

2019 USATF National Masters Grand Prix

			Club XC 12/8/2018	USA XC 2/2/2019	8km 3/16/2019	10km 4/28/2019	5km 8/17/2019	Mile 8/23/2019	5km XC 10/12/2019	15km 10/26/2019			
			Spokane, WA	Tallahassee, FL	Virginia Beach, VA	Dedham, MA	Atlanta, GA	Flint, MI	San Diego, CA	Tulsa, OK			
			1	2	3	4	5	6	7	8			
W40+ Place	Club Name	ST	Club XC	USA XC	8km	10km	5km	Mile	5km XC	15km	Total Points	Best 5	# events
1	Impala - A	CA	55	100	100	100	90	-	80	100	625	490	7
2	Atlanta - A	GA	-	90	90	-	100	100	60	-	440	440	5
-	San Diego - A	CA	90	-	-	-	-	-	100	-	190	-	2
-	GVH - A	NY	35	-	-	80	-	-	-	-	115	-	2
-	The Janes - A	CA	100	-	-	-	-	-	-	-	100	-	1
-	PradoRacingTeam-A	CA	-	-	-	-	-	-	90	-	90	-	1
-	Western Mass - A	MA	-	-	-	90	-	-	-	-	90	-	1
-	Atlanta - B	GA	-	-	-	-	80	-	-	-	80	-	1
-	BoiseBetties&Billies-A	ID	80	-	-	-	-	-	-	-	80	-	1
-	Colonial - A	VA	-	-	80	-	-	-	-	-	80	-	1
-	RunWildMissoula-A	MT	70	-	-	-	-	-	-	-	70	-	1
-	Shore Athletic - A	NJ	-	-	70	-	-	-	-	-	70	-	1
-	SOLE SISTERS RC-A	MA	-	-	-	70	-	-	-	-	70	-	1
-	Tm Rogue - A	TX	-	-	-	-	-	-	70	-	70	-	1
-	Red Lizard - A	OR	60	-	-	-	-	-	-	-	60	-	1
-	Tri Valley - A	MA	-	-	-	60	-	-	-	-	60	-	1
-	Snail's Pace - A	CA	-	-	-	-	-	-	55	-	55	-	1
-	SOLE SISTERS RC-B	MA	-	-	-	55	-	-	-	-	55	-	1
-	Grtr Lowell - A	MA	-	-	-	50	-	-	-	-	50	-	1
-	San Diego - B	CA	-	-	-	-	-	-	50	-	50	-	1
-	SeattleRunningClub-A	WA	50	-	-	-	-	-	-	-	50	-	1
-	Bull City - A	NC	45	-	-	-	-	-	-	-	45	-	1
-	PerrosBravos-A	CA	-	-	-	-	-	-	45	-	45	-	1
-	SpokaneSwifts-A	WA	40	-	-	-	-	-	-	-	40	-	1
-	Club NW - A	WA	30	-	-	-	-	-	-	-	30	-	1
-	SpokaneSwifts-B	WA	25	-	-	-	-	-	-	-	25	-	1
-	BoiseBetties&Billies-B	ID	20	-	-	-	-	-	-	-	20	-	1

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			Spokane, WA	Tallahassee, FL	Virginia Beach, VA	Dedham, MA	Atlanta, GA	Flint, MI	San Diego, CA	Tulsa, OK			
			1	2	3	4	5	6	7	8	Total Points	Best 5	# events
W50+ Place	Club Name	ST	Club XC	USA XC	8km	10km	5km	Mile	5km XC	15km	Total Points	Best 5	# events
1	Atlanta - A	GA	50	80	100	80	100	90	-	100	600	470	7
2	GVH - A	NY	40	70	80	60	-	80	60	-	390	350	6
3	Athena - A	PA	-	100	-	100	-	100	-	-	300	300	3
4	Impala - A	CA	55	-	70	-	-	-	100	-	225	225	3
-	San Diego - A	CA	60	-	-	-	-	-	80	-	140	-	2
-	The Janes - A	CA	100	-	-	-	-	-	-	-	100	-	1
-	Atlanta - B	GA	-	-	-	-	90	-	-	-	90	-	1
-	Clifton RR - A	NJ	-	-	90	-	-	-	-	-	90	-	1
-	Liberty AC - A	MA	35	-	-	55	-	-	-	-	90	-	2
-	NB Tampa - A	FL	-	90	-	-	-	-	-	-	90	-	1
-	SoCal - A	CA	-	-	-	-	-	-	90	-	90	-	1
-	Red Lizard - A	OR	90	-	-	-	-	-	-	-	90	-	1
-	Willow Street - A	NY	-	-	-	90	-	-	-	-	90	-	1
-	Club NW - A	WA	80	-	-	-	-	-	-	-	80	-	1
-	Snail's Pace - A	CA	-	-	-	-	-	-	70	-	70	-	1
-	Buffalo Chips RC-AC	CA	70	-	-	-	-	-	-	-	70	-	1
-	HFC Striders - A	MA	-	-	-	70	-	-	-	-	70	-	1
-	San Diego - B	CA	-	-	-	-	-	-	55	-	55	-	1
-	Grtr Lowell - A	MA	-	-	-	50	-	-	-	-	50	-	1
-	OregonTrackClub-A	OR	45	-	-	-	-	-	-	-	45	-	1
-	Tri Valley - A	MA	-	-	-	45	-	-	-	-	45	-	1
-	SOLE SISTERS RC-A	MA	-	-	-	40	-	-	-	-	40	-	1
			Club XC 12/8/2018	USA XC 2/2/2019	8km 3/16/2019	10km 4/28/2019	5km 8/17/2019	Mile 8/23/2019	5km XC 10/12/2019	15km 10/26/2019			
			Spokane, WA	Tallahassee, FL	Virginia Beach, VA	Dedham, MA	Atlanta, GA	Flint, MI	San Diego, CA	Tulsa, OK			
			1	2	3	4	5	6	7	8	Total Points	Best 5	# events
W60+ Place	Club Name	ST	Club XC	USA XC	8km	10km	5km	Mile	5km XC	15km	Total Points	Best 5	# events
1	Atlanta - A	GA	70	90	100	100	100	90	-	100	650	490	7
2	Red Lizard - A	OR	100	100	-	90	-	-	90	90	470	470	5
-	Impala - A	CA	90	-	-	-	-	100	-	-	190	-	2
-	San Diego - A	CA	80	-	-	-	-	-	100	-	180	-	2
-	Colonial - A	VA	-	-	90	-	-	-	-	-	90	-	1
-	Boulder - A	CO	-	-	-	-	-	-	80	-	80	-	1
-	GVH - A	NY	-	80	-	-	-	-	-	-	80	-	1
-	Whirlaway Racing - A	MA	-	-	-	80	-	-	-	-	80	-	1
-	Grtr Lowell - A	MA	-	-	-	70	-	-	-	-	70	-	1
-	NJ MASTERS TF CLUB-A	NJ	-	-	-	60	-	-	-	-	60	-	1
-	San Diego - B	CA	60	-	-	-	-	-	-	-	60	-	1
-	Tri Valley - A	MA	-	-	-	55	-	-	-	-	55	-	1

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			Spokane, WA	Tallahassee, FL	Virginia Beach, VA	Dedham, MA	Atlanta, GA	Flint, MI	San Diego, CA	Tulsa, OK			
			1	2	3	4	5	6	7	8	Total Points	Best 5	# events
W70+ Place	Club Name	ST	Club XC	USA XC	8km	10km	5km	Mile	5km XC	15km	Total Points	Best 5	# events
1	Atlanta - A	GA	100	100	-	-	100	100	-	-	400	400	4
-	San Diego - A	CA	90	-	-	-	-	-	90	-	180	-	2
-	Impala - A	CA	-	-	-	-	-	-	100	-	100	-	1

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			Spokane, WA	Tallahassee, FL	Virginia Beach, VA	Dedham, MA	Atlanta, GA	Flint, MI	San Diego, CA	Tulsa, OK			
			1	2	3	4	5	6	7	8			
M40+ Place	Club Name	ST	Club XC	USA XC	8km	10km	5km	Mile	5km XC	15km	Total Points	Best 5	# events
1	GSTC New Balance-A	NJ	35	-	100	-	70	100	60	100	465	430	6
2	Atlanta - A	GA	40	80	-	70	90	90	-	90	460	420	6
3	GVH - A	NY	-	90	-	60	80	80	-	-	310	310	4
4	Cal Coast - A	CA	55	100	-	-	-	-	90	-	245	245	3
-	BAA - A	MA	90	-	-	100	-	-	-	-	190	-	2
-	West Valley - A	CA	80	-	-	-	-	-	100	-	180	-	2
-	Willow Street - A	NY	-	-	90	55	-	-	-	-	145	-	2
-	Bowerman - A	OR	100	-	-	-	-	-	-	-	100	-	1
-	CHARLOTTERUNNINGCLUB-A	NC	-	-	-	-	100	-	-	-	100	-	1
-	Central MA Str - A	MA	-	-	-	90	-	-	-	-	90	-	1
-	boomRUNNING-A	CA	-	-	-	-	-	-	80	-	80	-	1
-	Colonial - A	VA	-	-	80	-	-	-	-	-	80	-	1
-	HFC Striders - A	MA	-	-	-	80	-	-	-	-	80	-	1
-	PradoRacingTeam-A	CA	-	-	-	-	-	-	70	-	70	-	1
-	RoanokeValleyElite-A	VA	-	-	70	-	-	-	-	-	70	-	1
-	RunMN-A	MN	70	-	-	-	-	-	-	-	70	-	1
-	Atlanta - B	GA	-	-	-	-	60	-	-	-	60	-	1
-	Club NW - A	WA	60	-	-	-	-	-	-	-	60	-	1
-	Shore Athletic - A	NJ	-	-	60	-	-	-	-	-	60	-	1
-	Atlanta - C	GA	-	-	-	-	55	-	-	-	55	-	1
-	GSH - A	MA	-	-	-	50	-	-	-	-	50	-	1
-	SRAElite-A	CA	50	-	-	-	-	-	-	-	50	-	1
-	Red Lizard - A	OR	45	-	-	-	-	-	-	-	45	-	1
-	Tri Valley - A	MA	-	-	-	45	-	-	-	-	45	-	1
-	HOKAAggieRunningClub-A	CA	30	-	-	-	-	-	-	-	30	-	1
-	BAA - B	MA	25	-	-	-	-	-	-	-	25	-	1
-	Bull City - A	NC	20	-	-	-	-	-	-	-	20	-	1
-	MovinShoesRaceTeam-A	WI	15	-	-	-	-	-	-	-	15	-	1
-	West Valley - B	CA	10	-	-	-	-	-	-	-	10	-	1
-	Pamakids-A	CA	5	-	-	-	-	-	-	-	5	-	1
-	PhoenixFreeSoles-A	AZ	5	-	-	-	-	-	-	-	5	-	1
-	SpokaneDistanceProject-A	WA	5	-	-	-	-	-	-	-	5	-	1

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			1	2	3	4	5	6	7	8			
M50+ Place	Club Name	ST	Club XC	USA XC	8km	10km	5km	Mile	5km XC	15km	Total Points	Best 5	# events
1	GSH - A	MA	100	-	100	80	100	100	-	-	480	480	5
2	Atlanta - A	GA	-	100	80	-	80	90	80	100	530	450	6
3	GVH - A	NY	55	90	70	100	-	80	90	-	485	430	6
-	Cal Coast - A	CA	60	-	-	-	-	-	100	-	160	-	2
-	Shore Athletic - A	NJ	-	-	90	70	-	-	-	-	160	-	2
-	JamulToads-A	CA	25	-	-	-	-	-	70	-	95	-	2
-	Bowerman - A	OR	90	-	-	-	-	-	-	-	90	-	1
-	GSTC New Balance-A	NJ	-	-	-	-	90	-	-	-	90	-	1
-	HFC Striders - A	MA	-	-	-	90	-	-	-	-	90	-	1
-	KC Smoke - A	MO	-	-	-	-	-	-	-	90	90	-	1
-	Club NW - A	WA	80	-	-	-	-	-	-	-	80	-	1
-	Atlanta - B	GA	-	-	-	-	70	-	-	-	70	-	1
-	Playmakers - A	MI	-	-	-	-	-	70	-	-	70	-	1
-	RunMN-A	MN	70	-	-	-	-	-	-	-	70	-	1
-	Atlanta - C	GA	-	-	-	-	60	-	-	-	60	-	1
-	Colonial - A	VA	-	-	60	-	-	-	-	-	60	-	1
-	Grtr Lowell - A	MA	-	-	-	60	-	-	-	-	60	-	1
-	HFC Striders - B	MA	-	-	-	55	-	-	-	-	55	-	1
-	BAA - A	MA	-	-	-	50	-	-	-	-	50	-	1
-	Chattanooga - A	TN	50	-	-	-	-	-	-	-	50	-	1
-	Pamakids-A	CA	45	-	-	-	-	-	-	-	45	-	1
-	PhoenixFreeSoles-A	AZ	40	-	-	-	-	-	-	-	40	-	1
-	Bowerman - B	OR	35	-	-	-	-	-	-	-	35	-	1
-	Club NW - B	WA	30	-	-	-	-	-	-	-	30	-	1

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			Spokane, WA	Tallahassee, FL	Virginia Beach, VA	Dedham, MA	Atlanta, GA	Flint, MI	San Diego, CA	Tulsa, OK			
			1	2	3	4	5	6	7	8	Total Points	Best 5	# events
M60+ Place	Club Name	ST	Club XC	USA XC	8km	10km	5km	Mile	5km XC	15km			
1	Atlanta - A	GA	70	100	100	100	100	100	-	-	570	500	6
2	Shore Athletic - A	NJ	-	70	80	60	80	90	-	100	480	420	6
2	Boulder - A	CO	60	90	90	55	90	-	-	90	475	420	6
4	GVH - A	NY	30	80	70	50	-	-	-	-	230	230	4
5	KC Smoke - A	MO	-	60	-	-	-	80	70	-	210	210	3
6	Cal Coast - A	CA	45	55	-	-	-	-	80	-	180	180	3
-	Green Mt AA - A	VT	80	-	-	80	-	-	-	-	160	-	2
-	PradoRacingTeam-A	CA	35	-	-	-	-	-	90	-	125	-	2
-	Club NW - A	WA	100	-	-	-	-	-	-	-	100	-	1
-	JamulToads-A	CA	-	-	-	-	-	-	100	-	100	-	1
-	Grtr Lowell - A	MA	-	-	-	90	-	-	-	-	90	-	1
-	RunNFun-A	MN	90	-	-	-	-	-	-	-	90	-	1
-	Ann Arbor - A	MI	-	-	-	-	-	70	-	-	70	-	1
-	Atlanta - B	GA	-	-	-	-	70	-	-	-	70	-	1
-	Tri Valley - A	MA	-	-	-	70	-	-	-	-	70	-	1
-	Ann Arbor - B	MI	-	-	-	-	-	60	-	-	60	-	1
-	Colonial - A	VA	-	-	60	-	-	-	-	-	60	-	1
-	San Diego - A	CA	-	-	-	-	-	-	60	-	60	-	1
-	Bowerman - A	OR	55	-	-	-	-	-	-	-	55	-	1
-	Cal Coast - B	CA	5	-	-	-	-	-	50	-	55	-	2
-	SoCal - A	CA	-	-	-	-	-	-	55	-	55	-	1
-	River City - A	WA	50	-	-	-	-	-	-	-	50	-	1
-	SpeedstersFlorida-A	FL	-	50	-	-	-	-	-	-	50	-	1
-	HFC Striders - A	MA	-	-	-	45	-	-	-	-	45	-	1
-	Grtr Lowell - B	MA	-	-	-	40	-	-	-	-	40	-	1
-	Syracuse TC - A	NY	40	-	-	-	-	-	-	-	40	-	1
-	HOKAAggieRunningClub-A	CA	25	-	-	-	-	-	-	-	25	-	1
-	Club NW - B	WA	20	-	-	-	-	-	-	-	20	-	1
-	RunNFun-B	MN	15	-	-	-	-	-	-	-	15	-	1
-	FlyingIrishRunningClub-A	WA	10	-	-	-	-	-	-	-	10	-	1
-	Piedmont - A	NC	5	-	-	-	-	-	-	-	5	-	1

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			Spokane, WA	Tallahassee, FL	Virginia Beach, VA	Dedham, MA	Atlanta, GA	Flint, MI	San Diego, CA	Tulsa, OK			
			1	2	3	4	5	6	7	8	Total Points	Best 5	# events
M70+ Place	Club Name	ST	Club XC	USA XC	8km	10km	5km	Mile	5km XC	15km	Total Points	Best 5	# events
1	Ann Arbor - A	MI	100	-	100	-	100	100	80	-	480	480	5
2	Atlanta - A	GA	55	100	80	90	90	90	50	100	655	470	8
3	GVH - A	NY	60	90	90	100	80	80	70	-	570	440	7
4	Atlanta - B	GA	45	80	-	-	70	-	40	90	325	325	5
-	Boulder - A	CO	80	-	-	-	-	-	90	-	170	-	2
-	SanDiegoStriders-A	CA	50	-	-	-	-	-	100	-	150	-	2
-	Tamalpa - A	CA	90	-	-	-	-	-	60	-	150	-	2
-	Atlanta - C	GA	-	70	-	-	60	-	-	-	130	-	2
-	EastsideRunners-A	WA	70	-	-	-	-	-	55	-	125	-	2
-	NE 65 Plus - A	MA	-	-	-	80	-	-	-	-	80	-	1
-	Clifton RR - A	NJ	-	-	70	-	-	-	-	-	70	-	1
-	San Diego - A	CA	-	-	-	-	-	-	45	-	45	-	1
-	SanDiegoStriders-A	CA	100	-	-	-	-	-	100	-	200	-	2
-	Atlanta - A	GA	-	-	-	-	100	-	-	-	100	-	1
-	NE 65 Plus - A	MA	-	-	-	100	-	-	-	-	100	-	1
-	San Diego - A	CA	-	-	-	-	-	-	90	-	90	-	1

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			Spokane, WA	Tallahassee, FL	Virginia Beach, VA	Dedham, MA	Atlanta, GA	Flint, MI	San Diego, CA	Tulsa, OK			
			1	2	3	4	5	6	7	8	Total Points	Best 5	# events
M80+ Place	Club Name	ST	Club XC	USA XC	8km	10km	5km	Mile	5km XC	15km	Total Points	Best 5	# events
-	SanDiegoStriders-A	CA	100	-	-	-	-	-	100	-	200	-	2
-	Atlanta - A	GA	-	-	-	-	100	-	-	-	100	-	1
-	NE 65 Plus - A	MA	-	-	-	100	-	-	-	-	100	-	1
-	San Diego - A	CA	-	-	-	-	-	-	90	-	90	-	1

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2019 USATF Masters Long Distance Running

Individual Grand Prix

Men's Standings



		12/8/2018	2/2/2019	3/16/2019	4/28/2019	8/17/2019	8/23/2019	10/12/2018	10/26/2019				
		Spokane WA	Tallahassee FL	Virginia Beach VA	Dedham MA	Atlanta GA	Flint MI	San Diego CA	Tulsa OK				
Men 40-44		1	2	3	4	5	6	7	8				
Place Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Total Pts	Best 5 Pts	# events	AWARD
1 David Angell	43	90	95	100	95	100			95	575	485	6	1st
2 Christopher Hernandez	43		85	70	50	45	65			315	315	5	2nd
3 Paul Jones	43	5	90	90						185	185	3	3rd
4 Neville Davey	44	85						95		180	180	2	
5 Shawn Williams	42	5				55		35	80	175	175	4	4th
6 Sam Teigen	44	5		85	70					160	160	3	5th
7 Aaron Totten-Lancaster	44				65				90	155	155	2	
8 David Bedoya	42	70			80					150	150	2	
9 Josh Harter	44		75			75				150	150	2	
10 Brendan Prindiville	42	45			90					135	135	2	
11 Dave Ferruggia	42					60	75			135	135	2	
12 Chuck Schneekloth	42						100	30		130	130	2	
13 Matthew Lopiccicolo	43		65	55						120	120	2	
14 Tim Rieth	43		80		25					105	105	2	
15 Chris Weiss	44	5				40	60			105	105	3	6th-tie
16 Thomas Knowles	43	5				50		50		105	105	3	6th-tie
17 Shad Birkholz	42	5				30			70	105	105	3	6th-tie
18 Jorge Maravilla	41	100								100	100	1	
19 Eric Blake	40				100					100	100	1	
20 ROOSEVELT COOK	40							100		100	100	1	
21 Christopher Naimoli	40								100	100	100	1	
22 Eric Loeffler	41	95								95	95	1	
23 Mike Cole	43			95						95	95	1	
24 Jake Stookey	43			80	15					95	95	2	
25 Martin Wennblom	40					95				95	95	1	
26 Jeremy Hurley	42						95			95	95	1	
27 Jason Holroyd	43					90				90	90	1	
28 Philip Potvin	43						90			90	90	1	
29 Jason Batterson	43	5						85		90	90	2	
30 ADAM DAILEY	43							90		90	90	1	
31 Matthew Carter	40	55			30					85	85	2	
32 Tj Unger	40				85					85	85	1	
33 Brad Balaban	42					85				85	85	1	
34 Mark Walchinsky	40						85			85	85	1	
35 Todd Hierlmaier	40								85	85	85	1	
36 Ben Hovis	41					80				80	80	1	
37 Ben Van Male	42						80			80	80	1	
38 DAN LESSER	43							80		80	80	1	
39 Steven Short	42	75								75	75	1	
40 Victor Flemming	40			75						75	75	1	

41	Patrick Rich	42			75					75	75	1	
42	Mark Castleberry	44		40		35				75	75	2	
43	John Montgomery	44	5					70		75	75	2	
44	OKWARO RAURA	44						75		75	75	1	
45	Benjamin McLain	44							75	75	75	1	
46	Thomas Regan	44		70						70	70	1	
47	Chadwick Hales	43				70				70	70	1	
48	Aaron Usher	40					70			70	70	1	
49	Scott Williams	40	65							65	65	1	
50	Peter Boyd	44			65					65	65	1	
51	Peter Brown	44				65				65	65	1	
52	JAMAAL RYAN	42						65		65	65	1	
53	Eric Hartmark	40	60							60	60	1	
54	Brian Lazzaro	44		60						60	60	1	
55	Christopher Shaw	43			60					60	60	1	
56	Lee Danforth	41			60					60	60	1	
57	CLINTON BELL	40						60		60	60	1	
58	Thomas Aliff	40		55						55	55	1	
59	Joshua Perks	44			55					55	55	1	
60	JUSTIN TURNER	40						55		55	55	1	
61	Joshua Gordon	44	50							50	50	1	
62	Tommy Brown	44		50						50	50	1	
63	Paul Lenkowski	44			50					50	50	1	
64	Robert Flanigan	42		45						45	45	1	
65	Brian Prendergast	44			45					45	45	1	
66	Shawn Powers	44			45					45	45	1	
67	JACOB FORD	41						45		45	45	1	
68	Ryan McCalmon	43	40							40	40	1	
69	Tommy Boles	41			40					40	40	1	
70	Justin Daglish	41	5		35					40	40	2	
71	Timothy Gavin	43			40					40	40	1	
72	SAULO RIVERA	42						40		40	40	1	
73	Jesse Zentz	42	35							35	35	1	
74	Donald Lynn	44			35					35	35	1	
75	Tim Hardy	43	30							30	30	1	
76	Matthew Wright	41			30					30	30	1	
77	Alan Jackson	44	25							25	25	1	
78	Jason Miller	41			25					25	25	1	
79	Christopher Melleby	40	5		20					25	25	2	
80	Justin Elmore	43				25				25	25	1	
81	DAVID LIPKE	41						25		25	25	1	
82	Lance Thompson	42	20							20	20	1	
83	LARS SCHMITZ (NC)	41						20		20	20	1	
84	Brantley Lutz	43	15							15	15	1	
85	KURT WHITTINGTON	41						15		15	15	1	
86	Jesse Barragan	40	10							10	10	1	

87	Mike Federico	43				10					10	10	1	
88	LINDSAY HAMOUDI (NC	40							10		10	10	1	
89	Charlie Brenneman	40	5								5	5	1	
90	Benjamin Mangrum	40	5								5	5	1	
91	Olivier Vrambout	44	5								5	5	1	
92	Mark Bloudek	44	5								5	5	1	
93	Konrad Knutsen	42	5								5	5	1	
94	Patrick Russell	42	5								5	5	1	
95	Eric Johnson	44	5								5	5	1	
96	Jason Page	44	5								5	5	1	
97	Scott Abbott	41	5								5	5	1	
98	Tim Willcox	40	5								5	5	1	
99	Kenny Miller	41	5								5	5	1	
100	Ian Fraser	44	5								5	5	1	
101	Gabriel Kliot	41	5								5	5	1	
102	Chris Lundstrom	42	5								5	5	1	
103	Darren Moore	44	5								5	5	1	
104	Daniel Bartosz	42	5								5	5	1	
105	Dan Feda	44	5								5	5	1	
106	Orestes Gutierrez	42	5								5	5	1	
107	Christopher Benestad	41	5								5	5	1	
108	Nate Bowen	42	5								5	5	1	
109	Mark LaRosa	40	5								5	5	1	
110	Jamey Gifford	40	5								5	5	1	
111	Ryan Davenport	44	5								5	5	1	
112	Paul Wellman	40	5								5	5	1	
113	Chris McGinness	40	5								5	5	1	
114	Ryan Carlson	42	5								5	5	1	
115	Charles Joy	41	5								5	5	1	
116	Jason Timochko	42	5								5	5	1	
117	Zachary Redding	40	5								5	5	1	
118	Travis Price	42	5								5	5	1	
119	Lars Schmitz	40	5								5	5	1	
120	Bryan Stevens	40	5								5	5	1	
121	Chris Forti	40	5								5	5	1	
122	Zachary Hedling	43	5								5	5	1	
123	Ben Jones	44	5								5	5	1	
124	Andrew Ehlert	40	5								5	5	1	
125	Alan Frindell	41	5								5	5	1	
126	Rodney Hemingway	42	5								5	5	1	
127	Ronnie Weed	43	5								5	5	1	
128	Daniel Finkel	42				5					5	5	1	
129	Thomas Stracqualursi	44				5					5	5	1	
130	TREVOR COX	40							5		5	5	1	
131	RANDY RAY	43							5		5	5	1	
132	ISAAC MEDRANO	40							5		5	5	1	

133	MARK ALFARO	40							5		5	5	1	
Men 45-49														
	Place Name	Age	1	2	3	4	5	6	7	8	Total Pts	Best 5 Pts	# events	AWARD
	1 Brian Sydow	46	5	95	100	95	90	95		100	580	485	7	1st
	2 Jacques Sallberg	45	80	100					100		280	280	3	2nd
	3 John Gardiner	47	85	100					90		275	275	3	3rd
	4 Brent Fields	47	5	90			85	85			265	265	4	4th
	5 Jonathan Frieder	48	45		95					90	230	230	3	5th
	6 Gregory Mitchell	45	95				95				190	190	2	
	7 Mark Andrews	48					100	90			190	190	2	
	8 Greg Putnam	49			90	80					170	170	2	
	9 Jan Stofan	47			70	70					140	140	2	
	10 Andrew Reed	47			55	60					115	115	2	
	11 Edward Parrot	48		65		45					110	110	2	
	12 John Howell	45	100								100	100	1	
	13 Kevin Castille	47				100					100	100	1	
	14 Michael Madsen	46						100			100	100	1	
	15 Chris Georgules	45	5			90					95	95	2	
	16 MARK YUEN	48							95		95	95	1	
	17 Jason Butler	47								95	95	95	1	
	18 Jaime Heilpern	48	90								90	90	1	
	19 Shanon Winkelman	48	5	85							90	90	2	
	20 Elliott Frieder	48	5							85	90	90	2	
	21 Derek Fenton	48			85						85	85	1	
	22 Donal O'Sullivan	45				85					85	85	1	
	23 OSCAR LEMUS	47							85		85	85	1	
	24 Todd Rose	45	80								80	80	1	
	25 John Westrick	48		80							80	80	1	
	26 Keith Schumann	48			80						80	80	1	
	27 Aaron Linz	46					80				80	80	1	
	28 Chris White	45						80			80	80	1	
	29 MICHAEL STANGE	49							80		80	80	1	
	30 Brian McKinney	48								80	80	80	1	
	31 Orin Schumacher	45	75								75	75	1	
	32 Steve Wilcox	48		75							75	75	1	
	33 Volker Burkowski	47			75						75	75	1	
	34 Brian Murray	46				75					75	75	1	
	35 Thomas Carroll	46					75				75	75	1	
	36 Derek Bork	48						75			75	75	1	
	37 EFREN LIMBAG	47							75		75	75	1	
	38 Jason Hatfield	46								75	75	75	1	
	39 Alan Black	45	70								70	70	1	
	40 Van Dick	49		70							70	70	1	
	41 Steve Bell	47					70				70	70	1	
	42 Bernard Henry	49						70			70	70	1	
	43 WILLIAM RICE	45							70		70	70	1	

44	Michael Bresson	47	65							65	65	1	
45	Matthew Cutrona	49				65				65	65	1	
46	DAMIAN COYLE	45						65		65	65	1	
47	Julian Marsh	45	60							60	60	1	
48	Robert Skorupski	46		60						60	60	1	
49	Shawn Conway	48	5		55					60	60	2	
50	Douglas McLaughlin	49				60				60	60	1	
51	JOSE RIVERA (NC)	47						60		60	60	1	
52	Christopher Magill	45	55							55	55	1	
53	David Henry	49				55				55	55	1	
54	JAYSON FULTZ	47						55		55	55	1	
55	Ahrlin Bauman	45	50							50	50	1	
56	David Lockard	49		50						50	50	1	
57	Andrew Bucci	46			50					50	50	1	
58	Mohamed Ali	49				50				50	50	1	
59	PATRICK MCBRIDE	46						50		50	50	1	
60	Timothy McQueen	47		45						45	45	1	
61	EVODIO NERI	48						45		45	45	1	
62	Torrey Lindbo	46	40							40	40	1	
63	Robert Irwin	46		40						40	40	1	
64	Manolis Liodakis	46			40					40	40	1	
65	ANDRE BASLER	45						40		40	40	1	
66	Ulrich Steidl	46	35							35	35	1	
67	Paul McCormick	49		35						35	35	1	
68	Mark Capparella	49			35					35	35	1	
69	AARON LEE	45						35		35	35	1	
70	Thomas McGlynn	46	30							30	30	1	
71	Charles Crocker	45			30					30	30	1	
72	Nicholas Bowden	47	25							25	25	1	
73	Mark Welburn	46			25					25	25	1	
74	Thomas Bache	46	20							20	20	1	
75	Matthew Liptak	49			20					20	20	1	
76	Craig Magness	46	15							15	15	1	
77	Eric Shafer	49	10							10	10	1	
78	Jonah Backstrom	45	5							5	5	1	
79	Edward Randolph	49	5							5	5	1	
80	Matt Seeley	48	5							5	5	1	
81	Brett Bernacchi	46	5							5	5	1	
82	Ed Brooks	47	5							5	5	1	
83	Shawn Crockett	49	5							5	5	1	
84	Michael Thomas	49	5							5	5	1	
85	Allen Baddour	47	5							5	5	1	
86	John Markell	45	5							5	5	1	
87	Steve Kirschke	47	5							5	5	1	
88	Michael Joh Stanley	47	5							5	5	1	
89	Mario Cadete	46	5							5	5	1	

90	James Callaghan	49	5								5	5	1	
91	Todd Poremba	49	5								5	5	1	
92	John Reich	49	5								5	5	1	
93	David McCulloch	48	5								5	5	1	
94	Jeff Turner	46	5								5	5	1	
95	Ben Sauvage	49	5								5	5	1	
96	Mark Donahue	47	5								5	5	1	
97	Michael McGrane	48	5								5	5	1	
98	Corey Brantley	46	5								5	5	1	
99	Beau Seegmiller	48	5								5	5	1	
100	Andrew Chan	47	5								5	5	1	
101	Zachary Ames	47	5								5	5	1	
102	Denis Glenn	48	5								5	5	1	
103	Christopher Rinaldi	49	5								5	5	1	
104	Gregory Coughlan	49	5								5	5	1	
105	William Wheeler	49	5								5	5	1	
106	Carl Anstrom	45	5								5	5	1	
107	Aric Trantum	47	5								5	5	1	
108	Curt Casazza	47	5								5	5	1	
109	Jack Brodhead	49	5								5	5	1	
110	Mathieu DesJardins	48	5								5	5	1	
111	Ted Chauvin	45	5								5	5	1	
112	Joshua Sundt	46	5								5	5	1	
113	Dave Durand	48	5								5	5	1	
114	Erik Heimann	46	5								5	5	1	
115	Ken Sandberg	49	5								5	5	1	
Men 50-54			1	2	3	4	5	6	7	8				
Place	Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Total Pts	Best 5 Pts	# events	AWARD
1	Kent Lemme	52	50	95	100	85	60	70			460	410	6	1st
2	Mike Nier	54	15	80	90	80		75	80		420	405	6	2nd
3	Jeff Conston	51		45	65	55	70	90			325	325	5	3rd
4	Michael Slinsky	50			65	65	85	35	45		295	295	5	4th
5	Christian Cushing-Murray	51	80	100					75		255	255	3	5th-tie
6	Brad Slavens	50	5		50		80		30	90	255	255	5	5th-tie
7	Dale Flanders	54	5	60			45	45	50		205	205	5	7th
8	Andy Gardiner	53	95			100					195	195	2	
9	Tim Van Orden	51				95		100			195	195	2	
10	Matthew Farley	51	5	85					95		185	185	3	8th
11	Joe Shairs	50			85	90					175	175	2	
12	Francis Burdett	54	5		60	65	40		5		175	175	5	9th
13	Mark Hixson	54	65				95				160	160	2	
14	Ken Ginsburg	50			70	60		30			160	160	3	10th
15	Michael Strickland	53					35	50	55		140	140	3	11th
16	Frederick Herr	53	45							95	140	140	2	
17	Craig Godwin	52	40							100	140	140	2	
18	Alejandro Heuck	54	5			45		85			135	135	3	12th

19	Michael Connors	52		70				65		135	135	2	
20	Dean Thompson	53	35	90						125	125	2	
21	Peter Kotchen	50	5	55			65			125	125	3	13th
22	John Hogan	53			80		30			110	110	2	
23	Scott Grandfield	54				50		55		105	105	2	
24	Peter Hammer	52	100							100	100	1	
25	Tim Meigs	52					100			100	100	1	
26	IVAN LIEBEN	50						100		100	100	1	
27	Charles Mullane	50	5					90		95	95	2	
28	Doug Mock	51			95					95	95	1	
29	Todd Straka	52						95		95	95	1	
30	Carl Combs	53	90							90	90	1	
31	Joseph Hegge	50					90			90	90	1	
32	Michael Nahom	51	85							85	85	1	
33	ROBERT VERHEES	53						85		85	85	1	
34	Matthew Whitis	51							85	85	85	1	
35	Landen Summay	53					80			80	80	1	
36	Charles Land	53							80	80	80	1	
37	Eric Stabb	50	75							75	75	1	
38	Robert Arsenaault	53		75						75	75	1	
39	Colin Munsey	53			75					75	75	1	
40	Jason Cakouros	53				75				75	75	1	
41	Daniel Cole	51					75			75	75	1	
42	Eric Hartmann	50	70							70	70	1	
43	Andrew Bodley	52				70				70	70	1	
44	SCOTT SIRIANO	53						70		70	70	1	
45	Eric Anish	50		65						65	65	1	
46	John McMahon	53						65		65	65	1	
47	Ben Bailey	54		35				25	5	65	65	3	14th
48	Eric Williams	54	60							60	60	1	
49	Harold Porcher	54			55		5			60	60	2	
50	Richard Osifchin	54	5				55			60	60	2	
51	Scot Ursum	51						60		60	60	1	
52	MARC SOSNOWSKI	52							60	60	60	1	
53	William Lindell	51	55							55	55	1	
54	Ryan Shrum	51	5	50						55	55	2	
55	Jeff Haushalter	52		40			10			50	50	2	
56	Joe Livorsi	51					50			50	50	1	
57	Paul Pelletier	53			45					45	45	1	
58	Brian Hill	52			40					40	40	1	
59	Bill Newsham	54		30		10				40	40	2	
60	John Stadlander	53				40				40	40	1	
61	Stephen Ruchlin	51						40		40	40	1	
62	DAVID REES	52							40	40	40	1	
63	Michael Hulett	52			35					35	35	1	
64	Christopher Smith	53				35				35	35	1	

65	BRIAN SKILES	50						35		35	35	1	
66	Matthew Waite	50	30							30	30	1	
67	Gregory Dawson	53			30					30	30	1	
68	Robert Landry	50				30				30	30	1	
69	Tony Gerbino	54	25							25	25	1	
70	David Alder	54		25						25	25	1	
71	Peter Fratini	54				25				25	25	1	
72	Chip Owens	52					25			25	25	1	
73	KEVIN CARR	53						25		25	25	1	
74	Gary Blanco	51	20							20	20	1	
75	Brian Bragg	52				20				20	20	1	
76	David Waid	51					20			20	20	1	
77	Matt Bach	50						20		20	20	1	
78	Mario Balcom	54	5					15		20	20	2	
79	MIMO PARKINS	54						20		20	20	1	
80	Timothy Hoff	53				15				15	15	1	
81	Fred Weir	52					15			15	15	1	
82	Dan Franek	53	10							10	10	1	
83	Bryan Wallbank	51	5					5		10	10	2	
84	Sean Stevenson	54	5					5		10	10	2	
85	Jorge Castro	51	5					5		10	10	2	
86	TIMOTHY STAFFORD	54						10		10	10	1	
87	Lance Logan	54	5							5	5	1	
88	Anthony McGrath	51	5							5	5	1	
89	Gary Gellin	50	5							5	5	1	
90	Wesley Sealand	54	5							5	5	1	
91	Robert Economy	54	5							5	5	1	
92	Paul Kramer	50	5							5	5	1	
93	Thomas Schumann	53	5							5	5	1	
94	Erich Ackermann	50	5							5	5	1	
95	Bill Brist	54	5							5	5	1	
96	Acy Roff	54	5							5	5	1	
97	Michael Fadling	50	5							5	5	1	
98	Carl Winter	52	5							5	5	1	
99	Ricardo Maldonado	54	5							5	5	1	
100	Kevin Barda	51	5							5	5	1	
101	Douglas Cross	50	5							5	5	1	
102	Kevan Chu	50	5							5	5	1	
103	Daniel Salazar	53	5							5	5	1	
104	Roger Dix	51	5							5	5	1	
105	Jim Larranaga	53	5							5	5	1	
106	Sid Sullivan	52	5							5	5	1	
107	Joe Van De Water	51	5							5	5	1	
108	Ron Lombardi	54	5							5	5	1	
109	Russell Fairles	51	5							5	5	1	
110	John Burton	50	5							5	5	1	

111	Steven Heaps	54	5								5	5	1	
112	Sean Messiter	52	5								5	5	1	
113	Greg Hales	52	5								5	5	1	
114	John Leo	54	5								5	5	1	
115	Blake Sacha	53	5								5	5	1	
116	Bill Fitzner	53	5								5	5	1	
117	Randall Conner	50	5								5	5	1	
118	Jerry Flanagan	53	5								5	5	1	
119	Paul Miller	54	5								5	5	1	
120	John Johnson	50	5								5	5	1	
121	Martin Tomasi	50	5								5	5	1	
122	Thomas Fuchs	53	5								5	5	1	
123	Jeffrey Brandt	54	5								5	5	1	
124	Jacob Michaels	51	5								5	5	1	
125	Jon Hoerlein	51	5								5	5	1	
126	Michael Lauffer	53	5								5	5	1	
127	Dave Ross	51	5								5	5	1	
128	Charles Simpson	50	5								5	5	1	
129	Anthony Landry	51				5					5	5	1	
130	Joe Ciavattone	53				5					5	5	1	
131	Kevin Grant	53				5					5	5	1	
132	Charles Starrett	51					5				5	5	1	
133	Jaime Quinones	51					5				5	5	1	
134	VENELIN TCHAMOV	53						5			5	5	1	
135	JEFFREY BRODINE	54						5			5	5	1	
136	BRIAN BIGONI	52						5			5	5	1	
137	MARK PLUNGY	51						5			5	5	1	
138	JOSE OLIVAS	52						5			5	5	1	
Men 55-59			1	2	3	4	5	6	7	8				
Place	Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Total Pts	Best 5 Pts	# events	AWARD
1	Nat Larson	57	100	100	100		100	95			495	495	5	1st
2	Mark Zamek	56	90				95	100	85		370	370	4	2nd
3	Lester Dragstedt	57		60	85		70	55	40	90	400	360	6	3rd
4	Gary Droze	58		85	95		85		70		335	335	4	4th
5	Alan Evans	56	85			100		70			255	255	3	5th
6	David Bischoff	57	5	75		80			75		235	235	4	6th
7	Gregory Oshust	56		70		75	80				225	225	3	7th
8	John Van Kerkhove	57	5	45	80	45			20		195	195	5	8th
9	John Borthwick	55						90		95	185	185	2	
10	Mike Blackmore	57	70	95							165	165	2	
11	Jeff Haertel	57					75	75			150	150	2	
12	Mark Reeder	59	55			90					145	145	2	
13	Jim Walsh	58	50						80		130	130	2	
14	Michael Gorriaran	59	5	65					50		120	120	3	9th
15	Wayne Crandall	56			75	40					115	115	2	
16	John Kissane	59		55			50				105	105	2	

17	KEVIN ZIMMER	56						100		100	100	1	
18	Michael Collins	55							100	100	100	1	
19	Tony Young	56	95							95	95	1	
20	John Sullivan	58			95					95	95	1	
21	BRADLEY PETERSON	56						95		95	95	1	
22	Theodor Schnauffer	55	5		85					90	90	2	
23	Mark Tatum	59		90						90	90	1	
24	David Matherne	55				90				90	90	1	
25	JEFF CREIGHTON	56						90		90	90	1	
26	Alan Wells	56					85			85	85	1	
27	Scott Tucker	56	80							80	80	1	
28	Greg Pelican	59		80						80	80	1	
29	Mike Spencer	59	5	40			35			80	80	3	10th
30	Chuck Bridgman	58						80		80	80	1	
31	Stephen Bean	57	75							75	75	1	
32	E J Hrynowski	56	5		70					75	75	2	
33	Chris Samley	56			70					70	70	1	
34	Royce Hogue	55	65							65	65	1	
35	Martin Gibson	59			65					65	65	1	
36	Jimmy Fallon	59				65				65	65	1	
37	Mark Coughlin	55					65			65	65	1	
38	Dave Bussard	59						65		65	65	1	
39	BIN LIU	56							65	65	65	1	
40	Patrick Billig	56	60							60	60	1	
41	Paul Isaac	55			60					60	60	1	
42	Chris Kelly	57				60				60	60	1	
43	David Lee	57					60			60	60	1	
44	Tim Lambrecht	57						60		60	60	1	
45	PATRICK LANOISELEE	56							60	60	60	1	
46	Douglas Cook	55				55				55	55	1	
47	Matthew Dickinson	55					55			55	55	1	
48	ERIK VAN DER BURG	55							55	55	55	1	
49	Dennis Kinney	58		50						50	50	1	
50	Doug Guertin	55				50				50	50	1	
51	Jaime Hartges	57						50		50	50	1	
52	Joe Bisignano	58	45							45	45	1	
53	Michael Melnik	57					45			45	45	1	
54	Doug Ogden	56						45		45	45	1	
55	MICHAEL NORCIA	55							45	45	45	1	
56	Paul Abdalla	57	40							40	40	1	
57	Dietrich Rush	55					40			40	40	1	
58	Donald Saville	58						40		40	40	1	
59	John O'Hearn	56	35							35	35	1	
60	Chris Diehl	57				35				35	35	1	
61	LUIS MORALES	58							35	35	35	1	
62	Jeff Soares	55	30							30	30	1	

63	James Barbeau	59				30					30	30	1	
64	John McCusker	59					30				30	30	1	
65	RICHARD MAYNE	55							30		30	30	1	
66	Michael Gardella	56				25					25	25	1	
67	KEVIN PAULK	59							25		25	25	1	
68	Timothy Ensign	55	20								20	20	1	
69	Joseph Messina	58				20					20	20	1	
70	Matthew Simpson	58	5						15		20	20	2	
71	Iain Mickle	58	15								15	15	1	
72	Herbert Morande	59				15					15	15	1	
73	John Clifford	56	10								10	10	1	
74	Christopher Schaffner	55				10					10	10	1	
75	Rick Siebern	59	5						5		10	10	2	
76	TERENCE MCLAUGHLIN	59							10		10	10	1	
77	Bob Brennand	57	5								5	5	1	
78	Rob Class	58	5								5	5	1	
79	Michael Axinn	58	5								5	5	1	
80	Ron Hyde	59	5								5	5	1	
81	Peter Kessler	57	5								5	5	1	
82	Chuck Coats	59	5								5	5	1	
83	Mitchell Phariss	59	5								5	5	1	
84	John Blue	55	5								5	5	1	
85	William Cleves	57	5								5	5	1	
86	Todd Barnes	55	5								5	5	1	
87	Dan Arsenaault	56	5								5	5	1	
88	Craig Kenworthy	56	5								5	5	1	
89	Andy Harris	59	5								5	5	1	
90	Peter McKay	57	5								5	5	1	
91	William Swafford	55	5								5	5	1	
92	ARNOLD DE LEON	56							5		5	5	1	
93	NATHAN KICKLIGHTER	59							5		5	5	1	
94	AMALIO TELENTI (NC)	59							5		5	5	1	
95	DANIEL TRONE	59							5		5	5	1	
96	ARTURO NOGUERON	59							5		5	5	1	
Men 60-64														
Place	Name	Age	1	2	3	4	5	6	7	8	Total Pts	Best 5 Pts	# events	AWARD
1	Ken Youngers	63	65	90	95	100	95	90			535	470	6	1st
2	Roger Sayre	61	95	95	100		100			65	455	455	5	2nd
3	Michael Anderson	61	30	60	70	50	70	65		95	440	360	7	3rd
4	Jeffery Dundas	60			85	85	90	95			355	355	4	4th
5	Norm Larson	63	50	85	90	95					320	320	4	5th
6	Brian Nelson	62	5	35	60		75		55	90	320	315	6	6th
7	Joe Sheeran	61	100	100					100		300	300	3	7th
8	Kevin Dollard	64	5	45	50	35		70		80	285	280	6	8th
9	Timothy Riccardi	61	5	50	80	60	65				260	260	5	9th
10	Stan McCormack	62		30				80	40	75	225	225	4	10th

11	Scott Linnell	63		5	25	10	45	50		70	205	200	6	11th
12	Gary Leaman	60	25		90		80				195	195	3	12th
13	WILLIAM ENICKS	60							85	100	185	185	2	
14	David Westenberg	61				55		100			155	155	2	
15	John Blaser	62		15				55		85	155	155	3	13th
16	Phil Richey	61	5	65	40	40					150	150	4	14th
17	Dan Spale	62	55	75							130	130	2	
18	James Miller	60	60			70					130	130	2	
19	Nate Anderson	61	5		35	30	50				120	120	4	15th
20	Kevin Clinefelter	63		55	55						110	110	2	
21	Thom Hunt	61	35						75		110	110	2	
22	Randy McDermott	61						45	5	60	110	110	3	
23	DANIEL KING	60							95		95	95	1	
24	Rick Becker	64	90								90	90	1	
25	Jim Howard	60				90					90	90	1	
26	MICHAEL LEBOLD	62							90		90	90	1	
27	Michael Smith	60	85								85	85	1	
28	Harold Leddy	64			30		55				85	85	2	
29	Paul Hughes-NC	62					85				85	85	1	
30	Michael Young	62						85			85	85	1	
31	Jacob Nur	63	80								80	80	1	
32	Michael Fussell	61		80							80	80	1	
33	Russell Blatt	62				80					80	80	1	
34	Michael Fronsoe	61		5				75			80	80	2	
35	ANTHONY UZWIAK	60							80		80	80	1	
36	Daniel Johnson	61	75								75	75	1	
37	Richard Samaha	61			75						75	75	1	
38	Charlie Muse	62				75					75	75	1	
39	Bill Beyerbach	64		5				60	10		75	75	3	
40	Doug Keller	60	70								70	70	1	
41	Jack Pilla	60	25			45					70	70	2	
42	ARNO SIST	60							70		70	70	1	
43	Matthew Curran	61				65					65	65	1	
44	RICK BRUESS	60							65		65	65	1	
45	Kyle Hubbart	63					60				60	60	1	
46	JEFF RULAND	60							60		60	60	1	
47	Scott McEntee	62	5						50		55	55	2	
48	Francisco Aleman	63								55	55	55	1	
49	Steven Kollars	60	5	40							45	45	2	
50	Jeffrey Kirk	60	45								45	45	1	
51	Michael Mooney	62			45						45	45	1	
52	GREGORY CAULLER	60							45		45	45	1	
53	Monty Schafer	64	40								40	40	1	
54	John Holcomb	64	15	25							40	40	2	
55	Franklin Butterfield	62					40				40	40	1	
56	Gary Passamonte	62						40			40	40	1	

57	Randy Stroud	64					35				35	35	1	
58	Ward Freeman	62						35			35	35	1	
59	JOHN ARAUJO	61							35		35	35	1	
60	David Bloomquist	61					30				30	30	1	
61	Hugh Kuchta	61						30			30	30	1	
62	SHELDON SUBITH	64							30		30	30	1	
63	Mitch Moore	64		5	15	5					25	25	3	
64	Donald Palladini	62				25					25	25	1	
65	Matthew Chestnut	60					25				25	25	1	
66	JOHN GRIEGO	61							25		25	25	1	
67	Paul Brown	61	20								20	20	1	
68	David Bradley	63		20							20	20	1	
69	Derrick Staley	60			20						20	20	1	
70	Ken Goodin	64	5			15					20	20	2	
71	John Brown	61				20					20	20	1	
72	Greg Wagner	64	5						15		20	20	2	
73	STEVEN FRAYNE	60							20		20	20	1	
74	Keith Witthauer	63	5	5					5		15	15	3	
75	Terry Baucom	62	10								10	10	1	
76	Brian Cummins	64	5	5							10	10	2	
77	Mark Rybinski	63	5	5							10	10	2	
78	Andreas Boehm	60		10							10	10	1	
79	James Gullo	64			10						10	10	1	
80	Benjamin Spowart	64	5						5		10	10	2	
81	Denis Villeneuve	62	5								5	5	1	
82	Dwight Smith	60	5								5	5	1	
83	Richard Panches	60	5								5	5	1	
84	Bobby Paxton	62	5								5	5	1	
85	Kevin Taylor	62	5								5	5	1	
86	Claton Belmont	64	5								5	5	1	
87	Steve Brumwell	60	5								5	5	1	
88	Kent Sizer	63	5								5	5	1	
89	Bobby Carpenter	64	5								5	5	1	
90	J Kevin Pedrotti	62	5								5	5	1	
91	Todd Baum	61	5								5	5	1	
92	Steve Bertrand	63	5								5	5	1	
93	John Hadcock	60	5								5	5	1	
94	David Parsons	64	5								5	5	1	
95	Ken Valley	62	5								5	5	1	
96	William Langhout	60	5								5	5	1	
97	Rory Gumina	60	5								5	5	1	
98	Frederick Motteler	62	5								5	5	1	
99	Kevin Searls	60	5								5	5	1	
100	Wayne Fynboh	60	5								5	5	1	
101	Larry Cox	63	5								5	5	1	
102	Scott Abrams	62	5								5	5	1	

103	Jim Johnson	62	5								5	5	1	
104	Donald Driscoll	62	5								5	5	1	
105	Dan Roden	61	5								5	5	1	
106	Lou Karl	63	5								5	5	1	
107	Ronald Souza	64	5								5	5	1	
108	Ed Barney	64	5								5	5	1	
109	Win Van Pelt	61	5								5	5	1	
110	David Anderson	63	5								5	5	1	
111	Terry Simon	64	5								5	5	1	
112	Robert Harber	61		5							5	5	1	
113	James Rusch	61		5							5	5	1	
114	Jeffrey Wingenroth	63		5							5	5	1	
115	Albert Arcand	63		5							5	5	1	
116	Kenneth Johnson	60				5					5	5	1	
117	Paul Corcoran	61				5					5	5	1	
118	Leo Trottier	63				5					5	5	1	
119	Stephen Peckiconis	60				5					5	5	1	
120	Brian Trahan	63				5					5	5	1	
121	Jay Ferrimani	60				5					5	5	1	
122	Mike Fitzgerald	61				5					5	5	1	
123	Edward Varney	60				5					5	5	1	
124	Joseph Corriveau	62				5					5	5	1	
125	LES SHIBATA	64						5			5	5	1	
126	PETER GERSTOFT	61						5			5	5	1	
127	KEVIN MILLER	63						5			5	5	1	
128	STEVE ROBINSON	64						5			5	5	1	
129	WILLIAM AMOR	60						5			5	5	1	
130	MARK CLEARY	61						5			5	5	1	
131	THOMAS ALBRIGHT	63						5			5	5	1	
132	BRIAN CONROY	63						5			5	5	1	
133	RICARDO TRONCOSO	60						5			5	5	1	
134	GLENN ROGET	62						5			5	5	1	
135	FRANK WHITTEMORE	64						5			5	5	1	
136	CHARLES TUCKER BRUG	64						5			5	5	1	
137	JAMES SUMMERS	60						5			5	5	1	
Men 65-69														
Place	Name	Age	1	2	3	4	5	6	7	8	Total Pts	Best 5 Pts	# events	AWARD
1	Joseph Reda	65			95	95	100	100	100	100	590	495	6	1st
2	Reno Stirrat	65	5	70	65	90	95	90		95	510	440	7	2nd
3	Kirk Larson	68	80	90	90	85			80	85	510	430	6	3rd
4	George Braun	65	65		85	80	80				310	310	4	4th
5	Bob Deak	65					85	95		90	270	270	3	5th
6	Robert Qualls	67	70				90		90		250	250	3	6th
7	Chuck Smead	68		100					95		195	195	2	
8	Bruce Kirschner	66	30	70						75	175	175	3	7th
9	Tim McMullen	66	50	75							125	125	2	

10	David Dunbar	69	55					70		125	125	2	
11	Doug Winn	68	100							100	100	1	
12	Thomas Bernhard	67		100						100	100	1	
13	John Barbour	65			100					100	100	1	
14	James Foster	67	95							95	95	1	
15	Ignacio Jimenez	69		95						95	95	1	
16	Tomas Rodriguez	65	90							90	90	1	
17	Doug Bell	68	85							85	85	1	
18	David Bowen	66	20	65						85	85	2	
19	Jerry Orange	65		85						85	85	1	
20	Wally Hayes	67					85			85	85	1	
21	RICK PFEIFFER	68						85		85	85	1	
22	Len Hall	65		80						80	80	1	
23	Richard Grant	65			80					80	80	1	
24	Lee Mamola	67					80			80	80	1	
25	Perry Linn	68							80	80	80	1	
26	John Hirschberger	66	75							75	75	1	
27	Bob Albritton	67			75					75	75	1	
28	Robert Ruel	66				75				75	75	1	
29	Bob Dalton	66					75			75	75	1	
30	Michael Manz	65						75		75	75	1	
31	PAUL COOK	67							75	75	75	1	
32	Rick Platt	68			70					70	70	1	
33	Wayne Dwyer	65				70				70	70	1	
34	Vasan Neovakul	69					70			70	70	1	
35	Mitchell Garner	69						70		70	70	1	
36	Walter Mann	67				65				65	65	1	
37	Jack Lewis	69					65			65	65	1	
38	Thomas Salvador	69						65		65	65	1	
39	BOB MORRIS	67							65	65	65	1	
40	Theodore Larison	66	60							60	60	1	
41	Micks Purnell	69		60						60	60	1	
42	Stephen Sartori	65				60				60	60	1	
43	Sam Norman	66					60			60	60	1	
44	ROBB LATIMER	67							60	60	60	1	
45	Rafael Rios	65				55				55	55	1	
46	WILLIAM MOLESWORTH	66							55	55	55	1	
47	Michael Amster	68				50				50	50	1	
48	JOSEPH SCHERGER	69							50	50	50	1	
49	Leslie Sharpe	68	45							45	45	1	
50	Michael Bjornberg	65	40							40	40	1	
51	Jeff Salzman	67	35							35	35	1	
52	Ron Blackmore	65	15							15	15	1	
53	Kenneth Williams	65	10							10	10	1	
54	Peanut Harms	67	5							5	5	1	
55	John Barry	67	5							5	5	1	

56	David Stauffer	69	5								5	5	1	
57	Norman Cornwell	69	5								5	5	1	
58	Tom Derderian	69	5								5	5	1	
59	Steve Swindel	65	5								5	5	1	
Men 70-74														
Place	Name	Age	1	2	3	4	5	6	7	8	Total Pts	Best 5 Pts	# events	AWARD
			Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K				
1	Lloyd Hansen	71	90	100	100	100	85				475	475	5	1st
2	Terry McCluskey	71	100		75		100	95	95		465	465	5	2nd
3	Jerry Learned	71	70	95	95	85	95	85	65	90	680	460	8	3rd
4	Dave Glass	73	5	70	70	95	90	90		100	520	445	7	4th
5	Doc Rappole	70		90	80	70	80	80	80		480	410	6	5th
6	Jim May	73	55	80	85	80			70		370	370	5	6th
7	Paul Carlin	74	5	60	60			75	35	95	330	325	6	7th
8	Keith Yeates	72	45		55	75	75		45		295	295	5	8th
9	Sam Benedict	72	5	50	30	30	45	55	5	85	305	265	8	9th
10	Richard Katz	71	95						100		195	195	2	
11	Gene French	73	50	65	45				5		165	165	4	10th
12	David Peterson	71		85			70		5		160	160	3	11th
13	William Sumner	71	35	75					50		160	160	3	12th
14	Donald Porteous	73	75						85		160	160	2	
15	Roger Price	70		55	35			65			155	155	3	13th
16	Joseph Lenahan	73				20	35			80	135	135	3	14th
17	Przemyslaw Nowicki	74			65	50					115	115	2	
18	David Longmuir	72	85						25		110	110	2	
19	Bob Giambalvo	70						100			100	100	1	
20	Ezequiel Garcia	73			90						90	90	1	
21	Allan Bates	70				90					90	90	1	
22	Morris Williams	74	5	40			40		5		90	90	4	15th
23	RONALD WELLS	73							90		90	90	1	
24	Gordon Lutes	74	25						60		85	85	2	
25	Liam Finnigan	73					65		15		80	80	2	
26	Tony Gingello	72	5					70			75	75	2	
27	JAMES REYNOLDS	70							75		75	75	1	
28	Dave Dooley	71	65								65	65	1	
29	Paul Lindsay	71				65					65	65	1	
30	Frazer Mann	71	60								60	60	1	
31	Dennis Herman	73				60					60	60	1	
32	Larry Lioy	70					60				60	60	1	
33	Jim Glinsky	72						60			60	60	1	
34	Daniel Diehr	70	25						30		55	55	2	
35	Mark Flynn	70		55							55	55	1	
36	Stephen Viegas	70				55					55	55	1	
37	Michael Popick	70					55				55	55	1	
38	Patrick Dwyer	73	5	45					5		55	55	3	
39	CRAIG ANDERSEN	71							55		55	55	1	
40	Bill Hart	70			50						50	50	1	

41	Dan Hardy	72					50				50	50	1	
42	Dennis Moore	72				45					45	45	1	
43	Steve Doyle	71	40						5		45	45	2	
44	James Miner	70			40						40	40	1	
45	Amby Burfoot	72				40					40	40	1	
46	GEORGE GRECO	71							40		40	40	1	
47	Frank White	73		35							35	35	1	
48	Robert Knight	74				35					35	35	1	
49	Michael Reif	70	30								30	30	1	
50	Hal Stern	73					30				30	30	1	
51	Thomas Montemagni	74				25					25	25	1	
52	Richard Castro	71	20								20	20	1	
53	RICK ALLAN	71							20		20	20	1	
54	Charles Crouse	72	15								15	15	1	
55	John Combs	71	10								10	10	1	
56	James McGill	70	5						5		10	10	2	
57	JAMES MORRIS	70							10		10	10	1	
58	Curtis Walker	72	5								5	5	1	
59	David McCormack	73	5								5	5	1	
60	Hal Goforth	74	5								5	5	1	
61	Peter Stasz	71	5								5	5	1	
62	DANIEL LINEHAN	70							5		5	5	1	
63	JOHN BUCKLEY	70							5		5	5	1	
64	JAMES FLANIGAN	70							5		5	5	1	
65	DENNIS KASISCHKE	73							5		5	5	1	
66	PETER STERN	74							5		5	5	1	
67	RON ENOS	74							5		5	5	1	
Men 75-79														
Place	Name	Age	1	2	3	4	5	6	7	8	Total Pts	Best 5 Pts	# events	AWARD
			Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K				
1	Doug Goodhue	77	100		100		100	95	95		490	490	5	1st
2	Jan Frisby	75				100	95	100	85	100	480	480	5	2nd
3	Andrew Sherwood	79	75	95			85		70	90	415	415	5	3rd
4	Ed Bligh	76	80	100		85					265	265	3	4th
5	Charlie Patterson	77	85						80	95	260	260	3	5th
6	Len Goldman	75	80						90		170	170	2	
7	TONY MARSHALL	75							100		100	100	1	
8	Hans Schmid	78	95								95	95	1	
9	Benjamin Dyer	75			95						95	95	1	
10	John Noyes	77				95					95	95	1	
11	James Callaway	76	90								90	90	1	
12	Gerald Miller	76		90							90	90	1	
13	David Pember	76				90					90	90	1	
14	Tony Fiory	77			85						85	85	1	
15	David Cohen	76								85	85	85	1	
16	William Ash	76			80						80	80	1	
17	Denny Leblanc	77				80					80	80	1	

18	Richard Paulsen	75				75					75	75	1	
19	JEFFERY JACOBS	76							75		75	75	1	
20	Ted Tyler	79				70					70	70	1	
Men 80-84			1	2	3	4	5	6	7	8				
	Place Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Total Pts	Best 5 Pts	# events	AWARD
1	John Elliott	81			100		100		95		295	295	3	1st
2	David Turner	80			90		90			100	280	280	3	2nd
3	Richard Williams	83	100						90		190	190	2	
4	James Kurtz	81	90						85		175	175	2	
5	Sid Davis	84	85				85				170	170	2	
6	Steven Fuchs	82					90		80		170	170	2	
7	Harry Carter	82				100					100	100	1	
8	ELMO SHROPSHIRE	82							100		100	100	1	
9	Norman Goluskin	80				95					95	95	1	
10	Fred Motz	80					95				95	95	1	
11	William Riley	82				90					90	90	1	
12	Ram Satyaprasad	80				85					85	85	1	
13	Joe Cordero	81				80					80	80	1	
14	Dennis Maher	80					80				80	80	1	
15	Jerry Levasseur	81				75					75	75	1	
16	JIM TEMPLES	81							75		75	75	1	
17	STEPHEN FRANKUM	80							70		70	70	1	
Men 85-89			1	2	3	4	5	6	7	8				
	Place Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Total Pts	Best 5 Pts	# events	AWARD
1	Warren Osborn	85	95						100		195	195	2	
2	Lawrence Cole	85				100					100	100	1	
3	Jon Desenberg	85						100			100	100	1	
4	EDWIN GOOKIN	85							95		95	95	1	
5	AL RAY	86							90		90	90	1	
Men 90-94			1	2	3	4	5	6	7	8				
	Place Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Total Pts	Best 5 Pts	# events	AWARD
1	Nathaniel Finestone	90				100	100	100			300	300	3	1st
2	Richard Soller	92			100		95	95			290	290	3	2nd

2019 USATF Masters Long Distance Running

Individual Grand Prix

Women 's Standings



		12/8/2018	2/2/2019	3/16/2019	4/28/2019	8/17/2019	8/23/2019	10/12/2018	10/26/2019				
		Spokane WA	Tallahassee FL	Virginia Beach VA	Dedham MA	Atlanta GA	Flint MI	San Diego CA	Tulsa OK				
Women40-44		1	2	3	4	5	6	7	8				
Place Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Total Pts	Best 5 Pts	# events	AWARD
1 Jill Braley	41		100	85		85	100	75		445	445	5	1st
2 Vanessa Lordi	42	5	75	75		70	95	10	85	415	400	7	2nd
3 Hiroko Guarnieri	44		80		60	75	90	20		325	325	5	3rd
4 Kelly Couch	41				90	95		90		275	275	3	4th
5 Brooke Bray	43			90		80			90	260	260	3	5th
6 Meriah Earle	41	75						100		175	175	2	
7 Kimberly Mueller	43	70						85		155	155	2	
8 Liz Gottlieb	44	5		95				40		140	140	3	6th
9 Kate Landau	42	100								100	100	1	
10 Sarah Barber	42	10	90							100	100	2	
11 Roberta Groner	41			100						100	100	1	
12 Melissa Hardesty	41				100					100	100	1	
13 Laurie Knowles	41					100				100	100	1	
14 Melissa Gacek	43								100	100	100	1	
15 Gretchen Hurlbutt	40	95								95	95	1	
16 Laura Bosley	40		95							95	95	1	
17 Jennifer St Jean	44				95					95	95	1	
18 HILARY CORNO	44							95		95	95	1	
19 Alice Kassens	44								95	95	95	1	
20 Maggie Shearer	41	90								90	90	1	
21 Erika Holroyd	41					90				90	90	1	
22 Kaela O'Neil	40	85								85	85	1	
23 Perla Rodriguez	40				85					85	85	1	
24 Anna Mayhewrozek	43						85			85	85	1	
25 Nancy James-Klinger	41	80								80	80	1	
26 Jeannette Boyd	43			80						80	80	1	
27 Erin McVeigh	40				80					80	80	1	
28 DONNA MILLS-HONARVA	44							80		80	80	1	
29 Nicole L'Etoile	42				75					75	75	1	
30 Laura Webb	42		70							70	70	1	
31 Beth Marks	40			70						70	70	1	
32 Abby Mahoney	41				70					70	70	1	
33 ANGELA MOLL	42							70		70	70	1	
34 Marlene Farrell	43	65								65	65	1	
35 Jessica Stryhalaleck	42				65					65	65	1	
36 VICTORIA BARANA	40							65		65	65	1	
37 Claire Saxton	41	60								60	60	1	
38 EVA LOZANO	40							60		60	60	1	
39 Cambria Wu	40	55								55	55	1	
40 Tiffany Frankovich	40				55					55	55	1	

41	JULIE ANN DOUGERY	41						55		55	55	1	
42	Rachel Jaten	43	50							50	50	1	
43	Stacey Federico	42			50					50	50	1	
44	KRISTEN REYES	44						50		50	50	1	
45	Amy Dierberger	43			45					45	45	1	
46	ROMY BASLER (NC)	40						45		45	45	1	
47	Jenni Brown	40	40							40	40	1	
48	Rebecca Maki	42			40					40	40	1	
49	Trisha Steidl	42	35							35	35	1	
50	Debra Carriere	42			35					35	35	1	
51	LAURA MITCHELL	43						35		35	35	1	
52	Janne Heinonen	43	30							30	30	1	
53	Jennifer King	44			30					30	30	1	
54	SUNDAY PATTERSON	43						30		30	30	1	
55	Alanna Bernacchi	43	25							25	25	1	
56	Joy Roukes	40			25					25	25	1	
57	LORENA PINON	41						25		25	25	1	
58	Lisa Renteria	40	20							20	20	1	
59	Carin Bennett-Rizzo	44			20					20	20	1	
60	Gwendolen Twist	43	15							15	15	1	
61	Julie Stoltz	40			15					15	15	1	
62	MELISSA MINJAREZ	42						15		15	15	1	
63	Kerrie McFeeters	42			10					10	10	1	
64	Jennifer Williams	42	5					5		10	10	2	
65	Cori Stern	41	5							5	5	1	
66	Danielle Henty	40	5							5	5	1	
67	Andi Camp	44	5							5	5	1	
68	Maureen Bookwalter	43	5							5	5	1	
69	Martha Amrine	42	5							5	5	1	
70	Elizabeth Anderson	42	5							5	5	1	
71	Laura Meadors	41	5							5	5	1	
72	Andie Roff	40	5							5	5	1	
73	Christina Nelson	42	5							5	5	1	
74	Cynthia Slinsky	40	5							5	5	1	
75	Jennifer Westra	41	5							5	5	1	
76	Susan Shirzad	40	5							5	5	1	
77	Amanda Lozano	41	5							5	5	1	
78	Iwona Boruch	44	5							5	5	1	
79	Tonya Caisse	43			5					5	5	1	
80	ALICIA ENO	42						5		5	5	1	
81	ANGEE HENRY	43						5		5	5	1	
82	STEPHANIE WHITIS	43						5		5	5	1	



Women45-49														
Place	Name	Age	1 Club XC	2 USA XC	3 8K	4 10K	5 5K	6 Mile	7 5K XC	8 15K	Total Pts	Best 5 Pts	# events	AWARD
1	Alexandra Newman	47	55	90	90	90			85	90	500	445	6	1st
2	Nancy Thomas	49	95	100			95				290	290	3	2nd
3	Sonja Friend-Uhl	48					100	100			200	200	2	
4	Kathy Wiegand	45		85			80				165	165	2	
5	Heather Webster	45	45			95					140	140	2	
6	Murphee Hayes	45	45			80					125	125	2	
7	Grace Padilla	47	100								100	100	1	
8	Michelle Brangan	49			100						100	100	1	
9	Karolyn Bowley	49				100					100	100	1	
10	LORILYNN BLOOMER	47							100		100	100	1	
11	Jodi Buyyounouski	46								100	100	100	1	
12	Jennifer Bayliss	48		95							95	95	1	
13	Jennifer Malavolta	48			95						95	95	1	
14	Cristina Burbach	45						95			95	95	1	
15	CELESTINE ARAMBULO	49							95		95	95	1	
16	Kristin McCann	47								95	95	95	1	
17	Nancy Kaiser	48	90								90	90	1	
18	Abby Dean	47					90				90	90	1	
19	Erin Larusso	49						90			90	90	1	
20	AMY HALSETH	49							90		90	90	1	
21	Valerie Miller	48	85								85	85	1	
22	Dana Parrot	49		85							85	85	1	
23	Mia Van Peteghem	47			85						85	85	1	
24	Caroline Bucci	46				85					85	85	1	
25	Holly Ortlund	45					85				85	85	1	
26	Amy Bartholomew-Koepp	45						85			85	85	1	
27	Shelly Hart	45								85	85	85	1	
28	Jennifer Fedorov	47	80								80	80	1	
29	Christine Hill	49			80						80	80	1	
30	DEBORAH SPAULDING	45							80		80	80	1	
31	Alexandra Bigelow	45	75								75	75	1	
32	Necia McQueen	45			75						75	75	1	
33	Heidi Besse	45				75					75	75	1	
34	Nancy Meck	47					75				75	75	1	
35	JENNIFER UWINS	45							75		75	75	1	
36	Keysha Stutz	49	70								70	70	1	
37	Susan Hagel	45			70						70	70	1	
38	Marli Piccolo	49				70					70	70	1	
39	Katharine Serrano	48					70				70	70	1	
40	DR PAMELA GALAMBOS	45							70		70	70	1	
41	Jodi Suter	46	65								65	65	1	
42	Pamela Gondola	47			65						65	65	1	
43	Candace Pollock-Moore	49					65				65	65	1	
44	ANDREA GUZMAN	48							65		65	65	1	

45	Lyda Cruden	46	60								60	60	1	
46	Gina Savastano	46				60					60	60	1	
47	SANDRA NUNEZ	47							60		60	60	1	
48	Laura Barbosa	49				55					55	55	1	
49	TRACY TADDEY	49							55		55	55	1	
50	Linda Huyck	46	50								50	50	1	
51	Marisol Garcia	46				50					50	50	1	
52	Lisa Botte	47				45					45	45	1	
53	Heather LeFric	46	40								40	40	1	
54	April Hartshorn	47				40					40	40	1	
55	Angela Lindbo	48	35								35	35	1	
56	Amy Breen	47				35					35	35	1	
57	Jenniffer Patenge	45	30								30	30	1	
58	Stephanie Grimes	45				30					30	30	1	
59	Tatiana Salazar	49	25								25	25	1	
60	Sarah Ranson	46	20								20	20	1	
61	Heidi Bresson	46	15								15	15	1	
62	Deborah Fletcher	48	10								10	10	1	
63	Melissa Senall	46	5								5	5	1	
64	Chris Gentile	48	5								5	5	1	
65	Kerry Parker	45	5								5	5	1	
66	Jennifer Rozler	48	5								5	5	1	
67	Phaedra Branom	45	5								5	5	1	
68	Lora Jackson	47	5								5	5	1	
69	Michelle Nahom	49	5								5	5	1	
70	Laura Ketcham-Duchow	47	5								5	5	1	
71	Michelle Holmes	48	5								5	5	1	

Women50-54														
Place	Name	Age	1 Club XC	2 USA XC	3 8K	4 10K	5 5K	6 Mile	7 5K XC	8 15K	Total Pts	Best 5 Pts	# events	AWARD
1	Amy Fakterowitz	51		100	100	85	85	90			460	460	5	1st
2	Mary Shah	50	35	95	95	80	80	70			455	420	6	2nd
3	Laurie Wharton	53			90	50	70			95	305	305	4	3rd
4	Fiona Bayly	52					100	100		100	300	300	3	4th
5	Hronn Gudmundsdottir	54				100	90		90		280	280	3	5th-tie
6	Katherine Wolski	53					95	85	100		280	280	3	5th-tie
7	Tania Fischer	53	95						85		180	180	2	
8	Laura DeLea	54			85			75			160	160	2	
9	Laura Stuart	54	70						80		150	150	2	
10	Maureen Bischoff	53	30			25			55		110	110	3	6th
11	Kirsten Leetch	52	100								100	100	1	
12	Lori Kingsley	53				95					95	95	1	
13	Lisa Veneziano	54						95			95	95	1	
14	KARA PARKER	50							95		95	95	1	
15	Shannon Teslow	54	90								90	90	1	
16	Dolyne Divino	53		90							90	90	1	
17	Mimi Fallon	53				90					90	90	1	

18	Beverley Anderson-Abbs	54	85							85	85	1	
19	Carol Bischoff	54		85						85	85	1	
20	Valerie Banks	50	80							80	80	1	
21	Laura Young	51		80						80	80	1	
22	Kimberly Votava	51			80					80	80	1	
23	Kimberly Anderson	54					80			80	80	1	
24	Christine Olen	50	75							75	75	1	
25	Andrea Collier	52		75						75	75	1	
26	Roberta Gibson	54			75					75	75	1	
27	Holly Madden	53				75				75	75	1	
28	Melissa Chiti	53					75			75	75	1	
29	PATTI SHORE	53						75		75	75	1	
30	Jennifer Hegarty	53				70				70	70	1	
31	Susan Welch	52				5	65			70	70	2	
32	MAUREEN FRIEND	53						70		70	70	1	
33	Susan Pappalardo	52	65							65	65	1	
34	Julie Pangburn	54				65				65	65	1	
35	GABY BARREIRO	52						65		65	65	1	
36	Liisa Miller	53	60							60	60	1	
37	Emily Bryans	51				60				60	60	1	
38	Angela Longworth	52	15					45		60	60	2	
39	LAURA MORRIS	50						60		60	60	1	
40	Jill Pettibone	51	55							55	55	1	
41	Karen Encarnacion	53				55				55	55	1	
42	Roseann Parry	53	5					50		55	55	2	
43	Kathleen Cushing-murray	53	50							50	50	1	
44	Tracy Wright	50	45							45	45	1	
45	Nancy Cook	54				45				45	45	1	
46	Mary Lynch	52	40							40	40	1	
47	Anne Benson	54				40				40	40	1	
48	JAMIE FRYREAR	50						40		40	40	1	
49	Susannah Landreth	50				35				35	35	1	
50	LANAE WANGLER	54						35		35	35	1	
51	Maureen Larkin	54				30				30	30	1	
52	MARIA AMOR	52						30		30	30	1	
53	Janicka Umile	50	20							20	20	1	
54	Kathleen Kearnan	50				20				20	20	1	
55	Joanne Hill	54				15				15	15	1	
56	Danette Bloomer	51	10							10	10	1	
57	Jill Lohmeier	51	5			5				10	10	2	
58	Mary Guertin	53				10				10	10	1	
59	Jennifer Brennan	51	5							5	5	1	
60	Jackie Allen	53	5							5	5	1	
61	Jeanine Holmlund	54	5							5	5	1	
62	Livia Peras	52	5							5	5	1	
63	Sinead Thornton	54	5							5	5	1	

64	Heather Silverman	52	5								5	5	1	
65	Jodi Bragassa	50	5								5	5	1	
66	Lauriea Blume-Michels	52	5								5	5	1	
67	Stephanie Kuest	54	5								5	5	1	
68	Marcia Rullie	54					5				5	5	1	
Women55-59														
Place	Name	Age	1	2	3	4	5	6	7	8	Total Pts	Best 5 Pts	# events	AWARD
			Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K				
1	Marisa Sutera Strange	56		100	100	100	100	100	100		600	500	6	1st
2	Kris Huff	55	25	80	90	80	95	85		95	550	445	7	2nd
3	Mary Swan	57	70	85		90		80			325	325	4	3rd
4	Colleen Magnussen	59	15	65	50	35		65	55		285	270	6	4th
5	Sandra Gregorich	57	10		55	40		75	60		240	240	5	5th
6	Robin Tanner	58	5	60	40					90	195	195	4	6th
7	Mary Sweeney	59					90			100	190	190	2	
8	Michelle Allen	55		95				90			185	185	2	
9	Gail Geiger	56	5	55	30		85				175	175	4	7th
10	Eileen Brennan-Erler	58	80						80		160	160	2	
11	Maureen Martin	57			60			70			130	130	2	
12	Teresa Quan	58			45		80				125	125	2	
13	Patricia Bellan	55	100								100	100	1	
14	Nancy Wilkins-Diehr	57	35						65		100	100	2	
15	Suzanne La Burt	55			95						95	95	1	
16	Kim Ionta	55				95					95	95	1	
17	Doreen McCoubrie	57						95			95	95	1	
18	LAURA BRUESS	58							95		95	95	1	
19	Susan Hay	55	90								90	90	1	
20	Lorraine Jasper	57		90							90	90	1	
21	SUE ZIHLMANN	55							90		90	90	1	
22	Katherine MacTavish	55	85								85	85	1	
23	Paula Johnson	57			85						85	85	1	
24	Ailing Wang	55				85					85	85	1	
25	ROSALVA BONILLA	56							85		85	85	1	
26	Karyl Sargent	55			80						80	80	1	
27	Kristen Mossman	55	75								75	75	1	
28	Trish Butler	56		75							75	75	1	
29	Karla Havens	57			75						75	75	1	
30	Suzy West	56				75					75	75	1	
31	INGE MCCLORY	56							75		75	75	1	
32	Janet Smith	58			70						70	70	1	
33	Bonnie Lindblom	55				70					70	70	1	
34	CAROL KELLER	59							70		70	70	1	
35	Gail Hall	59	65								65	65	1	
36	Kerry Monahan	56			65						65	65	1	
37	Brenda Egizi	59				65					65	65	1	
38	Suzanne Cordes	59	60								60	60	1	
39	Mary Buck	55				60					60	60	1	

40	Genevieve Clavier	55	55							55	55	1		
41	Victoria Bok	57			55					55	55	1		
42	Annie Herrin	57	5					50		55	55	2		
43	Jackie Sword-Olson	55	50							50	50	1		
44	Mary McNulty	56			50					50	50	1		
45	Trisha Kluge	59	45							45	45	1		
46	Jane Polley	56			45					45	45	1		
47	ELLEN FLEISCHMAN	57						45		45	45	1		
48	Robyn Schmidt	58	40							40	40	1		
49	CATHERINE MOORE	58						40		40	40	1		
50	Mary Bryan	58		35						35	35	1		
51	LEANN FINNIGAN	57						35		35	35	1		
52	Charlene Fox	55	30							30	30	1		
53	Donna Antkowiak	59			30					30	30	1		
54	MARTHA ZARATE	55						30		30	30	1		
55	Leslie Nowicki	55		25						25	25	1		
56	Barbara Kendall	56			25					25	25	1		
57	TOYA REAVIS	55						25		25	25	1		
58	Michelle Neal	57	20							20	20	1		
59	Susan Broadwater	59			20					20	20	1		
60	JUSTINE DELLINGER	55						20		20	20	1		
61	Sally Fowler	57			15					15	15	1		
62	MARISSA DE LUNA	57						15		15	15	1		
63	Beth McGuire	55			10					10	10	1		
64	Jacqueline Van Allen	55	5							5	5	1		
65	Debbie Zakerski	56	5							5	5	1		
66	Kelly Kruell	59	5							5	5	1		
67	Amanda King	57	5							5	5	1		
68	Shahdokht Reeder	56	5							5	5	1		
69	Joanna Lacman	56			5					5	5	1		
70	Robin Meece-Varney	58			5					5	5	1		
Women60-64														
		1	2	3	4	5	6	7	8					
Place	Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Total Pts	Best 5 Pts	# events	AWARD
1	Patrice Combs	62			100	95	100	95		100	490	490	5	1st
2	Cynthia Williams	63	45	90	95	65	80	65		85	525	415	7	2nd
3	Mireille Silva	60	25	70		80	90	85		90	440	415	6	3rd
4	Margaret Taylor	63	30	70	85	70	85	70			410	380	6	4th
5	Susan Stirrat	63	35	60	80	20	75				270	270	5	5th
6	Betsy Miller	61	70	95						75	240	240	3	6th
7	Jennifer Teppo	60	100			100					200	200	2	
8	Carmen Ayala-Troncoso	60	95						100		195	195	2	
9	Joanna Harper	62	60	75		60					195	195	3	7th
10	Darlene Saeva	60		80		30		75			185	185	3	8th
11	Sharon Moore	64		85	90						175	175	2	
12	Mo Bartley	64	75						95		170	170	2	
13	Liane Pancoast	61	80			85					165	165	2	

14	Linda Powers	61	65					80	80		145	145	2	
15	Rosemarie MacGuinness	62	55					80			135	135	2	
16	Susan Cooke	60		100							100	100	1	
17	Nancy Simmons	60						100			100	100	1	
18	Sara Freitas	60	95								95	95	1	
19	Ena Weinstein	60				95					95	95	1	
20	Andriette Wickstrom	64								95	95	95	1	
21	Regina Joyce	61	90								90	90	1	
22	Nora Cary	64			90						90	90	1	
23	Ruby Ghadially	61						90			90	90	1	
24	DEBBIE LEE	62							90		90	90	1	
25	Joannie Siegler	61	85								85	85	1	
26	KARYN SIMMONDS	60							85		85	85	1	
27	Karen Leavitt	60								80	80	80	1	
28	Karen Corl	64			75						75	75	1	
29	Julie Haynes	60				75					75	75	1	
30	NANCY PETER	62							75		75	75	1	
31	DIANNE KIRSCH	62							70		70	70	1	
32	Jan Tefft	60		65							65	65	1	
33	VIRGINIA SCHULTZ	64							65		65	65	1	
34	Drusilla Pratt-Otto	60	15			40					55	55	2	
35	Alda Cossi	63				55					55	55	1	
36	Marion Hayes	62	50								50	50	1	
37	Nancy Dorn	60				50					50	50	1	
38	Rachel Shanor	61				45					45	45	1	
39	Cindy Buhner	60				35					35	35	1	
40	Tina Breen	62	25								25	25	1	
41	Valerie Tomolonis	60				25					25	25	1	
42	Patricia Chandler	61				15					15	15	1	
43	Elizabeth Unislawski	63	10								10	10	1	
44	Jane Zeytoonian	61				10					10	10	1	
45	Cynthia Hastings	61	5								5	5	1	
46	Marian Schmidt	63	5								5	5	1	
47	Donna Stevens	61				5					5	5	1	
Women65-69														
Place	Name	Age	1	2	3	4	5	6	7	8	Total Pts	Best 5 Pts	# events	AWARD
			Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K				
1	Kathleen Allen	69	80	75	100		90				345	345	4	1st
2	Suzanne Ray	67				95			100	100	295	295	3	2nd
3	Ernestina Martin	65	95						95		190	190	2	
4	Cynthia Lucking	65	85	90							175	175	2	
5	Myrtle Spowart	66	70						70		140	140	2	
6	Mary Ryzner	65	40						90		130	130	2	
7	Deborah Shea	65	20						80		100	100	2	
8	Sabra Harvey	69		100							100	100	1	
9	Karen Durante	68				100					100	100	1	
10	Victoria Crisp	67					100				100	100	1	

11	Jill Miller-Robinett	65						100			100	100	1	
12	Kathleen Doswell	69		95							95	95	1	
13	Terry Ozell	66					95				95	95	1	
14	Victoria Salvador	66						95			95	95	1	
15	Donna Chan	67	90								90	90	1	
16	Patricia Travis	67		90							90	90	1	
17	Nancy Munson	65		85							85	85	1	
18	Martha Gullo	66		85							85	85	1	
19	Erika Campbell	69			85						85	85	1	
20	ROBIN PAINE	69						85			85	85	1	
21	Char Davidson	65	80								80	80	1	
22	Gail Kislewitz	67			80						80	80	1	
23	Willie Mundt	69	75								75	75	1	
24	Mary Young	65			75						75	75	1	
25	NANCY ANTOS	69						75			75	75	1	
26	KATHLEEN HAMPTON	65						65			65	65	1	

Women70-74

Place	Name	Age	1 Club XC	2 USA XC	3 8K	4 10K	5 5K	6 Mile	7 5K XC	8 15K	Total Pts	Best 5 Pts	# events	AWARD
1	Jeanette Groesz	70	100	95		90			95	95	475	475	5	1st
2	Carol Rhodes	71	80	85			90	95	50		400	400	5	2nd
3	Sharon Gerl	71		100		100			90		290	290	3	3rd
4	Carolyn Mather	70	100	95							195	195	2	
5	Terry Foody	71		90			95				185	185	2	
6	Judy Melton	71					85	90			175	175	2	
7	Judy Schickler	74	95						70		165	165	2	
8	Manya Hult	74	90						65		155	155	2	
9	Suzanne Gibson	72			100						100	100	1	
10	Susan Aderhold	72					100				100	100	1	
11	Jeannie Rice	71						100			100	100	1	
12	JANE TRELEVEN	70							100		100	100	1	
13	Eddie Stevenson	70								100	100	100	1	
14	Barbara Biasi	71			95						95	95	1	
15	Jan Holmquist	74				95					95	95	1	
16	Judith Robertson	72			90						90	90	1	
17	Patty Foltz	71				90					90	90	1	
18	Dianne Anderson	72	85								85	85	1	
19	Barbara LoPiccolo	71			85						85	85	1	
20	Linda Zavalick	72				85					85	85	1	
21	Susan Hartman	74						85			85	85	1	
22	JO ANNE ROWLAND	71							85		85	85	1	
23	Mary Tyler	71				80					80	80	1	
24	CHRISTINE YOUNG	70							80		80	80	1	
25	Nancy Morris	72	75								75	75	1	
26	IRENE HERMAN	70							75		75	75	1	
27	NELDA WILLIAMS	70							60		60	60	1	
28	JANE WILLIAMS	72							55		55	55	1	

29	CAROL PATTERSON	72								45		45	45	1	
30	AMY ALLEN	74								40		40	40	1	
Women75-79			1	2	3	4	5	6	7	8					
	Place Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Total Pts	Best 5 Pts	# events	AWARD	
1	Catherine Radle	76	100	100			90	100			390	390	4	1st	
2	IRENE TERRONEZ	75							100	100	200	200	2		
3	Virginia Lopez	79	95						95		190	190	2		
4	Kathleen Scotti	77			100						100	100	1		
5	Norma Thomas	77				100					100	100	1		
6	Myrna Barnett	76					95				95	95	1		
7	PATRICIA BENTZ	76							90		90	90	1		
Women80-84			1	2	3	4	5	6	7	8					
	Place Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Total Pts	Best 5 Pts	# events	AWARD	
1	Madeline Bost	80		95	100			100			295	295	3	1st*	
2	Tami Graf	83			100	100		95			295	295	3	2nd*	
3	Mary Ann Maher	80					100				100	100	1		
4	HENRIETTA FRANKUM	80							100		100	100	1		
5	MARTHA WALKER	83							95		95	95	1		
6	DONNA GOOKIN	83							90		90	90	1		
* Top 2 runners tied on points; head-to-head tie-breaker employed for final awards.															
Women85-89			1	2	3	4	5	6	7	8					
	Place Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Total Pts	Best 5 Pts	# events	AWARD	
1	Edna Hyer	85				100					100	100	1		
2	SUZI FALCO	85							100		100	100	1		
Women90-94			1	2	3	4	5	6	7	8					
	Place Name	Age	Club XC	USA XC	8K	10K	5K	Mile	5K XC	15K	Total Pts	Best 5 Pts	# events	AWARD	
1	Betty Lindberg	94					100				100	100	1		