

USATF Club Cross Country Championships - 12/11/2021**Apalachee Regional Park****Results****Event 1 Women 6k RR Masters**

Name	Age	Team	Finals	Age-Grading	Points
Results - Women					
1 Karolyn Bowley	W52	Boston Athle	22:52.9	20:23.76	87.48%
2 Lorraine Jasper	W60	Greater Phil	25:50.9	20:28.60	87.18%
3 Michelle Rohl	W56	Greater Phil	24:26.1	20:34.17	86.76%
4 Suzanne La Burt	W58	Shore Athletic Club	24:39.5	20:45.40	85.98%
5 Nancy Simmons	W62	Impala Racing Team	26:16.8	20:49.12	85.74%
6 Suzanne Cordes	W62	Impala Racing Team	26:25.7	20:56.14	85.27%
7 Jeanette Groesz	W72	Team Red Lizard	30:23.2	21:03.46	84.74%
8 Mary Swan	W60	Greater Phil	26:37.2	21:05.26	84.65%
9 Kathi Sleavin	W62	Club Northwest	26:43.0	21:09.85	84.35%
10 Shannon Stryker	W57	The Janes El	25:15.7	21:15.91	83.92%
11 Ingrid Walters	W50	The Janes El	23:52.4	21:16.78	83.85%
12 Gwen Lapham	W51	Club Northwest	23:55.1	21:19.24	83.69%
13 Gail Hall	W62	Club Northwest	27:04.6	21:26.98	83.22%
14 Sharon Gerl	W73	Team Red Lizard	31:00.8	21:29.55	83.03%
15 Abby Dean	W50	Unattached	24:08.5	21:31.15	82.92%
16 Katie Sherron	W40	Gulf Winds T	22:08.7	21:32.56	82.86%
17 Lesley Hinz	W63	T.H.E. Track Team	27:16.0	21:35.99	82.64%
18 Rachel Hopkins	W53	Sirius Athletics	24:20.7	21:42.00	82.23%
19 Maggie Shearer	W44	Cal Coast Tr	22:21.8	21:45.30	82.05%
20 Carre Joyce Heineck	W40	Team Red Lizard	22:29.0	21:52.27	81.62%
21 Hortencia Aliaga	W50	Garden State	24:40.3	21:59.53	81.13%
22 Judy Stobbe	W56	Central Park	26:11.0	22:02.42	80.97%
23 Wendy Terris	W52	Team Red Lizard	24:52.4	22:10.29	80.48%
24 Tania Fischer	W55	The Janes El	26:32.3	22:20.37	79.89%
25 Mary Lynch	W55	The Janes El	26:33.9	22:21.75	79.80%
26 Kris Huff	W57	Atlanta Track Club	26:35.2	22:22.78	79.74%
27 Julie Luft	W59	Sirius Athletics	26:39.4	22:26.39	79.53%
28 Megan Heuer	W40	Club Northwest	23:04.2	22:26.55	79.54%
29 Jill Braley	W43	Atlanta Track Club	23:08.9	22:31.08	79.27%
30 Melissa Landers-Potts	W53	Sirius Athletics	25:21.5	22:36.25	78.94%
31 Alexandra Marzulla	W50	Shore Athletic Club	25:23.5	22:37.99	78.84%
32 Kathleen Hayden	W56	Atlanta Track Club	26:58.4	22:42.32	78.60%
33 Jessica Hruska	W41	Crown Running	23:21.2	22:43.07	78.58%
34 Jill O'Grady	W53	Sirius Athletics	25:35.2	22:48.41	78.23%
35 Emily Shertzer	W42	Moravian Alu	23:29.3	22:50.89	78.13%
36 Kimberly Aspholm	W52	Garden State	25:41.6	22:54.16	77.91%
37 Patti Shore	W55	Impala Racing Team	27:16.1	22:57.27	77.75%
38 Michelle Allen	W58	Gulf Winds T	27:16.7	22:57.76	77.72%
39 Erika Holroyd	W43	Boston Athle	23:36.4	22:57.89	77.73%
40 Euleen Josiah-Tanner	W47	T.H.E. Track Team	24:30.6	23:00.12	77.59%
41 Caoimhe Kilroy	W43	Garden State	23:40.0	23:01.38	77.54%
42 Mireille Silva	W62	Atlanta Track Club	29:04.2	23:01.71	77.52%
43 Izzy Gladstone	W41	Garden State	23:41.4	23:02.75	77.46%
44 Cheryl Bellaire	W62	Greater Phil	29:14.7	23:10.09	77.05%
45 Deborah Fletcher	W51	Club Northwest	26:02.1	23:12.44	76.88%
46 Kirsten Leetch	W55	The Janes El	27:35.2	23:13.31	76.85%
47 Carla McAlister	W48	Cal Coast Tr	24:47.7	23:16.17	76.70%
48 Jodie Jensen	W58	Genesee Vall	27:40.8	23:18.07	76.59%
49 Meghan Lyle	W40	Club Northwest	24:01.1	23:21.88	76.40%
50 Kelly Walsh	W51	Atlanta Track Club	26:14.3	23:23.33	76.29%
51 Gwendolen Twist	W46	The Janes El	24:55.7	23:23.70	76.29%
52 Kathleen Cushing-murray	W56	The Janes El	27:49.4	23:25.26	76.20%

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53	Amy Hines	W41	Gulf Winds T	24:06.8	23:27.37	76.10%
54	Sharon Moore	W67	Genesee Vall	31:41.4	23:31.99	75.84%
55	Kelle Taylor	W58	Unattached	27:58.6	23:33.00	75.78%
56	Kathleen Beebe	W50	Garden State	26:29.7	23:37.07	75.55%
57	Cambria Wu	W43	The Janes El	24:18.0	23:38.32	75.52%
58	Audrey Kroot	W41	Cal Coast Tr	24:18.3	23:38.57	75.50%
59	Mary Babcock	W41	Garden State	24:24.3	23:44.40	75.19%
60	Tina Klein	W56	T.H.E. Track Team	28:14.8	23:46.67	75.05%
61	Cynthia Williams	W65	Atlanta Track Club	32:03.0	23:47.98	74.99%
62	Laura Reina	W57	Gulf Winds T	28:20.7	23:51.66	74.79%
63	Emily Noble	W42	Sirius Athletics	24:38.6	23:58.34	74.46%
64	Heather Cappello	W41	Boston Athle	24:40.5	24:00.21	74.37%
65	Bonnie Lindblom	W58	Genesee Vall	28:31.1	24:00.38	74.34%
66	Sandra Gregorich	W59	Genesee Vall	28:32.3	24:01.41	74.29%
67	Laura Osman	W41	Cal Coast Tr	24:45.1	24:04.70	74.14%
68	Amy Fakterowitz	W53	Checkers AC	27:01.9	24:05.71	74.05%
69	Erin Dewalt	W41	Moravian Alu	24:54.8	24:14.12	73.66%
70	Amanda Watters	W41	Boston Athle	24:56.4	24:15.71	73.58%
71	Cande Olsen	W71	Team Red Lizard	35:01.2	24:16.14	73.53%
72	Susan Stirrat	W66	Shore Athletic Club	32:45.2	24:19.36	73.38%
73	Kristen Hetzel	W41	The Janes El	25:01.5	24:20.61	73.33%
74	Margaret Taylor	W66	Atlanta Track Club	32:47.1	24:20.72	73.31%
75	Kathy Wiegand	W47	Atlanta Track Club	25:58.2	24:22.34	73.23%
76	Katie Famous	W42	Impala Racing Team	25:04.2	24:23.21	73.20%
77	Tamar Gamliel	W42	The Janes El	25:05.0	24:24.03	73.16%
78	Alison Schwalm	W43	Greater Phil	25:06.5	24:25.49	73.09%
79	Betsy Stewart	W58	Greater Phil	29:01.3	24:25.81	73.05%
80	Gabrielle Panepinto	W48	Garden State	26:03.7	24:27.54	72.97%
81	Jennifer Perry	W41	Moravian Alu	25:10.7	24:29.55	72.88%
82	Michelle Richards	W48	Team Red Lizard	26:15.5	24:38.57	72.42%
83	Nancy Wilkins-Diehr	W59	Florida Trac	29:18.0	24:39.88	72.36%
84	Colleen Newman	W61	Checkers AC	31:08.4	24:40.15	72.36%
85	Norma Hudnall	W71	Atlanta Track Club	35:52.5	24:51.68	71.78%
86	Laura Johnson	W53	Sirius Athletics	27:55.6	24:53.60	71.68%
87	Kerry Gaughan	W58	Shore Athletic Club	29:35.1	24:54.24	71.66%
88	Rhia Kilpatrick	W43	Sirius Athletics	25:39.7	24:57.75	71.51%
89	Judith Puzon	W53	Club Northwest	28:12.4	25:08.54	70.97%
90	Judy Arlington	W55	Checkers AC	29:52.9	25:09.26	70.95%
91	Jen Hetrick	W40	Moravian Alu	25:53.6	25:11.32	70.87%
92	Robin Tanner	W60	Atlanta Track Club	31:49.3	25:12.50	70.81%
93	Jennifer Saam	W48	Club Northwest	26:56.3	25:16.89	70.59%
94	Kathi Stewart	W46	Sirius Athletics	26:58.9	25:19.29	70.48%
95	Carol Reif	W57	Genesee Vall	30:11.1	25:24.59	70.23%
96	Kathleen Allen	W72	Atlanta Track Club	36:40.0	25:24.61	70.23%
97	Elisha Boggs	W44	Sirius Athletics	26:13.1	25:30.27	69.99%
98	Teresa Quan	W60	Impala Racing Team	32:16.8	25:34.31	69.81%
99	Ani Go	W53	Central Park	28:42.4	25:35.34	69.73%
100	Carolyn Smith-Hanna	W71	Genesee Vall	37:08.1	25:44.06	69.34%
101	Elizabeth Unislawski	W66	Atlanta Track Club	34:46.2	25:49.17	69.12%
102	Kelly Kruell	W62	Club Northwest	32:46.1	25:57.51	68.77%
103	Terry Ozell	W68	Atlanta Track Club	35:04.0	26:02.38	68.54%
104	Gail Geiger	W58	Genesee Vall	31:47.4	26:45.65	66.69%
105	Susan Pearsall	W56	Central Park	31:49.4	26:47.30	66.62%
106	Hiroko Guarneri	W46	Atlanta Track Club	28:34.2	26:48.70	66.57%
107	Leslie Nowicki	W58	Shore Athletic Club	32:33.1	27:24.07	65.13%

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108	Darlene Saeva	W63	Genesee Vall	34:52.2	27:37.41	64.62%
109	Connie Bean	W58	Atlanta Track Club	33:11.9	27:56.79	63.86%
110	Myrna Barnett	W78	Atlanta Track Club	44:52.4	28:52.53	61.80%
111	Tiffany Pfluger	W41	Moravian Alu	30:18.7	29:29.21	60.54%
112	Catherine Radle	W78	Atlanta Trac	45:49.6	29:29.37	60.52%
113	Marion Finley	W70	Atlanta Track Club	44:19.2	30:42.80	58.10%
114	Kimberly Soden	W41	Moravian Alu	32:36.0	31:42.79	56.29%
115	Mary Reed	W70	Atlanta Trac	46:53.7	32:29.85	54.91%
116	Carol Patterson	W74	Atlanta Trac	47:56.4	33:13.32	53.71%
117	Carol Rhodes	W73	Unattached	51:47.4	35:53.42	49.72%
118	Helene Myers	W67	Potomac Vall	49:45.0	36:56.67	48.31%

USATF Club Cross Country Championships - 12/11/2021**Apalachee Regional Park****Results****Event 2 Men 8k CC 60+ Masters**

Name	Age	Team	Finals	Age-Grading	Points
Results - Men					
1 Daniel King	M62	Athletics Boulder	29:55.2	24:20.38	87.12%
2 Tim DeGrado	M61	Boulder Road	30:42.2	24:58.57	84.90%
3 Roger Sayre	M63	Boulder Road	30:48.7	25:03.91	84.60%
4 Robert McCormack	M61	Hfc Striders	31:10.3	25:21.49	83.62%
5 Kevin Ostenberg	M61	Hoka Aggie R	31:12.9	25:23.55	83.51%
6 Paul Abdalla	M60	Club Northwest	31:13.5	25:24.11	83.48%
7 Mark Tatum	M61	Boulder Road	31:14.1	25:24.56	83.45%
8 Rick Lee	M60	Shore Athletic Club	31:16.3	25:26.38	83.36%
9 William Enicks	M62	So Cal Track Club	31:20.2	25:29.48	83.19%
10 David Litoff	M60	Athletics Boulder	31:27.9	25:35.78	82.85%
11 Philip Garland	M61	F and M Track Club	31:29.9	25:37.45	82.76%
12 Joseph Mora	M60	Genesee Vall	31:33.7	25:40.54	82.59%
13 Daniel Johnson	M64	TC Running Company	31:41.1	25:46.49	82.27%
14 Rob Class	M61	TC Running Company	31:41.7	25:47.01	82.24%
15 Ronald Wells	M75	San Diego Striders	37:57.5	26:11.25	80.97%
16 Casey Hannan	M62	Atlanta Track Club	32:40.9	26:35.18	79.76%
17 Thomas Cushman	M68	Hoka Aggie R	34:12.3	26:35.46	79.72%
18 Dave Glass	M75	Atlanta Track Club	38:34.8	26:36.99	79.66%
19 Doug Bell	M71	Boulder Road	35:58.5	26:37.52	79.64%
20 Pete Bottomley	M60	Dirigo R.C.	32:47.8	26:40.75	79.48%
21 Walter Newcomer	M65	F and M Track Club	34:23.9	26:44.43	79.27%
22 Peter Kessler	M60	TC Running Company	32:58.6	26:49.54	79.05%
23 Timothy Conheady	M64	Greater Phil	32:59.2	26:50.05	79.02%
24 Kevin Dollard	M66	Shore Athletic Club	34:42.9	26:59.23	78.55%
25 Rick Pfeiffer	M70	San Diego Striders	36:28.3	26:59.53	78.56%
26 Tomas Rodriguez	M68	Cal Coast Tr	34:46.1	27:01.71	78.43%
27 David Dunbar	M72	Jamul Toads	36:32.4	27:02.60	78.41%
28 Michael Lebold	M64	Jamul Toads	33:22.8	27:09.25	78.09%
29 Adam Feerst	M61	Boulder Road	33:23.4	27:09.75	78.07%
30 Ezequiel Garcia	M76	Clifton Road	39:25.8	27:12.12	77.95%
31 Reno Stirrat	M67	Shore Athletic Club	35:01.8	27:13.95	77.84%
32 Mike Wien	M70	Boulder Road	36:55.7	27:19.81	77.58%
33 Brian Nelson	M64	Cal Coast Tr	33:36.0	27:20.01	77.58%
34 Bobby Hastings	M63	Hoka Aggie R	33:41.7	27:24.64	77.36%
35 Gary Patton	M75	So Cal Track Club	39:44.3	27:24.93	77.34%
36 Michael Salamone	M62	Shore Athletic Club	33:45.6	27:27.77	77.21%
37 Brian Cummins	M66	Syracuse Track Club	35:28.9	27:34.96	76.85%
38 David White-Espin	M60	Club Northwest	33:56.8	27:36.88	76.79%
39 Mark Rybinski	M66	Genesee Vall	35:32.9	27:38.06	76.71%
40 Jay Littlepage	M62	Athletics Boulder	34:00.1	27:39.61	76.66%
41 Timothy Riccardi	M63	Genesee Vall	34:05.3	27:43.86	76.47%
42 Thom Hunt	M63	Jamul Toads	34:11.9	27:49.16	76.23%
43 Mark Hawkins	M62	Nittany Vall	34:14.0	27:50.92	76.14%
44 Keith Witthauer	M66	Cal Coast Tr	35:50.6	27:51.89	76.07%
45 Eugene Myers	M69	Potomac Vall	35:55.0	27:55.28	75.92%
46 Scott Linnell	M65	Shore Athlet	35:56.9	27:56.76	75.85%
47 Jeff Shaver	M61	Hoka Aggie R	34:32.0	28:05.52	75.49%
48 Leo Lenting	M64	Hoka Aggie R	34:35.9	28:08.70	75.34%
49 Sam Legierski	M63	Checkers AC	34:40.1	28:12.15	75.19%
50 Kevin Paulk	M61	Atlanta Track Club	34:41.3	28:13.14	75.15%
51 Jim May	M75	Genesee Vall	41:16.9	28:28.77	74.45%
52 Greg Wagner	M66	Jamul Toads	36:40.1	28:30.35	74.36%

USATF Club Cross Country Championships - 12/11/2021**Apalachee Regional Park****Results****....Event 2 Men 8k CC 60+ Masters**

53	Jerry Learned	M73 Atlanta Track Club	38:34.9	28:33.25	74.26%
54	Robert Harber	M63 Kansas City Smoke	35:06.1	28:33.30	74.26%
55	Richard Katz	M73 Boulder Road	38:37.3	28:35.03	74.18%
56	Don Hughes	M64 Syracuse Track Club	35:08.5	28:35.22	74.18%
57	David Longmuir	M74 Club Northwest	38:38.3	28:35.73	74.15%
58	Scott Harvey	M71 Club Northwest	38:47.0	28:42.17	73.87%
59	Mark Core	M62 Cal Coast Tr	35:18.3	28:43.18	73.84%
60	Brad Thompson	M61 Cal Coast Tr	35:21.7	28:45.98	73.72%
61	Rick Bruess	M62 Athletics Boulder	35:24.7	28:48.40	73.61%
62	Stan McCormack	M64 Kansas City Smoke	35:24.9	28:48.57	73.61%
63	Gary Radford	M65 Genesee Vall	37:16.5	28:58.63	73.15%
64	Kevin Jenkins	M64 Syracuse Track Club	35:52.9	29:11.35	72.65%
65	Bob Nugent	M61 Unattached	36:12.2	29:27.07	72.00%
66	Jimmy Fallon	M61 Hfc Striders	36:41.5	29:50.88	71.04%
67	Mitch Moore	M67 Genesee Vall	38:27.8	29:54.03	70.89%
68	George Mason	M66 Unattached	38:28.5	29:54.60	70.87%
69	Mark Adams	M62 Montgomery C	36:47.8	29:55.99	70.84%
70	Carston Wagner	M62 TC Running Company	36:49.1	29:57.09	70.80%
71	Aaron Pratt	M67 Ann Arbor Tr	38:31.9	29:57.28	70.76%
72	David MacVittie	M64 Checkers AC	36:52.9	30:00.20	70.68%
73	Douglas Wood	M71 Syracuse Track Club	40:34.6	30:01.82	70.61%
74	Donald Schwartz	M61 Shore Athletic Club	36:59.9	30:05.89	70.45%
75	Bob Albritton	M70 Piedmont Pac	40:44.0	30:08.77	70.34%
76	Liam Finnigan	M75 Genesee Vall	43:44.8	30:10.83	70.25%
77	Bruce Kirschner	M68 Boulder Road	38:58.1	30:17.61	69.97%
78	Keith Yeates	M74 Genesee Vall	41:00.3	30:20.87	69.87%
79	Steve Brumwell	M63 Cal Coast Tr	37:30.4	30:30.71	69.50%
80	Jan Frisby	M77 Boulder Road	44:29.8	30:41.85	69.07%
81	Phil Richey	M64 Atlanta Track Club	37:46.5	30:43.75	69.01%
82	Kevin Searls	M63 Hoka Aggie R	37:51.6	30:47.94	68.85%
83	Randy Stroud	M67 Atlanta Trac	39:45.8	30:54.67	68.57%
84	Ken Atterholt	M61 Cal Coast Tr	38:02.2	30:56.51	68.53%
85	Neil Feather	M67 Atlanta Track Club	39:53.2	31:00.45	68.36%
86	Przemyslaw Nowicki	M77 Shore Athlet	44:59.5	31:02.38	68.31%
87	John Combs	M74 Cal Coast Tr	42:03.9	31:07.91	68.11%
88	Bob Dalton	M68 Atlanta Trac	40:06.4	31:10.69	67.99%
89	William Amor	M62 Cal Coast Tr	38:30.8	31:19.84	67.68%
90	Brent Cushenbery	M62 River City Rebels	38:56.7	31:40.89	66.93%
91	Patrick Lafferty	M65 F and M Track Club	40:52.8	31:46.82	66.70%
92	Jim Bitsko	M61 Atlanta Trac	39:09.5	31:51.30	66.57%
93	John Elliott	M83 Potomac Vall	51:13.0	31:56.01	66.38%
94	Steve Doyle	M73 San Diego Striders	43:10.2	31:57.00	66.37%
95	Jeffrey Kirchner	M62 F and M Track Club	39:29.2	32:07.32	66.01%
96	Daniel Diehr	M72 San Diego Striders	43:40.4	32:19.37	65.60%
97	Harry Pino	M62 Shore Athlet	39:51.0	32:25.05	65.41%
98	Gene Jensen	M67 Genesee Vall	41:42.2	32:25.18	65.38%
99	Raymond Eck	M75 Boulder Road	47:00.6	32:25.90	65.38%
100	Roger Salmons	M73 Genesee Vall	44:09.0	32:40.52	64.89%
101	Andy Harris	M62 River City Rebels	40:11.7	32:41.91	64.85%
102	Jim Glinsky	M75 Genesee Vall	47:25.4	32:43.05	64.81%
103	Allen Joyce	M72 Atlanta Track Club	44:22.0	32:50.09	64.58%
104	Roland Cormier	M81 Shore Athlet	53:01.1	33:03.42	64.13%
105	Adrian Craven	M85 Atlanta Track Club	1:02:26.3	33:45.98	62.78%
106	Patrick Taylor	M73 Atlanta Trac	45:40.6	33:48.29	62.72%
107	David Stauffer	M72 Piedmont Pac	45:45.9	33:52.21	62.60%

USATF Club Cross Country Championships - 12/11/2021**Apalachee Regional Park****Results****....Event 2 Men 8k CC 60+ Masters**

108 Kevin Kelly	M70 Syracuse Track Club	46:21.1	34:18.28	61.81%
109 Dixon Cook	M74 Piedmont Pac	46:44.8	34:35.80	61.29%
110 Charlie Patterson	M79 Atlanta Trac	51:07.6	35:16.29	60.11%
111 Michael Reif	M73 Genesee Vall	47:42.7	35:18.68	60.05%
112 Mike Spencer	M61 Atlanta Trac	43:24.5	35:18.77	60.05%
113 Michael Mester	M65 Ann Arbor Tr	45:28.1	35:20.80	59.97%
114 Andrew Sherwood	M82 Atlanta Track Club	57:55.2	36:06.75	58.70%
115 Joseph Lenahan	M75 Atlanta Trac	52:43.1	36:22.20	58.30%
116 James Miner	M73 Syracuse Track Club	49:45.4	36:49.49	57.58%
117 David Turner	M82 Atlanta Track Club	59:04.8	36:50.18	57.55%
118 Gerald Miller	M78 Atlanta Trac	55:25.2	38:14.03	55.46%
119 Morris Williams	M76 Atlanta Trac	55:45.8	38:28.26	55.11%
120 James Foster	M70 Syracuse Track Club	52:37.4	38:56.79	54.44%
121 Tom Derderian	M72 Greater Bost	52:37.5	38:56.84	54.44%
122 Michael De Witt	M71 Southeast Wi	53:33.1	39:38.01	53.50%
123 Steve Swindel	M68 River City Rebels	51:49.3	40:17.14	52.62%
124 Sam Benedict	M74 Atlanta Trac	55:03.2	40:44.64	52.04%
125 Bob Milan	M72 Piedmont Pac	58:08.0	43:01.46	49.28%
126 Patrick Riccardi	M71 Syracuse Track Club	1:03:08.0	46:43.45	45.38%
-- Sid Davis	M87 Atlanta Track Club		NT	
-- Kirk Larson	M70 Atlanta Track Club		DNF	
-- Will Charles	M70 F and M Track Club		DNF	
-- William Sumner	M73 Cal Coast Tr		DNF	

USATF Club Cross Country Championships - 12/11/2021**Apalachee Regional Park****Results****Event 3 Men 10k CC 40-59 Masters**

Name	Age	Team	Finals	Age-Grading	Points
Results - Men					
1 Mark Yuen	M51	West Valley	34:07.6	30:20.93	88.05%
2 Peter Hammer	M55	Boston Athle	35:46.0	30:28.13	87.70%
3 Jaime Heilpern	M51	Hoka Aggie R	34:34.7	30:44.98	86.91%
4 David White	M56	West Valley	36:40.2	31:14.30	85.54%
5 Todd Rose	M48	West Valley	34:13.6	31:43.05	84.24%
6 Ivan Lieben	M52	West Valley	35:40.7	31:43.74	84.22%
7 Jesse Davis	M40	IndianaELIT	32:55.1	31:44.00	84.20%
8 Dean Thompson	M56	Chattanooga	37:17.4	31:46.02	84.12%
9 Jacques Sallberg	M47	Cal Coast Tr	34:22.8	31:51.54	83.87%
10 Gregory Putnam	M52	Central Mass	35:56.8	31:58.02	83.60%
11 Peter Gilmore	M44	West Valley	33:12.4	32:00.61	83.47%
12 Eric Blake	M42	Central Mass	33:14.2	32:02.40	83.39%
13 Gregory Mitchell	M48	Bowerman Track Club	34:42.5	32:09.85	83.07%
14 David Wertz	M46	Pacers/GRC NB	34:42.6	32:09.94	83.07%
15 Emmet Hogan	M52	Club Northwest	36:11.5	32:11.04	83.03%
16 Tim Meigs	M55	Bull City Tr	37:50.3	32:14.01	82.90%
17 Craig Godwin	M54	Bowerman Track Club	36:16.9	32:15.88	82.83%
18 Roosevelt Cook	M42	Cal Coast Tr	33:35.2	32:22.62	82.52%
19 Joshua McAdams	M41	Boise Bettie	33:38.1	32:25.38	82.41%
20 John Van Danacker	M59	TC Running Company	38:06.1	32:27.51	82.32%
21 Alexander Taylor	M41	Boston Athle	33:41.2	32:28.40	82.28%
22 Orin Schumacher	M48	Bowerman Track Club	35:05.9	32:31.51	82.15%
23 Blair Cossey	M56	Club Northwest	38:18.7	32:38.25	81.87%
24 Mark Hixson	M56	Greater Spri	38:21.5	32:40.64	81.77%
25 Konrad Knutsen	M45	West Valley	35:17.9	32:42.63	81.69%
26 Charles Mullane	M52	West Valley	36:48.4	32:43.93	81.64%
27 Nat Larson	M59	Greater Spri	38:25.6	32:44.08	81.63%
28 Kelly Mortenson	M50	TC Running Company	36:54.2	32:49.08	81.43%
29 Michael Nahom	M54	Greater Spri	36:57.0	32:51.54	81.33%
30 Richard Falcone	M51	Garden State	36:58.4	32:52.79	81.28%
31 Paul Smith	M57	Bowerman Track Club	38:36.3	32:53.20	81.25%
32 Kevin Shirk	M42	Garden State	34:06.9	32:53.23	81.24%
33 Steven Short	M45	Team Red Lizard	35:34.3	32:57.81	81.06%
34 Peter Bromka	M40	Bowerman Track Club	34:12.3	32:58.42	81.03%
35 Elliott Frieder	M51	Garden State	37:05.2	32:58.81	81.03%
36 Todd Wiley	M51	Garden State	37:06.3	32:59.84	80.99%
37 Mark Callon	M53	West Valley	37:07.7	33:01.03	80.94%
38 Aaron Price	M45	Boston Athle	35:38.1	33:01.31	80.92%
39 Jonathan Frieder	M51	Garden State	37:09.9	33:02.98	80.86%
40 Mike Nier	M57	Genesee Vall	38:56.0	33:10.04	80.57%
41 John McMahon	M55	Checkers AC	38:58.2	33:11.86	80.49%
42 John Poray	M40	IndianaELIT	34:28.5	33:13.97	80.40%
43 Jasen Ritter	M47	IndianaELIT	35:52.4	33:14.62	80.38%
44 Tim Harte	M53	Greater Phil	37:23.7	33:15.28	80.36%
45 Mike Cole	M46	IndianaELIT	35:55.0	33:16.99	80.28%
46 Kristian Blaich	M55	Atlanta Track Club	39:06.5	33:18.98	80.20%
47 Jason Holroyd	M45	Boston Athle	36:00.3	33:21.92	80.08%
48 Chris Garvin	M40	Hfc Striders	34:38.2	33:23.33	80.02%
49 David Angell	M45	Roanoke Vall	36:02.8	33:24.22	79.99%
50 Benjamin Koss	M41	West Valley	34:40.7	33:25.72	79.93%
51 Joseph Hegge	M52	Garden State	37:38.5	33:28.41	79.83%
52 Brock Butler	M44	Greater Phil	34:44.1	33:29.04	79.80%

USATF Club Cross Country Championships - 12/11/2021**Apalachee Regional Park****Results****....Event 3 Men 10k CC 40-59 Masters**

53	Brantley Lutz	M46	Dukes Track Club	36:08.1	33:29.17	79.79%
54	Ahrlin Bauman	M48	Bowerman Track Club	36:09.1	33:30.10	79.76%
55	Bryan Lindsay	M41	Indiana Elit	34:48.5	33:33.26	79.63%
56	Joseph Shairs	M53	Central Mass	37:44.9	33:34.15	79.61%
57	Christopher Naimoli	M42	Greater Phil	34:49.7	33:34.49	79.58%
58	Aaron Totten-Lancaster	M46	Atlanta Track Club	36:14.5	33:35.08	79.56%
59	Steve Brightman	M53	Central Mass	37:47.6	33:36.54	79.51%
60	Fabian Eduardo Daza	M40	Garden State	34:52.6	33:37.24	79.47%
61	Christian Cushing-murray	M54	Cal Coast Tr	37:49.7	33:38.46	79.44%
62	Matthew Farley	M53	Bowerman Track Club	37:50.3	33:38.96	79.42%
63	Tim Schuler	M58	F and M Track Club	39:35.1	33:43.34	79.24%
64	John Howell	M48	Bowerman Track Club	36:24.7	33:44.55	79.19%
65	Flavio De Simone	M51	Boulder Road	37:57.0	33:44.88	79.19%
66	Carl Winter	M55	Club Northwest	39:37.2	33:45.12	79.17%
67	Michael Strickland	M55	Atlanta Track Club	39:37.3	33:45.24	79.17%
68	Eric Hartmann	M53	Bowerman Track Club	37:58.4	33:46.12	79.14%
69	Julian Marsh	M48	West Valley	36:30.2	33:49.65	78.99%
70	Allan Severude	M56	TC Running Company	39:43.1	33:50.17	78.97%
71	Matthew Waite	M53	TC Running Company	38:05.8	33:52.70	78.88%
72	Tim Van Orden	M53	Central Mass	38:09.1	33:55.70	78.76%
73	Kenny Miller	M44	Run MN	35:14.0	33:57.87	78.67%
74	David Simmons	M43	Club Northwest	35:14.7	33:58.50	78.64%
75	Dale Flanders	M56	Genesee Vall	39:53.8	33:59.23	78.62%
76	Ben Sauvage	M52	Club Northwest	38:13.6	33:59.68	78.61%
77	Steve Gourley	M43	Philadelphia	35:16.2	33:59.95	78.59%
78	Matthew Wagoner	M44	Greater Phil	35:19.2	34:02.91	78.47%
79	Thomas Burns	M40	Indiana Elit	35:22.3	34:05.89	78.36%
80	John Probst	M54	Boulder Road	38:20.9	34:06.18	78.36%
81	TJ Unger	M43	Hfc Striders	35:23.3	34:06.84	78.32%
82	John Foster	M48	Boise Bettie	36:51.1	34:09.00	78.24%
83	Brendan Prindiville	M44	Boston Athle	35:27.3	34:10.66	78.18%
84	Wayne Levy	M56	Boston Athle	40:08.4	34:11.65	78.15%
85	Edward Randolph	M52	West Valley	38:27.5	34:12.04	78.14%
86	Joe Borg	M40	Pacers/GRC NB	35:28.8	34:12.15	78.12%
87	Brent Fields	M49	Atlanta Track Club	36:56.1	34:13.59	78.07%
88	Harold Porcher	M57	Garden State	40:12.2	34:14.91	78.02%
89	Jeff Hashimoto	M50	Club Northwest	38:32.2	34:16.25	77.98%
90	Dan Smith	M43	Boston Athle	35:34.3	34:17.40	77.92%
91	Robert Murray	M52	Greater Spri	38:33.6	34:17.48	77.93%
92	Todd Callaghan	M52	Central Mass	38:34.7	34:18.46	77.89%
93	Timothy Meyer	M40	Lrc Nebraska	35:37.3	34:20.29	77.81%
94	Glen Weissman	M52	Club Northwest	38:37.5	34:20.96	77.80%
95	John Montgomery	M46	West Valley	37:04.5	34:21.45	77.77%
96	Paul Jones	M46	Bull City Tr	37:05.4	34:22.29	77.74%
97	Fred Weir	M55	Atlanta Track Club	40:23.0	34:24.12	77.67%
98	Timothy Gavin	M46	Hfc Striders	37:08.1	34:24.78	77.64%
99	Philip Keller	M41	Dukes Track Club	35:43.1	34:25.88	77.60%
100	Steve Bell	M50	Atlanta Track Club	38:43.8	34:26.51	77.59%
101	Jason Cakouros	M56	Hfc Striders	40:26.6	34:27.23	77.56%
102	Matthew Carter	M43	Boston Athle	35:44.5	34:27.31	77.55%
103	Mark Carroll	M49	Boston Athle	37:13.7	34:29.98	77.45%
104	Jason Page	M47	Bull City Tr	37:15.8	34:31.89	77.38%
105	Todd Straka	M54	Boulder Road	38:50.4	34:32.38	77.37%
106	Jim Larranaga	M56	TC Running Company	40:33.3	34:32.90	77.34%
107	Robert Economy	M57	TC Running Company	40:35.3	34:34.64	77.28%

USATF Club Cross Country Championships - 12/11/2021**Apalachee Regional Park****Results****....Event 3 Men 10k CC 40-59 Masters**

108	Ian Fraser	M47 Club Northwest	37:19.1	34:34.96	77.26%
109	Torrey Lindbo	M49 Team Red Lizard	37:20.2	34:35.93	77.23%
110	Dickson Mercer	M40 Pacers/GRC NB	35:55.6	34:37.93	77.15%
111	Roger Dix	M54 Hoka Aggie R	38:58.4	34:39.54	77.10%
112	Paul Thiels	M58 Power Miler	40:42.6	34:40.86	77.05%
113	Steven Wilcox	M51 Unattached	39:00.6	34:41.43	77.03%
114	Matthew Yacoub	M47 Cal Coast Tr	37:30.1	34:45.10	76.89%
115	John Hogan	M56 Garden State	40:48.4	34:45.78	76.87%
116	Ben Turman	M51 West Valley	39:06.8	34:47.01	76.83%
117	Jake Stout	M40 Team Red Lizard	36:07.5	34:49.46	76.73%
118	Phillip Gonzalez	M44 Cal Coast Tr	36:08.5	34:50.40	76.69%
119	Ben Brauer	M51 Club Northwest	39:12.7	34:52.20	76.64%
120	Frederick Dolan	M49 Atlanta Track Club	37:42.1	34:56.28	76.48%
121	Kevin Konczak	M52 Boulder Road	39:18.3	34:57.21	76.45%
122	Eric Johnson	M47 Run MN	37:43.6	34:57.67	76.43%
123	Francis Burdett	M56 Greater Spri	41:04.3	34:59.33	76.37%
124	John Markell	M48 West Valley	37:48.3	35:01.97	76.27%
125	Ian Berman	M51 Bowerman Track Club	39:25.1	35:03.24	76.24%
126	Michael McGrane	M51 Boston Athle	39:26.2	35:04.20	76.20%
127	Jeff Soares	M58 Santa Cruz T	41:13.0	35:06.74	76.10%
128	Ryan Shrum	M54 Chattanooga	39:29.6	35:07.29	76.09%
129	Scott Burns	M41 Greater Phil	36:27.6	35:08.84	76.02%
130	Ahmet Gokcek	M54 West Valley	39:33.6	35:10.78	75.96%
131	Bryce Lighthall	M40 Unattached	36:32.0	35:13.08	75.87%
132	Lucas Agricola	M40 Cal Coast Tr	36:42.1	35:22.82	75.52%
133	Charles Trujillo	M55 Boulder Road	41:32.5	35:23.32	75.51%
134	Jesus Muniz	M50 Philadelphia	39:48.2	35:23.76	75.50%
135	Nick Martin	M42 Bowerman Track Club	36:46.7	35:27.21	75.36%
136	Daniel Franek	M56 Bowerman Track Club	41:38.0	35:28.04	75.34%
137	Harsha Thirumurthy	M44 Philadelphia	36:49.7	35:30.12	75.26%
138	Jamey Gifford	M43 West Valley	36:52.5	35:32.86	75.16%
139	Daniel Bartosz	M45 Team Red Lizard	38:22.1	35:33.34	75.15%
140	Tom Kutter	M41 Atlanta Track Club	37:01.2	35:41.17	74.87%
141	Tim Willcox	M43 Movin' Shoes	37:06.0	35:45.85	74.71%
142	Gregory Coughlan	M52 Bowerman Track Club	40:14.3	35:47.02	74.68%
143	James McDonald	M52 Boulder Road	40:16.2	35:48.69	74.62%
144	Jeff Zeha	M40 Indiana Elit	37:10.7	35:50.32	74.55%
145	Duane Rorie	M52 Boulder Road	40:18.3	35:50.56	74.56%
146	Tim Ensign	M59 Chattanooga	42:10.7	35:55.86	74.37%
147	Benjamin Flaata	M42 Team Red Lizard	37:17.0	35:56.46	74.34%
148	Robb Awe	M47 Indiana Elit	38:49.7	35:58.88	74.26%
149	Bill Boben	M58 F and M Track Club	42:14.8	35:59.41	74.25%
150	Robert Arsenault	M56 Cal Coast Tr	42:15.3	35:59.79	74.23%
151	Jose Anguiano	M49 West Valley	38:52.3	36:01.32	74.18%
152	Frederick Herr	M55 Cal Coast Tr	42:17.6	36:01.77	74.17%
153	Todd Witzleben	M41 Checkers AC	37:26.8	36:05.86	74.02%
154	Mark Donahue	M50 Club Northwest	40:38.8	36:08.76	73.93%
155	Sean Abeyta	M40 Dukes Track Club	37:31.3	36:10.25	73.87%
156	Marc Jeuland	M42 Bull City Tr	37:32.1	36:11.02	73.84%
157	John Leo	M57 Club Northwest	42:31.0	36:13.21	73.77%
158	Richard Jennings	M45 Cal Coast Tr	39:07.0	36:14.91	73.71%
159	Jay Oligmueller	M40 Lrc Nebraska	37:41.5	36:20.05	73.54%
160	Michael Scholtz	M56 Unattached	42:43.3	36:23.63	73.42%
161	Wynn Davis	M40 Run MN	37:47.9	36:26.22	73.33%
162	Thomas Schumann	M57 Cal Coast Tr	42:47.6	36:27.31	73.30%

USATF Club Cross Country Championships - 12/11/2021**Apalachee Regional Park****Results****....Event 3 Men 10k CC 40-59 Masters**

163 Douglas Cross	M53 Chattanooga	41:04.8	36:31.89	73.15%
164 Jacob Kaemmer	M44 Unattached	37:57.6	36:35.55	73.02%
165 Jon Erskine	M50 West Valley	41:08.9	36:35.56	73.03%
166 Donald Gallogly	M54 Bowerman Track Club	41:11.1	36:37.52	72.96%
167 Paul Mannino	M48 Club Northwest	39:33.2	36:39.24	72.90%
168 Shawn Donley	M52 Bowerman Track Club	41:15.9	36:41.81	72.82%
169 Theodor Schnauffer	M57 Genesee Vall	43:06.6	36:43.48	72.76%
170 Brian Sydow	M48 Atlanta Track Club	39:40.9	36:46.32	72.66%
171 Jim Holovnia	M57 TC Running Company	43:25.7	36:59.75	72.23%
172 David Bedoya	M44 Boston Athle	38:29.8	37:06.66	72.00%
173 Glenn Mohler	M60 F and M Track Club	45:34.1	37:06.90	71.98%
174 Jeff Haushalter	M54 Atlanta Track Club	41:50.1	37:12.23	71.83%
175 Steven Segaloff	M51 Garden State	42:00.9	37:21.83	71.52%
176 Chip Hawkins	M52 Atlanta Track Club	42:07.3	37:27.48	71.34%
177 Kevan Chu	M53 Santa Cruz T	42:10.7	37:30.52	71.25%
178 Paul Miller	M57 Movin' Shoes	44:02.8	37:31.42	71.21%
179 Christopher Bain	M44 Pacers/GRC NB	38:58.2	37:34.03	71.12%
180 Geoffrey Njonjo	M40 Club Northwest	38:59.5	37:35.25	71.08%
181 Christopher Benestad	M44 Boston Athle	38:59.8	37:35.56	71.07%
182 Michael Anis	M40 Garden State	39:02.4	37:38.00	71.00%
183 Garland Days	M51 Team Red Lizard	42:19.7	37:38.57	70.99%
184 Marco Cardoso	M49 Garden State	40:38.3	37:39.51	70.95%
185 Van Merceron	M60 Power Miler	46:14.9	37:40.11	70.92%
186 Kelly Halverson	M41 Lrc Nebraska	39:08.7	37:44.12	70.81%
187 Frank Nelson	M50 Hfc Striders	42:26.3	37:44.39	70.81%
188 Michael Daniels	M42 Hfc Striders	39:09.5	37:44.91	70.78%
189 Bob Ring	M41 Checkers AC	39:13.1	37:48.33	70.67%
190 Ryan Regnier	M45 Lrc Nebraska	40:48.9	37:49.37	70.64%
191 Ryan Davenport	M47 Boston Athle	40:54.5	37:54.52	70.49%
192 Mike Engelhardt	M51 Dukes Track Club	42:41.5	37:57.91	70.39%
193 Reza Manavi	M43 Greater Phil	39:25.0	37:59.79	70.32%
194 Tripp McCallie	M52 Chattanooga	42:53.2	38:08.29	70.07%
195 Jeff Gennusa	M43 Power Miler	39:36.0	38:10.42	69.99%
196 Mario Cadete	M49 West Valley	41:23.7	38:21.65	69.65%
197 Ryan Hatt	M40 Lrc Nebraska	39:49.2	38:23.13	69.61%
198 William Fife	M52 F and M Track Club	43:11.7	38:24.76	69.57%
199 Charles Smith	M47 Lrc Nebraska	41:27.3	38:24.93	69.56%
200 Kevin Barda	M54 Cal Coast Tr	43:17.4	38:29.85	69.42%
201 Tom Drummond	M55 Philadelphia	45:21.9	38:38.78	69.14%
202 Matthew Cutrona	M51 Unattached	43:29.8	38:40.91	69.09%
203 Venelin Tchamov	M55 Genesee Vall	45:39.3	38:53.56	68.71%
204 Zachary Staniszewski	M42 Movin' Shoes	40:21.9	38:54.67	68.67%
205 Nate Bowen	M45 West Valley	42:03.4	38:58.38	68.56%
206 Brett Winegar	M42 Club Northwest	40:35.9	39:08.13	68.27%
207 David Michael Wege	M59 F and M Track Club	46:07.9	39:17.94	68.00%
208 Aaron Hale	M44 Bull City Tr	40:47.9	39:19.74	67.94%
209 Sal LaMartina	M41 Power Miler	40:59.0	39:30.40	67.63%
210 Martin Bett	M44 Atlanta Track Club	41:01.6	39:32.91	67.56%
211 Todd Dinkelman	M46 Boise Bettie	42:49.4	39:41.05	67.33%
212 Zachary Redding	M43 Movin' Shoes	41:25.6	39:56.08	66.91%
213 Chris Georgules	M48 Boston Athle	43:05.8	39:56.24	66.90%
214 Jason Allard	M45 Checkers AC	43:27.6	40:16.43	66.35%
215 Kevin Gibson	M43 Atlanta Track Club	41:52.0	40:21.56	66.20%
216 Jason Hudson	M40 Boise Bettie	41:57.7	40:27.00	66.05%
217 Mathieu DesJardins	M51 West Valley	45:41.5	40:37.99	65.77%

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Results

....Event 3 Men 10k CC 40-59 Masters

218 Wayne Pertuit	M49 Power Miler	43:57.1	40:43.78	65.60%
219 Thomas Hicks	M50 Tidewater Striders	45:49.9	40:45.48	65.57%
220 Mark Holmes	M49 Lrc Nebraska	44:08.8	40:54.62	65.31%
221 Shawn Williams	M44 Garden State	42:29.2	40:57.37	65.24%
222 Brian Young	M43 Pacers/GRC NB	42:33.3	41:01.35	65.13%
223 Steve Morrison	M50 Chattanooga	46:11.0	41:04.18	65.07%
224 Phillip Payne	M58 Unattached	48:15.2	41:06.38	65.01%
225 Rob Hewitt	M41 Philadelphia	42:42.0	41:09.71	64.91%
226 Kirk Jackson	M44 Boise Bettie	43:00.5	41:27.53	64.45%
227 Matthew Dore	M46 Checkers AC	44:49.5	41:32.30	64.33%
228 Christopher Kartschoke	M53 TC Running Company	46:58.7	41:46.68	63.97%
229 Daniel Arsenault	M59 Cal Coast Tr	49:03.5	41:47.51	63.94%
230 Ben Jones	M47 Movin' Shoes	46:25.0	43:00.79	62.12%
231 Felipe Contreras	M40 Run MN	44:52.1	43:15.15	61.77%
232 Mark Russell	M49 Boise Bettie	47:54.8	44:24.08	60.18%
233 Josephe Hickox	M40 Atlanta Track Club	46:56.3	45:14.87	59.05%
234 David Sroka	M41 Bull City Tr	47:21.7	45:39.37	58.52%
235 Nico Wienders	M51 Gulf Winds T	54:55.9	48:50.99	54.71%
-- Donal O'Sullivan	M48 Boston Athle		DNF	
-- Nathan Deeter	M42 Atlanta Track Club		DNF	
-- John Gardiner	M49 Cal Coast Tr		DNF	
-- Allan Bohlke	M58 TC Running Company		DNF	
-- Eric Thompson	M54 Bowerman Track Club		DNF	
-- Harry Stants	M48 Boston Athle		DNF	
-- Jason Timochko	M45 Garden State		DNF	