

2022 USATF Masters Mid America Regional Coordinator Report
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With COVID-19 restrictions easing and things returning back to a sense of normalcy, events were held in full force throughout 2022.

The 2022 Mid America Region Indoor Championship was held on February 20th, 2022 at the Mountain Lion Fieldhouse facility at the University of Colorado, Colorado Springs. The meet had 139 competitors in 304 events. One American record was set (pending ratification) in the women's 45-49 shot put by Angela Herzer with a mark of 13.35m, bettering the previous mark of 13.33m, also set by Herzner in January 2020. Additionally, a Sri Lankan men's open indoor national record was set in the long jump by Dhanushka Piyarathna with a mark of 7.82m, bettering the previous mark of 7.75m held by Benildus Fernando set in February 1995. Additionally, dozens of meet records were broken or established for the new 25-29 age group during the meet. The meet record document will be updated shortly to reflect the new marks.

The meet held 7 running events (60m, 200m, 400m, 800m, 1500m, 3000m, and 60m hurdles), 7 field events (high jump, pole vault, long jump, triple jump, shot put, weight throw, and super weight throw), and 2 race walking events (mile race walk and 3000m race walk). Additionally, a local NBC affiliate attended the event to provide a report on Christel Donnelly which aired the evening after the meet and can be found here:

<https://www.youtube.com/watch?v=5NA4ZETsHSA&list=LL&index=1>

The 2022 Mid America Region Outdoor Championship was held on August 13 and 14, 2022 at Potts Field at the University of Colorado, Boulder. The meet had 95 competitors in 259 events. Three American records were set in the club 4x800 meters in the M55, M65, and F70 age groups by three teams from the Boulder Road Runners club based out of Boulder. Additionally, 29 meet records were broken or established for the new 25-29 age group during the meet. Competitors came from across the United States with some international competitors also attending.

The meet held 11 running events (50m, 100m, 200m, 400m, 800m, 1500m, 3000m, and 100h/110h hurdles, and 400h), 9 field events (high jump, pole vault, long jump, triple jump, javelin, shot put, discus, weight throw, and super weight throw), the throws pentathlon, and 1 race walking event (3000m race walk).

In addition to the regional and combined events championships held in the Mid-America region, the following association member championships were held:

USATF Colorado Association Masters Indoor Championship – February 13, 2022

USATF Colorado Association Masters Outdoor Championship – July 16, 2022

USATF Minnesota Association Masters Indoor Championship – March 13, 2022

USATF Minnesota Association Masters Outdoor Championship – June 12, 2022

As of this writing, the 2023 USATF Masters Mid America Region Indoor Championships are slated to take place on February 19, 2022, at the University of Colorado, Colorado Springs, in Colorado Springs, Colorado. Entries are available here:

<https://www.simplyregister.net/status/?e=122747>