## 2021 USATF Northwest Masters Outdoor Track & Field Championships - 7/17/21 2021 PNTF Open Championships West Seattle Stadium Final Schedule

## Saturday 7/17/2021

	TRA	ACK EVENTS	]	Round
8:45 AM	#1	Mixed 50-79 5000 m Race Walk	]	Finals
9:25 AM	#2	Mixed 30-84 5000 m	]	Finals
10:00 AM	#3	Women 19-74 100 m	]	Finals
10:10 AM	#4	Men 20-89 100 m	]	Finals
10:30 AM	#5	Women 45-64 1500 m	]	Finals
10:40 AM	#6	Men 40-79 1500 m	]	Finals
11:00 AM	#7	Women 55-64 400 m	]	Finals
11:05 AM	#8	Men 25-84 400 m	]	Finals
11:10 AM	#9	Women 19-94 4x100 m Relay	]	Finals
11:10 AM	#10	Men 19-94 4x100 m Relay	]	Finals
11:20 AM	#11	Women 25-64 800 m	]	Finals
11:30 AM	#12	Men 19-79 800 m	]	Finals
11:40 AM	#13	Women 19-74 200 m	]	Finals
11:55 AM	#14	Men 20-84 200 m	]	Finals
12:10 PM	#15	Women 19-94 4x400 m Relay	]	Finals
12:10 PM	#16	Men 19-94 4x400 m Relay	]	Finals
12:20 PM	#17	Women 60-64 80 m Hurdles	]	Finals
12:20 PM	#18	Men 70-84 80 m Hurdles	]	Finals
12:35 PM	#19	Men 50-64 100 m Hurdles	]	Finals
12:45 PM	#20	Men 40-44 110 m Hurdles	]	Finals
1:00 PM	#21	Men 19-29 400 m Hurdles	]	Finals
1:10 PM	#22	Men 65-69 300 m Hurdles	]	Finals
1:20 PM	#23	Men 60-79 2000 m Steeplechase	]	Finals
1:35 PM	#24	Men 20-54 3000 m Steeplechase	]	Finals

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	<b>VENTS - Throws</b> Women 45-74 Javelin y	Finals		
8:30 AM #31 Inside Runway	Men 31-59 Javelin	Finals		
9:30 AM #32 Inside Runway	Men 60-94 Javelin	Finals		
9:30 AM #33 Outside Circle	Women 18-74 Discus	Finals		
10:00 AM #34 Inside Circle	Men 35-69 Discus	Finals		
10:30 AM #35 Outside Circle	Men 70-94 Discus	Finals		
10:30 AM #37 Outside Circle	Women 20-69 Shot Put	Finals		
11:30 AM #36	Women 18-74 Hammer	Finals		
11:30 AM #38 Outside Circle	Men 70-94 Shot Put	Finals		
12:00 PM #39 Inside Circle	Men 30-69 Shot Put	Finals		
12:30 PM #40	Men 70-94 Hammer	Finals		
12:30 PM #41 Outside Circle	Women 55-74 Weight	Finals		
1:15 PM #42 Outside Circle	Men 70-94 Weight	Finals		
1:30 PM #43 Inside Circle	Men 45-69 Weight	Finals		
2:00 PM #45 Outside Circle	Women 55-74 Super Weight	Finals		
2:30 PM #44 Inside Circle	Men 45-94 Super Weight	Finals		
3:15 PM #46	Men 35-69 Hammer	Finals		
FIELD EVENTS - Jumps				
10:00 AM #47	Women 25-64 Long Jump	Finals		
10:30 AM #48	Men 20-89 Long Jump	Finals		
11:30 AM #49	Women 60-64 Pole Vault	Finals		
11:30 AM #50	Men 40-89 Pole Vault	Finals		
1:00 PM #51	Men 45-79 Triple Jump	Finals		
1:00 PM #52	Women 20-64 High Jump	Finals		
2:00 PM #53	Men 50-89 High Jump	Finals		