Hello, my name is Elizabeth Teague, 2020 USATF MTF Athlete representative. At the beginning of the year I had the pleasure to communicate with T&F master athletes that had concerns or inquiries. I brought any issues to MTF committee and responded to each athlete that contacted me.

I was looking forward to meet each of them personally, unfortunately the COVID-19 pandemic happened, we lost beloved athletes to it and all our scheduled events were cancelled. I lost two family members and friends to the pandemic as well.

I was very active with our NCCMA president and WMA committee member Guillermo Guzman, through conferences and phone call to create a Facebook account for World Masters Throwers, we also put out a survey for jumpers and throwers from the world in order to find out the sentiment about the 30seconds rule implemented for field events (except pole vault) by Worlds Athletics former IIAF and the WMA. IIAF decided to revert back to the one minute rule per jump and throw after athletes complained that it was not enough time for the IIAF athlete to perform at their best. WMA however, decided to keep the rule.

By conferencing with people from all over the world, and compiling the survey responses it was presented to the president of WMA Margit Jungman and the WMA committee, which we were informed that there will be a vote in the next WMA virtual meeting. We hope that a positive verdict comes in favor of the one minute rule and that our master’s athletes affected by this rule (throwers, jumpers, multi-events) get a fair opportunity for a better performance.

I participated in all our USATF MTF committee meetings. I was looking forward to serve and represent our TF masters athletes and to participate in our virtual championships, however due to a neck injury, which I am still recovering it was impossible for me to participate.

I hope 2021 is a better year for everyone and that we stay safe and healthy.