

# USATF Masters Throws Championships

August 6 & 7, 2016, Lisle, IL

## Throws Pentathlon

Age	Name	Total	PI	Hammer	HT Points	Shot Put	SP Points	Discus	DT Points	Javelin	JT Points	Weight	WT Points
M37	George Melichar	1089	2	18.40	176	7.55	356	16.89	219	13.51	78	6.40	260
M38	Chris Buckler	1823	1	33.24	419	8.18	395	24.48	364	24.38	225	9.25	420
M41	Hondo Salgado	3411	1	48.36	750	12.82	745	39.74	741	33.99	398	14.45	777
M42	Stephen Moore II	1755	2	18.53	205	9.73	536	24.23	400	28.67	315	6.65	299
M46	Eric Cole	4067	1	52.73	932	13.25	847	45.69	976	37.03	491	14.11	821
M47	John Wirtz	3601	2	46.25	798	13.72	882	36.75	752	28.06	340	14.22	829
M47	Herbert Anderson	2992	3	25.58	378	11.86	744	38.33	791	33.91	438	11.42	641
M49	Andy Schloot	949	4	8.09	41	5.41	278	18.64	318	19.68	203	3.18	109
M53	Jeffery Koppenhaver	3232	1	32.02	479	13.45	836	38.41	649	42.77	626	12.75	642
M50	David Bickel	3151	2	44.01	713	10.88	652	34.67	572	28.89	377	16.00	837
M54	James Griffin	2817	3	35.68	550	10.94	656	32.85	535	32.70	444	12.59	632
M54	Ben Fulton	2148	4	21.36	276	10.16	600	30.87	495	24.89	307	9.84	470
M54	Lee Wilson	1218	5	16.82	192	6.01	310	19.04	262	21.03	241	5.39	213
M58	Tom Fraker	3642	1	44.06	808	12.32	830	35.46	652	34.07	523	14.83	829
M58	David Bolles	3231	2	40.00	719	10.31	673	32.83	593	35.42	550	12.75	696
M58	Gary Dixon	3176	3	38.09	677	9.84	637	32.44	584	35.60	554	13.19	724
M56	Michael Gold	3051	4	34.30	595	10.26	669	34.23	624	31.08	465	12.80	698
M55	James Burgoyne	2885	5	30.06	504	11.20	742	33.52	608	25.46	357	12.42	674
M55	Thomas Lambdin	2651	6	41.72	757	8.40	526	25.22	425	19.27	240	12.87	703
M55	Jim Biondolillo	2572	7	32.18	550	8.86	561	26.75	459	24.31	335	12.31	667
M55	John Hall	2479	8	27.53	450	10.05	653	31.62	566	23.20	314	9.62	496
M63	John Goldhammer	4077	1	53.28	1005	11.88	779	42.19	763	31.51	508	19.17	1022
M64	Michael Matteson	3479	2	42.11	761	11.54	753	35.49	618	31.39	506	16.17	841
M63	Richard Watson	3180	3	38.61	685	10.92	706	32.37	552	33.37	547	13.65	690
M63	Guy Dirkin	3624	*	42.31	765	10.87	701	48.06	893	27.13	418	16.27	847
M64	William Pearson	2833	*	28.77	474	10.76	693	33.44	575	31.13	500	11.97	591
M66	Tim Muller	4147	1	37.61	761	13.41	990	44.32	903	33.93	633	15.40	860
M66	Michael Butsch	3747	2	35.58	712	12.15	884	39.19	779	33.62	626	13.63	746
M65	Tim Cederblad	3678	3	34.09	676	11.97	869	38.44	761	31.33	573	14.45	799
M69	Darrel Harriman	3036	4	36.11	725	9.51	664	37.26	733	20.38	325	11.16	589
M66	Craig Cyphers	3029	5	34.27	680	9.59	670	28.25	521	26.22	456	12.93	702
M68	Neal Schuster	2149	6	24.97	457	5.18	310	23.28	408	28.55	509	9.18	465
M71	Paul Economides	4589	1	48.62	1021	13.02	893	39.76	887	30.38	604	19.95	1184
M74	Larry Rheams	3514	2	36.35	723	11.58	779	32.80	704	29.92	592	12.86	716
M70	Jerry Bookin-Weiner	2733	3	30.72	588	9.40	608	27.97	579	18.47	314	11.76	644
M71	Richard Lincoff	2584	4	27.25	505	9.32	602	25.49	515	20.76	368	10.99	594
M70	Lewis Breese	2583	5	27.42	509	10.00	655	22.92	450	21.39	383	10.86	586
M78	Ronald Small	3098	1	29.36	650	9.96	724	26.06	611	23.06	495	10.54	618
M78	Forrest Haines	2169	2	24.46	518	9.08	649	19.29	418	F	F	10.05	584
M81	Phil Shipp	4459	1	31.14	811	12.68	1042	32.24	933	31.73	836	12.87	837
M89	Karlis Ezerins	3046	1	22.65	682	7.89	686	18.49	585	16.40	442	9.36	651
W30	Jessica Becker	2954	1	36.98	655	11.83	650	36.58	588	20.03	289	12.42	772
W40	Kimberly O'Neill	2376	1	22.37	414	8.95	525	27.38	472	29.46	549	7.38	416
W40	Penelope Ingles	2175	2	28.51	570	7.55	424	19.53	310	19.25	328	9.14	543
W40	Elizabeth Rudolph	1517	3	19.01	330	6.51	349	16.53	250	12.70	189	7.14	399
W49	Stephanie Timmer	2421	1	27.98	614	8.66	552	26.80	506	15.78	283	7.38	466
W54	Kimberly Virden	2960	1	31.06	708	8.99	617	22.92	464	25.32	539	10.38	632
W51	Cheryl Wolfinger	2669	2	29.55	666	9.48	658	23.07	468	16.93	331	9.21	546
W53	Katherine Clausen de Contreras	2235	3	29.88	675	8.21	552	21.74	435	F	F	9.58	573
W59	Carol Finsrud	4129	1	33.43	860	10.92	858	36.79	911	23.00	539	13.59	961
W57	Tamara Alegria-Dybvig	3568	2	36.85	966	8.02	594	24.85	573	29.60	722	10.52	713
W56	Kathleen Biondolillo	2223	3	24.83	596	6.65	471	15.30	315	13.53	281	8.60	560
W56	Oneithea Lewis	2101	4	44.06	1192	11.47	909	F	F	DNS	DNS	DNS	DNS
W56	Deborah Ecklund	1398	5	16.37	341	5.37	358	13.76	275	8.72	153	4.90	271
W60	Ruth Welding	3635	1	36.24	1058	8.33	694	25.31	662	14.80	361	13.17	860
W62	Carole Jackson	1917	2	20.02	509	6.23	487	10.91	232	8.30	167	8.66	522
W62	Sandra O'Brien	1530	3	15.69	366	5.08	375	10.36	216	12.34	287	5.43	286
W67	Myrle Mensey	4780	1	38.22	1271	9.19	878	25.93	781	22.05	668	15.87	1182
W67	Mary Hartzler	4326	2	33.23	1080	9.28	888	25.99	784	22.23	675	12.49	899
W65	Martha Green	2175	3	18.63	531	6.19	547	12.59	324	10.87	284	7.50	489
W72	Cindy Wyatt	3565	1	25.12	891	8.16	870	22.75	786	11.30	358	8.68	660
W77	Joanne Marriott	3649	1	22.16	753	7.37	761	18.70	660	17.25	654	10.94	821
W78	Janice Bradley	2666	2	17.05	542	6.27	627	13.83	458	12.80	461	8.15	578
W85	Gloria Krug	3808	1	16.62	756	6.53	901	14.93	760	12.65	713	7.53	678

**Super Weight Throw**

M35	Chris Buckler	5.66
	George Melichar	3.82
M40	Hondo Salgado	9.94
	Greg Frounfelter	7.20
M45	Eric Cole	10.87
M50	David Bickel	8.11
	John Seto	5.97
	James Griffin	4.80
	Lee Wilson	3.29
M55	Gary Dixon	6.86
	Jeff Crothers	6.44
	James Burgoyne	6.38
	David Bolles	6.01
	Thomas Lambdin	5.85
	Michael Gold	5.69
	Jim Biondolillo	5.67
	John Hall	5.00
M60	John Goldhammer	11.03
	Bob Cedrone	10.28
	Michael Matteson	8.58
	Richard Watson	7.53
	George Castelli	5.75
	Guy Dirkin	9.00
	William Pearson	6.14
M65	Tim Muller	8.53
	Tim Cederblad	7.39
	Darrel Harriman	7.28
	Craig Cyphers	7.24
	Neal Schuster	3.72
M70	George Mathews	9.25
	Lewis Breese	6.28
	Jerry Bookin-Weiner	6.00
M75	Richard Hotchkiss	6.76
M80	Phil Shipp	7.73
W30	Jessica Becker	6.43
W40	Penelope Ingles	5.74
	Kimberly ONeill	5.65
	Elizabeth Rudolph	4.59
W50	Katherine Clausen de Contrera:	8.30
	Kimberly Virden	7.50
	Cheryl Wolfinger	6.69
W55	Oneithea Lewis	10.36
	Carol Finsrud	9.60
	Kathleen Biondolillo	6.07
	Deborah Ecklund	4.02
W60	Ruth Welding	9.77
	Sandra O'Brien	3.36
W65	Myrle Mensey	11.93
	Mary Hartzler	8.39
	Martha Green	5.03
W70	Cindy Wyatt	5.89
W75	Joanne Marriott	8.00
	Janice Bradley	5.55
W85	Gloria Krug	5.83
M45	John Wirtz	DNS
M70	Robert Cahners	DNS
M70	Edward Donnelly	DNS
W55	Katrina Geurkink	DNS

**Ultra-Weight Pentathlon**

Age	Name	Total	PI	Weight	WT Points	Super Weight	SWT Points	Ultra 1	Ultra 1 Points	Ultra 2	Ultra 2 Points	Ultra 3	Ultra 3 Points
M37	George Melichar	938	2	6.52	267	3.62	226	1.98	271	0.74	141	0.25	33
M35	Chris Buckler	1919	1	9.61	441	5.66	409	3.20	501	1.43	359	0.63	209
M41	Hondo Salgado	3986	1	14.81	800	9.94	869	5.89	1104	2.16	647	1.27	566
M44	Greg Frounfelter	2606	2	9.56	475	7.20	596	3.43	590	1.84	533	0.98	412
M46	Eric Cole	4703	1	15.65	925	10.35	987	5.87	1191	2.44	810	1.57	790
M50	David Bickel	3430	1	15.91	831	7.79	777	3.51	721	1.83	632	0.94	469
M54	James Griffin	2612	2	13.87	709	4.80	435	3.31	673	1.33	429	0.77	366
M53	John Seto	2479	3	11.62	575	5.56	520	2.80	551	1.41	461	0.78	372
M54	Lee Wilson	1061	4	4.90	185	2.70	202	2.11	389	0.73	192	0.31	93
M55	Jim Biondolillo	3330	1	11.68	627	5.67	589	3.53	799	1.81	688	1.10	627
M57	Jeff Crothers	3236	2	13.09	717	6.44	685	3.35	752	1.59	590	0.90	492
M56	Michael Gold	3122	3	11.69	628	5.69	591	3.50	791	1.66	620	0.90	492
M58	David Bolles	3119	4	13.21	725	6.01	631	3.28	734	1.50	550	0.88	479
M58	Gary Dixon	3000	5	13.67	754	6.52	694	3.15	700	1.31	466	0.74	386
M55	James Burgoyne	2991	6	13.24	727	5.57	576	3.12	692	1.47	537	0.85	459
M55	Thomas Lambdin	2508	7	12.32	668	5.85	611	2.56	547	1.28	453	0.50	229
M55	John Hall	2197	8	9.91	515	5.00	506	2.69	580	1.07	361	0.51	235
M63	John Goldhammer	4886	1	19.54	1044	11.03	1023	9.10	1088	3.99	982	1.84	749
M61	Bob Cedrone	4398	2	16.25	846	10.02	917	8.14	958	3.68	895	1.91	782
M64	Michael Matteson	3534	3	16.44	857	8.33	740	5.67	630	3.28	784	1.36	523
M63	Richard Watson	3001	4	13.22	665	7.53	657	5.59	619	2.57	588	1.25	472
M62	George Castelli	2902	5	12.14	601	5.75	476	4.64	495	2.96	695	1.60	635
M64	William Pearson	2758	6	12.54	625	5.93	493	4.79	514	2.71	626	1.31	500
M66	Tim Muller	4483	1	15.18	846	8.53	841	6.60	831	3.95	1070	1.97	895
M65	Tim Cederblad	3521	2	13.73	753	7.39	712	5.26	638	3.19	838	1.36	580
M66	Craig Cyphers	3434	3	14.28	788	7.24	694	5.14	620	3.04	793	1.28	539
M69	Darrel Harriman	3336	4	13.17	717	6.05	561	5.27	639	2.94	762	1.51	657
M68	Neal Schuster	1706	5	9.10	460	3.58	290	3.06	326	1.69	391	0.68	239
M73	George Mathews	3984	1	17.58	1026	9.17	789	6.73	714	5.06	682	2.70	773
M70	Lewis Breese	2743	2	9.42	493	6.14	490	4.57	448	4.30	563	2.63	749
M77	Richard Hotchkiss	3404	1	12.97	788	6.76	627	5.30	613	4.03	593	2.45	783
M81	Phil Shipp	3367	1	12.95	843	7.73	681	5.82	610	4.60	601	3.75	632
W30	Jessica Becker	3318	1	11.89	733	6.41	545	5.17	554	4.76	668	2.75	818
W40	Penelope Ingles	2778	1	8.96	530	5.74	586	4.45	567	3.19	506	1.76	589
W40	Kimberly ONeill	2630	2	8.42	491	5.11	509	3.87	478	3.17	502	1.91	650
W40	Elizabeth Rudolph	2118	3	6.89	381	4.59	445	3.48	418	2.67	405	1.46	469
W53	Katherine Clausen de Contreras	3390	1	12.16	762	8.22	781	4.67	572	3.78	583	3.43	692
W54	Kimberly Virden	3289	2	11.02	678	7.50	701	4.91	608	4.05	634	3.33	668
W51	Cheryl Wolfinger	3061	3	10.20	618	6.27	565	4.74	583	4.15	653	3.22	642
W56	Oneitha Lewis	5210	1	14.97	1073	10.36	1124	6.67	962	5.31	962	4.66	1089
W59	Carol Finsrud	4635	2	12.55	877	9.60	1031	6.19	883	5.17	933	3.99	911
W56	Kathleen Biondolillo	2976	3	9.34	619	6.07	602	4.16	551	3.29	546	3.02	658
W56	Deborah Ecklund	1792	4	5.30	302	3.90	346	3.03	370	2.39	366	2.05	408
W60	Ruth Welding	4323	1	11.65	745	9.34	867	8.04	944	5.96	950	4.17	817
W62	Sandra O'Brien	1179	2	5.36	281	3.36	239	2.71	242	1.81	210	1.43	207
W67	Myrle Mensey	5822	1	15.58	1157	10.95	1180	9.41	1280	6.39	1166	4.60	1039
W67	Mary Hartzler	4081	2	12.41	892	8.39	870	6.31	810	4.43	764	3.45	745
W65	Martha Green	2376	3	6.79	432	5.03	471	4.04	474	3.13	504	2.46	495
W72	Cindy Wyatt	3205	1	8.98	688	5.83	660	4.44	623	3.51	676	2.38	558
W77	Joanne Marriott	4009	1	11.47	867	7.70	799	6.51	812	5.27	824	3.41	707
W78	Janice Bradley	2675	2	8.13	577	5.55	540	4.47	518	3.48	501	2.72	539
W85	Gloria Krug	4180	1	7.50	675	5.83	879	4.95	899	3.80	857	2.84	870