

**USATF Master Championships - 10/7/2023**  
**Hosted by Palm Beach County Sports Commission**  
**South County Regional Park in Boca Raton, FL**  
**Rankings**

**Men 5000 Meter Run**

Comp#	Name	Team	Time	Points
1	226 Miller, Christopher	47 University of Miami (Flor	16:12	
2	194 de Heer, Dirk	42 Team Run Flagstaff	16:33	
3	193 Chettle, Jesse	40 Team Run Flagstaff	16:35	
4	218 Pettingill, Trevor	47 Unattached	16:42	
5	206 Angell, David	47 Unattached	16:49	
6	196 Stevens, Ryan	40 Team Run Flagstaff	17:11	
7	147 Putnam, Gregory	53 Central Park Track Club (	17:17	
8	197 Faulkner, Jerry	42 Uganda	17:37	
9	192 Baker, Sean	41 Team Run Flagstaff	17:53	
10	118 Bell, Steve	52 Atlanta Track Club	17:55	
11	126 Harris, Christopher	54 Atlanta Track Club	17:56	
12	229 Callon, Mark	55 West Valley Track Club	18:06	
13	185 Zamek, Mark	60 Shore Athletic Club	18:13	
14	195 Guldan, Ryan	40 Team Run Flagstaff	18:17	
15	122 Dolan, Frederick	50 Atlanta Track Club	18:24	
16	103 Schmidt, Steve	63 Ann Arbor Track Club	18:26	
17	124 Fields, Brent	51 Atlanta Track Club	18:27	
18	155 Hernandez, Christopher	47 Genesee Valley Harriers	18:29	
19	156 DiPretore, Matthew	45 Greater Philadelphia TC	18:36	
20	159 Canete, Leonardo	45 Gulf Winds Track Club	18:41	
21	174 Conston, Jeffrey	55 Shore Athletic Club	18:49	
22	223 Siriano, Scott	57 Unattached	18:55	
23	117 Becker, Rick	68 Atlanta Track Club	18:57	
24	220 Reback, John	53 Unattached	19:17	
25	157 Shuler, Paul	58 Greater Philadelphia TC	19:24	
26	154 Flanders, Dale	58 Genesee Valley Harriers	19:27	
27	123 Dragstedt, Lester	61 Atlanta Track Club	19:35	
28	228 Yanes, Jose	51 Venezuela	EX19:38	
29	133 Strickland, Michael	57 Atlanta Track Club	19:53	
30	135 Youngers, Ken	67 Atlanta Track Club	19:57	
31	182 Rinaldi, Christopher	53 Shore Athletic Club	20:11	
32	158 Westenberg, David	65 Greater Lowell Road Runne	20:13	
33	167 Chasse, Craig	54 Potomac Valley Track Club	20:15	
34	169 Qualls, Robert	71 River City Rebels	20:28	
35	225 Williams, Craig	61 Unattached	21:04	
36	187 Fussell, Michael	65 So Cal Track Club	21:12	
37	130 Lucking, Scott	69 Atlanta Track Club	21:21	
38	219 Reback, David	54 Unattached	21:24	
39	137 Briscuso, Shane	54 Big River Racing	21:32	
40	224 Tucker, Chris	55 Unattached	21:54	
41	162 Lebold, Michael	66 Jamul Toads	21:57	
42	165 Hawkins, Eric	60 Mill City Running	22:15	
43	140 Blaser, John	66 Boulder Road Runners	22:23	
44	175 Dollard, Kevin	68 Shore Athletic Club	22:27	
45	215 McGould, Sean	55 Unattached	22:48	
46	143 Kirschner, Bruce	70 Boulder Road Runners	22:48	
47	141 Chesnut, Douglas	70 Boulder Road Runners	22:51	
48	216 Orange, Jerry	70 Unattached	23:35	
49	213 King, Jason	51 Unattached	23:45	
50	183 Rossiter, Spider	71 Shore Athletic Club	23:49	
51	139 Bell, Doug	72 Boulder Road Runners	24:05	
52	177 Leddy, Harold	68 Shore Athletic Club	24:26	
53	142 Katz, Richard	75 Boulder Road Runners	24:48	

....Men 5000 Meter Run

**USATF Master Championships - 10/7/2023**  
**Hosted by Palm Beach County Sports Commission**  
**South County Regional Park in Boca Raton, FL**

**Rankings**

54	102	Pratt, Aaron	69	Ann Arbor Track Club	25:01
55	184	Stirrat, Reno	69	Shore Athletic Club	25:47
56	129	Learned, Jerry	75	Atlanta Track Club	26:12
57	214	McDermott, Kerry	66	Unattached	26:28
58	178	Linnell, Scott	67	Shore Athletic Club	26:31
59	208	Callon, John	60	Unattached	26:38
60	127	Joyce, Allen	74	Atlanta Track Club	26:43
61	101	Goodhue, Doug	81	Ann Arbor Track Club	26:48
62	146	Murillo, Leo	69	Central Park Track Club (	26:52
63	164	Ross, Karl	58	Mass Velocity Track Club	28:39
64	209	Farinas, Cecilio	56	Unattached	28:45
65	132	Spencer, Mike	63	Atlanta Track Club	29:03
66	180	Nowicki, Przemyslaw	79	Shore Athletic Club	30:11
67	210	Gilder, George	83	Unattached	30:39
68	168	Myers, Eugene	71	Potomac Valley Track Club	30:49
69	120	Bligh, Ed	80	Atlanta Track Club	30:51
70	181	O'Rourke, Robert	80	Shore Athletic Club	31:04
71	145	Lieberman, Hal	80	Central Park Track Club (	33:38
72	148	Roll, Roger	63	Checkers AC	34:46
73	134	Williams, Morris	78	Atlanta Track Club	36:01
74	222	Shenk, John	80	Unattached	39:53
75	131	Sherwood, Andrew	83	Atlanta Track Club	44:26
76	121	Craven, Adrian	86	Atlanta Track Club	44:42
77	138	Lawson, Blaine	81	Bohemia Track Club	55:26
78	221	Seiff, Eric	90	Unattached	58:15

**USATF Master Championships - 10/7/2023**  
**Hosted by Palm Beach County Sports Commission**  
**South County Regional Park in Boca Raton, FL**  
**Rankings**

**Women 5000 Meter Run**

Comp#	Name	Team	Time	Points
1	188 Josiah-Tanner, Euleen	49 T.H.E. Track Team	19:59	
2	149 Friend-Uhl, Sonja	52 Florida Track Club - Sout	20:30	
3	150 Sober, Jennifer	48 Florida Track Club - Sout	20:33	
4	171 La Burt, Suzanne	60 Shore Athletic Club	20:51	
5	163 Cass, Mary	62 Liberty Athletic Club	20:55	
6	200 Gerrits, Samantha	43 Unattached	21:31	
7	170 Baig, Karyn	47 Shore Athletic Club	22:15	
8	144 Bonnerot, Amy	52 Central Park Track Club (	23:02	
9	160 Cordes, Suzanne	63 Impala Racing Team	23:04	
10	151 Crane, Cassandra	54 Genesee Valley Harriers	23:26	
11	105 Combs, Patrice	66 Atlanta Track Club	23:28	
12	230 Guarnieri, Hiroko	48 Atlanta Track Club	23:33	
13	203 Martinez, Alicia	48 Unattached	24:34	
14	106 Eno, Alicia	46 Atlanta Track Club	24:49	
15	153 Osovski, Brenda	57 Genesee Valley Harriers	24:49	
16	199 Dietrich, Alex	44 Unattached	24:49	
17	152 Gregorich, Sandra	61 Genesee Valley Harriers	25:18	
18	114 Williams, Cynthia	67 Atlanta Track Club	25:36	
19	186 Tefft, Jan	65 So Cal Track Club	25:43	
20	198 Crisp, Victoria	71 Unattached	26:03	
21	190 Groesz, Jeanette	74 Team Red Lizard	26:31	
22	172 Musante, Kitty	67 Shore Athletic Club	27:01	
23	112 Tanner, Robin	62 Atlanta Track Club	27:51	
24	113 Taylor, Margaret	68 Atlanta Track Club	28:39	
25	189 Gerl, Sharon	75 Team Red Lizard	30:02	
26	173 Nowicki, Leslie	60 Shore Athletic Club	30:15	
27	136 Mangual, Lori	58 Bellmore Striders	30:32	
28	109 Hudnall, Norma	73 Atlanta Track Club	31:01	
29	191 Olsen, Cande	73 Team Red Lizard	31:10	
30	205 Silver, Valerie	59 Unattached	31:16	
31	104 Allen, Kathleen	74 Atlanta Track Club	34:37	
32	204 Michelsohn, Marie-Louise	81 Unattached	41:39	
33	110 Mccarter, Andrea	77 Atlanta Track Club	43:20	
34	166 Myers, Helene	68 Potomac Valley Track Club	47:26	
35	202 King, Lorinda	43 Unattached	48:32	
36	108 Hodges-Hite, Joyce	86 Atlanta Track Club	55:32	





**USATF Master Championships - 10/7/2023**  
**Hosted by Palm Beach County Sports Commission**  
**South County Regional Park in Boca Raton, FL**  
**Rankings**

**Event 2 Men 5000 Meter Run**

Name	Age	Team	Avg Mile	Finals	Age-Grading
<b>M44 &amp; Under Results 5000 Run</b>					
1 #194 de Heer, Dirk	42	Team Run Flagstaff	5:20	16:33	
2 #193 Chettle, Jesse	40	Team Run Flagstaff	5:21	16:35	
3 #196 Stevens, Ryan	40	Team Run Flagstaff	5:32	17:11	
4 #197 Faulkner, Jerry	42	Uganda	5:41	17:37	
5 #192 Baker, Sean	41	Team Run Flagstaff	5:46	17:53	
6 #195 Guldán, Ryan	40	Team Run Flagstaff	5:53	18:17	
<b>M45 Results 5000 Run</b>					
1 #226 Miller, Christopher	47	University o	5:13	16:12	
2 #218 Pettingill, Trevor	47	Unattached	5:23	16:42	
3 #206 Angell, David	47	Unattached	5:25	16:49	
4 #155 Hernandez, Christop	47	Genesee Vall	5:57	18:29	
5 #156 DiPretore, Matthew	45	Greater Phil	5:59	18:36	
6 #159 Canete, Leonardo	45	Gulf Winds T	6:01	18:41	
<b>M50 Results 5000 Run</b>					
1 #147 Putnam, Gregory	53	Central Park	5:34	17:17	
2 #118 Bell, Steve	52	Atlanta Track Club	5:46	17:55	
3 #126 Harris, Christopher	54	Atlanta Track Club	5:47	17:56	
4 #122 Dolan, Frederick	50	Atlanta Track Club	5:56	18:24	
5 #124 Fields, Brent	51	Atlanta Track Club	5:57	18:27	
6 #220 Reback, John	53	Unattached	6:13	19:17	
7 #182 Rinaldi, Christophe	53	Shore Athletic Club	6:30	20:11	
8 #167 Chasse, Craig	54	Potomac Vall	6:31	20:15	
9 #219 Reback, David	54	Unattached	6:54	21:24	
10 #137 Briscuso, Shane	54	Big River Racing	6:56	21:32	
11 #213 King, Jason	51	Unattached	7:39	23:45	
<b>M55 Results 5000 Run</b>					
1 #229 Callon, Mark	55	West Valley	5:50	18:06	
2 #174 Conston, Jeffrey	55	Shore Athletic Club	6:04	18:49	
3 #223 Siriano, Scott	57	Unattached	6:06	18:55	
4 #157 Shuler, Paul	58	Greater Phil	6:15	19:24	
5 #154 Flanders, Dale	58	Genesee Vall	6:16	19:27	
6 #133 Strickland, Michael	57	Atlanta Track Club	6:24	19:53	
7 #224 Tucker, Chris	55	Unattached	7:03	21:54	
8 #215 McGould, Sean	55	Unattached	7:21	22:48	
9 #164 Ross, Karl	58	Mass Velocit	9:14	28:39	
10 #209 Farinas, Cecilio	56	Unattached	9:16	28:45	
<b>M60 Results 5000 Run</b>					
1 #185 Zamek, Mark	60	Shore Athletic Club	5:52	18:13	
2 #103 Schmidt, Steve	63	Ann Arbor Tr	5:56	18:26	
3 #123 Dragstedt, Lester	61	Atlanta Track Club	6:18	19:35	
4 #225 Williams, Craig	61	Unattached	6:47	21:04	
5 #165 Hawkins, Eric	60	Mill City Running	7:10	22:15	
6 #208 Callon, John	60	Unattached	8:35	26:38	
7 #132 Spencer, Mike	63	Atlanta Track Club	9:21	29:03	
8 #148 Roll, Roger	63	Checkers AC	11:12	34:46	
<b>M65 Results 5000 Run</b>					
1 #117 Becker, Rick	68	Atlanta Track Club	6:06	18:57	
2 #135 Youngers, Ken	67	Atlanta Track Club	6:26	19:57	
3 #158 Westenberg, David	65	Greater Lowell R	6:31	20:13	
4 #187 Fussell, Michael	65	So Cal Track Club	6:50	21:12	
5 #130 Lucking, Scott	69	Atlanta Track Club	6:53	21:21	

**USATF Master Championships - 10/7/2023**  
**Hosted by Palm Beach County Sports Commission**  
**South County Regional Park in Boca Raton, FL**  
**Rankings**

**....Event 2 Men 5000 Meter Run**

6	#234 Henehan, George	68 Florida Usatf	6:54	21:26
7	#162 Lebold, Michael	66 Jamul Toads	7:04	21:57
8	#140 Blaser, John	66 Boulder Road	7:13	22:23
9	#175 Dollard, Kevin	68 Shore Athletic Club	7:14	22:27
10	#177 Leddy, Harold	68 Shore Athletic Club	7:52	24:26
11	#102 Pratt, Aaron	69 Ann Arbor Tr	8:04	25:01
12	#184 Stirrat, Reno	69 Shore Athletic Club	8:18	25:47
13	#214 McDermott, Kerry	66 Unattached	8:31	26:28
14	#178 Linnell, Scott	67 Shore Athletic Club	8:33	26:31
15	#146 Murillo, Leo	69 Central Park	8:39	26:52
M70	Results 5000 Run			
1	#169 Qualls, Robert	71 River City Rebels	6:35	20:28
2	#143 Kirschner, Bruce	70 Boulder Road	7:21	22:48
3	#141 Chesnut, Douglas	70 Boulder Road	7:21	22:51
4	#216 Orange, Jerry	70 Unattached	7:36	23:35
5	#183 Rossiter, Spider	71 Shore Athletic Club	7:40	23:49
6	#139 Bell, Doug	72 Boulder Road	7:46	24:05
7	#127 Joyce, Allen	74 Atlanta Track Club	8:36	26:43
8	#168 Myers, Eugene	71 Potomac Vall	9:55	30:49
M75	Results 5000 Run			
1	#142 Katz, Richard	75 Boulder Road	7:59	24:48
2	#129 Learned, Jerry	75 Atlanta Track Club	8:26	26:12
3	#180 Nowicki, Przemyslaw	79 Shore Athletic Club	9:43	30:11
4	#134 Williams, Morris	78 Atlanta Track Club	11:36	36:01
M80	Results 5000 Run			
1	#101 Goodhue, Doug	81 Ann Arbor Tr	8:38	26:48
2	#210 Gilder, George	83 Unattached	9:52	30:39
3	#120 Bligh, Ed	80 Atlanta Track Club	9:56	30:51
4	#181 O'Rourke, Robert	80 Shore Athletic Club	10:00	31:04
5	#145 Lieberman, Hal	80 Central Park	10:50	33:38
6	#222 Shenk, John	80 Unattached	12:50	39:53
7	#131 Sherwood, Andrew	83 Atlanta Track Club	14:19	44:26
8	#138 Lawson, Blaine	81 Bohemia Track Club	17:51	55:26
M85	Results 5000 Run			
1	#121 Craven, Adrian	86 Atlanta Track Club	14:24	44:42
M90	Results 5000 Run			
1	#221 Seiff, Eric	90 Unattached	18:45	58:15

**USATF Master Championships - 10/7/2023**  
**Hosted by Palm Beach County Sports Commission**  
**South County Regional Park in Boca Raton, FL**  
**Rankings**

**Event 1 Women 5000 Meter Run**

Name	Age	Team	Avg Mile	Finals	Age-Grading
W44 & Under Results 5000 Run					
1 #200 Gerrits, Samantha	43	Unattached	6:56	21:31	
2 #199 Dietrich, Alex	44	Unattached	8:00	24:49	
3 #202 King, Lorinda	43	Unattached	15:38	48:32	
W45 Results 5000 Run					
1 #188 Josiah-Tanner, Eule	49	T.H.E. Track Team	6:26	19:59	
2 #150 Sober, Jennifer	48	Florida Trac	6:37	20:33	
3 #170 Baig, Karyn	47	Shore Athletic Club	7:10	22:15	
4 #230 Guarnieri, Hiroko	48	Atlanta Track Club	7:35	23:33	
5 #203 Martinez, Alicia	48	Unattached	7:55	24:34	
6 #106 Eno, Alicia	46	Atlanta Track Club	8:00	24:49	
W50 Results 5000 Run					
1 #149 Friend-Uhl, Sonja	52	Florida Trac	6:36	20:30	
2 #144 Bonnerot, Amy	52	Central Park	7:25	23:02	
3 #151 Crane, Cassandra	54	Genesee Vall	7:33	23:26	
W55 Results 5000 Run					
1 #153 Osovski, Brenda	57	Genesee Vall	8:00	24:49	
2 #136 Mangual, Lori	58	Bellmore Striders	9:50	30:32	
3 #205 Silver, Valerie	59	Unattached	10:04	31:16	
W60 Results 5000 Run					
1 #171 La Burt, Suzanne	60	Shore Athletic Club	6:43	20:51	
2 #163 Cass, Mary	62	Liberty Athl	6:44	20:55	
3 #160 Cordes, Suzanne	63	Impala Racing Team	7:26	23:04	
4 #152 Gregorich, Sandra	61	Genesee Vall	8:09	25:18	
5 #112 Tanner, Robin	62	Atlanta Track Club	8:58	27:51	
6 #173 Nowicki, Leslie	60	Shore Athletic Club	9:44	30:15	
W65 Results 5000 Run					
1 #105 Combs, Patrice	66	Atlanta Track Club	7:34	23:28	
2 #114 Williams, Cynthia	67	Atlanta Track Club	8:15	25:36	
3 #186 Tefft, Jan	65	So Cal Track Club	8:17	25:43	
4 #172 Musante, Kitty	67	Shore Athletic Club	8:42	27:01	
5 #113 Taylor, Margaret	68	Atlanta Track Club	9:14	28:39	
6 #166 Myers, Helene	68	Potomac Vall	15:16	47:26	
W70 Results 5000 Run					
1 #198 Crisp, Victoria	71	Unattached	8:23	26:03	
2 #190 Groesz, Jeanette	74	Team Red Lizard	8:32	26:31	
3 #109 Hudnall, Norma	73	Atlanta Track Club	9:59	31:01	
4 #191 Olsen, Cande	73	Team Red Lizard	10:02	31:10	
5 #104 Allen, Kathleen	74	Atlanta Track Club	11:09	34:37	
W75 Results 5000 Run					
1 #189 Gerl, Sharon	75	Team Red Lizard	9:40	30:02	
2 #110 Mccarter, Andrea	77	Atlanta Track Club	13:57	43:20	
W80 Results 5000 Run					
1 #204 Michelsohn, Marie-L	81	Unattached	13:25	41:39	
W85 Results 5000 Run					
1 #108 Hodges-Hite, Joyce	86	Atlanta Track Club	17:53	55:32	



**USATF MASTERS 5 KM CROSS COUNTRY CHAMPIONSHIPS--BOCA RATON FL-OCTOBER 7, 2023****AGE GRADING RESULTS-MALE**

First Name	Last Name	City	State	Age	Affiliation	TIME	AGE GRADE
Rick	Becker	Selah	WA	68	Atlanta Track Club	18:57	90.02
Steve	Schmidt	Clarkston	MI	63	Ann Arbor Track Club	18:26	88.40
Christopher	Miller	Deerfield Beach	FL	47	University of Miami (Florida)	16:12	88.08
Mark	Zamek	Minneapolis	MN	60	Shore Athletic Club	18:13	87.13
Gregory	Putnam	Stoneham	MA	53	Central Mass Striders	17:17	86.60
Robert	Qualls	Reno	NV	71	River City Rebels	20:28	86.27
Trevor	Pettingill	St. George	UT	47		16:42	85.44
David	Angell	Blue Ridge	VA	47		16:49	84.85
Ken	Youngers	Tucker	GA	67	Atlanta Track Club	19:57	84.69
Christopher	Harris	Atlanta	GA	54	Atlanta Track Club	17:56	84.14
Mark	Callon	Monte Sereno	CA	55	West Valley Track Club	18:06	84.06
Dirk	de Heer	Flagstaff	AZ	42	Team Run Flagstaff	16:33	82.99
Steve	Bell	Kennesaw	GA	52	Atlanta Track Club	17:55	82.86
David	Westenberg	Wellesley	MA	65	Greater Lowell Road Runners	20:13	82.06
Scott	Siriano	Marietta	GA	57		18:55	81.78
Lester	Dragstedt	Atlanta	GA	61	Atlanta Track Club	19:35	81.75
Jesse	Chettle	Flagstaff	AZ	40	Team Run Flagstaff	16:35	81.60
Jeffrey	Conston	Hopewell Jct	NY	55	Shore Athletic Club	18:49	80.86
Scott	Lucking	Taylors	SC	69	Atlanta Track Club	21:21	80.74
Paul	Shuler	Daytona Beach	FL	58	Greater Philadelphia TC	19:24	80.42
Dale	Flanders	Allegany	NY	58	Genesee Valley Harriers	19:27	80.21
Brent	Fields	Covington	GA	51	Atlanta Track Club	18:27	79.82
Frederick	Dolan	Marietta	GA	50	Atlanta Track Club	18:24	79.39
Doug	Goodhue	Milford	MI	81	Ann Arbor Track Club	26:48	79.33
Ryan	Stevens	Flagstaff	AZ	40	Team Run Flagstaff	17:11	78.75
Michael	Fussell	Scottsdale	AZ	65	So Cal Track Club	21:12	78.25
Jerry	Faulkner	New York	NY	42	Uganda	17:37	77.97
Michael	Strickland	Acworth	GA	57	Atlanta Track Club	19:53	77.80
John	Reback	Jupiter	FL	53		19:17	77.61
Christopher	Hernandez	Charleston	SC	47	Genesee Valley Harriers	18:29	77.20
Bruce	Kirschner	Louisville	CO	70	Boulder Road Runners	22:48	76.48
Douglas	Chesnut	Keller	TX	70	Boulder Road Runners	22:51	76.32
Michael	Lebold	San Diego	CA	66	Jamul Toads	21:57	76.26
Sean	Baker	Flagstaff	AZ	41	Team Run Flagstaff	17:53	76.23
Craig	Williams	Windermere	FL	61		21:04	76.00
Kevin	Dollard	Hopewell Junction	NY	68	Shore Athletic Club	22:27	75.98
Richard	Katz	Boulder	CO	75	Boulder Road Runners	24:48	75.58
Matthew	DiPretoire	Newtown Square	PA	45	Greater Philadelphia TC	18:36	75.54
Leonardo	Canete	Tallahassee	FL	45	Gulf Winds Track Club	18:41	75.20
John	Blaser	Cedar Falls	IA	66	Boulder Road Runners	22:23	74.79
Craig	Chasse	Reston	VA	54	Potomac Valley Track Club	20:15	74.52
Doug	Bell	Greeley	CO	72	Boulder Road Runners	24:05	74.29
Christopher	Rinaldi	Berkeley Heights	NJ	53	Shore Athletic Club	20:11	74.15

Spider	Rossiter	Washington	DC	71 Shore Athletic Club	23:49	74.14
Ryan	Guldan	Flagstaff	AZ	40 Team Run Flagstaff	18:17	74.01
Jerry	Orange	Fort Myers	FL	70	23:35	73.94
George	Gilder	Tyringham	MA	83	30:39	73.22
Jerry	Learned	Gainesville	GA	75 Atlanta Track Club	26:12	71.54
Eric	Hawkins	Elk River	MN	60 Mill City Running	22:15	71.33
David	Reback	North Palm Beach	FL	54	21:24	70.51
Shane	Brisuso	Ballwin	MO	54 Big River Racing	21:32	70.08
Harold	Leddy	Bridgewater	NJ	68 Shore Athletic Club	24:26	69.82
Chris	Tucker	St Petersburg	FL	55	21:54	69.47
Allen	Joyce	Savannah	GA	74 Atlanta Track Club	26:43	69.01
Aaron	Pratt	Saline	MI	69 Ann Arbor Track Club	25:01	68.91
Ed	Bligh	Alpharetta	GA	80 Atlanta Track Club	30:51	67.25
Przemyslaw	Nowicki	Holmdel	NJ	79 Shore Athletic Club	30:11	67.17
Reno	Stirrat	Rockaway	NJ	69 Shore Athletic Club	25:47	66.86
Robert	O'Rourke	Jackson	NJ	80 Shore Athletic Club	31:04	66.78
Sean	McGould	West Palm Beach	FL	55	22:48	66.73
Leo	Murillo	Syosset	NY	69 Central Park (CPTC) - Tracksmit	26:52	64.16
Scott	Linnell	Colts Neck	NJ	67 Shore Athletic Club	26:31	63.71
Kerry	McDermott	Peoria	AZ	66	26:28	63.25
Jason	King	Albuquerque	NM	51	23:45	62.01
Hal	Lieberman	Brooklyn	NY	80 Central Park (CPTC) - Tracksmit	33:38	61.68
John	Callon	Coral Gables	FL	60	26:38	59.59
Eugene	Myers	Columbia	MD	71 Potomac Valley Track Club	30:49	57.30
Mike	Spencer	Cumming	GA	63 Atlanta Track Club	29:03	56.09
Adrian	Craven	Greenville	SC	86 Atlanta Track Club	44:42	55.24
Morris	Williams	Highlands	NC	78 Atlanta Track Club	36:01	55.09
Karl	Ross	Miami	FL	58 Mass Velocity Track Club	28:39	54.46
Cecilio	Farinas	West Palm Beach	FL	56	28:45	53.36
John	Shenk	Sarasota	FL	80	39:53	52.02
Andrew	Sherwood	Atlanta	GA	83 Atlanta Track Club	44:26	50.51
Eric	Seiff	Bronx	NY	90	58:15	49.85
Roger	Roll	Williamsville	NY	63 Checkers AC	34:46	46.87
Blaine	Lawson	Stony Brook	NY	81 Bohemia Track Club	55:26	38.35

**USATF MASTERS 5 KM CROSS COUNTRY CHAMPIONSHIPS--BOCA RATON FL-OCTOBER 7, 2023**

**AGE GRADING RESULTS-FEMALE**

							<b>AGE</b>
<b>First Name</b>	<b>Last Name</b>	<b>City</b>	<b>State</b>	<b>AGE</b>	<b>AFFILIATION</b>	<b>TIME</b>	<b>GRADE</b>
Mary	Cass	Westport	MA	62	Liberty Athletic Club	20:55	90.63
Suzanne	La Burt	Greenwood Lake	NY	60	Shore Athletic Club	20:51	88.71
Patrice	Combs	Johns Creek	GA	66	Atlanta Track Club	23:28	85.04
Jeanette	Groesz	Redmond	OR	74	Team Red Lizard	26:31	84.11
Suzanne	Cordes	Alamo	CA	63	Impala Racing Team	23:04	83.23
Sonja	Friend-Uhl	Boca Raton	FL	52	Florida Track Club - SouthEast	20:30	82.2
Victoria	Crisp	Nashville	TN	71		26:03	81.99
Euleen	Josiah-Tanner	Atlanta	GA	49	T.H.E. Track Team	19:59	81.61
Cynthia	Williams	Dallas	GA	67	Atlanta Track Club	25:36	78.99
Jennifer	Sober	Jupiter	FL	48	Florida Track Club - SouthEast	20:33	78.52
Jan	Tefft	Scottsdale	AZ	65	So Cal Track Club	25:43	76.59
Sharon	Gerl	Eugene	OR	75	Team Red Lizard	30:02	75.37
Kitty	Musante	New Smyrna Beach	FL	67	Shore Athletic Club	27:01	74.85
Sandra	Gregorich	Ithaca	NY	61	Genesee Valley Harriers	25:18	74.01
Cassandra	Crane	Chittenango	NY	54	Genesee Valley Harriers	23:26	73.56
Amy	Bonnerot	New York	NY	52	Central Park (CPTC) - Tracksmit	23:02	73.16
Brenda	Osovski	Candor	NY	57	Genesee Valley Harriers	24:49	71.9
Karyn	Baig	Montclair	NJ	47	Shore Athletic Club	22:15	71.78
Samantha	Gerrits	Melbourne	FL	43		21:31	71.71
Margaret	Taylor	Atlanta	GA	68	Atlanta Track Club	28:39	71.54
Norma	Hudnall	Spartanburg	SC	73	Atlanta Track Club	31:01	70.87
Cande	Olsen	Morristown	NJ	73	Team Red Lizard	31:10	70.52
Hiroko	Guarnieri	Villa Rica	GA	48	Atlanta Track Club	23:33	68.51
Robin	Tanner	Atlanta	GA	62	Atlanta Track Club	27:51	68.07
Alicia	Martinez	Hickory Hills	IL	48		24:34	65.68
Kathleen	Allen	Decatur	GA	74	Atlanta Track Club	34:37	64.43
Alicia	Eno	Munger	MI	46	Atlanta Track Club	24:49	63.74
Leslie	Nowicki	Holmdel	NJ	60	Shore Athletic Club	30:15	61.14
Marie-Louise	Michelsohn	Stony Brook	NY	81		41:39	59.99
Lori	Mangual	Merrick	NY	58	Bellmore Striders	30:32	59.13

Valerie	Silver	Coral Gables	FL	59		31:16	58.44
Andrea	Mccarter	Duluth	GA	77	Atlanta Track Club	43:20	53.84
Joyce	Hodges-Hite	Millen	GA	86	Atlanta Track Club	55:32	51.25
Helene	Myers	Columbia	MD	68	Potomac Valley Track Club	47:26	43.21
Lorinda	King	Albuquerque	NM	43		48:32	31.79