

**2023 Annual Meeting Agenda/Schedule**  
**MTF Executive Committee Agenda**  
**Thursday, November 30, 2023 – Salon 7**  
**1 to 4 pm**

Roll Call and Introductions

In attendance:

- Jerry Bookin-Weiner
- Robert Thomas
- Colleen Barney
- Rachel Guest
- Sandy Pashkin
- Perry Jenkins
- Mark Williams
- Tina Klein
- Phil Pillin
- Roman Marenin
- Bill Murray
- Sue Hallen
- Jo Burrows
- Chris Pasko

Active Athlete Delegates – Approval Needed

Read by Rachel Guest

- Phil Pillin, Bob Weiner, Julie Williams-Tinkham, Colleen Barney, Kelly Reblin, Christina Yarmul, Ruth Welding, George Mathews, Rachel Guest.
- Discussed will pass out forms at General Session for anyone who may want to be added
- Sandy Pashkin moved to approve, multiple seconds, unanimously approved

2024 Budget – Recommendation Needed

- Jerry Bookin-Weiner passed out proposed 2024 budget
- Jo Burrows mentioned no budget listed for Racewalk and needs a budget designated; Jerry explained that it had been in the original draft budget submitted and had been eliminated by the National Office, saying it should be in the Racewalk Committee's budget. Jo Burrows said that has never been the case.
- Sue Hallen asked what is the split for Throws and Combined Events budgets.
  - Was advised would get an answer since not clarified on current document
- Sandy Pashkin asked is there flexibility on how the budget is spent
  - Basically no, though money can be moved with approval

- Jerry discussed Prevagen contract is one year and \$50k goes to Masters. Hope the contact will renew
- Colleen Barney asked why no budget for secretary for 2024 – because Amanda Scotti will not be attending Chicago and said she won't need anything for Sacramento; these budgets are largely for travel
- Discussion regarding shipping for equipment i.e. 27" hurdles

Draft Resolution re 1500m/mile Rotation in Championships Schedule – recommendation needed

- Sandy Pashkin stated reasons why or why not on if/why do both or one or the other as pertains to nationals and WMA events in a given competition year. Gave three options for people impacted to vote: have an option each year, keep it the same as WMA or do not care.
- 4 people wanted an option, 2 keep the same, 1 don't care
- Sandy stated we will follow WMA for our championships to match and the other national championships that year will be the opposite. i.e. If there is an Indoor WMA Championships that year, our USATF Masters Indoor Nationals will have a 1500 and the USATF Masters Outdoor Nationals will have the 1 mile.
- Moved, 2<sup>nd</sup> and voted unanimously to recommend the resolution to the MTF Committee with some wording changes

Draft Resolution Regarding Alternating Between 1500m and Mile at Masters Championships

Resolved that the USATF Masters Track & Field Committee approves the following rotation between the 1500m and Mile Run at its indoor and outdoor championships:

1. In years with a WMA Indoor Championships the 1500m shall be run at the USATF Masters Indoor Championships – normally this is in odd numbered years.
2. In years with no WMA Indoor Championships the Mile Run shall be run at the USATF Masters Indoor Championships – normally this is in even numbered years.
3. In years with a WMA Outdoor Championships the 1500m shall be run at the USATF Masters Outdoor Championships – normally this is in even numbered years.
4. In years with no WMA Outdoor Championships the Mile Run shall be run at the USATF Masters Outdoor Championships – normally this is in odd numbered years.

Draft Resolution re Timetable for Posting Information About Championships – recommendation needed

- Sandy Pashkin stated do not like rules that we may have to violate at times i.e. site pulls out and impacts the ability to post information
- Suggestion made to include except in extenuating circumstances
- Proposed verbiage change from no later to approx. on all bullets
- Scott Erickson suggested to post "time of day" earlier than suggested timetable

## Timeline for Posting Information About and Deadlines for USATF Masters Indoor and USATF Masters Outdoor Championships

### Indoor Championships

1. Dates posted on usatf.org and usatfmasters.org – approximately 9 months prior
2. Daily schedule posted – approximately six months prior
3. Meet website posted – approximately four months prior
4. On-time deadline – 11:59 pm PT, four weeks prior to first day of competition (or the closest Thursday)
5. Late entry deadline – one week after on-time deadline
6. Detailed timetable posted – no later than two weeks prior to the first day of competition.

### Outdoor Championships

1. Dates posted on usatf.org and usatfmasters.org – approximately 9 months prior
2. Daily schedule posted – approximately six months prior
3. Meet website posted – approximately four months prior
4. On-time deadline – 11:59 pm PT, four weeks prior to first day of competition (or the closest Thursday)
5. Late entry deadline – one week after on-time deadline
6. Detailed timetable posted – no later than two weeks prior to the first day of competition.

Moved, seconded, and approved for recommendation to the full MTF Committee

### Revisions to WMA/NCCMA Relay Selection Process

- Mark Williams suggested looking at athletes in an age group pool that are not placed on a 4x200 team for the mixed relay
- Robert Thomas responded that not always the best candidates when looking to create teams that have the best chance to medal
- Rachel Guest asked question regarding athletes racewalking during a sprint relay. Wanted to know why we allow clear racewalking (not slow athletes or older athletes unable to sprint) in a running event
- Sandy Pashkin said no rules on running
- Mark Cleary said agrees with Rachel Guest and gave examples of issues at national meets and the time it takes to compete relays
- Phil Greenwald suggested to add bullet d with bullet b and state legal times
- Colleen Barney will update verbiage prior to presenting at General Session
- Sandy Pashkin stated trying to set policy too firm is not advised. Should have some discretion to allow to make best choice

WMA/NCCMA Relay Selection Procedures

SELECTION PROCEDURES

GOALS

The Primary goal in determining relay team selection is to assemble the greatest number of teams likely to win a medal; the goal is the highest number of total medals, not the most gold medals. The Secondary goal is to involve as many Team USATF Masters athlete applicants as possible in the relays.

#### RELAY SELECTION PANEL (RSP)

The RSP shall consist of the USATF Team Leader, the Team Manager, the Assistant Team Managers, and the Active Athlete Representative. As needed, other athletes may be called upon to assist. The MTF Chair shall select the Chair of the RSP who will plan meetings. Those not fully participating will be replaced.

#### AUTHORITY

The RSP has complete responsibility and is the final authority for selecting Designated Relay Teams. The RSP will vary from the Guidelines below only if, in its opinion, the Goals can be more fully achieved by deviating from them.

#### GOVERNING RULES

Each WMA Member (country) determines how its relay teams are selected. There is no entry fee for the relays. The youngest person running determines the age group of the relay team. If an athlete is a designated team member (one of the first four listed), they cannot be an alternate on another relay team. An alternate can be an alternate on any number of teams but can only run on one team. The RSP shall follow the current WMA/WA Rules for relays recognizing that they quite often change from championship to championship.

#### MEET DEADLINES:

There are two deadlines that Team USATF Masters must meet when entering its teams.

1. Relay Declaration Deadline (RDD), is typically at noon on the day before the scheduled relay event. No additional athletes may be added to the relay team roster after the RDD. Only the 4 runners and the alternates listed on the form submitted by the RDD are eligible to run.
2. Final Relay Declaration Deadline (FRDD), which is typically one to two hours before the scheduled race time of any given relay. The four actual runners and their order may be changed up until the FRDD but no changes of any sort are permitted after the FRDD. Example: if one of the four designated runners gets hurt at the last moment, alternates cannot be moved in to replace the injured runner if it is after the FRDD.

**\*\*NOTE:** these deadlines are subject to change by the championship Local Organizing Committee (LOC) but generally are published before the championship.

#### ELIGIBILITY

All Team USATF Masters athletes entered in the championships are eligible to run relays. Relay participation is entirely voluntary. Athletes **MUST** submit a relay application to a member of the RSP to be considered for selection to a relay team. If anyone discovers a mistake or oversight at any stage of the selections, they are encouraged to bring that to an RSP member's attention as soon as possible.

#### COMMUNICATION BETWEEN RSP AND ATHLETES

All relay applications, initial selections, and final selections will be available on a Google Doc spreadsheet available to all Team USATF Masters athletes and administrators continually throughout the championship. The URL address of this spreadsheet will be in the "Team USATF Masters Championships Meet Information" that is sent to each Team USATF Masters athlete before each championship. It also will be sent out on various social media channels, and will be

circulated to all those on the Team USATF Championship WhatsApp group. Whenever possible, this spreadsheet will be updated at least each evening of the Championship. The spreadsheet is the key document showing the status of the relay teams at all times; first all those who apply and then the actual selections for teams.

#### TYPES OF RELAY TEAMS

**DESIGNATED TEAMS (DT):** Teams selected by the RSP from the overall pool of athletes that completed Relay Applications. The RSP strives to create as many DTs as possible.

**VOLUNTEER TEAMS (VT):** For age groups with no DT, VTs may be self organized by athletes and will be officially entered by the Team Manager. A VT member must contact a member of the RSP to obtain the WMA Relay Team Declaration form. The VT will complete the form and return it to a member of the RSP prior to the Relay Declaration Deadline so it can be submitted. A member of the RSP will contact the VT should a DT be created in their age group. In the event a DT has been created for an age group after a VT WMA Relay Team Declaration has been submitted to a member of the RSP, that VT will be disbanded.

#### APPLICATIONS

To be considered for a relay, each athlete **MUST** submit a signed paper Relay Application Form for each relay on which the athlete desires to run to a member of the RSP during the Championship anytime up until 5 PM the evening before the Relay Declaration Deadline. These application forms will be available at every daily Team Meeting and from the members of the RSP at any time. It also will be available for download once it is available (after relay deadlines are published). The application is an agreement that the athlete (including alternates) will practice for the relay and compete to the best of their ability if selected. Each athlete selected for a DT is not competing on an individual basis but is competing for Team USATF Masters which means that such athlete is working towards the goal of maximizing total relay medals, not just going for “guaranteed” gold medals.

#### WITHDRAWAL

Athletes may withdraw from consideration for selection up to the start of the RSP meeting. Athletes who are not selected as DT relay members or alternates are released when final selections are published and are immediately eligible for a VT. In the event a VT consists of an athlete who was previously designated as an alternate on a DT and that alternate is then required to be used for such DT, that VT may be disbanded, if the VT does not have sufficient alternates listed for that VT.

#### PRACTICE

The Team Manager will plan relay practice and communicate this information online and at every Team Meeting. 4×100 and 4×200 designated runners and first alternates **MUST** practice (attendance will affect the final selection decision). Practice for 2nd and 3rd 4×100 and 4×200 alternates and all 4×400 runners is encouraged but optional. 4×400 runners will select their Captain, plan, and practice their visual handoffs during their warm-ups. An RSP member will brief all teams on the current relay rules and relay best practices during the practice session as international relays are run differently than common US practice.

#### SELECTION PROCESS

1. The relays and the related events that will be considered in order for each DT are:

a. 4×100 – 100/200/400/Short Hurdles/Long Hurdles

b. 4×200 – 200/400/60/60 Hurdles/800

c. 4×400 – 400/Long Hurdles/200/800/100/Short Hurdles

\* Results from races conducted as part of combined events shall be considered equivalent to those from individual races

2. Performances achieved at the current championships in the individual events listed above will be given primary consideration, including performances in Combined Events.

a. Finalists in each event, in the order listed, will be considered as first choices for the relays in their age groups, followed by semi-finalists, followed by those who rank in the top half of the preliminary round.

a.b. When a relay competes prior to the end of a WMA or NCCMA Championship, the RSP shall first consider the results from events already competed during such competition, and then shall consider times from other competitions which have concluded no more than 8 weeks prior to such relay, provided, however, that such other competition was sanctioned by an official governing body (e.g., USATF, NCAA, NCCMA, etc.) and such performance is verifiable by MastersRankings or an official posting of online results.

b. The RSP will consider moving athletes down from an older age group but only if the RSP feels that the move would contribute to achieving the overall goals of the RSP.

c. Other current championship performances and other recent verifiable performances will be considered if needed to determine selections.

3. Relay experience (recent preferred) will be an important consideration for selection of 4×100 and 4×200 relay teams and will be a question on the relay application form.

3.4. The RSP shall have the discretion to consider other factors (e.g., injuries, extreme performances in events listed lower in order set forth above, etc.) if the RSP feels that such considerations would impact achieving the overall goals of the RSP.

#### ALTERNATES

All those selected as alternates to Relays MUST be available and ready on relay competition day with their equipment and competition uniform. Alternates are sometimes needed at the very last minute on relay competition day, so it is crucial that they be close to call room/warm up area and can be immediately reached by phone.

#### INJURIES, ILLNESSES, AND SPECIAL CIRCUMSTANCES

The RSP will attempt to consult with all pertinent parties when injuries, illnesses, or other special circumstances arise to make adjustments to the team makeup as needed. The RSP will make the final decision whether or not to replace a relay member with an alternate prior to the FRDD. Timely reporting of injuries, illnesses, and special circumstances to a member of the RSP may preclude sanctions at the discretion of the RSP.

## SANCTIONS

Any athlete selected for a relay team who does NOT compete, or any athlete who does compete but does not exert honest effort, will be precluded from participating on a relay team (both DT and VT) for the next two WMA and/or NCCMA championship meets in which that athlete competes. After the championship, the Team Manager will notify athletes who are sanctioned, and maintain the list of sanctioned athletes. An athlete may appeal a sanction, in writing, to the MTF officers within 60 days of notification of such sanction

\*Adopted by the MTF Committee December 1, 2018; revised September 29, 2022

Moved, seconded, and approved for recommendation to the full MTF Committee

## Exhibition Events for 2024, including Guidelines

### 2024 Masters Exhibition Events Guidelines

Indoor Nationals – 200m

Age groups – W45-54; M45-54

Drake Relays – Shot Put – all ages, age graded

Grand Prix I – 400m

Age groups – W55-64; M55-64

Grand Prix II – 200m

Age groups – W65+; M65+

Grand Prix III – 100m

Age groups – W40-54; M40-54

Outdoor Nationals – 800m

Age groups – W55-64; M55-64

Top athletes applying for each event will be selected

All participants must be USA eligible for WMA events

All participants must be current USATF member

Except in rare instances, an athlete will not be eligible for selection for more than one Masters Exhibition Event per calendar year.

As of 11/20/23; age groups subject to change before January 1, 2024

Moved, seconded, and recommended to the full MTF Committee for adoption

## Code of Conduct – Report on Status by Colleen Barney

- Code of Conduct adopted at 2022 Annual Meeting
- Have been working on verbiage and how it pertains to Masters athletes

- Advised reason have not seen is because been working with USATF legal counsel and they feel the current USATF general code of conduct is sufficient
- Jerry Bookin-Weiner, Robert Thomas, Colleen Barney and Elizabeth Yeadon met w/ legal counsel and may as a result may see changes by Gothenburg

#### Current USATF Masters Facebook

- Colleen Barney discussed the types of posts and the decision of Exec Committee to keep posts specific. Offered to come up with verbiage that can be on page
- Take down posts respectfully that do not fit the purpose of the group
- Changing verbiage suggestion
- Do we want to create an official page and a no official page for all the rest
- Purpose would be to keep important information like updates on nationals, WMA worlds, etc not get pushed down the thread by personal posts about training, winning, etc.

#### Report on WMA/NCCMA

Gothenburg – website may open in approx. a month

- Contracts signed for room blocks for 270 rooms in 4 hotels
- Prices range from \$101 - \$160 depending on hotel
- All include breakfast
- None of the hotels are close to the main stadium 20-40 min public transportation
- Will have to purchase a public transportation pass; not included in registration fee
- Jerry advised pre-event travel grant applications will be available in December
  - Prize money payouts for medals will be \$300 gold, \$200 silver, \$100 bronze, \$200 per relay member
  - \$1000.00 cap for pre-event travel grants and \$1000.00 cap for medal prize money
- Will have 2 PT's, 2 massage therapists, 5 Normatecs, 2 Game Ready systems
- Therapy sessions will be purchased during meet registration, though additional sessions may be able to be purchased on site if we have capacity
- Will still be in Rio uniforms and discussed possible options for replacements
- Julie Williams-Tinkham mentioned the sizing for larger sizes are not proportioned properly and if can consider changes
- Robert Thomas clarified that can still wear Rio and London kits
- Chris Pasko – inventory still there of Rio kits have a lot of Tokyo and will have more options once we move to that kit



### Gainesville 2025 and beyond

- Bidding nationals 2025 (only bidder) and also bidding for Indoor WMA Championships for 2025.
- Will be 3 weeks apart.
- 1 hotel right across the street
- Many within 2 miles
- Strip mall, restaurants, movie theater right across the street
- They have discussed can do a 4 day meet if needed for nationals
- Sue Hallen asked if any other bids and stated FL is having issues with human rights.
- Robert Thomas said none at this time
- Jerry Bookin-Weiner stated they have discussed with the venue about the issues
- Julie Williams-Tinkham suggested a committee
- Sue Hallen motion to create a task force for inclusion to prepare for both championships, second, discussion and approved.
- Jerry will have a chair set to vote on by Saturday

### NCCMA 2025

- At Juarez assembly, City of Monterey was provisionally approved for NCCMA 2025
- Need to determine who is going to fund and sign contract
- One facility without throwing
- Do not have experts re: track on their LOC
- Before can announce, need to address the mentioned issues
- Jerry Bookin-Weiner suggested for people to reach out to local venues and encourage to bid for NCCMA 2027
- Roman Marenin asked what are the parameters?
- Sandy Pashkin advised throws pent, pent, 10K road race, 10k racewalk, cross country; typically a 4 day meet.
- Bid documents are online and includes the details

### Rules Update – Sandy Pashkin

- Rule change to make it necessary to fill out a record form for every meet. Do we want to have an exception? (i.e. nationals, worlds)
- WA passed rule that only doing one set of records regardless of if it is indoor or outdoor. All agreed to keep separate records for masters
- Advancement tables – open meet all results verified do we want to keep ours, all agreed yes
- Trials – if in multiple events and asks to check out of field event to compete another event and not back by your next turn it is proposed the first missed turn will be a pass, second missed turn will be a miss. How WMA is doing it now, do we want to follow? All said yes

## Report on Future Championships and Bids

### Chicago

- Admitted they do not have experience and asked for help
- 4 day meet
- Rooms are not a problem
- Transportation will be a challenge: Metra rail stops are under construction near the venue
- Suggested a shuttle service
- Limited warm up area
- Moved throwing rings to be better located
- 40-50m warm up straightaway. Cutoff 10m for safety due to close proximity of throws
- 3 bathroom grouping for drug testing
- No executive comm meeting in Chicago

### Sacramento

- American River College
- Excellent track
- Can do all throws at the same time
- Will be hot and not much shade
- Advised need tents for clerking and athlete shade
- Will have Port-a-Potty set up since the bathrooms are up a hill and not convenient for athletes during competition

### 2025 and 2026 Indoor

- 2025 Indoor – Gainesville, FL only bid
- 2026 Indoor – Reno, NV only bid at this time

### 2026 Outdoor

- Spire, OH – would be mid August

Robert in talks with Indianapolis for Indoor 2026 or 2027

4pm Adjourned