

2018 National Club Cross Country Championship Results

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***** RESULTS GRADED BY AGE AND SEX BASED ON WORLD MASTERS
ATHLETICS TABLES **
USATF National Club Cross Country Championships
Plantes Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com**

Place	Name	Sex	Age	Affiliation	Time	Age%
1	Rick Becker	M	64	Club Northwest-A	29:37	91.23
2	Joe Sheeran	M	61	Club Northwest-A	28:55	90.93
3	Jacob Nur	M	63	River City Rebels-A	29:58	89.35
4	Roger Sayre	M	60	Boulder Road Runners-A	29:28	88.44
5	Michael Smith	M	60	Club Northwest-A	29:38	87.94
6	Daniel Johnson	M	61	Run N Fun-A	30:17	86.82
7	Doug Goodhue	M	76	Ann Arbor Track Club-A	36:07	86.59
8	Doug Winn	M	68	Bowerman Track Club-A	32:30	86.32
9	Ken Youngers	M	62	Atlanta Track Club-A	30:50	86.04
10	Monty Schafer	M	64	Bowerman Track Club-A	31:49	84.92
11	Doug Keller	M	60	Run N Fun-A	30:48	84.61
12	Dan Spale	M	62	Boulder Road Runners-A	31:23	84.53
13	Norm Larson	M	62	Green Mountain Athletic Associ	31:27	84.36
14	James Miller	M	60	Green Mountain Athletic Associ	30:55	84.29
15	James Foster	M	67	Syracuse Track Club-A	33:22	83.28
16	John Holcomb	M	64	Cal Coast Track Club-A	32:39	82.76
17	Jeffrey Kirk	M	60	Santa Cruz Track Club	31:30	82.73
18	Doug Bell	M	68	Boulder Road Runners-A	33:56	82.67
19	Terry McCluskey	M	70	Ann Arbor Track Club-A	34:47	82.35
20	Reno Stirrat	M	64	Shore Athletic Club-A	32:54	82.13
21	Len Goldman	M	74	Tamalpa Runners, Inc.-A	36:57	81.82
22	Michael Anderson	M	61	Atlanta Track Club-A	32:12	81.66
23	Thom Hunt	M	60	Prado Racing Team-A	32:03	81.31
24	Terry Baucom	M	62	River City Rebels-A	32:42	81.13
25	David Longmuir	M	71	Eastside Runners-A	35:44	81.12
26	Denis Villeneuve	M	62	Club Northwest-A	32:46	80.97
27	Richard Katz	M	70	Boulder Road Runners-A	35:23	80.96
28	Paul Brown	M	61	Run N Fun-A	32:33	80.78
29	Lloyd Hansen	M	70	Ann Arbor Track Club-A	35:28	80.77
30	Claton Belmont	M	64	Club Northwest-A	33:28	80.74
31	Brian Cummins	M	63	Syracuse Track Club-A	33:13	80.61
32	Jack Pilla	M	60	Green Mountain Athletic Associ	32:21	80.56
33	Tomas Rodriguez	M	65	Cal Coast Track Club-A	33:52	80.52
34	Kevin Dollard	M	63	Shore Athletic Club-A	33:19	80.36
35	Kirk Larson	M	67	Atlanta Track Club-A	34:35	80.35

36	Phil Richey	M	61	Atlanta Track Club-A	32:51	80.04
37	Bobby Paxton	M	62	Run N Fun-A	33:17	79.71
38	Kevin Taylor	M	62	Bowerman Track Club-A	33:20	79.59
39	Ken Goodin	M	63	Greater Lowell Road Runners	33:43	79.41
40	Dwight Smith	M	60	HOKA Aggie Running Club-A	32:53	79.25
41	David Dunbar	M	68	Jamul Toads-A	35:27	79.14
42	John Hirschberger	M	66	Tamalpa Runners, Inc.	34:49	79.06
43	Robert Qualls	M	66	River City Rebels-A	34:51	78.98
44	Donald Porteous	M	72	Tamalpa Runners, Inc.-A	37:14	78.86
45	Timothy Riccardi	M	60	Genesee Valley Harriers-A	33:04	78.81
46	Brian Nelson	M	61	Cal Coast Track Club-A	33:22	78.80
47	Richard Punches	M	60	Bowerman Track Club-A	33:17	78.30
48	Bobby Carpenter	M	64	River City Rebels-A	34:31	78.28
49	George Braun	M	65	Boulder Road Runners-A	34:53	78.18
50	Theodore Larison	M	66	Syracuse Track Club-A	35:20	77.90
51	Kent Sizer	M	63	Seattle Running Club-A	34:30	77.61
52	Mark Rybinski	M	63	Genesee Valley Harriers-A	34:33	77.50
53	Jim May	M	72	Genesee Valley Harriers-A	37:56	77.41
54	Nate Anderson	M	60	Boulder Road Runners-A	33:47	77.14
55	David Parsons-NC	M	64	Eastside Runners	35:06	76.98
56	Gordon Lutes	M	74	San Diego Striders-A	39:22	76.80
57	Hans Schmid	M	78	Tamalpa Runners, Inc.-A	42:24	76.69
58	Dave Dooley	M	71	Boulder Road Runners-A	37:49	76.65
59	Steve Bertrand	M	63	Club Northwest-B	34:56	76.64
60	J Kevin Pedrotti	M	62	River City Rebels-A	34:38	76.60
61	Leslie Sharpe	M	68	Club Northwest-B	36:38	76.58
62	Steve Brumwell	M	60	Cal Coast Track Club-A	34:06	76.42
63	Frazer Mann	M	71	Eastside Runners-A	37:56	76.41
64	Jerry Learned	M	70	Atlanta Track Club-A	37:39	76.08
65	Greg Wagner	M	63	Prado Racing Team-A	35:20	75.78
66	Gene French	M	72	Tamalpa Runners, Inc.-A	38:47	75.71
67	Todd Baum	M	61	Syracuse Track Club-A	34:53	75.37
68	Scott McEntee	M	61	Prado Racing Team-A	34:59	75.16
69	Ken Valley	M	62	Run N Fun-B	35:18	75.16
70	Tim McMullen	M	65	Genesee Valley Harriers-A	36:24	74.92
71	Keith Yeates	M	71	Genesee Valley Harriers-A	38:53	74.55
72	John Hadcock	M	60	Greater Lowell Road Runners	34:59	74.49
73	Frederick Motteler	M	62	Club Northwest-B	35:39	74.42
74	Michael Bjornberg	M	65	Run N Fun-B	36:46	74.17
75	Charles Crouse	M	72	Eastside Runners-A	39:37	74.12
76	William Langhout	M	60	Run N Fun-A	35:20	73.75
77	Richard Castro	M	71	Boulder Road Runners-A	39:25	73.54
78	Steve Doyle	M	70	San Diego Striders-A	39:01	73.42
79	Rory Gumina	M	60	Genesee Valley Harriers-A	35:35	73.24

80	Larry Coxe	M	63	Bowerman Track Club-A	36:37	73.12
81	William Sumner	M	70	Cal Coast Track Club-B	39:11	73.11
82	Dave Glass	M	72	Atlanta Track Club-A	40:10	73.10
83	Paul Carlin	M	73	Ann Arbor Track Club-A	40:45	73.08
84	Michael Reif	M	70	Genesee Valley Harriers-A	39:12	73.07
85	Jeff Salzman	M	67	Cal Coast Track Club-B	38:04	73.00
86	James Callaway	M	76	San Diego Striders-A	42:51	72.98
87	John Combs	M	71	Cal Coast Track Club-B	39:48	72.83
88	Kevin Searls	M	60	HOKA Aggie Running Club-A	35:51	72.69
89	Daniel Diehr	M	69	Florida Track Club/West	39:08	72.41
90	Scott Abrams	M	62	Central Oregon Running Klub	36:42	72.29
91	Jim Johnson	M	62	Flying Irish Running Club-A	36:53	71.93
92	Keith Witthauer	M	63	Cal Coast Track Club-A	37:25	71.56
93	Donald Driscoll	M	62	Flying Irish Running Club-A	37:06	71.51
94	Lou Karl	M	63	Flying Irish Running Club-A	37:35	71.24
95	Wayne Fynboh	M	60	Run N Fun-B	36:35	71.23
96	Ronald Souza	M	64	River City Rebels-B	38:04	70.98
97	Bruce Kirschner	M	65	Boulder Road Runners-B	38:28	70.89
98	Dan Roden	M	61	Run N Fun-B	37:17	70.52
99	Ed Barney	M	64	Eastside Runners-A	38:19	70.52
100	David Bowen	M	66	Genesee Valley Harriers-A	39:31	69.66
101	Tony Gingello	M	71	Genesee Valley Harriers-A	41:44	69.45
102	Curtis Walker	M	72	Atlanta Track Club-A	42:21	69.33
103	Richard Williams	M	83	San Diego Striders-A	53:11	69.23
104	Warren Osborn	M	84	San Diego Striders-A	54:57	69.07
105	David Stauffer	M	69	Piedmont Pacers Track Club-A	41:06	68.94
106	James McGill	M	70	Eastside Runners-A	41:40	68.75
107	Peanut Harms	M	67	HOKA Aggie Running Club-A	40:33	68.53
108	John Barry	M	67	Bowerman Track Club	40:36	68.44
109	Ron Blackmore	M	65	Genesee Valley Harriers-	39:58	68.23
110	Win Van Pelt	M	61	Seattle Running Club-A	38:37	68.09
111	Charlie Patterson	M	76	Atlanta Track Club-B	45:58	68.03
112	Norman Cornwell	M	69	Santa Cruz Track Club	41:48	67.79
113	Kenneth Williams	M	65	Piedmont Pacers Track Club-A	40:29	67.36
114	Sam Benedict	M	71	Atlanta Track Club-A	44:02	65.83
115	Ed Bligh	M	76	Atlanta Track Club-B	48:10	64.93
116	Tom Derderian	M	69	Greater Boston Track Club	43:47	64.72
117	David Anderson	M	63	Eastside Runners-A	41:38	64.31
118	Andrew Sherwood	M	79	Atlanta Track Club-B	53:04	62.62
119	David McCormack	M	73	Tamalpa Runners, Inc.-A	47:38	62.52
120	Patrick Dwyer	M	72	Genesee Valley Harriers-A	47:14	62.16
121	Terry Simon	M	64	Piedmont Pacers Track Club-A	43:39	61.90
122	Morris Williams	M	73	Atlanta Track Club-B	50:45	58.68
123	James Kurtz	M	80	San Diego Striders-A	58:14	58.39

124	Hal Goforth	M	74	San Diego Striders-A	52:00	58.14
125	Steve Swindel	M	65	River City Rebels-B	50:23	54.13
126	Sid Davis	M	84	Atlanta Track Club-A	1:16:49	49.41
127	Benjamin Spowart	M	63	San Diego Track Club	54:50	48.83
128	Peter Stasz	M	71	Greater Springfield Harriers,	1:02:02	46.73

12/08/2018 12:37PM

USATF National Club Cross Country Championships
Plantes Ferry Sports Complex -Spokane, WA 12/8/18
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MALE AGE GROUP: 40 - 44

1	167	Jorge Maravilla	41	West Valley Track Club-A	32:53
2	170	Eric Loeffler	41	Run MN-A	33:07
3	173	David Angell	42	Roanoke Valley Elite	33:14
4	183	Neville Davey	43	West Valley Track Club-A	33:39
5	185	Jacques Sallberg	44	Cal Coast Track Club-A	33:42
6	189	Steven Short	42	Team Red Lizard-A	33:49
7	193	David Bedoya	41	Boston Athletic Association-A	33:52
8	194	Scott Williams	40	Bowerman Track Club-A	33:53
9	195	Eric Hartmark	40	Run MN-A	33:55
10	198	Matthew Carter	40	Boston Athletic Association-A	33:59
11	199	Joshua Gordon	44	Bowerman Track Club-A	34:02
12	202	Brendan Prindiville	41	Boston Athletic Association-A	34:08
13	204	Ryan McCalmon	43	Boston Athletic Association-A	34:13
14	205	Jesse Zentz	42	Helena Vigilante Runners	34:14
15	206	Tim Hardy	43	Run MN-A	34:15
16	207	Alan Jackson	44	HOKA Aggie Running Club-A	34:23
17	209	Lance Thompson	42	Club Northwest-A	34:29
18	213	Brantley Lutz	43	Dukes Track Club	34:35
19	215	Jesse Barragan	40	SRA Elite-A	34:38
20	219	Charlie Brenneman	40	SRA Elite-A	34:39
21	220	Benjamin Mangrum	40	Tacoma City Running Club	34:42
22	223	Olivier Vrambout	44	Run MN-A	34:47
23	225	Mark Bloudek	44	Club Northwest-A	34:51
24	227	Konrad Knutsen	42	West Valley Track Club-A	34:52
25	234	Patrick Russell	42	Run MN-A	34:56
26	239	Paul Jones	43	Bull City Track Club-A	35:01
27	241	Eric Johnson	44	Run MN-A	35:05
28	243	Jason Page	44	Bull City Track Club-A	35:11
29	245	Scott Abbott	41	SRA Elite-A	35:13
30	247	Tim Willcox	40	Movin' Shoes Race Team-A	35:14
31	259	Jason Batterson	42	Prado Racing Team	35:28
32	262	Kenny Miller	41	Run MN-A	35:35
33	263	Thomas Knowles	43	Garden State Track Club New Ba	35:36

34	269	Sam Teigen	44	Garden State Track Club New Ba	35:46
35	270	Ian Fraser	44	Club Northwest-A	35:47
36	271	Gabriel Kliot-NC	41	Club Northwest	35:49
37	273	John Montgomery	43	West Valley Track Club-B	35:50
38	276	Chris Lundstrom	42	Run MN-A	35:55
39	281	Darren Moore	44	Team Red Lizard-A	36:07
40	284	Daniel Bartosz	42	Team Red Lizard-A	36:11
41	285	Justin Daghlich-NC	41	Greater Lowell Road Runners	36:12
42	289	Dan Feda	44	Run MN-A	36:18
43	294	Orestes Gutierrez	42	Bowerman Track Club-A	36:24
44	307	Christopher Benestad	41	Boston Athletic Association-B	36:49
45	316	Nate Bowen	42	West Valley Track Club-A	37:04
46	317	Mark LaRosa	40	Boston Athletic Association-B	37:05
47	321	Jamey Gifford	40	West Valley Track Club-B	37:07
48	322	Ryan Davenport	44	Boston Athletic Association-B	37:08
49	333	Paul Wellman	40	Prado Racing Team	37:31
50	337	Shawn Williams	41	Garden State TC	37:34
51	339	Chris Weiss	43	Atlanta Track Club-A	37:35
52	342	Chris McGinness	40	Team Red Lizard-A	37:39
53	344	Ryan Carlson	42	Team Red Lizard-A	37:40
54	354	Charles Joy	41	Spokane Distance Project-A	37:53
55	363	Jason Timochko	42	Garden State Track Club New Ba	38:04
56	367	Zachary Redding	40	Movin' Shoes Race Team-A	38:09
57	400	Travis Price	42	West Valley Track Club-B	38:57
58	401	Lars Schmitz-NC	40	West Valley Track Club	38:58
59	402	Bryan Stevens	40	Phoenix Free Soles-A	39:00
60	403	Chris Forti	40	Dashing Whippets Running Team	39:01
61	420	Zachary Hedling	43	Pamakids-A	39:24
62	427	Ben Jones	44	Movin' Shoes Race Team-A	39:38
63	450	Andrew Ehler	40	Movin' Shoes Race Team-A	40:36
64	454	Alan Frindell	41	Club Northwest-A	40:48
65	457	Rodney Hemingway	42	Greater Boston Track Club	41:05
66	465	Christopher Melleby	40	Greater Boston Track Club	41:43
67	476	Shad Birkholz	42	Seattle Running Club-A	42:10
68	491	Ronnie Weed	43	Bull City Track Club-A	42:52

MALE AGE GROUP: 45 - 49

1	184	John Howell	45	Bowerman Track Club-A	33:41
2	187	Gregory Mitchell	45	Bowerman Track Club-A	33:46
3	190	Jaime Heilpern	48	HOKA Aggie Running Club-A	33:50
4	191	John Gardiner	46	Cal Coast Track Club-A	33:51
5	196	Todd Rose	45	West Valley Track Club-A	33:56
6	200	Orin Schumacher	45	Bowerman Track Club-A	34:03

7	217	Alan Black	45	Atlanta Track Club-A	34:38
8	218	Michael Bresson	47	Club Northwest-A	34:38
9	228	Julian Marsh-NC	45	West Valley Track Club	34:53
10	230	Christopher Magill	45	Boston Athletic Association-A	34:53
11	232	Ahrlin Bauman	45	Bowerman Track Club-A	34:54
12	235	Jonathan Frieder	48	Garden State Track Club New Ba	34:57
13	244	Torrey Lindbo	46	Team Red Lizard-A	35:12
14	246	Ulrich Steidl	46	Seattle Running Club-A	35:14
15	248	Thomas McGlynn	46	West Valley Track Club-A	35:16
16	256	Nicholas Bowden	47	Club Northwest-A	35:25
17	267	Thomas Bache	46	San Diego Track Club	35:45
18	272	Craig Magness	46	Cal Coast Track Club-A	35:49
19	275	Eric Shafer	49	Pittsburgh Pharaoh Hounds	35:51
20	277	Brian Sydow	45	Atlanta Track Club-A	35:58
21	279	Jonah Backstrom	45	West Valley Track Club-A	36:01
22	286	Edward Randolph	49	West Valley Track Club-A	36:14
23	287	Charles Mullane	49	West Valley Track Club-A	36:15
24	291	Elliott Frieder	48	Garden State Track Club New Ba	36:23
25	295	Matt Seeley	48	Unattached-M13	36:27
26	296	Brent Fields	46	Atlanta Track Club-A	36:28
27	297	Brett Bernacchi	46	Phoenix Free Soles-A	36:31
28	303	Ed Brooks	47	SRA Elite-A	36:43
29	305	Shawn Crockett	49	Unattached-M7	36:46
30	306	Michael Thomas	49	Movin' Shoes Race Team-A	36:47
31	312	Allen Baddour	47	Bull City Track Club-A	36:58
32	313	Chris Georgules	45	Boston Athletic Association-B	36:58
33	314	John Markell-NC	45	West Valley Track Club	37:00
34	318	Shanon Winkelman	48	Cal Coast Track Club-A	37:05
35	328	Steve Kirschke	47	Unattached-M10	37:21
36	329	Michael Joh Stanley	47	Cal Coast Track Club-A	37:25
37	336	Mario Cadete	46	West Valley Track Club-B	37:33
38	341	James Callaghan	49	Boston Athletic Association-B	37:39
39	346	Todd Poremba	49	Club Northwest-A	37:42
40	348	John Reich	49	Phoenix Free Soles-A	37:44
41	350	David McCulloch	48	Club Northwest-A	37:47
42	353	Jeff Turner	46	Phoenix Free Soles-A	37:52
43	364	Ben Sauvage	49	Phoenix Free Soles-A	38:04
44	365	Mark Donahue	47	Club Northwest-A	38:05
45	369	Michael McGrane	48	Boston Athletic Association-B	38:13
46	374	Shawn Conway	48	Greater Lowell Road Runners	38:21
47	376	Corey Brantley	46	Unattached-M5	38:24
48	378	Beau Seegmiller	48	Boise Betties & Billies	38:26
49	383	Andrew Chan	47	Pamakids-A	38:35
50	394	Peter Kotchen	49	Atlanta Track Club-A	38:47

51	398	Brad Slavens	49	Atlanta Track Club-A	38:55
52	425	Zachary Ames	47	Seattle Running Club-A	39:36
53	428	Denis Glenn	48	Pamakids-A	39:44
54	437	Christopher Rinaldi	49	Garden State Track Club New Ba	40:04
55	441	Gregory Coughlan	49	Bowerman Track Club-A	40:10
56	442	William Wheeler	49	Pamakids-A	40:15
57	460	Carl Anstrom	45	Bull City Track Club-A	41:25
58	467	Aric Trantum	47	Spokane Distance Project-A	41:45
59	474	Curt Casazza	47	SRA Elite-A	42:08
60	477	Jack Brodhead	49	Spokane Distance Project-A	42:12
61	482	Mathieu DesJardins	48	West Valley Track Club-B	42:24
62	489	Ted Chauvin	45	Spokane Distance Project-A	42:49
63	499	Joshua Sundt	46	Guerilla Running	43:47
64	510	Dave Durand	48	Flying Irish Running Club	46:23
65	512	Erik Heimann	46	Guerilla Running	47:16
66	514	Ken Sandberg	49	Pamakids-A	47:46

MALE AGE GROUP: 50 - 54

1	203	Peter Hammer	52	Boston Athletic Association-A	34:09
2	221	Andy Gardiner	53	Boston Athletic Association-A	34:43
3	236	Carl Combs	53	Club Northwest-A	34:58
4	250	Michael Nahom	51	Greater Springfield Harriers,	35:18
5	251	Christian Cushing-murray	51	Cal Coast Track Club-A	35:20
6	260	Eric Stabb	50	Atlanta Track Club-A	35:33
7	265	Eric Hartmann	50	Bowerman Track Club-A	35:41
8	268	Mark Hixson	53	Greater Springfield Harriers,	35:45
9	278	Eric Williams	54	Bowerman Track Club-A	35:59
10	283	William Lindell	51	Run MN-A	36:10
11	290	Kent Lemme	52	Greater Springfield Harriers,	36:19
12	292	Frederick Herr	52	Cal Coast Track Club-A	36:23
13	300	Craig Godwin	51	Bowerman Track Club-A	36:38
14	308	Dean Thompson	53	Chattanooga Track Club-A	36:50
15	310	Matthew Waite	50	Run MN-A	36:56
16	315	Tony Gerbino	54	Club Northwest-A	37:02
17	323	Gary Blanco	51	SRA Elite-A	37:09
18	325	Mike Nier	54	Genesee Valley Harriers-A	37:11
19	331	Dan Franek	53	Bowerman Track Club-A	37:28
20	340	Lance Logan	54	Club Northwest-A	37:38
21	345	Richard Osifchin	54	Garden State Track Club New Ba	37:41
22	352	Anthony McGrath	51	Pamakids-A	37:50
23	357	Gary Gellin	50	HOKA Aggie Running Club-A	37:56
24	359	Wesley Sealand	54	Bowerman Track Club-B	37:57
25	360	Robert Economy	54	Run MN-A	37:59

26	366	Paul Kramer	50	Phoenix Free Soles-A	38:06
27	368	Thomas Schumann	53	Cal Coast Track Club-A	38:10
28	370	Erich Ackermann	50	HOKA Aggie Running Club-A	38:14
29	372	Alejandro Heuck	53	Greater Springfield Harriers,	38:20
30	373	Bill Brist	54	Great Falls Track Club	38:20
31	377	Francis Burdett	53	Greater Springfield Harriers,	38:26
32	379	Acy Roff	54	Club Northwest-A	38:27
33	381	Michael Fadling	50	SRA Elite-A	38:30
34	384	Ryan Shrum	51	Chattanooga Track Club-A	38:35
35	387	Carl Winter	52	Club Northwest-B	38:38
36	388	Dale Flanders	53	Genesee Valley Harriers-A	38:39
37	393	Theodor Schnauffer	54	Genesee Valley Harriers-A	38:44
38	396	Ricardo Maldonado	54	Phoenix Free Soles-A	38:51
39	405	Kevin Barda	51	Cal Coast Track Club-A	39:05
40	406	Matthew Farley	50	Bowerman Track Club-A	39:07
41	411	Douglas Cross	50	Chattanooga Track Club-A	39:13
42	413	Kevan Chu	50	Santa Cruz Track Club	39:19
43	416	Daniel Salazar	53	Guerilla Running	39:22
44	417	Roger Dix	51	HOKA Aggie Running Club-A	39:23
45	418	Jim Larranaga	53	Run MN-A	39:23
46	419	Sid Sullivan	52	HOKA Aggie Running Club-A	39:24
47	431	Joe Van De Water	51	SRA Elite-A	39:51
48	433	Ron Lombardi	54	Greater Springfield Harriers,	39:55
49	435	Russell Fairles	51	Pamakids-A	40:01
50	438	John Burton	50	Unattached-M6	40:05
51	439	Steven Heaps	54	Seattle Running Club-A	40:06
52	443	Sean Messiter	52	Club Northwest-B	40:24
53	444	Greg Hales	52	Santa Cruz Track Club	40:27
54	447	John Leo	54	Club Northwest-B	40:31
55	451	Blake Sacha	53	Phoenix Free Soles-A	40:40
56	455	Bill Fitzner	53	Spokane Distance Project-A	41:01
57	456	Randall Conner	50	Pamakids-A	41:04
58	459	Jerry Flanagan	53	Pamakids-A	41:10
59	470	Paul Miller	54	Movin' Shoes Race Team-A	41:53
60	471	John Johnson	50	Guerilla Running	41:57
61	472	Martin Tomasi	50	Bull City Track Club-A	42:00
62	473	Thomas Fuchs	53	Spokane Distance Project-A	42:01
63	475	Jeffrey Brandt	54	Unattached-M4	42:09
64	484	Mario Balcom	53	Jamul Toads-A	42:29
65	485	Jacob Michaels	51	West Valley Track Club-B	42:32
66	488	Jon Hoerlein	51	Eastside Runners-	42:43
67	495	Michael Lauffer	53	Spokane Distance Project-A	43:10
68	496	Bryan Wallbank	50	Jamul Toads-A	43:29
69	501	Dave Ross	51	Bowerman Track Club-B	43:59

70	504	Sean Stevenson	53	Jamul Toads-A	44:15
71	506	Charles Simpson	50	Bowerman Track Club-B	44:37
72	517	Jorge Castro	50	Jamul Toads-A	49:07

MALE AGE GROUP: 55 - 59

1	240	Nat Larson	56	Greater Springfield Harriers,	35:01
2	280	Tony Young	56	Club Northwest-A	36:02
3	288	Mark Zamek	55	Garmin Runners	36:16
4	320	Alan Evans	55	Genesee Valley Harriers-A	37:06
5	324	Scott Tucker	56	Bowerman Track Club-A	37:09
6	332	Stephen Bean	57	Bowerman Track Club-A	37:28
7	334	Mike Blackmore	56	Bowerman Track Club-A	37:32
8	347	Royce Hogue	55	Unattached-M9	37:43
9	349	Patrick Billig	56	Run MN-A	37:46
10	355	Mark Reeder	59	Greater Lowell Road Runners	37:54
11	382	Jim Walsh	58	Jamul Toads-A	38:32
12	385	Joe Bisignano	58	Club Northwest-A	38:37
13	389	Paul Abdalla	57	Club Northwest-A	38:40
14	390	John O'Hearn	56	Club Northwest-A	38:41
15	391	Jeff Soares	55	Santa Cruz Track Club	38:41
16	392	Gary Leaman	59	Garden State Track Club New Ba	38:41
17	399	Timothy Ensign	55	Chattanooga Track Club-A	38:55
18	408	Iain Mickle	58	SRA Elite-A	39:09
19	422	John Clifford	56	Bowerman Track Club-B	39:29
20	423	Bob Brennand	57	Club Northwest-A	39:29
21	429	Rob Class	58	Run MN-A	39:45
22	432	Michael Axinn	58	Pamakids-A	39:52
23	436	Ron Hyde	59	Phoenix Free Soles-A	40:01
24	445	David Bischoff	56	Genesee Valley Harriers-A	40:28
25	452	John Van Kerkhove	56	Genesee Valley Harriers-A	40:41
26	461	Steven Kollars	59	Bowerman Track Club-B	41:32
27	462	E J Hrynowski	56	Greater Lowell Road Runners	41:38
28	469	Peter Kessler	57	Run MN-A	41:48
29	478	Michael Gorriaran	58	Bowerman Track Club-B	42:12
30	479	Chuck Coats	59	Bowerman Track Club-B	42:17
31	480	Matthew Simpson	57	Cal Coast Track Club-A	42:20
32	487	Mitchell Phariss	59	Chattanooga Track Club-A	42:38
33	492	John Blue	55	SRA Elite-A	42:55
34	493	William Cleves	57	Jamul Toads-A	42:56
35	494	Todd Barnes	55	Phoenix Free Soles-A	43:02
36	503	Dan Arsenault	56	Cal Coast Track Club-A	44:11
37	505	Craig Kenworthy	56	Club Northwest-B	44:23
38	508	Rick Siebern	58	Jamul Toads-A	44:46

39	515	Andy Harris	59	River City Rebels	48:06
40	518	Peter McKay	57	Club Northwest-B	50:06
41	520	William Swafford	55	Unattached-M14	50:28
42	522	Mike Spencer	58	Atlanta Track Club-A	50:50

MALE AGE GROUP: 60 - 64

1	112	Joe Sheeran	61	Club Northwest-A	28:55
2	121	Roger Sayre	60	Boulder Road Runners-A	29:28
3	123	Rick Becker	64	Club Northwest-A	29:37
4	124	Michael Smith	60	Club Northwest-A	29:38
5	129	Jacob Nur	63	River City Rebels-A	29:58
6	131	Daniel Johnson	61	Run N Fun-A	30:17
7	135	Doug Keller	60	Run N Fun-A	30:48
8	137	Ken Youngers	62	Atlanta Track Club-A	30:50
9	139	James Miller	60	Green Mountain Athletic Associ	30:55
10	143	Dan Spale	62	Boulder Road Runners-A	31:23
11	145	Norm Larson	62	Green Mountain Athletic Associ	31:27
12	146	Jeffrey Kirk	60	Santa Cruz Track Club	31:30
13	149	Monty Schafer	64	Bowerman Track Club-A	31:49
14	153	Thom Hunt	60	Prado Racing Team-A	32:03
15	155	Michael Anderson	61	Atlanta Track Club-A	32:12
16	156	Jack Pilla	60	Green Mountain Athletic Associ	32:21
17	159	Paul Brown	61	Run N Fun-A	32:33
18	160	John Holcomb	64	Cal Coast Track Club-A	32:39
19	161	Terry Baucom	62	River City Rebels-A	32:42
20	162	Denis Villeneuve	62	Club Northwest-A	32:46
21	165	Phil Richey	61	Atlanta Track Club-A	32:51
22	166	Dwight Smith	60	HOKA Aggie Running Club-A	32:53
23	168	Reno Stirrat	64	Shore Athletic Club-A	32:54
24	169	Timothy Riccardi	60	Genesee Valley Harriers-A	33:04
25	172	Brian Cummins	63	Syracuse Track Club-A	33:13
26	175	Richard Punches	60	Bowerman Track Club-A	33:17
27	176	Bobby Paxton	62	Run N Fun-A	33:17
28	177	Kevin Dollard	63	Shore Athletic Club-A	33:19
29	178	Kevin Taylor	62	Bowerman Track Club-A	33:20
30	179	Brian Nelson	61	Cal Coast Track Club-A	33:22
31	182	Claton Belmont	64	Club Northwest-A	33:28
32	186	Ken Goodin	63	Greater Lowell Road Runners	33:43
33	188	Nate Anderson	60	Boulder Road Runners-A	33:47
34	201	Steve Brumwell	60	Cal Coast Track Club-A	34:06
35	210	Kent Sizer	63	Seattle Running Club-A	34:30
36	211	Bobby Carpenter	64	River City Rebels-A	34:31
37	212	Mark Rybinski	63	Genesee Valley Harriers-A	34:33

38	216	J Kevin Pedrotti	62	River City Rebels-A	34:38
39	229	Todd Baum	61	Syracuse Track Club-A	34:53
40	233	Steve Bertrand	63	Club Northwest-B	34:56
41	237	Scott McEntee	61	Prado Racing Team-A	34:59
42	238	John Hadcock	60	Greater Lowell Road Runners	34:59
43	242	David Parsons-NC	64	Eastside Runners	35:06
44	249	Ken Valley	62	Run N Fun-B	35:18
45	252	William Langhout	60	Run N Fun-A	35:20
46	254	Greg Wagner	63	Prado Racing Team-A	35:20
47	261	Rory Gumina	60	Genesee Valley Harriers-A	35:35
48	264	Frederick Motteler	62	Club Northwest-B	35:39
49	274	Kevin Searls	60	HOKA Aggie Running Club-A	35:51
50	298	Wayne Fynboh	60	Run N Fun-B	36:35
51	299	Larry Coxe	63	Bowerman Track Club-A	36:37
52	302	Scott Abrams	62	Central Oregon Running Klub	36:42
53	309	Jim Johnson	62	Flying Irish Running Club-A	36:53
54	319	Donald Driscoll	62	Flying Irish Running Club-A	37:06
55	327	Dan Roden	61	Run N Fun-B	37:17
56	330	Keith Witthauer	63	Cal Coast Track Club-A	37:25
57	338	Lou Karl	63	Flying Irish Running Club-A	37:35
58	361	Ronald Souza	64	River City Rebels-B	38:04
59	371	Ed Barney	64	Eastside Runners-A	38:19
60	386	Win Van Pelt	61	Seattle Running Club-A	38:37
61	463	David Anderson	63	Eastside Runners-A	41:38
62	498	Terry Simon	64	Piedmont Pacers Track Club-A	43:39
63	528	Benjamin Spowart	63	San Diego Track Club	54:50

MALE AGE GROUP: 65 - 69

1	158	Doug Winn	68	Bowerman Track Club-A	32:30
2	180	James Foster	67	Syracuse Track Club-A	33:22
3	192	Tomas Rodriguez	65	Cal Coast Track Club-A	33:52
4	197	Doug Bell	68	Boulder Road Runners-A	33:56
5	214	Kirk Larson	67	Atlanta Track Club-A	34:35
6	224	John Hirschberger	66	Tamalpa Runners, Inc.	34:49
7	226	Robert Qualls	66	River City Rebels-A	34:51
8	231	George Braun	65	Boulder Road Runners-A	34:53
9	253	Theodore Larison	66	Syracuse Track Club-A	35:20
10	257	David Dunbar	68	Jamul Toads-A	35:27
11	293	Tim McMullen	65	Genesee Valley Harriers-A	36:24
12	301	Leslie Sharpe	68	Club Northwest-B	36:38
13	304	Michael Bjornberg	65	Run N Fun-B	36:46
14	362	Jeff Salzman	67	Cal Coast Track Club-B	38:04
15	380	Bruce Kirschner	65	Boulder Road Runners-B	38:28

16	407	Daniel Diehr	69	Florida Track Club/West	39:08
17	424	David Bowen	66	Genesee Valley Harriers-A	39:31
18	434	Ron Blackmore	65	Genesee Valley Harriers-	39:58
19	446	Kenneth Williams	65	Piedmont Pacers Track Club-A	40:29
20	448	Peanut Harms	67	HOKA Aggie Running Club-A	40:33
21	449	John Barry	67	Bowerman Track Club	40:36
22	458	David Stauffer	69	Piedmont Pacers Track Club-A	41:06
23	468	Norman Cornwell	69	Santa Cruz Track Club	41:48
24	500	Tom Derderian	69	Greater Boston Track Club	43:47
25	519	Steve Swindel	65	River City Rebels-B	50:23

MALE AGE GROUP: 70 - 74

1	222	Terry McCluskey	70	Ann Arbor Track Club-A	34:47
2	255	Richard Katz	70	Boulder Road Runners-A	35:23
3	258	Lloyd Hansen	70	Ann Arbor Track Club-A	35:28
4	266	David Longmuir	71	Eastside Runners-A	35:44
5	311	Len Goldman	74	Tamalpa Runners, Inc.-A	36:57
6	326	Donald Porteous	72	Tamalpa Runners, Inc.-A	37:14
7	343	Jerry Learned	70	Atlanta Track Club-A	37:39
8	351	Dave Dooley	71	Boulder Road Runners-A	37:49
9	356	Frazer Mann	71	Eastside Runners-A	37:56
10	358	Jim May	72	Genesee Valley Harriers-A	37:56
11	395	Gene French	72	Tamalpa Runners, Inc.-A	38:47
12	397	Keith Yeates	71	Genesee Valley Harriers-A	38:53
13	404	Steve Doyle	70	San Diego Striders-A	39:01
14	409	William Sumner	70	Cal Coast Track Club-B	39:11
15	410	Michael Reif	70	Genesee Valley Harriers-A	39:12
16	415	Gordon Lutes	74	San Diego Striders-A	39:22
17	421	Richard Castro	71	Boulder Road Runners-A	39:25
18	426	Charles Crouse	72	Eastside Runners-A	39:37
19	430	John Combs	71	Cal Coast Track Club-B	39:48
20	440	Dave Glass	72	Atlanta Track Club-A	40:10
21	453	Paul Carlin	73	Ann Arbor Track Club-A	40:45
22	464	James McGill	70	Eastside Runners-A	41:40
23	466	Tony Gingello	71	Genesee Valley Harriers-A	41:44
24	481	Curtis Walker	72	Atlanta Track Club-A	42:21
25	502	Sam Benedict	71	Atlanta Track Club-A	44:02
26	511	Patrick Dwyer	72	Genesee Valley Harriers-A	47:14
27	513	David McCormack	73	Tamalpa Runners, Inc.-A	47:38
28	521	Morris Williams	73	Atlanta Track Club-B	50:45
29	523	Hal Goforth	74	San Diego Striders-A	52:00
30	532	Peter Stasz	71	Greater Springfield Harriers,	1:02:02

MALE AGE GROUP: 75 - 79

1	282	Doug Goodhue	76	Ann Arbor Track Club-A	36:07
2	483	Hans Schmid	78	Tamalpa Runners, Inc.-A	42:24
3	490	James Callaway	76	San Diego Striders-A	42:51
4	509	Charlie Patterson	76	Atlanta Track Club-B	45:58
5	516	Ed Bligh	76	Atlanta Track Club-B	48:10
6	525	Andrew Sherwood	79	Atlanta Track Club-B	53:04

MALE AGE GROUP: 80 - 99

1	526	Richard Williams	83	San Diego Striders-A	53:11
2	529	Warren Osborn	84	San Diego Striders-A	54:57
3	531	James Kurtz	80	San Diego Striders-A	58:14
4	533	Sid Davis	84	Atlanta Track Club-A	1:16:49

USATF National Club Cross Country Championships
Plantes Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com

Place	Name	Bib#	Age	Sex	Affiliation	Time	Pace
1	Joe Sheeran	1149	61	M	Club Northwest-A	28:55	5:49
2	Roger Sayre	1126	60	M	Boulder Road Runners-A	29:28	5:56
3	Rick Becker	1144	64	M	Club Northwest-A	29:37	5:58
4	Michael Smith	1150	60	M	Club Northwest-A	29:38	5:58
5	Jacob Nur	1198	63	M	River City Rebels-A	29:58	6:02
6	Daniel Johnson	1206	61	M	Run N Fun-A	30:17	6:06
7	Doug Keller	1207	60	M	Run N Fun-A	30:48	6:12
8	Ken Youngers	1116	62	M	Atlanta Track Club-A	30:50	6:12
9	James Miller	1179	60	M	Green Mountain Athletic Associ	30:55	6:13
10	Dan Spale	1127	62	M	Boulder Road Runners-A	31:23	6:19
11	Norm Larson	1178	62	M	Green Mountain Athletic Associ	31:27	6:20
12	Jeffrey Kirk	1223	60	M	Santa Cruz Track Club	31:30	6:21
13	Monty Schafer	1132	64	M	Bowerman Track Club-A	31:49	6:24
14	Thom Hunt	1192	60	M	Prado Racing Team-A	32:03	6:27
15	Michael Anderson	1104	61	M	Atlanta Track Club-A	32:12	6:29
16	Jack Pilla	1180	60	M	Green Mountain Athletic Associ	32:21	6:31
17	Doug Winn	1134	68	M	Bowerman Track Club-A	32:30	6:33
18	Paul Brown	1204	61	M	Run N Fun-A	32:33	6:33
19	John Holcomb	1137	64	M	Cal Coast Track Club-A	32:39	6:35
20	Terry Baucom	1195	62	M	River City Rebels-A	32:42	6:35
21	Denis Villeneuve	1151	62	M	Club Northwest-A	32:46	6:36
22	Phil Richey	1112	61	M	Atlanta Track Club-A	32:51	6:37
23	Dwight Smith	1184	60	M	HOKA Aggie Running Club-A	32:53	6:37
24	Reno Stirrat	1230	64	M	Shore Athletic Club-A	32:54	6:37
25	Timothy Riccardi	1171	60	M	Genesee Valley Harriers-A	33:04	6:40
26	Brian Cummins	1232	63	M	Syracuse Track Club-A	33:13	6:41
27	Richard PUNCHES	1131	60	M	Bowerman Track Club-A	33:17	6:42
28	Bobby Paxton	1209	62	M	Run N Fun-A	33:17	6:42
29	Kevin Dollard	1227	63	M	Shore Athletic Club-A	33:19	6:42
30	Kevin Taylor	1133	62	M	Bowerman Track Club-A	33:20	6:43
31	Brian Nelson	1138	61	M	Cal Coast Track Club-A	33:22	6:43
32	James Foster	1233	67	M	Syracuse Track Club-A	33:22	6:43

33	Claton Belmont	1145	64	M	Club Northwest-A	33:28	6:44
34	Ken Goodin	1175	63	M	Greater Lowell Road Runners	33:43	6:47
35	Nate Anderson	1117	60	M	Boulder Road Runners-A	33:47	6:48
36	Tomas Rodriguez	1139	65	M	Cal Coast Track Club-A	33:52	6:49
37	Doug Bell	1118	68	M	Boulder Road Runners-A	33:56	6:50
38	Steve Brumwell	1135	60	M	Cal Coast Track Club-A	34:06	6:52
39	Kent Sizer	1225	63	M	Seattle Running Club-A	34:30	6:57
40	Bobby Carpenter	1196	64	M	River City Rebels-A	34:31	6:57
41	Mark Rybinski	1172	63	M	Genesee Valley Harriers-A	34:33	6:57
42	Kirk Larson	1109	67	M	Atlanta Track Club-A	34:35	6:58
43	J Kevin Pedrotti	1199	62	M	River City Rebels-A	34:38	6:58
44	Terry McCluskey	1103	70	M	Ann Arbor Track Club-A	34:47	7:00
45	John Hirschberger	1238	66	M	Tamalpa Runners, Inc.	34:49	7:01
46	Robert Qualls	1200	66	M	River City Rebels-A	34:51	7:01
47	Todd Baum	1231	61	M	Syracuse Track Club-A	34:53	7:01
48	George Braun	1119	65	M	Boulder Road Runners-A	34:53	7:02
49	Steve Bertrand	1146	63	M	Club Northwest-B	34:56	7:02
50	Scott McEntee	1193	61	M	Prado Racing Team-A	34:59	7:03
51	John Hadcock	1176	60	M	Greater Lowell Road Runners	34:59	7:03
52	David Parsons-NC	1159	64	M	Eastside Runners	35:06	7:04
53	Ken Valley	1211	62	M	Run N Fun-B	35:18	7:06
54	William Langhout	1208	60	M	Run N Fun-A	35:20	7:07
55	Theodore Larison	1235	66	M	Syracuse Track Club-A	35:20	7:07
56	Greg Wagner	1194	63	M	Prado Racing Team-A	35:20	7:07
57	Richard Katz	1124	70	M	Boulder Road Runners-A	35:23	7:07
58	David Dunbar	1185	68	M	Jamul Toads-A	35:27	7:08
59	Lloyd Hansen	1102	70	M	Ann Arbor Track Club-A	35:28	7:08
60	Rory Gumina	1167	60	M	Genesee Valley Harriers-A	35:35	7:10
61	Frederick Motteler	1147	62	M	Club Northwest-B	35:39	7:11
62	David Longmuir	1156	71	M	Eastside Runners-A	35:44	7:12
63	Kevin Searls	1183	60	M	HOKA Aggie Running Club-A	35:51	7:13
64	Doug Goodhue	1101	76	M	Ann Arbor Track Club-A	36:07	7:16
65	Tim McMullen	1169	65	M	Genesee Valley Harriers-A	36:24	7:20
66	Wayne Fynboh	1205	60	M	Run N Fun-B	36:35	7:22
67	Larry Coxe	1129	63	M	Bowerman Track Club-A	36:37	7:22
68	Leslie Sharpe	1148	68	M	Club Northwest-B	36:38	7:23

69	Scott Abrams	1143	62	M	Central Oregon Running Klub	36:42	7:23
70	Michael Bjornberg	1203	65	M	Run N Fun-B	36:46	7:24
71	Jim Johnson	1245	62	M	Flying Irish Running Club-A	36:53	7:26
72	Len Goldman	1237	74	M	Tamalpa Runners, Inc.-A	36:57	7:26
73	Donald Driscoll	1162	62	M	Flying Irish Running Club-A	37:06	7:28
74	Donald Porteous	1240	72	M	Tamalpa Runners, Inc.-A	37:14	7:30
75	Dan Roden	1210	61	M	Run N Fun-B	37:17	7:30
76	Keith Witthauer	1142	63	M	Cal Coast Track Club-A	37:25	7:32
77	Lou Karl	1244	63	M	Flying Irish Running Club-A	37:35	7:34
78	Jerry Learned	1110	70	M	Atlanta Track Club-A	37:39	7:35
79	Dave Dooley	1121	71	M	Boulder Road Runners-A	37:49	7:37
80	Frazer Mann	1157	71	M	Eastside Runners-A	37:56	7:38
81	Jim May	1168	72	M	Genesee Valley Harriers-A	37:56	7:38
82	Ronald Souza	1201	64	M	River City Rebels-B	38:04	7:40
83	Jeff Salzman	1140	67	M	Cal Coast Track Club-B	38:04	7:40
84	Ed Barney	1154	64	M	Eastside Runners-A	38:19	7:43
85	Bruce Kirschner	1125	65	M	Boulder Road Runners-B	38:28	7:45
86	Win Van Pelt	1226	61	M	Seattle Running Club-A	38:37	7:47
87	Gene French	1236	72	M	Tamalpa Runners, Inc.-A	38:47	7:49
88	Keith Yeates	1173	71	M	Genesee Valley Harriers-A	38:53	7:50
89	Steve Doyle	1213	70	M	San Diego Striders-A	39:01	7:51
90	Daniel Diehr	1161	69	M	Florida Track Club/West	39:08	7:53
91	William Sumner	1141	70	M	Cal Coast Track Club-B	39:11	7:53
92	Michael Reif	1170	70	M	Genesee Valley Harriers-A	39:12	7:54
93	Gordon Lutes	1216	74	M	San Diego Striders-A	39:22	7:55
94	Richard Castro	1120	71	M	Boulder Road Runners-A	39:25	7:56
95	David Bowen	1164	66	M	Genesee Valley Harriers-A	39:31	7:57
96	Charles Crouse	1155	72	M	Eastside Runners-A	39:37	7:59
97	John Combs	1136	71	M	Cal Coast Track Club-B	39:48	8:01
98	Ron Blackmore	1163	65	M	Genesee Valley Harriers-	39:58	8:03
99	Dave Glass	1108	72	M	Atlanta Track Club-A	40:10	8:05
100	Kenneth Williams	1191	65	M	Piedmont Pacers Track Club-A	40:29	8:09
101	Peanut Harms	1182	67	M	HOKA Aggie Running Club-A	40:33	8:10
102	John Barry	1128	67	M	Bowerman Track Club	40:36	8:10
103	Paul Carlin	1100	73	M	Ann Arbor Track Club-A	40:45	8:12
104	David Stauffer	1190	69	M	Piedmont Pacers Track Club-A	41:06	8:16
105	David Anderson	1153	63	M	Eastside Runners-A	41:38	8:23
106	James McGill	1158	70	M	Eastside Runners-A	41:40	8:23

107	Tony Gingello	1166	71	M	Genesee Valley Harriers-A	41:44	8:24
108	Norman Cornwell	1222	69	M	Santa Cruz Track Club	41:48	8:25
109	Curtis Walker	1114	72	M	Atlanta Track Club-A	42:21	8:32
110	Hans Schmid	1241	78	M	Tamalpa Runners, Inc.-A	42:24	8:32
111	James Callaway	1212	76	M	San Diego Striders-A	42:51	8:38
112	Terry Simon	1189	64	M	Piedmont Pacers Track Club-A	43:39	8:47
113	Tom Derderian	1174	69	M	Greater Boston Track Club	43:47	8:49
114	Sam Benedict	1105	71	M	Atlanta Track Club-A	44:02	8:52
115	Charlie Patterson	1111	76	M	Atlanta Track Club-B	45:58	9:15
116	Patrick Dwyer	1165	72	M	Genesee Valley Harriers-A	47:14	9:30
117	David McCormack	1239	73	M	Tamalpa Runners, Inc.-A	47:38	9:35
118	Ed Bligh	1106	76	M	Atlanta Track Club-B	48:10	9:42
119	Steve Swindel	1202	65	M	River City Rebels-B	50:23	10:09
120	Morris Williams	1115	73	M	Atlanta Track Club-B	50:45	10:13
121	Hal Goforth	1214	74	M	San Diego Striders-A	52:00	10:28
122	Andrew Sherwood	1113	79	M	Atlanta Track Club-B	53:04	10:41
123	Richard Williams	1220	83	M	San Diego Striders-A	53:11	10:42
124	Benjamin Spowart	1221	63	M	San Diego Track Club	54:50	11:02
125	Warren Osborn	1218	84	M	San Diego Striders-A	54:57	11:04
126	James Kurtz	1215	80	M	San Diego Striders-A	58:14	11:43
127	Peter Stasz	1177	71	M	Greater Springfield Harriers,	1:02:02	12:29
128	Sid Davis	1107	84	M	Atlanta Track Club-A	1:16:49	15:28

12/08/2018 12:22PM

USATF National Club Cross Country Championships
 Plantes Ferry Sports Complex -Spokane, WA 12/8/18
 Results at RecordTiming.com

 Team Results 60+ Men

1. 8 Club Northwest-A (29:24 1:28:10 0:43)

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- 1 1 Joe Sheeran 61 28:55 1149
- 2 3 Rick Becker 64 29:37 1144
- 3 4 Michael Smith 60 29:38 1150
- 4 (20) Denis Villeneuve 62 32:46 1151
- 5 (30) Claton Belmont 64 33:28 1145

2. 30 Run N Fun-A (31:13 1:33:38 2:16)

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- 1 6 Daniel Johnson 61 30:17 1206
- 2 7 Doug Keller 60 30:48 1207
- 3 17 Paul Brown 61 32:33 1204
- 4 (26) Bobby Paxton 62 33:17 1209
- 5 (45) William Langhout 60 35:20 1208

3. 35 Green Mountain Athletic Associ (31:35 1:34:43 1:26)

=====

- 1 9 James Miller 60 30:55 1179
- 2 11 Norm Larson 62 31:27 1178
- 3 15 Jack Pilla 60 32:21 1180

4. 43 Atlanta Track Club-A (31:58 1:35:53 2:01)

=====

- 1 8 Ken Youngers 62 30:50 1116
- 2 14 Michael Anderson 61 32:12 1104
- 3 21 Phil Richey 61 32:51 1112
- 4 (37) Kirk Larson 67 34:35 1109

5. 43 Boulder Road Runners-A (31:33 1:34:38 4:19)

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- 1 2 Roger Sayre 60 29:28 1126
- 2 10 Dan Spale 62 31:23 1127
- 3 31 Nate Anderson 60 33:47 1117
- 4 (33) Doug Bell 68 33:56 1118
- 5 (41) George Braun 65 34:53 1119

6. 53 Bowerman Track Club-A (32:32 1:37:36 1:28)

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- 1 12 Monty Schafer 64 31:49 1132
- 2 16 Doug Winn 68 32:30 1134
- 3 25 Richard Panches 60 33:17 1131
- 4 (27) Kevin Taylor 62 33:20 1133
- 5 (53) Larry Coxe 63 36:37 1129

7. 59 River City Rebels-A (32:24 1:37:11 4:33)

=====

- 1 5 Jacob Nur 63 29:58 1198
- 2 19 Terry Baucom 62 32:42 1195
- 3 35 Bobby Carpenter 64 34:31 1196
- 4 (38) J Kevin Pedrotti 62 34:38 1199
- 5 (39) Robert Qualls 66 34:51 1200

8. 78 Cal Coast Track Club-A (33:18 1:39:53 1:13)

=====

- 1 18 John Holcomb 64 32:39 1137
- 2 28 Brian Nelson 61 33:22 1138
- 3 32 Tomas Rodriguez 65 33:52 1139
- 4 (34) Steve Brumwell 60 34:06 1135
- 5 (59) Keith Witthauer 63 37:25 1142

9. 93 Syracuse Track Club-A (33:50 1:41:28 1:40)

=====

1 24 Brian Cummins 63 33:13 1232
2 29 James Foster 67 33:22 1233
3 40 Todd Baum 61 34:53 1231
4 (46) Theodore Larison 66 35:20 1235

10. 103 Prado Racing Team-A (34:08 1:42:22 3:17)

=====

1 13 Thom Hunt 60 32:03 1192
2 43 Scott McEntee 61 34:59 1193
3 47 Greg Wagner 63 35:20 1194

11. 107 Genesee Valley Harriers-A (34:24 1:43:12 2:31)

=====

1 23 Timothy Riccardi 60 33:04 1171
2 36 Mark Rybinski 63 34:33 1172
3 48 Rory Gumina 60 35:35 1167
4 (51) Tim McMullen 65 36:24 1169
5 (63) David Bowen 66 39:31 1164

12. 138 HOKA Aggie Running Club-A (36:26 1:49:17 7:40)

=====

1 22 Dwight Smith 60 32:53 1184
2 50 Kevin Searls 60 35:51 1183
3 66 Peanut Harms 67 40:33 1182

13. 145 Club Northwest-B (35:45 1:47:13 1:42)

=====

1 42 Steve Bertrand 63 34:56 1146
2 49 Frederick Motteler 62 35:39 1147
3 54 Leslie Sharpe 68 36:38 1148

14. 151 Run N Fun-B (36:13 1:48:39 1:28)

=====

1 44 Ken Valley 62 35:18 1211
2 52 Wayne Fynboh 60 36:35 1205
3 55 Michael Bjornberg 65 36:46 1203
4 (58) Dan Roden 61 37:17 1210

15. 173 Flying Irish Running Club-A (37:12 1:51:34 0:42)

=====

1 56 Jim Johnson 62 36:53 1245
2 57 Donald Driscoll 62 37:06 1162
3 60 Lou Karl 63 37:35 1244

16. 187 Cal Coast Track Club-B (39:01 1:57:03 1:44)

=====

1 61 Jeff Salzman 67 38:04 1140
2 62 William Sumner 70 39:11 1141
3 64 John Combs 71 39:48 1136

17. 200 Piedmont Pacers Track Club-A (41:45 2:05:14 3:10)

=====

1 65 Kenneth Williams 65 40:29 1191
2 67 David Stauffer 69 41:06 1190
3 68 Terry Simon 64 43:39 1189

USATF National Club Cross Country Championships
Plantes Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com

Team Results 70+ Men

1. 9 Ann Arbor Track Club-A (35:28 1:46:22 1:20)
=====

1 1 Terry McCluskey 70 34:47 1103
2 3 Lloyd Hansen 70 35:28 1102
3 5 Doug Goodhue 76 36:07 1101
4 (20) Paul Carlin 73 40:45 1100

2. 25 Tamalpa Runners, Inc.-A (37:40 1:52:58 1:50)
=====

1 6 Len Goldman 74 36:57 1237
2 7 Donald Porteous 72 37:14 1240
3 12 Gene French 72 38:47 1236
4 (24) Hans Schmid 78 42:24 1241
5 (29) David McCormack 73 47:38 1239

3. 28 Boulder Road Runners-A (37:33 1:52:37 4:02)
=====

1 2 Richard Katz 70 35:23 1124
2 9 Dave Dooley 71 37:49 1121
3 17 Richard Castro 71 39:25 1120

4. 32 Eastside Runners-A (37:46 1:53:17 3:53)
=====

1 4 David Longmuir 71 35:44 1156
2 10 Frazer Mann 71 37:56 1157
3 18 Charles Crouse 72 39:37 1155
4 (21) James McGill 70 41:40 1158

5. 39 Genesee Valley Harriers-A (38:41 1:56:01 1:16)
=====

1 11 Jim May 72 37:56 1168
2 13 Keith Yeates 71 38:53 1173
3 15 Michael Reif 70 39:12 1170
4 (22) Tony Gingello 71 41:44 1166
5 (28) Patrick Dwyer 72 47:14 1165

6. 50 Atlanta Track Club-A (40:04 2:00:10 4:42)
=====

1 8 Jerry Learned 70 37:39 1110
2 19 Dave Glass 72 40:10 1108
3 23 Curtis Walker 72 42:21 1114
4 (26) Sam Benedict 71 44:02 1105
5 (34) Sid Davis 84 1:16:49 1107

7. 55 San Diego Striders-A (40:25 2:01:14 3:50)

=====

- 1 14 Steve Doyle 70 39:01 1213
- 2 16 Gordon Lutes 74 39:22 1216
- 3 25 James Callaway 76 42:51 1212
- 4 (32) Hal Goforth 74 52:00 1214

8. 88 Atlanta Track Club-B (48:18 2:24:53 4:47)

=====

- 1 27 Charlie Patterson 76 45:58 1111
- 2 30 Ed Bligh 76 48:10 1106
- 3 31 Morris Williams 73 50:45 1115
- 4 (33) Andrew Sherwood 79 53:04 1113

USATF National Club Cross Country Championships
Plantes Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com

Team Results 80+ Men

1. 6 San Diego Striders-A (55:28 2:46:22 5:03)

=====

- 1 1 Richard Williams 83 53:11 1220
- 2 2 Warren Osborn 84 54:57 1218
- 3 3 James Kurtz 80 58:14 1215

***** RESULTS GRADED BY AGE AND SEX BASED ON WORLD MASTERS
ATHLETICS TABLES **
USATF National Club Cross Country Championships
Plantes Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com**

Place	Name	Sex	Age	Affiliation	Time	Age%
1	Nat Larson	M	56	Greater Springfield Harriers,	35:01	90.36
2	Peter Hammer	M	52	Boston Athletic Association-A	34:09	89.48
3	Andy Gardiner	M	53	Boston Athletic Association-A	34:43	88.77
4	Carl Combs	M	53	Club Northwest-A	34:58	88.14
5	Tony Young	M	56	Club Northwest-A	36:02	87.81
6	Jaime Heilpern	M	48	HOKA Aggie Running Club-A	33:50	87.32
7	Mark Zamek	M	55	Garmin Runners	36:16	86.47
8	Eric Williams	M	54	Bowerman Track Club-A	35:59	86.39
9	Mark Hixson	M	53	Greater Springfield Harriers,	35:45	86.21
10	John Gardiner	M	46	Cal Coast Track Club-A	33:51	85.86
11	Michael Nahom	M	51	Greater Springfield Harriers,	35:18	85.83
12	Mark Reeder	M	59	Greater Lowell Road Runners	37:54	85.76
13	Christian Cushing- murray	M	51	Cal Coast Track Club-A	35:20	85.75
14	John Howell	M	45	Bowerman Track Club-A	33:41	85.59
15	Gregory Mitchell	M	45	Bowerman Track Club-A	33:46	85.38
16	Stephen Bean	M	57	Bowerman Track Club-A	37:28	85.20
17	Scott Tucker	M	56	Bowerman Track Club-A	37:09	85.17
18	Todd Rose	M	45	West Valley Track Club-A	33:56	84.96
19	Jorge Maravilla	M	41	West Valley Track Club-A	32:53	84.93
20	Jacques Sallberg	M	44	Cal Coast Track Club-A	33:42	84.86
21	David Angell	M	42	Roanoke Valley Elite	33:14	84.70
22	Orin Schumacher	M	45	Bowerman Track Club-A	34:03	84.67
23	Michael Bresson	M	47	Club Northwest-A	34:38	84.61
24	Jonathan Frieder	M	48	Garden State Track Club New Ba	34:57	84.53
25	Alan Evans	M	55	Genesee Valley Harriers-A	37:06	84.53
26	Eric Stabb	M	50	Atlanta Track Club-A	35:33	84.51
27	Eric Loeffler	M	41	Run MN-A	33:07	84.33
28	Neville Davey	M	43	West Valley Track Club-A	33:39	84.31
29	Mike Blackmore	M	56	Bowerman Track Club-A	37:32	84.30
30	Eric Hartmann	M	50	Bowerman Track Club-A	35:41	84.19
31	Kent Lemme	M	52	Greater Springfield Harriers,	36:19	84.14
32	Joshua Gordon	M	44	Bowerman Track Club-A	34:02	84.03
33	Gary Leaman	M	59	Garden State Track Club New	38:41	84.02

				Ba		
34	Frederick Herr	M	52	Cal Coast Track Club-A	36:23	83.99
35	Tony Gerbino	M	54	Club Northwest-A	37:02	83.94
36	Patrick Billig	M	56	Run MN-A	37:46	83.78
37	William Lindell	M	51	Run MN-A	36:10	83.77
38	Dean Thompson	M	53	Chattanooga Track Club-A	36:50	83.67
39	Mike Nier	M	54	Genesee Valley Harriers-A	37:11	83.61
40	Jim Walsh	M	58	Jamul Toads-A	38:32	83.58
41	Joe Bisignano	M	58	Club Northwest-A	38:37	83.41
42	Alan Black	M	45	Atlanta Track Club-A	34:38	83.24
43	Steven Short	M	42	Team Red Lizard-A	33:49	83.24
44	Alan Jackson	M	44	HOKA Aggie Running Club-A	34:23	83.17
45	Royce Hogue	M	55	Unattached-M9	37:43	83.15
46	Eric Shafer	M	49	Pittsburgh Pharaoh Hounds	35:51	83.10
47	Ryan McCalmon	M	43	Boston Athletic Association-A	34:13	82.92
48	Tim Hardy	M	43	Run MN-A	34:15	82.83
49	Nicholas Bowden	M	47	Club Northwest-A	35:25	82.74
50	Craig Godwin	M	51	Bowerman Track Club-A	36:38	82.71
51	Julian Marsh-NC	M	45	West Valley Track Club	34:53	82.65
52	Christopher Magill	M	45	Boston Athletic Association-A	34:53	82.65
53	Ahrlin Bauman	M	45	Bowerman Track Club-A	34:54	82.61
54	Lance Logan	M	54	Club Northwest-A	37:38	82.61
55	Torrey Lindbo	M	46	Team Red Lizard-A	35:12	82.57
56	Paul Abdalla	M	57	Club Northwest-A	38:40	82.56
57	Richard Osifchin	M	54	Garden State Track Club New Ba	37:41	82.50
58	Ulrich Steidl	M	46	Seattle Running Club-A	35:14	82.49
59	David Bedoya	M	41	Boston Athletic Association-A	33:52	82.47
60	Thomas McGlynn	M	46	West Valley Track Club-A	35:16	82.42
61	Iain Mickle	M	58	SRA Elite-A	39:09	82.27
62	Dan Franek	M	53	Bowerman Track Club-A	37:28	82.26
63	Jesse Zentz	M	42	Helena Vigilante Runners	34:14	82.23
64	Edward Randolph	M	49	West Valley Track Club-A	36:14	82.22
65	Olivier Vrambout	M	44	Run MN-A	34:47	82.22
66	Charles Mullane	M	49	West Valley Track Club-A	36:15	82.18
67	Mark Bloudek	M	44	Club Northwest-A	34:51	82.06
68	Brantley Lutz	M	43	Dukes Track Club	34:35	82.04
69	Wesley Sealand	M	54	Bowerman Track Club-B	37:57	81.92
70	Robert Economy	M	54	Run MN-A	37:59	81.84
71	Brendan Prindiville	M	41	Boston Athletic Association-A	34:08	81.82
72	Scott Williams	M	40	Bowerman Track Club-A	33:53	81.79
73	John O'Hearn	M	56	Club Northwest-A	38:41	81.79
74	Eric Hartmark	M	40	Run MN-A	33:55	81.71
75	Lance Thompson	M	42	Club Northwest-A	34:29	81.63

76	Gary Blanco	M	51	SRA Elite-A	37:09	81.56
77	Matthew Carter	M	40	Boston Athletic Association-A	33:59	81.55
78	Eric Johnson	M	44	Run MN-A	35:05	81.52
79	Matthew Waite	M	50	Run MN-A	36:56	81.34
80	Thomas Bache	M	46	San Diego Track Club	35:45	81.30
81	Jason Page	M	44	Bull City Track Club-A	35:11	81.28
82	Ron Hyde	M	59	Phoenix Free Soles-A	40:01	81.22
83	Elliott Frieder	M	48	Garden State Track Club New Ba	36:23	81.20
84	Craig Magness	M	46	Cal Coast Track Club-A	35:49	81.15
85	Bill Brist	M	54	Great Falls Track Club	38:20	81.10
86	Jeff Soares	M	55	Santa Cruz Track Club	38:41	81.07
87	Matt Seeley	M	48	Unattached-M13	36:27	81.05
88	Shawn Crockett	M	49	Unattached-M7	36:46	81.03
89	Rob Class	M	58	Run MN-A	39:45	81.03
90	Paul Jones	M	43	Bull City Track Club-A	35:01	81.02
91	Michael Thomas	M	49	Movin' Shoes Race Team-A	36:47	80.99
92	Bob Brennand	M	57	Club Northwest-A	39:29	80.85
93	Acy Roff	M	54	Club Northwest-A	38:27	80.85
94	Michael Axinn	M	58	Pamakids-A	39:52	80.79
95	Thomas Schumann	M	53	Cal Coast Track Club-A	38:10	80.75
96	Konrad Knutsen	M	42	West Valley Track Club-A	34:52	80.73
97	Timothy Ensign	M	55	Chattanooga Track Club-A	38:55	80.59
98	Patrick Russell	M	42	Run MN-A	34:56	80.58
99	Alejandro Heuck	M	53	Greater Springfield Harriers,	38:20	80.40
100	Theodor Schnauffer	M	54	Genesee Valley Harriers-A	38:44	80.26
101	Francis Burdett	M	53	Greater Springfield Harriers,	38:26	80.19
102	Brian Sydow	M	45	Atlanta Track Club-A	35:58	80.16
103	John Clifford	M	56	Bowerman Track Club-B	39:29	80.14
104	Anthony McGrath	M	51	Pamakids-A	37:50	80.08
105	Jonah Backstrom	M	45	West Valley Track Club-A	36:01	80.05
106	Jesse Barragan	M	40	SRA Elite-A	34:38	80.02
107	Ricardo Maldonado	M	54	Phoenix Free Soles-A	38:51	80.02
108	Charlie Brenneman	M	40	SRA Elite-A	34:39	79.98
109	Sam Teigen	M	44	Garden State Track Club New Ba	35:46	79.96
110	Ian Fraser	M	44	Club Northwest-A	35:47	79.92
111	Benjamin Mangrum	M	40	Tacoma City Running Club	34:42	79.87
112	Ed Brooks	M	47	SRA Elite-A	36:43	79.81
113	Dale Flanders	M	53	Genesee Valley Harriers-A	38:39	79.74
114	Brent Fields	M	46	Atlanta Track Club-A	36:28	79.70
115	Thomas Knowles	M	43	Garden State Track Club New Ba	35:36	79.69
116	Shanon Winkelman	M	48	Cal Coast Track Club-A	37:05	79.67
117	Brett Bernacchi	M	46	Phoenix Free Soles-A	36:31	79.59

118	Jason Batterson	M	42	Prado Racing Team	35:28	79.37
119	Scott Abbott	M	41	SRA Elite-A	35:13	79.31
120	Allen Baddour	M	47	Bull City Track Club-A	36:58	79.27
121	Gary Gellin	M	50	HOKA Aggie Running Club-A	37:56	79.20
122	Darren Moore	M	44	Team Red Lizard-A	36:07	79.18
123	John Montgomery	M	43	West Valley Track Club-B	35:50	79.17
124	James Callaghan	M	49	Boston Athletic Association-B	37:39	79.13
125	Carl Winter	M	52	Club Northwest-B	38:38	79.10
126	Todd Poremba	M	49	Club Northwest-A	37:42	79.02
127	John Reich	M	49	Phoenix Free Soles-A	37:44	78.95
128	Paul Kramer	M	50	Phoenix Free Soles-A	38:06	78.85
129	Dan Feda	M	44	Run MN-A	36:18	78.78
130	Tim Willcox	M	40	Movin' Shoes Race Team-A	35:14	78.66
131	Erich Ackermann	M	50	HOKA Aggie Running Club-A	38:14	78.58
132	Ryan Shrum	M	51	Chattanooga Track Club-A	38:35	78.53
133	Kenny Miller	M	41	Run MN-A	35:35	78.49
134	Steve Kirschke	M	47	Unattached-M10	37:21	78.46
135	Chris Lundstrom	M	42	Run MN-A	35:55	78.37
136	Michael Joh Stanley	M	47	Cal Coast Track Club-A	37:25	78.32
137	Daniel Salazar	M	53	Guerilla Running	39:22	78.29
138	Ben Sauvage	M	49	Phoenix Free Soles-A	38:04	78.26
139	Steven Kollars	M	59	Bowerman Track Club-B	41:32	78.25
140	Jim Larranaga	M	53	Run MN-A	39:23	78.25
141	David McCulloch	M	48	Club Northwest-A	37:47	78.19
142	David Bischoff	M	56	Genesee Valley Harriers-A	40:28	78.19
143	Michael Fadling	M	50	SRA Elite-A	38:30	78.03
144	Chris Georgules	M	45	Boston Athletic Association-B	36:58	77.99
145	Gabriel Kliot-NC	M	41	Club Northwest	35:49	77.98
146	John Markell-NC	M	45	West Valley Track Club	37:00	77.92
147	Ron Lombardi	M	54	Greater Springfield Harriers,	39:55	77.88
148	Daniel Bartosz	M	42	Team Red Lizard-A	36:11	77.80
149	John Van Kerkhove	M	56	Genesee Valley Harriers-A	40:41	77.77
150	Sid Sullivan	M	52	HOKA Aggie Running Club-A	39:24	77.56
151	Steven Heaps	M	54	Seattle Running Club-A	40:06	77.53
152	Kevin Barda	M	51	Cal Coast Track Club-A	39:05	77.52
153	Mario Cadete	M	46	West Valley Track Club-B	37:33	77.40
154	Orestes Gutierrez	M	42	Bowerman Track Club-A	36:24	77.33
155	Michael McGrane	M	48	Boston Athletic Association-B	38:13	77.31
156	Justin Daghlish-NC	M	41	Greater Lowell Road Runners	36:12	77.15
157	Shawn Conway	M	48	Greater Lowell Road Runners	38:21	77.04
158	Ryan Davenport	M	44	Boston Athletic Association-B	37:08	77.02
159	Mark Donahue	M	47	Club Northwest-A	38:05	76.95
160	Roger Dix	M	51	HOKA Aggie Running Club-A	39:23	76.93
161	Beau Seegmiller	M	48	Boise Betties & Billies	38:26	76.87

162	Chuck Coats	M	59	Bowerman Track Club-B	42:17	76.87
163	Peter Kotchen	M	49	Atlanta Track Club-A	38:47	76.81
164	Matthew Farley	M	50	Bowerman Track Club-A	39:07	76.80
165	Jeff Turner	M	46	Phoenix Free Soles-A	37:52	76.76
166	John Leo	M	54	Club Northwest-B	40:31	76.73
167	Douglas Cross	M	50	Chattanooga Track Club-A	39:13	76.61
168	Brad Slavens	M	49	Atlanta Track Club-A	38:55	76.55
169	Kevan Chu	M	50	Santa Cruz Track Club	39:19	76.41
170	Peter Kessler	M	57	Run MN-A	41:48	76.37
171	Michael Gorriaran	M	58	Bowerman Track Club-B	42:12	76.32
172	Mitchell Phariss	M	59	Chattanooga Track Club-A	42:38	76.24
173	Joe Van De Water	M	51	SRA Elite-A	39:51	76.03
174	E J Hrynowski	M	56	Greater Lowell Road Runners	41:38	76.00
175	Andrew Chan	M	47	Pamakids-A	38:35	75.95
176	Nate Bowen	M	42	West Valley Track Club-A	37:04	75.94
177	Christopher Benestad	M	41	Boston Athletic Association-B	36:49	75.86
178	Blake Sacha	M	53	Phoenix Free Soles-A	40:40	75.78
179	Russell Fairles	M	51	Pamakids-A	40:01	75.71
180	Corey Brantley	M	46	Unattached-M5	38:24	75.69
181	Sean Messiter	M	52	Club Northwest-B	40:24	75.64
182	Greg Hales	M	52	Santa Cruz Track Club	40:27	75.55
183	Chris Weiss	M	43	Atlanta Track Club-A	37:35	75.49
184	Matthew Simpson	M	57	Cal Coast Track Club-A	42:20	75.41
185	Bill Fitzner	M	53	Spokane Distance Project-A	41:01	75.14
186	John Burton	M	50	Unattached-M6	40:05	74.95
187	Jerry Flanagan	M	53	Pamakids-A	41:10	74.86
188	Mark LaRosa	M	40	Boston Athletic Association-B	37:05	74.73
189	Ryan Carlson	M	42	Team Red Lizard-A	37:40	74.73
190	Jamey Gifford	M	40	West Valley Track Club-B	37:07	74.67
191	Denis Glenn	M	48	Pamakids-A	39:44	74.36
192	William Cleves	M	57	Jamul Toads-A	42:56	74.36
193	Christopher Rinaldi	M	49	Garden State Track Club New Ba	40:04	74.35
194	Shawn Williams	M	41	Garden State TC	37:34	74.34
195	Paul Miller	M	54	Movin' Shoes Race Team-A	41:53	74.22
196	Gregory Coughlan	M	49	Bowerman Track Club-A	40:10	74.17
197	William Wheeler	M	49	Pamakids-A	40:15	74.02
198	Zachary Ames	M	47	Seattle Running Club-A	39:36	74.00
199	Jason Timochko	M	42	Garden State Track Club New Ba	38:04	73.95
200	Paul Wellman	M	40	Prado Racing Team	37:31	73.87
201	Jeffrey Brandt	M	54	Unattached-M4	42:09	73.75
202	Charles Joy	M	41	Spokane Distance Project-A	37:53	73.72
203	Chris McGinness	M	40	Team Red Lizard-A	37:39	73.61

204	Thomas Fuchs	M	53	Spokane Distance Project-A	42:01	73.35
205	Randall Conner	M	50	Pamakids-A	41:04	73.16
206	John Blue	M	55	SRA Elite-A	42:55	73.08
207	Todd Barnes	M	55	Phoenix Free Soles-A	43:02	72.88
208	Zachary Redding	M	40	Movin' Shoes Race Team-A	38:09	72.65
209	Mario Balcom	M	53	Jamul Toads-A	42:29	72.54
210	Travis Price	M	42	West Valley Track Club-B	38:57	72.27
211	Ben Jones	M	44	Movin' Shoes Race Team-A	39:38	72.16
212	Zachary Hedling	M	43	Pamakids-A	39:24	72.01
213	Rick Siebern	M	58	Jamul Toads-A	44:46	71.95
214	John Johnson	M	50	Guerilla Running	41:57	71.61
215	Dan Arsenault	M	56	Cal Coast Track Club-A	44:11	71.61
216	Martin Tomasi	M	50	Bull City Track Club-A	42:00	71.53
217	Michael Lauffer	M	53	Spokane Distance Project-A	43:10	71.39
218	Craig Kenworthy	M	56	Club Northwest-B	44:23	71.29
219	Jacob Michaels	M	51	West Valley Track Club-B	42:32	71.23
220	Lars Schmitz-NC	M	40	West Valley Track Club	38:58	71.12
221	Bryan Stevens	M	40	Phoenix Free Soles-A	39:00	71.06
222	Chris Forti	M	40	Dashing Whippets Running Team	39:01	71.03
223	Jon Hoerlein	M	51	Eastside Runners-	42:43	70.93
224	Jack Brodhead	M	49	Spokane Distance Project-A	42:12	70.59
225	Aric Trantum	M	47	Spokane Distance Project-A	41:45	70.19
226	Mathieu DesJardins	M	48	West Valley Track Club-B	42:24	69.68
227	Sean Stevenson	M	53	Jamul Toads-A	44:15	69.65
228	Carl Anstrom	M	45	Bull City Track Club-A	41:25	69.61
229	Curt Casazza	M	47	SRA Elite-A	42:08	69.55
230	Bryan Wallbank	M	50	Jamul Toads-A	43:29	69.09
231	Dave Ross	M	51	Bowerman Track Club-B	43:59	68.89
232	Rodney Hemingway	M	42	Greater Boston Track Club	41:05	68.52
233	Alan Frindell	M	41	Club Northwest-A	40:48	68.45
234	Andrew Ehlert	M	40	Movin' Shoes Race Team-A	40:36	68.26
235	Andy Harris	M	59	River City Rebels	48:06	67.57
236	Charles Simpson	M	50	Bowerman Track Club-B	44:37	67.33
237	Ted Chauvin	M	45	Spokane Distance Project-A	42:49	67.33
238	Shad Birkholz	M	42	Seattle Running Club-A	42:10	66.76
239	Christopher Melleby	M	40	Greater Boston Track Club	41:43	66.44
240	Joshua Sundt	M	46	Guerilla Running	43:47	66.38
241	Ronnie Weed	M	43	Bull City Track Club-A	42:52	66.18
242	Peter McKay	M	57	Club Northwest-B	50:06	63.72
243	Dave Durand	M	48	Flying Irish Running Club	46:23	63.70
244	Mike Spencer	M	58	Atlanta Track Club-A	50:50	63.36
245	Ken Sandberg	M	49	Pamakids-A	47:46	62.37
246	William Swafford	M	55	Unattached-M14	50:28	62.14

247	Erik Heimann	M	46	Guerilla Running	47:16	61.49
248	Jorge Castro	M	50	Jamul Toads-A	49:07	61.16

12/08/2018 1:02PM

USATF National Club Cross Country Championships
Plantes Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com

MALE AGE GROUP: 40 - 44

1	167	Jorge Maravilla	41	West Valley Track Club-A	32:53
2	170	Eric Loeffler	41	Run MN-A	33:07
3	173	David Angell	42	Roanoke Valley Elite	33:14
4	183	Neville Davey	43	West Valley Track Club-A	33:39
5	185	Jacques Sallberg	44	Cal Coast Track Club-A	33:42
6	189	Steven Short	42	Team Red Lizard-A	33:49
7	193	David Bedoya	41	Boston Athletic Association-A	33:52
8	194	Scott Williams	40	Bowerman Track Club-A	33:53
9	195	Eric Hartmark	40	Run MN-A	33:55
10	198	Matthew Carter	40	Boston Athletic Association-A	33:59
11	199	Joshua Gordon	44	Bowerman Track Club-A	34:02
12	202	Brendan Prindiville	41	Boston Athletic Association-A	34:08
13	204	Ryan McCalmon	43	Boston Athletic Association-A	34:13
14	205	Jesse Zentz	42	Helena Vigilante Runners	34:14
15	206	Tim Hardy	43	Run MN-A	34:15
16	207	Alan Jackson	44	HOKA Aggie Running Club-A	34:23
17	209	Lance Thompson	42	Club Northwest-A	34:29
18	213	Brantley Lutz	43	Dukes Track Club	34:35
19	215	Jesse Barragan	40	SRA Elite-A	34:38
20	219	Charlie Brenneman	40	SRA Elite-A	34:39
21	220	Benjamin Mangrum	40	Tacoma City Running Club	34:42
22	223	Olivier Vrambout	44	Run MN-A	34:47
23	225	Mark Bloudek	44	Club Northwest-A	34:51
24	227	Konrad Knutsen	42	West Valley Track Club-A	34:52
25	234	Patrick Russell	42	Run MN-A	34:56
26	239	Paul Jones	43	Bull City Track Club-A	35:01
27	241	Eric Johnson	44	Run MN-A	35:05
28	243	Jason Page	44	Bull City Track Club-A	35:11
29	245	Scott Abbott	41	SRA Elite-A	35:13
30	247	Tim Willcox	40	Movin' Shoes Race Team-A	35:14
31	259	Jason Batterson	42	Prado Racing Team	35:28
32	262	Kenny Miller	41	Run MN-A	35:35
33	263	Thomas Knowles	43	Garden State Track Club New Ba	35:36
34	269	Sam Teigen	44	Garden State Track Club New Ba	35:46

35	270	Ian Fraser	44	Club Northwest-A	35:47
36	271	Gabriel Kliot-NC	41	Club Northwest	35:49
37	273	John Montgomery	43	West Valley Track Club-B	35:50
38	276	Chris Lundstrom	42	Run MN-A	35:55
39	281	Darren Moore	44	Team Red Lizard-A	36:07
40	284	Daniel Bartosz	42	Team Red Lizard-A	36:11
41	285	Justin Daghish-NC	41	Greater Lowell Road Runners	36:12
42	289	Dan Feda	44	Run MN-A	36:18
43	294	Orestes Gutierrez	42	Bowerman Track Club-A	36:24
44	307	Christopher Benestad	41	Boston Athletic Association-B	36:49
45	316	Nate Bowen	42	West Valley Track Club-A	37:04
46	317	Mark LaRosa	40	Boston Athletic Association-B	37:05
47	321	Jamey Gifford	40	West Valley Track Club-B	37:07
48	322	Ryan Davenport	44	Boston Athletic Association-B	37:08
49	333	Paul Wellman	40	Prado Racing Team	37:31
50	337	Shawn Williams	41	Garden State TC	37:34
51	339	Chris Weiss	43	Atlanta Track Club-A	37:35
52	342	Chris McGinness	40	Team Red Lizard-A	37:39
53	344	Ryan Carlson	42	Team Red Lizard-A	37:40
54	354	Charles Joy	41	Spokane Distance Project-A	37:53
55	363	Jason Timochko	42	Garden State Track Club New Ba	38:04
56	367	Zachary Redding	40	Movin' Shoes Race Team-A	38:09
57	400	Travis Price	42	West Valley Track Club-B	38:57
58	401	Lars Schmitz-NC	40	West Valley Track Club	38:58
59	402	Bryan Stevens	40	Phoenix Free Soles-A	39:00
60	403	Chris Forti	40	Dashing Whippets Running Team	39:01
61	420	Zachary Hedling	43	Pamakids-A	39:24
62	427	Ben Jones	44	Movin' Shoes Race Team-A	39:38
63	450	Andrew Ehlert	40	Movin' Shoes Race Team-A	40:36
64	454	Alan Frindell	41	Club Northwest-A	40:48
65	457	Rodney Hemingway	42	Greater Boston Track Club	41:05
66	465	Christopher Melleby	40	Greater Boston Track Club	41:43
67	476	Shad Birkholz	42	Seattle Running Club-A	42:10
68	491	Ronnie Weed	43	Bull City Track Club-A	42:52

MALE AGE GROUP: 45 - 49

1	184	John Howell	45	Bowerman Track Club-A	33:41
2	187	Gregory Mitchell	45	Bowerman Track Club-A	33:46
3	190	Jaime Heilpern	48	HOKA Aggie Running Club-A	33:50
4	191	John Gardiner	46	Cal Coast Track Club-A	33:51
5	196	Todd Rose	45	West Valley Track Club-A	33:56
6	200	Orin Schumacher	45	Bowerman Track Club-A	34:03
7	217	Alan Black	45	Atlanta Track Club-A	34:38

8	218	Michael Bresson	47	Club Northwest-A	34:38
9	228	Julian Marsh-NC	45	West Valley Track Club	34:53
10	230	Christopher Magill	45	Boston Athletic Association-A	34:53
11	232	Ahrlin Bauman	45	Bowerman Track Club-A	34:54
12	235	Jonathan Frieder	48	Garden State Track Club New Ba	34:57
13	244	Torrey Lindbo	46	Team Red Lizard-A	35:12
14	246	Ulrich Steidl	46	Seattle Running Club-A	35:14
15	248	Thomas McGlynn	46	West Valley Track Club-A	35:16
16	256	Nicholas Bowden	47	Club Northwest-A	35:25
17	267	Thomas Bache	46	San Diego Track Club	35:45
18	272	Craig Magness	46	Cal Coast Track Club-A	35:49
19	275	Eric Shafer	49	Pittsburgh Pharaoh Hounds	35:51
20	277	Brian Sydow	45	Atlanta Track Club-A	35:58
21	279	Jonah Backstrom	45	West Valley Track Club-A	36:01
22	286	Edward Randolph	49	West Valley Track Club-A	36:14
23	287	Charles Mullane	49	West Valley Track Club-A	36:15
24	291	Elliott Frieder	48	Garden State Track Club New Ba	36:23
25	295	Matt Seeley	48	Unattached-M13	36:27
26	296	Brent Fields	46	Atlanta Track Club-A	36:28
27	297	Brett Bernacchi	46	Phoenix Free Soles-A	36:31
28	303	Ed Brooks	47	SRA Elite-A	36:43
29	305	Shawn Crockett	49	Unattached-M7	36:46
30	306	Michael Thomas	49	Movin' Shoes Race Team-A	36:47
31	312	Allen Baddour	47	Bull City Track Club-A	36:58
32	313	Chris Georgules	45	Boston Athletic Association-B	36:58
33	314	John Markell-NC	45	West Valley Track Club	37:00
34	318	Shanon Winkelman	48	Cal Coast Track Club-A	37:05
35	328	Steve Kirschke	47	Unattached-M10	37:21
36	329	Michael Joh Stanley	47	Cal Coast Track Club-A	37:25
37	336	Mario Cadete	46	West Valley Track Club-B	37:33
38	341	James Callaghan	49	Boston Athletic Association-B	37:39
39	346	Todd Poremba	49	Club Northwest-A	37:42
40	348	John Reich	49	Phoenix Free Soles-A	37:44
41	350	David McCulloch	48	Club Northwest-A	37:47
42	353	Jeff Turner	46	Phoenix Free Soles-A	37:52
43	364	Ben Sauvage	49	Phoenix Free Soles-A	38:04
44	365	Mark Donahue	47	Club Northwest-A	38:05
45	369	Michael McGrane	48	Boston Athletic Association-B	38:13
46	374	Shawn Conway	48	Greater Lowell Road Runners	38:21
47	376	Corey Brantley	46	Unattached-M5	38:24
48	378	Beau Seegmiller	48	Boise Betties & Billies	38:26
49	383	Andrew Chan	47	Pamakids-A	38:35
50	394	Peter Kotchen	49	Atlanta Track Club-A	38:47
51	398	Brad Slavens	49	Atlanta Track Club-A	38:55

52	425	Zachary Ames	47	Seattle Running Club-A	39:36
53	428	Denis Glenn	48	Pamakids-A	39:44
54	437	Christopher Rinaldi	49	Garden State Track Club New Ba	40:04
55	441	Gregory Coughlan	49	Bowerman Track Club-A	40:10
56	442	William Wheeler	49	Pamakids-A	40:15
57	460	Carl Anstrom	45	Bull City Track Club-A	41:25
58	467	Aric Trantum	47	Spokane Distance Project-A	41:45
59	474	Curt Casazza	47	SRA Elite-A	42:08
60	477	Jack Brodhead	49	Spokane Distance Project-A	42:12
61	482	Mathieu DesJardins	48	West Valley Track Club-B	42:24
62	489	Ted Chauvin	45	Spokane Distance Project-A	42:49
63	499	Joshua Sundt	46	Guerilla Running	43:47
64	510	Dave Durand	48	Flying Irish Running Club	46:23
65	512	Erik Heimann	46	Guerilla Running	47:16
66	514	Ken Sandberg	49	Pamakids-A	47:46

MALE AGE GROUP: 50 - 54

1	203	Peter Hammer	52	Boston Athletic Association-A	34:09
2	221	Andy Gardiner	53	Boston Athletic Association-A	34:43
3	236	Carl Combs	53	Club Northwest-A	34:58
4	250	Michael Nahom	51	Greater Springfield Harriers,	35:18
5	251	Christian Cushing-murray	51	Cal Coast Track Club-A	35:20
6	260	Eric Stabb	50	Atlanta Track Club-A	35:33
7	265	Eric Hartmann	50	Bowerman Track Club-A	35:41
8	268	Mark Hixson	53	Greater Springfield Harriers,	35:45
9	278	Eric Williams	54	Bowerman Track Club-A	35:59
10	283	William Lindell	51	Run MN-A	36:10
11	290	Kent Lemme	52	Greater Springfield Harriers,	36:19
12	292	Frederick Herr	52	Cal Coast Track Club-A	36:23
13	300	Craig Godwin	51	Bowerman Track Club-A	36:38
14	308	Dean Thompson	53	Chattanooga Track Club-A	36:50
15	310	Matthew Waite	50	Run MN-A	36:56
16	315	Tony Gerbino	54	Club Northwest-A	37:02
17	323	Gary Blanco	51	SRA Elite-A	37:09
18	325	Mike Nier	54	Genesee Valley Harriers-A	37:11
19	331	Dan Franek	53	Bowerman Track Club-A	37:28
20	340	Lance Logan	54	Club Northwest-A	37:38
21	345	Richard Osifchin	54	Garden State Track Club New Ba	37:41
22	352	Anthony McGrath	51	Pamakids-A	37:50
23	357	Gary Gellin	50	HOKA Aggie Running Club-A	37:56
24	359	Wesley Sealand	54	Bowerman Track Club-B	37:57
25	360	Robert Economy	54	Run MN-A	37:59
26	366	Paul Kramer	50	Phoenix Free Soles-A	38:06

27	368	Thomas Schumann	53	Cal Coast Track Club-A	38:10
28	370	Erich Ackermann	50	HOKA Aggie Running Club-A	38:14
29	372	Alejandro Heuck	53	Greater Springfield Harriers,	38:20
30	373	Bill Brist	54	Great Falls Track Club	38:20
31	377	Francis Burdett	53	Greater Springfield Harriers,	38:26
32	379	Acy Roff	54	Club Northwest-A	38:27
33	381	Michael Fadling	50	SRA Elite-A	38:30
34	384	Ryan Shrum	51	Chattanooga Track Club-A	38:35
35	387	Carl Winter	52	Club Northwest-B	38:38
36	388	Dale Flanders	53	Genesee Valley Harriers-A	38:39
37	393	Theodor Schnauffer	54	Genesee Valley Harriers-A	38:44
38	396	Ricardo Maldonado	54	Phoenix Free Soles-A	38:51
39	405	Kevin Barda	51	Cal Coast Track Club-A	39:05
40	406	Matthew Farley	50	Bowerman Track Club-A	39:07
41	411	Douglas Cross	50	Chattanooga Track Club-A	39:13
42	413	Kevan Chu	50	Santa Cruz Track Club	39:19
43	416	Daniel Salazar	53	Guerilla Running	39:22
44	417	Roger Dix	51	HOKA Aggie Running Club-A	39:23
45	418	Jim Larranaga	53	Run MN-A	39:23
46	419	Sid Sullivan	52	HOKA Aggie Running Club-A	39:24
47	431	Joe Van De Water	51	SRA Elite-A	39:51
48	433	Ron Lombardi	54	Greater Springfield Harriers,	39:55
49	435	Russell Fairles	51	Pamakids-A	40:01
50	438	John Burton	50	Unattached-M6	40:05
51	439	Steven Heaps	54	Seattle Running Club-A	40:06
52	443	Sean Messiter	52	Club Northwest-B	40:24
53	444	Greg Hales	52	Santa Cruz Track Club	40:27
54	447	John Leo	54	Club Northwest-B	40:31
55	451	Blake Sacha	53	Phoenix Free Soles-A	40:40
56	455	Bill Fitzner	53	Spokane Distance Project-A	41:01
57	456	Randall Conner	50	Pamakids-A	41:04
58	459	Jerry Flanagan	53	Pamakids-A	41:10
59	470	Paul Miller	54	Movin' Shoes Race Team-A	41:53
60	471	John Johnson	50	Guerilla Running	41:57
61	472	Martin Tomasi	50	Bull City Track Club-A	42:00
62	473	Thomas Fuchs	53	Spokane Distance Project-A	42:01
63	475	Jeffrey Brandt	54	Unattached-M4	42:09
64	484	Mario Balcom	53	Jamul Toads-A	42:29
65	485	Jacob Michaels	51	West Valley Track Club-B	42:32
66	488	Jon Hoerlein	51	Eastside Runners-	42:43
67	495	Michael Lauffer	53	Spokane Distance Project-A	43:10
68	496	Bryan Wallbank	50	Jamul Toads-A	43:29
69	501	Dave Ross	51	Bowerman Track Club-B	43:59
70	504	Sean Stevenson	53	Jamul Toads-A	44:15

71	506	Charles Simpson	50	Bowerman Track Club-B	44:37
72	517	Jorge Castro	50	Jamul Toads-A	49:07

MALE AGE GROUP: 55 - 59

1	240	Nat Larson	56	Greater Springfield Harriers,	35:01
2	280	Tony Young	56	Club Northwest-A	36:02
3	288	Mark Zamek	55	Garmin Runners	36:16
4	320	Alan Evans	55	Genesee Valley Harriers-A	37:06
5	324	Scott Tucker	56	Bowerman Track Club-A	37:09
6	332	Stephen Bean	57	Bowerman Track Club-A	37:28
7	334	Mike Blackmore	56	Bowerman Track Club-A	37:32
8	347	Royce Hogue	55	Unattached-M9	37:43
9	349	Patrick Billig	56	Run MN-A	37:46
10	355	Mark Reeder	59	Greater Lowell Road Runners	37:54
11	382	Jim Walsh	58	Jamul Toads-A	38:32
12	385	Joe Bisignano	58	Club Northwest-A	38:37
13	389	Paul Abdalla	57	Club Northwest-A	38:40
14	390	John O'Hearn	56	Club Northwest-A	38:41
15	391	Jeff Soares	55	Santa Cruz Track Club	38:41
16	392	Gary Leaman	59	Garden State Track Club New Ba	38:41
17	399	Timothy Ensign	55	Chattanooga Track Club-A	38:55
18	408	Iain Mickle	58	SRA Elite-A	39:09
19	422	John Clifford	56	Bowerman Track Club-B	39:29
20	423	Bob Brennand	57	Club Northwest-A	39:29
21	429	Rob Class	58	Run MN-A	39:45
22	432	Michael Axinn	58	Pamakids-A	39:52
23	436	Ron Hyde	59	Phoenix Free Soles-A	40:01
24	445	David Bischoff	56	Genesee Valley Harriers-A	40:28
25	452	John Van Kerkhove	56	Genesee Valley Harriers-A	40:41
26	461	Steven Kollars	59	Bowerman Track Club-B	41:32
27	462	E J Hrynowski	56	Greater Lowell Road Runners	41:38
28	469	Peter Kessler	57	Run MN-A	41:48
29	478	Michael Gorriaran	58	Bowerman Track Club-B	42:12
30	479	Chuck Coats	59	Bowerman Track Club-B	42:17
31	480	Matthew Simpson	57	Cal Coast Track Club-A	42:20
32	487	Mitchell Phariss	59	Chattanooga Track Club-A	42:38
33	492	John Blue	55	SRA Elite-A	42:55
34	493	William Cleves	57	Jamul Toads-A	42:56
35	494	Todd Barnes	55	Phoenix Free Soles-A	43:02
36	503	Dan Arsenault	56	Cal Coast Track Club-A	44:11
37	505	Craig Kenworthy	56	Club Northwest-B	44:23
38	508	Rick Siebern	58	Jamul Toads-A	44:46
39	515	Andy Harris	59	River City Rebels	48:06

40	518	Peter McKay	57	Club Northwest-B	50:06
41	520	William Swafford	55	Unattached-M14	50:28
42	522	Mike Spencer	58	Atlanta Track Club-A	50:50

MALE AGE GROUP: 60 - 64

1	112	Joe Sheeran	61	Club Northwest-A	28:55
2	121	Roger Sayre	60	Boulder Road Runners-A	29:28
3	123	Rick Becker	64	Club Northwest-A	29:37
4	124	Michael Smith	60	Club Northwest-A	29:38
5	129	Jacob Nur	63	River City Rebels-A	29:58
6	131	Daniel Johnson	61	Run N Fun-A	30:17
7	135	Doug Keller	60	Run N Fun-A	30:48
8	137	Ken Youngers	62	Atlanta Track Club-A	30:50
9	139	James Miller	60	Green Mountain Athletic Associ	30:55
10	143	Dan Spale	62	Boulder Road Runners-A	31:23
11	145	Norm Larson	62	Green Mountain Athletic Associ	31:27
12	146	Jeffrey Kirk	60	Santa Cruz Track Club	31:30
13	149	Monty Schafer	64	Bowerman Track Club-A	31:49
14	153	Thom Hunt	60	Prado Racing Team-A	32:03
15	155	Michael Anderson	61	Atlanta Track Club-A	32:12
16	156	Jack Pilla	60	Green Mountain Athletic Associ	32:21
17	159	Paul Brown	61	Run N Fun-A	32:33
18	160	John Holcomb	64	Cal Coast Track Club-A	32:39
19	161	Terry Baucom	62	River City Rebels-A	32:42
20	162	Denis Villeneuve	62	Club Northwest-A	32:46
21	165	Phil Richey	61	Atlanta Track Club-A	32:51
22	166	Dwight Smith	60	HOKA Aggie Running Club-A	32:53
23	168	Reno Stirrat	64	Shore Athletic Club-A	32:54
24	169	Timothy Riccardi	60	Genesee Valley Harriers-A	33:04
25	172	Brian Cummins	63	Syracuse Track Club-A	33:13
26	175	Richard Panches	60	Bowerman Track Club-A	33:17
27	176	Bobby Paxton	62	Run N Fun-A	33:17
28	177	Kevin Dollard	63	Shore Athletic Club-A	33:19
29	178	Kevin Taylor	62	Bowerman Track Club-A	33:20
30	179	Brian Nelson	61	Cal Coast Track Club-A	33:22
31	182	Claton Belmont	64	Club Northwest-A	33:28
32	186	Ken Goodin	63	Greater Lowell Road Runners	33:43
33	188	Nate Anderson	60	Boulder Road Runners-A	33:47
34	201	Steve Brumwell	60	Cal Coast Track Club-A	34:06
35	210	Kent Sizer	63	Seattle Running Club-A	34:30
36	211	Bobby Carpenter	64	River City Rebels-A	34:31
37	212	Mark Rybinski	63	Genesee Valley Harriers-A	34:33
38	216	J Kevin Pedrotti	62	River City Rebels-A	34:38

39	229	Todd Baum	61	Syracuse Track Club-A	34:53
40	233	Steve Bertrand	63	Club Northwest-B	34:56
41	237	Scott McEntee	61	Prado Racing Team-A	34:59
42	238	John Hadcock	60	Greater Lowell Road Runners	34:59
43	242	David Parsons-NC	64	Eastside Runners	35:06
44	249	Ken Valley	62	Run N Fun-B	35:18
45	252	William Langhout	60	Run N Fun-A	35:20
46	254	Greg Wagner	63	Prado Racing Team-A	35:20
47	261	Rory Gumina	60	Genesee Valley Harriers-A	35:35
48	264	Frederick Motteler	62	Club Northwest-B	35:39
49	274	Kevin Searls	60	HOKA Aggie Running Club-A	35:51
50	298	Wayne Fynboh	60	Run N Fun-B	36:35
51	299	Larry Coxe	63	Bowerman Track Club-A	36:37
52	302	Scott Abrams	62	Central Oregon Running Klub	36:42
53	309	Jim Johnson	62	Flying Irish Running Club-A	36:53
54	319	Donald Driscoll	62	Flying Irish Running Club-A	37:06
55	327	Dan Roden	61	Run N Fun-B	37:17
56	330	Keith Witthauer	63	Cal Coast Track Club-A	37:25
57	338	Lou Karl	63	Flying Irish Running Club-A	37:35
58	361	Ronald Souza	64	River City Rebels-B	38:04
59	371	Ed Barney	64	Eastside Runners-A	38:19
60	386	Win Van Pelt	61	Seattle Running Club-A	38:37
61	463	David Anderson	63	Eastside Runners-A	41:38
62	498	Terry Simon	64	Piedmont Pacers Track Club-A	43:39
63	528	Benjamin Spowart	63	San Diego Track Club	54:50

MALE AGE GROUP: 65 - 69

1	158	Doug Winn	68	Bowerman Track Club-A	32:30
2	180	James Foster	67	Syracuse Track Club-A	33:22
3	192	Tomas Rodriguez	65	Cal Coast Track Club-A	33:52
4	197	Doug Bell	68	Boulder Road Runners-A	33:56
5	214	Kirk Larson	67	Atlanta Track Club-A	34:35
6	224	John Hirschberger	66	Tamalpa Runners, Inc.	34:49
7	226	Robert Qualls	66	River City Rebels-A	34:51
8	231	George Braun	65	Boulder Road Runners-A	34:53
9	253	Theodore Larison	66	Syracuse Track Club-A	35:20
10	257	David Dunbar	68	Jamul Toads-A	35:27
11	293	Tim McMullen	65	Genesee Valley Harriers-A	36:24
12	301	Leslie Sharpe	68	Club Northwest-B	36:38
13	304	Michael Bjornberg	65	Run N Fun-B	36:46
14	362	Jeff Salzman	67	Cal Coast Track Club-B	38:04
15	380	Bruce Kirschner	65	Boulder Road Runners-B	38:28
16	407	Daniel Diehr	69	Florida Track Club/West	39:08

17	424	David Bowen	66	Genesee Valley Harriers-A	39:31
18	434	Ron Blackmore	65	Genesee Valley Harriers-	39:58
19	446	Kenneth Williams	65	Piedmont Pacers Track Club-A	40:29
20	448	Peanut Harms	67	HOKA Aggie Running Club-A	40:33
21	449	John Barry	67	Bowerman Track Club	40:36
22	458	David Stauffer	69	Piedmont Pacers Track Club-A	41:06
23	468	Norman Cornwell	69	Santa Cruz Track Club	41:48
24	500	Tom Derderian	69	Greater Boston Track Club	43:47
25	519	Steve Swindel	65	River City Rebels-B	50:23

MALE AGE GROUP: 70 - 74

1	222	Terry McCluskey	70	Ann Arbor Track Club-A	34:47
2	255	Richard Katz	70	Boulder Road Runners-A	35:23
3	258	Lloyd Hansen	70	Ann Arbor Track Club-A	35:28
4	266	David Longmuir	71	Eastside Runners-A	35:44
5	311	Len Goldman	74	Tamalpa Runners, Inc.-A	36:57
6	326	Donald Porteous	72	Tamalpa Runners, Inc.-A	37:14
7	343	Jerry Learned	70	Atlanta Track Club-A	37:39
8	351	Dave Dooley	71	Boulder Road Runners-A	37:49
9	356	Frazer Mann	71	Eastside Runners-A	37:56
10	358	Jim May	72	Genesee Valley Harriers-A	37:56
11	395	Gene French	72	Tamalpa Runners, Inc.-A	38:47
12	397	Keith Yeates	71	Genesee Valley Harriers-A	38:53
13	404	Steve Doyle	70	San Diego Striders-A	39:01
14	409	William Sumner	70	Cal Coast Track Club-B	39:11
15	410	Michael Reif	70	Genesee Valley Harriers-A	39:12
16	415	Gordon Lutes	74	San Diego Striders-A	39:22
17	421	Richard Castro	71	Boulder Road Runners-A	39:25
18	426	Charles Crouse	72	Eastside Runners-A	39:37
19	430	John Combs	71	Cal Coast Track Club-B	39:48
20	440	Dave Glass	72	Atlanta Track Club-A	40:10
21	453	Paul Carlin	73	Ann Arbor Track Club-A	40:45
22	464	James McGill	70	Eastside Runners-A	41:40
23	466	Tony Gingello	71	Genesee Valley Harriers-A	41:44
24	481	Curtis Walker	72	Atlanta Track Club-A	42:21
25	502	Sam Benedict	71	Atlanta Track Club-A	44:02
26	511	Patrick Dwyer	72	Genesee Valley Harriers-A	47:14
27	513	David McCormack	73	Tamalpa Runners, Inc.-A	47:38
28	521	Morris Williams	73	Atlanta Track Club-B	50:45
29	523	Hal Goforth	74	San Diego Striders-A	52:00
30	532	Peter Stasz	71	Greater Springfield Harriers,	1:02:02

MALE AGE GROUP: 75 - 79

1	282	Doug Goodhue	76	Ann Arbor Track Club-A	36:07
2	483	Hans Schmid	78	Tamalpa Runners, Inc.-A	42:24
3	490	James Callaway	76	San Diego Striders-A	42:51
4	509	Charlie Patterson	76	Atlanta Track Club-B	45:58
5	516	Ed Bligh	76	Atlanta Track Club-B	48:10
6	525	Andrew Sherwood	79	Atlanta Track Club-B	53:04

MALE AGE GROUP: 80 - 99

1	526	Richard Williams	83	San Diego Striders-A	53:11
2	529	Warren Osborn	84	San Diego Striders-A	54:57
3	531	James Kurtz	80	San Diego Striders-A	58:14
4	533	Sid Davis	84	Atlanta Track Club-A	1:16:49

USATF National Club Cross Country Championships
Plantes Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com

Place	Name	Bib#	Age	Sex	Affiliation	Time	Pace
1	Jorge Maravilla	1448	41	M	West Valley Track Club-A	32:53	5:18
2	Eric Loeffler	1499	41	M	Run MN-A	33:07	5:20
3	David Angell	1487	42	M	Roanoke Valley Elite	33:14	5:21
4	Neville Davey	1543	43	M	West Valley Track Club-A	33:39	5:25
5	John Howell	1339	45	M	Bowerman Track Club-A	33:41	5:26
6	Jacques Sallberg	1363	44	M	Cal Coast Track Club-A	33:42	5:26
7	Gregory Mitchell	1341	45	M	Bowerman Track Club-A	33:46	5:27
8	Steven Short	1539	42	M	Team Red Lizard-A	33:49	5:27
9	Jaime Heilpern	1445	48	M	HOKA Aggie Running Club-A	33:50	5:27
10	John Gardiner	1360	46	M	Cal Coast Track Club-A	33:51	5:27
11	David Bedoya	1310	41	M	Boston Athletic Association-A	33:52	5:27
12	Scott Williams	1349	40	M	Bowerman Track Club-A	33:53	5:28
13	Eric Hartmark	1493	40	M	Run MN-A	33:55	5:28
14	Todd Rose	1556	45	M	West Valley Track Club-A	33:56	5:28
15	Matthew Carter	1313	40	M	Boston Athletic Association-A	33:59	5:29
16	Joshua Gordon	1335	44	M	Bowerman Track Club-A	34:02	5:29
17	Orin Schumacher	1343	45	M	Bowerman Track Club-A	34:03	5:29
18	Brendan Prindiville	1322	41	M	Boston Athletic Association-A	34:08	5:30
19	Peter Hammer	1317	52	M	Boston Athletic Association-A	34:09	5:30
20	Ryan McCalmon	1320	43	M	Boston Athletic Association-A	34:13	5:31
21	Jesse Zentz	1439	42	M	Helena Vigilante Runners	34:14	5:31
22	Tim Hardy	1492	43	M	Run MN-A	34:15	5:31
23	Alan Jackson	1446	44	M	HOKA Aggie Running Club-A	34:23	5:32
24	Lance Thompson	1397	42	M	Club Northwest-A	34:29	5:33
25	Brantley Lutz	1401	43	M	Dukes Track Club	34:35	5:34
26	Jesse Barragan	1522	40	M	SRA Elite-A	34:38	5:35
27	Alan Black	1300	45	M	Atlanta Track Club-A	34:38	5:35
28	Michael Bresson	1378	47	M	Club Northwest-A	34:38	5:35
29	Charlie Brenneman	1525	40	M	SRA Elite-A	34:39	5:35
30	Benjamin Mangrum	1533	40	M	Tacoma City Running Club	34:42	5:36

31	Andy Gardiner	1315	53	M	Boston Athletic Association-A	34:43	5:36
32	Olivier Vrambout	1503	44	M	Run MN-A	34:47	5:36
33	Mark Bloudek	1375	44	M	Club Northwest-A	34:51	5:37
34	Konrad Knutsen	1546	42	M	West Valley Track Club-A	34:52	5:37
35	Julian Marsh-NC	1549	45	M	West Valley Track Club	34:53	5:37
36	Christopher Magill	1319	45	M	Boston Athletic Association-A	34:53	5:37
37	Ahrlin Bauman	1324	45	M	Bowerman Track Club-A	34:54	5:37
38	Patrick Russell	1502	42	M	Run MN-A	34:56	5:38
39	Jonathan Frieder	1404	48	M	Garden State Track Club New Ba	34:57	5:38
40	Carl Combs	1379	53	M	Club Northwest-A	34:58	5:38
41	Paul Jones	1352	43	M	Bull City Track Club-A	35:01	5:39
42	Nat Larson	1431	56	M	Greater Springfield Harriers,	35:01	5:39
43	Eric Johnson	1495	44	M	Run MN-A	35:05	5:39
44	Jason Page	1353	44	M	Bull City Track Club-A	35:11	5:40
45	Torrey Lindbo	1536	46	M	Team Red Lizard-A	35:12	5:40
46	Scott Abbott	1521	41	M	SRA Elite-A	35:13	5:40
47	Ulrich Steidl	1512	46	M	Seattle Running Club-A	35:14	5:41
48	Tim Willcox	1461	40	M	Movin' Shoes Race Team-A	35:14	5:41
49	Thomas McGlynn	1550	46	M	West Valley Track Club-A	35:16	5:41
50	Michael Nahom	1434	51	M	Greater Springfield Harriers,	35:18	5:41
51	Christian Cushing-murray	1359	51	M	Cal Coast Track Club-A	35:20	5:42
52	Nicholas Bowden	1376	47	M	Club Northwest-A	35:25	5:42
53	Jason Batterson	1484	42	M	Prado Racing Team	35:28	5:43
54	Eric Stabb	1306	50	M	Atlanta Track Club-A	35:33	5:44
55	Kenny Miller	1501	41	M	Run MN-A	35:35	5:44
56	Thomas Knowles	1405	43	M	Garden State Track Club New Ba	35:36	5:44
57	Eric Hartmann	1338	50	M	Bowerman Track Club-A	35:41	5:45
58	Thomas Bache	1505	46	M	San Diego Track Club	35:45	5:46
59	Mark Hixson	1430	53	M	Greater Springfield Harriers,	35:45	5:46
60	Sam Teigen	1410	44	M	Garden State Track Club New Ba	35:46	5:46
61	Ian Fraser	1381	44	M	Club Northwest-A	35:47	5:46
62	Gabriel Kliot-NC	1387	41	M	Club Northwest	35:49	5:46
63	Craig Magness	1362	46	M	Cal Coast Track Club-A	35:49	5:46
64	John Montgomery	1552	43	M	West Valley Track Club-B	35:50	5:46
65	Eric Shafer	1483	49	M	Pittsburgh Pharaoh Hounds	35:51	5:47

66	Chris Lundstrom	1500	42	M	Run MN-A	35:55	5:47
67	Brian Sydow	1307	45	M	Atlanta Track Club-A	35:58	5:48
68	Eric Williams	1348	54	M	Bowerman Track Club-A	35:59	5:48
69	Jonah Backstrom	1540	45	M	West Valley Track Club-A	36:01	5:48
70	Tony Young	1399	56	M	Club Northwest-A	36:02	5:48
71	Darren Moore	1538	44	M	Team Red Lizard-A	36:07	5:49
72	William Lindell	1498	51	M	Run MN-A	36:10	5:50
73	Daniel Bartosz	1534	42	M	Team Red Lizard-A	36:11	5:50
74	Justin Daghish-NC	1425	41	M	Greater Lowell Road Runners	36:12	5:50
75	Edward Randolph	1555	49	M	West Valley Track Club-A	36:14	5:50
76	Charles Mullane	1553	49	M	West Valley Track Club-A	36:15	5:50
77	Mark Zamek	1413	55	M	Garmin Runners	36:16	5:51
78	Dan Feda	1491	44	M	Run MN-A	36:18	5:51
79	Kent Lemme	1432	52	M	Greater Springfield Harriers,	36:19	5:51
80	Elliott Frieder	1403	48	M	Garden State Track Club New Ba	36:23	5:52
81	Frederick Herr	1361	52	M	Cal Coast Track Club-A	36:23	5:52
82	Orestes Gutierrez	1337	42	M	Bowerman Track Club-A	36:24	5:52
83	Matt Seeley	1567	48	M	Unattached-M13	36:27	5:52
84	Brent Fields	1302	46	M	Atlanta Track Club-A	36:28	5:52
85	Brett Bernacchi	1473	46	M	Phoenix Free Soles-A	36:31	5:53
86	Craig Godwin	1334	51	M	Bowerman Track Club-A	36:38	5:54
87	Ed Brooks	1526	47	M	SRA Elite-A	36:43	5:55
88	Shawn Crockett	1561	49	M	Unattached-M7	36:46	5:55
89	Michael Thomas	1460	49	M	Movin' Shoes Race Team-A	36:47	5:56
90	Christopher Benestad	1311	41	M	Boston Athletic Association-B	36:49	5:56
91	Dean Thompson	1372	53	M	Chattanooga Track Club-A	36:50	5:56
92	Matthew Waite	1504	50	M	Run MN-A	36:56	5:57
93	Allen Baddour	1351	47	M	Bull City Track Club-A	36:58	5:57
94	Chris Georgules	1316	45	M	Boston Athletic Association-B	36:58	5:57
95	John Markell-NC	1548	45	M	West Valley Track Club	37:00	5:58
96	Tony Gerbino	1383	54	M	Club Northwest-A	37:02	5:58
97	Nate Bowen	1541	42	M	West Valley Track Club-A	37:04	5:58
98	Mark LaRosa	1318	40	M	Boston Athletic Association-B	37:05	5:58
99	Shanon Winkelman	1367	48	M	Cal Coast Track Club-A	37:05	5:59
100	Alan Evans	1415	55	M	Genesee Valley Harriers-A	37:06	5:59
101	Jamey Gifford	1545	40	M	West Valley Track Club-B	37:07	5:59
102	Ryan Davenport	1314	44	M	Boston Athletic	37:08	5:59

					Association-B		
103	Gary Blanco	1523	51	M	SRA Elite-A	37:09	5:59
104	Scott Tucker	1347	56	M	Bowerman Track Club-A	37:09	5:59
105	Mike Nier	1418	54	M	Genesee Valley Harriers-A	37:11	5:59
106	Steve Kirschke	1564	47	M	Unattached-M10	37:21	6:01
107	Michael Joh Stanley	1366	47	M	Cal Coast Track Club-A	37:25	6:02
108	Dan Franek	1332	53	M	Bowerman Track Club-A	37:28	6:02
109	Stephen Bean	1325	57	M	Bowerman Track Club-A	37:28	6:02
110	Paul Wellman	1485	40	M	Prado Racing Team	37:31	6:03
111	Mike Blackmore	1326	56	M	Bowerman Track Club-A	37:32	6:03
112	Mario Cadete	1542	46	M	West Valley Track Club-B	37:33	6:03
113	Shawn Williams	1412	41	M	Garden State TC	37:34	6:03
114	Chris Weiss	1308	43	M	Atlanta Track Club-A	37:35	6:03
115	Lance Logan	1389	54	M	Club Northwest-A	37:38	6:04
116	James Callaghan	1312	49	M	Boston Athletic Association-B	37:39	6:04
117	Chris McGinness	1537	40	M	Team Red Lizard-A	37:39	6:04
118	Ryan Carlson	1535	42	M	Team Red Lizard-A	37:40	6:04
119	Richard Osifchin	1407	54	M	Garden State Track Club New Ba	37:41	6:04
120	Todd Poremba	1395	49	M	Club Northwest-A	37:42	6:04
121	Royce Hogue	1563	55	M	Unattached-M9	37:43	6:05
122	John Reich	1477	49	M	Phoenix Free Soles-A	37:44	6:05
123	Patrick Billig	1488	56	M	Run MN-A	37:46	6:05
124	David McCulloch	1390	48	M	Club Northwest-A	37:47	6:05
125	Anthony McGrath	1469	51	M	Pamakids-A	37:50	6:06
126	Jeff Turner	1482	46	M	Phoenix Free Soles-A	37:52	6:06
127	Charles Joy	1518	41	M	Spokane Distance Project-A	37:53	6:06
128	Mark Reeder	1427	59	M	Greater Lowell Road Runners	37:54	6:06
129	Gary Gellin	1442	50	M	HOKA Aggie Running Club-A	37:56	6:07
130	Wesley Sealand	1344	54	M	Bowerman Track Club-B	37:57	6:07
131	Robert Economy	1490	54	M	Run MN-A	37:59	6:07
132	Jason Timochko	1411	42	M	Garden State Track Club New Ba	38:04	6:08
133	Ben Sauvage	1479	49	M	Phoenix Free Soles-A	38:04	6:08
134	Mark Donahue	1380	47	M	Club Northwest-A	38:05	6:08
135	Paul Kramer	1475	50	M	Phoenix Free Soles-A	38:06	6:08
136	Zachary Redding	1459	40	M	Movin' Shoes Race Team-A	38:09	6:09
137	Thomas Schumann	1364	53	M	Cal Coast Track Club-A	38:10	6:09
138	Michael McGrane	1321	48	M	Boston Athletic Association-B	38:13	6:09

139	Erich Ackermann	1440	50	M	HOKA Aggie Running Club-A	38:14	6:10
140	Alejandro Heuck	1429	53	M	Greater Springfield Harriers,	38:20	6:10
141	Bill Brist	1421	54	M	Great Falls Track Club	38:20	6:11
142	Shawn Conway	1424	48	M	Greater Lowell Road Runners	38:21	6:11
143	Corey Brantley	1559	46	M	Unattached-M5	38:24	6:11
144	Francis Burdett	1428	53	M	Greater Springfield Harriers,	38:26	6:12
145	Beau Seegmiller	1309	48	M	Boise Betties & Billies	38:26	6:12
146	Acy Roff	1396	54	M	Club Northwest-A	38:27	6:12
147	Michael Fadling	1528	50	M	SRA Elite-A	38:30	6:12
148	Jim Walsh	1455	58	M	Jamul Toads-A	38:32	6:12
149	Andrew Chan	1463	47	M	Pamakids-A	38:35	6:13
150	Ryan Shrum	1371	51	M	Chattanooga Track Club-A	38:35	6:13
151	Joe Bisignano	1374	58	M	Club Northwest-A	38:37	6:13
152	Carl Winter	1398	52	M	Club Northwest-B	38:38	6:13
153	Dale Flanders	1416	53	M	Genesee Valley Harriers-A	38:39	6:14
154	Paul Abdalla	1373	57	M	Club Northwest-A	38:40	6:14
155	John O'Hearn	1394	56	M	Club Northwest-A	38:41	6:14
156	Jeff Soares	1508	55	M	Santa Cruz Track Club	38:41	6:14
157	Gary Leaman	1406	59	M	Garden State Track Club New Ba	38:41	6:14
158	Theodor Schnauffer	1419	54	M	Genesee Valley Harriers-A	38:44	6:14
159	Peter Kotchen	1303	49	M	Atlanta Track Club-A	38:47	6:15
160	Ricardo Maldonado	1476	54	M	Phoenix Free Soles-A	38:51	6:16
161	Brad Slavens	1304	49	M	Atlanta Track Club-A	38:55	6:16
162	Timothy Ensign	1369	55	M	Chattanooga Track Club-A	38:55	6:16
163	Travis Price	1554	42	M	West Valley Track Club-B	38:57	6:17
164	Lars Schmitz-NC	1557	40	M	West Valley Track Club	38:58	6:17
165	Bryan Stevens	1481	40	M	Phoenix Free Soles-A	39:00	6:17
166	Chris Forti	1400	40	M	Dashing Whippets Running Team	39:01	6:17
167	Kevin Barda	1357	51	M	Cal Coast Track Club-A	39:05	6:18
168	Matthew Farley	1331	50	M	Bowerman Track Club-A	39:07	6:18
169	Iain Mickle	1530	58	M	SRA Elite-A	39:09	6:18
170	Douglas Cross	1368	50	M	Chattanooga Track Club-A	39:13	6:19
171	Kevan Chu	1506	50	M	Santa Cruz Track Club	39:19	6:20
172	Daniel Salazar	1437	53	M	Guerilla Running	39:22	6:21
173	Roger Dix	1441	51	M	HOKA Aggie Running	39:23	6:21

					Club-A		
174	Jim Larranaga	1497	53	M	Run MN-A	39:23	6:21
175	Sid Sullivan	1447	52	M	HOKA Aggie Running Club-A	39:24	6:21
176	Zachary Hedling	1468	43	M	Pamakids-A	39:24	6:21
177	John Clifford	1327	56	M	Bowerman Track Club-B	39:29	6:22
178	Bob Brennand	1377	57	M	Club Northwest-A	39:29	6:22
179	Zachary Ames	1509	47	M	Seattle Running Club-A	39:36	6:23
180	Ben Jones	1457	44	M	Movin' Shoes Race Team-A	39:38	6:23
181	Denis Glenn	1467	48	M	Pamakids-A	39:44	6:24
182	Rob Class	1489	58	M	Run MN-A	39:45	6:24
183	Joe Van De Water	1531	51	M	SRA Elite-A	39:51	6:25
184	Michael Axinn	1462	58	M	Pamakids-A	39:52	6:25
185	Ron Lombardi	1433	54	M	Greater Springfield Harriers,	39:55	6:26
186	Russell Fairles	1465	51	M	Pamakids-A	40:01	6:27
187	Ron Hyde	1474	59	M	Phoenix Free Soles-A	40:01	6:27
188	Christopher Rinaldi	1408	49	M	Garden State Track Club New Ba	40:04	6:27
189	John Burton	1560	50	M	Unattached-M6	40:05	6:27
190	Steven Heaps	1511	54	M	Seattle Running Club-A	40:06	6:28
191	Gregory Coughlan	1329	49	M	Bowerman Track Club-A	40:10	6:28
192	William Wheeler	1471	49	M	Pamakids-A	40:15	6:29
193	Sean Messiter	1392	52	M	Club Northwest-B	40:24	6:31
194	Greg Hales	1507	52	M	Santa Cruz Track Club	40:27	6:31
195	David Bischoff	1414	56	M	Genesee Valley Harriers-A	40:28	6:31
196	John Leo	1388	54	M	Club Northwest-B	40:31	6:32
197	Andrew Ehlert	1456	40	M	Movin' Shoes Race Team-A	40:36	6:32
198	Blake Sacha	1478	53	M	Phoenix Free Soles-A	40:40	6:33
199	John Van Kerkhove	1420	56	M	Genesee Valley Harriers-A	40:41	6:33
200	Alan Frindell	1382	41	M	Club Northwest-A	40:48	6:34
201	Bill Fitzner	1516	53	M	Spokane Distance Project-A	41:01	6:36
202	Randall Conner	1464	50	M	Pamakids-A	41:04	6:37
203	Rodney Hemingway	1422	42	M	Greater Boston Track Club	41:05	6:37
204	Jerry Flanagan	1466	53	M	Pamakids-A	41:10	6:38
205	Carl Anstrom	1350	45	M	Bull City Track Club-A	41:25	6:40
206	Steven Kollars	1340	59	M	Bowerman Track Club-B	41:32	6:42
207	E J Hrynowski	1426	56	M	Greater Lowell Road Runners	41:38	6:42
208	Christopher Melleby	1423	40	M	Greater Boston Track	41:43	6:43

					Club		
209	Aric Trantum	1520	47	M	Spokane Distance Project-A	41:45	6:44
210	Peter Kessler	1496	57	M	Run MN-A	41:48	6:44
211	Paul Miller	1458	54	M	Movin' Shoes Race Team-A	41:53	6:45
212	John Johnson	1436	50	M	Guerilla Running	41:57	6:45
213	Martin Tomasi	1354	50	M	Bull City Track Club-A	42:00	6:46
214	Thomas Fuchs	1517	53	M	Spokane Distance Project-A	42:01	6:46
215	Curt Casazza	1527	47	M	SRA Elite-A	42:08	6:47
216	Jeffrey Brandt	1558	54	M	Unattached-M4	42:09	6:47
217	Shad Birkholz	1510	42	M	Seattle Running Club-A	42:10	6:48
218	Jack Brodhead	1514	49	M	Spokane Distance Project-A	42:12	6:48
219	Michael Gorriaran	1336	58	M	Bowerman Track Club-B	42:12	6:48
220	Chuck Coats	1328	59	M	Bowerman Track Club-B	42:17	6:49
221	Matthew Simpson	1365	57	M	Cal Coast Track Club-A	42:20	6:49
222	Mathieu DesJardins	1544	48	M	West Valley Track Club-B	42:24	6:50
223	Mario Balcom	1449	53	M	Jamul Toads-A	42:29	6:51
224	Jacob Michaels	1551	51	M	West Valley Track Club-B	42:32	6:51
225	Mitchell Phariss	1370	59	M	Chattanooga Track Club-A	42:38	6:52
226	Jon Hoerlein	1562	51	M	Eastside Runners-	42:43	6:53
227	Ted Chauvin	1515	45	M	Spokane Distance Project-A	42:49	6:54
228	Ronnie Weed	1355	43	M	Bull City Track Club-A	42:52	6:54
229	John Blue	1524	55	M	SRA Elite-A	42:55	6:55
230	William Cleves	1451	57	M	Jamul Toads-A	42:56	6:55
231	Todd Barnes	1472	55	M	Phoenix Free Soles-A	43:02	6:56
232	Michael Lauffer	1519	53	M	Spokane Distance Project-A	43:10	6:57
233	Bryan Wallbank	1454	50	M	Jamul Toads-A	43:29	7:00
234	Joshua Sundt	1438	46	M	Guerilla Running	43:47	7:03
235	Dave Ross	1566	51	M	Bowerman Track Club-B	43:59	7:05
236	Dan Arsenault	1356	56	M	Cal Coast Track Club-A	44:11	7:07
237	Sean Stevenson	1453	53	M	Jamul Toads-A	44:15	7:08
238	Craig Kenworthy	1386	56	M	Club Northwest-B	44:23	7:09
239	Charles Simpson	1345	50	M	Bowerman Track Club-B	44:37	7:11
240	Rick Siebern	1452	58	M	Jamul Toads-A	44:46	7:13
241	Dave Durand	1402	48	M	Flying Irish Running Club	46:23	7:28
242	Erik Heimann	1435	46	M	Guerilla Running	47:16	7:37
243	Ken Sandberg	1470	49	M	Pamakids-A	47:46	7:42
244	Andy Harris	1486	59	M	River City Rebels	48:06	7:45
245	Jorge Castro	1450	50	M	Jamul Toads-A	49:07	7:55
246	Peter McKay	1391	57	M	Club Northwest-B	50:06	8:04

247	William Swafford	1568	55	M	Unattached-M14	50:28	8:08
248	Mike Spencer	1305	58	M	Atlanta Track Club-A	50:50	8:11

12/08/2018 1:00PM

USATF National Club Cross Country Championships
 Plantes Ferry Sports Complex -Spokane, WA 12/8/18
 Results at RecordTiming.com

 Team Results 40+ Men

1. 52 Bowerman Track Club-A (33:53 2:49:25 0:22)
 =====

- 1 4 John Howell 45 33:41 1339
- 2 6 Gregory Mitchell 45 33:46 1341
- 3 11 Scott Williams 40 33:53 1349
- 4 15 Joshua Gordon 44 34:02 1335
- 5 16 Orin Schumacher 45 34:03 1343
- 6 (32) Ahrlin Bauman 45 34:54 1324
- 7 (59) Orestes Gutierrez 42 36:24 1337
- 8 (106) Gregory Coughlan 49 40:10 1329

2. 78 Boston Athletic Association-A (34:05 2:50:21 0:21)
 =====

- 1 10 David Bedoya 41 33:52 1310
- 2 14 Matthew Carter 40 33:59 1313
- 3 17 Brendan Prindiville 41 34:08 1322
- 4 18 Peter Hammer 52 34:09 1317
- 5 19 Ryan McCalmon 43 34:13 1320
- 6 (27) Andy Gardiner 53 34:43 1315
- 7 (31) Christopher Magill 45 34:53 1319

3. 88 West Valley Track Club-A (34:08 2:50:36 2:23)
 =====

- 1 1 Jorge Maravilla 41 32:53 1448
- 2 3 Neville Davey 43 33:39 1543
- 3 13 Todd Rose 45 33:56 1556
- 4 30 Konrad Knutsen 42 34:52 1546
- 5 41 Thomas McGlynn 46 35:16 1550
- 6 (52) Jonah Backstrom 45 36:01 1540
- 7 (55) Edward Randolph 49 36:14 1555
- 8 (56) Charles Mullane 49 36:15 1553
- 9 (67) Nate Bowen 42 37:04 1541

4. 95 Run MN-A (34:12 2:51:00 1:49)
 =====

- 1 2 Eric Loeffler 41 33:07 1499
- 2 12 Eric Hartmark 40 33:55 1493
- 3 20 Tim Hardy 43 34:15 1492
- 4 28 Olivier Vrambout 44 34:47 1503
- 5 33 Patrick Russell 42 34:56 1502

6 (36) Eric Johnson 44 35:05 1495
7 (44) Kenny Miller 41 35:35 1501
8 (50) Chris Lundstrom 42 35:55 1500
9 (57) Dan Feda 44 36:18 1491

5. 165 Club Northwest-A (35:02 2:55:10 1:18)

=====

1 22 Lance Thompson 42 34:29 1397
2 25 Michael Bresson 47 34:38 1378
3 29 Mark Bloudek 44 34:51 1375
4 42 Nicholas Bowden 47 35:25 1376
5 47 Ian Fraser 44 35:47 1381
6 (80) Todd Poremba 49 37:42 1395
7 (82) David McCulloch 48 37:47 1390
8 (88) Mark Donahue 47 38:05 1380
9 (109) Alan Frindell 41 40:48 1382

6. 204 Cal Coast Track Club-A (35:35 2:57:52 3:43)

=====

1 5 Jacques Sallberg 44 33:42 1363
2 9 John Gardiner 46 33:51 1360
3 48 Craig Magness 46 35:49 1362
4 69 Shanon Winkelman 48 37:05 1367
5 73 Michael Joh Stanley 47 37:25 1366

7. 222 SRA Elite-A (35:41 2:58:22 2:31)

=====

1 23 Jesse Barragan 40 34:38 1522
2 26 Charlie Brenneman 40 34:39 1525
3 39 Scott Abbott 41 35:13 1521
4 62 Ed Brooks 47 36:43 1526
5 72 Gary Blanco 51 37:09 1523
6 (92) Michael Fadling 50 38:30 1528
7 (99) Iain Mickle 58 39:09 1530
8 (116) Curt Casazza 47 42:08 1527
9 (122) John Blue 55 42:55 1524

8. 229 Team Red Lizard-A (35:48 2:58:58 3:50)

=====

1 7 Steven Short 42 33:49 1539
2 38 Torrey Lindbo 46 35:12 1536
3 53 Darren Moore 44 36:07 1538
4 54 Daniel Bartosz 42 36:11 1534
5 77 Chris McGinness 40 37:39 1537
6 (78) Ryan Carlson 42 37:40 1535

9. 253 Atlanta Track Club-A (36:03 3:00:12 2:57)

=====

1 24 Alan Black 45 34:38 1300
2 43 Eric Stabb 50 35:33 1306
3 51 Brian Sydow 45 35:58 1307
4 60 Brent Fields 46 36:28 1302
5 75 Chris Weiss 43 37:35 1308
6 (95) Peter Kotchen 49 38:47 1303

7 (96) Brad Slavens 49 38:55 1304
8 (125) Mike Spencer 58 50:50 1305

10. 262 Garden State Track Club New Ba (36:05 3:00:23 2:44)

=====

1 34 Jonathan Frieder 48 34:57 1404
2 45 Thomas Knowles 43 35:36 1405
3 46 Sam Teigen 44 35:46 1410
4 58 Elliott Frieder 48 36:23 1403
5 79 Richard Osifchin 54 37:41 1407
6 (86) Jason Timochko 42 38:04 1411
7 (94) Gary Leaman 59 38:41 1406
8 (105) Christopher Rinaldi 49 40:04 1408

11. 305 HOKA Aggie Running Club-A (36:46 3:03:46 5:33)

=====

1 8 Jaime Heilpern 48 33:50 1445
2 21 Alan Jackson 44 34:23 1446
3 85 Gary Gellin 50 37:56 1442
4 91 Erich Ackermann 50 38:14 1440
5 100 Roger Dix 51 39:23 1441
6 (101) Sid Sullivan 52 39:24 1447

12. 345 Boston Athletic Association-B (37:08 3:05:39 0:50)

=====

1 64 Christopher Benestad 41 36:49 1311
2 66 Chris Georgules 45 36:58 1316
3 68 Mark LaRosa 40 37:05 1318
4 71 Ryan Davenport 44 37:08 1314
5 76 James Callaghan 49 37:39 1312
6 (90) Michael McGrane 48 38:13 1321

13. 362 Bull City Track Club-A (38:07 3:10:35 6:59)

=====

1 35 Paul Jones 43 35:01 1352
2 37 Jason Page 44 35:11 1353
3 65 Allen Baddour 47 36:58 1351
4 111 Carl Anstrom 45 41:25 1350
5 114 Martin Tomasi 50 42:00 1354
6 (121) Ronnie Weed 43 42:52 1355

14. 403 Movin' Shoes Race Team-A (38:05 3:10:24 5:22)

=====

1 40 Tim Willcox 40 35:14 1461
2 63 Michael Thomas 49 36:47 1460
3 89 Zachary Redding 40 38:09 1459
4 103 Ben Jones 44 39:38 1457
5 108 Andrew Ehlert 40 40:36 1456
6 (113) Paul Miller 54 41:53 1458

15. 408 West Valley Track Club-B (38:23 3:11:51 6:34)

=====

1 49 John Montgomery 43 35:50 1552
2 70 Jamey Gifford 40 37:07 1545
3 74 Mario Cadete 46 37:33 1542

4 97 Travis Price 42 38:57 1554
5 118 Mathieu DesJardins 48 42:24 1544
6 (119) Jacob Michaels 51 42:32 1551

16. 410 Phoenix Free Soles-A (37:51 3:09:11 2:29)

=====

1 61 Brett Bernacchi 46 36:31 1473
2 81 John Reich 49 37:44 1477
3 83 Jeff Turner 46 37:52 1482
4 87 Ben Sauvage 49 38:04 1479
5 98 Bryan Stevens 40 39:00 1481

17. 530 Pamakids-A (41:09 3:25:44 9:11)

=====

1 93 Andrew Chan 47 38:35 1463
2 102 Zachary Hedling 43 39:24 1468
3 104 Denis Glenn 48 39:44 1467
4 107 William Wheeler 49 40:15 1471
5 124 Ken Sandberg 49 47:46 1470

18. 538 Spokane Distance Project-A (40:59 3:24:52 4:19)

=====

1 84 Charles Joy 41 37:53 1518
2 110 Bill Fitzner 53 41:01 1516
3 112 Aric Trantum 47 41:45 1520
4 115 Thomas Fuchs 53 42:01 1517
5 117 Jack Brodhead 49 42:12 1514
6 (120) Ted Chauvin 45 42:49 1515
7 (123) Michael Lauffer 53 43:10 1519

USATF National Club Cross Country Championships
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Team Results 50+ Men

1. 50 Greater Springfield Harriers, (36:09 3:00:43 3:19)

=====

1 2 Nat Larson 56 35:01 1431
2 3 Michael Nahom 51 35:18 1434
3 6 Mark Hixson 53 35:45 1430
4 10 Kent Lemme 52 36:19 1432
5 29 Alejandro Heuck 53 38:20 1429
6 (30) Francis Burdett 53 38:26 1428
7 (50) Ron Lombardi 54 39:55 1433

2. 60 Bowerman Track Club-A (36:35 3:02:55 1:47)

=====

1 5 Eric Hartmann 50 35:41 1338
2 7 Eric Williams 54 35:59 1348

3 12 Craig Godwin 51 36:38 1334
4 17 Scott Tucker 56 37:09 1347
5 19 Dan Franek 53 37:28 1332
6 (20) Stephen Bean 57 37:28 1325
7 (21) Mike Blackmore 56 37:32 1326
8 (43) Matthew Farley 50 39:07 1331

3. 77 Club Northwest-A (36:50 3:04:07 3:29)

=====

1 1 Carl Combs 53 34:58 1379
2 8 Tony Young 56 36:02 1399
3 15 Tony Gerbino 54 37:02 1383
4 22 Lance Logan 54 37:38 1389
5 31 Acy Roff 54 38:27 1396
6 (34) Joe Bisignano 58 38:37 1374
7 (37) Paul Abdalla 57 38:40 1373
8 (38) John O'Hearn 56 38:41 1394
9 (47) Bob Brennand 57 39:29 1377

4. 117 Run MN-A (37:39 3:08:14 3:13)

=====

1 9 William Lindell 51 36:10 1498
2 14 Matthew Waite 50 36:56 1504
3 23 Patrick Billig 56 37:46 1488
4 26 Robert Economy 54 37:59 1490
5 45 Jim Larranaga 53 39:23 1497
6 (48) Rob Class 58 39:45 1489
7 (61) Peter Kessler 57 41:48 1496

5. 149 Cal Coast Track Club-A (38:16 3:11:18 7:00)

=====

1 4 Christian Cushing-murray 51 35:20 1359
2 11 Frederick Herr 52 36:23 1361
3 28 Thomas Schumann 53 38:10 1364
4 42 Kevin Barda 51 39:05 1357
5 64 Matthew Simpson 57 42:20 1365
6 (71) Dan Arsenault 56 44:11 1356

6. 163 Genesee Valley Harriers-A (38:26 3:12:08 3:22)

=====

1 16 Alan Evans 55 37:06 1415
2 18 Mike Nier 54 37:11 1418
3 36 Dale Flanders 53 38:39 1416
4 39 Theodor Schnauffer 54 38:44 1419
5 54 David Bischoff 56 40:28 1414
6 (57) John Van Kerkhove 56 40:41 1420

7. 197 Chattanooga Track Club-A (39:15 3:16:11 5:48)

=====

1 13 Dean Thompson 53 36:50 1372
2 33 Ryan Shrum 51 38:35 1371
3 41 Timothy Ensign 55 38:55 1369
4 44 Douglas Cross 50 39:13 1368
5 66 Mitchell Phariss 59 42:38 1370

8. 241 Pamakids-A (40:00 3:19:57 3:20)

=====

- 1 24 Anthony McGrath 51 37:50 1469
- 2 49 Michael Axinn 58 39:52 1462
- 3 51 Russell Fairles 51 40:01 1465
- 4 58 Randall Conner 50 41:04 1464
- 5 59 Jerry Flanagan 53 41:10 1466

9. 243 Phoenix Free Soles-A (40:08 3:20:40 4:56)

=====

- 1 27 Paul Kramer 50 38:06 1475
- 2 40 Ricardo Maldonado 54 38:51 1476
- 3 52 Ron Hyde 59 40:01 1474
- 4 56 Blake Sacha 53 40:40 1478
- 5 68 Todd Barnes 55 43:02 1472

10. 256 Bowerman Track Club-B (40:42 3:23:27 4:20)

=====

- 1 25 Wesley Sealand 54 37:57 1344
- 2 46 John Clifford 56 39:29 1327
- 3 60 Steven Kollars 59 41:32 1340
- 4 62 Michael Gorriaran 58 42:12 1336
- 5 63 Chuck Coats 59 42:17 1328
- 6 (70) Dave Ross 51 43:59 1566
- 7 (74) Charles Simpson 50 44:37 1345

11. 293 Club Northwest-B (42:49 3:34:02 11:28)

=====

- 1 35 Carl Winter 52 38:38 1398
- 2 53 Sean Messiter 52 40:24 1392
- 3 55 John Leo 54 40:31 1388
- 4 73 Craig Kenworthy 56 44:23 1386
- 5 77 Peter McKay 57 50:06 1391

12. 305 Jamul Toads-A (42:21 3:31:41 5:43)

=====

- 1 32 Jim Walsh 58 38:32 1455
- 2 65 Mario Balcom 53 42:29 1449
- 3 67 William Cleves 57 42:56 1451
- 4 69 Bryan Wallbank 50 43:29 1454
- 5 72 Sean Stevenson 53 44:15 1453
- 6 (75) Rick Siebern 58 44:46 1452
- 7 (76) Jorge Castro 50 49:07 1450

USATF National Club Cross Country Championships
Plantes Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com

Place	Name	Bib#	Age	Sex	Affiliation	Time	Pace
1	Benjamin Blankenship	612	29	M	NIKE / NIKE OTCE	29:21	4:44
2	Hillary Bor	400	29	M	American Distance Project-A	29:27	4:45
3	Ryan Mahalsky	552	25	M	Hansons-Brooks Distance Projec	29:28	4:45
4	Sam Parsons	776	24	M	Tinman Elite-A	29:29	4:45
5	Garrett Heath	452	33	M	Brooks / BROOKS Beasts TC-A	29:30	4:45
6	David Elliott	833	25	M	Unattached-M9	29:35	4:46
7	Craig Nowak	406	24	M	ASICS / ASICS Furman Elite-A	29:44	4:47
8	Michael Eaton	451	31	M	Brooks / BROOKS Beasts TC-A	29:46	4:48
9	Morgan Pearson	777	25	M	Tinman Elite-A	29:46	4:48
10	William Milam	678	26	M	Roots Running Project-A	29:48	4:48
11	Connor Winter	779	25	M	Tinman Elite-A	29:50	4:48
12	Frankline Tonui	405	25	M	American Distance Project-A	29:50	4:49
13	Ian La Mere	551	24	M	Hansons-Brooks Distance Projec	29:51	4:49
14	Noah Droddy	709	28	M	Roots Running Project-A	29:52	4:49
15	Dillon Maggard	454	23	M	Brooks / BROOKS Beasts TC-A	29:58	4:50
16	Trevor Dunbar	431	27	M	Boston Athletic Association-A	30:00	4:50
17	Jerrell Mock	736	23	M	Siemers' Dreamers-A	30:05	4:51
18	David Goodman	437	29	M	Boulder Track Club	30:06	4:51
19	Jeffrey Thies	778	23	M	Tinman Elite-A	30:07	4:51
20	Andrew Gardner	799	23	M	Washington	30:07	4:51
21	Izaic Yorks	458	24	M	Brooks / BROOKS Beasts TC-A	30:10	4:52
22	Joel Reichow	771	25	M	Team USA Minnesota	30:11	4:52
23	Patrick Casey	792	28	M	Under Armour	30:12	4:52
24	Daniel Winn	450	27	M	Brooklyn Track Club-A	30:13	4:52
25	Dathan Ritzenhein	553	35	M	Hansons-Brooks Distance Projec	30:14	4:52

26	Lawi Lalang	403	27	M	American Distance Project-A	30:17	4:53
27	Nicolas Montanez	608	25	M	Mammoth Track Club-A	30:19	4:53
28	Phillip Reid	560	33	M	HOKA Aggie Running Club-A	30:20	4:53
29	Luke Puskedra	621	28	M	Oregon Track Club	30:21	4:53
30	Grant Fischer	732	24	M	Siemers' Dreamers-A	30:23	4:54
31	Kyle Medina	775	23	M	Tinman Elite-A	30:23	4:54
32	Dan Nestor	616	25	M	Nomad Track Club-A	30:39	4:56
33	Andrew Epperson	731	28	M	Siemers' Dreamers-A	30:40	4:57
34	Joseph Berriatua	772	23	M	Tinman Elite-A	30:41	4:57
35	Benjamin Groleau	814	25	M	Western Mass Distance Project	30:43	4:57
36	Ryan Vail	456	32	M	Brooks / BROOKS Beasts TC-A	30:45	4:57
37	Jonathan Lafler	476	28	M	Club Northwest-A	30:46	4:57
38	Kirubel Erassa	401	25	M	American Distance Project-A	30:48	4:58
39	John Vodacek	689	24	M	Run N Fun-A	30:49	4:58
40	Reed Fischer	774	23	M	Tinman Elite-A	30:50	4:58
41	David Ribich	455	22	M	Brooks / BROOKS Beasts TC-A	30:51	4:58
42	Louis Serafini	785	27	M	Tracksmith Hare AC-A	30:51	4:58
43	Brian Eimstad	730	25	M	Siemers' Dreamers-A	30:52	4:58
44	Bijan Mazaheri	463	24	M	Cal Coast Track Club-A	30:52	4:58
45	Duriel Hardy	645	30	M	Philadelphia Runner Track Club	30:52	4:58
46	Shadrack Biwott	550	33	M	Hansons-Brooks Distance Projec	30:53	4:59
47	Andrew Lemoncello	570	36	M	Jacuzzi Boys Athletic Club-A	30:54	4:59
48	Matt Gillette	523	27	M	Garden State TC New Balance-A	30:54	4:59
49	Gordon Sturgess	561	26	M	HOKA Aggie Running Club-A	30:55	4:59
50	Matt Welch	584	24	M	Jacuzzi Boys Athletic Club-A	30:56	4:59
51	Gregory Leak	760	30	M	Tacoma City Running Club-A	30:57	4:59
52	Joe Moore	594	35	M	Kansas City Smoke-A	30:58	4:59
53	Alex Monroe	679	26	M	Roots Running Project-A	31:01	5:00
54	Frank Lara	515	23	M	Furman	31:04	5:00
55	Timothy Rackers	438	25	M	Boulder Track Club	31:06	5:01
56	Augustus Maiyo	404	35	M	American Distance Project-A	31:08	5:01
57	Mitchell Klingler	653	26	M	Playmakers Elite/New	31:09	5:01

					Balance-A		
58	Henry Wynne	457	23	M	Brooks / BROOKS Beasts TC-A	31:12	5:02
59	Bryan Guijarro	558	24	M	HOKA Aggie Running Club-A	31:12	5:02
60	Michael Jordan	402	27	M	American Distance Project-A	31:15	5:02
61	Darin Lau	846	23	M	Unattached-M22	31:15	5:02
62	Swarnjit Boyal	555	23	M	HOKA Aggie Running Club-A	31:16	5:02
63	Nicholas Roche	577	25	M	Jacuzzi Boys Athletic Club-A	31:18	5:03
64	Chad Maloy	532	25	M	Genesee Valley Harriers-A	31:18	5:03
65	Chandler Kemp	753	28	M	Strava Track Club-A	31:19	5:03
66	Gilbert Grundy	567	29	M	Jacuzzi Boys Athletic Club-A	31:20	5:03
67	Jake Waterman	439	27	M	Boulder Track Club	31:21	5:03
68	Nicholas Filippazzo	522	26	M	Garden State TC New Balance-A	31:22	5:03
69	Jordan Carpenter	674	25	M	Roots Running Project- A	31:23	5:04
70	Conner Peloquin	481	26	M	Club Northwest-A	31:25	5:04
71	Gabe Cuadra	614	29	M	Nomad Track Club-A	31:26	5:04
72	Collin Leibold	619	25	M	Ocean State AC/New Balance-A	31:27	5:04
73	Joshua Gomez	836	27	M	Unattached-M12	31:27	5:04
74	Max Benoit	549	23	M	Hansons-Brooks Distance Projec	31:27	5:04
75	Daniel Martinez	572	24	M	Jacuzzi Boys Athletic Club-A	31:29	5:04
76	Mark Huizar	559	23	M	HOKA Aggie Running Club-A	31:29	5:04
77	Brannon Kidder	453	25	M	Brooks / BROOKS Beasts TC-A	31:30	5:05
78	Matthew Cooper	830	25	M	Unattached-M6	31:30	5:05
79	David Dwyer	773	23	M	Tinman Elite-A	31:30	5:05
80	Addison Monroe	526	23	M	Garden State TC New Balance-A	31:31	5:05
81	Daniel Docherty	769	29	M	Team USA Minnesota	31:32	5:05
82	Brandon Levi	745	23	M	Sports Warriors Track Club-A	31:32	5:05
83	Connor Reck	435	25	M	Boston Athletic Association-A	31:34	5:05
84	Matthew Crichlow	565	25	M	Jacuzzi Boys Athletic Club-A	31:35	5:05
85	Will Geiken	557	25	M	HOKA Aggie Running Club-A	31:38	5:06

86	Peter Kesting	474	22	M	Club Northwest-A	31:40	5:06
87	Will Cross	675	25	M	Roots Running Project-A	31:41	5:06
88	Derek Wehunt	583	27	M	Jacuzzi Boys Athletic Club-A	31:41	5:06
89	Nolan Zimmer	607	24	M	LRC Racing-A	31:43	5:07
90	Justin Scheid	729	33	M	Shore Athletic Club-A	31:43	5:07
91	Tim Ives	696	38	M	Runablaze Iowa-A	31:44	5:07
92	Joshua Espinoza	460	26	M	Cal Coast Track Club-A	31:46	5:07
93	Craig Curley	743	30	M	Sports Warriors Track Club-A	31:50	5:08
94	Jonas Hampton	433	29	M	Boston Athletic Association-A	31:50	5:08
95	Julian Heninger	838	24	M	Bowerman Track Club-A	31:52	5:08
96	August Pappas	852	25	M	Unattached-M28	31:53	5:08
97	Joshua Sealand	756	23	M	Strava Track Club-A	31:54	5:08
98	Nicolas Composto	691	26	M	Run Wild Missoula-A	31:55	5:09
99	Nicholas Posada	627	26	M	Pacers Running//GRC New Balanc	31:55	5:09
100	Timothy Gill	813	26	M	Western Mass Distance Project	31:56	5:09
101	John Prizzi	413	25	M	Battle Road Track Club-A	31:56	5:09
102	Robert Baraldi	465	24	M	Club Northwest-A	31:59	5:09
103	Dennis Roche	815	32	M	Western Mass Distance Project	31:59	5:09
104	Andrew Kimpel	842	27	M	Unattached-M18	31:59	5:09
105	Samuel Chauvin	623	22	M	Pacers Running//GRC New Balanc	31:59	5:09
106	Brad Mish	434	31	M	Boston Athletic Association-A	31:59	5:09
107	Christopher Allen	430	24	M	Boston Athletic Association-A	32:00	5:09
108	Kieran Sutton	651	24	M	Philadelphia Runner Track Club	32:00	5:09
109	Trevor Halsted	752	25	M	Strava Track Club-A	32:01	5:10
110	Aaron Leskow	525	26	M	Garden State TC New Balance-A	32:02	5:10
111	John Whelan	642	23	M	Palouse Pirates-A	32:02	5:10
112	Ryan Becker	613	24	M	Nomad Track Club-A	32:03	5:10
113	David Melly	782	25	M	Tracksmith Hare AC-A	32:03	5:10
114	Jameson Mora	554	32	M	HOKA Aggie Running Club-A	32:03	5:10
115	Jorge Jabaz	795	32	M	Valor Track Club-A	32:04	5:10
116	Kallin Khan	698	22	M	Runablaze Iowa-A	32:05	5:10
117	Trevor Capra	682	23	M	Run N Fun-A	32:06	5:10
118	Nolan Border	597	25	M	LRC Racing-A	32:06	5:10

119	Calvin Lehn	686	24	M	Run N Fun-A	32:06	5:10
120	Jesse Joseph	569	23	M	Jacuzzi Boys Athletic Club-B	32:07	5:11
121	Andrew Benkovsky	666	25	M	Red Cedar Running Club-A	32:08	5:11
122	Kyle Wagener	633	26	M	Pacers Running//GRC New Balanc	32:08	5:11
123	Seth Garbett	461	27	M	Cal Coast Track Club-A	32:10	5:11
124	Mark Mandi	477	35	M	Club Northwest-A	32:11	5:11
125	Paul Harmon	472	37	M	Club Northwest-D	32:11	5:11
126	Jacob Olson	604	24	M	LRC Racing-B	32:13	5:12
127	Sam Stevens-Jones	512	22	M	Fleet Feet Columbus Track Club	32:13	5:12
128	Steven Grolle	751	23	M	Strava Track Club-A	32:13	5:12
129	Matthew Lange	845	23	M	Unattached-M21	32:15	5:12
130	Alex Bowns	713	24	M	Seattle Running Club-A	32:15	5:12
131	Jackson Baker	826	24	M	Unattached-M2	32:16	5:12
132	Matt Lenehan	754	27	M	Strava Track Club-A	32:17	5:12
133	Brendan Sage	688	23	M	Run N Fun-A	32:18	5:12
134	JJ Santana	578	31	M	Jacuzzi Boys Athletic Club-B	32:22	5:13
135	Joe Farrand	661	27	M	Raytona Beach	32:22	5:13
136	Colby Kromminga	593	23	M	Kansas City Smoke-A	32:22	5:13
137	William Firth	615	26	M	Nomad Track Club-A	32:22	5:13
138	Paul Thistle	631	31	M	Pacers Running//GRC New Balanc	32:24	5:13
139	Andrew Erskine	409	26	M	Battle Road Track Club-A	32:24	5:13
140	Andrew Lesser	733	28	M	Siemers' Dreamers-A	32:24	5:13
141	Jay Welp	700	26	M	Runablaze Iowa-A	32:24	5:13
142	Christopher Hatler	646	24	M	Philadelphia Runner Track Club	32:25	5:13
143	Cullin Burdett	547	23	M	Greater Springfield Harriers,	32:26	5:14
144	Austin O'Brien	699	26	M	Runablaze Iowa-A	32:27	5:14
145	Jesse Young	786	29	M	Tracksmith Hare AC-A	32:27	5:14
146	Turner Wiley	494	25	M	Club Northwest-A	32:28	5:14
147	Jose Penaloz	464	23	M	Cal Coast Track Club-A	32:28	5:14
148	Evan Hardy	837	25	M	Unattached-M13	32:28	5:14
149	Kyle Price	527	30	M	Garden State TC New Balance-A	32:32	5:14
150	Jordan Wheeler	606	22	M	LRC Racing-A	32:32	5:15
151	Alexander Diltz	676	26	M	Roots Running Project-A	32:33	5:15
152	Evan Williams	727	32	M	Seattle Running Club-A	32:33	5:15
153	Erik Teig	429	35	M	Boise Betties & Billies-A	32:33	5:15

154	Tyler Sickler	809	23	M	West Valley Track Club-A	32:34	5:15
155	Gerardo Hernandez	591	27	M	Kansas City Smoke-A	32:35	5:15
156	Alex Varner	810	33	M	West Valley Track Club-A	32:36	5:15
157	Daniel Sloat	724	29	M	Seattle Running Club-A	32:37	5:15
158	Henry Mong	850	19	M	Unattached-M26	32:37	5:15
159	Luke O'connor	783	23	M	Tracksmith Hare AC-A	32:38	5:15
160	Paul Nordquist	503	24	M	Collegeville Track Club-A	32:38	5:16
161	Andrew Rylaarsdam	659	23	M	Playmakers Elite/New Balance-A	32:38	5:16
162	Jeffrey Seelaus	784	24	M	Tracksmith Hare AC-A	32:39	5:16
163	Joshua Mirth	735	26	M	Siemers' Dreamers-A	32:39	5:16
164	Matthew Palmer	575	30	M	Jacuzzi Boys Athletic Club-B	32:41	5:16
165	Andrew Mangiapane	669	26	M	Red Cedar Running Club-A	32:42	5:16
166	Nathaniel Richards	485	26	M	Club Northwest-B	32:42	5:16
167	Daniel Trettel	632	25	M	Pacers Running//GRC New Balanc	32:43	5:16
168	Peter Francia	812	28	M	Western Mass Distance Project	32:43	5:16
169	Tyler Van Dooren	490	28	M	Club Northwest-A	32:44	5:16
170	Douglas Jordan	719	24	M	Seattle Running Club-A	32:45	5:17
171	Brennan Root	534	23	M	Genesee Valley Harriers-A	32:46	5:17
172	Tyson Wieland	701	24	M	Runablaze Iowa-A	32:48	5:17
173	Sean Vandermosten	618	26	M	Nomad Track Club-A	32:48	5:17
174	Evan Ward	529	24	M	Garden State TC New Balance-B	32:48	5:17
175	Andrew Jordan	637	26	M	Palouse Pirates-A	32:52	5:18
176	Cole Marolf	603	29	M	LRC Racing-A	32:52	5:18
177	Nathaniel Guthals	588	27	M	Kansas City Smoke-A	32:53	5:18
178	Brian Quilty	445	29	M	Breakneck Track Club-A	32:53	5:18
179	Sean Smith	738	27	M	Strava Track Club-A	32:55	5:18
180	Joe Sepe	581	33	M	Jacuzzi Boys Athletic Club-B	32:55	5:18
181	Sean Barrett	622	33	M	Pacers Running//GRC New Balanc	32:55	5:18
182	Robert McLauchlan	573	27	M	Jacuzzi Boys Athletic Club-B	32:55	5:18
183	Eric DuBois	442	28	M	Breakneck Track Club-A	32:56	5:18
184	Tim Grundmayer	601	24	M	LRC Racing-A	32:57	5:18
185	Thomas Knobbe	502	24	M	Collegeville Track Club-A	32:57	5:19
186	James Anderson	530	22	M	Genesee Valley	32:57	5:19

					Harriers-A		
187	Alex Fitzgerald	432	23	M	Boston Athletic Association-A	32:58	5:19
188	Spencer Nousain	671	25	M	Red Cedar Running Club-A	32:58	5:19
189	Zach Kughn	685	24	M	Run N Fun-A	33:00	5:19
190	Jared Haltom	744	22	M	Sports Warriors Track Club-A	33:01	5:19
191	Robert Bond	712	29	M	Seattle Running Club-A	33:02	5:19
192	Roosevelt Cook	459	39	M	Cal Coast Track Club-A	33:02	5:19
193	Sean Donohue	520	28	M	Garden State TC New Balance-B	33:02	5:19
194	Chris Reed	482	30	M	Club Northwest-A	33:03	5:20
195	Derek Knabe	511	22	M	Fleet Feet Columbus Track Club	33:04	5:20
196	James Wilson	595	27	M	Kansas City Smoke-A	33:04	5:20
197	Patty Weaver	664	23	M	Raytona Beach	33:04	5:20
198	Robert Scanlon	486	24	M	Club Northwest-B	33:06	5:20
199	Aaron Lucci	412	22	M	Battle Road Track Club-A	33:07	5:20
200	Geoffrey Njonjo	479	37	M	Club Northwest-B	33:07	5:20
201	Ben Jaskowiak	697	29	M	Runablaze Iowa-A	33:08	5:20
202	Gus Gibbs	425	32	M	Boise Betties & Billies-A	33:08	5:20
203	William Garrard	566	23	M	Jacuzzi Boys Athletic Club-B	33:09	5:20
204	Nate Brennand	801	26	M	West Valley Track Club-A	33:10	5:21
205	Stephen Rathbun	528	26	M	Garden State TC New Balance-A	33:10	5:21
206	Bruce Baker	665	22	M	Red Cedar Running Club-A	33:12	5:21
207	Karim Shakalia	582	30	M	Jacuzzi Boys Athletic Club-B	33:14	5:21
208	Jarrett Moore	755	25	M	Strava Track Club-A	33:16	5:22
209	John-Louis Pane	625	26	M	Pacers Running//GRC New Balanc	33:16	5:22
210	Andrew Wallace	513	24	M	Fleet Feet Columbus Track Club	33:17	5:22
211	Philip Keller	505	38	M	Dukes Track Club-A	33:17	5:22
212	Aaron Davidson	587	34	M	Kansas City Smoke-A	33:18	5:22
213	Dillon Williams	866	23	M	Unattached-M42	33:18	5:22
214	Ryan Irwin	806	34	M	West Valley Track Club-A	33:18	5:22
215	Max Storms	662	28	M	Raytona Beach	33:19	5:22
216	Jamin King	475	29	M	Club Northwest-B	33:19	5:22
217	Andrew Wise	495	24	M	Club Northwest-B	33:20	5:22
218	Mark Weinhoffer	864	25	M	Unattached-M40	33:20	5:22

219	Mark Abrams	596	24	M	LRC Racing-A	33:22	5:23
220	Leandrew Martine	746	34	M	Sports Warriors Track Club-A	33:25	5:23
221	Jacob Gallagher	683	24	M	Run N Fun-A	33:25	5:23
222	Philip Royer	436	27	M	Boston Athletic Association-A	33:26	5:23
223	Brendan Molony	656	26	M	Playmakers Elite/New Balance-A	33:28	5:24
224	Jacob Johns	411	24	M	Battle Road Track Club-A	33:29	5:24
225	Austin Post	605	22	M	LRC Racing-B	33:31	5:24
226	Jun Reichl	796	29	M	Valor Track Club-A	33:32	5:24
227	Adrian Macdonald	734	30	M	Siemers' Dreamers-A	33:32	5:24
228	Travis Dean	794	30	M	Valor Track Club-A	33:33	5:24
229	Tyler Flannery	468	24	M	Club Northwest-B	33:33	5:24
230	Matthew Eder	521	25	M	Garden State TC New Balance-B	33:33	5:24
231	Johnny Harley	589	25	M	Kansas City Smoke-B	33:33	5:24
232	Mackenzie Wahpepah-harris	749	24	M	Sports Warriors Track Club-A	33:39	5:25
233	Jerome Recker	657	35	M	Playmakers Elite/New Balance-A	33:42	5:26
234	Thomas Cameron	423	29	M	Boise Betties & Billies-A	33:45	5:26
235	Kevin Colon	660	27	M	Raytona Beach	33:45	5:26
236	Drew Windle	867	26	M	Brooks / BROOKS Beasts TC-B	33:46	5:26
237	Kaleb Keyserling	766	32	M	Team Red Lizard-A	33:46	5:26
238	Ryan Dostal	600	29	M	LRC Racing-B	33:46	5:27
239	Jimmy Grant	692	40	M	Run Wild Missoula-A	33:48	5:27
240	Cabell Willis	634	26	M	Pacers Running//GRC New Balanc	33:48	5:27
241	Jacob Eggers	499	24	M	Collegeville Track Club-A	33:50	5:27
242	Christopher Mateer	648	28	M	Philadelphia Runner Track Club	33:50	5:27
243	Tate Schienbein	579	24	M	Jacuzzi Boys Athletic Club-A	33:50	5:27
244	Mathew Burgstahler	498	23	M	Collegeville Track Club-A	33:50	5:27
245	David Larpenteur	417	34	M	Bellingham Distance Project-A	33:51	5:27
246	Cris Gutierrez	509	26	M	Fleet Feet Columbus Track Club	33:51	5:27
247	J Max Pedrotti	626	22	M	Pacers Running//GRC New Balanc	33:51	5:27
248	Joe Creighton	716	38	M	Seattle Running Club-A	33:52	5:27
249	Jonathan Quimby	419	29	M	Bellingham Distance	33:54	5:28

					Project-A		
250	Corban Phillips	854	19	M	Unattached-M30	33:55	5:28
251	Timothy Rossi	857	26	M	Brooklyn Track Club-A	33:55	5:28
252	Matthew Lowe	548	29	M	Guerilla Running	33:55	5:28
253	Alex Predhome	650	24	M	Philadelphia Runner Track Club	33:56	5:28
254	Greg Lutzke	668	25	M	Red Cedar Running Club-A	33:57	5:28
255	Cameron Nowrouzi	574	25	M	Jacuzzi Boys Athletic Club-C	33:57	5:28
256	Vincent Hamilton	635	26	M	Palouse Pirates-A	33:57	5:28
257	Eric Mendoza	542	34	M	Greater Boston Track Club-A	33:58	5:28
258	Micah Drew	424	23	M	Boise Betties & Billies-A	33:58	5:28
259	Javier Ceja	585	30	M	Kansas City Smoke-A	33:59	5:29
260	Conner Stevens	673	23	M	Red Cedar Running Club-A	34:01	5:29
261	Robert Hurlbut	531	25	M	Genesee Valley Harriers-A	34:02	5:29
262	Patrick Cunningham	780	24	M	Tracksmith Hare AC-A	34:03	5:29
263	Kevin Hansen	471	35	M	Club Northwest-C	34:03	5:29
264	Jarrett Kunze	721	27	M	Seattle Running Club-A	34:03	5:29
265	CodyM Moore	737	24	M	Siemers' Dreamers-A	34:04	5:29
266	Tyler Cox	715	23	M	Seattle Running Club-A	34:04	5:29
267	Jesse Chettle	586	35	M	Kansas City Smoke-B	34:05	5:29
268	Jackson Thomas	748	25	M	Sports Warriors Track Club-A	34:05	5:29
269	Colin McGrath	649	31	M	Philadelphia Runner Track Club	34:07	5:30
270	Joshua Carlos	610	24	M	New Basin Blues Running Club-A	34:07	5:30
271	Gonzalo Ceja	793	29	M	Valor Track Club-A	34:07	5:30
272	Steven Martinez	707	24	M	San Diego Track Club-A	34:07	5:30
273	Alex Rockhill	544	23	M	Greater Boston Track Club-A	34:07	5:30
274	Conner Johnsen	636	23	M	Palouse Pirates-A	34:08	5:30
275	Erik Hinrichsen	539	30	M	Greater Boston Track Club-A	34:09	5:30
276	Justin Bullock	802	26	M	West Valley Track Club- A	34:10	5:30
277	Robert Holcomb	592	32	M	Kansas City Smoke-B	34:11	5:30
278	Trevor Turner	681	25	M	Run Boulder Athletic Club-A	34:12	5:31
279	Jordan Psaltakis	628	24	M	Pacers Running//GRC New Balanc	34:13	5:31
280	Dennis Keith	759	19	M	Tacoma City Running Club-A	34:13	5:31

281	Daniel Button	422	32	M	Boise Betties & Billies-A	34:14	5:31
282	Jarret Harrigan	538	26	M	Greater Boston Track Club-A	34:14	5:31
283	Nick Welch	493	30	M	Club Northwest-B	34:14	5:31
284	Nathan Schneider	672	22	M	Red Cedar Running Club-A	34:15	5:31
285	Conor Cashner	421	24	M	Big River Racing	34:17	5:31
286	Timothy Ball	517	24	M	Garden State TC New Balance-B	34:19	5:32
287	John Cleary	598	21	M	LRC Racing-B	34:19	5:32
288	Miles Anderson	563	23	M	Jacuzzi Boys Athletic Club-C	34:19	5:32
289	Jonathan Hutnyan	568	24	M	Jacuzzi Boys Athletic Club-B	34:20	5:32
290	Kristopher Koster	654	36	M	Playmakers Elite/New Balance-A	34:20	5:32
291	Tahoma Doyon	467	34	M	Club Northwest-C	34:21	5:32
292	Francis Reynolds	762	29	M	Tacoma City Running Club-A	34:21	5:32
293	Colin Corrigan	564	29	M	Jacuzzi Boys Athletic Club-C	34:21	5:32
294	Forrest Boughner	690	31	M	Run Wild Missoula-A	34:24	5:33
295	Christopher Short	488	25	M	Club Northwest-B	34:25	5:33
296	Zebulon Klemke	638	23	M	Palouse Pirates-A	34:27	5:33
297	Cameron Freshwaters	758	23	M	Tacoma City Running Club-A	34:29	5:33
298	Andrew Jacob	602	32	M	LRC Racing-B	34:30	5:34
299	Garrett Cullen	804	26	M	West Valley Track Club-A	34:30	5:34
300	Matthew Pierce	533	26	M	Genesee Valley Harriers-A	34:30	5:34
301	Spencer Walsh	491	35	M	Club Northwest-C	34:32	5:34
302	Thomaa Kean	416	24	M	Bellingham Distance Project-A	34:33	5:34
303	Steven Lepe	705	24	M	San Diego Track Club-A	34:34	5:34
304	William Johnson	840	18	M	Unattached-M16	34:36	5:35
305	Jared Genteman	789	23	M	Twin Cities Track Club-A	34:40	5:35
306	Angel Ramirez	856	29	M	Unattached-M32	34:41	5:35
307	Malik Mahmud	571	22	M	Jacuzzi Boys Athletic Club-C	34:42	5:35
308	Christopher Sheaffer	768	34	M	Team Red Lizard-A	34:43	5:36
309	Garrett Gardner	750	21	M	SRA Elite-A	34:44	5:36
310	Thomas Chapman	818	38	M	Wolfpack Running Club-A	34:45	5:36
311	Connor Ryan	858	25	M	Unattached-M34	34:46	5:36
312	Sheridan Grant	469	26	M	Club Northwest-C	34:51	5:37

313	Pat McCurry	444	24	M	Breakneck Track Club-A	34:52	5:37
314	Bryce Burgess	609	29	M	Mt. Cabor Track Club-A	34:54	5:37
315	Kevin D'Emic	519	28	M	Garden State TC New Balance-B	34:54	5:37
316	Alec Brand	643	23	M	Philadelphia Runner Track Club	34:54	5:37
317	Mitchell Rees-Jones	483	22	M	Club Northwest-C	34:55	5:38
318	Nathan Carter	828	16	M	Unattached-M4	34:57	5:38
319	MacCoy Benzen	497	22	M	Collegetown Track Club-A	35:00	5:38
320	Benjamin Huszti	765	28	M	Team Red Lizard-A	35:00	5:38
321	Aaron Coe	763	35	M	Team Red Lizard-A	35:01	5:39
322	Matthew Laye	427	37	M	Boise Betties & Billies-A	35:03	5:39
323	Zachary Dietz	718	23	M	Seattle Running Club-B	35:05	5:39
324	Francis Cusick	408	32	M	Battle Road Track Club-A	35:06	5:39
325	Brendan Meehan	541	25	M	Greater Boston Track Club-A	35:09	5:40
326	Nicholas Roosa	816	33	M	Western Mass Distance Project	35:09	5:40
327	Samuel Friesen	500	24	M	Collegetown Track Club-A	35:11	5:40
328	Charlie Gamble	704	30	M	San Diego Track Club-A	35:12	5:40
329	Henry Reich	693	31	M	Run Wild Missoula-A	35:12	5:40
330	John Dorr	831	17	M	Unattached-M7	35:12	5:40
331	Brendan Conway	518	25	M	Garden State TC New Balance-B	35:14	5:41
332	Anthony Galvan	835	27	M	Unattached-M11	35:15	5:41
333	Danny DeMartini	805	34	M	West Valley Track Club-A	35:15	5:41
334	Pat Donnelly	441	28	M	Breakneck Track Club-A	35:15	5:41
335	Nathan Morgan	428	25	M	Boise Betties & Billies-A	35:16	5:41
336	Evan Hatton	510	23	M	Fleet Feet Columbus Track Club	35:17	5:41
337	Kyle Clouston	599	33	M	LRC Racing-B	35:17	5:41
338	Dylan Kent	473	30	M	Club Northwest-C	35:22	5:42
339	Jon Olsen	791	24	M	Twin Cities Track Club-A	35:23	5:42
340	Kyle Lampi	639	32	M	Palouse Pirates-A	35:25	5:42
341	Thomas Mazza	540	21	M	Greater Boston Track Club-A	35:25	5:42
342	Paul Snyder	449	27	M	Brooklyn Track Club-A	35:26	5:43
343	Alec Kness	843	17	M	Unattached-M19	35:27	5:43
344	Chris Anderson	562	25	M	Jacuzzi Boys Athletic Club-C	35:30	5:43
345	Ryan Lok	757	27	M	Strawberry Canyon Track Club	35:31	5:43

346	Tyler Britten	667	24	M	Red Cedar Running Club-A	35:32	5:44
347	Kevin Brandon	644	28	M	Philadelphia Runner Track Club	35:34	5:44
348	Rob Schlegel	580	33	M	Jacuzzi Boys Athletic Club-C	35:37	5:44
349	William Henry	590	23	M	Kansas City Smoke-A	35:41	5:45
350	Justin Irvine	839	22	M	Palouse Pirates-A	35:42	5:45
351	Edward Breen	800	37	M	West Valley Track Club-B	35:48	5:46
352	Christian Leitner	687	25	M	Run N Fun-A	35:51	5:47
353	Garrick Chan	817	26	M	Wolfpack Running Club-A	35:53	5:47
354	Silas Chapman	829	18	M	Unattached-M5	35:54	5:47
355	Isaac Morris	851	16	M	Unattached-M27	35:55	5:47
356	Scott Burger	536	27	M	Greater Boston Track Club-A	35:55	5:47
357	Chris Platt	767	26	M	Team Red Lizard-A	35:56	5:47
358	Patrick Ward	492	24	M	Club Northwest-C	35:56	5:47
359	Caleb Parker	853	28	M	Unattached-M29	35:57	5:47
360	Brandon Taylor	798	25	M	Valor Track Club-A	35:58	5:48
361	Graham Keggi	807	28	M	West Valley Track Club-A	36:00	5:48
362	Derek Thornton	420	35	M	Bellingham Distance Project-A	36:01	5:48
363	Matthew Soto	797	26	M	Valor Track Club-A	36:07	5:49
364	Nathan Senner	694	36	M	Run Wild Missoula-A	36:09	5:49
365	Michael Adams	825	30	M	Unattached-M1	36:13	5:50
366	Maximilian Antush	414	26	M	Bellingham Distance Project-A	36:15	5:50
367	Bryan Buckalew	714	37	M	Seattle Running Club-B	36:15	5:50
368	Jacob Marshall	822	25	M	Yellowstone Valley Distance Pr	36:18	5:51
369	Andrew Cusmano	652	26	M	Playmakers Elite/New Balance-A	36:23	5:52
370	Michael Luebeck	546	33	M	Greater Lowell Road Runners-A	36:24	5:52
371	Kyle Leaming	847	16	M	Unattached-M23	36:27	5:52
372	Zachary Sundt	861	19	M	Unattached-M37	36:28	5:53
373	Cory Soulliard	695	38	M	Run Wild Missoula-A	36:31	5:53
374	Dillon Breen	703	26	M	San Diego Track Club-A	36:37	5:54
375	Mathew Seat	708	29	M	San Diego Track Club-A	36:37	5:54
376	Robert Russell	823	24	M	Yellowstone Valley Distance Pr	36:37	5:54
377	Alex Eld	545	29	M	Greater Lowell Road Runners-A	36:38	5:54
378	Luke Martin	478	27	M	Club Northwest-C	36:38	5:54

379	Ian Christen	537	23	M	Greater Boston Track Club-B	36:42	5:55
380	Joe Kelly	720	32	M	Seattle Running Club-B	36:44	5:55
381	Sean Haffey	470	31	M	Club Northwest-D	36:49	5:56
382	Max Krall	647	25	M	Philadelphia Runner Track Club	36:53	5:57
383	Brien O'Loughlin	761	29	M	Tacoma City Running Club-A	36:54	5:57
384	Dalton Feist	834	16	M	Unattached-M10	36:58	5:57
385	Andrew Walker	863	28	M	Unattached-M39	36:58	5:57
386	David Edwards	832	31	M	Valor Track Club-A	37:03	5:58
387	Ryan Parker	722	34	M	Seattle Running Club-B	37:03	5:58
388	Josh Brodin	535	28	M	Greater Boston Track Club-B	37:06	5:59
389	William Washer	504	32	M	Dashing Whippets Running Team	37:11	6:00
390	Noel Pelland	480	35	M	Club Northwest-D	37:19	6:01
391	Austin Oser	641	23	M	Palouse Pirates-A	37:28	6:02
392	Kruse Pete	868	39	M	West Valley Track Club-B	37:36	6:03
393	Joshua Davis	508	26	M	Fleet Feet Columbus Track Club	37:41	6:04
394	Waqar Shaikh	487	37	M	Club Northwest-D	37:48	6:05
395	Shad Gausmann	787	30	M	Twin Cities Track Club-A	37:53	6:06
396	Andy Lefriec	740	35	M	Spokane Distance Project-A	37:57	6:07
397	Michael Kennedy	524	33	M	Garden State TC New Balance-B	37:58	6:07
398	Brett Winegar	728	39	M	Seattle Running Club-B	37:58	6:07
399	Evan Jones	501	23	M	Collegeville Track Club-A	38:02	6:08
400	Paul Guevara	624	32	M	Pacers Running//GRC New Balanc	38:02	6:08
401	Riley Quinn	576	29	M	Jacuzzi Boys Athletic Club-C	38:09	6:09
402	Mark McLauchlan	819	29	M	Wolfpack Running Club-A	38:39	6:14
403	David Moyer	543	29	M	Greater Boston Track Club-A	38:39	6:14
404	Jevan Cabrera	739	25	M	Spokane Distance Project-A	38:46	6:15
405	Richard Shroy	860	27	M	Unattached-M36	38:49	6:15
406	Alec Lippincott	443	26	M	Breakneck Track Club-A	39:01	6:17
407	Ethan Genteman	788	28	M	Twin Cities Track Club-A	39:06	6:18
408	Ryley Vandergriend	862	18	M	Unattached-M38	39:31	6:22

409	Michael Karas	841	38	M	Unattached-M17	39:34	6:22
410	Ian McCracken	670	24	M	Red Cedar Running Club-B	39:34	6:22
411	Stephen Walston	726	35	M	Seattle Running Club-B	39:53	6:25
412	Bradley Burch	803	24	M	West Valley Track Club-B	39:53	6:26
413	Matthew Beal	710	30	M	Seattle Running Club-B	40:15	6:29
414	Michael Maltese	808	26	M	West Valley Track Club-B	40:22	6:30
415	Landon Shipley	859	18	M	Unattached-M35	40:26	6:31
416	Heath Robertson	741	35	M	Spokane Distance Project	40:35	6:32
417	Phillip Tencick	742	38	M	Spokane Distance Project-A	40:37	6:33
418	Thomas Fuchs	764	30	M	Team Red Lizard-A	40:40	6:33
419	Samuel McElwain	848	37	M	Unattached-M24	40:49	6:35
420	Isaac Medrano	820	39	M	Wolfpack Running Club-A	40:55	6:36
421	Danny Thater	663	27	M	Raytona Beach	41:43	6:43
422	Andrew Torney	448	21	M	Breakneck Track Club-A	42:15	6:48
423	John Renehan	484	27	M	Club Northwest-D	42:45	6:53
424	Jonathan Woehl	824	32	M	Yellowstone Valley Distance Pr	43:16	6:58
425	Ryan West	865	37	M	Unattached-M41	43:41	7:02

12/10/2018 7:20PM

USATF National Club Cross Country Championships
Plantas Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com

Team Results Open Men

1. 53 Tinman Elite-A (29:55 2:29:35 0:54)

=====

1	3	Sam Parsons	24	29:29	776
2	6	Morgan Pearson	25	29:46	777
3	8	Connor Winter	25	29:50	779
4	15	Jeffrey Thies	23	30:07	778
5	21	Kyle Medina	23	30:23	775
6	(24)	Joseph Berriatua	23	30:41	772
7	(30)	Reed Fischer	23	30:50	774
8	(62)	David Dwyer	23	31:30	773

2. 63 Brooks / BROOKS Beasts TC-A (30:02 2:30:09 1:15)

=====

1	4	Garrett Heath	33	29:30	452
2	5	Michael Eaton	31	29:46	451

3 12 Dillon Maggard 23 29:58 454
 4 16 Izaic Yorks 24 30:10 458
 5 26 Ryan Vail 32 30:45 456
 6 (31) David Ribich 22 30:51 455
 7 (46) Henry Wynne 23 31:12 457
 8 (61) Brannon Kidder 25 31:30 453

3. 100 American Distance Project-A (30:18 2:31:30 1:41)
 =====

1 1 Hillary Bor 29 29:27 400
 2 9 Frankline Tonui 25 29:50 405
 3 18 Lawi Lalang 27 30:17 403
 4 28 Kirubel Erassa 25 30:48 401
 5 44 Augustus Maiyo 35 31:08 404
 6 (48) Michael Jordan 27 31:15 402

4. 123 Hansons-Brooks Distance Projec (30:23 2:31:53 1:59)
 =====

1 2 Ryan Mahalsky 25 29:28 552
 2 10 Ian La Mere 24 29:51 551
 3 17 Dathan Ritzenhein 35 30:14 553
 4 36 Shadrack Biwott 33 30:53 550
 5 58 Max Benoit 23 31:27 549

5. 185 Roots Running Project-A (30:45 2:33:45 1:53)
 =====

1 7 William Milam 26 29:48 678
 2 11 Noah Droddy 28 29:52 709
 3 43 Alex Monroe 26 31:01 679
 4 55 Jordan Carpenter 25 31:23 674
 5 69 Will Cross 25 31:41 675
 6 (125) Alexander Diltz 26 32:33 676

6. 206 Siemers' Dreamers-A (30:53 2:34:24 2:19)
 =====

1 14 Jerrell Mock 23 30:05 736
 2 20 Grant Fischer 24 30:23 732
 3 23 Andrew Epperson 28 30:40 731
 4 33 Brian Eimstad 25 30:52 730
 5 116 Andrew Lesser 28 32:24 733
 6 (136) Joshua Mirth 26 32:39 735
 7 (197) Adrian Macdonald 30 33:32 734
 8 (229) CodyM Moore 24 34:04 737

7. 214 HOKA Aggie Running Club-A (31:03 2:35:12 1:09)
 =====

1 19 Phillip Reid 33 30:20 560
 2 39 Gordon Sturgess 26 30:55 561
 3 47 Bryan Guijarro 24 31:12 558
 4 49 Swarnjit Boyal 23 31:16 555
 5 60 Mark Huizar 23 31:29 559
 6 (67) Will Geiken 25 31:38 557
 7 (92) Jameson Mora 32 32:03 554

8. 239 Jacuzzi Boys Athletic Club-A (31:12 2:35:57 0:35)

- =====
- 1 37 Andrew Lemoncello 36 30:54 570
- 2 40 Matt Welch 24 30:56 584
- 3 50 Nicholas Roche 25 31:18 577
- 4 53 Gilbert Grundy 29 31:20 567
- 5 59 Daniel Martinez 24 31:29 572
- 6 (66) Matthew Crichlow 25 31:35 565
- 7 (70) Derek Wehunt 27 31:41 583
- 8 (211) Tate Schienbein 24 33:50 579

9. 322 Boston Athletic Association-A (31:29 2:37:23 2:00)

- =====
- 1 13 Trevor Dunbar 27 30:00 431
- 2 65 Connor Reck 25 31:34 435
- 3 75 Jonas Hampton 29 31:50 433
- 4 84 Brad Mish 31 31:59 434
- 5 85 Christopher Allen 24 32:00 430
- 6 (160) Alex Fitzgerald 23 32:58 432
- 7 (192) Philip Royer 27 33:26 436

10. 334 Club Northwest-A (31:37 2:38:01 1:25)

- =====
- 1 27 Jonathan Lafler 28 30:46 476
- 2 56 Conner Peloquin 26 31:25 481
- 3 68 Peter Kesting 22 31:40 474
- 4 81 Robert Baraldi 24 31:59 465
- 5 102 Mark Mandi 35 32:11 477
- 6 (121) Turner Wiley 25 32:28 494
- 7 (142) Tyler Van Dooren 28 32:44 490
- 8 (167) Chris Reed 30 33:03 482

11. 366 Garden State TC New Balance-A (31:41 2:38:21 1:38)

- =====
- 1 38 Matt Gillette 27 30:54 523
- 2 54 Nicholas Filippazzo 26 31:22 522
- 3 63 Addison Monroe 23 31:31 526
- 4 88 Aaron Leskow 26 32:02 525
- 5 123 Kyle Price 30 32:32 527
- 6 (178) Stephen Rathbun 26 33:10 528

12. 428 Nomad Track Club-A (31:52 2:39:18 2:09)

- =====
- 1 22 Dan Nestor 25 30:39 616
- 2 57 Gabe Cuadra 29 31:26 614
- 3 90 Ryan Becker 24 32:03 613
- 4 113 William Firth 26 32:22 615
- 5 146 Sean Vandermosten 26 32:48 618

13. 429 Strava Track Club-A (31:57 2:39:44 0:58)

- =====
- 1 52 Chandler Kemp 28 31:19 753
- 2 76 Joshua Sealand 23 31:54 756
- 3 87 Trevor Halsted 25 32:01 752
- 4 106 Steven Grolle 23 32:13 751

- 5 108 Matt Lenehan 27 32:17 754
- 6 (152) Sean Smith 27 32:55 738
- 7 (181) Jarrett Moore 25 33:16 755

14. 492 Run N Fun-A (32:04 2:40:19 2:11)

=====

- 1 29 John Vodacek 24 30:49 689
- 2 95 Trevor Capra 23 32:06 682
- 3 97 Calvin Lehn 24 32:06 686
- 4 109 Brendan Sage 23 32:18 688
- 5 162 Zach Kughn 24 33:00 685
- 6 (191) Jacob Gallagher 24 33:25 683
- 7 (295) Christian Leitner 25 35:51 687

15. 495 Cal Coast Track Club-A (32:04 2:40:18 2:10)

=====

- 1 34 Bijan Mazaheri 24 30:52 463
- 2 73 Joshua Espinoza 26 31:46 460
- 3 101 Seth Garbett 27 32:10 461
- 4 122 Jose Penaloza 23 32:28 464
- 5 165 Roosevelt Cook 39 33:02 459

16. 510 Tracksmith Hare AC-A (32:08 2:40:38 1:48)

=====

- 1 32 Louis Serafini 27 30:51 785
- 2 91 David Melly 25 32:03 782
- 3 120 Jesse Young 29 32:27 786
- 4 132 Luke O'connor 23 32:38 783
- 5 135 Jeffrey Seelaus 24 32:39 784
- 6 (226) Patrick Cunningham 24 34:03 780

17. 515 Pacers Running//GRC New Balanc (32:14 2:41:09 0:48)

=====

- 1 78 Nicholas Posada 26 31:55 627
- 2 83 Samuel Chauvin 22 31:59 623
- 3 100 Kyle Wagener 26 32:08 633
- 4 114 Paul Thistle 31 32:24 631
- 5 140 Daniel Trettel 25 32:43 632
- 6 (154) Sean Barrett 33 32:55 622
- 7 (182) John-Louis Pane 26 33:16 625
- 8 (208) Cabell Willis 26 33:48 634

18. 547 Runablaze Iowa-A (32:18 2:41:28 1:04)

=====

- 1 72 Tim Ives 38 31:44 696
- 2 94 Kallin Khan 22 32:05 698
- 3 117 Jay Welp 26 32:24 700
- 4 119 Austin O'Brien 26 32:27 699
- 5 145 Tyson Wieland 24 32:48 701
- 6 (174) Ben Jaskowiak 29 33:08 697

19. 597 LRC Racing-A (32:26 2:42:10 1:14)

=====

- 1 71 Nolan Zimmer 24 31:43 607
- 2 96 Nolan Border 25 32:06 597

- 3 124 Jordan Wheeler 22 32:32 606
- 4 149 Cole Marolf 29 32:52 603
- 5 157 Tim Grundmayer 24 32:57 601
- 6 (189) Mark Abrams 24 33:22 596

20. 602 Kansas City Smoke-A (32:23 2:41:52 2:06)

- =====
- 1 42 Joe Moore 35 30:58 594
 - 2 112 Colby Kromminga 23 32:22 593
 - 3 129 Gerardo Hernandez 27 32:35 591
 - 4 150 Nathaniel Guthals 27 32:53 588
 - 5 169 James Wilson 27 33:04 595
 - 6 (184) Aaron Davidson 34 33:18 587
 - 7 (223) Javier Ceja 30 33:59 585
 - 8 (293) William Henry 23 35:41 590

21. 603 Western Mass Distance Project (32:30 2:42:30 4:26)

- =====
- 1 25 Benjamin Groleau 25 30:43 814
 - 2 79 Timothy Gill 26 31:56 813
 - 3 82 Dennis Roche 32 31:59 815
 - 4 141 Peter Francia 28 32:43 812
 - 5 276 Nicholas Roosa 33 35:09 816

22. 653 Jacuzzi Boys Athletic Club-B (32:36 2:43:00 0:48)

- =====
- 1 98 Jesse Joseph 23 32:07 569
 - 2 110 JJ Santana 31 32:22 578
 - 3 137 Matthew Palmer 30 32:41 575
 - 4 153 Joe Sepe 33 32:55 581
 - 5 155 Robert McLauchlan 27 32:55 573
 - 6 (176) William Garrard 23 33:09 566
 - 7 (180) Karim Shakalia 30 33:14 582
 - 8 (247) Jonathan Hutnyan 24 34:20 568

23. 666 Philadelphia Runner Track Club (32:37 2:43:03 3:04)

- =====
- 1 35 Duriel Hardy 30 30:52 645
 - 2 86 Kieran Sutton 24 32:00 651
 - 3 118 Christopher Hatler 24 32:25 646
 - 4 210 Christopher Mateer 28 33:50 648
 - 5 217 Alex Predhome 24 33:56 650
 - 6 (232) Colin McGrath 31 34:07 649
 - 7 (267) Alec Brand 23 34:54 643
 - 8 (291) Kevin Brandon 28 35:34 644

24. 671 Seattle Running Club-A (32:39 2:43:12 0:47)

- =====
- 1 107 Alex Bowns 24 32:15 713
 - 2 126 Evan Williams 32 32:33 727
 - 3 131 Daniel Sloat 29 32:37 724
 - 4 143 Douglas Jordan 24 32:45 719
 - 5 164 Robert Bond 29 33:02 712
 - 6 (215) Joe Creighton 38 33:52 716

- 7 (228) Jarrett Kunze 27 34:03 721
- 8 (230) Tyler Cox 23 34:04 715

25. 692 Sports Warriors Track Club-A (32:42 2:43:27 2:07)

=====

- 1 64 Brandon Levi 23 31:32 745
- 2 74 Craig Curley 30 31:50 743
- 3 163 Jared Haltom 22 33:01 744
- 4 190 Leandrew Martine 34 33:25 746
- 5 201 Mackenzie Wahpepah-harris 24 33:39 749
- 6 (231) Jackson Thomas 25 34:05 748

26. 795 Red Cedar Running Club-A (33:00 2:44:57 1:49)

=====

- 1 99 Andrew Benkovsky 25 32:08 666
- 2 138 Andrew Mangiapane 26 32:42 669
- 3 161 Spencer Nousain 25 32:58 671
- 4 179 Bruce Baker 22 33:12 665
- 5 218 Greg Lutzke 25 33:57 668
- 6 (224) Conner Stevens 23 34:01 673
- 7 (243) Nathan Schneider 22 34:15 672
- 8 (290) Tyler Britten 24 35:32 667

27. 822 Playmakers Elite/New Balance-A (33:04 2:45:17 3:11)

=====

- 1 45 Mitchell Klingler 26 31:09 653
- 2 134 Andrew Rylaarsdam 23 32:38 659
- 3 193 Brendan Molony 26 33:28 656
- 4 202 Jerome Recker 35 33:42 657
- 5 248 Kristopher Koster 36 34:20 654
- 6 (306) Andrew Cusmano 26 36:23 652

28. 835 Battle Road Track Club-A (33:13 2:46:02 3:10)

=====

- 1 80 John Prizzi 25 31:56 413
- 2 115 Andrew Erskine 26 32:24 409
- 3 172 Aaron Lucci 22 33:07 412
- 4 194 Jacob Johns 24 33:29 411
- 5 274 Francis Cusick 32 35:06 408

29. 837 Genesee Valley Harriers-A (33:07 2:45:33 3:12)

=====

- 1 51 Chad Maloy 25 31:18 532
- 2 144 Brennan Root 23 32:46 534
- 3 159 James Anderson 22 32:57 530
- 4 225 Robert Hurlbut 25 34:02 531
- 5 258 Matthew Pierce 26 34:30 533

30. 858 Club Northwest-B (33:07 2:45:34 0:38)

=====

- 1 139 Nathaniel Richards 26 32:42 485
- 2 171 Robert Scanlon 24 33:06 486
- 3 173 Geoffrey Njonjo 37 33:07 479
- 4 187 Jamin King 29 33:19 475
- 5 188 Andrew Wise 24 33:20 495

- 6 (199) Tyler Flannery 24 33:33 468
- 7 (242) Nick Welch 30 34:14 493
- 8 (253) Christopher Short 25 34:25 488

31. 858 West Valley Track Club-A (33:10 2:45:48 1:36)

=====

- 1 128 Tyler Sickler 23 32:34 809
- 2 130 Alex Varner 33 32:36 810
- 3 177 Nate Brennand 26 33:10 801
- 4 185 Ryan Irwin 34 33:18 806
- 5 238 Justin Bullock 26 34:10 802
- 6 (257) Garrett Cullen 26 34:30 804
- 7 (281) Danny DeMartini 34 35:15 805
- 8 (300) Graham Keggi 28 36:00 807

32. 947 Palouse Pirates-A (33:30 2:47:26 2:25)

=====

- 1 89 John Whelan 23 32:02 642
- 2 148 Andrew Jordan 26 32:52 637
- 3 220 Vincent Hamilton 26 33:57 635
- 4 236 Conner Johnsen 23 34:08 636
- 5 254 Zebulon Klemke 23 34:27 638
- 6 (287) Kyle Lampi 32 35:25 639
- 7 (294) Justin Irvine 22 35:42 839
- 8 (317) Austin Oser 23 37:28 641

33. 954 Fleet Feet Columbus Track Club (33:33 2:47:42 3:04)

=====

- 1 105 Sam Stevens-Jones 22 32:13 512
- 2 168 Derek Knabe 22 33:04 511
- 3 183 Andrew Wallace 24 33:17 513
- 4 214 Cris Gutierrez 26 33:51 509
- 5 284 Evan Hatton 23 35:17 510
- 6 (318) Joshua Davis 26 37:41 508

34. 967 Boise Betties & Billies-A (33:32 2:47:38 1:41)

=====

- 1 127 Erik Teig 35 32:33 429
- 2 175 Gus Gibbs 32 33:08 425
- 3 203 Thomas Cameron 29 33:45 423
- 4 222 Micah Drew 23 33:58 424
- 5 240 Daniel Button 32 34:14 422
- 6 (272) Matthew Laye 37 35:03 427
- 7 (283) Nathan Morgan 25 35:16 428

35. 981 Collegeville Track Club-A (33:39 2:48:15 2:22)

=====

- 1 133 Paul Nordquist 24 32:38 503
- 2 158 Thomas Knobbe 24 32:57 502
- 3 209 Jacob Eggers 24 33:50 499
- 4 212 Mathew Burgstahler 23 33:50 498
- 5 269 MacCoy Benzen 22 35:00 497
- 6 (277) Samuel Friesen 24 35:11 500
- 7 (322) Evan Jones 23 38:02 501

36. 1000 Raytona Beach (34:51 2:54:13 9:21)

=====

- 1 111 Joe Farrand 27 32:22 661
- 2 170 Patty Weaver 23 33:04 664
- 3 186 Max Storms 28 33:19 662
- 4 204 Kevin Colon 27 33:45 660
- 5 329 Danny Thater 27 41:43 663

37. 1006 LRC Racing-B (33:40 2:48:19 2:17)

=====

- 1 104 Jacob Olson 24 32:13 604
- 2 195 Austin Post 22 33:31 605
- 3 206 Ryan Dostal 29 33:46 600
- 4 245 John Cleary 21 34:19 598
- 5 256 Andrew Jacob 32 34:30 602
- 6 (285) Kyle Clouston 33 35:17 599

38. 1019 Valor Track Club-A (33:51 2:49:14 3:54)

=====

- 1 93 Jorge Jabaz 32 32:04 795
- 2 196 Jun Reichl 29 33:32 796
- 3 198 Travis Dean 30 33:33 794
- 4 233 Gonzalo Ceja 29 34:07 793
- 5 299 Brandon Taylor 25 35:58 798
- 6 (302) Matthew Soto 26 36:07 797
- 7 (314) David Edwards 31 37:03 832

39. 1023 Garden State TC New Balance-B (33:44 2:48:36 2:06)

=====

- 1 147 Evan Ward 24 32:48 529
- 2 166 Sean Donohue 28 33:02 520
- 3 200 Matthew Eder 25 33:33 521
- 4 244 Timothy Ball 24 34:19 517
- 5 266 Kevin D'Emic 28 34:54 519
- 6 (280) Brendan Conway 25 35:14 518
- 7 (320) Michael Kennedy 33 37:58 524

40. 1098 Tacoma City Running Club-A (34:11 2:50:54 5:57)

=====

- 1 41 Gregory Leak 30 30:57 760
- 2 239 Dennis Keith 19 34:13 759
- 3 250 Francis Reynolds 29 34:21 762
- 4 255 Cameron Freshwaters 23 34:29 758
- 5 313 Brien O'Loughlin 29 36:54 761

41. 1118 Run Wild Missoula-A (34:18 2:51:28 4:14)

=====

- 1 77 Nicolas Composto 26 31:55 691
- 2 207 Jimmy Grant 40 33:48 692
- 3 252 Forrest Boughner 31 34:24 690
- 4 279 Henry Reich 31 35:12 693
- 5 303 Nathan Senner 36 36:09 694
- 6 (307) Cory Soulliard 38 36:31 695

42. 1179 Breakneck Track Club-A (35:00 2:54:57 6:08)

=====

- 1 151 Brian Quilty 29 32:53 445
- 2 156 Eric DuBois 28 32:56 442
- 3 265 Pat McCurry 24 34:52 444
- 4 282 Pat Donnelly 28 35:15 441
- 5 325 Alec Lippincott 26 39:01 443
- 6 (330) Andrew Torney 21 42:15 448

43. 1209 Greater Boston Track Club-A (34:20 2:51:37 1:11)

=====

- 1 221 Eric Mendoza 34 33:58 542
- 2 235 Alex Rockhill 23 34:07 544
- 3 237 Erik Hinrichsen 30 34:09 539
- 4 241 Jarret Harrigan 26 34:14 538
- 5 275 Brendan Meehan 25 35:09 541
- 6 (288) Thomas Mazza 21 35:25 540
- 7 (296) Scott Burger 27 35:55 536
- 8 (324) David Moyer 29 38:39 543

44. 1267 Club Northwest-C (34:33 2:52:42 0:52)

=====

- 1 227 Kevin Hansen 35 34:03 471
- 2 249 Tahoma Doyon 34 34:21 467
- 3 259 Spencer Walsh 35 34:32 491
- 4 264 Sheridan Grant 26 34:51 469
- 5 268 Mitchell Rees-Jones 22 34:55 483
- 6 (286) Dylan Kent 30 35:22 473
- 7 (298) Patrick Ward 24 35:56 492
- 8 (310) Luke Martin 27 36:38 478

45. 1267 Jacuzzi Boys Athletic Club-C (34:34 2:52:49 1:33)

=====

- 1 219 Cameron Nowrouzi 25 33:57 574
- 2 246 Miles Anderson 23 34:19 563
- 3 251 Colin Corrigan 29 34:21 564
- 4 262 Malik Mahmud 22 34:42 571
- 5 289 Chris Anderson 25 35:30 562
- 6 (292) Rob Schlegel 33 35:37 580
- 7 (323) Riley Quinn 29 38:09 576

46. 1294 Bellingham Distance Project-A (34:55 2:54:34 2:24)

=====

- 1 213 David Larpenteur 34 33:51 417
- 2 216 Jonathan Quimby 29 33:54 419
- 3 260 Thomaas Kean 24 34:33 416
- 4 301 Derek Thornton 35 36:01 420
- 5 304 Maximilian Antush 26 36:15 414

47. 1306 Team Red Lizard-A (34:54 2:54:26 2:10)

=====

- 1 205 Kaleb Keyserling 32 33:46 766
- 2 263 Christopher Sheaffer 34 34:43 768
- 3 270 Benjamin Huszti 28 35:00 765
- 4 271 Aaron Coe 35 35:01 763

5 297 Chris Platt 26 35:56 767
6 (328) Thomas Fuchs 30 40:40 764

48. 1381 Club Northwest-D (37:23 3:06:52 10:34)
=====

1 103 Paul Harmon 37 32:11 472
2 312 Sean Haffey 31 36:49 470
3 316 Noel Pelland 35 37:19 480
4 319 Waqar Shaikh 37 37:48 487
5 331 John Renehan 27 42:45 484

49. 1390 San Diego Track Club-A (35:26 2:57:07 2:30)
=====

1 234 Steven Martinez 24 34:07 707
2 261 Steven Lepe 24 34:34 705
3 278 Charlie Gamble 30 35:12 704
4 308 Dillon Breen 26 36:37 703
5 309 Mathew Seat 29 36:37 708

50. 1525 Seattle Running Club-B (36:37 3:03:05 2:53)
=====

1 273 Zachary Dietz 23 35:05 718
2 305 Bryan Buckalew 37 36:15 714
3 311 Joe Kelly 32 36:44 720
4 315 Ryan Parker 34 37:03 722
5 321 Brett Winegar 39 37:58 728
6 (326) Stephen Walston 35 39:53 726
7 (327) Matthew Beal 30 40:15 710

***** RESULTS GRADED BY AGE AND SEX BASED ON WORLD MASTERS
ATHLETICS TABLES ****
USATF National Club Cross Country Championships
Plantes Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com

Place	Name	Sex	Age	Affiliation	Time	Age%
1	Carmen Ayala-Troncoso	F	59	Unattached-W1	25:00	89.02
2	Jennifer Teppo	F	60	Team Red Lizard-A	25:32	88.25
3	Jeanette Groesz	F	69	Team Red Lizard-A	29:00	87.56
4	Patricia Bellan	F	55	HOKA Aggie Running Club-A	24:27	86.73
5	Regina Joyce	F	61	Club Northwest-A	26:21	86.59
6	Kate Landau	F	42	Tacoma City Running Club	21:29	86.48
7	Joannie Siegler	F	61	Golden Valley Harriers	26:35	85.83
8	Sara Freitas	F	60	Impala Racing Team-A	26:20	85.56
9	Shannon Teslow	F	54	The Janes Elite Racing-A	24:36	85.20
10	Kirsten Leetch	F	52	The Janes Elite Racing-A	24:07	84.92
11	Grace Padilla	F	47	The Janes Elite Racing-A	22:56	84.52
12	Eileen Brennan-Erler	F	57	Impala Racing Team-A	25:48	84.17
13	Tania Fischer	F	52	The Janes Elite Racing-A	24:21	84.11
14	Susan Hay	F	55	Team Red Lizard-A	25:13	84.09
15	Beverley Anderson-Abbs	F	54	Buffalo Chips Running Club-A	24:58	83.94
16	Gail Hall	F	59	Club Northwest-A	26:36	83.66
17	Mo Bartley	F	63	Impala Racing Team-A	28:04	83.41
18	Liane Pancoast	F	60	Greater Lowell Road Runners	27:02	83.35
19	Suzanne Cordes	F	59	Impala Racing Team-A	26:42	83.35
20	Katherine MacTavish	F	55	Team Red Lizard-A	25:27	83.32
21	Maggie Shearer	F	41	TeaMosqueda Elite	22:10	83.27
22	Gretchen Hurlbutt	F	40	Boise Betties & Billies-A	22:05	83.09
23	Mary Swan	F	57	Athena Track Club	26:19	82.52
24	Nancy Thomas	F	49	Impala Racing Team-A	24:01	82.46
25	Trisha Kluge	F	59	Oregon Track Club-A	27:05	82.17
26	Kristen Mossman	F	55	Club Northwest-A	25:53	81.92
27	Laura Stuart	F	53	San Diego Track Club-A	25:19	81.83
28	Kaela O'Neil	F	40	Boston Athletic Association	22:27	81.73
29	Liisa Miller	F	53	Santa Cruz Track Club	25:29	81.30
30	Nancy James-Klinger	F	41	The Janes Elite Racing-A	22:49	80.89
31	Kimberly Mueller	F	42	San Diego Track Club-A	22:58	80.89

32	Susan Pappalardo	F	52	Club Northwest-A	25:23	80.68
33	Marlene Farrell	F	43	Seattle Running Club-A	23:15	80.48
34	Heather Webster	F	44	Genesee Valley Harriers-A	23:27	80.42
35	Meriah Earle	F	40	San Diego Track Club-A	22:53	80.19
36	Nancy Kaiser	F	48	Bull City Track Club-A	24:27	80.12
37	Valerie Banks	F	50	Team Red Lizard-A	25:02	79.99
38	Robyn Schmidt	F	58	HOKA Aggie Running Club-A	27:30	79.93
39	Rachel Jaten	F	43	Spokane Swifts-A	23:25	79.91
40	Donna Chan	F	67	Impala Racing Team-A	31:06	79.41
41	Valerie Miller	F	48	San Diego Track Club-A	24:41	79.36
42	Christine Olen	F	50	HOKA Aggie Running Club-	25:15	79.31
43	Jill Pettibone	F	51	Team Red Lizard-A	25:33	79.25
44	Keysha Stutz	F	49	Boise Betties & Billies-A	25:00	79.22
45	Claire Saxton	F	41	Wolfpack Running Club	23:18	79.22
46	Kathleen Cushing-murray	F	53	The Janes Elite Racing-A	26:13	79.02
47	Genevieve Clavier	F	55	Buffalo Chips Running Club-A	26:58	78.63
48	Cambria Wu	F	40	The Janes Elite Racing-A	23:22	78.53
49	Jackie Sword-Olson	F	55	Buffalo Chips Running Club-A	27:01	78.49
50	Jennifer Fedorov	F	47	Team Red Lizard-A	24:43	78.42
51	Janne Heinonen	F	43	Team Red Lizard-A	23:52	78.41
52	Mireille Silva	F	59	Atlanta Track Club-A	28:24	78.36
53	Kris Huff	F	54	Atlanta Track Club-A	26:46	78.30
54	Alanna Bernacchi	F	43	Phoenix Free Soles	23:59	78.02
55	Trisha Steidl	F	42	Seattle Running Club-A	23:49	78.01
56	Betsy Miller	F	60	Team Red Lizard-A	28:54	77.97
57	Ernestina Martin	F	65	San Diego Track Club-A	30:52	77.87
58	Linda Powers	F	61	San Diego Track Club-A	29:23	77.65
59	Marion Hayes-NC	F	62	Santa Cruz Track Club	29:49	77.51
60	Gwendolen Twist	F	43	The Janes Elite Racing-A	24:09	77.48
61	Jenni Brown	F	40	Run Wild Missoula	23:44	77.31
62	Cynthia Williams	F	62	Atlanta Track Club-A	29:55	77.25
63	Joanna Harper	F	61	Team Red Lizard-A	29:33	77.22
64	Mary Lynch	F	52	The Janes Elite Racing-A	26:32	77.18
65	Mary Ryzner	F	64	San Diego Track Club-A	30:50	76.92
66	Colleen Magnussen	F	58	Genesee Valley Harriers-A	28:35	76.90
67	Maureen Bischoff	F	52	Genesee Valley Harriers-A	26:39	76.85
68	Sarah Barber	F	42	Boise Betties & Billies-A	24:13	76.72
69	Cynthia Lucking	F	65	Atlanta Track Club-A	31:20	76.71
70	Rosemarie MacGuinness	F	61	Impala Racing Team-A	29:46	76.65
71	Kathleen Allen	F	69	Atlanta Track Club-A	33:10	76.56
72	Nancy Wilkins-Diehr	F	56	San Diego Track Club-B	28:04	76.45
73	Jodi Suter	F	46	Spokane Swifts-A	25:09	76.32
74	Lyda Cruden	F	46	Bull City Track Club-A	25:09	76.32

75	Lisa Renteria	F	40	Skechers Performance / Wolfpac	24:04	76.24
76	Alexandra Bigelow	F	45	Bull City Track Club-A	24:57	76.23
77	Kelly Kruell	F	59	Club Northwest-A	29:12	76.21
78	Michelle Neal	F	57	Club Northwest-A	28:30	76.19
79	Liz Gottlieb	F	43	Impala Racing Team-A	24:34	76.17
80	Willie Mundt	F	69	San Diego Track Club-B	33:23	76.06
81	Cori Stern	F	41	Run Wild Missoula	24:27	75.49
82	Tracy Wright	F	50	San Diego Track Club-A	26:32	75.47
83	Susan Stirrat	F	63	Shore Athletic Club	31:04	75.35
84	Tatiana Salazar	F	49	Guerilla Running	26:19	75.25
85	Mary Shah	F	50	Atlanta Track Club-A	26:38	75.19
86	Andi Camp	F	44	Team Red Lizard-A	25:07	75.09
87	Angela Lindbo	F	48	Team Red Lizard-A	26:06	75.06
88	Charlene Fox	F	55	Oregon Track Club-A	28:16	75.02
89	Alexandra Newman	F	46	Impala Racing Team-A	25:38	74.88
90	Linda Huyck	F	46	Club Northwest-A	25:44	74.59
91	Roseann Parry	F	52	San Diego Track Club-A	27:28	74.56
92	Jackie Allen	F	53	Spokane Swifts	27:48	74.52
93	Sandra Gregorich	F	56	Genesee Valley Harriers-A	28:48	74.50
94	Margaret Taylor	F	63	Atlanta Track Club-A	31:31	74.28
95	Deborah Shea	F	64	San Diego Track Club-A	31:57	74.23
96	Heather LeFrieck	F	46	Spokane Swifts-A	25:52	74.20
97	Angela Longworth	F	51	Impala Racing Team-A	27:18	74.17
98	Danette Bloomer	F	51	Oregon Track Club-A	27:19	74.13
99	Maureen Bookwalter	F	43	Run Wild Missoula	25:15	74.11
100	Jennifer Brennan	F	51	Oregon Track Club-A	27:27	73.77
101	Murphee Hayes	F	45	Genesee Valley Harriers-A	25:47	73.77
102	Jeanine Holmlund	F	54	Lake Merritt Joggers and Strid	28:25	73.75
103	Janicka Umile	F	50	Mountain West Track Club-A	27:11	73.67
104	Debbie Zakerski	F	56	Buffalo Chips Running Club-A	29:11	73.52
105	Deborah Fletcher	F	48	Club Northwest-A	26:40	73.46
106	Danielle Henty	F	40	Club Northwest-A	25:02	73.30
107	Annie Herrin	F	56	San Diego Track Club-A	29:22	73.06
108	Martha Amrine	F	42	Run Wild Missoula	25:26	73.05
109	Jacqueline Van Allen-NC	F	55	Spokane Swifts-A	29:02	73.03
110	Amanda King	F	57	Liberty Athletic Club-A	29:54	72.63
111	Sarah Ranson	F	46	Spokane Swifts-A	26:28	72.52
112	Tina Breen	F	62	San Diego Track Club-A	31:55	72.41
113	Sinead Thornton	F	54	San Diego Track Club-A	28:57	72.39
114	Jenniffer Patenge	F	45	Unattached-W5	26:18	72.32
115	Jennifer Williams	F	41	San Diego Track Club-A	25:33	72.24

116	Heidi Bresson	F	46	Spokane Swifts-B	26:35	72.20
117	Chris Gentile	F	48	The Janes Elite Racing-A	27:21	71.63
118	Melissa Senall	F	46	Genesee Valley Harriers-A	26:54	71.35
119	Elizabeth Unislawski	F	63	Atlanta Track Club-A	32:51	71.26
120	Elizabeth Anderson	F	42	Boise Betties & Billies-B	26:08	71.09
121	Livia Peras	F	52	Buffalo Chips Running Club-A	28:51	70.99
122	Robin Tanner	F	57	Atlanta Track Club-A	30:36	70.97
123	Laura Meadors	F	41	Impala Racing Team-A	26:13	70.40
124	Jill Lohmeier	F	51	Greater Lowell Road Runners	28:47	70.35
125	Jennifer Rozler	F	48	Seattle Running Club-A	27:51	70.34
126	Michelle Nahom	F	49	Greater Springfield Harriers,	28:30	69.49
127	Kerry Parker	F	45	Spokane Swifts-C	27:39	68.79
128	Drusilla Pratt-Otto	F	60	Liberty Athletic Club-A	32:50	68.63
129	Cynthia Hastings	F	61	Greater Boston Track Club	33:15	68.62
130	Lora Jackson	F	47	Spokane Swifts-B	28:15	68.61
131	Judy Schickler	F	73	San Diego Track Club-A	39:14	68.59
132	Manya Hult	F	73	San Diego Track Club-A	39:19	68.45
133	Shahdokht Reeder	F	56	Liberty Athletic Club-A	31:24	68.33
134	Andie Roff	F	40	Club Northwest-A	26:55	68.17
135	Marian Schmidt	F	63	San Diego Track Club-B	34:28	67.92
136	Phaedra Branom	F	45	Spokane Swifts-B	28:02	67.85
137	Christina Nelson	F	42	Team Red Lizard-A	27:25	67.76
138	Carolyn Mather	F	70	Atlanta Track Club-A	38:21	67.16
139	Heather Silverman	F	52	Boise Betties & Billies-B	30:39	66.82
140	Cynthia Slinsky	F	40	San Diego Track Club-A	27:28	66.81
141	Jennifer Westra	F	41	Spokane Swifts-B	27:46	66.47
142	Laura Ketcham-Duchow	F	47	Spokane Swifts-B	29:15	66.27
143	Gail Geiger	F	55	Genesee Valley Harriers-A	32:12	65.85
144	Vanessa Lordi	F	41	Strawberry Canyon Track Club	28:11	65.49
145	Michelle Holmes	F	48	Impala Racing Team-A	30:08	65.01
146	Susan Shirzad	F	40	Spokane Swifts-A	28:26	64.53
147	Stephanie Kuest	F	54	Spokane Swifts-A	32:29	64.52
148	Lauriea Blume-Michels	F	52	Guerilla Running	31:52	64.27
149	Myrtle Spowart	F	65	San Diego Track Club-B	37:32	64.04
150	Jodi Bragassa	F	50	Boise Betties & Billies-B	31:34	63.44
151	Dianne Anderson	F	72	Impala Racing Team-A	42:34	62.29
152	Catherine Radle	F	75	Atlanta Track Club-A	44:42	62.06
153	Amanda Lozano	F	41	Seattle Running Club-A	30:27	60.62
154	Carol Rhodes	F	70	Atlanta Track Club-A	43:36	59.08
155	Virginia Lopez	F	78	San Diego Track Club-A	53:13	54.66
156	Nancy Morris	F	72	San Diego Track Club-A	56:26	46.98
157	Iwona Boruch	F	44	Greater Springfield Harriers,	52:44	35.76

**USATF National Club Cross Country Championships
Plantes Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com**

FEMALE AGE GROUP: 40 - 44

1	1	Kate Landau	42	Tacoma City Running Club	21:29
2	2	Gretchen Hurlbutt	40	Boise Betties & Billies-A	22:05
3	3	Maggie Shearer	41	TeaMosqueda Elite	22:10
4	4	Kaela O'Neil	40	Boston Athletic Association	22:27
5	5	Nancy James-Klinger	41	The Janes Elite Racing-A	22:49
6	6	Meriah Earle	40	San Diego Track Club-A	22:53
7	8	Kimberly Mueller	42	San Diego Track Club-A	22:58
8	9	Marlene Farrell	43	Seattle Running Club-A	23:15
9	10	Claire Saxton	41	Wolfpack Running Club	23:18
10	11	Cambria Wu	40	The Janes Elite Racing-A	23:22
11	12	Rachel Jaten	43	Spokane Swifts-A	23:25
12	13	Heather Webster	44	Genesee Valley Harriers-A	23:27
13	14	Jenni Brown	40	Run Wild Missoula	23:44
14	15	Trisha Steidl	42	Seattle Running Club-A	23:49
15	16	Janne Heinonen	43	Team Red Lizard-A	23:52
16	17	Alanna Bernacchi	43	Phoenix Free Soles	23:59
17	19	Lisa Renteria	40	Skechers Performance / Wolfpac	24:04
18	21	Gwendolen Twist	43	The Janes Elite Racing-A	24:09
19	22	Sarah Barber	42	Boise Betties & Billies-A	24:13
20	24	Cori Stern	41	Run Wild Missoula	24:27
21	27	Liz Gottlieb	43	Impala Racing Team-A	24:34
22	36	Danielle Henty	40	Club Northwest-A	25:02
23	37	Andi Camp	44	Team Red Lizard-A	25:07
24	41	Maureen Bookwalter	43	Run Wild Missoula	25:15
25	45	Martha Amrine	42	Run Wild Missoula	25:26
26	50	Jennifer Williams	41	San Diego Track Club-A	25:33
27	58	Elizabeth Anderson	42	Boise Betties & Billies-B	26:08
28	60	Laura Meadors	41	Impala Racing Team-A	26:13
29	78	Andie Roff	40	Club Northwest-A	26:55

30	87	Christina Nelson	42	Team Red Lizard-A	27:25
31	90	Cynthia Slinsky	40	San Diego Track Club-A	27:28
32	93	Jennifer Westra	41	Spokane Swifts-B	27:46
33	99	Vanessa Lordi	41	Strawberry Canyon Track Club	28:11
34	104	Susan Shirzad	40	Spokane Swifts-A	28:26
35	126	Amanda Lozano	41	Seattle Running Club-A	30:27
36	155	Iwona Boruch	44	Greater Springfield Harriers,	52:44

FEMALE AGE GROUP: 45 - 49

1	7	Grace Padilla	47	The Janes Elite Racing-A	22:56
2	18	Nancy Thomas	49	Impala Racing Team-A	24:01
3	25	Nancy Kaiser	48	Bull City Track Club-A	24:27
4	29	Valerie Miller	48	San Diego Track Club-A	24:41
5	30	Jennifer Fedorov	47	Team Red Lizard-A	24:43
6	31	Alexandra Bigelow	45	Bull City Track Club-A	24:57
7	34	Keysha Stutz	49	Boise Betties & Billies-A	25:00
8	38	Jodi Suter	46	Spokane Swifts-A	25:09
9	39	Lyda Cruden	46	Bull City Track Club-A	25:09
10	51	Alexandra Newman	46	Impala Racing Team-A	25:38
11	52	Linda Huyck	46	Club Northwest-A	25:44
12	53	Murphee Hayes	45	Genesee Valley Harriers-A	25:47
13	55	Heather LeFrie	46	Spokane Swifts-A	25:52
14	57	Angela Lindbo	48	Team Red Lizard-A	26:06
15	61	Jenniffer Patenge	45	Unattached-W5	26:18
16	63	Tatiana Salazar	49	Guerilla Running	26:19
17	66	Sarah Ranson	46	Spokane Swifts-A	26:28
18	69	Heidi Bresson	46	Spokane Swifts-B	26:35
19	74	Deborah Fletcher	48	Club Northwest-A	26:40
20	77	Melissa Senall	46	Genesee Valley Harriers-A	26:54
21	86	Chris Gentile	48	The Janes Elite Racing-A	27:21
22	92	Kerry Parker	45	Spokane Swifts-C	27:39
23	95	Jennifer Rozler	48	Seattle Running Club-A	27:51
24	96	Phaedra Branom	45	Spokane Swifts-B	28:02
25	100	Lora Jackson	47	Spokane Swifts-B	28:15
26	106	Michelle Nahom	49	Greater Springfield Harriers,	28:30
27	117	Laura Ketcham-Duchow	47	Spokane Swifts-B	29:15
28	125	Michelle Holmes	48	Impala Racing Team-A	30:08

FEMALE AGE GROUP: 50 - 54

1	20	Kirsten Leetch	52	The Janes Elite Racing-A	24:07
2	23	Tania Fischer	52	The Janes Elite Racing-A	24:21
3	28	Shannon Teslow	54	The Janes Elite Racing-A	24:36

4	32	Beverley Anderson-Abbs	54	Buffalo Chips Running Club-A	24:58
5	35	Valerie Banks	50	Team Red Lizard-A	25:02
6	42	Christine Olen	50	HOKA Aggie Running Club-	25:15
7	43	Laura Stuart	53	San Diego Track Club-A	25:19
8	44	Susan Pappalardo	52	Club Northwest-A	25:23
9	47	Liisa Miller	53	Santa Cruz Track Club	25:29
10	49	Jill Pettibone	51	Team Red Lizard-A	25:33
11	59	Kathleen Cushing-murray	53	The Janes Elite Racing-A	26:13
12	67	Tracy Wright	50	San Diego Track Club-A	26:32
13	68	Mary Lynch	52	The Janes Elite Racing-A	26:32
14	72	Mary Shah	50	Atlanta Track Club-A	26:38
15	73	Maureen Bischoff	52	Genesee Valley Harriers-A	26:39
16	76	Kris Huff	54	Atlanta Track Club-A	26:46
17	83	Janicka Umile	50	Mountain West Track Club-A	27:11
18	84	Angela Longworth	51	Impala Racing Team-A	27:18
19	85	Danette Bloomer	51	Oregon Track Club-A	27:19
20	88	Jennifer Brennan	51	Oregon Track Club-A	27:27
21	89	Roseann Parry	52	San Diego Track Club-A	27:28
22	94	Jackie Allen	53	Spokane Swifts	27:48
23	103	Jeanine Holmlund	54	Lake Merritt Joggers and Strid	28:25
24	108	Jill Lohmeier	51	Greater Lowell Road Runners	28:47
25	110	Livia Peras	52	Buffalo Chips Running Club-A	28:51
26	112	Sinead Thornton	54	San Diego Track Club-A	28:57
27	128	Heather Silverman	52	Boise Betties & Billies-B	30:39
28	136	Jodi Bragassa	50	Boise Betties & Billies-B	31:34
29	137	Lauriea Blume-Michels	52	Guerilla Running	31:52
30	141	Stephanie Kuest	54	Spokane Swifts-A	32:29

FEMALE AGE GROUP: 55 - 59

1	26	Patricia Bellan	55	HOKA Aggie Running Club-A	24:27
2	33	Carmen Ayala-Troncoso	59	Unattached-W1	25:00
3	40	Susan Hay	55	Team Red Lizard-A	25:13
4	46	Katherine MacTavish	55	Team Red Lizard-A	25:27
5	54	Eileen Brennan-Erler	57	Impala Racing Team-A	25:48
6	56	Kristen Mossman	55	Club Northwest-A	25:53
7	62	Mary Swan	57	Athena Track Club	26:19
8	71	Gail Hall	59	Club Northwest-A	26:36
9	75	Suzanne Cordes	59	Impala Racing Team-A	26:42
10	79	Genevieve Clavier	55	Buffalo Chips Running Club-A	26:58
11	80	Jackie Sword-Olson	55	Buffalo Chips Running Club-A	27:01
12	82	Trisha Kluge	59	Oregon Track Club-A	27:05
13	91	Robyn Schmidt	58	HOKA Aggie Running Club-A	27:30
14	98	Nancy Wilkins-Diehr	56	San Diego Track Club-B	28:04

15	101	Charlene Fox	55	Oregon Track Club-A	28:16
16	102	Mireille Silva	59	Atlanta Track Club-A	28:24
17	105	Michelle Neal	57	Club Northwest-A	28:30
18	107	Colleen Magnussen	58	Genesee Valley Harriers-A	28:35
19	109	Sandra Gregorich	56	Genesee Valley Harriers-A	28:48
20	114	Jacqueline Van Allen-NC	55	Spokane Swifts-A	29:02
21	115	Debbie Zakerski	56	Buffalo Chips Running Club-A	29:11
22	116	Kelly Kruell	59	Club Northwest-A	29:12
23	118	Annie Herrin	56	San Diego Track Club-A	29:22
24	123	Amanda King	57	Liberty Athletic Club-A	29:54
25	127	Robin Tanner	57	Atlanta Track Club-A	30:36
26	134	Shahdokht Reeder	56	Liberty Athletic Club-A	31:24
27	140	Gail Geiger	55	Genesee Valley Harriers-A	32:12

FEMALE AGE GROUP: 60 - 64

1	48	Jennifer Teppo	60	Team Red Lizard-A	25:32
2	64	Sara Freitas	60	Impala Racing Team-A	26:20
3	65	Regina Joyce	61	Club Northwest-A	26:21
4	70	Joannie Siegler	61	Golden Valley Harriers	26:35
5	81	Liane Pancoast	60	Greater Lowell Road Runners	27:02
6	97	Mo Bartley	63	Impala Racing Team-A	28:04
7	111	Betsy Miller	60	Team Red Lizard-A	28:54
8	119	Linda Powers	61	San Diego Track Club-A	29:23
9	120	Joanna Harper	61	Team Red Lizard-A	29:33
10	121	Rosemarie MacGuinness	61	Impala Racing Team-A	29:46
11	122	Marion Hayes-NC	62	Santa Cruz Track Club	29:49
12	124	Cynthia Williams	62	Atlanta Track Club-A	29:55
13	129	Mary Ryzner	64	San Diego Track Club-A	30:50
14	131	Susan Stirrat	63	Shore Athletic Club	31:04
15	135	Margaret Taylor	63	Atlanta Track Club-A	31:31
16	138	Tina Breen	62	San Diego Track Club-A	31:55
17	139	Deborah Shea	64	San Diego Track Club-A	31:57
18	142	Drusilla Pratt-Otto	60	Liberty Athletic Club-A	32:50
19	143	Elizabeth Unislawski	63	Atlanta Track Club-A	32:51
20	145	Cynthia Hastings	61	Greater Boston Track Club	33:15
21	147	Marian Schmidt	63	San Diego Track Club-B	34:28

FEMALE AGE GROUP: 65 - 69

1	113	Jeanette Groesz	69	Team Red Lizard-A	29:00
2	130	Ernestina Martin	65	San Diego Track Club-A	30:52
3	132	Donna Chan	67	Impala Racing Team-A	31:06
4	133	Cynthia Lucking	65	Atlanta Track Club-A	31:20

5	144	Kathleen Allen	69	Atlanta Track Club-A	33:10
6	146	Willie Mundt	69	San Diego Track Club-B	33:23
7	148	Myrtle Spowart	65	San Diego Track Club-B	37:32

FEMALE AGE GROUP: 70 - 74

1	149	Carolyn Mather	70	Atlanta Track Club-A	38:21
2	150	Judy Schickler	73	San Diego Track Club-A	39:14
3	151	Manya Hult	73	San Diego Track Club-A	39:19
4	152	Dianne Anderson	72	Impala Racing Team-A	42:34
5	153	Carol Rhodes	70	Atlanta Track Club-A	43:36
6	157	Nancy Morris	72	San Diego Track Club-A	56:26

FEMALE AGE GROUP: 75 - 79

1	154	Catherine Radle	75	Atlanta Track Club-A	44:42
2	156	Virginia Lopez	78	San Diego Track Club-A	53:13

FEMALE AGE GROUP: 80 - 99

USATF National Club Cross Country Championships
Plantes Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com

Place	Name	Bib#	Age	Sex	Affiliation	Time	Pace
1	Kate Landau	1041	42	F	Tacoma City Running Club	21:29	5:46
2	Gretchen Hurlbutt	917	40	F	Boise Betties & Billies-A	22:05	5:56
3	Maggie Shearer	1056	41	F	TeaMosqueda Elite	22:10	5:57
4	Kaela O'Neil	920	40	F	Boston Athletic Association	22:27	6:02
5	Nancy James-Klinger	1060	41	F	The Janes Elite Racing-A	22:49	6:07
6	Meriah Earle	991	40	F	San Diego Track Club-A	22:53	6:09
7	Grace Padilla	1063	47	F	The Janes Elite Racing-A	22:56	6:09
8	Kimberly Mueller	999	42	F	San Diego Track Club-A	22:58	6:10
9	Marlene Farrell	1020	43	F	Seattle Running Club-A	23:15	6:14
10	Claire Saxton	1067	41	F	Wolfpack Running Club	23:18	6:15
11	Cambria Wu	1066	40	F	The Janes Elite Racing-A	23:22	6:17
12	Rachel Jaten	1073	43	F	Spokane Swifts-A	23:25	6:17
13	Heather Webster	948	44	F	Genesee Valley Harriers-A	23:27	6:18
14	Jenni Brown	1070	40	F	Run Wild Missoula	23:44	6:22
15	Trisha Steidl	1023	42	F	Seattle Running Club-A	23:49	6:24
16	Janne Heinonen	1049	43	F	Team Red Lizard-A	23:52	6:24
17	Alanna Bernacchi	986	43	F	Phoenix Free Soles	23:59	6:26
18	Nancy Thomas	973	49	F	Impala Racing Team-A	24:01	6:27
19	Lisa Renteria	1025	40	F	Skechers Performance / Wolfpac	24:04	6:28
20	Kirsten Leetch	1061	52	F	The Janes Elite Racing-A	24:07	6:28
21	Gwendolen Twist	1065	43	F	The Janes Elite Racing-A	24:09	6:29
22	Sarah Barber	915	42	F	Boise Betties & Billies-A	24:13	6:30
23	Tania Fischer	1058	52	F	The Janes Elite Racing-A	24:21	6:32
24	Cori Stern	989	41	F	Run Wild Missoula	24:27	6:34
25	Nancy Kaiser	929	48	F	Bull City Track Club-A	24:27	6:34
26	Patricia Bellan	958	55	F	HOKA Aggie Running Club-A	24:27	6:34
27	Liz Gottlieb	967	43	F	Impala Racing Team-A	24:34	6:36
28	Shannon Teslow	1064	54	F	The Janes Elite Racing-	24:36	6:36

					A		
29	Valerie Miller	997	48	F	San Diego Track Club-A	24:41	6:38
30	Jennifer Fedorov	1044	47	F	Team Red Lizard-A	24:43	6:38
31	Alexandra Bigelow	927	45	F	Bull City Track Club-A	24:57	6:42
32	Beverley Anderson-Abbs	921	54	F	Buffalo Chips Running Club-A	24:58	6:42
33	Carmen Ayala-Troncoso	1068	59	F	Unattached-W1	25:00	6:43
34	Keysha Stutz	919	49	F	Boise Betties & Billies-A	25:00	6:43
35	Valerie Banks	1042	50	F	Team Red Lizard-A	25:02	6:43
36	Danielle Henty	933	40	F	Club Northwest-A	25:02	6:43
37	Andi Camp	1043	44	F	Team Red Lizard-A	25:07	6:45
38	Jodi Suter	1037	46	F	Spokane Swifts-A	25:09	6:45
39	Lyda Cruden	928	46	F	Bull City Track Club-A	25:09	6:45
40	Susan Hay	1048	55	F	Team Red Lizard-A	25:13	6:46
41	Maureen Bookwalter	1069	43	F	Run Wild Missoula	25:15	6:47
42	Christine Olen	959	50	F	HOKA Aggie Running Club-	25:15	6:47
43	Laura Stuart	1011	53	F	San Diego Track Club-A	25:19	6:48
44	Susan Pappalardo	939	52	F	Club Northwest-A	25:23	6:49
45	Martha Amrine	988	42	F	Run Wild Missoula	25:26	6:50
46	Katherine MacTavish	1051	55	F	Team Red Lizard-A	25:27	6:50
47	Liisa Miller	1017	53	F	Santa Cruz Track Club	25:29	6:51
48	Jennifer Teppo	1055	60	F	Team Red Lizard-A	25:32	6:51
49	Jill Pettibone	1054	51	F	Team Red Lizard-A	25:33	6:52
50	Jennifer Williams	1014	41	F	San Diego Track Club-A	25:33	6:52
51	Alexandra Newman	972	46	F	Impala Racing Team-A	25:38	6:53
52	Linda Huyck	934	46	F	Club Northwest-A	25:44	6:55
53	Murphee Hayes	945	45	F	Genesee Valley Harriers-A	25:47	6:55
54	Eileen Brennan-Erler	963	57	F	Impala Racing Team-A	25:48	6:56
55	Heather LeFrieck	1032	46	F	Spokane Swifts-A	25:52	6:57
56	Kristen Mossman	937	55	F	Club Northwest-A	25:53	6:57
57	Angela Lindbo	1050	48	F	Team Red Lizard-A	26:06	7:00
58	Elizabeth Anderson	914	42	F	Boise Betties & Billies-B	26:08	7:01
59	Kathleen Cushing-murray	1057	53	F	The Janes Elite Racing-A	26:13	7:02
60	Laura Meadors	971	41	F	Impala Racing Team-A	26:13	7:02
61	Jenniffer Patenge	1071	45	F	Unattached-W5	26:18	7:04
62	Mary Swan	901	57	F	Athena Track Club	26:19	7:04
63	Tatiana Salazar	956	49	F	Guerilla Running	26:19	7:04
64	Sara Freitas	966	60	F	Impala Racing Team-A	26:20	7:04
65	Regina Joyce	935	61	F	Club Northwest-A	26:21	7:04
66	Sarah Ranson	1034	46	F	Spokane Swifts-A	26:28	7:06

67	Tracy Wright	1015	50	F	San Diego Track Club-A	26:32	7:07
68	Mary Lynch	1062	52	F	The Janes Elite Racing-A	26:32	7:07
69	Heidi Bresson	1028	46	F	Spokane Swifts-B	26:35	7:08
70	Joannie Siegler	949	61	F	Golden Valley Harriers	26:35	7:08
71	Gail Hall	932	59	F	Club Northwest-A	26:36	7:09
72	Mary Shah	908	50	F	Atlanta Track Club-A	26:38	7:09
73	Maureen Bischoff	942	52	F	Genesee Valley Harriers-A	26:39	7:09
74	Deborah Fletcher	931	48	F	Club Northwest-A	26:40	7:10
75	Suzanne Cordes	965	59	F	Impala Racing Team-A	26:42	7:10
76	Kris Huff	903	54	F	Atlanta Track Club-A	26:46	7:11
77	Melissa Senall	947	46	F	Genesee Valley Harriers-A	26:54	7:13
78	Andie Roff	940	40	F	Club Northwest-A	26:55	7:14
79	Genevieve Clavier	922	55	F	Buffalo Chips Running Club-A	26:58	7:14
80	Jackie Sword-Olson	924	55	F	Buffalo Chips Running Club-A	27:01	7:15
81	Liane Pancoast	952	60	F	Greater Lowell Road Runners	27:02	7:16
82	Trisha Kluge	984	59	F	Oregon Track Club-A	27:05	7:16
83	Janicka Umile	980	50	F	Mountain West Track Club-A	27:11	7:18
84	Angela Longworth	969	51	F	Impala Racing Team-A	27:18	7:20
85	Danette Bloomer	981	51	F	Oregon Track Club-A	27:19	7:20
86	Chris Gentile	1059	48	F	The Janes Elite Racing-A	27:21	7:20
87	Christina Nelson	1053	42	F	Team Red Lizard-A	27:25	7:22
88	Jennifer Brennan	982	51	F	Oregon Track Club-A	27:27	7:22
89	Roseann Parry	1003	52	F	San Diego Track Club-A	27:28	7:22
90	Cynthia Slinsky	1009	40	F	San Diego Track Club-A	27:28	7:22
91	Robyn Schmidt	960	58	F	HOKA Aggie Running Club-A	27:30	7:23
92	Kerry Parker	1033	45	F	Spokane Swifts-C	27:39	7:25
93	Jennifer Westra	1039	41	F	Spokane Swifts-B	27:46	7:27
94	Jackie Allen	1026	53	F	Spokane Swifts	27:48	7:28
95	Jennifer Rozler	1022	48	F	Seattle Running Club-A	27:51	7:29
96	Phaedra Branom	1027	45	F	Spokane Swifts-B	28:02	7:32
97	Mo Bartley	962	63	F	Impala Racing Team-A	28:04	7:32
98	Nancy Wilkins-Diehr	1013	56	F	San Diego Track Club-B	28:04	7:32
99	Vanessa Lordi	1040	41	F	Strawberry Canyon Track Club	28:11	7:34
100	Lora Jackson	1029	47	F	Spokane Swifts-B	28:15	7:35
101	Charlene Fox	983	55	F	Oregon Track Club-A	28:16	7:35

102	Mireille Silva	909	59	F	Atlanta Track Club-A	28:24	7:38
103	Jeanine Holmlund	974	54	F	Lake Merritt Joggers and Strid	28:25	7:38
104	Susan Shirzad	1036	40	F	Spokane Swifts-A	28:26	7:38
105	Michelle Neal	938	57	F	Club Northwest-A	28:30	7:39
106	Michelle Nahom	954	49	F	Greater Springfield Harriers,	28:30	7:39
107	Colleen Magnussen	946	58	F	Genesee Valley Harriers-A	28:35	7:40
108	Jill Lohmeier	951	51	F	Greater Lowell Road Runners	28:47	7:43
109	Sandra Gregorich	944	56	F	Genesee Valley Harriers-A	28:48	7:44
110	Livia Peras	923	52	F	Buffalo Chips Running Club-A	28:51	7:45
111	Betsy Miller	1052	60	F	Team Red Lizard-A	28:54	7:45
112	Sinead Thornton	1012	54	F	San Diego Track Club-A	28:57	7:46
113	Jeanette Groesz	1046	69	F	Team Red Lizard-A	29:00	7:47
114	Jacqueline Van Allen-NC	1038	55	F	Spokane Swifts-A	29:02	7:47
115	Debbie Zakerski	925	56	F	Buffalo Chips Running Club-A	29:11	7:50
116	Kelly Kruell	936	59	F	Club Northwest-A	29:12	7:50
117	Laura Ketcham-Duchow	1030	47	F	Spokane Swifts-B	29:15	7:51
118	Annie Herrin	993	56	F	San Diego Track Club-A	29:22	7:53
119	Linda Powers	1004	61	F	San Diego Track Club-A	29:23	7:53
120	Joanna Harper	1047	61	F	Team Red Lizard-A	29:33	7:56
121	Rosemarie MacGuinness	970	61	F	Impala Racing Team-A	29:46	7:59
122	Marion Hayes-NC	1016	62	F	Santa Cruz Track Club	29:49	8:00
123	Amanda King	975	57	F	Liberty Athletic Club-A	29:54	8:01
124	Cynthia Williams	913	62	F	Atlanta Track Club-A	29:55	8:02
125	Michelle Holmes	968	48	F	Impala Racing Team-A	30:08	8:05
126	Amanda Lozano	1021	41	F	Seattle Running Club-A	30:27	8:11
127	Robin Tanner	910	57	F	Atlanta Track Club-A	30:36	8:13
128	Heather Silverman	918	52	F	Boise Betties & Billies-B	30:39	8:14
129	Mary Ryzner	1005	64	F	San Diego Track Club-A	30:50	8:16
130	Ernestina Martin	996	65	F	San Diego Track Club-A	30:52	8:17
131	Susan Stirrat	1024	63	F	Shore Athletic Club	31:04	8:20
132	Donna Chan	964	67	F	Impala Racing Team-A	31:06	8:21
133	Cynthia Lucking	904	65	F	Atlanta Track Club-A	31:20	8:25
134	Shahdokht Reeder	977	56	F	Liberty Athletic Club-A	31:24	8:26
135	Margaret Taylor	911	63	F	Atlanta Track Club-A	31:31	8:28
136	Jodi Bragassa	916	50	F	Boise Betties & Billies-B	31:34	8:28
137	Lauriea Blume-	955	52	F	Guerilla Running	31:52	8:33

Michels

138	Tina Breen	990	62	F	San Diego Track Club-A	31:55	8:34
139	Deborah Shea	1008	64	F	San Diego Track Club-A	31:57	8:34
140	Gail Geiger	943	55	F	Genesee Valley Harriers-A	32:12	8:39
141	Stephanie Kuest	1031	54	F	Spokane Swifts-A	32:29	8:43
142	Drusilla Pratt-Otto	976	60	F	Liberty Athletic Club-A	32:50	8:49
143	Elizabeth Unislawski	912	63	F	Atlanta Track Club-A	32:51	8:49
144	Kathleen Allen	902	69	F	Atlanta Track Club-A	33:10	8:54
145	Cynthia Hastings	950	61	F	Greater Boston Track Club	33:15	8:56
146	Willie Mundt	1000	69	F	San Diego Track Club-B	33:23	8:58
147	Marian Schmidt	1007	63	F	San Diego Track Club-B	34:28	9:15
148	Myrtle Spowart	1010	65	F	San Diego Track Club-B	37:32	10:04
149	Carolyn Mather	905	70	F	Atlanta Track Club-A	38:21	10:17
150	Judy Schickler	1006	73	F	San Diego Track Club-A	39:14	10:32
151	Manya Hult	994	73	F	San Diego Track Club-A	39:19	10:33
152	Dianne Anderson	961	72	F	Impala Racing Team-A	42:34	11:25
153	Carol Rhodes	907	70	F	Atlanta Track Club-A	43:36	11:42
154	Catherine Radle	906	75	F	Atlanta Track Club-A	44:42	12:00
155	Iwona Boruch	953	44	F	Greater Springfield Harriers,	52:44	14:09
156	Virginia Lopez	995	78	F	San Diego Track Club-A	53:13	14:17
157	Nancy Morris	998	72	F	San Diego Track Club-A	56:26	15:08

12/08/2018 11:15AM

USATF National Club Cross Country Championships
Plantas Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com

Team Results 40+ Women

1. 13 The Janes Elite Racing-A (23:03 1:09:07 0:33)
=====

- 1 2 Nancy James-Klinger 41 22:49 1060
- 2 4 Grace Padilla 47 22:56 1063
- 3 7 Cambria Wu 40 23:22 1066
- 4 (14) Gwendolen Twist 43 24:09 1065
- 5 (42) Chris Gentile 48 27:21 1059

2. 27 San Diego Track Club-A (23:31 1:10:32 1:48)
=====

- 1 3 Meriah Earle 40 22:53 991
- 2 5 Kimberly Mueller 42 22:58 999
- 3 19 Valerie Miller 48 24:41 997

4 (29) Jennifer Williams 41 25:33 1014
5 (44) Cynthia Slinsky 40 27:28 1009

3. 38 Boise Betties & Billies-A (23:46 1:11:18 2:55)

=====

1 1 Gretchen Hurlbutt 40 22:05 917
2 15 Sarah Barber 42 24:13 915
3 22 Keysha Stutz 49 25:00 919

4. 53 Run Wild Missoula (24:29 1:13:26 1:31)

=====

1 10 Jenni Brown 40 23:44 1070
2 16 Cori Stern 41 24:27 989
3 27 Maureen Bookwalter 43 25:15 1069
4 (28) Martha Amrine 42 25:26 988

5. 56 Team Red Lizard-A (24:34 1:13:42 1:15)

=====

1 12 Janne Heinonen 43 23:52 1049
2 20 Jennifer Fedorov 47 24:43 1044
3 24 Andi Camp 44 25:07 1043
4 (34) Angela Lindbo 48 26:06 1050
5 (43) Christina Nelson 42 27:25 1053

6. 61 Impala Racing Team-A (24:45 1:14:13 1:37)

=====

1 13 Nancy Thomas 49 24:01 973
2 18 Liz Gottlieb 43 24:34 967
3 30 Alexandra Newman 46 25:38 972
4 (36) Laura Meadors 41 26:13 971
5 (52) Michelle Holmes 48 30:08 968

7. 63 Seattle Running Club-A (24:59 1:14:55 4:36)

=====

1 6 Marlene Farrell 43 23:15 1020
2 11 Trisha Steidl 42 23:49 1023
3 46 Jennifer Rozler 48 27:51 1022
4 (53) Amanda Lozano 41 30:27 1021

8. 64 Bull City Track Club-A (24:51 1:14:33 0:42)

=====

1 17 Nancy Kaiser 48 24:27 929
2 21 Alexandra Bigelow 45 24:57 927
3 26 Lyda Cruden 46 25:09 928

9. 66 Spokane Swifts-A (24:49 1:14:26 2:27)

=====

1 8 Rachel Jaten 43 23:25 1073
2 25 Jodi Suter 46 25:09 1037
3 33 Heather LeFrieck 46 25:52 1032
4 (37) Sarah Ranson 46 26:28 1034
5 (49) Susan Shirzad 40 28:26 1036

10. 81 Genesee Valley Harriers-A (25:23 1:16:08 3:27)

=====

1 9 Heather Webster 44 23:27 948
2 32 Murphee Hayes 45 25:47 945
3 40 Melissa Senall 46 26:54 947

11. 93 Club Northwest-A (25:49 1:17:26 1:38)

=====

1 23 Danielle Henty 40 25:02 933
2 31 Linda Huyck 46 25:44 934
3 39 Deborah Fletcher 48 26:40 931
4 (41) Andie Roff 40 26:55 940
5 (50) Kelly Kruell 59 29:12 936

12. 130 Spokane Swifts-B (27:28 1:22:23 1:27)

=====

1 38 Heidi Bresson 46 26:35 1028
2 45 Jennifer Westra 41 27:46 1039
3 47 Phaedra Branom 45 28:02 1027
4 (48) Lora Jackson 47 28:15 1029
5 (51) Laura Ketcham-Duchow 47 29:15 1030

13. 144 Boise Betties & Billies-B (29:27 1:28:21 5:26)

=====

1 35 Elizabeth Anderson 42 26:08 914
2 54 Heather Silverman 52 30:39 918
3 55 Jodi Bragassa 50 31:34 916

USATF National Club Cross Country Championships
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Team Results 50+ Women

1. 6 The Janes Elite Racing-A (24:22 1:13:04 0:29)

=====

1 1 Kirsten Leetch 52 24:07 1061
2 2 Tania Fischer 52 24:21 1058
3 3 Shannon Teslow 54 24:36 1064
4 (13) Kathleen Cushing-murray 53 26:13 1057
5 (16) Mary Lynch 52 26:32 1062

2. 20 Team Red Lizard-A (25:14 1:15:42 0:25)

=====

1 5 Valerie Banks 50 25:02 1042
2 6 Susan Hay 55 25:13 1048
3 9 Katherine MacTavish 55 25:27 1051
4 (10) Jill Pettibone 51 25:33 1054

3. 34 Club Northwest-A (25:53 1:17:37 0:58)

=====

1 8 Susan Pappalardo 52 25:23 939
2 12 Kristen Mossman 55 25:53 937

3 14 Regina Joyce 61 26:21 935
4 (17) Gail Hall 59 26:36 932
5 (31) Michelle Neal 57 28:30 938

4. 49 Buffalo Chips Running Club-A (26:19 1:18:57 2:03)

=====

1 4 Beverley Anderson-Abbs 54 24:58 921
2 22 Genevieve Clavier 55 26:58 922
3 23 Jackie Sword-Olson 55 27:01 924
4 (34) Livia Peras 52 28:51 923
5 (36) Debbie Zakerski 56 29:11 925

5. 50 San Diego Track Club-A (26:27 1:19:19 2:09)

=====

1 7 Laura Stuart 53 25:19 1011
2 15 Tracy Wright 50 26:32 1015
3 28 Roseann Parry 52 27:28 1003
4 (35) Sinead Thornton 54 28:57 1012
5 (37) Annie Herrin 56 29:22 993

6. 56 Impala Racing Team-A (26:36 1:19:48 1:30)

=====

1 11 Eileen Brennan-Erler 57 25:48 963
2 20 Suzanne Cordes 59 26:42 965
3 25 Angela Longworth 51 27:18 969

7. 69 Atlanta Track Club-A (27:16 1:21:48 1:46)

=====

1 18 Mary Shah 50 26:38 908
2 21 Kris Huff 54 26:46 903
3 30 Mireille Silva 59 28:24 909
4 (39) Robin Tanner 57 30:36 910

8. 77 Oregon Track Club-A (27:17 1:21:51 0:22)

=====

1 24 Trisha Kluge 59 27:05 984
2 26 Danette Bloomer 51 27:19 981
3 27 Jennifer Brennan 51 27:27 982
4 (29) Charlene Fox 55 28:16 983

9. 84 Genesee Valley Harriers-A (28:01 1:24:02 2:09)

=====

1 19 Maureen Bischoff 52 26:39 942
2 32 Colleen Magnussen 58 28:35 946
3 33 Sandra Gregorich 56 28:48 944
4 (41) Gail Geiger 55 32:12 943

10. 120 Liberty Athletic Club-A (31:23 1:34:08 2:56)

=====

1 38 Amanda King 57 29:54 975
2 40 Shahdokht Reeder 56 31:24 977
3 42 Drusilla Pratt-Otto 60 32:50 976

Team Results 60+ Women

1. 10 Team Red Lizard-A (27:49 1:23:26 3:28)

=====

1 1 Jennifer Teppo 60 25:32 1055
2 4 Betsy Miller 60 28:54 1052
3 5 Jeanette Groesz 69 29:00 1046
4 (7) Joanna Harper 61 29:33 1047

2. 13 Impala Racing Team-A (28:04 1:24:10 3:26)

=====

1 2 Sara Freitas 60 26:20 966
2 3 Mo Bartley 63 28:04 962
3 8 Rosemarie MacGuinness 61 29:46 970
4 (12) Donna Chan 67 31:06 964
5 (22) Dianne Anderson 72 42:34 961

3. 27 San Diego Track Club-A (30:22 1:31:05 1:29)

=====

1 6 Linda Powers 61 29:23 1004
2 10 Mary Ryzner 64 30:50 1005
3 11 Ernestina Martin 65 30:52 996
4 (15) Tina Breen 62 31:55 990
5 (16) Deborah Shea 64 31:57 1008

4. 36 Atlanta Track Club-A (30:56 1:32:46 1:36)

=====

1 9 Cynthia Williams 62 29:55 913
2 13 Cynthia Lucking 65 31:20 904
3 14 Margaret Taylor 63 31:31 911
4 (17) Elizabeth Unislawski 63 32:51 912
5 (18) Kathleen Allen 69 33:10 902

5. 60 San Diego Track Club-B (35:08 1:45:23 4:09)

=====

1 19 Willie Mundt 69 33:23 1000
2 20 Marian Schmidt 63 34:28 1007
3 21 Myrtle Spowart 65 37:32 1010

Team Results 70+ Women

1. 10 Atlanta Track Club-A (42:13 2:06:39 6:21)

- =====
- 1 1 Carolyn Mather 70 38:21 905
 - 2 4 Carol Rhodes 70 43:36 907
 - 3 5 Catherine Radle 75 44:42 906

2. 11 San Diego Track Club-A (43:56 2:11:46 13:59)

- =====
- 1 2 Judy Schickler 73 39:14 1006
 - 2 3 Manya Hult 73 39:19 994
 - 3 6 Virginia Lopez 78 53:13 995
 - 4 (7) Nancy Morris 72 56:26 998

USATF National Club Cross Country Championships
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Place	Name	Bib#	Age	Sex	Affiliation	Time	Pace
1	Katherine Mackey	135	31	F	Brooks / BROOKS Beasts TC-A	19:35	5:15
2	Anne-Marie Blaney	191	25	F	Hansons-Brooks Distance Projec	19:41	5:17
3	Marie Lawrence	246	29	F	Oiselle / Little Wing Athletic	19:43	5:18
4	Grace Barnett	234	23	F	Mammoth Track Club	19:45	5:18
5	Rachel Johnson	100	25	F	ASICS	19:46	5:18
6	Olivia Pratt	194	24	F	Hansons-Brooks Distance Projec	19:47	5:19
7	Allie Buchalski	137	23	F	BROOKS Beasts TC-A	19:49	5:19
8	Emma Bates	206	26	F	Idaho Distance Project-A	19:56	5:21
9	Marisa Howard	209	26	F	Idaho Distance Project-A	19:57	5:21
10	Katy Jermann	339	26	F	Team USA Minnesota	19:58	5:22
11	Ayla Granados	277	27	F	Strava Track Club-A	20:00	5:22
12	Erin Clark	204	23	F	HOKA ONE ONE NAZ Elite-A	20:04	5:23
13	Breanna Sieracki	340	23	F	Team USA Minnesota	20:05	5:24
14	Catarina Rocha	244	23	F	Ocean State AC/New Balance-A	20:08	5:24
15	Katrina Spratford	237	28	F	NE Distance-A	20:10	5:25
16	Danielle Shanahan	205	24	F	HOKA ONE ONE NAZ Elite-A	20:12	5:25
17	Molly Grabill	239	26	F	Nomad Track Club-A	20:16	5:26
18	Cally Macumber	240	28	F	Nomad Track Club-A	20:18	5:27
19	Emily Pritt	132	28	F	Bowerman Track Club-A	20:19	5:27
20	Chelsea Blaase	190	24	F	Hansons-Brooks Distance Projec	20:22	5:28
21	Kaitlyn Peale	131	29	F	Bowerman Track Club-A	20:23	5:28
22	Margareta Montoya	282	23	F	Roots Running Project-A	20:24	5:29
23	Melissa Dock	127	36	F	Boulder Track Club	20:25	5:29
24	Makenna Myler	360	26	F	Valor Track Club-A	20:26	5:29
25	Carrie Dimoff	128	35	F	Bowerman Track Club-A	20:28	5:30
26	Liza Reichert	200	31	F	HOKA Aggie Running Club-A	20:30	5:30
27	Gabi Anzalone	370	25	F	Wisconsin Runner Racing Team-A	20:31	5:31
28	Erin Wagner	175	23	F	Club Northwest-A	20:31	5:31
29	Natalie Rodriguez	201	22	F	HOKA Aggie Running	20:32	5:31

					Club-A		
30	Rebecca Wade	242	29	F	Nomad Track Club-A	20:34	5:31
31	Maya Weigel	325	23	F	Strava Track Club-A	20:35	5:32
32	Samantha Diaz	207	27	F	Idaho Distance Project-A	20:37	5:32
33	Jenna Hinkle	197	22	F	HOKA Aggie Running Club-A	20:39	5:33
34	Ashley Stinson	241	25	F	Nomad Track Club-A	20:41	5:33
35	Ashlee Powers	144	24	F	Cal Coast Track Club-A	20:43	5:34
36	Caroline Austin	298	27	F	Seattle Running Club-A	20:48	5:35
37	Shelby Goose	180	27	F	Garden State TC New Balance-A	20:48	5:35
38	Mariel Mendoza	390	24	F	Team Mosqueda Elite	20:49	5:35
39	Emma Spencer	352	28	F	Tracksmith Hare AC-A	20:49	5:35
40	Theresa Hailey	332	30	F	Team Red Lizard-A	20:49	5:35
41	Elizabeth Weiler	243	25	F	Nomad Track Club-A	20:50	5:36
42	Alexandra Burkhart	281	22	F	Roots Running Project-A	20:51	5:36
43	Sydney Devore	192	27	F	Hansons-Brooks Distance Projec	20:53	5:37
44	Victoria Kingham	153	23	F	CPTC New Balance-A	20:56	5:37
45	Lauren Fleshman	248	37	F	Oiselle / Little Wing Athletic	20:56	5:37
46	Mara Olson	278	25	F	Strava Track Club-A	20:57	5:37
47	Chelsey Albertson	141	24	F	Cal Coast Track Club-A	20:59	5:38
48	Caitlin Chrisman	321	32	F	Strava Track Club-A	21:01	5:39
49	Hannah Dorman	196	23	F	HOKA Aggie Running Club-A	21:02	5:39
50	Carrie Verdon	388	24	F	Unattached-W10	21:02	5:39
51	Megan Lacy	210	24	F	Idaho Distance Project-A	21:03	5:39
52	Samantha George	383	24	F	Unattached-W5	21:07	5:40
53	Rebecca Mehra	247	24	F	Oiselle / Little Wing Athletic	21:08	5:40
54	Kristen Findley	208	28	F	Idaho Distance Project-A	21:10	5:41
55	Susan Tanui	357	31	F	U.S. Army	21:10	5:41
56	Margo Malone	235	25	F	Mammoth Track Club	21:10	5:41
57	Baylee Mires	136	25	F	Brooks / BROOKS Beasts TC-A	21:11	5:41
58	Christine Thorn	283	24	F	Roots Running Project-A	21:12	5:42
59	Weslie Pearce	143	24	F	Cal Coast Track Club-A	21:15	5:42
60	Danna Herrick	193	32	F	Hansons-Brooks Distance Projec	21:17	5:43
61	Devyn Ramsay	273	27	F	Playmakers Elite/New Balance-A	21:18	5:43
62	Jane Ricardi	172	30	F	Club Northwest-A	21:18	5:43
63	Collier Lawrence	245	32	F	Oiselle / Little Wing Athletic	21:19	5:43
64	Courtney Heiner	323	27	F	Strava Track Club-A	21:19	5:43

65	Katie Fitzsimmons	228	24	F	LRC Racing-A	21:20	5:44
66	Anna Pasternak	236	25	F	Nashville Harriers	21:21	5:44
67	Maura Linde	257	25	F	Pacers Running//GRC New Balanc	21:23	5:45
68	Jessica Shaw	274	23	F	Playmakers Elite/New Balance-A	21:24	5:45
69	Julia Budniak	343	37	F	The Janes Elite Racing-A	21:26	5:45
70	Elena Barham	148	25	F	CPTC New Balance-A	21:26	5:45
71	Andrea Harrison	359	27	F	Valor Track Club-A	21:28	5:46
72	Nicole Burlinson	178	25	F	Garden State TC New Balance-A	21:28	5:46
73	Ashlyn Bagge	292	24	F	Runablaze Iowa-A	21:30	5:46
74	Jeanne Mack	133	28	F	Brooklyn Track Club-A	21:30	5:46
75	Nicolette Mateescu	181	24	F	Garden State TC New Balance-A	21:30	5:46
76	Tracee van der Wyk	146	27	F	Cal Coast Track Club-A	21:30	5:46
77	Marissa Ferrante	322	26	F	Strava Track Club-A	21:31	5:47
78	Calene Morris	346	24	F	The Janes Elite Racing-A	21:32	5:47
79	Megan Gentes	326	24	F	Strawberry Canyon Track Club-A	21:32	5:47
80	Christine Eisenberg	264	23	F	Philadelphia Runner Track Club	21:33	5:47
81	Emma Zehner	354	23	F	Tracksmith Hare AC-A	21:35	5:48
82	Laura Paulsen	123	29	F	Boston Athletic Association-A	21:36	5:48
83	Sara Fowler	229	23	F	LRC Racing-A	21:37	5:48
84	Gabi Drummond	348	25	F	Tracksmith Hare AC-A	21:38	5:48
85	Samantha Lewis	385	24	F	Unattached-W7	21:38	5:48
86	Nikki Long	306	28	F	Siemers' Dreamers-A	21:39	5:49
87	Jaime Lord	102	22	F	Battle Road Track Club-A	21:40	5:49
88	Amanda Phillips	336	32	F	Team Red Lizard-A	21:40	5:49
89	Jen Van Otterloo	296	32	F	Runablaze Iowa-A	21:42	5:50
90	Courtney Olsen	111	31	F	Bellingham Distance Project-A	21:44	5:50
91	Kate Raphael	351	23	F	Tracksmith Hare AC-A	21:45	5:50
92	Samantha Wingert	297	31	F	Runablaze Iowa-A	21:45	5:50
93	Kayla Ferron	344	23	F	The Janes Elite Racing-A	21:45	5:51
94	Jenny Kadavy	198	35	F	HOKA Aggie Running Club-A	21:46	5:51
95	Alison Mandi	165	35	F	Club Northwest-A	21:47	5:51
96	Brianna Hickey	152	25	F	CPTC New Balance-A	21:47	5:51
97	Erica Doering	227	28	F	LRC Racing-A	21:47	5:51
98	Kari Hamilton	384	23	F	Unattached-W6	21:47	5:51
99	Nicole Falcaro	150	31	F	CPTC New Balance-A	21:48	5:51
100	Molly Applegate	254	23	F	Pacers Running//GRC	21:50	5:52

					New Balanc		
101	Elizabeth Harmon	160	29	F	Club Northwest-A	21:53	5:53
102	Jennica Redd	362	26	F	Valor Track Club-A	21:54	5:53
103	Laura Cummings	179	31	F	Garden State TC New Balance-A	21:55	5:53
104	Claire DeVoe	155	24	F	Club Northwest-A	21:55	5:53
105	Hannah Rowe	125	27	F	Boston Athletic Association-A	21:56	5:53
106	Maryann Gong	151	22	F	CPTC New Balance-A	21:56	5:53
107	Sarah Brewer	269	30	F	Playmakers Elite/New Balance-A	21:58	5:54
108	Caroline Smith	260	23	F	Pacers Running//GRC New Balanc	21:58	5:54
109	Amanda Boman	211	26	F	Jacuzzi Boys Athletic Club-A	21:59	5:54
110	Lauren Rice	291	27	F	Run N Fun-A	22:00	5:54
111	Sara Van Dyke	147	25	F	Cal Coast Track Club-A	22:01	5:55
112	Carrie Mack	226	32	F	Oiselle / Little Wing Athletic	22:01	5:55
113	Katelyn Steen	112	26	F	Bellingham Distance Project-A	22:03	5:55
114	Ashley Bell	358	24	F	Valor Track Club-A	22:04	5:55
115	Katie Lembo	187	22	F	Genesee Valley Harriers-A	22:05	5:56
116	Taylor Duncan	221	25	F	Kansas City Smoke-A	22:06	5:56
117	Amelia Keyser-Gibson	349	22	F	Tracksmith Hare AC-A	22:06	5:56
118	Allie Sulaitis	203	23	F	HOKA Aggie Running Club-A	22:06	5:56
119	Mary Noel	231	24	F	LRC Racing-A	22:06	5:56
120	Kathryn Fluehr	238	25	F	Nomad Track Club-A	22:07	5:56
121	Sarah Klecker	130	23	F	Bowerman Track Club-A	22:08	5:57
122	Erica Richardson	116	29	F	Boise Betties & Billies-A	22:08	5:57
123	Brenna Detra	122	23	F	Boston Athletic Association-A	22:10	5:57
124	Jessie Petersen	350	25	F	Tracksmith Hare AC-A	22:10	5:57
125	Elizabeth Ordeman	327	19	F	Strawberry Canyon Track Club	22:11	5:57
126	Aileen Cole	363	27	F	West Valley Track Club-A	22:11	5:57
127	Savannah Colon	134	24	F	Brooks / BROOKS Beasts TC	22:12	5:58
128	Courtney Moore	199	24	F	HOKA Aggie Running Club-A	22:12	5:58
129	Ashley Nichols	168	26	F	Club Northwest-A	22:12	5:58
130	Kayla Moore	216	23	F	Jacuzzi Boys Athletic Club-A	22:13	5:58
131	Chandler Carreon	219	23	F	Kansas City Smoke-A	22:13	5:58

132	Christina Metzger	224	24	F	Kansas City Smoke-A	22:15	5:58
133	Flannery Cerbin-Bohach	295	31	F	Runablaze Iowa-A	22:16	5:59
134	Nicole O'Loughlin	328	28	F	Tacoma City Running Club-A	22:16	5:59
135	Mary Owen	375	27	F	Yellowstone Valley Distance Pr	22:18	5:59
136	Sarah Orton	361	29	F	Valor Track Club-A	22:21	6:00
137	Sasha Gallagher	287	23	F	Run N Fun-A	22:23	6:00
138	Katie Messina	104	27	F	Battle Road Track Club-A	22:24	6:01
139	Claire Elson	222	31	F	Kansas City Smoke-A	22:26	6:01
140	Lana Lacey	162	31	F	Club Northwest-B	22:26	6:01
141	Moira O'Connor Lenth	169	23	F	Club Northwest-A	22:27	6:02
142	Chelsea Vane	261	23	F	Pacers Running//GRC New Balanc	22:27	6:02
143	Ashlyn Glann	230	22	F	LRC Racing-A	22:28	6:02
144	Sarah Walker	105	25	F	Battle Road Track Club-A	22:28	6:02
145	Ruby Roberts	173	27	F	Club Northwest-B	22:30	6:02
146	Nora Weathers	353	23	F	Tracksmith Hare AC-A	22:31	6:03
147	Nicole Borofski	119	23	F	Boston Athletic Association-A	22:32	6:03
148	Sarah Kasabian-Larson	279	36	F	Red Cedar Running Club-A	22:33	6:03
149	Abigail Cook	270	23	F	Playmakers Elite/New Balance-A	22:35	6:04
150	Alison Maxwell	368	25	F	West Valley Track Club-A	22:37	6:04
151	Olivia Hill	161	25	F	Club Northwest-A	22:39	6:05
152	Carre Joyce Heineck	335	37	F	Team Red Lizard-A	22:40	6:05
153	Emily Bernath	342	34	F	The Janes Elite Racing-A	22:41	6:06
154	Erika Meling	183	29	F	Garden State TC New Balance-A	22:43	6:06
155	Sarah Bard	379	34	F	Unattached-W1	22:45	6:07
156	Kristen Niedrach	268	24	F	Philadelphia Runner Track Club	22:46	6:07
157	Erika Schaeffer	202	27	F	HOKA Aggie Running Club-A	22:47	6:07
158	Emily Rosario	184	28	F	Garden State TC New Balance-A	22:48	6:07
159	Tasia Potasinski	324	29	F	Strava Track Club-A	22:48	6:07
160	Manon Blackman	149	22	F	CPTC New Balance-A	22:48	6:07
161	Mary Kate Anselmini	154	25	F	Club Northwest-B	22:49	6:07
162	McKenzie Diemer	271	24	F	Playmakers Elite/New Balance-A	22:49	6:08
163	Natalie Patterson	258	26	F	Pacers Running//GRC	22:50	6:08

					New Balanc		
164	Laura Tarantino	233	23	F	LRC Racing-A	22:51	6:08
165	Lauren Elgee	330	27	F	Team Red Lizard-A	22:52	6:08
166	Stephanie Fulmer	265	28	F	Philadelphia Runner Track Club	22:52	6:08
167	Sumner Button	113	33	F	Boise Betties & Billies-A	23:00	6:11
168	Corrine Malcolm	108	28	F	Bellingham Distance Project-A	23:00	6:11
169	Lindsey McDonald	223	27	F	Kansas City Smoke-A	23:01	6:11
170	Brittany Grant	107	23	F	Bellingham Distance Project-A	23:02	6:11
171	Abigail Cember	263	26	F	Philadelphia Runner Track Club	23:03	6:11
172	Katherine Sheridan	232	25	F	LRC Racing-A	23:04	6:12
173	Jennifer Morris	316	29	F	Spokane Swifts-A	23:05	6:12
174	Emily Raymond	124	36	F	Boston Athletic Association-A	23:06	6:12
175	Suzie Fox	286	35	F	Run N Fun-A	23:06	6:12
176	Courtney Cooper	381	30	F	Unattached-W3	23:07	6:12
177	Arielly Conde	142	27	F	Cal Coast Track Club-A	23:08	6:13
178	Jeannette Mathieu	1570	28	F	West Valley Track Club-A	23:12	6:14
179	Emily Koehle	256	26	F	Pacers Running//GRC New Balanc	23:13	6:14
180	Sarah Lord	373	40	F	Yellowstone Valley Distance Pr	23:14	6:14
181	Katie Penney	347	26	F	The Janes Elite Racing-A	23:15	6:15
182	Madeline Westerhoff	176	24	F	Club Northwest-B	23:15	6:15
183	Sharon Ceja	220	29	F	Kansas City Smoke-A	23:16	6:15
184	Rachel Leftwich	164	26	F	Club Northwest-B	23:16	6:15
185	Jordan Lutz	290	23	F	Run N Fun-A	23:17	6:15
186	Rebekah Hernandez	255	22	F	Pacers Running//GRC New Balanc	23:17	6:15
187	Leilani Rios	145	38	F	Cal Coast Track Club-A	23:17	6:15
188	Taylor Ffitch	157	28	F	Club Northwest-C	23:19	6:16
189	Kelsey Quinn	217	28	F	Jacuzzi Boys Athletic Club-A	23:20	6:16
190	Donna Langerfeld	186	32	F	Genesee Valley Harriers-A	23:21	6:16
191	Monica Waidmann	341	33	F	TeaMosqueda Elite	23:22	6:16
192	Peck Angelica	391	25	F	Tracksmith Hare AC-A	23:23	6:17
193	Corinna Jackson	333	26	F	Team Red Lizard-A	23:23	6:17
194	Haley Cooper-scott	313	38	F	Spokane Swifts-A	23:23	6:17
195	Julia Webb	389	35	F	Unattached-W11	23:24	6:17
196	Margo Cramer	101	28	F	Battle Road Track Club-A	23:26	6:18
197	Olivia Enright	212	26	F	Jacuzzi Boys Athletic	23:30	6:19

					Club-A		
198	Caitlin McIlwain	167	22	F	Club Northwest-B	23:31	6:19
199	Meghan McCormick	103	24	F	Battle Road Track Club-A	23:34	6:20
200	Kristi Houk	302	34	F	Seattle Running Club-A	23:35	6:20
201	Randi Burns	294	35	F	Runablaze Iowa-A	23:35	6:20
202	Kristyn Kadala	365	26	F	West Valley Track Club-A	23:36	6:20
203	Jackie Burr	120	22	F	Boston Athletic Association-A	23:37	6:20
204	Sarah Johnson	189	26	F	Guerilla Running	23:37	6:20
205	Emily Short	275	25	F	Playmakers Elite/New Balance-A	23:38	6:21
206	Alexandra Rudd	218	26	F	Jacuzzi Boys Athletic Club-A	23:40	6:21
207	Beatrix Frissell	382	17	F	Unattached-W4	23:41	6:21
208	Kathryn Merrill	109	36	F	Bellingham Distance Project-A	23:41	6:22
209	Hana Baskin	138	30	F	Bull City Track Club-A	23:42	6:22
210	Kiley Green	288	24	F	Run N Fun-A	23:45	6:23
211	Shannon McKenna	182	26	F	Garden State TC New Balance-A	23:47	6:23
212	Annie Reed	171	26	F	Club Northwest-B	23:47	6:23
213	Beth Zimpfer	276	28	F	Playmakers Elite/New Balance-A	23:48	6:23
214	Carolyn Gilchriese	213	25	F	Jacuzzi Boys Athletic Club-A	23:49	6:24
215	Valerie Weilert	338	33	F	Team Red Lizard-A	23:52	6:24
216	Lauren Kelly	266	28	F	Philadelphia Runner Track Club	23:52	6:25
217	Mackenzie O'Dore	374	26	F	Yellowstone Valley Distance Pr	23:54	6:25
218	Gabrielle Pepin	272	24	F	Playmakers Elite/New Balance-A	23:55	6:25
219	Erica Long	267	28	F	Philadelphia Runner Track Club	23:56	6:25
220	Karen Ramming	369	26	F	West Valley Track Club-A	23:56	6:25
221	Julia Gullikson	331	24	F	Team Red Lizard-A	23:57	6:26
222	Chelsie Pennello	259	22	F	Pacers Running//GRC New Balanc	23:59	6:26
223	Nicole Buurma	106	36	F	Bellingham Distance Project-A	24:00	6:27
224	Allison Chauvin	311	38	F	Spokane Swifts-A	24:02	6:27
225	Lauren Zent	378	37	F	Yellowstone Valley Distance Pr	24:02	6:27
226	Emily Schreiner	317	36	F	Spokane Swifts-A	24:04	6:28
227	Rachel Rabbitt	387	23	F	Unattached-W9	24:09	6:29
228	Josie Johnson	334	26	F	Team Red Lizard-A	24:17	6:31

229	Trish Merrion	215	28	F	Jacuzzi Boys Athletic Club-A	24:19	6:32
230	Trisha Steidl	305	42	F	Seattle Running Club-A	24:22	6:32
231	Cathleen Knutson	253	36	F	Oiselle Running Club-A	24:23	6:33
232	Sarah Bakula	293	30	F	Runablaze Iowa-A	24:23	6:33
233	Amanda Watters	126	38	F	Boston Athletic Association-A	24:25	6:33
234	Katie Famous	364	39	F	West Valley Track Club-A	24:25	6:33
235	Chelsea Dana	372	35	F	Yellowstone Valley Distance Pr	24:26	6:34
236	Whitney Heavner	262	35	F	Pamakids-A	24:33	6:35
237	Amaris Martinez	386	24	F	West Valley Track Club-A	24:38	6:37
238	Amber McCulloch	166	39	F	Club Northwest-C	24:43	6:38
239	Laura Goodfellow	301	26	F	Seattle Running Club-A	24:55	6:41
240	Kayla Boyes	249	26	F	Oiselle Running Club-A	25:01	6:43
241	Nicole Levenson	366	33	F	West Valley Track Club-A	25:02	6:43
242	Brittany Bear	307	31	F	Spokane Swifts-A	25:07	6:45
243	Miranda Lahman	163	26	F	Club Northwest-C	25:19	6:48
244	Lindsay Lange	315	24	F	Spokane Swifts-A	25:21	6:48
245	Rachel Cohen	139	28	F	Bull City Track Club-A	25:24	6:49
246	Kate Ashley	177	31	F	Garden State TC New Balance-A	25:30	6:51
247	Brooke Watson	225	38	F	Kansas City Smoke-A	25:31	6:51
248	Emily Brain	250	35	F	Oiselle Running Club-A	25:32	6:51
249	Anna McConnell	303	30	F	Seattle Running Club-A	25:33	6:52
250	Hannah Smith	337	23	F	Team Red Lizard-B	25:42	6:54
251	Robin Bedilion	308	36	F	Spokane Swifts-A	25:46	6:55
252	Kimberly Gregg	188	36	F	Guerilla Running	26:06	7:00
253	Katelen Phelan	304	27	F	Seattle Running Club-A	26:09	7:01
254	Rachel Rice	140	39	F	Bull City Track Club-A	26:15	7:03
255	Alicia Szilagyi	280	22	F	Red Cedar Running Club-A	26:16	7:03
256	Mindy Woodruff	320	28	F	Spokane Swifts-B	26:28	7:06
257	Breanna Brukalo	380	24	F	Unattached-W2	26:48	7:12
258	Kate Johnson	214	25	F	Jacuzzi Boys Athletic Club-A	26:54	7:13
259	Madelyn Clary	312	32	F	Spokane Swifts-B	27:00	7:15
260	Amber Kirtley-Perez	114	35	F	Boise Betties & Billies	27:17	7:19
261	Anna Truong	355	23	F	Twin Cities Track Club-A	27:19	7:20
262	Wendi Hawley	252	37	F	Oiselle Running Club-A	27:23	7:21
263	Stefani Weimholt	356	23	F	Twin Cities Track Club-A	27:30	7:23
264	Jessica Graham	251	35	F	Oiselle Running Club-A	27:33	7:24
265	Anna Stewart	318	39	F	Spokane Swifts-B	27:40	7:26
266	Quincy Smith	117	23	F	Boise Betties & Billies-A	27:41	7:26
267	Catherine Schmidt	376	28	F	Yellowstone Valley	27:42	7:26

					Distance Pr		
268	Katie Harmon	314	31	F	Spokane Swifts-B	27:47	7:27
269	Kora Brett	309	20	F	Spokane Swifts-B	32:17	8:40
270	Chandra Shaw	377	33	F	Yellowstone Valley Distance Pr	32:26	8:42
271	Veronica VanAuch	319	30	F	Spokane Swifts-B	34:15	9:11

12/08/2018 1:44PM

USATF National Club Cross Country Championships
 Plantes Ferry Sports Complex -Spokane, WA 12/8/18
 Results at RecordTiming.com

 Team Results Open Women

1. 71 Nomad Track Club-A (20:32 1:42:39 0:34)
 =====

- 1 7 Molly Grabill 26 20:16 239
- 2 8 Cally Macumber 28 20:18 240
- 3 14 Rebecca Wade 29 20:34 242
- 4 18 Ashley Stinson 25 20:41 241
- 5 24 Elizabeth Weiler 25 20:50 243
- 6 (89) Kathryn Fluehr 25 22:07 238

2. 74 Hansons-Brooks Distance Projec (20:24 1:42:00 1:36)
 =====

- 1 1 Anne-Marie Blaney 25 19:41 191
- 2 3 Olivia Pratt 24 19:47 194
- 3 9 Chelsea Blaase 24 20:22 190
- 4 25 Sydney Devore 27 20:53 192
- 5 36 Danna Herrick 32 21:17 193

3. 91 Idaho Distance Project-A (20:33 1:42:43 1:14)
 =====

- 1 4 Emma Bates 26 19:56 206
- 2 5 Marisa Howard 26 19:57 209
- 3 16 Samantha Diaz 27 20:37 207
- 4 32 Megan Lacy 24 21:03 210
- 5 34 Kristen Findley 28 21:10 208

4. 119 Strava Track Club-A (20:47 1:43:52 1:19)
 =====

- 1 6 Ayla Granados 27 20:00 277
- 2 15 Maya Weigel 23 20:35 325
- 3 28 Mara Olson 25 20:57 278
- 4 30 Caitlin Chrisman 32 21:01 321
- 5 40 Courtney Heiner 27 21:19 323
- 6 (51) Marissa Ferrante 26 21:31 322
- 7 (121) Tasia Potasinski 29 22:48 324

5. 137 HOKA Aggie Running Club-A (20:54 1:44:29 1:16)

- =====
- 1 11 Liza Reichert 31 20:30 200
 - 2 13 Natalie Rodriguez 22 20:32 201
 - 3 17 Jenna Hinkle 22 20:39 197
 - 4 31 Hannah Dorman 23 21:02 196
 - 5 65 Jenny Kadavy 35 21:46 198
 - 6 (87) Allie Sulaitis 23 22:06 203
 - 7 (93) Courtney Moore 24 22:12 199
 - 8 (119) Erika Schaeffer 27 22:47 202

6. 183 Oiselle / Little Wing Athletic (21:02 1:45:07 2:18)

- =====
- 1 2 Marie Lawrence 29 19:43 246
 - 2 27 Lauren Fleshman 37 20:56 248
 - 3 33 Rebecca Mehra 24 21:08 247
 - 4 39 Collier Lawrence 32 21:19 245
 - 5 82 Carrie Mack 32 22:01 226

7. 214 Cal Coast Track Club-A (21:18 1:46:28 1:18)

- =====
- 1 19 Ashlee Powers 24 20:43 144
 - 2 29 Chelsey Albertson 24 20:59 141
 - 3 35 Weslie Pearce 24 21:15 143
 - 4 50 Tracee van der Wyk 27 21:30 146
 - 5 81 Sara Van Dyke 25 22:01 147
 - 6 (137) Arielly Conde 27 23:08 142
 - 7 (147) Leilani Rios 38 23:17 145

8. 261 Club Northwest-A (21:29 1:47:24 1:24)

- =====
- 1 12 Erin Wagner 23 20:31 175
 - 2 38 Jane Ricardi 30 21:18 172
 - 3 66 Alison Mandi 35 21:47 165
 - 4 71 Elizabeth Harmon 29 21:53 160
 - 5 74 Claire DeVoe 24 21:55 155
 - 6 (94) Ashley Nichols 26 22:12 168
 - 7 (105) Moira O'Connor Lenth 23 22:27 169
 - 8 (114) Olivia Hill 25 22:39 161

9. 281 Tracksmith Hare AC-A (21:35 1:47:53 1:17)

- =====
- 1 22 Emma Spencer 28 20:49 352
 - 2 54 Emma Zehner 23 21:35 354
 - 3 57 Gabi Drummond 25 21:38 348
 - 4 62 Kate Raphael 23 21:45 351
 - 5 86 Amelia Keyser-Gibson 22 22:06 349
 - 6 (91) Jessie Petersen 25 22:10 350
 - 7 (110) Nora Weathers 23 22:31 353
 - 8 (149) Peck Angelica 25 23:23 391

10. 283 CPTC New Balance-A (21:35 1:47:53 1:00)

- =====
- 1 26 Victoria Kingham 23 20:56 153
 - 2 45 Elena Barham 25 21:26 148

3 67 Brianna Hickey 25 21:47 152
4 69 Nicole Falcaro 31 21:48 150
5 76 Maryann Gong 22 21:56 151
6 (122) Manon Blackman 22 22:48 149

11. 307 Garden State TC New Balance-A (21:41 1:48:24 1:55)

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1 21 Shelby Goose 27 20:48 180
2 47 Nicole Burlinson 25 21:28 178
3 49 Nicolette Mateescu 24 21:30 181
4 73 Laura Cummings 31 21:55 179
5 117 Erika Meling 29 22:43 183
6 (120) Emily Rosario 28 22:48 184
7 (164) Shannon McKenna 26 23:47 182
8 (194) Kate Ashley 31 25:30 177

12. 312 Valor Track Club-A (21:39 1:48:13 1:55)

=====

1 10 Makenna Myler 26 20:26 360
2 46 Andrea Harrison 27 21:28 359
3 72 Jennica Redd 26 21:54 362
4 84 Ashley Bell 24 22:04 358
5 100 Sarah Orton 29 22:21 361

13. 360 LRC Racing-A (21:52 1:49:18 1:08)

=====

1 41 Katie Fitzsimmons 24 21:20 228
2 56 Sara Fowler 23 21:37 229
3 68 Erica Doering 28 21:47 227
4 88 Mary Noel 24 22:06 231
5 107 Ashlyn Glann 22 22:28 230
6 (126) Laura Tarantino 23 22:51 233
7 (133) Katherine Sheridan 25 23:04 232

14. 393 Playmakers Elite/New Balance-A (22:01 1:50:04 1:31)

=====

1 37 Devyn Ramsay 27 21:18 273
2 43 Jessica Shaw 23 21:24 274
3 77 Sarah Brewer 30 21:58 269
4 112 Abigail Cook 23 22:35 270
5 124 McKenzie Diemer 24 22:49 271
6 (160) Emily Short 25 23:38 275
7 (166) Beth Zimpfer 28 23:48 276
8 (171) Gabrielle Pepin 24 23:55 272

15. 417 The Janes Elite Racing-A (22:08 1:50:39 1:49)

=====

1 44 Julia Budniak 37 21:26 343
2 52 Calene Morris 24 21:32 346
3 64 Kayla Ferron 23 21:45 344
4 116 Emily Bernath 34 22:41 342
5 141 Katie Penney 26 23:15 347

16. 421 Pacers Running//GRC New Balanc (22:06 1:50:28 1:27)

=====

- 1 42 Maura Linde 25 21:23 257
- 2 70 Molly Applegate 23 21:50 254
- 3 78 Caroline Smith 23 21:58 260
- 4 106 Chelsea Vane 23 22:27 261
- 5 125 Natalie Patterson 26 22:50 258
- 6 (139) Emily Koehle 26 23:13 256
- 7 (146) Rebekah Hernandez 22 23:17 255
- 8 (175) Chelsie Pennello 22 23:59 259

17. 426 Runablaze Iowa-A (22:10 1:50:48 2:05)

- =====
- 1 48 Ashlyn Bagge 24 21:30 292
 - 2 60 Jen Van Otterloo 32 21:42 296
 - 3 63 Samantha Wingert 31 21:45 297
 - 4 98 Flannery Cerbin-Bohach 31 22:16 295
 - 5 157 Randi Burns 35 23:35 294
 - 6 (184) Sarah Bakula 30 24:23 293

18. 466 Boston Athletic Association-A (22:16 1:51:20 1:30)

- =====
- 1 55 Laura Paulsen 29 21:36 123
 - 2 75 Hannah Rowe 27 21:56 125
 - 3 90 Brenna Detra 23 22:10 122
 - 4 111 Nicole Borofski 23 22:32 119
 - 5 135 Emily Raymond 36 23:06 124
 - 6 (159) Jackie Burr 22 23:37 120
 - 7 (185) Amanda Watters 38 24:25 126

19. 474 Team Red Lizard-A (22:17 1:51:24 2:34)

- =====
- 1 23 Theresa Hailey 30 20:49 332
 - 2 59 Amanda Phillips 32 21:40 336
 - 3 115 Carre Joyce Heineck 37 22:40 335
 - 4 127 Lauren Elgee 27 22:52 330
 - 5 150 Corinna Jackson 26 23:23 333
 - 6 (168) Valerie Weilert 33 23:52 338
 - 7 (174) Julia Gullikson 24 23:57 331
 - 8 (180) Josie Johnson 26 24:17 334

20. 511 Kansas City Smoke-A (22:25 1:52:01 0:55)

- =====
- 1 85 Taylor Duncan 25 22:06 221
 - 2 96 Chandler Carreon 23 22:13 219
 - 3 97 Christina Metzger 24 22:15 224
 - 4 103 Claire Elson 31 22:26 222
 - 5 130 Lindsey McDonald 27 23:01 223
 - 6 (143) Sharon Ceja 29 23:16 220
 - 7 (195) Brooke Watson 38 25:31 225

21. 566 Bellingham Distance Project-A (22:42 1:53:30 1:57)

- =====
- 1 61 Courtney Olsen 31 21:44 111
 - 2 83 Katelyn Steen 26 22:03 112
 - 3 129 Corrine Malcolm 28 23:00 108
 - 4 131 Brittany Grant 23 23:02 107

5 162 Kathryn Merrill 36 23:41 109
6 (176) Nicole Buurma 36 24:00 106

22. 575 Battle Road Track Club-A (22:43 1:53:32 1:54)
=====

1 58 Jaime Lord 22 21:40 102
2 102 Katie Messina 27 22:24 104
3 108 Sarah Walker 25 22:28 105
4 152 Margo Cramer 28 23:26 101
5 155 Meghan McCormick 24 23:34 103

23. 600 Philadelphia Runner Track Club (22:50 1:54:06 2:19)
=====

1 53 Christine Eisenberg 23 21:33 264
2 118 Kristen Niedrach 24 22:46 268
3 128 Stephanie Fulmer 28 22:52 265
4 132 Abigail Cember 26 23:03 263
5 169 Lauren Kelly 28 23:52 266
6 (172) Erica Long 28 23:56 267

24. 622 Club Northwest-B (22:52 1:54:16 0:50)
=====

1 104 Lana Lacey 31 22:26 162
2 109 Ruby Roberts 27 22:30 173
3 123 Mary Kate Anselmini 25 22:49 154
4 142 Madeline Westerhoff 24 23:15 176
5 144 Rachel Leftwich 26 23:16 164
6 (154) Caitlin McIlwain 22 23:31 167
7 (165) Annie Reed 26 23:47 171

25. 625 Run N Fun-A (22:55 1:54:31 1:45)
=====

1 80 Lauren Rice 27 22:00 291
2 101 Sasha Gallagher 23 22:23 287
3 136 Suzie Fox 35 23:06 286
4 145 Jordan Lutz 23 23:17 290
5 163 Kiley Green 24 23:45 288

26. 636 Jacuzzi Boys Athletic Club-A (22:57 1:54:42 1:41)
=====

1 79 Amanda Boman 26 21:59 211
2 95 Kayla Moore 23 22:13 216
3 148 Kelsey Quinn 28 23:20 217
4 153 Olivia Enright 26 23:30 212
5 161 Alexandra Rudd 26 23:40 218
6 (167) Carolyn Gilchriese 25 23:49 213
7 (181) Trish Merrion 28 24:19 215
8 (201) Kate Johnson 25 26:54 214

27. 674 West Valley Track Club-A (23:07 1:55:32 1:45)
=====

1 92 Aileen Cole 27 22:11 363
2 113 Alison Maxwell 25 22:37 368
3 138 Jeannette Mathieu 28 23:12 1570
4 158 Kristyn Kadala 26 23:36 365

- 5 173 Karen Ramming 26 23:56 369
- 6 (186) Katie Famous 39 24:25 364
- 7 (188) Amaris Martinez 24 24:38 386
- 8 (191) Nicole Levenson 33 25:02 366

28. 744 Seattle Running Club-A (23:51 1:59:13 4:45)

- =====
- 1 20 Caroline Austin 27 20:48 298
 - 2 156 Kristi Houk 34 23:35 302
 - 3 182 Trisha Steidl 42 24:22 305
 - 4 189 Laura Goodfellow 26 24:55 301
 - 5 197 Anna McConnell 30 25:33 303
 - 6 (199) Katelen Phelan 27 26:09 304

29. 774 Yellowstone Valley Distance Pr (23:35 1:57:54 2:08)

- =====
- 1 99 Mary Owen 27 22:18 375
 - 2 140 Sarah Lord 40 23:14 373
 - 3 170 Mackenzie O'Dore 26 23:54 374
 - 4 178 Lauren Zent 37 24:02 378
 - 5 187 Chelsea Dana 35 24:26 372
 - 6 (206) Catherine Schmidt 28 27:42 376
 - 7 (209) Chandra Shaw 33 32:26 377

30. 833 Spokane Swifts-A (23:57 1:59:41 2:02)

- =====
- 1 134 Jennifer Morris 29 23:05 316
 - 2 151 Haley Cooper-scott 38 23:23 313
 - 3 177 Allison Chauvin 38 24:02 311
 - 4 179 Emily Schreiner 36 24:04 317
 - 5 192 Brittany Bear 31 25:07 307
 - 6 (193) Lindsay Lange 24 25:21 315
 - 7 (198) Robin Bedilion 36 25:46 308

31. 976 Oiselle Running Club-A (25:59 2:09:52 3:10)

- =====
- 1 183 Cathleen Knutson 36 24:23 253
 - 2 190 Kayla Boyes 26 25:01 249
 - 3 196 Emily Brain 35 25:32 250
 - 4 203 Wendi Hawley 37 27:23 252
 - 5 204 Jessica Graham 35 27:33 251

32. 1022 Spokane Swifts-B (28:15 2:21:12 5:49)

- =====
- 1 200 Mindy Woodruff 28 26:28 320
 - 2 202 Madelyn Clary 32 27:00 312
 - 3 205 Anna Stewart 39 27:40 318
 - 4 207 Katie Harmon 31 27:47 314
 - 5 208 Kora Brett 20 32:17 309
 - 6 (210) Veronica VanAuch 30 34:15 319