

USATF Masters 10 Mile Championship
Age Group Results
Sacramento, CA 4/3/2022

Female Age Group 40-44

Place	Name	Hometown	Age	Time
1	Maggie Shearer	Newbury Park CA	44	59:20
2	Carre Joyce Heineck	Portland OR	40	1:00:29
3	Laura Osman	Encino CA	41	1:02:47
4	Jacqueline Cooke	Burlingame CA	43	1:03:16
5	Alyson Barrett	San Francisco CA	43	1:05:52
6	Anne Cushman	Rancho Cordova CA	44	1:06:53
7	Mercy Sells	Las Vegas NV	40	1:07:46
8	Celeste Prothro	San Francisco CA	42	1:08:02
9	Lisa Renteria	San Jose CA	43	1:10:11
10	Anne Ruminski	Redwood City CA	40	1:10:34
11	Marisa Beck	Pacifica CA	44	1:12:50
12	Lisa Gallagher	San Francisco CA	40	1:13:26
13	Shawnessy Dusseau	San Francisco CA	40	1:15:02
14	Angela Knotts	San Francisco CA	41	1:16:55
15	Deanna Kwong	Fremont CA	42	1:18:03
16	Katherine Miller	Cupertino CA	44	1:20:56

Male Age Group 40-44

Place	Name	Hometown	Age	Time
1	Riley Cook	South Weber UT	40	50:00
2	Sergio Reyes	Los Osos CA	40	50:36
3	Roosevelt Cook	Hesperia CA	42	51:27
4	Peter Gilmore	Alameda CA	44	52:47
5	Benjamin Koss	San Francisco CA	41	54:49
6	Juan Rivera	Salinas CA	41	54:51
7	Cesar Lira	Sacramento CA	40	55:52
8	Andrew Touchstone	San Francisco CA	40	56:05
9	Jesse Barragan	Folsom CA	44	56:34
10	Chip Scarinzi	Alameda CA	41	57:10
11	Galen Farris	Sacramento CA	40	57:33
12	Trevor Cox	Long Beach CA	42	58:45
13	Jason Sanguinetti	Sacramento CA	42	59:51
14	Kurt Whittington	Fountain Valley CA	44	1:00:14
15	Jason Reed	Brisbane CA	43	1:01:46
16	Justin Patananan	Porterville CA	41	1:02:19
17	Michael Gallagher	San Francisco CA	40	1:03:58
18	Lars Schmitz	Claremont CA	43	1:06:57

Female Age Group 45-49

Place	Name	Hometown	Age	Time
1	Amy Alzina	Santa Barbara CA	45	1:03:33
2	Elizabeth Goya	San Francisco CA	47	1:04:37
3	Dena Evans	Redwood City CA	46	1:07:36
4	Christy Peterson	Rolling Hills Estates CA	47	1:07:58
5	Jodi Buyyounouski	Palo Alto CA	48	1:08:40
6	Euleen Josiah-Tanner	Atlanta GA	47	1:11:51
7	Stephanie Styczynski	Roseville CA	46	1:15:17

Male Age Group 45-49

Place	Name	Hometown	Age	Time
1	Gregory Mitchell	Wilsonville OR	48	52:57
2	Jason Troxler	Flagstaff AZ	47	53:49
3	Jacques Sallberg	Pasadena CA	47	54:49
4	Todd Rose	San Francisco CA	48	55:20
5	Jason Lee	San Francisco CA	46	1:00:23
6	Eduardo Vazquez	Sausalito CA	49	1:03:45
7	Jacob Dinardi	San Rafael CA	45	1:04:47
8	Mark Hostetter	San Jose CA	49	1:05:39
9	Enrique Rodriguez	San Francisco CA	47	1:12:25

Female Age Group 50-54

Place	Name	Hometown	Age	Time
1	Chris Lundy	Mill Valley CA	51	1:01:58
2	Elizabeth Guerrini	Long Beach CA	53	1:03:10
3	Amy Halseth	La Jolla CA	52	1:03:35
4	Ingrid Walters	Santa Monica CA	50	1:04:28
5	Fiona Bayly	New York NY	54	1:06:59
6	Melinda DiNapoli	Saratoga CA	52	1:07:34
7	Megan Kossar	San Francisco CA	51	1:07:38
8	Lan Clayton	Salinas CA	54	1:08:13
9	Kristi Rossi	Hillsborough CA	53	1:09:24
10	Wendy Terris	Lake Oswego OR	52	1:09:32
11	Jennifer Bayliss	Danville CA	51	1:11:19
12	Riya Young	San Francisco CA	54	1:16:11
13	Kendra Hershey	Los Gatos CA	50	1:22:17
14	Dalila Rodriguez	Los Banos CA	51	1:33:12

Male Age Group 50-54

Place	Name	Hometown	Age	Time
1	Jaime Heilpern	San Francisco CA	52	55:11
2	Mark Callon	Monte Sereno CA	53	56:03
3	Ivan Lieben	Lafayette CA	52	56:38
4	Christian Cushing-murray	Orange CA	54	56:58
5	Jesus Muniz	Woodland CA	50	57:28
6	Darren Morgan	Fair Oaks CA	52	58:09
7	Steve Bell	Kennesaw GA	50	58:21
8	Ben Turman	Kensington CA	52	58:50
9	Joe Van De Water	El Dorado Hills CA	54	1:00:10
10	Brad Slavens	Atlanta GA	53	1:00:33
11	David Mastro	Roseville CA	50	1:00:36
12	Jorn Jensen	Morgan Hill CA	53	1:00:55
13	Gregory Keyes	Newport Beach CA	54	1:01:56
14	Roger Dix	Fair Oaks CA	54	1:02:01
15	Denis Glenn	Sausalito CA	52	1:02:53
16	Michael Aguilar	Sacramento CA	53	1:03:53
17	Anthony Stonehouse	Pacific Grove CA	53	1:05:19
18	Matthew Fong	San Francisco CA	50	1:06:13
19	Matthew Goldstein	Piedmont CA	54	1:08:59
20	Kirt Iverson	Santa Clara CA	52	1:09:08
21	Gilberto Garcia	Burbank CA	52	1:09:50
22	Michael Hochster	Piedmont CA	52	1:10:44
23	Mathieu DesJardins	Redwood City CA	52	1:12:45
24	Chris Jones	Sonoma CA	50	1:13:18
25	Richard King	West Sacramento CA	52	1:34:48

Female Age Group 55-59

Place	Name	Hometown	Age	Time
1	Jenny Hitchings	Sacramento CA	58	1:00:40
2	Midori Sperandeo	Folsom CA	55	1:03:34
3	Tania Fischer	Santa Monica CA	56	1:07:54
4	Dana Blum	San Francisco CA	58	1:11:15
5	Genevieve Clavier	Sacramento CA	58	1:11:22
6	Kathleen Cushing-murray	Orange CA	57	1:13:03
7	Tina Klein	Kennesaw GA	57	1:14:44
8	Patti Shore	Mill Valley CA	55	1:15:02
9	Jackie Sword-Olson	Carmichael CA	58	1:18:32
10	Jeanine Holmlund	Oakland CA	57	1:19:12
11	Lisa Balestrini	Granite Bay CA	57	1:23:02
12	Kristina Sepetys	Berkeley CA	59	1:25:44

Male Age Group 55-59

Place	Name	Hometown	Age	Time
1	Nat Larson	Amherst MA	59	57:11
2	Thomas Tayeri	Palo Alto CA	57	58:05
3	Anthony McGrath	San Francisco CA	55	58:07
4	Mark Murray	Davis CA	59	1:01:02
5	Matthew Underwood	Yucaipa CA	55	1:01:19
6	Michael Strickland	Acworth GA	55	1:02:22
7	Jerry Flanagan	San Francisco CA	56	1:03:02
8	Scott Siriano	Dillon CO	55	1:03:36
9	Robert Leonardo	Van Nuys CA	59	1:05:03
10	Francis Burdett	Worcester MA	57	1:06:08
11	Thomas Schumann	Pacific Palisades CA	57	1:07:27
12	Rigo Chavez	Azusa CA	55	1:07:43
13	Daniel Sivoletta	Piedmont CA	57	1:08:21
14	Jeff Hongo	Campbell CA	56	1:09:44
15	Ruben Rodriguez	Elk Grove CA	56	1:11:21
16	Raul Jorcino	Oakland CA	58	1:16:45
17	Rick Rosenbaum	Piedmont CA	58	1:16:55

Female Age Group 60-64

Place	Name	Hometown	Age	Time
1	Stella Gibbs	Pacific Grove CA	63	1:10:14
2	Kathi Sleavin	Seattle WA	63	1:12:20
3	Lanore Bergenske	Fortuna CA	64	1:18:42
4	Margit Falk	San Francisco CA	60	1:25:45
5	Debra Cramer	Alameda CA	64	1:26:24
6	Diane Bomberg	Oakland CA	62	1:36:13
7	Karen Andrews	Dublin CA	62	1:54:11

Male Age Group 60-64

Place	Name	Hometown	Age	Time
1	Tim DeGrado	Arvada CO	62	59:47
2	Iain Mickle	Sacramento CA	61	59:57
3	Paul Hughes	Pagosa Springs CO	64	1:03:00
4	Raymond Rodriguez	Los Banos CA	60	1:03:38
5	Adam Feerst	Denver CO	62	1:03:55
6	Jay Littlepage	Boulder CO	62	1:05:42
7	Richard Morrissey	Menlo Park CA	60	1:09:22
8	Peter Hsia	San Francisco CA	61	1:09:26
9	Brian Nelson	Bakersfield CA	64	1:09:28
10	Howard Iseri	Sacramento CA	62	1:11:46
11	Jeffery Barros	Thornton CO	64	1:12:15
12	Rick Soper	Oakland CA	61	1:12:38
13	Rick Bruess	Boulder CO	62	1:12:52
14	Ken Camet	San Jose CA	60	1:13:08
15	Dave Latner	San Francisco CA	64	1:18:07
16	Brent Cushenbery	Newcastle CA	62	1:18:21
17	Ben Mundy	Sacramento CA	60	1:27:57

Female Age Group 65-69

Place	Name	Hometown	Age	Time
1	Merry Dearmon-Moore	Tucson AZ	68	1:15:36
2	Honor Fetherston	Los Gatos CA	67	1:18:18
3	Suzanne Ray	Jacksonville OR	69	1:21:34
4	Suzette Smith	Alameda CA	66	1:34:34
5	Barbara McQuinn	Oakland CA	65	1:37:20

Male Age Group 65-69

Place	Name	Hometown	Age	Time
1	Jacob Nur	Elk Grove CA	66	58:36
2	Terry Baucom	El Dorado Hills CA	65	1:04:05
3	Doug Steedman	San Francisco CA	66	1:07:09
4	Tomas Rodriguez	Laguna Beach CA	68	1:09:47
5	Brian Davis	Livermore CA	66	1:10:10
6	Martin Lascelles	Boulder CO	67	1:10:48
7	Eugene Myers	Columbia MD	69	1:12:07
8	David Cook	Bella Vista CA	65	1:15:45
9	Ronald Souza	Citrus Heights CA	68	1:18:32
10	Robert Navarrete	San Jose CA	65	1:20:33
11	Bruce Kirschner	Louisville CO	68	1:21:28
12	Bob Fredenburg	Sacramento CA	69	1:32:59

Female Age Group 70-74

Place	Name	Hometown	Age	Time
1	Sabra Harvey	Houston TX	73	1:23:57
2	Kate Stewart	Berkeley CA	71	1:23:59
3	Sharon Gerl	Eugene OR	74	1:26:13
4	Jo Anne Rowland	Concord CA	74	1:26:26
5	Sharlet Gilbert	Richmond CA	71	1:27:37
6	Jeanette Groesz	Redmond OR	72	1:28:13
7	Irene Herman	San Francisco CA	72	1:37:58
8	Karen Stevenson	Berkeley CA	71	1:38:37
9	Donna Chan	San Francisco CA	71	1:39:02
10	Kathleen Doswell	Columbia VA	72	1:45:37
11	Ifeoma Adams	Hercules CA	70	1:58:07
12	Jane Williams	Coronado CA	74	2:05:20

Male Age Group 70-74

Place	Name	Hometown	Age	Time
1	Gene Dykes	Bala Cynwyd PA	74	1:07:51
2	Jerry Learned	Gainesville GA	73	1:12:28
3	John Hirschberger	San Francisco CA	70	1:12:48
4	David Dunbar	La Jolla CA	72	1:12:50
5	Doug Bell	Greeley CO	71	1:14:45
6	Mike Wien	Boulder CO	70	1:16:08
7	Ignacio Jimenez	Santa Barbara CA	72	1:23:08
8	Steve Doyle	La Mesa CA	73	1:23:25
9	James Morris	Albany CA	72	1:27:16
10	James Flanigan	Davis CA	72	1:36:23

Female Age Group 75-79

Place	Name	Hometown	Age	Time
1	Shirley Shean	Concord CA	75	1:46:25
2	Barbara Rinker	Sacramento CA	75	2:03:45

Male Age Group 75-79

Place	Name	Hometown	Age	Time
1	Dave Glass	Glenville NY	75	1:16:38
2	Gary Ostwald	Denver CO	76	1:19:50
3	Len Goldman	Oakland CA	77	1:19:52
4	Jan Frisby	Grand Junction CO	77	1:23:21
5	Paul Carlin	Harbert MI	76	1:25:10
6	Gene French	San Bruno CA	75	1:25:30
7	Barry Hotchkies	Oakland CA	76	1:30:13
8	Sam Benedict	Decatur GA	75	1:46:22
9	Allan Stanbridge	Burlingame CA	75	2:09:22

Female Age Group 80-84

Place	Name	Hometown	Age	Time
1	JoAnn Hall	Redding CA	80	1:34:39

Male Age Group 80-84

Place	Name	Hometown	Age	Time
1	Andrew Sherwood	Atlanta GA	82	2:06:42

Male Age Group 85-89

Place	Name	Hometown	Age	Time
1	Richard Williams	Coronado CA	86	1:58:13

USATF Masters 10 Mile Championships

Overall Results

Sacramento, CA 4/3/2022

Place	First Name	Last Name	City	State	Team	Bib No	Age	Gun Time
1	Riley	Cook	South Weber	UT		138	40	50:00
2	Sergio	Reyes	Los Osos	CA	HOKA Aggie Running Club 40+ A male	260	40	50:36
3	Roosevelt	Cook	Hesperia	CA	Cal Coast Track Club 40+ A male	139	42	51:27
4	Peter	Gilmore	Alameda	CA	West Valley Track Club 40+ A male	181	44	52:47
5	Gregory	Mitchell	Wilsonville	OR	Bowerman Track Club 40+ A male	241	48	52:57
6	Jason	Troxler	Flagstaff	AZ		306	47	53:49
7	Benjamin	Koss	San Francisco	CA	West Valley Track Club 40+ A male	219	41	54:49
8	Jacques	Sallberg	Pasadena	CA	Cal Coast Track Club 40+ A male	273	47	54:49
9	Juan	Rivera	Salinas	CA		262	41	54:51
10	Jaime	Heilpern	San Francisco	CA	HOKA Aggie Running Club 50+ A male	193	52	55:11
11	Todd	Rose	San Francisco	CA	West Valley Track Club 40+ A male	268	48	55:20
12	Cesar	Lira	Sacramento	CA	Excelsior Running Club 40+ A male	232	40	55:52
13	Mark	Callon	Monte Sereno	CA	West Valley Track Club 50+ A male	130	53	56:03
14	Andrew	Touchstone	San Francisco	CA		305	40	56:05
15	Jesse	Barragan	Folsom	CA	SRA Elite 40+ A male	110	44	56:34
16	Ivan	Lieben	Lafayette	CA	West Valley Track Club 50+ A male	231	52	56:38
17	Christian	Cushing-murray	Orange	CA	Cal Coast Track Club 50+ A male	144	54	56:58
18	Chip	Scarinzi	Alameda	CA	West Valley Track Club 40+ A male	275	41	57:10
19	Nat	Larson	Amherst	MA	Greater Springfield Harriers, Inc 50+ A male	222	59	57:11
20	Jesus	Muniz	Woodland	CA		246	50	57:28
21	Galen	Farris	Sacramento	CA	SRA Elite 40+ A male	164	40	57:33
22	Thomas	Tayeri	Palo Alto	CA		303	57	58:05
23	Anthony	McGrath	San Francisco	CA	West Valley Track Club 50+ A male	237	55	58:07
24	Darren	Morgan	Fair Oaks	CA	SRA Elite 50+ A male	242	52	58:09
25	Steve	Bell	Kennesaw	GA	Atlanta Track Club 50+ A male	118	50	58:21
26	Jacob	Nur	Elk Grove	CA	SRA Elite 60+ A male	251	66	58:36
27	Trevor	Cox	Long Beach	CA	Cal Coast Track Club 40+ A male	141	42	58:45
28	Ben	Turman	Kensington	CA	West Valley Track Club 50+ A male	307	52	58:50
29	Maggie	Shearer	Newbury Park	CA	Cal Coast Track Club 40+ A female	282	44	59:20
30	Tim	DeGrado	Arvada	CO	Boulder Road Runners 60+ A male	149	62	59:47
31	Jason	Sanguinetti	Sacramento	CA		274	42	59:51
32	Iain	Mickle	Sacramento	CA	SRA Elite 60+ A male	239	61	59:57
33	Joe	Van De Water	El Dorado Hills	CA	SRA Elite 50+ A male	310	54	1:00:10
34	Kurt	Whittington	Fountain Valley	CA	Cal Coast Track Club 40+ A male	313	44	1:00:14
35	Jason	Lee	San Francisco	CA	Excelsior Running Club 40+ A male	228	46	1:00:23
36	Carre	Joyce Heineck	Portland	OR	Team Red Lizard 40+ A female	212	40	1:00:29
37	Brad	Slavens	Atlanta	GA	Atlanta Track Club 50+ A male	288	53	1:00:33
38	David	Mastro	Roseville	CA	SRA Elite 50+ A male	236	50	1:00:36
39	Jenny	Hitchings	Sacramento	CA	SRA Elite 40+ A female	197	58	1:00:40
40	Jorn	Jensen	Morgan Hill	CA	West Valley Joggers & Striders 50+ A male	207	53	1:00:55
41	Mark	Murray	Davis	CA	SRA Elite 50+ A male	247	59	1:01:02
42	Matthew	Underwood	Yucaipa	CA	Cal Coast Track Club 50+ A male	309	55	1:01:19

43	Jason	Reed	Brisbane	CA	Excelsior Running Club 40+ A male	258	43	1:01:46
44	Gregory	Keyes	Newport Beach	CA	Cal Coast Track Club 50+ A male	213	54	1:01:56
45	Chris	Lundy	Mill Valley	CA		235	51	1:01:58
46	Roger	Dix	Fair Oaks	CA	HOKA Aggie Running Club 50+ A male	155	54	1:02:01
47	Justin	Patananan	Porterville	CA	HOKA Aggie Running Club 40+ A male	254	41	1:02:19
48	Michael	Strickland	Acworth	GA	Atlanta Track Club 50+ A male	300	55	1:02:22
49	Laura	Osman	Encino	CA	Cal Coast Track Club 40+ A female	252	41	1:02:47
50	Denis	Glenn	Sausalito	CA	West Valley Track Club 50+ A male	183	52	1:02:53
51	Paul	Hughes	Pagosa Springs	CO		204	64	1:03:00
52	Jerry	Flanagan	San Francisco	CA	Pamakids 50+ A male	168	56	1:03:02
53	Elizabeth	Guerrini	Long Beach	CA	Cal Coast Track Club 40+ A female	188	53	1:03:10
54	Jacqueline	Cooke	Burlingame	CA	Impala Racing Team 40+ A female	140	43	1:03:16
55	Amy	Alzina	Santa Barbara	CA		104	45	1:03:33
56	Midori	Sperandeo	Folsom	CA	SRA Elite 40+ A female	294	55	1:03:34
57	Amy	Halseth	La Jolla	CA		190	52	1:03:35
58	Scott	Siriano	Dillon	CO	West Valley Track Club 50+ A male	286	55	1:03:36
59	Raymond	Rodriguez	Los Banos	CA	West Valley Joggers & Striders 60+ A male	265	60	1:03:38
60	Eduardo	Vazquez	Sausalito	CA	Pamakids 40+ A male	311	49	1:03:45
61	Michael	Aguilar	Sacramento	CA	SRA Elite 40+ A male	103	53	1:03:53
62	Adam	Feerst	Denver	CO	Boulder Road Runners 60+ A male	165	62	1:03:55
63	Michael	Gallagher	San Francisco	CA	West Valley Track Club 40+ B male	176	40	1:03:58
64	Terry	Baucom	El Dorado Hills	CA	SRA Elite 60+ A male	113	65	1:04:05
65	Ingrid	Walters	Santa Monica	CA	The Janes Elite Racing 50+ A female	312	50	1:04:28
66	Elizabeth	Goya	San Francisco	CA	Impala Racing Team 40+ A female	186	47	1:04:37
67	Jacob	Dinardi	San Rafael	CA	Pamakids 40+ A male	154	45	1:04:47
68	Robert	Leonardo	Van Nuys	CA		230	59	1:05:03
69	Anthony	Stonehouse	Pacific Grove	CA	Lake Merritt Joggers and Striders 50+ A male	299	53	1:05:19
70	Mark	Hostetter	San Jose	CA		201	49	1:05:39
71	Jay	Littlepage	Boulder	CO	Athletics Boulder 60+ A male	233	62	1:05:42
72	Alyson	Barrett	San Francisco	CA	West Valley Track Club 40+ A female	111	43	1:05:52
73	Francis	Burdett	Worcester	MA	Greater Springfield Harriers, Inc 50+ A male	127	57	1:06:08
74	Matthew	Fong	San Francisco	CA	Excelsior Running Club 50+ A male	171	50	1:06:13
75	Anne	Cushman	Rancho Cordova	CA	SRA Elite 40+ A female	146	44	1:06:53
76	Lars	Schmitz	Claremont	CA		276	43	1:06:57
77	Fiona	Bayly	New York	NY		115	54	1:06:59
78	Doug	Steedman	San Francisco	CA	HOKA Aggie Running Club 50+ A male	296	66	1:07:09
79	Thomas	Schumann	Pacific Palisades	CA	Cal Coast Track Club 50+ A male	278	57	1:07:27
80	Melinda	DiNapoli	Saratoga	CA		153	52	1:07:34
81	Dena	Evans	Redwood City	CA	Peninsula Distance Club 40+ A female	161	46	1:07:36
82	Megan	Kossar	San Francisco	CA	Impala Racing Team 50+ A female	220	51	1:07:38
83	Rigo	Chavez	Azusa	CA		134	55	1:07:43
84	Mercy	Sells	Las Vegas	NV	Team Red Lizard 40+ A female	279	40	1:07:46
85	Gene	Dykes	Bala Cynwyd	PA		160	74	1:07:51
86	Tania	Fischer	Santa Monica	CA	The Janes Elite Racing 50+ A female	167	56	1:07:54
87	Christy	Peterson	Rolling Hills Estates	CA	Cal Coast Track Club 40+ A female	255	47	1:07:58
88	Celeste	Prothro	San Francisco	CA	Impala Racing Team 40+ A female	256	42	1:08:02
89	Lan	Clayton	Salinas	CA		136	54	1:08:13
90	Daniel	Sivolella	Piedmont	CA	Strawberry Canyon Track Club 50+ A male	287	57	1:08:21

91	Jodi	Buyyounouski	Palo Alto	CA	Impala Racing Team 40+ A female	128	48	1:08:40
92	Matthew	Goldstein	Piedmont	CA	Lake Merritt Joggers and Striders 50+ A male	185	54	1:08:59
93	Kirt	Iverson	Santa Clara	CA	Wolfpack Running Club 40+ A male	206	52	1:09:08
94	Richard	Morrissey	Menlo Park	CA		244	60	1:09:22
95	Kristi	Rossi	Hillsborough	CA	Impala Racing Team 50+ A female	270	53	1:09:24
96	Peter	Hsia	San Francisco	CA	Excelsior Running Club 50+ A male	203	61	1:09:26
97	Brian	Nelson	Bakersfield	CA	Cal Coast Track Club 60+ A male	250	64	1:09:28
98	Wendy	Terris	Lake Oswego	OR	Team Red Lizard 40+ A female	304	52	1:09:32
99	Jeff	Hongo	Campbell	CA	HOKA Aggie Running Club 50+ A male	200	56	1:09:44
100	Tomas	Rodriguez	Laguna Beach	CA	Cal Coast Track Club 60+ A male	267	68	1:09:47
101	Gilberto	Garcia	Burbank	CA		177	52	1:09:50
102	Brian	Davis	Livermore	CA		147	66	1:10:10
103	Lisa	Renteria	San Jose	CA	Wolfpack Running Club 40+ A female	259	43	1:10:11
104	Stella	Gibbs	Pacific Grove	CA	Impala Racing Team 60+ A female	179	63	1:10:14
105	Anne	Ruminski	Redwood City	CA	Impala Racing Team 40+ B female	272	40	1:10:34
106	Michael	Hochster	Piedmont	CA	Lake Merritt Joggers and Striders 50+ A male	198	52	1:10:44
107	Martin	Lascelles	Boulder	CO	Athletics Boulder 60+ A male	223	67	1:10:48
108	Dana	Blum	San Francisco	CA	Impala Racing Team 50+ B female	121	58	1:11:15
109	Jennifer	Bayliss	Danville	CA	Impala Racing Team 50+ A female	114	51	1:11:19
110	Ruben	Rodriguez	Elk Grove	CA	River City Rebels 50+ A male	266	56	1:11:21
111	Genevieve	Clavier	Sacramento	CA	Buffalo Chips Running Club 50+ A female	135	58	1:11:22
112	Howard	Iseri	Sacramento	CA	River City Rebels 60+ A male	205	62	1:11:46
113	Euleen	Josiah-Tanner	Atlanta	GA		211	47	1:11:51
114	Eugene	Myers	Columbia	MD		248	69	1:12:07
115	Jeffery	Barros	Thornton	CO	Boulder Road Runners 60+ A male	112	64	1:12:15
116	Kathi	Sleavin	Seattle	WA		289	63	1:12:20
117	Enrique	Rodriguez	San Francisco	CA	Pamakids 40+ A male	264	47	1:12:25
118	Jerry	Learned	Gainesville	GA	Atlanta Track Club 70+ A male	225	73	1:12:28
119	Rick	Soper	Oakland	CA	Lake Merritt Joggers and Striders 60+ A male	292	61	1:12:38
120	Mathieu	DesJardins	Redwood City	CA	West Valley Track Club 50+ B male	152	52	1:12:45
121	John	Hirschberger	San Francisco	CA	Tamalpa Runners 70+ A male	196	70	1:12:48
122	David	Dunbar	La Jolla	CA	Jamul Toads 70+ A male	158	72	1:12:50
123	Marisa	Beck	Pacifica	CA	Impala Racing Team 40+ B female	116	44	1:12:50
124	Rick	Bruess	Boulder	CO	Athletics Boulder 60+ A male	126	62	1:12:52
125	Kathleen	Cushing-murray	Orange	CA	The Janes Elite Racing 50+ A female	145	57	1:13:03
126	Ken	Camet	San Jose	CA	West Valley Joggers & Striders 60+ A male	131	60	1:13:08
127	Chris	Jones	Sonoma	CA	Pamakids 50+ A male	209	50	1:13:18
128	Lisa	Gallagher	San Francisco	CA	West Valley Track Club 40+ A female	175	40	1:13:26
129	Tina	Klein	Kennesaw	GA		217	57	1:14:44
130	Doug	Bell	Greeley	CO	Boulder Road Runners 70+ A male	117	71	1:14:45
131	Patti	Shore	Mill Valley	CA	Impala Racing Team 50+ B female	284	55	1:15:02
132	Shawnessy	Dusseau	San Francisco	CA	West Valley Track Club 40+ A female	159	40	1:15:02
133	Stephanie	Styczynski	Roseville	CA	SRA Elite 40+ A female	301	46	1:15:17
134	Merry	Dearmon-Moore	Tucson	AZ		148	68	1:15:36
135	David	Cook	Bella Vista	CA		137	65	1:15:45
136	Mike	Wien	Boulder	CO	Boulder Road Runners 70+ A male	314	70	1:16:08
137	Riya	Young	San Francisco	CA	Lake Merritt Joggers and Striders 50+ A female	318	54	1:16:11
138	Dave	Glass	Glenville	NY	Atlanta Track Club 70+ A male	182	75	1:16:38

139	Raul	Jorcino	Oakland	CA	Lake Merritt Joggers and Striders 50+ A male	210	58	1:16:45
140	Angela	Knotts	San Francisco	CA	West Valley Track Club 40+ A female	218	41	1:16:55
141	Rick	Rosenbaum	Piedmont	CA	Lake Merritt Joggers and Striders 50+ A male	269	58	1:16:55
142	Deanna	Kwong	Fremont	CA	Pamakids 40+ A female	221	42	1:18:03
143	Dave	Latner	San Francisco	CA	Pamakids 50+ A male	224	64	1:18:07
144	Honor	Fetherston	Los Gatos	CA		166	67	1:18:18
145	Brent	Cushenbery	Newcastle	CA	River City Rebels 60+ A male	143	62	1:18:21
146	Jackie	Sword-Olson	Carmichael	CA	Buffalo Chips Running Club 50+ A female	302	58	1:18:32
147	Ronald	Souza	Citrus Heights	CA	River City Rebels 60+ A male	293	68	1:18:32
148	Lanore	Bergenske	Fortuna	CA		120	64	1:18:42
149	Jeanine	Holmlund	Oakland	CA	Lake Merritt Joggers and Striders 50+ A female	199	57	1:19:12
150	Gary	Ostwald	Denver	CO	Boulder Road Runners 70+ A male	253	76	1:19:50
151	Len	Goldman	Oakland	CA	Tamalpa Runners 70+ A male	184	77	1:19:52
152	Robert	Navarrete	San Jose	CA		249	65	1:20:33
153	Katherine	Miller	Cupertino	CA	Impala Racing Team 40+ B female	240	44	1:20:56
154	Bruce	Kirschner	Louisville	CO	Boulder Road Runners 60+ A male	216	68	1:21:28
155	Suzanne	Ray	Jacksonville	OR		257	69	1:21:34
156	Kendra	Hershey	Los Gatos	CA	Pamakids 40+ A female	195	50	1:22:17
157	Lisa	Balestrini	Granite Bay	CA	Buffalo Chips Running Club 50+ A female	109	57	1:23:02
158	Ignacio	Jimenez	Santa Barbara	CA		208	72	1:23:08
159	Jan	Frisby	Grand Junction	CO	Boulder Road Runners 70+ A male	174	77	1:23:21
160	Steve	Doyle	La Mesa	CA	San Diego Striders 70+ A male	157	73	1:23:25
161	Sabra	Harvey	Houston	TX	Team Red Lizard 70+ A female	192	73	1:23:57
162	Kate	Stewart	Berkeley	CA	Lake Merritt Joggers and Striders 70+ A female	298	71	1:23:59
163	Paul	Carlin	Harbert	MI		132	76	1:25:10
164	Gene	French	San Bruno	CA	Tamalpa Runners 70+ A male	173	75	1:25:30
165	Kristina	Sepetys	Berkeley	CA	Lake Merritt Joggers and Striders 50+ A female	280	59	1:25:44
166	Margit	Falk	San Francisco	CA	Pamakids 40+ A female	162	60	1:25:45
167	Sharon	Gerl	Eugene	OR	Team Red Lizard 70+ A female	178	74	1:26:13
168	Debra	Cramer	Alameda	CA	Lake Merritt Joggers and Striders 60+ A female	142	64	1:26:24
169	Jo Anne	Rowland	Concord	CA	Impala Racing Team 70+ A female	271	74	1:26:26
170	James	Morris	Albany	CA	Tamalpa Runners 70+ A male	243	72	1:27:16
171	Sharlet	Gilbert	Richmond	CA	Lake Merritt Joggers and Striders 70+ A female	180	71	1:27:37
172	Ben	Mundy	Sacramento	CA	River City Rebels 50+ A male	245	60	1:27:57
173	Jeanette	Groesz	Redmond	OR	Team Red Lizard 70+ A female	187	72	1:28:13
174	Cheryl	Shwe	San Francisco	CA	Impala Racing Team 50+ B female	285	55	1:29:08
175	Barry	Hotchkies	Oakland	CA		202	76	1:30:13
176	Bob	Fredenburg	Sacramento	CA		172	69	1:32:59
177	Dalila	Rodriguez	Los Banos	CA	West Valley Joggers & Striders 50+ A female	263	51	1:33:12
178	Suzette	Smith	Alameda	CA	Lake Merritt Joggers and Striders 60+ A female	291	66	1:34:34
179	JoAnn	Hall	Redding	CA		189	80	1:34:39
180	Richard	King	West Sacramento	CA	River City Rebels 50+ A male	215	52	1:34:48
181	Diane	Bomberg	Oakland	CA	Lake Merritt Joggers and Striders 60+ A female	123	62	1:36:13
182	James	Flanigan	Davis	CA	Tamalpa Runners 70+ A male	170	72	1:36:23
183	Barbara	McQuinn	Oakland	CA	Lake Merritt Joggers and Striders 60+ A female	238	65	1:37:20
184	Irene	Herman	San Francisco	CA	Impala Racing Team 70+ A female	194	72	1:37:58
185	Karen	Stevenson	Berkeley	CA	Lake Merritt Joggers and Striders 70+ A female	297	71	1:38:37
186	Donna	Chan	San Francisco	CA	Impala Racing Team 70+ A female	133	71	1:39:02

187	Kathleen	Doswell	Columbia	VA		156	72	1:45:37
188	Sam	Benedict	Decatur	GA	Atlanta Track Club 70+ A male	119	75	1:46:22
189	Shirley	Shean	Concord	CA	Impala Racing Team 60+ A female	281	75	1:46:25
190	Karen	Andrews	Dublin	CA	Lake Merritt Joggers and Striders 60+ A female	105	62	1:54:11
191	Ifeoma	Adams	Hercules	CA	Impala Racing Team 60+ A female	101	70	1:58:07
192	Richard	Williams	Coronado	CA		316	86	1:58:13
193	Barbara	Rinker	Sacramento	CA	Buffalo Chips Running Club 50+ A female	261	75	2:03:45
194	Jane	Williams	Coronado	CA		315	74	2:05:20
195	Andrew	Sherwood	Atlanta	GA	Atlanta Track Club 70+ A male	283	82	2:06:42
196	Allan	Stanbridge	Burlingame	CA	Excelsior Running Club 50+ A male	295	75	2:09:22

USATF Masters 10 Mile Championships
Age Grade Results
Sacramento, CA 4/3/2022

Women

Name	City	State	Age	Time	Place	Age Grade
Jenny Hitchings	Sacramento	CA	58	1:00:38	39	100.88%
Stella Gibbs	Pacific Grove	CA	63	1:10:08	104	93.17%
Merry Dearmon-Moore	Tucson	AZ	68	1:15:27	134	92.94%
Midori Sperandeo	Folsom	CA	55	1:03:30	56	92.77%
JoAnn Hall	Redding	CA	80	1:34:31	179	91.22%
Elizabeth Guerrini	Long Beach	CA	53	1:03:08	53	91.06%
Chris Lundy	Mill Valley	CA	51	1:01:55	45	90.68%
Kathi Sleavin	Seattle	WA	63	1:12:12	116	90.50%
Sabra Harvey	Houston	TX	73	1:23:49	161	90.27%
Amy Halseth	La Jolla	CA	52	1:03:30	57	89.47%
Sharon Gerl	Eugene	OR	74	1:26:03	167	89.34%
Jo Anne Rowland	Concord	CA	74	1:26:17	169	89.10%
Honor Fetherston	Los Gatos	CA	67	1:18:13	144	88.36%
Maggie Shearer	Newbury Park	CA	44	59:19	29	88.02%
Tania Fischer	Santa Monica	CA	56	1:07:52	86	87.88%
Kate Stewart	Berkeley	CA	71	1:23:49	162	87.50%
Suzanne Ray	Jacksonville	OR	69	1:21:28	155	87.36%
Fiona Bayly	New York	NY	54	1:06:57	77	86.92%
Ingrid Walters	Santa Monica	CA	50	1:04:26	65	86.12%
Dana Blum	San Francisco	CA	58	1:11:11	108	85.93%
Genevieve Clavier	Sacramento	CA	58	1:11:18	111	85.79%
Lan Clayton	Salinas	CA	54	1:08:05	89	85.48%
Jeanette Groesz	Redmond	OR	72	1:28:04	173	84.58%
Lanore Bergenske	Fortuna	CA	64	1:18:31	148	84.37%
Melinda DiNapoli	Saratoga	CA	52	1:07:29	80	84.19%
Carre Joyce Heineck	Portland	OR	40	1:00:28	36	83.91%
Sharlet Gilbert	Richmond	CA	71	1:27:31	171	83.80%
Elizabeth Goya	San Francisco	CA	47	1:04:32	66	83.18%
Megan Kossar	San Francisco	CA	51	1:07:31	82	83.16%
Kristi Rossi	Hillsborough	CA	53	1:09:17	95	82.98%
Amy Alzina	Santa Barbara	CA	45	1:03:30	55	82.94%
Kathleen Cushing-murray	Orange	CA	57	1:12:58	125	82.77%
Jacqueline Cooke	Burlingame	CA	43	1:03:11	54	81.97%
Wendy Terris	Lake Oswego	OR	52	1:09:26	98	81.82%
Laura Osman	Encino	CA	41	1:02:45	49	81.37%
Tina Klein	Kennesaw	GA	57	1:14:39	129	80.91%
Christy Peterson	Rolling Hills Estates	CA	47	1:07:49	87	79.16%
Jodi Buyyounouski	Palo Alto	CA	48	1:08:34	91	79.11%
Jennifer Bayliss	Danville	CA	51	1:11:12	109	78.86%
Alyson Barrett	San Francisco	CA	43	1:05:46	72	78.75%
Dena Evans	Redwood City	CA	46	1:07:32	81	78.70%
Patti Shore	Mill Valley	CA	55	1:14:55	131	78.63%
Anne Cushman	Rancho Cordova	CA	44	1:06:48	75	78.16%
Jackie Sword-Olson	Carmichael	CA	58	1:18:23	146	78.03%
Debra Cramer	Alameda	CA	64	1:26:16	168	76.79%
Riya Young	San Francisco	CA	54	1:16:03	137	76.52%
Jeanine Holmlund	Oakland	CA	57	1:19:04	149	76.39%
Irene Herman	San Francisco	CA	72	1:37:51	184	76.13%
Celeste Prothro	San Francisco	CA	42	1:07:56	88	75.67%
Mercy Sells	Las Vegas	NV	40	1:07:40	84	74.98%
Euleen Josiah-Tanner	Atlanta	GA	47	1:11:48	113	74.76%
Karen Stevenson	Berkeley	CA	71	1:38:26	185	74.51%
Donna Chan	San Francisco	CA	71	1:38:53	186	74.17%
Lisa Renteria	San Jose	CA	43	1:10:02	103	73.95%
Shirley Shean	Concord	CA	75	1:46:20	189	73.48%

Margit Falk	San Francisco	CA	60	1:25:35	166	73.35%
Lisa Balestrini	Granite Bay	CA	57	1:22:53	157	72.87%
Kristina Sepetys	Berkeley	CA	59	1:25:37	165	72.36%
Suzette Smith	Alameda	CA	66	1:34:23	178	72.19%
Anne Ruminski	Redwood City	CA	40	1:10:27	105	72.02%
Marisa Beck	Pacifica	CA	44	1:12:47	123	71.73%
Stephanie Styczynski	Roseville	CA	46	1:15:07	133	70.76%
Kathleen Doswell	Columbia	VA	72	1:45:28	187	70.63%
Lisa Gallagher	San Francisco	CA	40	1:13:20	128	69.18%
Barbara McQuinn	Oakland	CA	65	1:37:09	183	69.14%
Shawnessy Dusseau	San Francisco	CA	40	1:14:55	132	67.72%
Kendra Hershey	Los Gatos	CA	50	1:22:06	156	67.59%
Diane Bomberg	Oakland	CA	62	1:36:03	181	67.11%
Angela Knotts	San Francisco	CA	41	1:16:45	140	66.52%
Cheryl Shwe	San Francisco	CA	55	1:28:59	174	66.20%
Deanna Kwong	Fremont	CA	42	1:17:57	142	65.95%
Katherine Miller	Cupertino	CA	44	1:20:49	153	64.60%
Barbara Rinker	Sacramento	CA	75	2:03:35	193	63.23%
Jane Williams	Coronado	CA	74	2:05:08	194	61.43%
Ifeoma Adams	Hercules	CA	70	1:57:57	191	61.25%
Dalila Rodriguez	Los Banos	CA	51	1:32:52	177	60.46%
Karen Andrews	Dublin	CA	62	1:53:59	190	56.55%

Men

Name	City	State	Age	Time	Place	Age Grade
Jacob Nur	Elk Grove	CA	66	58:34	26	97.25%
Nat Larson	Amherst	MA	59	57:11	19	93.11%
Gene Dykes	Bala Cynwyd	PA	74	1:07:43	85	92.10%
Tim DeGrado	Arvada	CO	62	59:44	30	91.70%
Gregory Mitchell	Wilsonville	OR	48	52:55	5	91.28%
Jaime Heilpern	San Francisco	CA	52	55:10	10	90.61%
Iain Mickle	Sacramento	CA	61	59:55	32	90.56%
Riley Cook	South Weber	UT	40	49:59	1	90.53%
Mark Callon	Monte Sereno	CA	53	56:01	13	90.02%
Thomas Tayeri	Palo Alto	CA	57	58:04	22	90.02%
Sergio Reyes	Los Osos	CA	40	50:35	2	89.45%
Roosevelt Cook	Hesperia	CA	42	51:27	3	89.35%
Christian Cushing-murray	Orange	CA	54	56:57	17	89.34%
Jason Troxler	Flagstaff	AZ	47	53:47	6	89.05%
Paul Hughes	Pagosa Springs	CO	64	1:02:57	51	88.72%
Peter Gilmore	Alameda	CA	44	52:46	4	88.54%
Anthony McGrath	San Francisco	CA	55	58:05	23	88.38%
Ivan Lieben	Lafayette	CA	52	56:37	16	88.29%
Terry Baucom	El Dorado Hills	CA	65	1:04:00	64	88.13%
Jacques Sallberg	Pasadena	CA	47	54:49	8	87.37%
Mark Murray	Davis	CA	59	1:00:57	41	87.36%
Todd Rose	San Francisco	CA	48	55:20	11	87.29%
Darren Morgan	Fair Oaks	CA	52	58:06	24	86.04%
Adam Feerst	Denver	CO	62	1:03:51	62	85.79%
Jesus Muniz	Woodland	CA	50	57:26	20	85.54%
Ben Turman	Kensington	CA	52	58:47	28	85.04%
Doug Steedman	San Francisco	CA	66	1:07:03	78	84.95%
Jerry Learned	Gainesville	GA	73	1:12:23	118	84.95%
Joe Van De Water	El Dorado Hills	CA	54	1:00:05	33	84.68%
Raymond Rodriguez	Los Banos	CA	60	1:03:35	59	84.53%
Steve Bell	Kennesaw	GA	50	58:20	25	84.22%
Matthew Underwood	Yucaipa	CA	55	1:01:16	42	83.78%
Jay Littlepage	Boulder	CO	62	1:05:35	71	83.52%
David Dunbar	La Jolla	CA	72	1:12:43	122	83.47%
Tomas Rodriguez	Laguna Beach	CA	68	1:09:42	100	83.38%
Brad Slavens	Atlanta	GA	53	1:00:30	37	83.35%
Benjamin Koss	San Francisco	CA	41	54:47	7	83.24%

Juan Rivera	Salinas	CA	41	54:51	9	83.14%
Jorn Jensen	Morgan Hill	CA	53	1:00:54	40	82.80%
Dave Glass	Glenville	NY	75	1:16:35	138	82.70%
Jesse Barragan	Folsom	CA	44	56:31	15	82.67%
Michael Strickland	Acworth	GA	55	1:02:19	48	82.37%
Jerry Flanagan	San Francisco	CA	56	1:02:57	52	82.29%
Len Goldman	Oakland	CA	77	1:19:45	151	82.21%
Gregory Keyes	Newport Beach	CA	54	1:01:54	44	82.19%
Roger Dix	Fair Oaks	CA	54	1:01:56	46	82.15%
Robert Leonardo	Van Nuys	CA	59	1:05:02	68	81.87%
John Hirschberger	San Francisco	CA	70	1:12:41	121	81.62%
Eugene Myers	Columbia	MD	69	1:12:02	114	81.51%
Martin Lascelles	Boulder	CO	67	1:10:45	107	81.32%
Brian Davis	Livermore	CA	66	1:10:08	102	81.21%
David Mastro	Roseville	CA	50	1:00:34	38	81.12%
Cesar Lira	Sacramento	CA	40	55:49	12	81.06%
Gary Ostwald	Denver	CO	76	1:19:43	150	80.78%
Scott Siriano	Dillon	CO	55	1:03:35	58	80.73%
Andrew Touchstone	San Francisco	CA	40	56:03	14	80.73%
Brian Nelson	Bakersfield	CA	64	1:09:23	97	80.49%
Doug Bell	Greeley	CO	71	1:14:38	130	80.36%
Chip Scarinzi	Alameda	CA	41	57:09	18	79.79%
Denis Glenn	Sausalito	CA	52	1:02:50	50	79.56%
Francis Burdett	Worcester	MA	57	1:06:04	73	79.12%
Michael Aguilar	Sacramento	CA	53	1:03:50	61	79.00%
Jan Frisby	Grand Junction	CO	77	1:23:13	159	78.79%
Jason Lee	San Francisco	CA	46	1:00:21	35	78.70%
Galen Farris	Sacramento	CA	40	57:30	21	78.69%
Peter Hsia	San Francisco	CA	61	1:09:18	96	78.30%
Trevor Cox	Long Beach	CA	42	58:44	27	78.27%
Mike Wien	Boulder	CO	70	1:16:04	136	77.99%
Kurt Whittington	Fountain Valley	CA	44	1:00:11	34	77.63%
Richard Morrissey	Menlo Park	CA	60	1:09:15	94	77.61%
Thomas Schumann	Pacific Palisades	CA	57	1:07:23	79	77.57%
Jeffery Barros	Thornton	CO	64	1:12:09	115	77.40%
Anthony Stonehouse	Pacific Grove	CA	53	1:05:09	69	77.40%
Jason Sanguinetti	Sacramento	CA	42	59:50	31	76.83%
Daniel Sivoella	Piedmont	CA	57	1:08:12	90	76.64%
Eduardo Vazquez	Sausalito	CA	49	1:03:40	60	76.51%
Howard Iseri	Sacramento	CA	62	1:11:38	112	76.47%
Rigo Chavez	Azusa	CA	55	1:07:41	83	75.84%
Paul Carlin	Harbert	MI	76	1:25:02	163	75.73%
Rick Bruess	Boulder	CO	62	1:12:45	124	75.29%
Jason Reed	Brisbane	CA	43	1:01:45	43	75.05%
Rick Soper	Oakland	CA	61	1:12:28	119	74.88%
David Cook	Bella Vista	CA	65	1:15:40	135	74.54%
Jeff Hongo	Campbell	CA	56	1:09:38	99	74.39%
Mark Hostetter	San Jose	CA	49	1:05:31	70	74.35%
Matthew Fong	San Francisco	CA	50	1:06:09	74	74.27%
Gene French	San Bruno	CA	75	1:25:25	164	74.15%
Ronald Souza	Citrus Heights	CA	68	1:18:25	147	74.11%
Matthew Goldstein	Piedmont	CA	54	1:08:50	92	73.91%
Steve Doyle	La Mesa	CA	73	1:23:22	160	73.76%
Ken Camet	San Jose	CA	60	1:13:03	126	73.58%
Justin Patananan	Porterville	CA	41	1:02:16	47	73.24%
Ignacio Jimenez	Santa Barbara	CA	72	1:23:05	158	73.05%
Jacob Dinardi	San Rafael	CA	45	1:04:37	67	72.90%
Ruben Rodriguez	Elk Grove	CA	56	1:11:15	110	72.70%
Kirt Iverson	Santa Clara	CA	52	1:08:58	93	72.48%
Gilberto Garcia	Burbank	CA	52	1:09:42	101	71.72%
Dave Latner	San Francisco	CA	64	1:17:57	143	71.64%
Barry Hotchkies	Oakland	CA	76	1:30:02	175	71.52%
Bruce Kirschner	Louisville	CO	68	1:21:21	154	71.44%

Michael Hochster	Piedmont	CA	52	1:10:34	106	70.84%
Michael Gallagher	San Francisco	CA	40	1:03:53	63	70.83%
Richard Williams	Coronado	CA	86	1:58:01	192	70.14%
Robert Navarrete	San Jose	CA	65	1:20:30	152	70.06%
Brent Cushenbery	Newcastle	CA	62	1:18:14	145	70.02%
James Morris	Albany	CA	72	1:27:07	170	69.67%
Lars Schmitz	Claremont	CA	43	1:06:52	76	69.30%
Raul Jorcino	Oakland	CA	58	1:16:36	139	68.87%
Mathieu DesJardins	Redwood City	CA	52	1:12:39	120	68.81%
Rick Rosenbaum	Piedmont	CA	58	1:16:45	141	68.74%
Chris Jones	Sonoma	CA	50	1:13:12	127	67.12%
Enrique Rodriguez	San Francisco	CA	47	1:12:18	117	66.24%
Bob Fredenburg	Sacramento	CA	69	1:32:37	176	63.40%
James Flanigan	Davis	CA	72	1:36:14	182	63.07%
Ben Mundy	Sacramento	CA	60	1:27:49	172	61.20%
Sam Benedict	Decatur	GA	75	1:46:18	188	59.58%
Andrew Sherwood	Atlanta	GA	82	2:06:32	195	57.93%
Richard King	West Sacramento	CA	52	1:34:41	180	52.80%
Allan Stanbridge	Burlingame	CA	75	2:09:14	196	49.01%

Race Date
April 03, 2022

USATF 10-Mile Masters Championships
Final Team Results

10-Mile Masters Championship

Class - A M 40+

<u>Bib No</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	
Team - West Valley Track Club 40+ A male				Finish Position - 1				
				Team Score (times): 2:42:55.0				
1	181	Peter Gilmore	Alameda CA	M-44	4	4	52:47.0	52:47.0
2	219	Benjamin Koss	San Francisco CA	M-41	7	11	54:49.0	1:47:36.0
3	268	Todd Rose	San Francisco CA	M-48	11	22	55:20.0	2:42:55.0
4	275	Chip Scarinzi	Alameda CA	M-41	18	40	57:10.0	3:40:05.0
Team - Cal Coast Track Club 40+ A male				Finish Position - 2				
				Team Score (times): 2:45:01.0				
1	139	Roosevelt Cook	Hesperia CA	M-42	3	3	51:27.0	51:27.0
2	273	Jacques Sallberg	Pasadena CA	M-47	8	11	54:49.0	1:46:16.0
3	141	Trevor Cox	Long Beach CA	M-42	27	38	58:45.0	2:45:01.0
4	313	Kurt Whittington	Fountain Valley CA	M-44	34	72	1:00:14.0	3:45:14.0
Team - SRA Elite 40+ A male				Finish Position - 3				
				Team Score (times): 2:57:59.0				
1	110	Jesse Barragan	Folsom CA	M-44	15	15	56:34.0	56:34.0
2	164	Galen Farris	Sacramento CA	M-40	21	36	57:33.0	1:54:06.0
3	103	Michael Aguilar	Sacramento CA	M-53	61	97	1:03:53.0	2:57:59.0
Team - Excelsior Running Club 40+ A male				Finish Position - 4				
				Team Score (times): 2:58:00.0				
1	232	Cesar Lira	Sacramento CA	M-40	12	12	55:52.0	55:52.0
2	228	Jason Lee	San Francisco CA	M-46	35	47	1:00:23.0	1:56:15.0
3	258	Jason Reed	Brisbane CA	M-43	43	90	1:01:46.0	2:58:00.0
Team - Pamakids 40+ A male				Finish Position - 5				
				Team Score (times): 3:20:56.0				
1	311	Eduardo Vazquez	Sausalito CA	M-49	60	60	1:03:45.0	1:03:45.0
2	154	Jacob Dinardi	San Rafael CA	M-45	67	127	1:04:47.0	2:08:31.0
3	264	Enrique Rodriguez	San Francisco CA	M-47	117	244	1:12:25.0	3:20:56.0
Team - Bowerman Track Club 40+ A male				Finish Position - Inc.				
				Team Score (times):				
1	241	Gregory Mitchell	Wilsonville OR	M-48	5	5	52:57.0	52:57.0

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Final Team Results

10-Mile Masters Championship

Class - A M 40+

<u>Bib No</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>
Team - West Valley Track Club 40+ B male				Finish Position - Inc.			
Team Score (times):							
1	176	Michael Gallagher	San Francisco CA	M-40	63	63	1:03:58.0 1:03:58.0
Team - Wolfpack Running Club 40+ A male				Finish Position - Inc.			
Team Score (times):							
1	206	Kirt Iverson	Santa Clara CA	M-52	93	93	1:09:08.0 1:09:08.0
Team - HOKA Aggie Running Club 40+ A male				Finish Position - Inc.			
Team Score (times):							
1	260	Sergio Reyes	Los Osos CA	M-40	2	2	50:36.0 50:36.0
2	254	Justin Patananan	Porterville CA	M-41	47	49	1:02:19.0 1:52:54.0

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USATF 10-Mile Masters Championships
Final Team Results

10-Mile Masters Championship

Class - B M 50+

<u>Bib No</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	
Team - West Valley Track Club 50+ A male				Finish Position - 1				
				Team Score (times): 2:50:46.0				
1	130	Mark Callon	Monte Sereno CA	M-53	13	13	56:03.0	56:03.0
2	231	Ivan Lieben	Lafayette CA	M-52	16	29	56:38.0	1:52:40.0
3	237	Anthony McGrath	San Francisco CA	M-55	23	52	58:07.0	2:50:46.0
4	307	Ben Turman	Kensington CA	M-52	28	80	58:50.0	3:49:36.0
5	183	Denis Glenn	Sausalito CA	M-52	50	130	1:02:53.0	4:52:29.0
6	286	Scott Siriano	Dillon CO	M-55	58	188	1:03:36.0	5:56:04.0
Team - SRA Elite 50+ A male				Finish Position - 2				
				Team Score (times): 2:58:54.0				
1	242	Darren Morgan	Fair Oaks CA	M-52	24	24	58:09.0	58:09.0
2	310	Joe Van De Water	El Dorado Hills CA	M-54	33	57	1:00:10.0	1:58:18.0
3	236	David Mastro	Roseville CA	M-50	38	95	1:00:36.0	2:58:54.0
4	247	Mark Murray	Davis CA	M-59	41	136	1:01:02.0	3:59:55.0
Team - Cal Coast Track Club 50+ A male				Finish Position - 3				
				Team Score (times): 3:00:12.0				
1	144	Christian Cushing-murray	Orange CA	M-54	17	17	56:58.0	56:58.0
2	309	Matthew Underwood	Yucaipa CA	M-55	42	59	1:01:19.0	1:58:16.0
3	213	Gregory Keyes	Newport Beach CA	M-54	44	103	1:01:56.0	3:00:12.0
4	278	Thomas Schumann	Pacific Palisades CA	M-57	79	182	1:07:27.0	4:07:38.0
Team - Atlanta Track Club 50+ A male				Finish Position - 4				
				Team Score (times): 3:01:15.0				
1	118	Steve Bell	Kennesaw GA	M-50	25	25	58:21.0	58:21.0
2	288	Brad Slavens	Atlanta GA	M-53	37	62	1:00:33.0	1:58:54.0
3	300	Michael Strickland	Acworth GA	M-55	48	110	1:02:22.0	3:01:15.0
Team - HOKA Aggie Running Club 50+ A male				Finish Position - 5				
				Team Score (times): 3:04:20.0				
1	193	Jaime Heilpern	San Francisco CA	M-52	10	10	55:11.0	55:11.0
2	155	Roger Dix	Fair Oaks CA	M-54	46	56	1:02:01.0	1:57:12.0
3	296	Doug Steedman	San Francisco CA	M-66	78	134	1:07:09.0	3:04:20.0
4	200	Jeff Hongo	Campbell CA	M-56	99	233	1:09:44.0	4:14:04.0

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USATF 10-Mile Masters Championships
Final Team Results

10-Mile Masters Championship

Class - B M 50+

<u>Bib No</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	
Team - Lake Merritt Joggers and Striders 50+ A				Finish Position - 6				
				Team Score (times): 3:25:01.0				
1	299	Anthony Stonehouse	Pacific Grove CA	M-53	69	69	1:05:19.0	1:05:19.0
2	185	Matthew Goldstein	Piedmont CA	M-54	92	161	1:08:59.0	2:14:18.0
3	198	Michael Hochster	Piedmont CA	M-52	106	267	1:10:44.0	3:25:01.0
4	210	Raul Jorcino	Oakland CA	M-58	139	406	1:16:45.0	4:41:45.0
5	269	Rick Rosenbaum	Piedmont CA	M-58	141	547	1:16:55.0	5:58:40.0

Team - Pamakids 50+ A male				Finish Position - 7				
				Team Score (times): 3:34:26.0				
1	168	Jerry Flanagan	San Francisco CA	M-56	52	52	1:03:02.0	1:03:02.0
2	209	Chris Jones	Sonoma CA	M-50	127	179	1:13:18.0	2:16:20.0
3	224	Dave Latner	San Francisco CA	M-64	143	322	1:18:07.0	3:34:26.0

Team - River City Rebels 50+ A male				Finish Position - 8				
				Team Score (times): 4:14:05.0				
1	266	Ruben Rodriguez	Elk Grove CA	M-56	110	110	1:11:21.0	1:11:21.0
2	245	Ben Mundy	Sacramento CA	M-60	172	282	1:27:57.0	2:39:18.0
3	215	Richard King	West Sacramento CA	M-52	180	462	1:34:48.0	4:14:05.0

Team - Excelsior Running Club 50+ A male				Finish Position - 9				
				Team Score (times): 4:25:00.0				
1	171	Matthew Fong	San Francisco CA	M-50	74	74	1:06:13.0	1:06:13.0
2	203	Peter Hsia	San Francisco CA	M-61	96	170	1:09:26.0	2:15:38.0
3	295	Allan Stanbridge	Burlingame CA	M-75	196	366	2:09:22.0	4:25:00.0

Team - Strawberry Canyon Track Club 50+ A male				Finish Position - Inc.				
				Team Score (times):				
1	287	Daniel Sivoilella	Piedmont CA	M-57	90	90	1:08:21.0	1:08:21.0

Team - West Valley Joggers & Striders 50+ A male				Finish Position - Inc.				
				Team Score (times):				
1	207	Jorn Jensen	Morgan Hill CA	M-53	40	40	1:00:55.0	1:00:55.0

Team - West Valley Track Club 50+ B male				Finish Position - Inc.			
				Team Score (times):			

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Class - B M 50+

<u>Bib No</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>
Team - West Valley Track Club 50+ B male				Finish Position - Inc.			
Team Score (times):							
1	152	Mathieu DesJardins	Redwood City CA	M-52	120	120	1:12:45.0 1:12:45.0

Team - Greater Springfield Harriers, Inc 50+ A				Finish Position - Inc.			
Team Score (times):							
1	222	Nat Larson	Amherst MA	M-59	19	19	57:11.0 57:11.0
2	127	Francis Burdett	Worcester MA	M-57	73	92	1:06:08.0 2:03:18.0

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10-Mile Masters Championship

Class - C M 60+

<u>Bib No</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	
Team - SRA Elite 60+ A male				Finish Position - 1				
				Team Score (times): 3:02:37.0				
1	251	Jacob Nur	Elk Grove CA	M-66	26	26	58:36.0	58:36.0
2	239	Iain Mickle	Sacramento CA	M-61	32	58	59:57.0	1:58:32.0
3	113	Terry Baucom	El Dorado Hills CA	M-65	64	122	1:04:05.0	3:02:37.0
Team - Boulder Road Runners 60+ A male				Finish Position - 2				
				Team Score (times): 3:15:56.0				
1	149	Tim DeGrado	Arvada CO	M-62	30	30	59:47.0	59:47.0
2	165	Adam Feerst	Denver CO	M-62	62	92	1:03:55.0	2:03:41.0
3	112	Jeffery Barros	Thornton CO	M-64	115	207	1:12:15.0	3:15:56.0
4	216	Bruce Kirschner	Louisville CO	M-68	154	361	1:21:28.0	4:37:24.0
Team - Athletics Boulder 60+ A male				Finish Position - 3				
				Team Score (times): 3:29:21.0				
1	233	Jay Littlepage	Boulder CO	M-62	71	71	1:05:42.0	1:05:42.0
2	223	Martin Lascelles	Boulder CO	M-67	107	178	1:10:48.0	2:16:30.0
3	126	Rick Bruess	Boulder CO	M-62	124	302	1:12:52.0	3:29:21.0
Team - River City Rebels 60+ A male				Finish Position - 4				
				Team Score (times): 3:48:38.0				
1	205	Howard Iseri	Sacramento CA	M-62	112	112	1:11:46.0	1:11:46.0
2	143	Brent Cushenbery	Newcastle CA	M-62	145	257	1:18:21.0	2:30:06.0
3	293	Ronald Souza	Citrus Heights CA	M-68	147	404	1:18:32.0	3:48:38.0
Team - Lake Merritt Joggers and Striders 60+ A				Finish Position - Inc.				
				Team Score (times):				
1	292	Rick Soper	Oakland CA	M-61	119	119	1:12:38.0	1:12:38.0
Team - Cal Coast Track Club 60+ A male				Finish Position - Inc.				
				Team Score (times):				
1	250	Brian Nelson	Bakersfield CA	M-64	97	97	1:09:28.0	1:09:28.0
2	267	Tomas Rodriguez	Laguna Beach CA	M-68	100	197	1:09:47.0	2:19:14.0
Team - West Valley Joggers & Striders 60+ A male				Finish Position - Inc.				
				Team Score (times):				

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USATF 10-Mile Masters Championships
Final Team Results

10-Mile Masters Championship

Class - C M 60+

<u>Bib No</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	
Team - West Valley Joggers & Striders 60+ A male Finish Position - Inc.								
Team Score (times):								
1	265	Raymond Rodriguez	Los Banos CA	M-60	59	59	1:03:38.0	1:03:38.0
2	131	Ken Camet	San Jose CA	M-60	126	185	1:13:08.0	2:16:46.0

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Final Team Results

10-Mile Masters Championship

Class - D M 70+

<u>Bib No</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	
Team - Boulder Road Runners 70+ A male				Finish Position - 1				
Team Score (times):				3:50:42.0				
1	117	Doug Bell	Greeley CO	M-71	130	130	1:14:45.0	1:14:45.0
2	314	Mike Wien	Boulder CO	M-70	136	266	1:16:08.0	2:30:53.0
3	253	Gary Ostwald	Denver CO	M-76	150	416	1:19:50.0	3:50:42.0
4	174	Jan Frisby	Grand Junction CO	M-77	159	575	1:23:21.0	5:14:03.0
Team - Tamalpa Runners 70+ A male				Finish Position - 2				
Team Score (times):				3:58:09.0				
1	196	John Hirschberger	San Francisco CA	M-70	121	121	1:12:48.0	1:12:48.0
2	184	Len Goldman	Oakland CA	M-77	151	272	1:19:52.0	2:32:40.0
3	173	Gene French	San Bruno CA	M-75	164	436	1:25:30.0	3:58:09.0
4	243	James Morris	Albany CA	M-72	170	606	1:27:16.0	5:25:25.0
5	170	James Flanigan	Davis CA	M-72	182	788	1:36:23.0	7:01:47.0
Team - Atlanta Track Club 70+ A male				Finish Position - 3				
Team Score (times):				4:15:28.0				
1	225	Jerry Learned	Gainesville GA	M-73	118	118	1:12:28.0	1:12:28.0
2	182	Dave Glass	Glenville NY	M-75	138	256	1:16:38.0	2:29:06.0
3	119	Sam Benedict	Decatur GA	M-75	188	444	1:46:22.0	4:15:28.0
4	283	Andrew Sherwood	Atlanta GA	M-82	195	639	2:06:42.0	6:22:10.0
Team - Jamul Toads 70+ A male				Finish Position - Inc.				
Team Score (times):								
1	158	David Dunbar	La Jolla CA	M-72	122	122	1:12:50.0	1:12:50.0
Team - San Diego Striders 70+ A male				Finish Position - Inc.				
Team Score (times):								
1	157	Steve Doyle	La Mesa CA	M-73	160	160	1:23:25.0	1:23:25.0

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USATF 10-Mile Masters Championships
Final Team Results

10-Mile Masters Championship

Class - E F 40+

<u>Bib No</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	
Team - Cal Coast Track Club 40+ A female				Finish Position - 1				
				Team Score (times): 3:05:17.0				
1	282	Maggie Shearer	Newbury Park CA	F-44	29	29	59:20.0	59:20.0
2	252	Laura Osman	Encino CA	F-41	49	78	1:02:47.0	2:02:07.0
3	188	Elizabeth Guerrini	Long Beach CA	F-53	53	131	1:03:10.0	3:05:17.0
4	255	Christy Peterson	Rolling Hills Estates	F-47	87	218	1:07:58.0	4:13:14.0
Team - SRA Elite 40+ A female				Finish Position - 2				
				Team Score (times): 3:11:05.0				
1	197	Jenny Hitchings	Sacramento CA	F-58	39	39	1:00:40.0	1:00:40.0
2	294	Midori Sperandeo	Folsom CA	F-55	56	95	1:03:34.0	2:04:13.0
3	146	Anne Cushman	Rancho Cordova CA	F-44	75	170	1:06:53.0	3:11:05.0
4	301	Stephanie Styczynski	Roseville CA	F-46	133	303	1:15:17.0	4:26:22.0
Team - Impala Racing Team 40+ A female				Finish Position - 3				
				Team Score (times): 3:15:54.0				
1	140	Jacqueline Cooke	Burlingame CA	F-43	54	54	1:03:16.0	1:03:16.0
2	186	Elizabeth Goya	San Francisco CA	F-47	66	120	1:04:37.0	2:07:53.0
3	256	Celeste Prothro	San Francisco CA	F-42	88	208	1:08:02.0	3:15:54.0
4	128	Jodi Buyounouski	Palo Alto CA	F-48	91	299	1:08:40.0	4:24:34.0
Team - Team Red Lizard 40+ A female				Finish Position - 4				
				Team Score (times): 3:17:46.0				
1	212	Carre Joyce Heineck	Portland OR	F-40	36	36	1:00:29.0	1:00:29.0
2	279	Mercy Sells	Las Vegas NV	F-40	84	120	1:07:46.0	2:08:14.0
3	304	Wendy Terris	Lake Oswego OR	F-52	98	218	1:09:32.0	3:17:46.0
Team - West Valley Track Club 40+ A female				Finish Position - 5				
				Team Score (times): 3:34:19.0				
1	111	Alyson Barrett	San Francisco CA	F-43	72	72	1:05:52.0	1:05:52.0
2	175	Lisa Gallagher	San Francisco CA	F-40	128	200	1:13:26.0	2:19:18.0
3	159	Shawnessy Dusseau	San Francisco CA	F-40	132	332	1:15:02.0	3:34:19.0
4	218	Angela Knotts	San Francisco CA	F-41	140	472	1:16:55.0	4:51:13.0
Team - Impala Racing Team 40+ B female				Finish Position - 6				
				Team Score (times): 3:44:20.0				
1	272	Anne Ruminski	Redwood City CA	F-40	105	105	1:10:34.0	1:10:34.0

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USATF 10-Mile Masters Championships
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10-Mile Masters Championship

Class - E F 40+

<u>Bib No</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>
Team - Impala Racing Team 40+ B female				Finish Position - 6			
Team Score (times):				3:44:20.0			
2	116	Marisa Beck	Pacifica CA	F-44	123	228	1:12:50.0 2:23:24.0
3	240	Katherine Miller	Cupertino CA	F-44	153	381	1:20:56.0 3:44:20.0
Team - Pamakids 40+ A female				Finish Position - 7			
Team Score (times):				4:06:04.0			
1	221	Deanna Kwong	Fremont CA	F-42	142	142	1:18:03.0 1:18:03.0
2	195	Kendra Hershey	Los Gatos CA	F-50	156	298	1:22:17.0 2:40:19.0
3	162	Margit Falk	San Francisco CA	F-60	166	464	1:25:45.0 4:06:04.0
Team - Peninsula Distance Club 40+ A female				Finish Position - Inc.			
Team Score (times):							
1	161	Dena Evans	Redwood City CA	F-46	81	81	1:07:36.0 1:07:36.0
Team - Wolfpack Running Club 40+ A female				Finish Position - Inc.			
Team Score (times):							
1	259	Lisa Renteria	San Jose CA	F-43	103	103	1:10:11.0 1:10:11.0

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10-Mile Masters Championship

Class - F F 50+

<u>Bib No</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	
Team - The Janes Elite Racing 50+ A female				Finish Position - 1				
Team Score (times):				3:25:24.0				
1	312	Ingrid Walters	Santa Monica CA	F-50	65	65	1:04:28.0	1:04:28.0
2	167	Tania Fischer	Santa Monica CA	F-56	86	151	1:07:54.0	2:12:22.0
3	145	Kathleen Cushing-murray	Orange CA	F-57	125	276	1:13:03.0	3:25:24.0
Team - Impala Racing Team 50+ A female				Finish Position - 2				
Team Score (times):				3:28:20.0				
1	220	Megan Kossar	San Francisco CA	F-51	82	82	1:07:38.0	1:07:38.0
2	270	Kristi Rossi	Hillsborough CA	F-53	95	177	1:09:24.0	2:17:02.0
3	114	Jennifer Bayliss	Danville CA	F-51	109	286	1:11:19.0	3:28:20.0
Team - Buffalo Chips Running Club 50+ A female				Finish Position - 3				
Team Score (times):				3:52:54.0				
1	135	Genevieve Clavier	Sacramento CA	F-58	111	111	1:11:22.0	1:11:22.0
2	302	Jackie Sword-Olson	Carmichael CA	F-58	146	257	1:18:32.0	2:29:53.0
3	109	Lisa Balestrini	Granite Bay CA	F-57	157	414	1:23:02.0	3:52:54.0
4	261	Barbara Rinker	Sacramento CA	F-75	193	607	2:03:45.0	5:56:39.0
Team - Impala Racing Team 50+ B female				Finish Position - 4				
Team Score (times):				3:55:24.0				
1	121	Dana Blum	San Francisco CA	F-58	108	108	1:11:15.0	1:11:15.0
2	284	Patti Shore	Mill Valley CA	F-55	131	239	1:15:02.0	2:26:16.0
3	285	Cheryl Shwe	San Francisco CA	F-55	174	413	1:29:08.0	3:55:24.0
Team - Lake Merritt Joggers and Striders 50+ A				Finish Position - 5				
Team Score (times):				4:01:05.0				
1	318	Riya Young	San Francisco CA	F-54	137	137	1:16:11.0	1:16:11.0
2	199	Jeanine Holmlund	Oakland CA	F-57	149	286	1:19:12.0	2:35:22.0
3	280	Kristina Sepety	Berkeley CA	F-59	165	451	1:25:44.0	4:01:05.0
Team - West Valley Joggers & Striders 50+ A				Finish Position - Inc.				
Team Score (times):								
1	263	Dalila Rodriguez	Los Banos CA	F-51	177	177	1:33:12.0	1:33:12.0

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USATF 10-Mile Masters Championships
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10-Mile Masters Championship

Class - G F 60+

<u>Bib No</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	
Team - Lake Merritt Joggers and Striders 60+ A				Finish Position - 1				
Team Score (times):				4:37:10.0				
1	142	Debra Cramer	Alameda CA	F-64	168	168	1:26:24.0	1:26:24.0
2	291	Suzette Smith	Alameda CA	F-66	178	346	1:34:34.0	3:00:58.0
3	123	Diane Bomberg	Oakland CA	F-62	181	527	1:36:13.0	4:37:10.0
4	238	Barbara McQuinn	Oakland CA	F-65	183	710	1:37:20.0	6:14:29.0
5	105	Karen Andrews	Dublin CA	F-62	190	900	1:54:11.0	8:08:40.0

Team - Impala Racing Team 60+ A female

Finish Position - 2

Team Score (times): 4:54:45.0

1	179	Stella Gibbs	Pacific Grove CA	F-63	104	104	1:10:14.0	1:10:14.0
2	281	Shirley Shean	Concord CA	F-75	189	293	1:46:25.0	2:56:38.0
3	101	Ifeoma Adams	Hercules CA	F-70	191	484	1:58:07.0	4:54:45.0

Race Date
April 03, 2022

USATF 10-Mile Masters Championships
Final Team Results

10-Mile Masters Championship

Class - H F 70+

<u>Bib No</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall Place</u>	<u>Cumulative Place</u>	<u>Time</u>	<u>Cumulative Time</u>	
Team - Team Red Lizard 70+ A female				Finish Position - 1				
Team Score (times):				4:18:22.0				
1	192	Sabra Harvey	Houston TX	F-73	161	161	1:23:57.0	1:23:57.0
2	178	Sharon Gerl	Eugene OR	F-74	167	328	1:26:13.0	2:50:09.0
3	187	Jeanette Groesz	Redmond OR	F-72	173	501	1:28:13.0	4:18:22.0
Team - Lake Merritt Joggers and Striders 70+ A				Finish Position - 2				
Team Score (times):				4:30:13.0				
1	298	Kate Stewart	Berkeley CA	F-71	162	162	1:23:59.0	1:23:59.0
2	180	Sharlet Gilbert	Richmond CA	F-71	171	333	1:27:37.0	2:51:36.0
3	297	Karen Stevenson	Berkeley CA	F-71	185	518	1:38:37.0	4:30:13.0
Team - Impala Racing Team 70+ A female				Finish Position - 3				
Team Score (times):				4:43:26.0				
1	271	Jo Anne Rowland	Concord CA	F-74	169	169	1:26:26.0	1:26:26.0
2	194	Irene Herman	San Francisco CA	F-72	184	353	1:37:58.0	3:04:24.0
3	133	Donna Chan	San Francisco CA	F-71	186	539	1:39:02.0	4:43:26.0