

2018 USATF NATIONAL MASTERS 5K CHAMPIONSHIPS
 Hosted By The Atlanta Track Club At Atlanta's Finest 5K
 Atlanta, GA August 18, 2018
 USATF WOMEN'S NATIONAL MASTERS 5K CHAMPIONSHIP RESULTS

PLACE	NAME	AGE	GUN TIME	GUN PACE	NET TIME	NET PACE	RESIDENCE
NC	1 Laurie Knowles	40	17:29	5:38	17:28	5:38	Charlotte
OH	2 Molly Watcke	47	18:07	5:50	18:05	5:50	New Bremen
CA	3 Jennifer Bayliss	47	18:11	5:52	18:09	5:51	San Ramon
FL	4 Sonja Friend-Uhl	47	18:15	5:53	18:13	5:52	Boca Raton
NY	5 Fiona Bayly	51	18:20	5:54	18:19	5:54	New York
PA	6 Abby Dean	46	18:43	6:02	18:40	6:01	Philadelphia
PA	7 Christy Peterson	43	18:50	6:04	18:47	6:03	North Wales
TN	8 Katherine Wolski	52	18:55	6:06	18:53	6:05	Knoxville
TX	9 Cassandra Henkiel	48	19:07	6:09	19:04	6:09	Austin
GA	10 Megan Kelly	40	19:38	6:20	19:37	6:19	Atlanta
PA	11 Doreen McCoubrie	56	19:41	6:21	19:39	6:20	West Chester
GA	12 Casey Keeter	42	19:57	6:26	19:55	6:25	Marietta
VA	13 Alice Kassens	43	20:06	6:29	20:01	6:27	Fincastle
TX	14 Carmen Ayala-Troncoso	59	20:10	6:30	20:09	6:29	Austin
CA	15 Liz Gottlieb	43	20:23	6:34	20:18	6:32	San Rafael
GA	16 Kathy Wiegand	44	20:34	6:38	20:29	6:36	Tucker
Francisco	17 Nancy Thomas	48	20:40	6:39	20:37	6:38	San
CA							
TX	18 Sunday Patterson	42	20:44	6:41	20:42	6:40	Austin
Valley	19 Marisa Sutera Strange	55	20:50	6:43	20:49	6:42	Pleasant
NY	NY						
NY	20 Mary Swan	56	20:57	6:45	20:53	6:44	Jamesville
CA	21 Suzanne Cordes	58	20:56	6:45	20:53	6:44	Alamo
GA	22 Kris Huff	54	21:23	6:53	21:19	6:52	Newnan

GA	23 Paula Johnson	57	21:23	6:53	21:19	6:52	Decatur
GA	24 Laurie Wharton	52	21:36	6:57	21:33	6:56	Marietta
GA	25 Patrice Combs	61	21:48	7:01	21:44	7:00	Johns Creek
GA	26 Hiroko Guarnieri	43	22:07	7:08	22:02	7:06	Villa Rica
GA	27 Barbara Chandler	55	22:33	7:16	22:29	7:14	Newnan
GA	28 Ena Weinstein	59	22:38	7:17	22:36	7:17	Baldwin
CA	29 Vanessa Lordi	41	23:19	7:31	23:14	7:29	Livermore
GA	30 Mireille Silva	59	23:31	7:34	23:26	7:33	Marietta
TN	31 Victoria Crisp	66	23:36	7:36	23:31	7:35	Nashville
GA	32 Rita Figaro	53	23:48	7:40	23:40	7:37	Atlanta
GA	33 Candace Pollock-Moore	48	24:08	7:46	24:04	7:45	Brooks
TX	34 Mandy Plante	42	24:08	7:46	24:05	7:45	Austin
FL	35 Donna May	63	24:23	7:51	24:17	7:49	Miramar
NY	36 Sharon Moore	64	24:33	7:54	24:28	7:53	Rochester
GA	37 Cynthia Williams	62	24:41	7:57	24:35	7:55	Acworth
NY	38 Cheryl Guth	64	24:54	8:01	24:49	8:00	Rochester
TN	39 Sonya Ewing	41	25:01	8:04	24:52	8:01	Madison
SC	40 Cynthia Lucking	65	25:03	8:04	24:57	8:02	Greer
NC	41 Robin Tanner	57	25:27	8:12	25:20	8:09	Cullowhee
NJ	42 Susan Stirrat	62	25:47	8:18	25:43	8:17	Rockaway
NY	43 Gail Geiger	55	26:53	8:39	26:47	8:38	Caledonia
GA	44 Dianna Hinton	61	27:03	8:43	26:58	8:41	Waleska
SC	45 Nonie Hudnall	68	27:12	8:46	27:06	8:44	Spartanburg
NY	46 Cindy Ingalls	66	27:17	8:47	27:11	8:45	Pittsford
TN	47 Jennifer Meko	53	27:31	8:52	27:22	8:49	Nashville
GA	48 Trenice Mullis Dubow	64	27:35	8:53	27:27	8:51	Tucker
GA	49 Kathleen Allen	68	27:46	8:57	27:38	8:54	Decatur
CO	50 Susan Babcock	56	28:18	9:07	28:11	9:05	Littleton

51 Hiroko Ortiz	49	28:58	9:20	28:54	9:18	
Lawrenceville GA						
52 Janet Hansen	63	30:00	9:40	29:51	9:37	Provo
UT						
53 Susan Aderhold	71	30:57	9:58	30:49	9:55	Sautee
Nacoochee GA						
54 Catherine Radle	75	35:35	11:27	35:25	11:24	Atlanta
GA						
55 Amy Tonsits	60	36:20	11:42	36:10	11:39	Thomasville
GA						
56 Carol Rhodes	70	37:52	12:12	37:44	12:09	Decatur
GA						
57 Tami Graf	82	38:37	12:26	38:29	12:23	Lusby
MD						
58 Madeline Bost	79	40:46	13:08	40:38	13:05	Randolph
NJ						
59 Betty Lindberg	93	51:56	16:43	51:46	16:40	Atlanta
GA						

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WOMEN'S AGE GRADED RESULTS

PLACE	NAME	AGE	RESIDENCE	AGE GRADE	TIME
1	Fiona Bayly	51	New York	NY 91.11	18:20
2	Carmen Ayala-Troncoso	59	Austin	TX 90.81	20:10
3	Doreen McCoubrie	56	West Chester	PA 89.80	19:41
4	Katherine Wolski	52	Knoxville	TN 89.28	18:55
5	Molly Watcke	47	New Bremen	OH 88.36	18:07
6	Jennifer Bayliss	47	San Ramon	CA 88.03	18:11
7	Sonja Friend-Uhl	47	Boca Raton	FL 87.71	18:15
8	Laurie Knowles	40	Charlotte	NC 86.77	17:29
9	Suzanne Cordes	58	Alamo	CA 86.45	20:56
10	Patrice Combs	61	Johns Creek	GA 86.08	21:48
11	Victoria Crisp	66	Nashville	TN 84.75	23:36
12	Abby Dean	46	Philadelphia	PA 84.71	18:43
13	Cassandra Henkiel	48	Austin	TX 84.60	19:07
14	Mary Swan	56	Jamesville	NY 84.37	20:57
15	Marisa Sutera Strange	55	Pleasant Valley	NY 83.87	20:50
16	Paula Johnson	57	Decatur	GA 83.63	21:23
17	Christy Peterson	43	North Wales	PA 82.11	18:50
18	Ena Weinstein	59	Baldwin	GA 80.92	22:38
19	Kris Huff	54	Newnan	GA 80.79	21:23
20	Sharon Moore	64	Rochester	NY 79.38	24:33
21	Donna May	63	Miramar	FL 78.92	24:23
22	Cynthia Lucking	65	Greer	SC 78.81	25:03
23	Cheryl Guth	64	Rochester	NY 78.27	24:54
24	Nancy Thomas	48	San Francisco	CA 78.25	20:40
25	Laurie Wharton	52	Marietta	GA 78.19	21:36
26	Mireille Silva	59	Marietta	GA 77.88	23:31
27	Barbara Chandler	55	Newnan	GA 77.49	22:33
28	Megan Kelly	40	Atlanta	GA 77.27	19:38
29	Casey Keeter	42	Marietta	GA 76.97	19:57
30	Cynthia Williams	62	Acworth	GA 76.97	24:41
31	Alice Kassens	43	Fincastle	VA 76.94	20:06
32	Liz Gottlieb	43	San Rafael	CA 75.87	20:23
33	Kathy Wiegand	44	Tucker	GA 75.77	20:34
34	Nonie Hudnall	68	Spartanburg	SC 75.52	27:12
35	Betty Lindberg	93	Atlanta	GA 75.36	51:56
36	Sunday Patterson	42	Austin	TX 74.07	20:44
37	Kathleen Allen	68	Decatur	GA 73.98	27:46
38	Susan Stirrat	62	Rockaway	NJ 73.69	25:47
39	Cindy Ingalls	66	Pittsford	NY 73.31	27:17
40	Rita Figaro	53	Atlanta	GA 71.77	23:48
41	Trenice Mullis Dubow	64	Tucker	GA 70.65	27:35
42	Robin Tanner	57	Cullowhee	NC 70.27	25:27
43	Hiroko Guarnieri	43	Villa Rica	GA 69.92	22:07
44	Dianna Hinton	61	Waleska	GA 69.37	27:03
45	Susan Aderhold	71	Sautee Nacoochee	GA 69.17	30:57

46 Candace Pollock-Moore	48 Brooks	GA	67.01	24:08
47 Tami Graf	82 Lusby	MD	66.25	38:37
48 Vanessa Lordi	41 Livermore	CA	65.44	23:19
49 Gail Geiger	55 Caledonia	NY	65.00	26:53
50 Janet Hansen	63 Provo	UT	64.14	30:00
51 Catherine Radle	75 Atlanta	GA	63.76	35:35
52 Mandy Plante	42 Austin	TX	63.63	24:08
53 Susan Babcock	56 Littleton	CO	62.46	28:18
54 Jennifer Meko	53 Nashville	TN	62.08	27:31
55 Sonya Ewing	41 Madison	TN	60.99	25:01
56 Madeline Bost	79 Randolph	NJ	59.19	40:46
57 Hiroko Ortiz	49 Lawrenceville	GA	56.43	28:58
58 Carol Rhodes	70 Decatur	GA	55.75	37:52
59 Amy Tonsits	60 Thomasville	GA	51.02	36:20

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USATF NATIONAL MASTERS 5K CHAMPIONSHIPS

USATF NATIONAL MASTERS WOMEN'S OVERALL

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Laurie Knowles	40	17:29	Charlotte	NC
2	Molly Watcke	47	18:07	New Bremen	OH
3	Jennifer Bayliss	47	18:11	San Ramon	CA

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 40 - 44

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Laurie Knowles	40	17:29	Charlotte	NC
2	Christy Peterson	43	18:50	North Wales	PA
3	Megan Kelly	40	19:38	Atlanta	GA
4	Casey Keeter	42	19:57	Marietta	GA
5	Alice Kassens	43	20:06	Fincastle	VA
6	Liz Gottlieb	43	20:23	San Rafael	CA
7	Kathy Wiegand	44	20:34	Tucker	GA
8	Sunday Patterson	42	20:44	Austin	TX
9	Hiroko Guarnieri	43	22:07	Villa Rica	GA
10	Vanessa Lordi	41	23:19	Livermore	CA
11	Mandy Plante	42	24:08	Austin	TX
12	Sonya Ewing	41	25:01	Madison	TN

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 45 - 49

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Molly Watcke	47	18:07	New Bremen	OH
2	Jennifer Bayliss	47	18:11	San Ramon	CA
3	Sonja Friend-Uhl	47	18:15	Boca Raton	FL
4	Abby Dean	46	18:43	Philadelphia	PA
5	Cassandra Henkiel	48	19:07	Austin	TX
6	Nancy Thomas	48	20:40	San Francisco	CA
7	Candace Pollock-Moo	48	24:08	Brooks	GA
8	Hiroko Ortiz	49	28:58	Lawrenceville	GA

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 50 - 54

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Fiona Bayly	51	18:20	New York	NY
2	Katherine Wolski	52	18:55	Knoxville	TN
3	Kris Huff	54	21:23	Newnan	GA
4	Laurie Wharton	52	21:36	Marietta	GA
5	Rita Figaro	53	23:48	Atlanta	GA
6	Jennifer Meko	53	27:31	Nashville	TN

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 55 - 59

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Doreen McCoubrie	56	19:41	West Chester	PA
2	Carmen Ayala-Tronco	59	20:10	Austin	TX
3	Marisa Sutera Stran	55	20:50	Pleasant Valley	NY
4	Suzanne Cordes	58	20:56	Alamo	CA
5	Mary Swan	56	20:57	Jamesville	NY
6	Paula Johnson	57	21:23	Decatur	GA
7	Barbara Chandler	55	22:33	Newnan	GA
8	Ena Weinstein	59	22:38	Baldwin	GA
9	Mireille Silva	59	23:31	Marietta	GA
10	Robin Tanner	57	25:27	Cullowhee	NC
11	Gail Geiger	55	26:53	Caledonia	NY
12	Susan Babcock	56	28:18	Littleton	CO

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 60 - 64

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Patrice Combs	61	21:48	Johns Creek	GA
2	Donna May	63	24:23	Miramar	FL
3	Sharon Moore	64	24:33	Rochester	NY
4	Cynthia Williams	62	24:41	Acworth	GA
5	Cheryl Guth	64	24:54	Rochester	NY
6	Susan Stirrat	62	25:47	Rockaway	NJ
7	Dianna Hinton	61	27:03	Waleska	GA
8	Trenice Mullis Dubo	64	27:35	Tucker	GA
9	Janet Hansen	63	30:00	Provo	UT
10	Amy Tonsits	60	36:20	Thomasville	GA

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 65 - 69

PLACE	NAME	AGE	TIME	RESIDENCE	ST
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 1 Victoria Crisp 66 23:36 Nashville TN
 2 Cynthia Lucking 65 25:03 Greer SC
 3 Nonie Hudnall 68 27:12 Spartanburg SC
 4 Cindy Ingalls 66 27:17 Pittsford NY
 5 Kathleen Allen 68 27:46 Decatur GA

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 70 - 74

 PLACE NAME AGE TIME RESIDENCE ST

 1 Susan Aderhold 71 30:57 Sautee Nacoochee GA
 2 Carol Rhodes 70 37:52 Decatur GA

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 75 - 79

 PLACE NAME AGE TIME RESIDENCE ST

 1 Catherine Radle 75 35:35 Atlanta GA
 2 Madeline Bost 79 40:46 Randolph NJ

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 80 - 84

 PLACE NAME AGE TIME RESIDENCE ST

 1 Tami Graf 82 38:37 Lusby MD

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 85 - 89

 PLACE NAME AGE TIME RESIDENCE ST

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 90 - 94

 PLACE NAME AGE TIME RESIDENCE ST

 1 Betty Lindberg 93 51:56 Atlanta GA

USATF NATIONAL MASTERS WOMEN'S AGE GROUP: 95 - 99

PLACE NAME	AGE	TIME	RESIDENCE	ST
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USATF NATIONAL MASTERS WOMEN'S 40+ TEAM RESULTS

1. 55:41 ATLANTA TRACK CLUB (18:34)

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1	17:29	Laurie Knowles	40	Charlotte	NC
2	18:15	Sonja Friend-Uhl	47	Boca Raton	FL
3	19:57	Casey Keeter	42	Marietta	GA
4 (20:34)	Kathy Wiegand	44	Tucker	GA

2. 57:39 ATHENA TRACK CLUB (19:13)

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1	18:43	Abby Dean	46	Philadelphia	PA
2	18:50	Christy Peterson	43	North Wales	PA
3	20:06	Alice Kassens	43	Fincastle	VA

3. 59:14 IMPALA RACING TEAM (19:45)

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1	18:11	Jennifer Bayliss	47	San Ramon	CA
2	20:23	Liz Gottlieb	43	San Rafael	CA
3	20:40	Nancy Thomas	48	San Francisco	CA
4 (20:56)	Suzanne Cordes	58	Alamo	CA

USATF NATIONAL MASTERS WOMEN'S 50+ TEAM RESULTS

1. 1:01:28 ATHENA TRACK CLUB (20:30)

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1	19:41	Doreen McCoubrie	56	West Chester	PA
2	20:50	Marisa Sutera Strange	55	Pleasant Valley	NY
3	20:57	Mary Swan	56	Jamesville	NY

2. 1:04:22 ATLANTA TRACK CLUB (21:28)

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1	21:23	Paula Johnson	57	Decatur	GA
2	21:23	Kris Huff	54	Newnan	GA
3	21:36	Laurie Wharton	52	Marietta	GA
4 (22:38)	Ena Weinstein	59	Baldwin	GA

3. 1:09:52 ATLANTA TRACK CLUB-B (23:18)

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1	22:33	Barbara Chandler	55	Newnan	GA
2	23:31	Mireille Silva	59	Marietta	GA
3	23:48	Rita Figaro	53	Atlanta	GA
4 (25:27)	Robin Tanner	57	Cullowhee	NC

USATF NATIONAL MASTERS WOMEN'S 60+ TEAM RESULTS

1. 1:11:32 ATLANTA TRACK CLUB (23:51)

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1	21:48	Patrice Combs	61 Johns Creek	GA
2	24:41	Cynthia Williams	62 Acworth	GA
3	25:03	Cynthia Lucking	65 Greer	SC
4 (27:35)	Trenice Mullis Dubow	64 Tucker	GA

2. 1:16:44 GENESEE VALLEY HARRIERS (25:35)

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1	24:33	Sharon Moore	64 Rochester	NY
2	24:54	Cheryl Guth	64 Rochester	NY
3	27:17	Cindy Ingalls	66 Pittsford	NY

3. 1:22:01 ATLANTA TRACK CLUB-B (27:21)

=====

1	27:03	Dianna Hinton	61 Waleska	GA
2	27:12	Nonie Hudnall	68 Spartanburg	SC
3	27:46	Kathleen Allen	68 Decatur	GA
4 (36:20)	Amy Tonsits	60 Thomasville	GA

USATF NATIONAL MASTERS WOMEN'S 70+ TEAM RESULTS

1. 1:44:24 ATLANTA TRACK CLUB (34:48)

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1	30:57	Susan Aderhold	71 Sautee Nacoochee	GA
2	35:35	Catherine Radle	75 Atlanta	GA
3	37:52	Carol Rhodes	70 Decatur	GA
4 (51:56)	Betty Lindberg	93 Atlanta	GA

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 USATF MEN'S NATIONAL MASTERS 5K CHAMPIONSHIP RESULTS

PLACE	NAME	AGE	GUN TIME	GUN PACE	NET TIME	NET PACE	RESIDENCE
1	David Angell VA	41	15:45	5:05	15:45	5:05	Blue Ridge
2	John Gardiner Marga CA	45	15:51	5:06	15:50	5:06	Rancho Santa
3	Nat Larson MA	56	16:24	5:17	16:23	5:17	Amherst
4	Tim Meigs NC	51	16:28	5:18	16:26	5:18	Raleigh
5	Kent Lemme MA	51	16:39	5:22	16:38	5:22	Pittsfield
6	Eric Stabb GA	50	16:41	5:23	16:41	5:22	Athens
7	George Darden GA	44	16:43	5:23	16:42	5:23	Marietta
8	Mark Hixson CT	53	16:43	5:23	16:42	5:23	Simsbury
9	Alan Black GA	44	16:53	5:26	16:52	5:26	Hillsboro
10	Brent Fields GA	46	16:56	5:27	16:55	5:27	Covington
11	Francis Burdett MA	53	17:00	5:29	16:59	5:28	Worcester
12	Brian Sydow GA	45	17:02	5:29	17:01	5:29	Johns Creek
13	Frederick Herr CA	51	17:05	5:30	17:01	5:29	Corona
14	Mark Zamek PA	55	17:04	5:30	17:04	5:30	Allentown
15	Thomas Carroll GA	45	17:11	5:32	17:11	5:32	Smyrna
16	Matt Stegman Park KS	48	17:20	5:35	17:19	5:35	Overland
17	Peter Kotchen GA	49	17:26	5:37	17:24	5:36	Atlanta
18	Roger Sayre CO	60	17:29	5:38	17:27	5:37	Golden
19	Adam Engst NY	50	17:34	5:40	17:33	5:39	Ithaca
20	Joe Sheeran WA	60	17:36	5:40	17:34	5:39	Ellensburg
21	Steve Bell GA	46	17:38	5:41	17:34	5:40	Kennesaw
22	Thomas Knowles NJ	42	17:39	5:41	17:38	5:41	Oakland

GA	23	Chip Owens	51	17:46	5:43	17:42	5:42	Atlanta
WA	24	Rick Becker	63	17:50	5:45	17:49	5:44	Selah
TN	25	Tom McCormack	64	17:53	5:46	17:52	5:45	Jonesborough
CA	26	Michael Connors	51	17:54	5:46	17:52	5:45	San Clemente
GA	27	Chris Weiss	43	17:57	5:47	17:54	5:46	Alpharetta
GA	28	David Matherne	54	18:07	5:50	18:05	5:50	Cartersville
DE	29	Matthew Cutrona	48	18:15	5:53	18:11	5:52	Wilmington
NY	30	Dale Flanders	53	18:16	5:53	18:15	5:53	Allegany
FL	31	Gary Droze	57	18:16	5:53	18:15	5:53	Tallahassee
GA	32	Ken Youngers	62	18:18	5:54	18:16	5:53	Tucker
CA	33	Thomas Schumann	53	18:23	5:55	18:21	5:55	Santa Monica
NY	34	Jeff Conston	50	18:27	5:57	18:25	5:56	Hopewell Jct
CO	35	Dan Spale	62	18:33	5:59	18:31	5:58	Lakewood
GA	36	Gregory Oshust	55	18:36	6:00	18:32	5:58	Acworth
GA	37	Nathan Skipper	55	18:38	6:00	18:36	5:59	Ellenwood
NJ	38	Gary Leaman	59	18:45	6:02	18:43	6:02	Hardwick
CA	39	Brian Nelson	61	18:47	6:03	18:46	6:03	Bakersfield
NY	40	John Van Kerkhove	56	19:04	6:09	19:02	6:08	Rochester
GA	41	Douglas McLaughlin	48	19:12	6:11	19:10	6:10	Smyrna
GA	42	Michael Anderson	60	19:18	6:13	19:16	6:12	Tucker
PA	43	Gene Dykes	70	19:24	6:15	19:20	6:14	Bala Cynwyd
CA	44	Brad Wobig	50	19:25	6:15	19:22	6:14	Irvine
NJ	45	Reno Stirrat	64	19:25	6:15	19:22	6:14	Rockaway
TN	46	Vincent Sica	44	19:31	6:17	19:29	6:17	Knoxville
NY	47	Timothy Riccardi	60	19:36	6:19	19:34	6:18	Marietta
AL	48	David Waid	50	19:45	6:22	19:41	6:20	Calera
CA	49	Steve Brumwell	60	19:44	6:22	19:43	6:21	Palmdale
NY	50	Mark Rybinski	63	19:49	6:23	19:47	6:22	Manlius

51	Kevin Cooper	58	20:00	6:27	19:56	6:25	Boulder
CO							
52	Kevin Dollard	62	20:01	6:27	19:57	6:26	Hopewell Jct
NY							
53	Phil Richey	60	20:01	6:27	19:59	6:26	Grayson
GA							
54	Nate Anderson	60	20:02	6:27	20:00	6:27	Steamboat
Springs	CO						
55	Kyle Hubbart	62	20:05	6:28	20:03	6:28	Broomfield
CO							
56	Kirk Larson	67	20:10	6:30	20:07	6:29	Atlanta
GA							
57	Ben Bailey	53	20:11	6:30	20:09	6:29	Flowery
Branch	GA						
58	George Braun	64	20:21	6:33	20:18	6:32	Denver
CO							
59	Guy Jackson	53	20:37	6:38	20:33	6:37	Fleming
Island	FL						
60	Scott Linnell	62	20:43	6:40	20:37	6:39	Colts Neck
NJ							
61	John Hirschberger	66	20:48	6:42	20:45	6:41	San
Francisco	CA						
62	Lloyd Hansen	70	20:46	6:42	20:45	6:41	Provo
UT							
63	Frank Gioia	65	21:06	6:48	21:00	6:46	Batavia
NY							
64	Michael Melnik	56	21:28	6:55	21:21	6:53	Atlanta
GA							
65	Perry Linn	67	21:23	6:53	21:22	6:53	Corning
IA							
66	Bob Dalton	65	21:27	6:55	21:23	6:53	Fayetteville
GA							
67	Lester Dragstedt	56	21:32	6:56	21:25	6:54	Atlanta
GA							
68	Harold Leddy	63	21:37	6:58	21:30	6:56	Bridgewater
NJ							
69	Jerry Learned	70	21:37	6:58	21:34	6:57	Gainesville
GA							
70	Bradley Heppner	46	21:44	7:00	21:38	6:58	Atlanta
GA							
71	Terry McCluskey	70	21:58	7:05	21:54	7:03	Vienna
OH							
72	Dave Glass	71	22:07	7:07	22:06	7:07	Glenville
NY							
73	David Henry	48	22:27	7:14	22:22	7:12	Atlanta
GA							
74	Victor Vasquez	68	22:28	7:14	22:23	7:13	Miramar
FL							
75	Randy Stroud	63	22:30	7:15	22:25	7:13	Acworth
GA							
76	Doug Goodhue	76	22:30	7:15	22:27	7:14	Milford
MI							
77	Doc Rappole	69	22:35	7:16	22:32	7:16	Bemus
NY							
78	Tony Gingello	71	22:35	7:16	22:32	7:16	Rochester
NY							

NJ	79 Przemyslaw Nowicki	73	22:41	7:18	22:36	7:17	Holmdel
GA	80 David Alder	53	22:44	7:19	22:38	7:17	Duluth
GA	81 David Bloomquist	60	22:49	7:21	22:42	7:19	Woodstock
CA	82 William Sumner	70	22:55	7:23	22:52	7:22	North Tustin
NY	83 Mitch Moore	64	23:01	7:25	22:56	7:23	Rochester
TN	84 David Peterson	70	23:08	7:27	23:03	7:25	Franklin
CA	85 John Combs	71	23:04	7:26	23:03	7:25	Irvine
NY	86 Keith Yeates	71	23:09	7:28	23:05	7:26	Pittsford
NY	87 Tim McMullen	65	23:13	7:29	23:07	7:27	Churchville
IN	88 Paul Carlin	72	23:13	7:29	23:09	7:27	Indianapolis
Beach FL	89 Robert Hendrick	75	23:26	7:33	23:21	7:31	Deerfield
GA	90 Mike Spencer	58	23:48	7:40	23:40	7:37	Cumming
AZ	91 Richard Kutzner	75	24:06	7:46	24:01	7:44	Casa Grande
GA	92 Curtis Walker	71	24:14	7:48	24:10	7:47	Tucker
NJ	93 Roger Price	69	24:29	7:53	24:22	7:51	Randolph
GA	94 Sam Benedict	71	24:29	7:53	24:28	7:53	Atlanta
GA	95 Larry Liroy	69	24:35	7:55	24:30	7:53	Atlanta
NY	96 Liam Finnigan	72	24:48	7:59	24:45	7:58	Farmington
GA	97 Joe Carter	74	25:24	8:11	25:18	8:09	Snellville
Springs GA	98 Michael Popick	69	25:32	8:13	25:24	8:11	Powder
GA	99 Vasan Neovakul	68	25:39	8:16	25:34	8:14	Atlanta
CO	100 Elliott Henry	72	25:43	8:17	25:36	8:15	Frisco
GA	101 Dan Hardy	71	25:45	8:18	25:39	8:16	Atlanta
GA	102 Frank White	73	26:03	8:24	25:57	8:21	Cumming
GA	103 Matthew Chestnut	59	26:03	8:23	25:57	8:22	Roswell
Junction CO	104 Jan Frisby	74	26:26	8:31	26:21	8:29	Grand
GA	105 Jack Lewis	68	26:47	8:38	26:40	8:35	Atlanta
GA	106 George Robinson	63	26:58	8:41	26:54	8:40	Canton

107	Joseph Lenahan	71	28:00	9:01	27:51	8:58	Roswell
GA							
108	Ed Bligh	75	28:56	9:19	28:48	9:16	Alpharetta
GA							
109	Andrew Sherwood	78	29:30	9:30	29:24	9:28	Atlanta
GA							
110	Charles Muhammad	52	29:32	9:31	29:27	9:29	Ellenwood
GA							
111	Mohamed Ali	48	29:50	9:36	29:44	9:35	Fayetteville
GA							
112	Phillip Ozell	68	30:16	9:45	30:08	9:42	Atlanta
GA							
113	Sam Norman	65	31:36	10:10	31:27	10:08	Lithonia
GA							
114	Patrick Dwyer	72	32:41	10:31	32:34	10:29	Seattle
WA							
115	Alan Moore	73	36:15	11:40	36:06	11:38	Riverdale
GA							
116	Sid Davis	83	41:42	13:26	41:32	13:23	Atlanta
GA							
117	Richard Soller	91	44:41	14:23	44:31	14:20	North Bend
OH							

2018 USATF NATIONAL MASTERS 5K CHAMPIONSHIPS
Hosted By The Atlanta Track Club At Atlanta's Finest 5K
Atlanta, GA August 18, 2018

MEN'S AGE GRADED RESULTS

PLACE	NAME	AGE	RESIDENCE	AGE GRADE	TIME
1	Nat Larson	56	Amherst	MA 94.26	16:24
2	Tom McCormack	64	Jonesborough	TN 92.33	17:53
3	Rick Becker	63	Selah	WA 91.81	17:50
4	Roger Sayre	60	Golden	CO 91.33	17:29
5	Joe Sheeran	60	Ellensburg	WA 90.72	17:36
6	Mark Hixson	53	Simsbury	CT 90.31	16:43
7	Tim Meigs	51	Raleigh	NC 90.28	16:28
8	Gene Dykes	70	Bala Cynwyd	PA 90.04	19:24
9	Mark Zamek	55	Allentown	PA 89.86	17:04
10	John Gardiner	45	Rancho Santa Marga	CA 89.66	15:51
11	Kent Lemme	51	Pittsfield	MA 89.28	16:39
12	Francis Burdett	53	Worcester	MA 88.81	17:00
13	Ken Youngers	62	Tucker	GA 88.72	18:18
14	Eric Stabb	50	Athens	GA 88.42	16:41
15	David Angell	41	Blue Ridge	VA 87.66	15:45
16	Dan Spale	62	Lakewood	CO 87.52	18:33
17	Frederick Herr	51	Corona	CA 87.02	17:05
18	Brian Nelson	61	Bakersfield	CA 85.72	18:47
19	Gary Droze	57	Tallahassee	FL 85.31	18:16
20	Reno Stirrat	64	Rockaway	NJ 85.04	19:25
21	Doug Goodhue	76	Milford	MI 84.78	22:30
22	Brent Fields	46	Covington	GA 84.54	16:56
23	Gary Leaman	59	Hardwick	NJ 84.47	18:45
24	George Darden	44	Marietta	GA 84.39	16:43
25	Lloyd Hansen	70	Provo	UT 84.11	20:46
26	Kirk Larson	67	Atlanta	GA 84.03	20:10
27	David Matherne	54	Cartersville	GA 83.99	18:07
28	Peter Kotchen	49	Atlanta	GA 83.98	17:26
29	Adam Engst	50	Ithaca	NY 83.98	17:34
30	Matt Stegman	48	Overland Park	KS 83.83	17:20
31	Chip Owens	51	Atlanta	GA 83.67	17:46
32	Alan Black	44	Hillsboro	GA 83.56	16:53
33	Brian Sydow	45	Johns Creek	GA 83.43	17:02
34	Michael Connors	51	San Clemente	CA 83.05	17:54
35	Michael Anderson	60	Tucker	GA 82.73	19:18
36	Thomas Carroll	45	Smyrna	GA 82.70	17:11
37	Dale Flanders	53	Allegany	NY 82.65	18:16
38	Mark Rybinski	63	Manlius	NY 82.62	19:49
39	Gregory Oshust	55	Acworth	GA 82.45	18:36
40	Nathan Skipper	55	Ellenwood	GA 82.30	18:38
41	Thomas Schumann	53	Santa Monica	CA 82.12	18:23
42	Timothy Riccardi	60	Marietta	NY 81.47	19:36
43	Steve Bell	46	Kennesaw	GA 81.19	17:38
44	George Braun	64	Denver	CO 81.14	20:21
45	Kevin Dollard	62	Hopewell Jct	NY 81.11	20:01

46	John Van Kerkhove	56	Rochester	NY	81.07	19:04
47	Steve Brumwell	60	Palmdale	CA	80.92	19:44
48	Kyle Hubbart	62	Broomfield	CO	80.84	20:05
49	Jerry Learned	70	Gainesville	GA	80.80	21:37
50	John Hirschberger	66	San Francisco	CA	80.76	20:48
51	Przemyslaw Nowicki	73	Holmdel	NJ	80.09	22:41
52	Robert Hendrick	75	Deerfield Beach	FL	80.00	23:26
53	Jeff Conston	50	Hopewell Jct	NY	79.96	18:27
54	Dave Glass	71	Glenville	NY	79.93	22:07
55	Phil Richey	60	Grayson	GA	79.77	20:01
56	Nate Anderson	60	Steamboat Springs	CO	79.70	20:02
57	Matthew Cutrona	48	Wilmington	DE	79.62	18:15
58	Terry McCluskey	70	Vienna	OH	79.52	21:58
59	Perry Linn	67	Corning	IA	79.25	21:23
60	Frank Gioia	65	Batavia	NY	78.93	21:06
61	Thomas Knowles	42	Oakland	NJ	78.78	17:39
62	Kevin Cooper	58	Boulder	CO	78.54	20:00
63	Scott Linnell	62	Colts Neck	NJ	78.37	20:43
64	Tony Gingello	71	Rochester	NY	78.28	22:35
65	Chris Weiss	43	Alpharetta	GA	78.03	17:57
66	Richard Kutzner	75	Casa Grande	AZ	77.78	24:06
67	Bob Dalton	65	Fayetteville	GA	77.64	21:27
68	Paul Carlin	72	Indianapolis	IN	77.14	23:13
69	John Combs	71	Irvine	CA	76.64	23:04
70	Doc Rappole	69	Bemus	NY	76.50	22:35
71	Keith Yeates	71	Pittsford	NY	76.37	23:09
72	William Sumner	70	North Tustin	CA	76.22	22:55
73	Victor Vasquez	68	Miramar	FL	76.12	22:28
74	Brad Wobig	50	Irvine	CA	75.98	19:25
75	Harold Leddy	63	Bridgewater	NJ	75.74	21:37
76	Douglas McLaughlin	48	Smyrna	GA	75.68	19:12
77	David Peterson	70	Franklin	TN	75.51	23:08
78	Ben Bailey	53	Flowery Branch	GA	74.80	20:11
79	David Waid	50	Calera	AL	74.69	19:45
80	Guy Jackson	53	Fleming Island	FL	73.23	20:37
81	Curtis Walker	71	Tucker	GA	72.95	24:14
82	Randy Stroud	63	Acworth	GA	72.77	22:30
83	Joe Carter	74	Snellville	GA	72.61	25:24
84	Vincent Sica	44	Knoxville	TN	72.28	19:31
85	Liam Finnigan	72	Farmington	NY	72.22	24:48
86	Sam Benedict	71	Atlanta	GA	72.21	24:29
87	Michael Melnik	56	Atlanta	GA	72.01	21:28
88	Lester Dragstedt	56	Atlanta	GA	71.79	21:32
89	Mitch Moore	64	Rochester	NY	71.74	23:01
90	Tim McMullen	65	Churchville	NY	71.73	23:13
91	Roger Price	69	Randolph	NJ	70.56	24:29
92	Larry Liroy	69	Atlanta	GA	70.28	24:35
93	David Bloomquist	60	Woodstock	GA	69.98	22:49
94	Jan Frisby	74	Grand Junction	CO	69.77	26:26
95	Frank White	73	Cumming	GA	69.74	26:03
96	Elliott Henry	72	Frisco	CO	69.64	25:43
97	Dan Hardy	71	Atlanta	GA	68.66	25:45
98	Richard Soller	91	North Bend	OH	68.26	44:41
99	Michael Popick	69	Powder Springs	GA	67.66	25:32
100	Andrew Sherwood	78	Atlanta	GA	67.22	29:30
101	Vasan Neovakul	68	Atlanta	GA	66.67	25:39
102	David Alder	53	Duluth	GA	66.41	22:44

103 Mike Spencer	58 Cumming	GA	66.00	23:48
104 Bradley Heppner	46 Atlanta	GA	65.87	21:44
105 Ed Bligh	75 Alpharetta	GA	64.79	28:56
106 David Henry	48 Atlanta	GA	64.72	22:27
107 Jack Lewis	68 Atlanta	GA	63.85	26:47
108 Joseph Lenahan	71 Roswell	GA	63.14	28:00
109 Matthew Chestnut	59 Roswell	GA	60.80	26:03
110 George Robinson	63 Canton	GA	60.71	26:58
111 Phillip Ozell	68 Atlanta	GA	56.50	30:16
112 Patrick Dwyer	72 Seattle	WA	54.80	32:41
113 Sid Davis	83 Atlanta	GA	53.77	41:42
114 Sam Norman	65 Lithonia	GA	52.70	31:36
115 Charles Muhammad	52 Ellenwood	GA	50.72	29:32
116 Alan Moore	73 Riverdale	GA	50.11	36:15
117 Mohamed Ali	48 Fayetteville	GA	48.71	29:50

2018 USATF NATIONAL MASTERS 5K CHAMPIONSHIPS
Hosted By The Atlanta Track Club At Atlanta's Finest 5K
Atlanta, GA August 18, 2018

USATF NATIONAL MASTERS 5K CHAMPIONSHIPS

USATF NATIONAL MASTERS MEN'S OVERALL

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	David Angell	41	15:45	Blue Ridge	VA
2	John Gardiner	45	15:51	Rancho Santa Margari	CA
3	Nat Larson	56	16:24	Amherst	MA

USATF NATIONAL MASTERS MEN'S AGE GROUP: 40 - 44

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	David Angell	41	15:45	Blue Ridge	VA
2	George Darden	44	16:43	Marietta	GA
3	Alan Black	44	16:53	Hillsboro	GA
4	Thomas Knowles	42	17:39	Oakland	NJ
5	Chris Weiss	43	17:57	Alpharetta	GA
6	Vincent Sica	44	19:31	Knoxville	TN

USATF NATIONAL MASTERS MEN'S AGE GROUP: 45 - 49

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	John Gardiner	45	15:51	Rancho Santa Margari	CA
2	Brent Fields	46	16:56	Covington	GA
3	Brian Sydow	45	17:02	Johns Creek	GA
4	Thomas Carroll	45	17:11	Smyrna	GA
5	Matt Stegman	48	17:20	Overland Park	KS
6	Peter Kotchen	49	17:26	Atlanta	GA
7	Steve Bell	46	17:38	Kennesaw	GA
8	Matthew Cutrona	48	18:15	Wilmington	DE
9	Douglas McLaughlin	48	19:12	Smyrna	GA
10	Bradley Heppner	46	21:44	Atlanta	GA
11	David Henry	48	22:27	Atlanta	GA
12	Mohamed Ali	48	29:50	Fayetteville	GA

USATF NATIONAL MASTERS MEN'S AGE GROUP: 50 - 54

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Tim Meigs	51	16:28	Raleigh	NC
2	Kent Lemme	51	16:39	Pittsfield	MA
3	Eric Stabb	50	16:41	Athens	GA
4	Mark Hixson	53	16:43	Simsbury	CT
5	Francis Burdett	53	17:00	Worcester	MA
6	Frederick Herr	51	17:05	Corona	CA
7	Adam Engst	50	17:34	Ithaca	NY
8	Chip Owens	51	17:46	Atlanta	GA
9	Michael Connors	51	17:54	San Clemente	CA
10	David Matherne	54	18:07	Cartersville	GA
11	Dale Flanders	53	18:16	Allegany	NY
12	Thomas Schumann	53	18:23	Santa Monica	CA
13	Jeff Conston	50	18:27	Hopewell Jct	NY
14	Brad Wobig	50	19:25	Irvine	CA
15	David Waid	50	19:45	Calera	AL
16	Ben Bailey	53	20:11	Flowery Branch	GA
17	Guy Jackson	53	20:37	Fleming Island	FL
18	David Alder	53	22:44	Duluth	GA
19	Charles Muhammad	52	29:32	Ellenwood	GA

USATF NATIONAL MASTERS MEN'S AGE GROUP: 55 - 59

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Nat Larson	56	16:24	Amherst	MA
2	Mark Zamek	55	17:04	Allentown	PA
3	Gary Droze	57	18:16	Tallahassee	FL
4	Gregory Oshust	55	18:36	Acworth	GA
5	Nathan Skipper	55	18:38	Ellenwood	GA
6	Gary Leaman	59	18:45	Hardwick	NJ
7	John Van Kerkhove	56	19:04	Rochester	NY
8	Kevin Cooper	58	20:00	Boulder	CO
9	Michael Melnik	56	21:28	Atlanta	GA
10	Lester Dragstedt	56	21:32	Atlanta	GA
11	Mike Spencer	58	23:48	Cumming	GA
12	Matthew Chestnut	59	26:03	Roswell	GA

USATF NATIONAL MASTERS MEN'S AGE GROUP: 60 - 64

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Roger Sayre	60	17:29	Golden	CO
2	Joe Sheeran	60	17:36	Ellensburg	WA
3	Rick Becker	63	17:50	Selah	WA
4	Tom McCormack	64	17:53	Jonesborough	TN

5	Ken Youngers	62	18:18	Tucker	GA
6	Dan Spale	62	18:33	Lakewood	CO
7	Brian Nelson	61	18:47	Bakersfield	CA
8	Michael Anderson	60	19:18	Tucker	GA
9	Reno Stirrat	64	19:25	Rockaway	NJ
10	Timothy Riccardi	60	19:36	Marietta	NY
11	Steve Brumwell	60	19:44	Palmdale	CA
12	Mark Rybinski	63	19:49	Manlius	NY
13	Kevin Dollard	62	20:01	Hopewell Jct	NY
14	Phil Richey	60	20:01	Grayson	GA
15	Nate Anderson	60	20:02	Steamboat Springs	CO
16	Kyle Hubbard	62	20:05	Broomfield	CO
17	George Braun	64	20:21	Denver	CO
18	Scott Linnell	62	20:43	Colts Neck	NJ
19	Harold Leddy	63	21:37	Bridgewater	NJ
20	Randy Stroud	63	22:30	Acworth	GA
21	David Bloomquist	60	22:49	Woodstock	GA
22	Mitch Moore	64	23:01	Rochester	NY
23	George Robinson	63	26:58	Canton	GA

USATF NATIONAL MASTERS MEN'S AGE GROUP: 65 - 69

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Kirk Larson	67	20:10	Atlanta	GA
2	John Hirschberger	66	20:48	San Francisco	CA
3	Frank Gioia	65	21:06	Batavia	NY
4	Perry Linn	67	21:23	Corning	IA
5	Bob Dalton	65	21:27	Fayetteville	GA
6	Victor Vasquez	68	22:28	Miramar	FL
7	Doc Rappole	69	22:35	Bemus	NY
8	Tim McMullen	65	23:13	Churchville	NY
9	Roger Price	69	24:29	Randolph	NJ
10	Larry Liroy	69	24:35	Atlanta	GA
11	Michael Popick	69	25:32	Powder Springs	GA
12	Vasan Neovakul	68	25:39	Atlanta	GA
13	Jack Lewis	68	26:47	Atlanta	GA
14	Phillip Ozell	68	30:16	Atlanta	GA
15	Sam Norman	65	31:36	Lithonia	GA

USATF NATIONAL MASTERS MEN'S AGE GROUP: 70 - 74

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Gene Dykes	70	19:24	Bala Cynwyd	PA
2	Lloyd Hansen	70	20:46	Provo	UT
3	Jerry Learned	70	21:37	Gainesville	GA
4	Terry McCluskey	70	21:58	Vienna	OH
5	Dave Glass	71	22:07	Glenville	NY
6	Tony Gingello	71	22:35	Rochester	NY

7	Przemyslaw Nowicki	73	22:41	Holmdel	NJ
8	William Sumner	70	22:55	North Tustin	CA
9	John Combs	71	23:04	Irvine	CA
10	David Peterson	70	23:08	Franklin	TN
11	Keith Yeates	71	23:09	Pittsford	NY
12	Paul Carlin	72	23:13	Indianapolis	IN
13	Curtis Walker	71	24:14	Tucker	GA
14	Sam Benedict	71	24:29	Atlanta	GA
15	Liam Finnigan	72	24:48	Farmington	NY
16	Joe Carter	74	25:24	Snellville	GA
17	Elliott Henry	72	25:43	Frisco	CO
18	Dan Hardy	71	25:45	Atlanta	GA
19	Frank White	73	26:03	Cumming	GA
20	Jan Frisby	74	26:26	Grand Junction	CO
21	Joseph Lenahan	71	28:00	Roswell	GA
22	Patrick Dwyer	72	32:41	Seattle	WA
23	Alan Moore	73	36:15	Riverdale	GA

USATF NATIONAL MASTERS MEN'S AGE GROUP: 75 - 79

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Doug Goodhue	76	22:30	Milford	MI
2	Robert Hendrick	75	23:26	Deerfield Beach	FL
3	Richard Kutzner	75	24:06	Casa Grande	AZ
4	Ed Bligh	75	28:56	Alpharetta	GA
5	Andrew Sherwood	78	29:30	Atlanta	GA

USATF NATIONAL MASTERS MEN'S AGE GROUP: 80 - 84

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Sid Davis	83	41:42	Atlanta	GA

USATF NATIONAL MASTERS MEN'S AGE GROUP: 85 - 89

PLACE	NAME	AGE	TIME	RESIDENCE	ST
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USATF NATIONAL MASTERS MEN'S AGE GROUP: 90 - 94

PLACE	NAME	AGE	TIME	RESIDENCE	ST
1	Richard Soller	91	44:41	North Bend	OH

USATF NATIONAL MASTERS MEN'S AGE GROUP: 95 - 99

PLACE NAME	AGE	TIME	RESIDENCE	ST
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