


	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P
1	2022 USATF Masters Long Distance Running Individual Grand Prix - Women 's Standings															
2																
3				12/11/2021	1/8/2022	2/26/2022	3/20/2022	4/3/2022	4/24/2022	6/1/2022	6/29/22-7/10/22	9/18/2022	10/22/2022			
4				Tallahassee FL	San Diego CA	Atlanta GA	Syracuse NY	Sacramento CA	Dedham MA	Rochester NY	Tampere Finland	Highlands NJ	Boulder CO			
5	Women40-44															
6	Place	Name	Age	Club XC	USA XC	5 K	Half Marathon	10 Miles	10 K	1 Mile	XC-10K-HM	12 K	XC 5 K	Total Pts	Best 5 Pts	# events
7	1	Jessica Hruska	42	75		100	90		90					355	355	4
8	2	Maggie Shearer	44	95	95			100						290	290	3
9	3	Jennifer Bigham	40				100			100				200	200	2
10	4	Carre Joyce Heineck	40	90				95						185	185	2
11	5	Jill Braley	43	80		95								175	175	2
12	6	Alison Schwalm	44	5		65				85				155	155	3
13	7	Laura Osman	41	15				90						105	105	2
14	8	Erika Holroyd	44	65					40					105	105	2
15	9	Renee Metivier	40		100									100	100	1
16	10	Melissa Dock	40								100			100	100	1
17	11	Katie Sherron	40	100										100	100	1
18	12	Jessica Smith	41						100					100	100	1
19	13	Jennifer Mortimer	40						95					95	95	1
20	14	Melissa Johnson-White	41							95				95	95	1
21	15	Silvia Baage	41				95							95	95	1
22	16	Allison Carr	43							90				90	90	1
23	17	Shawanna White	42			90								90	90	1
24	18	Renee Gordon	41		90									90	90	1
25	19	Crystal Query	44		85									85	85	1
26	20	Jacqueline Cooke	43					85						85	85	1
27	21	Kelly Couch	44						85					85	85	1
28	22	Carly Shea	43				85							85	85	1
29	23	Megan Heuer	40	85										85	85	1
30	24	Ginna Reid	44			85								85	85	1
31	25	Suzanne Larsen	44			80								80	80	1
32	26	Kara Rubinch	43				80							80	80	1
33	27	Vivien Hyman	42		80									80	80	1
34	28	Brett Ely	42						80					80	80	1
35	29	Alyson Barrett	43					80						80	80	1
36	30	Kimberly Lord	42				75							75	75	1
37	31	Rhia Kilpatrick	43	5		70								75	75	2
38	32	Jodi Smith	43			75								75	75	1
39	33	Anne Cushman	44					75						75	75	1
40	34	Nicole Luque	44		75									75	75	1
41	35	Erin Genova	42						75					75	75	1
42	36	Christina Campbell	40						70					70	70	1
43	37	Emily Shertzer	42	70										70	70	1
44	38	Mercy Sells	40					70						70	70	1
45	39	Katie Jewett	40				70							70	70	1
46	40	Elizabeth Matthews	41				65							65	65	1
47	41	Celeste Prothro	42					65						65	65	1
48	42	Katie Famous	42	5					60					65	65	2
49	43	Melissa Stellato	40						65					65	65	1
50	44	Lisa Renteria	43					60						60	60	1
51	45	Katherine Miller	44			35		25						60	60	2
52	46	Lindsey Mills	40			60								60	60	1
53	47	Caoimhe Kilroy	43	60										60	60	1
54	48	Jessica Charles	40				60							60	60	1
55	49	Melissa Surman	43				55							55	55	1
56	50	Melissa Cooney	42						55					55	55	1

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P
57	51	Izzy Gladstone	41	55										55	55	1
58	52	Anne Ruminski	40					55						55	55	1
59	53	Beth Presten	40			55								55	55	1
60	54	Alicia Eno	44			50								50	50	1
61	55	Abby Mahoney	44						50					50	50	1
62	56	Marisa Beck	44					50						50	50	1
63	57	Danielle Mazzella	44				50							50	50	1
64	58	Meghan Lyle	40	50										50	50	1
65	59	Kara Leonard	43						45					45	45	1
66	60	Lisa Gallagher	40					45						45	45	1
67	61	Amy Hines	41	45										45	45	1
68	62	Laura Meadors	44			45								45	45	1
69	63	Cambria Wu	43	40										40	40	1
70	64	Shawnessy Dusseau	40					40						40	40	1
71	65	Sara Dettore	43			40								40	40	1
72	66	Erin Brown	44						35					35	35	1
73	67	Angela Knotts	41					35						35	35	1
74	68	Audrey Kroot	41	35										35	35	1
75	69	Cassandra Harris	44			30								30	30	1
76	70	Deanna Kwong	42					30						30	30	1
77	71	Sarah Dillon	41						30					30	30	1
78	72	Mary Babcock	41	30										30	30	1
79	73	Emily Noble	42	25										25	25	1
80	74	Amy Rusiecki	42						25					25	25	1
81	75	Paulina Baltazar	43						20					20	20	1
82	76	Heather Cappello	41	20										20	20	1
83	77	Amanda Reich	43						15					15	15	1
84	78	Lauren Fitzpatrick	42						10					10	10	1
85	79	Erin Dewalt	41	10										10	10	1
86	80	Elisha Boggs	44	5										5	5	1
87	81	Kristen Hetzel	41	5										5	5	1
88	82	Amanda Watters	41	5										5	5	1
89	83	Tamar Gamliel	42	5										5	5	1
90	84	Kimberly Soden	41	5										5	5	1
91	85	Tiffany Pfluger	41	5										5	5	1
92	86	Jennifer Perry	41	5										5	5	1
93	87	Jen Hetrick	40	5										5	5	1
94	Women45-49			1	2	3	4	5	6	7	8	9	10			
95	Place	Name	Age	Club XC	USA XC	5 K	Half Marathon	10 Miles	10 K	1 Mile	XC-10K-HM	12 K	XC 5 K	Total Pts	Best 5 Pts	# events
96	1	Euleen Josiah-Tanner	47	100		90		75			100			365	365	4
97	2	Sara Giroto	46			100	100			95				295	295	3
98	3	Kathy Wiegand	47	85		70			85					240	240	3
99	4	Rebecca Wassner	46				95		100					195	195	2
100	5	Amy Alzina	45		80			100						180	180	2
101	6	Heather Patterson	47				90			90				180	180	2
102	7	Christy Peterson	47		70			85						155	155	2
103	8	Carla McAlister	48	95	60									155	155	2
104	9	Gabrielle Panepinto	48	80		65								145	145	2
105	10	Hiroko Guarnieri	46	60					80					140	140	2
106	11	Amy Armstrong	45							100				100	100	1
107	12	Hilary Corno	46		100									100	100	1
108	13	Melissa Gacek	45								100			100	100	1
109	14	Elizabeth Goya	47					95						95	95	1
110	15	Laure Van Den Broeck Raf	45						95					95	95	1
111	16	Donna Mills-Honarvar	47			95								95	95	1
112	17	Mary Akor	45		95									95	95	1

113	18	Gwendolen Twist	46	90										90	90	1
114	19	Lorilynn Bloomer	49		90									90	90	1
115	20	Dena Evans	46					90						90	90	1
116	21	Brooke Bray	45						90					90	90	1
117	22	Debra Vertoske	45				85							85	85	1
118	23	Jo Rupp	49							85				85	85	1
119	24	Samantha Forde	49			85								85	85	1
120	25	Kimberly Mueller	45		85									85	85	1
121	26	Rebekah Kennedy	48			80								80	80	1
122	27	Jodi Buyyounouski	48				80							80	80	1
123	28	Liz Casatelli	46				80							80	80	1
124	29	Jennifer McCann	49							80				80	80	1
125	30	Murphee Hayes	48							75				75	75	1
126	31	Michelle Richards	48	75										75	75	1
127	32	Amy Koepp	47		75									75	75	1
128	33	Catherine Herne	48				75							75	75	1
129	34	Yongli Ji	49						75					75	75	1
130	35	Jennifer Brown	49		75									75	75	1
131	36	Katie Fobert	45						70					70	70	1
132	37	Erika Duthiers	48				70							70	70	1
133	38	Jennifer Saam	48	70										70	70	1
134	39	Stephanie Styczynski	46					70						70	70	1
135	40	Yang Qu	49							70				70	70	1
136	41	Kathi Stewart	46	65										65	65	1
137	42	Sarah Barber	45		65									65	65	1
138	43	Maria Zullo	48						65					65	65	1
139	44	Jeannette Boyd	46				65							65	65	1
140	45	Iwona Boruch	48						60					60	60	1
141	46	Jennifer Byrne	46				60							60	60	1
142	47	Nancy Meck	49			60								60	60	1
143	48	Heather Maginn	48			55								55	55	1
144	49	Katharina Beeler	46		55									55	55	1
145	50	Lori Emerson	47		50									50	50	1
146	51	Melinda Redenius	47		45									45	45	1
147	Women50-54			1	2	3	4	5	6	7	8	9	10			
148	Place	Name	Age	Club XC	USA XC	5 K	Half Marathon	10 Miles	10 K	1 Mile	XC-10K-HM	12 K	XC 5 K	Total Pts	Best 5 Pts	# events
149	1	Abby Dean	50	85		100	95		100	100				480	480	5
150	2	Ingrid Walters	50	95	100	95		85						375	375	4
151	3	Alexandra Marzulla	51	60			80		90	75				305	305	4
152	4	Fiona Bayly	54			90	100	80						270	270	3
153	5	Wendy Terris	52	70	95			55						220	220	3
154	6	Kimberly Aspholm	52	50		85				80				215	215	3
155	7	Kathleen Beebe	50	35		80				70				185	185	3
156	8	Amy McMahon	54	30		70				85				185	185	3
157	9	Elizabeth Guerrini	53		85			95						180	180	2
158	10	Jennifer Malavolta	51			75	90							165	165	2
159	11	Hortencia Aliaga	50	75						90				165	165	2
160	12	Alysia Puma	50			65	70							135	135	2
161	13	Anabelle Broadbent	54			60				65				125	125	2
162	14	Katharine Serrano	51			55				60				115	115	2
163	15	Christina Liao	52			50				55				105	105	2
164	16	Karolyn Bowley	52	100										100	100	1
165	17	Chris Lundy	51					100						100	100	1
166	18	Mary Kreis	50								100			100	100	1
167	19	Teresa Renfer	50								95			95	95	1
168	20	Cassandra Henkiel	51						95					95	95	1

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P
281	Women60-64		1	2	3	4	5	6	7	8	9	10				
282	Place	Name	Age	Club XC	USA XC	5 K	Half Marathon	10 Miles	10 K	1 Mile	XC-10K-HM	12 K	XC 5 K	Total Pts	Best 5 Pts	# events
283	1	Lorraine Jasper	60	100	100	100	95		95	100				590	495	6
284	2	Mary Swan	60	85			90		85	80	100			440	440	5
285	3	Stella Gibbs	63		95	85		100	100					380	380	4
286	4	Doreen McCoubrie	60			95	100		90	95				380	380	4
287	5	Mary Cass	60			75			80	90				245	245	3
288	6	Victoria Bok	60			50			70	75				195	195	3
289	7	Nancy Simmons	62	95		90								185	185	2
290	8	Suzanne Cordes	62	90	90									180	180	2
291	9	Kathi Sleavin	63	80				95						175	175	2
292	10	Lanore Bergenske	64		80			90						170	170	2
293	11	Colleen Newman	62	55		45				65				165	165	3
294	12	Lauren Leslie	60			70				85				155	155	2
295	13	Cheryl Bellaire	63	60						70				130	130	2
296	14	Patricia Baker	61				75			50				125	125	2
297	15	Mireille Silva	62	65		55								120	120	2
298	16	Deborah Miller	62			25	85							110	110	2
299	17	Teresa Quan	60	45					55					100	100	2
300	18	Robin Tanner	61	50		35								85	85	2
301	19	Eileen Brennan-Erler	60		85									85	85	1
302	20	Margit Falk	60					85						85	85	1
303	21	Debra Cramer	64					80						80	80	1
304	22	Patrice Combs	64			80								80	80	1
305	23	Cathie Trabucco	62				80							80	80	1
306	24	Gail Hall	62	75										75	75	1
307	25	Nancy Wilkins-Diehr	60	5	70									75	75	2
308	26	Carol Keller	62		75									75	75	1
309	27	Sally Reiley	62						75					75	75	1
310	28	Diane Bomberg	62					75						75	75	1
311	29	Karen Andrews	62					70						70	70	1
312	30	Lesley Hinz	63	70										70	70	1
313	31	Liz Champagne	64						65					65	65	1
314	32	Karyn Simmonds	62		65									65	65	1
315	33	Michele Keane	60			65								65	65	1
316	34	Kathy Linenberger	63		60									60	60	1
317	35	Julie Hayden	62			60								60	60	1
318	36	Susan John	62							60				60	60	1
319	37	Liane Pancoast	64						60					60	60	1
320	38	Ann More	60							55				55	55	1
321	39	Leann Finnigan	60						50					50	50	1
322	40	Wende Rieck	60						45					45	45	1
323	41	Kelly Kruell	62	40										40	40	1
324	42	Rosemarie MacGuinness	64			40								40	40	1
325	43	Julie Haynes	63						40					40	40	1
326	44	Darlene Saeva	63	35										35	35	1
327	45	Kathy Gregoire	62			30								30	30	1
328	Women65-69		1	2	3	4	5	6	7	8	9	10				
329	Place	Name	Age	Club XC	USA XC	5 K	Half Marathon	10 Miles	10 K	1 Mile	XC-10K-HM	12 K	XC 5 K	Total Pts	Best 5 Pts	# events
330	1	Susan Stirrat	66	90		75	95		85	90				435	435	5
331	2	Helene Myers	67	70	80	50			65	85				350	350	5
332	3	Alda Cossi	66			90			95	95				280	280	3
333	4	Kitty Musante	65			100				100				200	200	2
334	5	Cynthia Williams	65	95		85								180	180	2
335	6	Sharon Moore	67	100					75					175	175	2
336	7	Margaret Taylor	66	85		70								155	155	2

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P
337	8	Terry Ozell	68	75		65								140	140	2
338	9	Joanna Harper	65		100									100	100	1
339	10	Claire McManus	65						100					100	100	1
340	11	Merry Dearmon-Moore	68					100						100	100	1
341	12	Christine Kennedy	65								100			100	100	1
342	13	Honor Fetherston	67					95						95	95	1
343	14	Nora Cary	66			95								95	95	1
344	15	Anne Shreffler	65						90					90	90	1
345	16	Tina Breen	65		90									90	90	1
346	17	Suzette Smith	66					85						85	85	1
347	18	Ernestina Martin	68		85									85	85	1
348	19	Cynthia Lucking	68			80								80	80	1
349	20	Barbara McQuinn	65					80						80	80	1
350	21	Lorraine McPhillips	67						80					80	80	1
351	22	Elizabeth Unislowski	66	80										80	80	1
352	23	Leslie Behan	65						70					70	70	1
353	24	Trenice Mullis Dubow	68			60								60	60	1
354	25	Wendy Collins	65			55								55	55	1
355	Women70-74															
356	Place	Name	Age	1	2	3	4	5	6	7	8	9	10	Total Pts	Best 5 Pts	# events
357	1	Suzanne Ray	70		95		100	90			100			385	385	4
358	2	Jeanette Groesz	72	100	100			75			100			375	375	4
359	3	Barbara Sauer	74			95	90		85	85				355	355	4
360	4	Jeannie Rice	74			100	100			100				300	300	3
361	5	Sharon Gerl	74	95	95			90						280	280	3
362	6	Norma Hudnall	72	85		90				90				265	265	3
363	7	Jo Anne Rowland	74		90			85						175	175	2
364	8	Kathleen Allen	72	80		85								165	165	2
365	9	Marion Finley	70	70		80								150	150	2
366	10	Irene Herman	72		75			70						145	145	2
367	11	Donna Chan	71		80			60						140	140	2
368	12	Mary Reed	71	65		70								135	135	2
369	13	Carol Patterson	74	60		65								125	125	2
370	14	Jane Williams	74		60			45						105	105	2
371	15	Nancy Anderson	70								100			100	100	1
372	16	Sabra Harvey	73					100						100	100	1
373	17	Karen Durante	71						100					100	100	1
374	18	Jessica Wheeler	71						95					95	95	1
375	19	Coreen Steinbach	71							95				95	95	1
376	20	Kate Stewart	71					95						95	95	1
377	21	Susan Herscher	70								95			95	95	1
378	22	Mary Harris	74				95							95	95	1
379	23	Mary Sharkey	72						90					90	90	1
380	24	Cande Olsen	71	90										90	90	1
381	25	Rene Sprattling	70								90			90	90	1
382	26	Susan Staffel	71		85									85	85	1
383	27	Sharlet Gilbert	71					80						80	80	1
384	28	Monica Luchini	70						80					80	80	1
385	29	Terry Foody	74			75								75	75	1
386	30	Carolyn Smith-Hanna	71	75										75	75	1
387	31	Linda Usher	73						75					75	75	1
388	32	Nancy Antos	71		70									70	70	1
389	33	Karen Stevenson	71					65						65	65	1
390	34	Marilyn Nippold	70		65									65	65	1
391	35	Kathleen Doswell	72					55						55	55	1
392	36	Carol Rhodes	73	55										55	55	1

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P
393	37	Yoko Eichel	74		55									55	55	1
394	38	Ifeoma Adams	70					50						50	50	1
395	Women75-79															
396	Place	Name	Age	1 Club XC	2 USA XC	3 5 K	4 Half Marathon	5 10 Miles	6 10 K	7 1 Mile	8 XC-10K-HM	9 12 K	10 XC 5 K	Total Pts	Best 5 Pts	# events
397	1	Catherine Radle	78	95		95				95				285	285	3
398	2	Myrna Barnett	78	100		100								200	200	2
399	3	Andrea McCarter	75			90				100				190	190	2
400	4	Kathleen Frable	76								100			100	100	1
401	5	Joan Tremberth	77						100					100	100	1
402	6	Shirley Shean	75					100						100	100	1
403	7	Barbara Rinker	75					95						95	95	1
404	Women80-84															
405	Place	Name	Age	1 Club XC	2 USA XC	3 5 K	4 Half Marathon	5 10 Miles	6 10 K	7 1 Mile	8 XC-10K-HM	9 12 K	10 XC 5 K	Total Pts	Best 5 Pts	# events
406	1	Joyce Hodges-Hite	84			100								100	100	1
407	2	JoAnn Hall	80					100						100	100	1
408	Women85-89															
409	Place	Name	Age	1 Club XC	2 USA XC	3 5 K	4 Half Marathon	5 10 Miles	6 10 K	7 1 Mile	8 XC-10K-HM	9 12 K	10 XC 5 K	Total Pts	Best 5 Pts	# events
410	1	Edna Hyer	88			100			100	100				300	300	3
411	2	Tami Graf	85			95					95			190	190	2
412	3	Suzanne Falco	88		100									100	100	1
413	4	Lynne Hurrell	85								100			100	100	1
414																