

2022 USA National Masters Throws Championships Flights - Ultraweight Pentathlon & Superweight Champs: Published

updated: 7/21/2022

UPDATED!!!

NOTE: **START TIMES MAY MOVE UP AS CIRCLES OPEN - BE PREPARED!**

Flights - Ultraweight Champs					Superweight Champs			Estimated End Time	Start Location	End Location
Flight Number	Age Group(s)	# In Flight	Start Warmup	Start Throw	# In Flight	Start Warmup	Start Throw			
1a	M35 - M59	5	8:00	8:15	5	8:50	9:00	12:00	SP Circle (Jav)	Ultra 1
1b	M60-69	3	8:00	8:15	3	8:50	9:00	12:00	SP Circle (Jav)	Ultra 2
2	W30-49	3			2					
	M70-79	7	8:00	8:15	7	8:55	9:05	12:45	SP Circle (Dis)	Ultra 1
3	W50-74	11	10:50	11:05	11	11:45	11:55	3:30	SP Circle (Jav)	
4	W75-90, M80+	7	11:50	12:05	6	12:40	12:50	3:45	SP Circle (Dis)	
Total Competitors:		36	approx times		34	approx times				

Check In - Prior to Start Of Warm Ups

Warm Ups - 15 mins Prior to Start Of Event (May Start When Athletes Are Ready)

* Denotes Non-USA Citizen (Does Not Displace USA Athlete Standings)

Flight 1a M35 - M59	Name	Age Group	Age	Limits
	Derek Worden	35-39	36	
	Hondo Salgado	45-49	47	
	Eric Cole	50-54	52	
	David Bickel	55-59	52	
	Patrick Toland	55-59	56	

Flight 3 W50-74	Name	Age Group	Age	Limits
	Kimberly Lindner	50-54	47	
	Diane Morey	55-59	56	
	Kathleen Biondolillo	60-64	62	
	Oneithea Lewis	60-64	62	
	Deborah Ecklund	60-64	62	
	Carol Finsrud	65-69	65	
	Susan Hallen	65-69	65	
	Ruth Welding	65-69	66	
	Delores Grandison	65-69	69	
	Darcy Smith	65-69	67	

Flight 1b M60-69	Name	Age Group	Age	Limits
	Robert Arello Jr	60-64	63	
	Thomas Sputo	60-64	62	No SWT
	Thomas Lambdin	60-64	60	Only SWT
	Robert Cedrone	65-69	67	

Flight 4 W75-90, M80+	Name	Age Group	Age	Limits
	Mary Trotto	75-79	75	
	Roslyn Katz	80-84	80	
	Gloria Krug	90-94	91	
	Edward Donnelly	80-84	80	
	Robert Cahners	80-84	80	
	Richard Hotchkiss	80-84	83	No SWT
	Ray Feick	90-94	90	

Flight 2 W30-49 & M70-79	Name	Age Group	Age	Limits
	Megan Wallace	30-34	32	No SWT
	Julie Williams-Tinkham	40-44	42	
	Angela Herzner	45-49	47	
	Michael Decker	70-74	73	
	Rufus Jordan jr	70-74	72	
	Tim Muller	70-74	72	
	Craig Cyphers	70-74	72	
	Regis Beaulieu	70-74	72	
	Kent Worden	75-79	75	