



## **Inclusion Subcommittee 2022 Report**

### **The Inclusion Subcommittee Strategic Plan for 2023**

The Inclusion Subcommittee goal for 2022 was to acknowledge participation of members accomplishments at USATF Masters events.

With the strategic goal of the committee to advocate for USATF Masters policies that maintain an inclusive culture, it became vitally important for the Chair and/or subcommittee members to immerse themselves in said culture.

For example, at the USATF Masters Indoor Championships held at The Armory in New York the subcommittee chairperson connected with a Masters participant who also served as treasurer of a participating club. The participant was particularly interesting for inclusive purposes from competing in the 3000m as a disabled and blind athlete. Since the event the committee and participate have exchanged emails. Additionally, the committee used the experience at the indoor championships to develop a video shared on the Instagram platform which provided viewers a summary of the indoor championship experience. Further, the committee introduced the hashtag #IAMMTF on social medial video post chronicling the indoor championship experience. The hashtag subsequently has been used repeatedly. The intent I have is to design MTF souvenirs with the said hashtag to distribute at future meets.

In the coming year (2023), the plan for the committee and/or its members will be to continue participating in local, regional, and national events by Chairperson and subcommittee members along with engagement with USATF Masters members and athletes allowed for the current diverse and inclusive culture to be maintained.

To establish a foundation and implement strategic initiatives for 2023 the Inclusion Subcommittee goals will be to include the following:

- Work alongside other USATF Masters Committees such as the Communications subcommittee and Diversity and Leadership Committee
- to provide education of policies.
- Promote competition in USATF Masters as a competitive outlet for maintaining and/or improving fitness and health.
- Engage on with USATF Masters competitors on social media to celebrate accomplishments and highlight inclusive culture.
- Attend local, regional and national events to promote the camaraderie within and advocate for inclusive culture of athletes, officials, volunteers and spectators.

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