

2022 USA National Masters Throws Championships - Throws Pentathlon: Published

Revised: 7/16/2022

NOTE: **START TIMES MAY MOVE UP AS CIRCLES OPEN - BE PREPARED!**

Flights - Throws Pentathlon					
Flight Number	Age Group(s)	# in Flight	Warm Up	Start Throw	EST. END TIME
1	M35-49,M60-69	8	8:00	8:15	12:00
2	W45-59,W75-90	8	8:50	9:05	12:50
3	W60-69,W70-74	11	9:40	9:55	2:30
4	M50-59	12	10:40	10:55	3:55
5	M70-90	14	11:45	12:00	5:25
Total Competitors:		53	approx times		

Check In - Prior to Start Of Warm Ups *Noted Revised*
 Warm Ups - Min. 15 mins Prior to Start Of 1st Event (May Start When Athletes Are Ready)
 * Denotes Non-USA Citizen (Does Not Displace USA Athlete Standings)

Flight 1 M35-49, M60-69	Name	Age Group	Age	
	Derek Worden	35-39	36	
	Greg Bourque	35-39	38	
	Hondo Salgado	45-49	47	
	Robert Arelló Jr	60-64	63	
	Jim Biondolillo	60-64	61	
	Clayton Dennis	60-64	60	
	Roland Jones	65-69	67	
	Hartley Palleschi Jr	65-69	67	

Flight 4 M50-59	Name	Age Group	Age	
	Eric Cole	50-54	52	
	Darrin Clement	50-54	53	
	David Woods	50-54	52	
	David DeStefano	50-54	52	
	Stephen Venditti	50-54	52	
	David Bickel	55-59	56	
	Patrick Toland	55-59	56	
	Joseph Bachana	55-59	58	
	William Cotter	55-59	57	
	Craig MacDonald	55-59	57	
	Michael Stewart	55-59	56	
	James Meyer	55-59	56	

Flight 2 W45-59, W75-90	Name	Age Group	Age	
	Angela Herzner	45-49	47	
	Kimberly Lindner	50-54	51	
	Jennifer Banks*	50-54	53	Canada
	Diane Morey	55-59	56	
	Kristen Dajia*	55-59	59	Canada
	Mary Trotto	75-79	75	
	Roslyn Katz	80-84	80	
	Gloria Krug	90-94	91	

Flight 5 M70-90	Name	Age Group	Age	
	Michael Decker	70-74	73	
	Rufus Jordan Jr	70-74	72	
	Kenneth Effler	70-74	70	
	Patrick Hessel*	70-74	70	Canada
	Tim Muller	70-74	72	
	Frederick Monesmith	70-74	74	
	Craig Cyphers	70-74	72	
	Royce Woolfolk	70-74	74	
	Thomas Ten Eyck Jr	75-79	77	
	Kent Worden	75-79	75	
	David Marovich	75-79	79	
	Edward Donnelly	80-84	80	
	Donald Miller Sr	85-89	85	
Ray Feick	90-94	90		

Flight 3 W60-69, W70-74	Name	Age Group	Age	
	Kathleen Biondolillo	60-64	62	
	Oneithea Lewis	60-64	62	
	Caryl Senn-Griffiths	60-64	60	
	Deborah Ecklund	60-64	62	
	Karen Reardon	60-64	64	
	Carol Finsrud	65-69	65	
	Susan Hallen	65-69	65	
	Ruth Welding	65-69	65	
	Laura Hessel*	65-69	69	Canada
	Delores Grandison	65-69	69	