

**USATF Masters Outdoor Track and Field Championship Records****Midwest Region**

	<b>Name</b>	<b>Time</b>	<b>Year</b>	<b>Location</b>
<b>100 Meters</b>				
W Open				
W 29&U	Karen Hubbard	13.66	2023	Geneva, Ohio
W 30-34	Inga McIntyre	12.85	2014	Kenosha, Wisconsin
W 35-39	Inga McIntyre	12.76	2015	Kenosha, Wisconsin
W 40-44	Daphne Kennedy	14.37	2010	Kenosha, Wisconsin
W 45-49	Emmanuelle McGowan	12.96	2014	Kenosha, Wisconsin
W 50-54	Jamie Mulazim	14.24	2019	Olivet, Michigan
W 55-59	Adriene Allen	14.32	2018	Muncie, Indiana
W 60-64	Leandra Funk	15.43	2016	Kenosha, Wisconsin
W 65-69	Leandra Funk	17.25	2021	Geneva, Ohio
W 70-74	Mary Hartzler	20.09	2021	Geneva, Ohio
W 75-79	Mary Robinson	22.03	2021	Geneva, Ohio
W 80-84	Georgia Kightlinher	20.91	2022	Cincinnati, Ohio
W 85-90	Lorma Bauer	24.05	2011	Kenosha, Wisconsin
M Open				
M 29&U	Josh Hurlebous	10.70	2014	Kenosha, Wisconsin
M 30-34	Daniel Tutskey	10.77	2011	Kenosha, Wisconsin
M 35-39	Jason Gosa	11.09	2014	Kenosha, Wisconsin
M 40-44	Daniel Tutskey	11.09	2021	Geneva, Ohio
M 45-49	Jeffrey Schultz	11.86	2017	Kenosha, Wisconsin
M 50-54	James Birgins	11.89	2014	Kenosha, Wisconsin
M 55-59	Charlie Powell	12.71	2010	Kenosha, Wisconsin
M 60-64	Larry Staton	12.65	2011	Kenosha, Wisconsin
M 65-69	Bruce Covey	13.05	2012	Kenosha, Wisconsin
M 70-74	Steven Bowles	14.12	2011	Kenosha, Wisconsin
M 75-79	Lawrence Gunn	15.61	2017	Kenosha, Wisconsin
M 80-84	Harry Brown	15.49	2010	Kenosha, Wisconsin
M 85-90	Harry Brown	16.77	2015	Kenosha, Wisconsin
<b>200 Meters</b>				
W Open	Shae Harbaugh	26.21	2019	Olivet, Michigan
W 29&U	Shalyn Romens	28.89	2015	Kenosha, Wisconsin
W 30-34	Inga McIntyre	25.46	2011	Kenosha, Wisconsin
W 35-39	Inga McIntyre	26.18	2017	Kenosha, Wisconsin
W 40-44	Daphne Kennedy-Johnson	30.21	2013	Kenosha, Wisconsin
W 45-49	Emmanuelle McGowan	26.69	2014	Kenosha, Wisconsin
W 50-54	Jamie Mulazim	29.74	2019	Olivet, Michigan
W 55-59	Adriene Allen	29.60	2018	Muncie, Indiana
W 60-64	Leandra Funk	32.23	2019	Olivet, Michigan
W 65-69	Leandra Funk	34.32	2021	Geneva, Ohio
W 70-74	Mary Hartzler	43.17	2021	Geneva, Ohio
W 75-79	Ruth Thelen	44.37	2019	Olivet, Michigan
W 80-84	Georgia Kightlinher	48.63	2022	Cincinnati, Ohio
W 85-90	Lorma Bauer	55.05	2011	Kenosha, Wisconsin
M Open	Kyle Feck	22.87	2019	Olivet, Michigan
M 29&U	Josh Hurlebous	21.59	2013	Kenosha, Wisconsin

M 30-34	Jason Gosa	22.10	2010	Kenosha, Wisconsin
M 35-39	Jason Gosa	22.80	2014	Kenosha, Wisconsin
M 40-44	Daniel Tutskey	22.94	2021	Geneva, Ohio
M 45-49	Kevin Ellis	24.62	2018	Muncie, Indiana
M 50-54	Jerome Payne	23.71	2021	Geneva, Ohio
M 55-59	Tyrone Williams	25.82	2018	Muncie, Indiana
M 60-64	Tyrone Williams	25.60	2019	Olivet, Michigan
M 65-69	Bruce Covey	26.99	2015	Kenosha, Wisconsin
M 70-74	Edward Somerville	28.33	2021	Geneva, Ohio
M 75-79	Lawrence Gunn	32.33	2017	Kenosha, Wisconsin
M 80-84	Harry Brown	32.49	2010	Kenosha, Wisconsin
M 85-90	Harry Brown	33.89	2015	Kenosha, Wisconsin

#### 400 Meters

W Open	Shae Harbaugh	60.78	2019	Olivet, Michigan
W 29&U				
W 30-34	Jessie DeThomasis	63.43	2017	Kenosha, Wisconsin
W 35-39	Rashida Gates	65.33	2014	Kenosha, Wisconsin
W 40-44	Elizabeth Hickman	67.61	2016	Kenosha, Wisconsin
W 45-49	Jeanette Boyd	1:20.21	2021	Geneva, Ohio
W 50-54	Kathleen Shook	1:10.09	2012	Kenosha, Wisconsin
W 55-59	Adriene Allen	1:10.20	2018	Muncie, Indiana
W 60-64	Leandra Funk	1:10.58	2016	Kenosha, Wisconsin
W 65-69	Leandra Funk	1:15.55	2021	Geneva, Ohio
W 70-74	Mary Hartzler	1:42.34	2021	Geneva, Ohio
W 75-79	Ruth Thelen	1:48.37	2019	Olivet, Michigan
W 80-84	Georgia Kightlinher	2:04.57	2022	Cincinnati, Ohio
W 85-90				
M Open				
M 29&U	Nick Blakey	51.90	2019	Muncie, Indiana
M 30-34	David Cooke	53.54	2013	Kenosha, Wisconsin
M 35-39	Peter Haack	53.68	2015	Kenosha, Wisconsin
M 40-44	Peter Haack	52.97	2016	Kenosha, Wisconsin
M 45-49	Jonathan Mehl	54.90	2019	Olivet, Michigan
M 50-54	Lee Bridges	53.37	2019	Muncie, Indiana
M 55-59	Tyrone Williams	57.94	2018	Muncie, Indiana
M 60-64	Tyrone Williams	61.23	2021	Geneva, Ohio
M 65-69	Edward Somerville	65.99	2019	Olivet, Michigan
M 70-74	Edward Somerville	66.24	2021	Geneva, Ohio
M 75-79	Gerard Malaczynski	1:24.18	2019	Olivet, Michigan
M 80-84	Harry Brown	1:18.49	2010	Kenosha, Wisconsin
M 85-90	Harry Brown	1:24.62	2015	Kenosha, Wisconsin

#### 800 Meters

W Open				
W 29&U	Taryn Chapko	2:16.06	2019	Olivet, Michigan
W 30-34	Kala Penev	2:31.80	2023	Geneva, Ohio
W 35-39	LaToshia Key	2:41.69	2010	Kenosha, Wisconsin
W 40-44	Anna Mayhew-Rozek	2:38.51	2017	Kenosha, Wisconsin
W 45-49	Jo Rupp	2:47.67	2021	Geneva, Ohio

W 50-54	Debra Lowell	5:56.33	2011	Kenosha, Wisconsin
W 55-59	Laurie Toper	3:03.78	2015	Kenosha, Wisconsin
W 60-64	Debra Haviland	3:19.00	2018	Muncie, Indiana
W 65-69	Rebecca Baum	3:07.09	2012	Kenosha, Wisconsin
W 70-74				
W 75-79	Cora Hill	5:14.07	2021	Geneva, Ohio
W 80-84	Lois Gilmore	5:11.24	2014	Kenosha, Wisconsin
W 85-90				
M Open				
M 29&U	Marcus Thomas	2:20.72	2014	Kenosha, Wisconsin
M 30-34	Caleb Roseler	2:07.49	2017	Kenosha, Wisconsin
M 35-39	David Coke	2:06.89	2016	Kenosha, Wisconsin
M 40-44	Jeff Constable	2:22.05	2015	Kenosha, Wisconsin
M 45-49	Steven Casser	2:08.85	2010	Kenosha, Wisconsin
M 50-54	Timothy Lambrecht	2:26.70	2015	Kenosha, Wisconsin
M 55-59	Michael Roberts	2:28.96	2010	Kenosha, Wisconsin
M 60-64	Ed LeBair	2:32.89	2022	Cincinnati, Ohio
M 65-69	Stan Mathes	2:28.23	2013	Kenosha, Wisconsin
M 70-74	Peter Lazzari	3:33.59	2012	Kenosha, Wisconsin
M 75-79	Reed Hinman	3:55.67	2021	Geneva, Ohio
M 80-84	Reed Hinman	4:19.06	2023	Geneva, Ohio
M 85-90				

### 1500 Meters

W Open				
W 29&U				
W 30-34				
W 35-39	Anna Mayhew-Rozek	5:28.34	2015	Kenosha, Wisconsin
W 40-44	Jody Swinehart	5:24.92	2013	Kenosha, Wisconsin
W 45-49	Latashia Key	5:59.92	2018	Muncie, Indiana
W 50-54	Marionne Hinkes	6:22.52	2010	Kenosha, Wisconsin
W 55-59	Marionne Hinkes	6:31.45	2014	Kenosha, Wisconsin
W 60-64	Debra Haviland	6:55.47	2018	Muncie, Indiana
W 65-69	Rebecca Baum	6:13.50	2012	Kenosha, Wisconsin
W 70-74	Jeannie Rice	6:36.67	2021	Geneva, Ohio
W 75-79	Cora Hill	10:43.44	2021	Geneva, Ohio
W 80-84	Lois Gilmore	9:10.93	2014	Kenosha, Wisconsin
W 85-90				
M Open				
M 29&U				
M 30-34	Christopher Warner	5:46.83	2010	Kenosha, Wisconsin
M 35-39	David Cooke	4:31.45	2017	Kenosha, Wisconsin
M 40-44	Philip Potvin	4:32.96	2019	Olivet, Michigan
M 45-49	Peter Boyd	4:40.92	2021	Geneva, Ohio
M 50-54	Timothy Lambrecht	4:49.83	2015	Kenosha, Wisconsin
M 55-59	Jeff Strong	5:02.03	2015	Kenosha, Wisconsin
M 60-64	Jeff Strong	5:06.20	2016	Kenosha, Wisconsin
M 65-69	Patrick Miller	5:21.73	2019	Muncie, Indiana
M 70-74	David Williams	5:52.37	2021	Geneva, Ohio
M 75-79	Paul Spinner	7:49.00	2019	Muncie, Indiana

M 80-84	James Lombardi	7:56.99	2023	Geneva, Ohio
M 85-90				

### 5000 Meters

W Open				
W 29&U				
W 30-34				
W 35-39	Diana Burmeister	24:38.63	2010	Kenosha, Wisconsin
W 40-44				
W 45-49	Virginia Hudson	20:30.70	2023	Geneva, Ohio
W 50-54				
W 55-59	Lisa Duncan	22:40.13	2022	Cincinnati, Ohio
W 60-64				
W 65-69	Alice Harrington	39:16.78	2016	Kenosha, Wisconsin
W 70-74	Alice Harrington	38:48.39	2017	Kenosha, Wisconsin
W 75-79				
W 80-84				
W 85-90				
M Open				
M 29&U	Marcus Thomas	19:24.07	2014	Kenosha, Wisconsin
M 30-34				
M 35-39	Shawn Thielitz	20:50.98	2012	Kenosha, Wisconsin
M 40-44	Christopher Setzler	17:15.25	2015	Kenosha, Wisconsin
M 45-49	Alan Harris	19:29.31	2014	Kenosha, Wisconsin
M 50-54	Barry Brandt	18:51.59		
M 55-59	Thomas Lentz	18:38.11	2022	Cincinnati, Ohio
M 60-64	Kenneth Maltas	22:53.20		
M 65-69	Michael Zeidler	23:23.14	2010	Kenosha, Wisconsin
M 70-74	John Becker	21:56.13	2010	Kenosha, Wisconsin
M 75-79	John Primmer	39:31.03		
M 80-84	James Lombardi	28:16.85	2023	Geneva, Ohio
M 85-90				

### 10,000 Meters

W Open				
W 29&U				
W 30-34				
W 35-39				
W 40-44	Barb Louff	46:03.24	2012	Kenosha, Wisconsin
W 45-49	Barb Louff	43:56.34	2014	Kenosha, Wisconsin
W 50-54				
W 55-59				
W 60-64				
W 65-69				
W 70-74				
W 75-79				
W 80-84				
W 85-90				
M Open				
M 29&U				

M 30-34				
M 35-39				
M 40-44				
M 45-49				
M 50-54				
M 55-59	Randy Stearns	40:17.13	2014	Kenosha, Wisconsin
M 60-64	Leo Vandervlugt	41:56.22	2014	Kenosha, Wisconsin
M 65-69	Michael Zeidler	54:12.84	2011	Kenosha, Wisconsin
M 70-74	John Becker	48:17.62	2014	Kenosha, Wisconsin
M 75-79	John Becker	51:14.43		
M 80-84				
M 85-90				

### 3000 Meter Race walk

W Open				
W 29&U				
W 30-34				
W 35-39				
W 40-44				
W 45-49				
W 50-54				
W 55-59				
W 60-64				
W 65-69				
W 70-74				
W 75-79				
W 80-84				
W 85-90				
M Open				
M 29&U				
M 30-34	Matthew DeWitt	14:43.02		
M 35-39				
M 40-44				
M 45-49	David Swarts	14:52.85	2012	Kenosha, Wisconsin
M 50-54				
M 55-59				
M 60-64				
M 65-69	John Schultz	24:45.19	2010	Kenosha, Wisconsin
M 70-74				
M 75-79	Jack Bray	19:02.37	2010	Kenosha, Wisconsin
M 80-84	Alfred DuBois	21:32.75	2012	Kenosha, Wisconsin
M 85-90				

### 5000 Meter Race walk

W Open
W 29&U
W 30-34
W 35-39
W 40-44
W 45-49

W 50-54				
W 55-59				
W 60-64	Karen Saul	34:55.55	2023	Geneva, Ohio
W 65-69				
W 70-74	Cindy Wildman	35:14.68	2023	Geneva, Ohio
W 75-79				
W 80-84				
W 85-90				
M Open	Ryan Vig	29:17.85	2019	Olivet, Michigan
M 29&U	John Cody Risch	20:58.09	2019	Olivet, Michigan
M 30-34	Matthew DeWitt	25:37.76	2012	Kenosha, Wisconsin
M 35-39	Michael Mannozi	24:51.26	2022	Cincinnati, Ohio
M 40-44	Will Leggett	28:18.41	2017	Kenosha, Wisconsin
M 45-49	David Swarts	24:32.82	2012	Kenosha, Wisconsin
M 50-54	Will Preischel	27:52.00	2014	Kenosha, Wisconsin
M 55-59	Will Preischel	26:42.94	2017	Kenosha, Wisconsin
M 60-64	David Russell	30:21.11	2019	Olivet, Michigan
M 65-69	Richard McGuire	30:46.11	2014	Kenosha, Wisconsin
M 70-74	Thomas Kirkwood	32:38.28	2016	Kenosha, Wisconsin
M 75-79	Marshall Sanders	37:37.21	2019	Olivet, Michigan
M 80-84	Alfred DuBois	36:57.65	2012	Kenosha, Wisconsin
M 85-90				

### Steeplechase

W Open				
W 29&U				
W 30-34				
W 35-39				
W 40-44				
W 45-49	Jo Rupp	8:51.31	2021	Geneva, Ohio
W 50-54				
W 55-59				
W 60-64				
W 65-69				
W 70-74	Cathi Gerson	14:17.75	2023	Geneva, Ohio
W 75-79				
W 80-84				
W 85-90				
M Open				
M 29&U				
M 30-34	Matthew DeWitt	12:49.64	2012	Kenosha, Wisconsin
M 35-39	Justin Gaddis	12:53.76	2019	Muncie, Indiana
M 40-44	Christopher Wolf	11:10.42	2015	Kenosha, Wisconsin
M 45-49	Charles Coe	12:04.95	2016	Kenosha, Wisconsin
M 50-54	Jim Inmon	14:01.58		
M 55-59	John Barndt	14:19.56	2016	Kenosha, Wisconsin
M 60-64	Anthony Fleming	09:01.76	2016	Kenosha, Wisconsin
M 65-69				
M 70-74	Paul Spinner	11:18.24	2016	Kenosha, Wisconsin
M 75-79	Paul Spinner	12:36.00	2019	Muncie, Indiana

M 80-84

M 85-90

### Short Hurdles

W Open

W 29&U

W 30-34

W 35-39

W 40-44

W 45-49

W 50-54

W 55-59

W 60-64

W 65-69

W 70-74

W 75-79

W 80-84

W 85-90

M Open

M 29&U

M 30-34

M 35-39

M 40-44

M 45-49

M 50-54

M 55-59

M 60-64

M 65-69

M 70-74

M 75-79

M 80-84

M 85-90

Amber Johnson

18.45

2023

Geneva, Ohio

Kathleen Shook

15.60

2012

Kenosha, Wisconsin

Kay Glynn

15.19

2010

Kenosha, Wisconsin

Joshua Hembrough

14.33

2013

Kenosha, Wisconsin

Ryan Owen

16.74

2014

Kenosha, Wisconsin

Ryan Owen

16.78

2015

Kenosha, Wisconsin

Ryan Owen

17.06

2019

Olivet, Michigan

Gerald Ashford

15.49

2010

Kenosha, Wisconsin

Keith McQuitter

15.51

2010

Kenosha, Wisconsin

Ernie Snodgrass

16.30

2018

Muncie, Indiana

Robert Zahn

17.42

2015

Kenosha, Wisconsin

Mark Jakubowski

20.12

2023

Geneva, Ohio

Ernie Snodgrass

15.23

2023

Geneva, Ohio

Bill Jankovich

18.96

2010

Kenosha, Wisconsin

Bill Jankovich

18.00

2014

Kenosha, Wisconsin

### Long Hurdles

W Open

W 29&U

W 30-34

W 35-39

W 40-44

W 45-49

W 50-54

W 55-59

W 60-64

W 65-69

W 70-74

W 75-79

W 80-84

W 85-90

M Open

M 29&U

Ireland Crowther

1:06.70

2019

Olivet, Michigan

Amber Johnson

1:18.23

2023

Geneva, Ohio

Kay Glynn

58.14

2010

Kenosha, Wisconsin

Joshua Gaffney

1:01.99

2019

Olivet, Michigan

M 30-34	Ryan Owen	66.81	2014	Kenosha, Wisconsin
M 35-39	Ryan Owen	65.76		
M 40-44	Jay Burneister	63.42	2010	Kenosha, Wisconsin
M 45-49	Ben Hall	1:17.44	2010	Kenosha, Wisconsin
M 50-54	Carlos De Freitas	1:00.57	2023	Geneva, Ohio
M 55-59	Ernie Snodgrass	1:23.29	2010	Kenosha, Wisconsin
M 60-64	Mark Jakubowski	58.97	2019	Olivet, Michigan
M 65-69	Mark Jakubowski	57.95	2023	Geneva, Ohio
M 70-74	Bill Jankovich	1:12.82	2014	Kenosha, Wisconsin
M 75-79				
M 80-84				
M 85-90				

#### 4x100 Meter Relay

W Open				
W 29&U				
W 30-34				
W 35-39				
W 40-44				
W 45-49				
W 50-54				
W 55-59				
W 60-64				
W 65-69				
W 70-74				
W 75-79				
W 80-84				
W 85-90				
M Open				
M 29&U				
M 30-34				
M 35-39				
M 40-44				
M 45-49				
M 50-54				
M 55-59				
M 60-64				
M 65-69	Betts, Zloblcki, Jakubowski, Somerville	59.31	2019	Olivet, Michigan
M 70-74				
M 75-79				
M 80-84				
M 85-90				

#### Long Jump

W Open				
W 29&U	Amy Fix	4.46	2013	Kenosha, Wisconsin
W 30-34	Bethany Barber	5.04	2015	Kenosha, Wisconsin
W 35-39	Josie Hobbs	4.93	2014	Kenosha, Wisconsin
W 40-44	Anitta Saravan	3.37	2020	Kenosha, Wisconsin
W 45-49	Isabelle Dieraver	4.54	2018	Muncie, Indiana

W 50-54				
W 55-59	Gloria Patrice	3.07	2021	Geneva, Ohio
W 60-64	Diane Matteson	3.49	2013	Kenosha, Wisconsin
W 65-69	Avis Vaught	2.57	2015	Kenosha, Wisconsin
W 70-74				
W 75-79				
W 80-84				
W 85-90				
M Open				
M 29&U	Eric Chands	6.53	2016	Kenosha, Wisconsin
M 30-34	Charles Brown	7.34	2018	Muncie, Indiana
M 35-39	Ryan Taylor	3.80	2012	Kenosha, Wisconsin
M 40-44	Rob Arnold	5.65	2019	Muncie, Indiana
M 45-49	Jonathan Franklin	5.42	2021	Geneva, Ohio
M 50-54	Antonio Palacios	5.78	2018	Muncie, Indiana
M 55-59	Kent Powers	5.32	2018	Muncie, Indiana
M 60-64	Richard Choppa	4.63	2021	Geneva, Ohio
M 65-69	Bruce Covey	5.12	2012	Kenosha, Wisconsin
M 70-74	William Griffin	3.91	2021	Geneva, Ohio
M 75-79	Al Matheis	3.50	2014	Kenosha, Wisconsin
M 80-84	Paul Lehmkuhl	3.10	2015	Kenosha, Wisconsin
M 85-90				

### High Jump

W Open				
W 29&U	Elizabeth Evans	1.70	2019	Muncie, Indiana
W 30-34				
W 35-39				
W 40-44				
W 45-49				
W 50-54				
W 55-59	Kay Glynn	1.35	2011	Kenosha, Wisconsin
W 60-64				
W 65-69	Avis Vaught	1.05	2015	Kenosha, Wisconsin
W 70-74				
W 75-79				
W 80-84				
W 85-90				
M Open				
M 29&U	Garrett Huyler	2.18	2016	Kenosha, Wisconsin
M 30-34	Josh Powers	1.70	2018	Muncie, Indiana
M 35-39				
M 40-44	Mathew McCubbins	1.75	2013	Kenosha, Wisconsin
M 45-49	Andrew Beyce	1.80	2010	Kenosha, Wisconsin
M 50-54	James Wallace	1.60	2019	Olivet, Michigan
M 55-59	Kent Powers	1.70	2018	Muncie, Indiana
M 60-64	Randy Harris	1.55	2017	Kenosha, Wisconsin
M 65-69	Carl Etter	1.42	2011	Kenosha, Wisconsin
M 70-74	Tom Langenfeld	1.35	2011	Kenosha, Wisconsin
M 75-79	Tom Langenfeld	1.37	2012	Kenosha, Wisconsin

M 80-84	Tom Langenfeld	1.25	2017	Kenosha, Wisconsin
M 85-90				

### Triple Jump

W Open				
W 29&U	Amy Fix	9.80	2013	Kenosha, Wisconsin
W 30-34	Amy Fix	10.64	2015	Kenosha, Wisconsin
W 35-39				
W 40-44				
W 45-49	Isabelle Dierauer	9.87	2018	Muncie, Indiana
W 50-54	Kelly Reblin	6.63	2021	Kenosha, Wisconsin
W 55-59	Gloria Patricia	6.31	2021	Geneva, Ohio
W 60-64	Gloria Patricia	6.22	2023	Geneva, Ohio
W 65-69	Avis Vought	6.04	2015	Kenosha, Wisconsin
W 70-74				
W 75-79				
W 80-84				
W 85-90				
M Open				
M 29&U	Anothy Strong	14.82	2014	Kenosha, Wisconsin
M 30-34	Eric Franceschi	9.69	2021	Kenosha, Wisconsin
M 35-39	Mark Manghero	11.73	2010	Kenosha, Wisconsin
M 40-44	Steve Bentley	8.84	2019	Olivet, Michigan
M 45-49	Steve Johnson	12.27	2010	Kenosha, Wisconsin
M 50-54	Carlos De Freitas	10.70	2023	Geneva, Ohio
M 55-59	Kent Powers	11.01	2018	Kenosha, Wisconsin
M 60-64	Richard Choppa	9.58	2021	Geneva, Ohio
M 65-69	Bruce Patterson	9.56	2018	Muncie, Indiana
M 70-74	Bruce Patterson	8.33	2022	Cincinnati, Ohio
M 75-79	Paul Lehmkuhl	7.25	2012	Kenosha, Wisconsin
M 80-84	Paul Lehmkuhl	7.09	2013	Kenosha, Wisconsin
M 85-90				

### Shot Put

W Open	Valadian Pallett	12.04	2019	Olivet, Michigan
W 29&U				
W 30-34	Robin Bingham	8.71	2023	Geneva, Ohio
W 35-39	Rachael Barnhart	7.83	2023	Geneva, Ohio
W 40-44	Miranda Rinehart	8.40	2023	Geneva, Ohio
W 45-49	Julie Larsen	8.49	2012	Kenosha, Wisconsin
W 50-54	Karen Myers	10.75	2018	Muncie, Indiana
W 55-59	Karen Myers	10.99	2019	Muncie, Indiana
W 60-64	Susan Hallen	8.87	2019	Olivet, Michigan
W 65-69	Avis Vaught	7.79	2015	Kenosha, Wisconsin
W 70-74	Mary Hartzler	8.21	2021	Geneva, Ohio
W 75-79	Mary Robinson	6.53	2021	Geneva, Ohio
W 80-84	Joan Berman		2017	Kenosha, Wisconsin
	Mary Robinson	5.76	2023	Geneva, Ohio
W 85-90				
M Open				
M 29&U				

M 30-34	Jonathan Bowman	13.37	2019	Muncie, Indiana
M 35-39	Matthew McBreir	10.92	2018	Muncie, Indiana
M 40-44	Alex Johnson	13.13	2023	Geneva, Ohio
M 45-49	Paul Szawranskyi	12.80	2021	Kenosha, Wisconsin
M 50-54	John Maynard	14.05	2023	Geneva, Ohio
M 55-59	Stacy Himes	12.75	2018	Muncie, Indiana
M 60-64	Lawrence Cahill	13.75	2023	Geneva, Ohio
M 65-69	Bernard Sadoski	11.62	2014	Kenosha, Wisconsin
M 70-74	Hilary Goerge	13.25	2019	Olivet, Michigan
M 75-79	George Davies	10.58	2016	Kenosha, Wisconsin
M 80-84	Ronald Small	10.55	2019	Muncie, Indiana
M 85-90				

### Pole Vault

W Open				
W 29&U	Mariah Hicks	2.90	2023	Geneva, Ohio
W 30-34				
W 35-39	Kristyn Dinkel	2.89	2019	Olivet, Michigan
W 40-44				
W 45-49	Helen Croskell	2.30	2022	Cincinnati, Ohio
W 50-54				
W 55-59	Brenda Babits	2.25	2018	Muncie, Indiana
W 60-64	Brenda Babits	2.15	2022	Cincinnati, Ohio
W 65-69				
W 70-74				
W 75-79				
W 80-84				
W 85-90				
M Open	Canon Meneil	3.94	2019	Olivet, Michigan
M 29&U				
M 30-34	Jeremiah Snyder	4.25	2015	Kenosha, Wisconsin
M 35-39	Chris Scott	3.50	2010	Kenosha, Wisconsin
M 40-44	Scott Johnson	4.30	2018	Muncie, Indiana
M 45-49	Andrew Boyce	4.11	2010	Kenosha, Wisconsin
M 50-54	Chet Clodfeller	3.96	2018	Muncie, Indiana
M 55-59	Chet Clodfeller	3.95	2019	Muncie, Indiana
M 60-64	Gary Hunter	3.35	2019	Muncie, Indiana
	Paul Babits	3.35	2022	Cincinnati, Ohio
M 65-69	Dick Kochert	2.89	2014	Kenosha, Wisconsin
M 70-74	Matti Kilpelainen	2.74	2019	Olivet, Michigan
M 75-79	Howard Booth	2.29	2019	Olivet, Michigan
M 80-84	Thomas Hinkes	2.30	2010	Kenosha, Wisconsin
M 85-90				

### Discus

W Open	Valadian Pallett	42.57	2019	Olivet, Michigan
W 29&U				
W 30-34	Rachel Mathley	31.99	2018	Muncie, Indiana
W 35-39	Rachael Barnhart	18.34	2023	Geneva, Ohio
W 40-44	Holly Hyland	36.51	2018	Muncie, Indiana
W 45-49	Maria Del Favero	29.96	2010	Kenosha, Wisconsin

W 50-54	Ruth Welding	27.95	2010	Kenosha, Wisconsin
W 55-59	Ruth Welding	30.30	2013	Kenosha, Wisconsin
W 60-64	Linda Rowe	27.03	2014	Kenosha, Wisconsin
W 65-69	Marylou Platis	16.74	2014	Kenosha, Wisconsin
W 70-74	Mary Hartzler	22.13	2023	Geneva, Ohio
W 75-79	Carol Coutts	7.66	2017	Kenosha, Wisconsin
W 80-84	Joan Berman	17.78	2017	Kenosha, Wisconsin
W 85-90				
M Open	Paul Fina	28.94	2019	Olivet, Michigan
M 29&U	Onye Davis	50.97	2013	Kenosha, Wisconsin
M 30-34	Jeremiah Rolfs	52.22	2013	Kenosha, Wisconsin
M 35-39	Jamie Ness	36.28	2022	Cincinnati, Ohio
M 40-44	Michael Hale	39.89	2019	Olivet, Michigan
M 45-49	Bob Jones	35.36	2010	Kenosha, Wisconsin
M 50-54	Michael Cavotta	45.69	2023	Geneva, Ohio
M 55-59	Stacy Himes	45.84	2018	Muncie, Indiana
M 60-64	Guy Durkin	45.98	2013	Kenosha, Wisconsin
M 65-69	Patrick Hauser	43.80	2017	Kenosha, Wisconsin
M 70-74	Hilary Goerge	39.32	2019	Olivet, Michigan
M 75-79	George Davies	33.14	2016	Kenosha, Wisconsin
M 80-84	Ronald Small	25.91	2019	Muncie, Indiana
M 85-90				

## Javelin

W Open	Valadian Pallett	38.47	2019	Olivet, Michigan
W 29&U	Dana Brown	11.20	2023	Geneva, Ohio
W 30-34	Bettany Barber	32.66	2015	Kenosha, Wisconsin
W 35-39	Rachael Barnhart	16.14	2023	Geneva, Ohio
W 40-44	Miranda Rinehart	15.5	2023	Geneva, Ohio
W 45-49	Kimberly Virden	25.70	2011	Kenosha, Wisconsin
W 50-54	Kimberly Virden	30.81	2015	Kenosha, Wisconsin
W 55-59	Linda Rowe	25.45	2011	Kenosha, Wisconsin
W 60-64	Linda Rowe	25.35	2014	Kenosha, Wisconsin
W 65-69	Avis Vaught	24.38	2015	Kenosha, Wisconsin
W 70-74	Mary Hartzler	16.00	2023	Geneva, Ohio
W 75-79	Carol Coutts	7.77	2017	Kenosha, Wisconsin
W 80-84	Mary Robinson	12.44	2023	Geneva, Ohio
W 85-90				
M Open				
M 29&U	Ethan Rich	65.07	2019	Muncie, Indiana
M 30-34	Lee Coakley	43.60	2010	Kenosha, Wisconsin
M 35-39				
M 40-44	Marek Wensol	42.50	2010	Kenosha, Wisconsin
M 45-49	Tod Rose	49.96	2013	Kenosha, Wisconsin
M 50-54	Paul Lykken	54.51	2014	Kenosha, Wisconsin
M 55-59	Gregory Davis	45.28	2012	Kenosha, Wisconsin
M 60-64	Dean Clemons	45.07	2023	Geneva, Ohio
M 65-69	John Daniel	44.94	2017	Kenosha, Wisconsin
M 70-74	Stee Dumahidy	33.18	2010	Kenosha, Wisconsin
M 75-79	Bill Jankovich	28.20	2010	Kenosha, Wisconsin

M 80-84	Bill Jankovich	27.51	2014	Kenosha, Wisconsin
M 85-90				

**Hammer**

W Open	Valadian Pallett	39.43	2019	Olivet, Michigan
W 29&U				
W 30-34	Rachel Mathley	37.29	2018	Muncie, Indiana
W 35-39				
W 40-44	Holly Hyland	38.22	2018	Muncie, Indiana
W 45-49				
W 50-54	Ruth Welding	34.60	2010	Kenosha, Wisconsin
W 55-59	Ruth Welding	39.38	2012	Kenosha, Wisconsin
W 60-64	Ruth Welding	36.50	2018	Muncie, Indiana
W 65-69	Avis Vought	24.56	2015	Kenosha, Wisconsin
W 70-74	Mary Hartzel	27.63	2023	Geneva, Ohio
W 75-79				
W 80-84	Mary Robinson	14.80	2023	Geneva, Ohio
W 85-90				
M Open	Percy Bean	37.79	2019	Olivet, Michigan
M 29&U	Brent Fairbanks	58.62	2023	Geneva, Ohio
M 30-34	Joe Dahlin	54.31	2012	Kenosha, Wisconsin
M 35-39	Natthew McBreir	39.75	2018	Muncie, Indiana
M 40-44	Jon Dahlin	53.17	2010	Kenosha, Wisconsin
M 45-49	Greg Theologes	40.51	2010	Kenosha, Wisconsin
M 50-54	Robert O'Higgins	50.31	2012	Kenosha, Wisconsin
M 55-59	Frank Broadus	42.65	2016	Kenosha, Wisconsin
M 60-64	Patrick Hauser	39.90	2016	Kenosha, Wisconsin
M 65-69	John Bourn	40.04	2012	Kenosha, Wisconsin
M 70-74	Hilary Goerge	38.87	2019	Olivet, Michigan
M 75-79	Ronald Small	31.15	2019	Muncie, Indiana
M 80-84	Ronald Small	29.65	2022	Cincinnati, Ohio
M 85-90				

**Weight**

W Open				
W 29&U				
W 30-34				
W 35-39				
W 40-44	Elizabeth Rudolph	6.57	2017	Kenosha, Wisconsin
W 45-49				
W 50-54	Ruth Welding	12.37	2010	Kenosha, Wisconsin
W 55-59	Ruth Welding	13.52	2012	Kenosha, Wisconsin
W 60-64	Ruth Welding	13.63	2018	Muncie, Indiana
W 65-69	Avis Vought	9.14	2015	Kenosha, Wisconsin
W 70-74				
W 75-79	Joan Berman	7.60	2013	Kenosha, Wisconsin
W 80-84				
W 85-90				
M Open				
M 29&U				

M 30-34	Nicholas Fix	12.44	2016	Kenosha, Wisconsin
M 35-39	Chris Buckler	8.15	2017	Kenosha, Wisconsin
M 40-44	Gerald Ingalls	15.73	2018	Muncie, Indiana
M 45-49	Bob Jones	12.18	2011	Kenosha, Wisconsin
M 50-54	Robert O'Higgins	17.34	2012	Kenosha, Wisconsin
M 55-59	Bob Jones	13.66	2017	Kenosha, Wisconsin
M 60-64	Guy Dirkin	16.63	2015	Kenosha, Wisconsin
M 65-69	Marvin Ripp	9.14	2017	Kenosha, Wisconsin
M 70-74	Hilary Goerge	17.19	2019	Olivet, Michigan
M 75-79	Michael Bitsko	12.34	2018	Muncie, Indiana
M 80-84	Ronald Small	11.72	2019	Muncie, Indiana
M 85-90				

### Super Weight

W Open				
W 29&U				
W 30-34				
W 35-39				
W 40-44				
W 45-49				
W 50-54				
W 55-59	Linda Rowe	5.03	2011	Kenosha, Wisconsin
W 60-64	Diane Matteson	6.17	2011	Kenosha, Wisconsin
W 65-69				
W 70-74				
W 75-79				
W 80-84				
W 85-90				
M Open				
M 29&U				
M 30-34				
M 35-39				
M 40-44				
M 45-49	Bob Jones	7.38	2011	Kenosha, Wisconsin
M 50-54				
M 55-59	Michael Matteson	5.60	2011	Kenosha, Wisconsin
M 60-64				
M 65-69				
M 70-74	Jerry Howood	7.97	2011	Kenosha, Wisconsin
M 75-79				
M 80-84				
M 85-90				