

2022 National Masters Indoor Championships - 3/18/22 to 3/20/22

March 18

Friday Pentathlon

9:00 AM	W60-89	Finals
9:00 AM	M70-94	Finals
9:15 AM	W25-59	Finals
9:45 AM	M60-69	Finals
10:45 AM	M50-59	Finals
1:00 PM	M30-49	Finals

Friday Field

9:00 AM	M30-49 Shot Put	Finals
10:45 AM	M70-94 Weight	Finals
12:15 PM	M70-94 Super Weight	Finals
3:30 PM	M60-69 Weight	Finals
4:45 PM	M60-69 Super Weight	Finals
5:45 PM	W30-39 Shot Put	Finals
6:00 PM	M25-39 Long Jump	Finals
6:00 PM	M40-49 Long Jump	Finals
6:15 PM	M50-59 Shot Put	Finals

Friday Track

10:00 AM	W80-89 400 m	Finals
10:05 AM	W75 400 m	Finals
10:08 AM	W70 400 m	Finals
10:11 AM	W65 400 m	Finals
10:14 AM	W60 400 m	Finals
10:20 AM	W55 400 m	Finals
10:25 AM	W50 400 m	Finals
10:30 AM	W45 400 m	Finals
10:33 AM	W40 400 m	Finals
10:38 AM	W30-39 400 m	Finals
11:00 AM	M85-99 400 m	Finals
11:05 AM	M80 400 m	Finals
11:08 AM	M75 400 m	Finals
11:12 AM	M70 400 m	Finals
11:19 AM	M65 400 m	Finals
11:30 AM	M60 400 m	Finals
11:40 AM	M55 400 m	Finals
11:47 AM	M50 400 m	Finals
11:56 AM	M45 400 m	Finals
12:02 PM	M40 400 m	Finals
12:10 PM	M35 400 m	Finals
12:13 PM	M30 400 m	Finals
12:16 PM	M25-29 400 m	Finals
12:25 PM	W60-79 1 Mile Race Walk	Finals
1:15 PM	W25-59 1 Mile Race Walk	Finals
1:35 PM	M70-89 1 Mile Race Walk	Finals
2:00 PM	M30-69 1 Mile Race Walk	Finals
2:30 PM	W60-89 3000 m	Finals
3:00 PM	W50-59 3000 m	Finals
3:20 PM	W25-49 3000 m	Finals
3:35 PM	M70-84 3000 m	Finals
3:55 PM	M65 3000 m	Finals
4:15 PM	M60 3000 m	Finals
4:30 PM	M55 3000 m	Finals
4:45 PM	M50 3000 m	Finals
5:00 PM	M40-49 3000 m	Finals
5:15 PM	M25-39 3000 m	Finals

5:30 PM	W60 60 m	Prelims
5:32 PM	W55 60 m	Prelims
5:37 PM	W50 60 m	Prelims
5:42 PM	W40 60 m	Prelims
5:47 PM	M75 60 m	Prelims
5:52 PM	M70 60 m	Prelims
5:57 PM	M65 60 m	Prelims
6:05 PM	M60 60 m	Prelims
6:15 PM	M55 60 m	Prelims
6:25 PM	M50 60 m	Prelims
6:33 PM	M45 60 m	Prelims
6:40 PM	M40 60 m	Prelims
6:45 PM	M35 60 m	Prelims
6:50 PM	W80-94 60 m	Finals
6:53 PM	W75 60 m	Finals
6:56 PM	W70 60 m	Finals
6:59 PM	W65 60 m	Finals
7:02 PM	W60 60 m	Finals
7:05 PM	W55 60 m	Finals
7:08 PM	W50 60 m	Finals
7:11 PM	W45 60 m	Finals
7:14 PM	W40 60 m	Finals
7:17 PM	W35 60 m	Finals
7:20 PM	W25-34 60 m	Finals
7:23 PM	M90-99 60 m	Finals
7:26 PM	M85 60 m	Finals
7:29 PM	M80 60 m	Finals
7:32 PM	M75 60 m	Finals
7:35 PM	M70 60 m	Finals
7:38 PM	M65 60 m	Finals
7:41 PM	M60 60 m	Finals
7:44 PM	M55 60 m	Finals
7:47 PM	M50 60 m	Finals
7:50 PM	M45 60 m	Finals
7:53 PM	M40 60 m	Finals
7:56 PM	M35 60 m	Finals
7:59 PM	M30 60 m	Finals
8:02 PM	M25-29 60 m	Finals

March 19**Saturday Track**

9:00 AM	M60 60 m Hurdles	Prelims
9:05 AM	W75-89 60 m Hurdles	Finals
9:09 AM	M80-94 60 m Hurdles	Finals
9:12 AM	W65-74 60 m Hurdles	Finals
9:15 AM	W60 60 m Hurdles	Finals
9:25 AM	W50-59 60 m Hurdles	Finals
9:29 AM	M70-79 60 m Hurdles	Finals
9:38 AM	W45 60 m Hurdles	Finals
9:42 AM	W40 60 m Hurdles	Finals
9:50 AM	M65 60 m Hurdles	Finals
9:54 AM	M60 60 m Hurdles	Finals
10:02 AM	W30-39 60 m Hurdles	Finals
10:12 AM	M55 60 m Hurdles	Finals
10:16 AM	M50 60 m Hurdles	Finals
10:25 AM	M45 60 m Hurdles	Finals
10:28 AM	M40 60 m Hurdles	Finals
10:31 AM	M25-39 60 m Hurdles	Finals
10:39 AM	M80-99 1 Mile Run	Finals
10:39 AM	W75-89 1 Mile Run	Finals
11:00 AM	W65-74 1 Mile Run	Finals
11:15 AM	W60 1 Mile Run	Finals
11:25 AM	W55 1 Mile Run	Finals
11:33 AM	W50 1 Mile Run	Finals
11:42 AM	W45 1 Mile Run	Finals
11:50 AM	W40 1 Mile Run	Finals
11:58 AM	W25-39 1 Mile Run	Finals
12:06 PM	M75 1 Mile Run	Finals
12:16 PM	M70 1 Mile Run	Finals
12:26 PM	M65 1 Mile Run	Finals
12:36 PM	M60 1 Mile Run	Finals
12:54 PM	M55 1 Mile Run	Finals
1:11 PM	M50 1 Mile Run	Finals
1:28 PM	M45 1 Mile Run	Finals
1:36 PM	M40 1 Mile Run	Finals
1:52 PM	M25-39 1 Mile Run	Finals
2:05 PM	M70-89 3000 m Race Walk	Finals
2:05 PM	W70-79 3000 m Race Walk	Finals
2:35 PM	W35-69 3000 m Race Walk	Finals
3:05 PM	M40-69 3000 m Race Walk	Finals
3:45 PM	4x800 m Relays	Finals
4:00 PM	4x200 m Relays	Finals

Saturday Field

9:00 AM	W60-74 Weight	Finals
9:00 AM	W25-44 Long Jump	Finals
9:00 AM	W45-59 Long Jump	Finals
9:30 AM	M70 Shot Put	Finals
10:00 AM	M70-89 Pole Vault	Finals
10:00 AM	W70-79 Pole Vault	Finals
10:15 AM	W60-74 Super Weight	Finals
10:30 AM	M75 Shot Put	Finals
10:45 AM	M60 Long Jump	Finals
10:45 AM	M65 Long Jump	Finals
11:00 AM	M50-59 High Jump	Finals
11:00 AM	M25-49 High Jump	Finals
11:30 AM	M80-99 Shot Put	Finals
11:30 AM	W75-94 Weight	Finals
12:00 PM	W30-69 Pole Vault	Finals
12:15 PM	W70-89 Long Jump	Finals
12:15 PM	M70 Long Jump	Finals
12:30 PM	W75-94 Super Weight	Finals
12:45 PM	M65 Shot Put	Finals
1:00 PM	M60 High Jump	Finals
1:15 PM	M70-79 High Jump	Finals
1:30 PM	M50 Long Jump	Finals
1:30 PM	M55 Long Jump	Finals
1:30 PM	W30-59 Weight	Finals
1:45 PM	M60 Shot Put	Finals
2:45 PM	M25-49 Pole Vault	Finals
2:45 PM	W30-59 Super Weight	Finals
3:00 PM	W60-69 Long Jump	Finals
3:00 PM	M75-99 Long Jump	Finals
3:00 PM	M65 High Jump	Finals

**The Athlete's Meeting
will be in the Armory
after the last 4x200 Relay**

March 20**Sunday Track**

9:30 AM	W60 200 m	Prelims
9:35 AM	W55 200 m	Prelims
9:40 AM	W50 200 m	Prelims
9:45 AM	W40 200 m	Prelims
9:50 AM	M75 200 m	Prelims
9:55 AM	M70 200 m	Prelims
10:05 AM	M65 200 m	Prelims
10:15 AM	M60 200 m	Prelims
10:30 AM	M55 200 m	Prelims
10:45 AM	M50 200 m	Prelims
10:55 AM	M45 200 m	Prelims
11:05 AM	M40 200 m	Prelims
11:10 AM	M35 200 m	Prelims
11:20 AM	M30 200 m	Prelims
11:25 AM	M25-29 200 m	Prelims
11:30 AM	W70-89 800 m	Finals
11:38 AM	W65 800 m	Finals
11:46 AM	W60 800 m	Finals
11:52 AM	W55 800 m	Finals
11:58 AM	W50 800 m	Finals
12:04 PM	W45 800 m	Finals
12:10 PM	W40 800 m	Finals
12:15 PM	W25-39 800 m	Finals
12:20 PM	M80-99 800 m	Finals
12:33 PM	M75 800 m	Finals
12:40 PM	M70 800 m	Finals
12:51 PM	M65 800 m	Finals
1:00 PM	M60 800 m	Finals
1:15 PM	M55 800 m	Finals
1:25 PM	M50 800 m	Finals
1:35 PM	M45 800 m	Finals
1:40 PM	M40 800 m	Finals
1:49 PM	M35 800 m	Finals
1:53 PM	M25-34 800 m	Finals
1:57 PM	W80-94 200 m	Finals
2:00 PM	W75 200 m	Finals
2:03 PM	W70 200 m	Finals
2:06 PM	W65 200 m	Finals
2:09 PM	W60 200 m	Finals
2:12 PM	W55 200 m	Finals
2:15 PM	W50 200 m	Finals
2:18 PM	W45 200 m	Finals
2:21 PM	W40 200 m	Finals
2:24 PM	W35 200 m	Finals
2:27 PM	W30 200 m	Finals
2:30 PM	W25-29 200 m	Finals

Sunday Field

9:30 AM	W50-59 Shot Put	Finals
9:30 AM	W60-89 High Jump	Finals
9:30 AM	M80-99 High Jump	Finals
9:30 AM	M50-59 Weight	Finals
9:30 AM	M30-49 Triple Jump	Finals
9:45 AM	M60-69 Triple Jump	Finals
10:30 AM	M50-59 Pole Vault	Finals
10:30 AM	M50-59 Super Weight	Finals
10:45 AM	W65-74 Shot Put	Finals
11:15 AM	M50-59 Triple Jump	Finals
11:15 AM	W25-59 High Jump	Finals
11:30 AM	M30-49 Weight	Finals
11:30 AM	M70 Triple Jump	Finals
12:00 PM	M30-49 Super Weight	Finals
12:15 PM	M60-69 Pole Vault	Finals
12:15 PM	W75-94 Shot Put	Finals
12:30 PM	W55-69 Triple Jump	Finals
12:30 PM	M75-99 Triple Jump	Finals
1:00 PM	W40-49 Shot Put	Finals
1:30 PM	W60 Shot Put	Finals
1:45 PM	W25-54 Triple Jump	Finals
1:45 PM	W70-89 Triple Jump	Finals

Sunday Track (continued)

2:33 PM	M90-99 200 m	Finals
2:36 PM	M85 200 m	Finals
2:39 PM	M80 200 m	Finals
2:42 PM	M75 200 m	Finals
2:45 PM	M70 200 m	Finals
2:51 PM	M65 200 m	Finals
2:54 PM	M60 200 m	Finals
2:57 PM	M55 200 m	Finals
3:00 PM	M50 200 m	Finals
3:03 PM	M45 200 m	Finals
3:06 PM	M40 200 m	Finals
3:09 PM	M35 200 m	Finals
3:12 PM	M30 200 m	Finals
3:15 PM	M25-29 200 m	Finals
3:30 PM	4x400 m Relays	Finals