

**2023 USATF Annual Meeting**  
**Masters General Sessions 1, 2, 3 and Joint Session notes**

**General Session I**

**Roll Call conducted by Rachel Guest (stand in secretary in Amanda Scotti's absence)**

**Chair Report and Updates – Jerry Bookin -Weiner**

- Advised report is in the document library and not taking time in the meeting

**Rules Committee Report – Sandy Pashkin requesting a vote on four rule changes/amendments**

- Rule change to make it necessary to fill out a record form for every meet. Do we want to have an exception? (i.e. nationals, worlds) – unanimous yes
- Advancement tables for rounds of 1500m and higher will be places vs time - unanimous yes to a Masters exception
- WA passed rule that only doing one set of records regardless of if it is indoor or outdoor. WMA does separate, Sandy wanted to know if wanted to follow WMA – unanimous yes
- Trials – if in multiple events and asks to check out of field event to compete another event and not back by your next turn it is proposed; will remain in the order as scheduled, the first missed turn will be a pass, second missed turn will be a miss. – vote yes

**Law & Legislation Committee Report – John Bahakel**

- 113 submissions for vote on Sunday
- Will be broken up into groups for vote
- Most have to do with governance i.e. if grievances for coaches, masters LDR was left off
- Definition of masters athlete table. Will ask to adjust MTF – 35, LDR - 40

**Bid Presentations for 2025 and 2026 Indoor Championships**

- Gainesville 2025
  - 1<sup>st</sup> indoor banked track in FL
  - Centrally located in the state
  - “Where Champions Play”
  - Airports 12.4 miles away, JAX 88 miles, Orlando 121
  - Proposed dates – Feb 28-March 2
  - Avg temp 64 degrees, min 53 degrees, max 77 degrees
  - 100 mile of nature trails for hiking, walking, biking
  - Near University of FL
  - Venue close to farmers markets, performing arts, breweries, street fairs

- 1.4 miles from venue – 15+ restaurants, Ale trail, historic downtown Alachua
- Celebration Pointe music, shops, stores and restaurants
- Nike outlet – will stock store prior to event with T&F merchandise
- 5500 rooms available – 16 hotels within 1 mile, 8 camp grounds, 1300 Airbnb, 292 VRBO, 8 bed and breakfast
- Headquarters Hotel – Hotel Indigo .1 mile away from venue and approx. a 2 min walk
- Venue 90,000 sq ft, 3,500 seating, 1,240 parking garage
- Jimmy Carnes Track – 200m portable 6 lane track, 8 lane 60m sprint area, 1 raised PV, 2 raised LJ/TJ, 1 HJ, weight cage, 2 throws areas
- Meeting space, drug testing space, hospitality, clerking area, designated trainers area, concessions area,
- VIP Skydeck on the 2<sup>nd</sup> floor

Questions:

1. Bob Weiner – media area, is it closed or open to the track? A-can use an enclosed w/windows area or use the VIP Skydeck space for open access
2. Sandy Pashkin – dates listed for 3 days, are you open to 4 days if needed? A -yes. When come for site visit we can discuss
3. Q – Conf champs will they conflict for officials available? A – will consider
4. Sue Hallen – Warm up areas? A – outside clerking 3 lanes and will also have another warm up area outside main area
5. Q – where will implement weigh in take place? A – near throws area and will have POD brought in for lock up.
6. Julie Williams-Tinkham – What will be done to support inclusive and safe space? A – Mayor recently announced have safe space areas. Florida Sports Commission has an online list of what they are doing as well as the University of Florida. i.e. gender inclusive restrooms. City and County working on Legislation.
7. Ron Pate – can you elaborate on transportation available? A – 5-10 minute drive from Gainesville airport with shuttle service
8. Cheryl Bellaire – Showers? A – No, due to Safesport
9. Roman Marenin – Tent in case of weather for outdoor warm up? A – yes

Provisional Acceptance/Vote:

1. Site Visit December 20<sup>th</sup>
2. Discussion:
  - a. Bob Weiner – we should not knee jerk decide to do the meet in 4 days due to athletes who work, etc. A- Bill Murray stated not a knee jerk decision to decide. It will be based on projected entries.
3. Sue Hallen – Inclusive Task Force Acceptance would be a good idea due to the current state of the environment in FL. A- Jerry Bookin-Weiner advised in discussion they are creating a task force.

4. Roman Marenin – Do we anticipate people not going to nationals due to worlds a couple weeks later? A – Sandy Pashkin advised most will do both. Historically the nationals is a big meet when worlds is at the same venue
5. Ruth Welding – Dates for both championships? A – Nationals Feb 28-March 2, Worlds March 23<sup>rd</sup>; NOTE, DATES SUBSEQUENTLY CHANGED TO FEB 20-23 OR FEB 21-23 DEPENDING ON WHETHER IT IS 3-DAY OR 4-DAY MEET

Motion to Provisionally Accept – Carroll DeWeese

2<sup>nd</sup> Bob Weiner

Majority Accept

- Reno 2026 Indoor
  - Pacific Association presenting
  - Brought back indoor track – Mondo surface
  - Sport friendly city
  - Travel – over 50 cities have direct flights
  - 4 major hotels within 5 blocks
  - 15,000 rooms city wide
  - Plenty of restaurants, etc. in close proximity
  - 45 min from Tahoe
  - Hiking and biking in the area
  - Pacific Assoc experience with 30 prior competitions to include 1995 indoor USA Championships
  - 225 certified officials in Pacific Association
  - 7 of top 22 largest associations in the west
  - Track – Mondo surface, 2 long jump, 2 pole vault, 2 throws areas, WA Certified UCS equipment

#### Questions

1. Will there be Javelin? A – no. Not an indoor event
2. George Mathews – Do not see 2 throws areas. A – There are, just not on the presentation map
3. Donner pass – Concerns? A – Meet is in March and do not anticipate snow.
4. Mark Cleary – concern of smoking in hotels/casinos. Do we have non – smoking? A – many are smoke free. Hampton, Marriott all in close proximity are smoke free. Host many sporting events in Reno and ready to help navigate.
5. Julie Williams-Tinkham – Is your state Inclusive? Gave answer to own question stating Yes.
6. Statement – Arizona has an indoor track. Q – Do You know the difference between Reno Track and Gainesville? A – not bidding for same year
7. Bob Weiner – Press Room, is it open to the track area? Will we allow track betting on Masters? A – Personal thoughts, yes. Will be up to the casinos.

8. Sandy Pashkin – Dates in March? Can you do 4 days? A – Would like 2<sup>nd</sup> week in March. Budgeted for 3 days, if revenue supports then will do 4 days
9. Cheryl Bellaire – area for drug testing? Showers? A – yes and no
10. Bill Murray – Can we remove the 2<sup>nd</sup> PV runway to accommodate HJ for Pent? A – yes

- Report on Sacramento 2024 Outdoor Championships (done out of sequence to accommodate John Mansoor’s travel schedule today)
  - Pacific Association presented
  - Gave same experience/stats as Reno Presentation
  - Partner Hotels - Hilton and Doubletree
  - Free Shuttles to track
  - Partner hotels are fifteen minutes from track
  - Will be at American River College
  - Long throws are outside of the track. Is a short walk
  - Warm up field
  - Weather is avg 98 degrees high with 60 degrees low
  - Plenty of Sacramento activities
  - Regional attractions
  - Dates: July 18-21<sup>st</sup>

Questions for Reno/Sacramento:

1. Sue Hallen – Will there be water and potties at the long throws? A – yes as well as shade tents
2. Mark Cleary – Will Teams be able to rent tents? A- yes. Will be able to set up likely at the warmup area
3. George Mathews – With Spokane difficult to book, is Reno open for masters events? A – yes. Just need to avoid conference week
4. Will we have transport for athletes between long throws and track? A – yes. Have 3 golf carts
5. Ruth Welding – Weigh in for implements? A – games committee working on the logistics

- Indianapolis 2026 Indoor – Robert Thomas got word the night before venue is available and interested and doing informal bid
  - Track is currently being installed  
At the State Fairgrounds
  - 2 PV, 2 LJ, 200m banked Beynon surface track
  - Adjoining buildings for warm up and possible 3<sup>rd</sup> throwing circle
  - 20 minutes to hotels, restaurants, etc – both downtown and suburban
  - Showed a YouTube video of the facility
  - Will be shuttles from hotels

Questions:

1. Julie Williams-Tinkham – stated NAACP Score card is an F. Missed opportunity by USATF to support inclusivity.
2. Bill Murray – is it a temporary track? A – yes. Multi use facility not associated with a university.
3. Colleen Barney – who will be responsible for the bid? The sports commission? A – Indiana Association (due to lateness of bid, President previously committed to other meetings at this time)
4. What is the likelihood of USA getting 2025 and 2027 for WMA Indoors? A – depends on how many bids and who is in the room to vote. If do not get still puts USA on the map for possibly 2029 or beyond.
5. Showers? A – none in the venue but can bring in portable shower trailer

#### **2026 Provisional Bids Discussions**

- Mark Cleary and Bob Weiner both support Reno since not many indoor opportunities on the West Coast
- Stephanie Colby – stated already going to west coast for 2 outdoor nationals
- Duane Gosa – is it available for site visit soon? A – yes
- Roman Marenin – Does Games Committee have a preference? A – no response
- Colleen Barney – Altitude differences? A – 4500 Reno and 750 Indianapolis
- Julie Williams-Tinkham – Reno NAACP score of A and Indianapolis score of F
- Chris Pasko – opportunity to get into Indianapolis will get smaller and smaller with NCAA's, etc finding it attractive

Vote by ballot: collected and counted by Colleen Barney and Carroll DeWeese

Results: 23 Indianapolis, 21 Reno

#### **Report from Board of Directors Representative Chris Pasko**

- The 2022 IRS Form990 is out
- \$8 million invested into World Championships
- \$3 million in-kind by Nike in Tokyo kit
- Budget meeting will be Saturday
- Cash balance is concerning
- Membership needs to go up. Max and Renee are very positive about Masters
- If we do not increase membership by Olympics, we miss opportunity to offset investments in World Championships
- Max gave up \$500k bonus on contract renewal to reinvest into the organization

Questions:

1. George Mathews – impact regarding association tax? A – the crisis Simone Terry has worked on to get people to file to resolve issues

## Reports on Past/Future Championships

### 2024 Indoor and Outdoor – Chicago and Sacramento

Chicago: Bill Murray gave update

- Dates: March 21-24
- Question was asked regarding bank for events 800+ in a previous questionnaire. 800M out of 129 responses, 106 wanted bank. 1500m 58% wanted bank. 3000m 32% wanted bank. 1500RW 33% wanted bank. 3000RW 27% wanted bank
- During the meet, the bank will be put down for older ages of the 3000m (ages will be indicated prior to the championship) and stay down through the 3000RW. Will go back up for the 400m and stay up the rest of the meet.
- The Metra train stops under construction at the previous, actual stop and next stop during championship. Suggestion was made to LOC to arrange shuttles on continuous loop
- LOC asked for guidance and assistance in navigating the championships.

Gothenburg, Sweden 2024 Update

- Do not anticipate entries will open for approx. another month
- Will have a US national fee of 65 euros to cover expense to cover travel for PTs and massage therapists and the receptions during the championship
- Will have treatment options available to purchase during registration
  - 3 treatments for 90 euros and can add single or multiple sessions
- Have 4 hotel contracts: Clarion Draken (20 rooms), Comfort Inn (140 rooms), Quality Inn (60 rooms), Scania Europa (50 rooms). Prices range from \$101.00-\$160.00 and more details will be sent out soon.
- Uber cost one way is approx. \$8.00
- Due to more than one venue and locations not close, athletes may not be able to make it to more than one event on the same day.

## General Session II

### Roll Call Conducted by Rachel Guest

#### Outdoor Bids for 2026

Spire, OH

- A few previous events they have hosted: NCAA Div II Championships, Big 10 Conference, USA Masters Swimming, Youth Combined Events and Nationals.
- 750,000 under roof
- Indoor soccer field next door
- Outdoor track is near a 300m indoor flat track w/banquet area
- 9, 42" lane track
- Can host up to 650 for banquet
- Has locker room and showers
- Onsite housing for officials and athletes
- Approx 45 min from Cleveland airport, 1 hour from Erie, 2 hours from Pittsburgh
- Hotels: Towne Place Suites, Best Western, Double Tree to name a few
- 30 wineries
- Nearby fishing and other outdoor activities
- Host hotels are 5-7 minutes away from venue

Questions:

1. Julie Williams-Tinkham – Do not see any laws protecting LGBTQ+. What are your plans to protect? A – Do all we can. No complaints in their region. Have lobbyists working on legislation
2. Bill Murray – Usually have agreements with local hotels on rates and shuttle service. Will you have the same? A – working with partners and will include shuttle service
3. Jerry Bookin-Weiner – How many hotel rooms in the area? A – approx. 2,000 and partnering w/local Airbnb and Vrbo.
4. Bob Weiner – do you have a press box/area? A – Yes and can open the windows to hear
5. Bill Murray – We have our own timer. Is that a problem? A – No problem
6. Cheryl Bellaire – Do you have livestream? A – Yes and Jerry Bookin-Weiner interjected that USATF.tv owns the rights and will come in to do any livestreaming of the championships.
7. Dates? A – not secured yet but proposing August 10-16<sup>th</sup>
8. Mark Cleary – do you provide team tent rentals and space? A- will depend on set up of the event where and how far from clerking but yes.
9. Plan for inclement weather, can we use the indoor facilities? A – yes. And can move indoors fairly quickly.
10. Where will the 10k racewalk take place? A – across the highway near the wineries.

Discussion:

- Throwing area does not have lights. Kim Lindner suggested renting but was advised they are very expensive
- Issue of intersection of javelin sector with other long throw sectors is a concern

Move to approve bid

Seconded

Provisionally approved

#### **USATF Foundation Travel Grant Program update by Jerry Bookin-Weiner**

- Applications will be available during December
- Will wait to make grants until entries for WMA Outdoor Championships close and can project medal potential.
- Prize money will be \$300 for gold, \$200 for silver, \$100 for bronze, \$200 for each relay member, \$1000 cap for Travel Grant, \$1000 cap for medal prize money

Questions:

1. Cheryl Bellaire – How do you handle people who age up? A- look at their times/distances and how it relates to the age group they will compete in
2. Roman Marenin – Will it still be based on athlete need? A – Yes
3. Antwon Dussett – how much of the money will be given for pre meet money? A – approx. 1/3 of the available money
4. Julie Williams – Tinkham – will we share new WMA policy/procedures regarding transgender athletes? A – yes
5. Dates? August 12<sup>th</sup> – August 26<sup>th</sup>

#### **Records Subcommittee Report – given by Sonya Friend-Uhl**

- Committee includes – Dave Bickel (committee chair), Sonya Friend-Uhl (committee vice-chair, secretary, 3 support members
- Working to potentially make process automated
- Once submitted will get response received within 1-2 weeks
- Digital certificates now available for submitted/approved records
- Continued to compile, improve process

Questions:

1. Rachel Guest – will records set prior to May 23 have an option to get a digital certificate. A – advised will follow up to confirm  
Friend-Uhl – yes. Plan to make available 1<sup>st</sup> 6-8 weeks of 2024
2. Go to USATFMasters.org for records form.

#### **MTF 2024 Budget**



- Jerry Bookin-Weiner went over the proposed 2024 budget for MTF.
- Up from 2023 by approx. \$66k.
- Prevagen makes up \$25k of this amount
- Discussed 65 Euros will be charged to athletes during registration for WMA Outdoor Championships. Will help cover physios and receptions.
- Total for both is \$33k
- 2024 - \$282,485 budget compared to 2023 \$216,120
- Facility costs are increasing across the country and will make it difficult to grow the sport
- Bill Shelton donated \$5,000 to use for promos for women and less promoted groups.
  - Plan is to produce a video including inspirational stories not focused on medal winners

Move to approve 2024 budget

2<sup>nd</sup>

One abstention

Approved

#### **Entry Process Changes – Elizabeth Yeadon**

- Will be moving to a different system to register
  - Connected to Sport80 and your USATFConnect profile
  - Will choose events similar to what we do now
  - Will choose your events and goes into your cart
  - Then will check out
- Youth use athletic.net and rest of organization will go to Sport80
- Indoor registration will likely open on a Monday and plan to be around December 11<sup>th</sup>

Question: Will it save USATF money? A – not certain. What it does is bring more function in house

#### **Sub-Committee Reports**

Combined Events - Stephanie Colby

- Indoor Combined Events held at Carthage College in Kenosha, WI (last 20 years)
- 44 athletes competed
- Outdoor Combined Events held at Mt Sac in Walnut, CA
- Had a heptathlon/Women's Decathlon/Men's Decathlon

Throwing Events – Sue Hallen

- 108 athletes
- In Lisle, IL
- New W35 record for weight

- Next Year (2024) looking for venue; will be in Sept
- May be back in Lisle if do not find another venue

Suggestion – Stephanie Colby suggested we create a shared doc that includes venue details to help people secure venues for events

Drug Testing – Cheryl Bellaire

- Update on Anti-doping Subcommittee
- Showed the website on how to access from usatfmaster.org
  - Has links to do drug lookup, etc
- May need to fill out a TUE for your medication. When you click the link, it directs you to the USADA website
- Suggests doing your TUE at least 2 months prior to a championship
- WADA is different than USADA so will need to do a TUE with WADA in addition to USADA if going to a WMA or NCCMA championship
- A TUE does expire so be sure to keep track and resubmit if necessary

#### **Resolutions from the Executive Committee – Colleen Barney**

Revisions to WMA/NCCMA Relay Selection Process

- Changes to the schedule for WMA Championships in Sweden warrants changes to procedures in selection process
- During Executive Committee meeting, discussed verbiage on changes proposed
- Proposed changes are included below.
- Suggestion to state 8 weeks prior vs 6 weeks prior for performance consideration
- Include recognized governing body for verifiable meets
- Recommended remove 4x100 and state regarding all relay selections.

DOCUMENT PROVIDED (revisions in red)

## **SELECTION PROCEDURES**

### **GOALS**

The Primary goal in determining relay team selection is to assemble the greatest number of teams likely to win a medal; the goal is the highest number of total medals, not the most gold medals. The Secondary goal is to involve as many Team USATF Masters athlete applicants as possible in the relays.

### **RELAY SELECTION PANEL (RSP)**

The RSP shall consist of the USATF Team Leader, the Team Manager, the Assistant Team Managers, and the Active Athlete Representative. As needed, other athletes may be called upon to assist. The MTF Chair shall select the Chair of the RSP who will plan meetings. Those not fully participating will be replaced.

### **AUTHORITY**

The RSP has complete responsibility and is the final authority for selecting Designated Relay Teams. The RSP will vary from the Guidelines below only if, in its opinion, the Goals can be more fully achieved by deviating from them.

#### GOVERNING RULES

Each WMA Member (country) determines how its relay teams are selected. There is no entry fee for the relays. The youngest person running determines the age group of the relay team. If an athlete is a designated team member (one of the first four listed), they cannot be an alternate on another relay team. An alternate can be an alternate on any number of teams but can only run on one team. The RSP shall follow the current WMA/WA Rules for relays recognizing that they quite often change from championship to championship.

#### MEET DEADLINES:

There are two deadlines that Team USATF Masters must meet when entering its teams.

1. Relay Declaration Deadline (RDD), is typically at noon on the day before the scheduled relay event. No additional athletes may be added to the relay team roster after the RDD. Only the 4 runners and the alternates listed on the form submitted by the RDD are eligible to run.
2. Final Relay Declaration Deadline (FRDD), which is typically one to two hours before the scheduled race time of any given relay. The four actual runners and their order may be changed up until the FRDD but no changes of any sort are permitted after the FRDD. Example: if one of the four designated runners gets hurt at the last moment, alternates cannot be moved in to replace the injured runner if it is after the FRDD.

**\*\*NOTE:** these deadlines are subject to change by the championship Local Organizing Committee (LOC) but generally are published before the championship.

#### ELIGIBILITY

All Team USATF Masters athletes entered in the championships are eligible to run relays. Relay participation is entirely voluntary. Athletes **MUST** submit a relay application to a member of the RSP to be considered for selection to a relay team. If anyone discovers a mistake or oversight at any stage of the selections, they are encouraged to bring that to an RSP member's attention as soon as possible.

#### COMMUNICATION BETWEEN RSP AND ATHLETES

All relay applications, initial selections, and final selections will be available on a Google Doc spreadsheet available to all Team USATF Masters athletes and administrators continually throughout the championship. The URL address of this spreadsheet will be in the "Team USATF Masters Championships Meet Information" that is sent to each Team USATF Masters athlete before each championship. It also will be sent out on various social media channels, and will be circulated to all those on the Team USATF Championship WhatsApp group. Whenever possible, this spreadsheet will be updated at least each evening of the Championship. *The spreadsheet is the key document showing the status of the relay teams at all times; first all those who apply and then the actual selections for teams.*

#### TYPES OF RELAY TEAMS

**DESIGNATED TEAMS (DT):** Teams selected by the RSP from the overall pool of athletes that completed Relay Applications. The RSP strives to create as many DTs as possible.

**VOLUNTEER TEAMS (VT):** For age groups with no DT, VTs may be self organized by athletes and will be officially entered by the Team Manager. A VT member must contact a member of the RSP to obtain the WMA Relay Team Declaration form. The VT will complete the form and return it to a member of the RSP prior to the Relay Declaration Deadline so it can be submitted. A member of the RSP will contact the VT should a DT be created in their age group. In the event a DT has been created for an age group after a VT WMA Relay Team Declaration has been submitted to a member of the RSP, that VT will be disbanded.

#### APPLICATIONS

To be considered for a relay, each athlete **MUST** submit a signed paper Relay Application Form for each relay on which the athlete desires to run to a member of the RSP during the Championship anytime up until 5 PM the evening before the Relay Declaration Deadline. These application forms will be available at every daily Team Meeting and from the members of the RSP at any time. It also will be available for download once it is available (after relay deadlines are published). The application is an agreement that the athlete (including alternates) will practice for the relay and compete to the best of their ability if selected. Each athlete selected for a DT is not competing on an individual basis but is competing for Team USATF Masters which means that such athlete is working towards the goal of maximizing total relay medals, not just going for “guaranteed” gold medals.

#### WITHDRAWAL

Athletes may withdraw from consideration for selection up to the start of the RSP meeting. Athletes who are not selected as DT relay members or alternates are released when final selections are published and are immediately eligible for a VT. In the event a VT consists of an athlete who was previously designated as an alternate on a DT and that alternate is then required to be used for such DT, that VT may be disbanded, if the VT does not have sufficient alternates listed for that VT.

#### PRACTICE

The Team Manager will plan relay practice and communicate this information online and at every Team Meeting. 4×100 and 4×200 designated runners and first alternates **MUST** practice (attendance will affect the final selection decision). Practice for 2<sup>nd</sup> and 3<sup>rd</sup> 4×100 and 4×200 alternates and all 4×400 runners is encouraged but optional. 4×400 runners will select their Captain, plan, and practice their visual handoffs during their warm-ups. An RSP member will brief all teams on the current relay rules and relay best practices during the practice session as international relays are run differently than common US practice.

#### SELECTION PROCESS

1. The relays and the related events that will be considered in order for each DT are:
  - a. 4×100 – 100/200/400/Short Hurdles/Long Hurdles

- b. 4×200 – 200/400/60/60 Hurdles/800
  - c. 4×400 – 400/Long Hurdles/200/800/100/Short Hurdles  
\* Results from races conducted as part of combined events shall be considered equivalent to those from individual races
2. Performances achieved at the current championships in the individual events listed above will be given primary consideration, including performances in Combined Events.
- a. Finalists in each event, in the order listed, will be considered as first choices for the relays in their age groups, followed by semi-finalists, followed by those who rank in the top half of the preliminary round.
  - b. When a relay competes prior to the end of a WMA or NCCMA Championship, the RSP shall first consider the results from events already competed during such competition, and then shall consider times from other competitions which have concluded no more than 8 weeks prior to such relay, provided, however, that such other competition was sanctioned by an official governing body (e.g., USATF, NCAA, NCCMA, etc.) and such performance is verifiable by MastersRankings or an official posting of online results.
  - c. The RSP will consider moving athletes down from an older age group but only if the RSP feels that the move would contribute to achieving the overall goals of the RSP.
3. Relay experience (recent preferred) will be an important consideration for selection of 4×100 and 4×200 relay teams and will be a question on the relay application form.
4. The RSP shall have the discretion to consider other factors (e.g., injuries, extreme performances in events listed lower in order set forth above, etc.) if the RSP feels that such considerations would impact achieving the overall goals of the RSP.

Formatted: Indent: Left: 1", Tab stops: Not at 0.25"

Deleted: ←

Deleted: ¶  
 Other current championship performances and other recent verifiable performances will be considered if needed to determine selections.

#### ALTERNATES

All those selected as alternates to Relays **MUST** be available and ready on relay competition day with their equipment and competition uniform. Alternates are sometimes needed at the very last minute on relay competition day, so it is crucial that they be close to call room/warm up area and can be immediately reached by phone.

#### INJURIES, ILLNESSES, AND SPECIAL CIRCUMSTANCES

The RSP will attempt to consult with all pertinent parties when injuries, illnesses, or other special circumstances arise to make adjustments to the team makeup as needed. The RSP will make the final decision whether or not to replace a relay member with an alternate prior to the FRDD. Timely reporting of injuries, illnesses, and special circumstances to a member of the RSP may preclude sanctions at the discretion of the RSP.

#### SANCTIONS

Any athlete selected for a relay team who does NOT compete, or any athlete who does compete but does not exert honest effort, will be precluded from participating on a relay team (both DT and VT) for the next two WMA and/or NCCMA championship meets in which that athlete competes. After the championship, the Team Manager will notify athletes who are sanctioned, and maintain the list of sanctioned athletes. An

athlete may appeal a sanction, in writing, to the MTF officers within 60 days of notification of such sanction

\*Adopted by the MTF Committee December 1, 2018; revised September 29, 2022

Moved to approve changes

2<sup>nd</sup>

All approved

Facebook group USATF Masters Group Page

- Keep page limited to posts from exec committee and active athlete. Should remain USATF Masters specific
- Create 2<sup>nd</sup> page for other posts
- Stephanie Colby suggested we bring Sandy Triolo (Communications Chair) in to have a voice
- 2<sup>nd</sup> suggestion to make a new group page vs change rules for current group
- Discussed choices
  - Choice one – polite verbiage advising poster the post no longer fits the criteria of the group
  - Choice two – provide verbiage and repost to non-official page
  - Choice three – set group to approve all posts prior to showing on page

Move to change our Facebook group to set guidelines and pre approve posts with message

Motion

2<sup>nd</sup>

Majority approved

3 abstentions

NOTE: Implementation has been delayed pending discussion with Sandy Triolo, Chair of the Communications Subcommittee.

**Vin Lananna – President**

- Thanked Masters leadership
- Three goals to help drive the business
  - NCAA spends \$1 Billion on our sport every year. How do we tap into?
  - Need to clearly identify how the youth consume our sport and are the future of our sport. How do they see us?

- Officials- need to stop talking and start doing to grow and support building officials population. Look at athletes that run out of eligibility and hone competing to get certified.

Questions:

1. Cheryl Bellaire – Rolling Stones partnering with AARP. Have we thought of that for masters. A – good ideas always come from this group
2. Julie Williams – Tinkham – How will USATF address the new ruling by WA regarding transgender athletes banned from competing? A – WMA will follow
3. Kimberly Lindner – We should explore the partnership between youth and masters. Create a mentor program.
4. Ruth Welding – make donations of left over t-shirts to kids in various areas vs trying to sell off; doing so would get USATF logo out there.
5. What are you proud of during your tenure? A – World Champs 1<sup>st</sup> time ever in the US.

#### **Scott Eriksson update on National Masters News**

- New Publisher for magazine
- Looking at the magazine and see we focus so much on medal winners and record setters
- Moving forward focus will be on participants and their stories. Also focus on officials and people who make our sport work

Questions:

1. Bob Weiner – Thank you. Need to look at how to increase subscriptions
2. Cheryl Bellaire – make your email available

Scott stated in 2024 will do an online Legacy.

## General Session III

### Roll Call taken by Rachel Guest

### Sub-Committee Reports Continue

#### Racewalk Report – Jo Burrows

- 20k and 5k on the road to give masters a chance to get a long distance race
- Announced Racewalk Masters award winners: David Swarts and Marianne Martino. Grand Prix Winners Norm Frable and Marianne Martino. Club winners So Cal, Shore AC, and High Altitude
- Will have racewalk in the fall for masters
- WA Mixed racewalk relay will take place but not including masters this year
- 35k will be back for Tokyo. Masters invited to participate in the qualifier

#### Communications Subcommittee (including Media)

- Jerry Bookin-Weiner stepped in on Sandy Triolo's behalf and showed a PowerPoint
- Get 23,200 views monthly online (IG,FB,Website)
- Website: usatfmasters.org
- Followers continue to grow on Instagram. Almost at 10,000
- Keys to Success: Celebrate, Educate, Engage
- Next Steps:
  - Improve timely communication
  - Improve communication methods
  - Refine what is working
  - Try new methods
  - Bring in more voices
  - Work with marketing
  - Run ads
- Julie Williams-Tinkham suggested adding TikTok. A- by Stephanie Colby definitely area of growth. Looking at where our athletes visit and grow with the needs.
- Jerry Bookin-Weiner talked about changes needing attention on website. Needs content monitoring. Informed that Jovette updates the website and does so quickly. Can also archive information.
- Cheryl Bellaire – Can we delete old pages? A-Jerry Bookin-Weiner and Robert Thomas added to the answer that there is not an old page to delete. The National Office does not want us to have our own site. We keep it because the National Office does not update the USATF.org site fast enough.

#### Media Update – Bob Weiner

- 20 million watch NBC
- Newspaper articles
- Press release is done in conjunction with our championships
- Showed 5 best clips for 2023



- 3 million views of Tyreek Hill coverage
- Stephanie Colby stated that did not hear mention of our website in any of the coverage. Can it be added in the future?
- Stephanie Colby asked can we piggyback on the back of press of older elite athletes?
- Template online for press release for local news
- Jackie Joyner asked if we have local press do you want us to forward? A – Yes
- Cheryl Bellaire suggested to tag USATF Masters online

Marketing Subcommittee – Danny Monistere (Subcommittee Chair) unable to attend

- Jerry Bookin-Weiner mentioned we have had two grants from the national office to fund marketing efforts - \$5000 in 2022 and 2023 with one more year expected
- Flyer created to distribute at events i.e. senior games
- Can pass out at local meets
- A new flyer will be created after we use up the current flyer
- Plan to distribute to the associations
- Robert Thomas stated missing opportunity to draw in masters at the association level. Suggestion is to ask athletes if going to nationals and if not, why? (more participation level at association than at national level)
- Rachel Guest suggested to balance marketing w/elite performers and the participation level aspect of the sport.
- Barbara Hensley shared was reluctant to enter at nationals because “she is not fast”. Important to get info out that do not have to qualify like the senior games. Went on the share her own experience once she started going to nationals and WMA and how cool it is.
- Jerry Bookin-Weiner stated the most frequently asked question is do you have to qualify?
- Christina Yarmul suggested to do media push to associations
- Scott Eriksson asked do we compile stats re: participation by region, at region, nationals, etc? A-No. Scott volunteered to help compile stats and communicate via magazine, etc.
- Ruth Welding shared info on Midwest Region Grand Prix. Get points for the various region meets and nationals attended. Get put in a drawing to win \$\$
- Azenza Matthews stated did a meet in October that was sanctioned. People had perception it was an elite meet. Need to put on the website
- Chris Buchler suggested to put a requirement to attend an association meet to attend nationals. A-Colleen Barney stated 50% of 1<sup>st</sup> timers have not attended any other meet prior to the national championships
- Charlotte Sneed – What about an A-frame at youth meets w/QR code and marketing of masters? A-Jerry Bookin-Weiner asked her to email him the suggestion
- Bob Weiner stated remembered there was once \$\$ given to get new people to attend nationals. A- Robert Thomas said feedback to that program was very negative from established athletes who felt it was not “fair” when they have been supporting and participating for years
- Cheryl Bellaire – Do something for people who do both association and nationals

- Sue Hallen suggested doing a landing page for QR code, not usatfmasters.org with specifics for athletes
- George Mathews – wanted clarification on A-frame. Online or physical? A-physical w/QR code to draw to a landing page. Continued to say we should continue to look at for communications as we evolve
- Joe Mack – adding a gift or prize money for going to association.
- Jerry Bookin-Weiner – after people participate at region/association send an invite to nationals with links to nationals and worlds
- Colleen Barney – give an incentive to associations with greatest improvement of participation
- Cheryl Bellaire - email with results with invite to nationals
- George Mathews – Have we thought about sending surveys after? A – yes we have done that
- Jim Pearce – overall USATF efforts include masters. Strategic planning.

John Bahakel – discussion on age descriptions was changed to not include specific ages but just state masters

#### **Rules Update – Sandy Pashkin**

- The rule stating procedure for field event check out for another event – an athlete can advise I would like to pass as checking out to avoid a miss. Will have to come back if checking out of a vertical jump if the bar goes up to avoid the possibility of a miss to advise to pass.
- Proof of age – only birth certificate or passport acceptable
- Rule exception submitted that cannot spit on hand or lick hand prior to throwing. Now in current rules.
  - What if it is your own implement? A-no officials still have to handle the implement after the throw
  - Can an athlete spray hand or implement with water? A- no
- Clarification made on check out rule that can no longer be placed at the end of round rotation. Can advise will pass to avoid a miss

#### **Continue with Resolutions**

Guidelines for 2024 Masters Exhibition Events (list included below)

- Announced upcoming exhibition events for masters
- Drake will be open to all masters aged athletes and results will be age graded
- Grand Prix events for exhibition will be determined after dates are established.

- Stephanie Colby – can the athlete apply for more than one and give preference?  
A-if they want to apply for more than one they need to apply for each one individually
- Jerry Bookin-Weiner – working on a short video that will be shown prior to the race to promote USATF MTF and the athletes competing
- Stephanie Colby suggested athletes should have singlets or T-shirts to wear at to promote masters
- Sue Hallen – 4 men and 4 women for Drake? A-yes
- Cheryl Bellaire – who is in charge of the exhibition events? A – Jerry Bookin-Weiner and Robert Thomas

#### 2024 Masters Exhibition Events Guidelines

Indoor Nationals – 200m

Age groups – W45-54; M45-54

Drake Relays – Shot Put – all ages, age graded

Grand Prix I – 400m

Age groups – W55-64; M55-64

Grand Prix II – 200m

Age groups – W65+; M65+

Grand Prix III – 100m

Age groups – W40-54; M40-54

Outdoor Nationals – 800m

Age groups – W55-64; M55-64

Top athletes applying for each event will be selected

All participants must be USA eligible for WMA events

All participants must be current USATF member

Except in rare instances, an athlete will not be eligible for selection for more than one Masters

Exhibition Event per calendar year.

As of 11/20/23; age groups subject to change before January 1, 2024

Move to accept

2<sup>nd</sup>

Unanimous yes

**Rotation Between 1500 and Mile Races at Championships (included below)**

- Informally have been doing rotation
- Created a formal draft and proposed to put on website
- Q-why is this necessary? A-formalizing what we have been doing for athletes and some athletes still like to run the mile.

Draft Resolution Regarding Alternating Between 1500m and Mile at Masters Championships

Resolved that the USATF Masters Track & Field Committee approves the following rotation between the 1500m and Mile Run at its indoor and outdoor championships:

1. In years with a WMA Indoor Championships the 1500m shall be run at the USATF Masters Indoor Championships – normally this is in odd numbered years.
2. In years with no WMA Indoor Championships the Mile Run shall be run at the USATF Masters Indoor Championships – normally this is in even numbered years.
3. In years with a WMA Outdoor Championships the 1500m shall be run at the USATF Masters Outdoor Championships – normally this is in even numbered years.
4. In years with no WMA Outdoor Championships the Mile Run shall be run at the USATF Masters Outdoor Championships – normally this is in odd numbered years.

Move to approve

2<sup>nd</sup>

Unanimous to approve

**Timeline for Publishing Information about National (document included below)**

- Bill Murray – for number 5 why not say one week after online deadline? A-ok, makes sense. Change made
- George Matthews – saying timetable and should be timeline. A-yes. Number 6 should be timetable and not schedule. Change made
- Outdoor champs the same and will change
- Bill Murray – include time for online deadline so people know when closes along w/timezone. 11:59PT
- Sandy Pashkin – why include time if everything else states approximate? A-because to help national office with the process to follow
- Colleen Barney suggested to change title to include deadlines
- Discussion on why PT vs PST

Timeline for Posting Information About and Deadlines for USATF Masters Indoor and USATF Masters Outdoor Championships

#### Indoor Championships

1. Dates posted on usatf.org and usatfmasters.org – approximately 9 months prior
2. Daily schedule posted – approximately six months prior
3. Meet website posted – approximately four months prior
4. On-time deadline – 11:59 pm PT, four weeks prior to first day of competition (or the closest Thursday)
5. Late entry deadline – one week after on-time deadline
6. Detailed timetable posted – no later than two weeks prior to the first day of competition.

#### Outdoor Championships

1. Dates posted on usatf.org and usatfmasters.org – approximately 9 months prior
2. Daily schedule posted – approximately six months prior
3. Meet website posted – approximately four months prior
4. On-time deadline – 11:59 pm PT, four weeks prior to first day of competition (or the closest Thursday)
5. Late entry deadline – one week after on-time deadline
6. Detailed timetable posted – no later than two weeks prior to the first day of competition.

#### Championships

Move to accept by Colleen Barney

2<sup>nd</sup> Bill Murray

Majority approve

1 abstention

George Mathews suggested to include USATF Masters to designate for nationals

Change acceptable – yes

Opposed – none

Colleen Barney motion to reconsider

2<sup>nd</sup>

All in favor – unanimous

Opposed – none

**WMA/NCCMA Relay Selection Process Revised verbiage– Colleen Barney**

- Joe Mack – is there a way to provide something more specific regarding injuries? A-each situation is different and can determine at the relay practice the health of the athlete.

## **WMA/NCCMA Relay Selection Procedures**

### **SELECTION PROCEDURES**

#### **GOALS**

The Primary goal in determining relay team selection is to assemble the greatest number of teams likely to win a medal; the goal is the highest number of total medals, not the most gold medals. The Secondary goal is to involve as many Team USATF Masters athlete applicants as possible in the relays.

#### **RELAY SELECTION PANEL (RSP)**

The RSP shall consist of the USATF Team Leader, the Team Manager, the Assistant Team Managers, and the Active Athlete Representative. As needed, other athletes may be called upon to assist. The MTF Chair shall select the Chair of the RSP who will plan meetings. Those not fully participating will be replaced.

#### **AUTHORITY**

The RSP has complete responsibility and is the final authority for selecting Designated Relay Teams. The RSP will vary from the Guidelines below only if, in its opinion, the Goals can be more fully achieved by deviating from them.

#### **GOVERNING RULES**

Each WMA Member (country) determines how its relay teams are selected. There is no entry fee for the relays. The youngest person running determines the age group of the relay team. If an athlete is a designated team member (one of the first four listed), they cannot be an alternate on another relay

team. An alternate can be an alternate on any number of teams but can only run on one team. The RSP shall follow the current WMA/WA Rules for relays recognizing that they quite often change from championship to championship.

#### MEET DEADLINES:

There are two deadlines that Team USATF Masters must meet when entering its teams.

3. Relay Declaration Deadline (RDD), is typically at noon on the day before the scheduled relay event. No additional athletes may be added to the relay team roster after the RDD. Only the 4 runners and the alternates listed on the form submitted by the RDD are eligible to run.
4. Final Relay Declaration Deadline (FRDD), which is typically one to two hours before the scheduled race time of any given relay. The four actual runners and their order may be changed up until the FRDD but no changes of any sort are permitted after the FRDD. Example: if one of the four designated runners gets hurt at the last moment, alternates cannot be moved in to replace the injured runner if it is after the FRDD.

**\*\*NOTE:** these deadlines are subject to change by the championship Local Organizing Committee (LOC) but generally are published before the championship.

#### ELIGIBILITY

All Team USATF Masters athletes entered in the championships are eligible to run relays. Relay participation is entirely voluntary. Athletes **MUST** submit a relay application to a member of the RSP to be considered for selection to a relay team. If anyone discovers a mistake or oversight at any stage of the selections, they are encouraged to bring that to an RSP member's attention as soon as possible.

#### COMMUNICATION BETWEEN RSP AND ATHLETES

All relay applications, initial selections, and final selections will be available on a Google Doc spreadsheet available to all Team USATF Masters athletes and administrators continually throughout the championship. The URL address of this spreadsheet will be in the "Team USATF Masters Championships Meet Information" that is sent to each Team USATF Masters athlete before each championship. It also will be sent out on various social media channels, and will be circulated to all those on the Team USATF Championship WhatsApp group. Whenever possible, this spreadsheet will be updated at least each evening of the Championship. *The spreadsheet is the key document showing the status of the relay teams at all times; first all those who apply and then the actual selections for teams.*

#### TYPES OF RELAY TEAMS

**DESIGNATED TEAMS (DT):** Teams selected by the RSP from the overall pool of athletes that completed Relay Applications. The RSP strives to create as many DTs as possible.

**VOLUNTEER TEAMS (VT):** For age groups with no DT, VTs may be self organized by athletes and will be officially entered by the Team Manager. A VT member must contact a member of the RSP to obtain the WMA Relay Team Declaration form. The VT will complete the form and return it to a member of the RSP prior to the Relay Declaration Deadline so it can be submitted. A member of the RSP will contact the VT should a DT be created in their age group. In the event a DT has been created for an age

group after a VT WMA Relay Team Declaration has been submitted to a member of the RSP, that VT will be disbanded.

#### APPLICATIONS

To be considered for a relay, each athlete **MUST** submit a signed paper Relay Application Form for each relay on which the athlete desires to run to a member of the RSP during the Championship anytime up until 5 PM the evening before the Relay Declaration Deadline. These application forms will be available at every daily Team Meeting and from the members of the RSP at any time. It also will be available for download once it is available (after relay deadlines are published). The application is an agreement that the athlete (including alternates) will practice for the relay and compete to the best of their ability if selected. Each athlete selected for a DT is not competing on an individual basis but is competing for Team USATF Masters which means that such athlete is working towards the goal of maximizing total relay medals, not just going for “guaranteed” gold medals.

#### WITHDRAWAL

Athletes may withdraw from consideration for selection up to the start of the RSP meeting. Athletes who are not selected as DT relay members or alternates are released when final selections are published and are immediately eligible for a VT. In the event a VT consists of an athlete who was previously designated as an alternate on a DT and that alternate is then required to be used for such DT, that VT may be disbanded, if the VT does not have sufficient alternates listed for that VT.

#### PRACTICE

The Team Manager will plan relay practice and communicate this information online and at every Team Meeting. 4×100 and 4×200 designated runners and first alternates **MUST** practice (attendance will affect the final selection decision). Practice for 2<sup>nd</sup> and 3<sup>rd</sup> 4×100 and 4×200 alternates and all 4×400 runners is encouraged but optional. 4×400 runners will select their Captain, plan, and practice their visual handoffs during their warm-ups. An RSP member will brief all teams on the current relay rules and relay best practices during the practice session as international relays are run differently than common US practice.

#### SELECTION PROCESS

1. The relays and the related events that will be considered in order for each DT are:
  - a. 4×100 – 100/200/400/Short Hurdles/Long Hurdles
  - b. 4×200 – 200/400/60/60 Hurdles/800
  - c. 4×400 – 400/Long Hurdles/200/800/100/Short Hurdles  
\* Results from races conducted as part of combined events shall be considered equivalent to those from individual races
2. Performances achieved at the current championships in the individual events listed above will be given primary consideration, including performances in Combined Events.



- a. Finalists in each event, in the order listed, will be considered as first choices for the relays in their age groups, followed by semi-finalists, followed by those who rank in the top half of the preliminary round.
  - b. When a relay competes prior to the end of a WMA or NCCMA Championship, the RSP shall first consider the results from events already competed during such competition, and then shall consider times from other competitions which have concluded no more than 8 weeks prior to such relay, provided, however, that such other competition was sanctioned by an official governing body (e.g., USATF, NCAA, NCCMA, etc.) and such performance is verifiable by MastersRankings or an official posting of online results.
  - c. The RSP will consider moving athletes down from an older age group but only if the RSP feels that the move would contribute to achieving the overall goals of the RSP.
3. Relay experience (recent preferred) will be an important consideration for selection of 4×100 and 4×200 relay teams and will be a question on the relay application form.
  4. The RSP shall have the discretion to consider other factors (e.g., injuries, extreme performances in events listed lower in order set forth above, etc.) if the RSP feels that such considerations would impact achieving the overall goals of the RSP.

Formatted: Indent: Left: 1", Tab stops: Not at 0.25"

Deleted: ↵

Deleted: ¶  
Other current championship performances and other recent verifiable performances will be considered if needed to determine selections.

#### ALTERNATES

All those selected as alternates to Relays **MUST** be available and ready on relay competition day with their equipment and competition uniform. Alternates are sometimes needed at the very last minute on relay competition day, so it is crucial that they be close to call room/warm up area and can be immediately reached by phone.

#### INJURIES, ILLNESSES, AND SPECIAL CIRCUMSTANCES

The RSP will attempt to consult with all pertinent parties when injuries, illnesses, or other special circumstances arise to make adjustments to the team makeup as needed. The RSP will make the final decision whether or not to replace a relay member with an alternate prior to the FRDD. Timely reporting of injuries, illnesses, and special circumstances to a member of the RSP may preclude sanctions at the discretion of the RSP.

#### SANCTIONS

Any athlete selected for a relay team who does NOT compete, or any athlete who does compete but does not exert honest effort, will be precluded from participating on a relay team (both DT and VT) for the next two WMA and/or NCCMA championship meets in which that athlete competes. After the championship, the Team Manager will notify athletes who are sanctioned, and maintain the list of sanctioned athletes. An athlete may appeal a sanction, in writing, to the MTF officers within 60 days of notification of such sanction

\*Adopted by the MTF Committee December 1, 2018; revised September 29, 2022

Moved to accept as amended

2<sup>nd</sup>

Unanimous yes

#### **Code of Conduct – Colleen Barney**

- voted to approve last year to include during registration process
- National Office did not understand why when USATF already has one in place
- Colleen Barney, Jerry Bookin-Weiner, Robert Thomas and Elizabeth Yeadon met with USATF legal counsel and gave MTF copy. They have it in review and possibly word smithing a few items
- Jerry Bookin-Weiner said may be a way to have it in place for Sweden

#### **New Business**

1. Cheryl Bellaire – complaints from region re: opening height for PV for nationals too high
  - Bill Murray stated they look at seed marks and do not start higher than lowest see height.
  - Sandy Pashkin – if do not put see mark they do not know where to start and go based on entry marks
  - Bill Murray – all HJ and PVerS know PRs and should be putting in marks
  - Mark Cleary – example of LJ a couple years ago at nationals and athlete could not make the pit. A- Bill Murray stated always put a ½ meter board and triple jump minimum of 1m apart
  - Elizabeth Yeadon stated national office can do a required question/entry mark requirement on the registration platform
  - Robert Thomas – some people may not have a seed mark/time
  - Bob Weiner – Seed mark should be what you hope to do. A-No. Is what you have already achieved
  - Jim Pearce – Trying to solve ask for the athletes starting height
  - George Matthews – issue at all levels of the lack of clarity on the importance of seed time. Include a statement to clarify
  - Sandy Pashkin – clarified difference between opening height and seed mark. Opening height should be where you want to start in the competition. Seed Mark is your best mark
  - Jo Rupp – why not add mark and request and entry height during registration?
  - Jason James – is it not on the onus of the officials to have the discretion day of?
  - Joe Mack – can we not do like at WMA championships? New people legitimately do not know what they can do.
  - Post minimum of the event so athletes can plan. May decide to change day of opening height based on health and fitness.
  - Stephanie Colby – as an AR athlete at the same risk as a new athlete for a No Height (NH). Learn from it and move on

Charlotte Move to table

2<sup>nd</sup>

Unanimous yes

2. Irene – presenter for Reno Indoor 2026 and would like to ask to be awarded 2027 since vote was close. A – Robert Thomas stated we have done this in the past and have learned that other possible bidders may not be present due to not award the option is available this year to present.
  - Sandy Pashkin – we have a process and we do not know if there are other bidders. Suggested to bid when open and would not be fair and/or set the right precedence. Rebid next year.
3. Charlotte – TikTok should be considered in communication/marketing plans. A – Robert Thomas advised that athletes 50+ are primarily Facebook and younger age groups are Instagram, X and TikTok.
  - Chris stated to have caution due to legislation regarding banning TikTok

**Meeting Adjourned**

## **Joint MTF/MLDR Meeting**

### **Blake Bolden – Director of Drake University T&F and XC**

- Thank and share appreciation for partnership of Rex Harvey exhibition event each year at Drake Relays
- Working on 2024 final details
- The exhibition is a rotating field event
- Hospitality is equal for masters as is the elite
- Drake University also annually hosts a masters 800m at the Drake Relays (end of April). Only caveat is it falls on a Friday every year
- Open to ideas as to how to partner with MTF moving forward
- Can reach Blake at [blake.bolden@drake.edu](mailto:blake.bolden@drake.edu)

### **WMA Indoor Bid for 2025 – Robert Thomas**

- Robert Thomas did site visit in February to see track during a youth meet
- Introduced idea to do WMA as well as nationals
- Site visit in Dec w/WMA to view and almost 100% set that will host
- Looking to purchase golf course to do XC course, own streets around venue, flights easy to get in and out

Questions:

1. Are there any other bids? A- Kazakhstan but they do not want to do any outdoor events

### **LDR Chair Update – Perry Jenkins**

- 2023 schedule has been very exciting
- Provided a 2024 schedule handout with QR code
- Had a great year of performances
- Thanked Jerry Bookin-Weiner and Robert Thomas for the events at Indoor/Outdoor Championships and WMA that LDR athletes are able to compete

### **Hall of Fame Announcements – Colleen Barney**

- Announced the 2023 class for MTF – Dave Bickel, LaTrica Dendy, Tim Edwards, Sue McDonald, Emma McGowan, Antonio Palacios

### **Awards Announcements – Rachel Guest**

- Provided list of award winners and criteria for awards that were amended by the Awards Subcommittee earlier in the day
- Criteria: areas in red are the revisions made to the online data.

## **Purpose**

The Awards Subcommittee shall select award winners following the direction of MTF. The Awards Subcommittee presents awards to outstanding masters athletes each year based on performances during the calendar year. Awards are presented at the Athletes Awards Dinner held during the Outdoor Championships each year. Nominations are accepted at the close of the outdoor season. Criteria listed below are used to evaluate nominees.

The athlete must be a member of USATF and at least thirty years old and meet the criteria below:

**Proposed change:** The Awards Subcommittee presents awards to outstanding USATF masters athletes each year based on performances that are from the conclusion of the previous year's selection process to the beginning of the current year selection process.

#### **ATHLETE OF THE YEAR / EVENT GROUP ATHLETE OF THE YEAR**

- Every five-year age group will have one Male and one Female Athlete of the Year
- One male and one female (regardless of age group) will be selected as an event group Athlete of the Year
- Categories: **Combined Events, Distance, Jumps, Middle Distance, Racewalk, Sprints/Hurdles, Throws**

To be eligible for an award, an athlete must compete in two major Masters championships during the competition year. This can be any combination of Indoor Nationals, Outdoor Nationals, WMA World Championships, NCCMA **Championships**, and USATF Association or Regional Championships.

Performance factors that will be considered in the selection process: Age Grading, National Championship medals, World/NCCMA Championship medals, American Records, and World Records.

**Any individual who has received a USADA or WADA sanction of any kind will be disqualified from the selection process.**

Selection of the **Combined Events, Racewalk, and Throws** Athletes of the Year are done by those Subcommittees.

Overall Athlete of the Year—Sue McDonald

Male Athlete of the Year— Damien Leake  
McDonald

Female Athlete of the Year—Sue  
McDonald

Sprints Male/Female Athlete of the Year—Damien Leake and Emmanuelle Mc Gowan

Middle Distance Male / Female Athlete of the Year— Charles Novak and Sue McDonald

Distance Male/Female Athlete of the Year— Robert Qualls and Jeannie Rice

Jumps Male/Female Athlete of the Year— Bruce McBarnette and Kay Glynn

Race Walk Male/Female Athlete of the Year— David Swarts and Marianne Martino

Rex Harvey Combined Events Male/Female Athlete of the Year— Russell Jacquet-Acea and Kay Glynn

Tom Gage Male Thrower of the Year— Bob Cahners

Vanessa Hilliard Female Thrower of the Year— Carol Finsrud

#### Age Group Male/Female Athletes of the Year

30-34 Age Group— Latasha Dodson

70-74 Age Group— Robert Qualls and Kay  
Glynn

35-39 Age Group— Mark Husted and Christina Elder  
Fable

75-79 Age Group— Ken Moss and Kathleen

40-44 Age Group— Antoine Echols and April Lund  
Robinson

80-84 Age Group— Bob Cahners and Mary

45-49 Age Group— Tamba Kortaquee and Angela Herzner  
Christel Donley

85-89 Age Group— Roger Vergin and

50-54 Age Group— Lee Adkins Jr and Emma McGowan  
Sowerby

90-94 Age Group— William Platts and Dot

55-59 Age Group— Charles Novak and Michelle Rohl

60-64 Age Group— Scott Eriksson and Oneithea Lewis

65-69 Age Group— Bruce McBarnette and Elizabeth Deak

David Pain Distinguished Service Award— Colleen Barney

#### **LDR Awards and HOF**

## 2023 Masters LDR Award Winners

### Divisional Road Runners of the Year

	<u>Women</u>	<u>Men</u>
40-44	Sara Hall	Fernando Cabada
45-45	Roberta Groner	Josh Muxen
50-54	Perry Shoemaker	Jamie Heilpren
55-59	Jenny Hitchings	Brian Crowley
60-64	Jenny Hitchings	Nat Larson
65-69	Christine Kennedy	Jacob Nur
70-74	Kathryn Martin	Gene Dykes
75-79	Jeannie Rice	Gene Dykes
80-84	Kathy Peterson	Doug Goodhue
85-89	Joyce Hodges-Hite	Bill Riley
90-94	Dot Sowerby	Robert Rodez
95-99	Betty Lindberg	None

Paul Spangler Award Winners: Betty Lindberg (95-99); Robert Rodez (90-94)

Overall Male/Female Road Runners of the Year: Female - Jenny Hitchings; Male – Nat Larson

Masters Hall of Fame: LDR Actives - Lisa Veneziano & Tom Bernhard  
Contributor: Alan Jones

Otto Essig Award: Pat Leone (Leone Timing)

### **WMA Outdoor Updates for 2024 – Phil Greenwald**

- Timetable is posted and time schedule will be posted after the close of entries.
- Hotels for Sweden, 270 rooms over 4 hotels ranging from \$101.00 - \$160 per night. Links will be up within the next week or so to make arrangements
- Prices are better than those offered by the LOC
- Will still be using the Rio kit for uniforms and only people who do not have one or anyone who has not received one since 2017-2019 will get a new kit
- After all registrations close an email will be sent to those who will be getting a kit
- Athletes should wear the Rio kit for finals and can wear the London kit for prelims and semifinals.

- When you register there will be a 65 Euro USA fee included to cover the travel for the PTs and massage therapists and team social functions. Also plan to get bib boards for all athletes. If you are a runner and need a second set of bib boards, can ask and will be given the second set. Fee also covers the shipping of Normatecs, Gameready systems, massage guns, and other equipment and supplies.
- Can sign up for treatment sessions during registration. Will be 90 Euro for 3 sessions and can add single sessions if you need/want.
- If you wait until you are in Sweden to purchase sessions, they will be 40 Euro a each and must purchase a minimum of 3 for a total of 120 Euro.
- Anyone who has lived in US for 3+ years and plans to compete for US needs to get a hold of Jerry to start the transfer process. If you wait, may not process in time
- In closing, Jerry Bookin-Weiner mentioned we end up leaving medals on the table due to low attendance for non-stadia events. 3 people can mix age group in same race to make up a XC team
- Euleen Josiah-Tanner stated it is very important to include entry mark (verifiable) for team event selection
- Travel grant pre-event money must apply for and based on probability of winning medals. Will determine after the close of entries.
  - Medal prize money breakdown: \$300.00 gold, \$200.00 silver, \$100.00 bronze, \$200.00 per relay member regardless of medal color, \$1000.00 cap for pre event travel grants, \$1000.00 cap for medal money
  - Will look at performances for 2023 and 2024 to determine medal probability

**Adjourn**