

2022 Year End Report Masters Anti-Doping and Substance Abuse Subcommittee

Mission:

The Anti-Doping and Substance Abuse Subcommittee arranges for, oversees, and coordinates anti-doping testing for Masters Track and Field (MTF) athletes and events, provides guidance to the Executive Committee on any non-USADA issues raised by MTF members and that do not involve confidential or privileged information. We carry out activities to inform MTF athletes about medical, anti-doping, and substance abuse education, issues, and protocols, and interfaces with the appropriate anti-doping agency in accomplishing the goals of MTF to maintain a “clean” sport at all levels.

Year in Review

As the pandemic continues we continue to have challenges. Most communication was through email. A meeting at the Annual USATF Meeting was planned. Only one current committee member was there and one who was planning on coming had an emergency. For next year I am looking to scale down the committee to those who participate.

I continue to update the Masters Anti-doping web page on the USATF Masters website. The links have to be constantly updated to be current. The page link is:

<https://usatfmasters.org/anti-doping-information/>

The page has information on how to check prescribed medicines, over the counter medicines and supplements. There are links to the web pages where you can see if something you are taking is allowed in or out of competition. The page also explains what and how to apply for Therapeutic Use Exemption (TUE) both for USATF and international (WMA) competition. There is an email address and hotline to report potential concerns about performance enhancing use or to ask questions.

I also concentrated on education. I work with Mary Rosado, my Long Distance Running (LDR) counterpart, on informational sessions with The United States Anti-Doping Agency (USADA). There was a Masters Zoom session where questions could be asked by the general membership prior to the WMA meet in Finland. There was also a joint Masters Track and LDR USADA informational meeting at the USATF Annual Meeting.

The column in National Masters News called *Compete Clean Corner* continued. Articles included:

US Anti-Doping Agency (USADA) Testing

What is new for 2022?

USADA and WMA Therapeutic Use Exemptions (TUE)

How to Avoid Pitfalls with Drug Testing.

Our budget was used to test at several meets including the Masters National Indoor and Outdoor Championship Meets. We continue to explore out of competition testing and testing of records. There was one positive master athlete test from our testing.

I would like to thank everyone for their support and for our athletes for cooperating in testing.

Cheryl Bellaire, MD

Anti-Doping and Substance Abuse Chair

World Masters Athletics (WMA) TUE Subcommittee

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