomas Cushman	M70 Hoka Aggie R	35:01.4	
3 Rick Pfeiffer	M72 Jamul Toads	35:57.6	
4 Tomas Rodriguez	M70 Cal Coast TC	36:35.4	
5 James Foster	M72 Syracuse TC	37:03.6	
6 Bruce Kirschner	M70 Boulder Road	37:30.5	
7 Doug Bell	M73 Boulder Road	37:56.2	
8 Douglas Chesnut	M70 Boulder Road	37:56.5	
9 David Dunbar	M73 Jamul Toads	38:55.7	
10 Leslie Sharpe	M73 Club Northwest	39:00.0	
11 Perry Linn	M72 River City Rebels	39:27.1	
12 Eugene Myers	M71 Potomac Valley TC	39:36.1	
13 Jack Nash	M70 Jamul Toads	40:28.2	
14 Douglas Wood	M73 Syracuse TC	41:50.1	
15 Ted Larison	M71 Syracuse TC	42:00.5	
16 Brad Pinkstaff	M70 Unattached -	42:56.2	
17 Dennis Foster	M73 Club Northwest	44:52.3	
18 Ray Leone	M70 Club Northwest	45:46.4	
19 Daniel Diehr	M74 Jamul Toads	45:52.2	
20 Kenneth Williams	M70 High Point A	48:02.1	
21 Tim McMullen	M70 Genesee Vall	48:10.0	
22 John Tillery	M73 High Point A	54:40.6	
23 Steve Swindel	M70 River City Rebels	55:13.9	
24 Tom Derderian	M74 Greater Boston TC	56:18.8	
25 Phillip Ozell	M73 Atlanta TC B	57:34.1	
26 Michael De Witt	M73 Southeast Wi	58:05.3	
27 Patrick Riccardi	M73 Syracuse TC	1:04:02.6	
28 Bob Milan	M74 High Point A	1:07:36.7	
-- Allen Joyce	M74 Atlanta TC	DNS	
-- David Bowen	M71 Genesee Valley H	DNS	
-- Joseph Chimino	M70 Genesee Vall	DNS	

**USATF Club Cross Country Championships - 12/9/2023**  
**Apalachee Regional Park**  
**Results**

**Event 24 Men 8k Run CC 75-79**

Name	Age Team	Finals	Points
Results - Men			
1 Gary Ostwald	M77 Boulder Road	37:37.9	
2 Ronald Wells	M77 Jamul Toads	38:53.5	
3 Richard Katz	M75 Boulder Road	40:01.4	
4 Jerry Learned	M75 Atlanta TC	40:20.0	
5 Terry McCluskey	M75 Ann Arbor TC	40:32.2	
6 David Longmuir	M76 Club Northwest	40:35.5	
7 Keith Yeates	M76 Genesee Vall	42:48.0	
8 Paul Carlin	M78 Ann Arbor TC	44:02.5	
9 Jim May	M77 Genesee Vall	44:29.0	
10 John Combs	M76 Cal Coast TC	44:39.4	
11 Liam Finnigan	M77 Genesee Vall	45:19.0	
12 Harry O'Hara	M75 Bunny Gang R	45:23.7	
13 Dixon Cook	M76 High Point A	45:28.8	
14 Jan Frisby	M79 Boulder Road	46:22.8	
15 Patrick Taylor	M75 Atlanta TC	48:31.0	
16 William Sumner	M75 Cal Coast TC	49:14.4	
17 Jim Glinsky	M77 Genesee Vall	52:52.8	
18 Morris Williams	M78 Atlanta TC	56:33.5	
19 James Miner	M75 Syracuse TC	56:55.5	
20 Sam Benedict	M76 Atlanta TC	1:01:20.3	
21 Michael Reif	M75 Genesee Vall	1:09:35.1	

**USATF Club Cross Country Championships - 12/9/2023****Apalachee Regional Park****Results****Event 25 Men 8k Run CC 80-84**

Name	Age Team	Finals	Points
Results - Men			
1 Ed Bligh	M81 Atlanta TC	49:00.2	
2 Doug Goodhue	M81 Ann Arbor TC	51:02.1	
3 David Salmon	M80 High Point A	51:47.5	
4 Art Must Jr	M80 Atlanta TC	57:31.8	
5 Andrew Sherwood	M84 Atlanta TC	1:18:43.4	