

2022 USATF Northwest Region Masters Outdoor Track & Field Championships  
 2022 USATF Pacific Northwest Association Open & Masters Outdoor Track & Field Championships  
 The Patti Petesch Seattle Parks Preview Masters Meet  
 Seattle Masters Classic  
 West Seattle Stadium  
 Results June 18, 2022

Event 1 W19-29 100 m

Name	Age Team	Finals	Wind
Finals			
1 Green, Aniya	W19 Pacific Nort	13.14	-0.5
2 Swanson, Taylor	W29 Pacific Nort	13.49	-0.5

Event 1 W65 100 m

Name	Age Team	Finals	Wind
1 Watchie, Nancy	W65 Pacific Nort	19.26	-0.5

Event 1 W70 100 m

Name	Age Team	Finals	Wind
1 Daniels, Diana	W70 Other Region	18.29	-0.5
2 Braxton, Freddie	W72 Other Region	20.99	-0.5

Event 1 W75 100 m

Name	Age Team	Finals	Wind
1 Worsley, Marina	W78 Pacific Nort	23.06	-0.5

Event 2 M19-29 100 m

Name	Age Team	Finals	Wind	H#
1 Omollo, Randy	M26 Pacific Nort	13.34	-1.7	4

Event 2 M40 100 m

Name	Age Team	Finals	Wind	H#
1 Maggit, Quincy	M43 Pacific Nort	12.72	-1.7	4

Event 2 M45 100 m

Name	Age Team	Finals	Wind	H#
1 Atkins, Ronald	M48 Pacific Nort	11.82	-1.6	3
2 Woodyard, Eric	M45 Other Region	12.15	-1.6	3

Event 2 M50 100 m

Name	Age Team	Finals	Wind	H#
1 Cenicerros, Juan	M50 Pacific Nort	14.73	-1.6	3

Event 2 M55 100 m

Name	Age Team	Finals	Wind	H#
1 Gaskin Sr., Derek	M56 Northwest Re	13.69	-1.6	3
2 Baker, Keith	M55 Pacific Nort	13.97	-1.6	3

Event 2 M60 100 m

Name	Age Team	Finals	Wind	H#
1 Waller, Michael	M63 Pacific Nort	13.42	-1.4	2
2 Allen, Ira	M63 Pacific Nort	14.12	-1.4	2

Event 2 M65 100 m

Name	Age Team	Finals	Wind	H#
1 Stevens, Ron	M68 Other Region	14.02	-1.4	2
2 Ortman, David	M69 Other Region	14.12	-1.4	2
3 Jacquet-Acea, Russell	M69 Pacific Nort	14.81	-1.4	2
4 Ahearn, Leo	M66 Pacific Nort	15.15	-1.4	2
5 Stevens, Randall	M68 Northwest Re	15.25	-1.4	2
6 Harris, John	M68 Pacific Nort	17.37	-1.4	2

Event 2 M70 100 m

Name	Age Team	Finals	Wind	H#
1 Washington, Michael	M74 Other Region	17.62	1.0	

Event 2 M75 100 m

Name	Age Team	Finals	Wind	H#
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1 Leslie, Will	M76 Pacific Nort	15.94	1.0
2 Heckard, Ed	M77 Pacific Nort	20.38	1.0

Event 2 M80 100 m

Name	Age Team	Finals	Wind
1 Zerbe, Richard	M83 Pacific Nort	20.44	1.0

Event 2 M85 100 m

Name	Age Team	Finals	Wind	H#
1 Heller, Jonathan	M86 Pacific Nort	25.22	1.0	1
2 Milliman, Charles	M89 Pacific Nort	25.42	-1.7	4

Event 3 W19-29 200 m

Name	Age Team	Finals	Wind	H#
1 Green, Aniya	W19 Pacific Nort	26.87	-1.5	2

Event 3 W50 200 m

Name	Age Team	Finals	Wind	H#
1 Farmer-Beatty, Billy	W54 Other Region	39.48	-1.5	2

Event 3 W55 200 m

Name	Age Team	Finals	Wind	H#
1 Elliott, Sonya	W55 Pacific Nort	37.31	-1.5	2

Event 3 W60 200 m

Name	Age Team	Finals	Wind
1 Quick, Sylvia	W62 Other Region	37.86	0.7
2 McVee, Amy	W63 Northwest Re	43.76	0.7

Event 3 W65 200 m

Name	Age Team	Finals	Wind
1 Watchie, Nancy	W65 Pacific Nort	42.18	0.7

Event 3 W70 200 m

Name	Age Team	Finals	Wind
1 Daniels, Diana	W70 Other Region	44.09	0.7
2 Braxton, Freddie	W72 Other Region	44.79	0.7

Event 4 M40 200 m

Name	Age Team	Finals	Wind	H#
1 Biodrowski, Brandon	M40 Northwest Re	24.19	NWI	4

Event 4 M45 200 m

Name	Age Team	Finals	Wind	H#
1 Atkins, Ronald	M48 Pacific Nort	23.56	0.4	3
2 Woodyard, Eric	M45 Other Region	24.40	0.4	3

Event 4 M50 200 m

Name	Age Team	Finals	Wind	H#
1 Monroe, Daren	M54 Pacific Nort	28.56	0.4	3
2 Cenicerros, Juan	M50 Pacific Nort	29.80	0.4	3

Event 4 M55 200 m

Name	Age Team	Finals	Wind	H#
1 Gaskin Sr., Derek	M56 Northwest Re	27.83	0.4	3

Event 4 M60 200 m

Name	Age Team	Finals	Wind	H#
1 Allen, Ira	M63 Pacific Nort	29.09	-1.1	2

Event 4 M65 200 m

Name	Age Team	Finals	Wind	H#
1 Ortman, David	M69 Other Region	28.61	-1.1	2
2 Stevens, Ron	M68 Other Region	29.32	-1.1	2
3 Ahearn, Leo	M66 Pacific Nort	33.01	-1.1	2
4 Stevens, Randall	M68 Northwest Re	34.33	-1.1	2

Event 4 M75 200 m

Name	Age Team	Finals	Wind
1 Peirce, Stephen	M78 Northwest Re	40.20	+0.0

Event 4 M80 200 m

Name	Age Team	Finals	Wind
1 Zerbe, Richard	M83 Pacific Nort	45.91	+0.0

Event 5 W19-29 400 m

Name	Age Team	Finals
1 Green, Aniya	W19 Pacific Nort	1:04.77

Event 5 W50 400 m

Name	Age Team	Finals
1 Farmer-Beatty, Billy	W54 Other Region	1:37.12

Event 5 W55 400 m

Name	Age Team	Finals
1 Elliott, Sonya	W55 Pacific Nort	1:21.17

Event 5 W60 400 m

Name	Age Team	Finals
1 Quick, Sylvia	W62 Other Region	1:28.24

Event 6 M30 400 m

Name	Age Team	Finals	H#
1 Gallagher, Michael	M32 Pacific Nort	52.74	3

Event 6 M40 400 m

Name	Age Team	Finals	H#
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1 Biodrowski, Brandon M40 Northwest Re 53.60 3

Event 6 M50 400 m

Name	Age Team	Finals	H#
1 Monroe, Daren	M54 Pacific Nort	1:04.04	2
2 Ceniceros, Juan	M50 Pacific Nort	1:06.63	2

Event 6 M60 400 m

Name	Age Team	Finals
1 Allen, Ira	M63 Pacific Nort	1:12.76

Event 6 M65 400 m

Name	Age Team	Finals
1 Stevens, Ron	M68 Other Region	1:11.71
2 Stevens, Randall	M68 Northwest Re	1:16.82

Event 6 M75 400 m

Name	Age Team	Finals
1 Heckard, Ed	M77 Pacific Nort	1:40.32

Event 7 W55 800 m

Name	Age Team	Finals
1 Elliott, Sonya	W55 Pacific Nort	3:20.52

Event 7 W60 800 m

Name	Age Team	Finals
1 McVee, Amy	W63 Northwest Re	3:44.67

Event 7 W65 800 m

Name	Age Team	Finals
1 Watchie, Nancy	W65 Pacific Nort	3:59.27

Event 8 M40 800 m

Name	Age Team	Finals
1 Scarborough III, Truman	M44 Other Region	2:34.32

Event 8 M45 800 m

Name	Age Team	Finals
1 Myre IV, Oscar	M47 Pacific Nort	2:40.38

Event 8 M65 800 m

Name	Age Team	Finals
1 Stevens, Randall	M68 Northwest Re	3:51.79

Event 8 M75 800 m

Name	Age Team	Finals
1 Heckard, Ed	M77 Pacific Nort	3:33.36
2 Peirce, Stephen	M78 Northwest Re	3:39.00

Event 9 W65 1500 m

Name	Age Team	Finals
1 Sexton, Carol	W65 Pacific Nort	6:52.09

Event 9 M40 1500 m

Name	Age Team	Finals
1 Scarborough III, Truman	M44 Other Region	5:07.10

Event 9 M45 1500 m

Name	Age Team	Finals
1 Ellison, Ben	M48 Pacific Nort	6:35.47

Event 9 M75 1500 m

Name	Age Team	Finals
1 Heckard, Ed	M77 Pacific Nort	6:58.15

Event 11 W65 5000 m

Name	Age Team	Finals
1 Sexton, Carol	W65 Pacific Nort	23:27.43

Event 11 M35 5000 m

Name	Age Team	Finals
1 Waters, Richard	M39 Pacific Nort	16:48.16

Event 11 M45 5000 m

Name	Age Team	Finals
1 Ward, Paul	M48 Pacific Nort	22:15.67

Event 11 M55 5000 m

Name	Age Team	Finals
1 Smith, Paul	M57 Northwest Re	17:11.40

Event 11 M60 5000 m

Name	Age Team	Finals
1 Buell, Richard	M64 Other Region	21:25.04
2 Harris, Andy	M62 Other Region	23:26.97

Event 11 M75 5000 m

Name	Age Team	Finals
1 Heckard, Ed	M77 Pacific Nort	24:05.27

Event 11 M80 5000 m

Name	Age Team	Finals
1 Joslin Sr., Timothy	M81 Pacific Nort	31:34.52

Event 12 W30 5000 m Race Walk

Name	Age Team	Finals
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1	Burnett, Katie	W33 Pacific Nort	26:34.42
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Event 12 W60 5000 m Race Walk

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Name	Age Team	Finals
1	Tuberg, Ann	W62 Pacific Nort 33:49.40

Event 12 W75 5000 m Race Walk

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Name	Age Team	Finals
1	Thurman, Diana	W75 Pacific Nort 37:30.09
2	Backlund, Darlene	W76 Other Region 39:33.60

Event 12 M55 5000 m Race Walk

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Name	Age Team	Finals
1	Jiang, Peigen	M58 Pacific Nort 33:16.87

Event 12 M65 5000 m Race Walk

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Name	Age Team	Finals
1	Rehder, William	M65 Pacific Nort 32:26.75
2	Kale, Bart	M66 Pacific Nort 37:08.21

Event 12 M70 5000 m Race Walk

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Name	Age Team	Finals
1	Novak, Robert	M73 Pacific Nort 32:31.04

Event 13 M75 80 Short Hurdles

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Name	Age Team	Finals	Wind
1	Peirce, Stephen	M78 Northwest Re 20.25	0.8

Event 16 M55 100 Short Hurdles

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Name	Age Team	Finals	Wind
1	Ruuska, Jay	M55 Pacific Nort 18.18	-0.7

Event 16 M65 100 Short Hurdles

Name	Age Team	Finals	Wind
1 Jacquet-Acea, Russell	M69 Pacific Nort	19.61	-0.7

Event 17 M30 110 Short Hurdles

Name	Age Team	Finals	Wind
1 Gibbons, Benjamin	M33 Pacific Nort	16.20	-0.7
-- Worthen, Gary	M34 Pacific Nort	DQ	-0.7

Event 19 M65 300 Long Hurdles

Name	Age Team	Finals
1 Jacquet-Acea, Russell	M69 Pacific Nort	54.78

Event 19 M75 300 Long Hurdles

Name	Age Team	Finals
1 Peirce, Stephen	M78 Northwest Re	1:24.10

Event 20 M45 400 Long Hurdles

Name	Age Team	Finals
1 McDonald, Orville	M45 Pacific Nort	1:07.57

Event 22 W45 2000 m Steeplechase

Name	Age Team	Finals
1 Camp, Andi	W47 Northwest Re	8:44.50

Event 22 W70 2000 m Steeplechase

Name	Age Team	Finals
1 Braxton, Freddie	W72 Other Region	13:13.05

Event 22 M60 2000 m Steeplechase

Name	Age Team	Finals
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1 Roe, Chip M60 Northwest Re 9:04.44  
 2 Cushenbery, Brent M62 Other Region 10:00.59

Event 22 M70 2000 m Steeplechase

Name	Age Team	Finals
1 Taylor, David	M72 Northwest Re	9:41.65

Event 22 M75 2000 m Steeplechase

Name	Age Team	Finals
1 Peirce, Stephen	M78 Northwest Re	16:48.90

Event 27 M40-49 4x100 m Relay

Team	Finals
1 non club 'A'	47.38
1) Huff, Josh 49	2) Atkins, Ronald 48
3) Biodrowski, Brandon 40	4) Maggit, Quincy 43

Event 31 W19-29 Long Jump

Name	Age Team	Finals	Wind
1 Lake, Katherine	W28 Pacific Nort	5.04m	NWI 16-06.50

Event 31 W30 Long Jump

Name	Age Team	Finals	Wind
1 Beatty-Martinez, Karen	W30 Other Region	3.54m	NWI 11-07.50

Event 31 M19-29 Long Jump

Name	Age Team	Finals	Wind
1 Niedermeyer, Mack	M23 Northwest Re	5.61m	NWI 18-05.00

Event 31 M40 Long Jump

Name	Age Team	Finals	Wind
1 Maggit, Quincy	M43 Pacific Nort	5.45m	NWI 17-10.75

Event 31 M55 Long Jump

Name	Age Team	Finals	Wind
1 Toll, Mike	M58 Northwest Re	4.78m	NWI 15-08.25
2 Ruuska, Jay	M55 Pacific Nort	4.19m	NWI 13-09.00

Event 31 M60 Long Jump

Name	Age Team	Finals	Wind
1 Allen, Ira	M63 Pacific Nort	3.89m	NWI 12-09.25

Event 31 M65 Long Jump

Name	Age Team	Finals	Wind
1 Jacquet-Acea, Russell	M69 Pacific Nort	3.98m	NWI 13-00.75
2 Stevens, Ron	M68 Other Region	3.63m	NWI 11-11.00
3 Stevens, Randall	M68 Northwest Re	3.55m	NWI 11-07.75

Event 31 M80 Long Jump

Name	Age Team	Finals	Wind
1 Sheedy, Robert	M81 Pacific Nort	2.77m	NWI 9-01.25

Event 31 M85 Long Jump

Name	Age Team	Finals	Wind
1 Milliman, Charles	M89 Pacific Nort	2.03m	NWI 6-08.00
2 Heller, Jonathan	M86 Pacific Nort	1.84m	NWI 6-00.50

Event 33 M19-29 Triple Jump

Name	Age Team	Finals	Wind
1 Niedermeyer, Mack	M23 Northwest Re	10.42m	NWI 34-02.25

Event 33 M55 Triple Jump

Name	Age Team	Finals	Wind
1 Toll, Mike	M58 Northwest Re	9.68m	NWI 31-09.25

Event 33 M80 Triple Jump

Name	Age Team	Finals	Wind
1 Sheedy, Robert	M81 Pacific Nort	6.37m	NWI 20-10.75

Event 33 M85 Triple Jump

Name	Age Team	Finals	Wind
1 Heller, Jonathan	M86 Pacific Nort	3.94m	NWI 12-11.25

Event 35 W60 High Jump

Name	Age Team	Finals
1 Mendenhall, Martha	W63 Pacific Nort	1.20m 3-11.25

Event 35 M55 High Jump

Name	Age Team	Finals
1 Toll, Mike	M58 Northwest Re	1.40m 4-07.00
2 Stone, Jon	M55 Pacific Nort	1.40m 4-07.00
3 Ruuska, Jay	M55 Pacific Nort	1.35m 4-05.00

Event 35 M60 High Jump

Name	Age Team	Finals
1 McMaster, Dwight	M61 Pacific Nort	1.40m 4-07.00

Event 35 M65 High Jump

Name	Age Team	Finals
1 Ortman, David	M69 Other Region	1.35m 4-05.00
2 Brouillette, Michael	M67 Pacific Nort	1.30m 4-03.25

Event 35 M70 High Jump

Name	Age Team	Finals
1 Milliman, Philip	M70 Pacific Nort	1.30m 4-03.25

Event 35 M80 High Jump

Name	Age Team	Finals
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1	Sheedy, Robert	M81 Pacific Nort	1.10m	3-07.25
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Event 35 M90 High Jump

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Name	Age Team	Finals		
1	Bethke, Robert	M90 Pacific Nort	0.90m	2-11.50

Event 36 W40 Pole Vault

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Name	Age Team	Finals		
1	Erickson, Sandy	W42 Pacific Nort	2.75m	9-00.25

Event 36 W75 Pole Vault

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Name	Age Team	Finals		
1	Worsley, Marina	W78 Pacific Nort	1.55m	5-01.00

Event 36 M19-29 Pole Vault

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Name	Age Team	Finals		
1	Keeton, Joseph	M29 Pacific Nort	3.97m	13-00.25

Event 36 M40 Pole Vault

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Name	Age Team	Finals		
1	Vaught, Ben	M43 Pacific Nort	3.50m	11-05.75

Event 36 M45 Pole Vault

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Name	Age Team	Finals		
1	Cannon, Todd	M46 Northwest Re	3.50m	11-05.75

Event 36 M50 Pole Vault

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Name	Age Team	Finals		
1	Cafferata, Clayton	M52 Pacific Nort	3.50m	11-05.75
2	Costello, Regis	M54 Pacific Nort	3.35m	10-11.75

Event 36 M55 Pole Vault

Name	Age Team	Finals
1 Ruuska, Jay	M55 Pacific Nort	2.45m 8-00.50

Event 36 M65 Pole Vault

Name	Age Team	Finals
1 St Cyr, Kenneth	M69 Other Region	2.75m 9-00.25

Event 36 M70 Pole Vault

Name	Age Team	Finals
1 Milliman, Philip	M70 Pacific Nort	2.90m 9-06.25

Event 36 M75 Pole Vault

Name	Age Team	Finals
-- Leslie, Will	M76 Pacific Nort	NH

Event 36 M85 Pole Vault

Name	Age Team	Finals
1 Milliman, Charles	M89 Pacific Nort	1.30m 4-03.25

Event 38 W30 Shot Put

Name	Age Team	Finals
1 Chaney, Erica	W34 Northwest Re	12.45m 40-10.25
2 Black, Kallie	W32 Northwest Re	8.92m 29-03.25

Event 38 W45 Shot Put

Name	Age Team	Finals
1 Walker, Kristen	W46 Northwest Re	8.88m 29-01.75
2 Pentecost, Tyrenda	W46 Northwest Re	8.84m 29-00.00
3 McLaughry, Alexandra	W46 Northwest Re	7.69m 25-02.75

Event 38 W50 Shot Put

Name	Age Team	Finals
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1 Walton, Gyna	W50 Northwest Re	8.06m	26-05.50
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Event 38 W65 Shot Put

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Name	Age Team	Finals
1 Essex, Joyce	W65 Other Region	9.95m 32-07.75

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Event 39 M35 Shot Put

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Name	Age Team	Finals
1 Jeffrey III, Joshua	M39 Northwest Re	13.31m 43-08.00

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Event 39 M45 Shot Put

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Name	Age Team	Finals
1 Bays, Zacharry	M47 Pacific Nort	11.08m 36-04.25

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Event 39 M55 Shot Put

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Name	Age Team	Finals
1 Luft, Axel	M56 Pacific Nort	10.18m 33-04.75

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Event 39 M65 Shot Put

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Name	Age Team	Finals
1 Harris, John	M68 Pacific Nort	8.82m 28-11.25

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Event 39 M70 Shot Put

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Name	Age Team	Finals
1 Essex, Alan	M70 Other Region	10.59m 34-09.00

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Event 39 M80 Shot Put

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Name	Age Team	Finals
1 Sheedy, Robert	M81 Pacific Nort	10.92m 35-10.00

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Event 39 M85 Shot Put

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Name	Age Team	Finals
1 Harrison, Richard	M89 Pacific Nort	7.37m 24-02.25

Event 42 W30 Discus

Name	Age Team	Finals
1 Chaney, Erica	W34 Northwest Re	38.42m 126-00
2 Black, Kallie	W32 Northwest Re	24.62m 80-09

Event 42 W45 Discus

Name	Age Team	Finals
1 Pentecost, Tyrenda	W46 Northwest Re	29.16m 95-08
2 Walker, Kristen	W46 Northwest Re	21.54m 70-08
3 McLaughry, Alexandra	W46 Northwest Re	21.28m 69-10

Event 42 W50 Discus

Name	Age Team	Finals
1 Walton, Gyna	W50 Northwest Re	20.47m 67-02

Event 42 W60 Discus

Name	Age Team	Finals
1 Quick, Sylvia	W62 Other Region	12.41m 40-08

Event 42 W65 Discus

Name	Age Team	Finals
1 Essex, Joyce	W65 Other Region	10.02m 32-10

Event 43 M35 Discus

Name	Age Team	Finals
1 Jeffrey III, Joshua	M39 Northwest Re	36.86m 120-11

Event 43 M45 Discus

Name	Age Team	Finals
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1 Bays, Zacharry M47 Pacific Nort 25.82m 84-08

Event 43 M55 Discus

Name	Age Team	Finals
1 Luft, Axel	M56 Pacific Nort	35.00m 114-10

Event 43 M60 Discus

Name	Age Team	Finals
1 Chaney, Donald	M62 Pacific Nort	19.65m 64-06

Event 43 M65 Discus

Name	Age Team	Finals
1 Ortman, David	M69 Other Region	27.55m 90-05

Event 43 M70 Discus

Name	Age Team	Finals
1 Essex, Alan	M70 Other Region	31.82m 104-05

Event 43 M85 Discus

Name	Age Team	Finals
1 Harrison, Richard	M89 Pacific Nort	19.67m 64-06

Event 47 W19-29 Hammer

Name	Age Team	Finals
1 Lukoseviciute, Agne	W23 Pacific Nort	61.05m 200-03

Event 47 W30 Hammer

Name	Age Team	Finals
1 Black, Kallie	W32 Northwest Re	29.16m 95-08

Event 47 W45 Hammer

Name	Age Team	Finals
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1 Pentecost, Tyrenda	W46 Northwest Re	30.82m	101-01
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Event 47 W50 Hammer

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Name	Age Team	Finals
1 Walton, Gyna	W50 Northwest Re	1.61m 5-03

Event 47 W65 Hammer

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Name	Age Team	Finals
1 Essex, Joyce	W65 Other Region	16.55m 54-03

Event 47 M45 Hammer

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Name	Age Team	Finals
1 Willmott, Robert	M45 Other Region	38.16m 125-02

Event 47 M55 Hammer

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Name	Age Team	Finals
1 Shannon, Tim	M59 Pacific Nort	41.87m 137-04

Event 47 M70 Hammer

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Name	Age Team	Finals
1 Essex, Alan	M70 Other Region	31.88m 104-07

Event 47 M80 Hammer

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Name	Age Team	Finals
1 Osterhoudt, Bob	M80 Other Region	34.04m 111-08

Event 47 M85 Hammer

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Name	Age Team	Finals
1 Harrison, Richard	M89 Pacific Nort	25.15m 82-06

Event 50 W50 Javelin

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Name	Age Team	Finals
1 Walton, Gyna	W50 Northwest Re	17.13m 56-02

Event 50 W60 Javelin

Name	Age Team	Finals
1 Quick, Sylvia	W62 Other Region	11.52m 37-09

Event 50 W65 Javelin

Name	Age Team	Finals
1 Essex, Joyce	W65 Other Region	9.56m 31-04

Event 50 M35 Javelin

Name	Age Team	Finals
1 Jeffrey III, Joshua	M39 Northwest Re	32.17m 105-06

Event 50 M55 Javelin

Name	Age Team	Finals
1 Stone, Jon	M55 Pacific Nort	32.92m 108-00

Event 50 M60 Javelin

Name	Age Team	Finals
1 Jowett, Thomas	M63 Pacific Nort	20.56m 67-05

Event 50 M65 Javelin

Name	Age Team	Finals
1 Jacquet-Acea, Russell	M69 Pacific Nort	28.31m 92-10
2 Stevens, Ron	M68 Other Region	20.00m 65-07

Event 50 M70 Javelin

Name	Age Team	Finals
1 Essex, Alan	M70 Other Region	24.78m 81-03

Event 50 M80 Javelin

Name	Age Team	Finals
1 Sheedy, Robert	M81 Pacific Nort	26.73m 87-08

Event 50 M85 Javelin

Name	Age Team	Finals
1 Harrison, Richard	M89 Pacific Nort	14.28m 46-10

Event 53 W30 Weight Throw

Name	Age Team	Finals
1 Black, Kallie	W32 Northwest Re	9.97m 32-08.50

Event 53 W65 Weight Throw

Name	Age Team	Finals
1 Essex, Joyce	W65 Other Region	6.35m 20-10.00

Event 53 M45 Weight Throw

Name	Age Team	Finals
1 Willmott, Robert	M45 Other Region	12.97m 42-06.75

Event 53 M70 Weight Throw

Name	Age Team	Finals
1 Essex, Alan	M70 Other Region	12.75m 41-10.00

Event 53 M80 Weight Throw

Name	Age Team	Finals
1 Osterhoudt, Bob	M80 Other Region	14.03m 46-00.50

Event 53 M85 Weight Throw

Name	Age Team	Finals
1 Harrison, Richard	M89 Pacific Nort	9.10m 29-10.25

Event 55 M45 Super Weight

Name	Age Team	Finals
1 Willmott, Robert	M45 Other Region	7.76m 25-05.50

Event 55 M80 Super Weight

Name	Age Team	Finals
1 Osterhoudt, Bob	M80 Other Region	7.34m 24-01.00