

Joint MTF/LDR Meeting

7Dec, 2019

Meeting opened 2:12pm, MTF's year to chair this meeting

-Phil Greenwald, MTF Team Manager gave a brief report on the WMA Indoor Championships and the NCCWMA Outdoor Championships held in 2019. In the latter, the USA dominated in both MTF and MLDR with 550 entrants to Canada approx. 350. Phil reminded those in the meeting that Team USA holds a 10:30am meeting every morning and that there is a team communications site: WhatsApp to get information throughout the meet. To help encourage more MLDR participation, flyers are being placed into next week's US XC Club Championships. Tents will be available at the nonstadia events for US athletes in Toronto.

Toronto Fees

- WMA Toronto registration is not yet open, but when USA athletes register, they will find in addition to their WMA entry and event fees, there is a \$10 Team USATF charge. This money will fund some of the expanded Team USATF team management needs because of the large anticipated US entries (1400-2000 athletes), team socials (2), and other items.
- Also prior to checking out, USA athletes will be presented with an option to purchase physio appointments (via punch cards). They will be sold in bundles of 3, 6, 12, 18, or 24 with various costs for each. The entrants must opt out if they prefer not to purchase this option. If they opt out, they will still have an opportunity to purchase until the close of registration (May 18, 2020). There are rules that apply to the use of the physios, including: The punch cards will not be refundable or transferable. Tipping is expected. \$10-20 per visit is recommended.
- The number of appointments purchased will determine the size of the staff MTF can afford to send to Toronto. The goal is 3 at each of the three venues: a PT, a masseuse, and a chiropractor. By using this system, the cost of the physio staff will not come out of the MTF budget.
- A question was asked that if an athlete is injured, can they use the physio staff if they did not purchase a punch card. They will not be able to. They can use local staff at their own cost.
- Re NormaTec use, an athlete will have had to have purchased at least three sessions to use the NormaTecs. But those will not count against punch cards.

The US Team Socials in Toronto will be held July 23, and July 29, the site TBD. The WMA social is the 28th at the downtown university building.

-Brian Keaveney, VP for Competition for WMA, said the Toronto 2020 website is being constantly updated and that registration should open soon. He gave a brief description of the track venues and facilities and added that there are two practice tracks, one east of Varsity, a HS track (may not have throws) and that the other is Dansville, a converted military base.

Athletes are encouraged to use the TTC = Toronto transit system (streetcar, buses, subway) rather than drive and that one ticket can be used all day in one direction. It's best to get a Presto Card and load it up.

2020 World Championships Uniforms

Elizabeth Guarneri, the MTF National Office liaison spoke regarding uniforms for 2020. Currently there is a pretty solid inventory. Uniforms will be distributed to registered athletes who do not already have one on a first come first served basis. Those athletes upon

registration will receive a WUFOO form to provide their information including sizes, and proof of air/hotel information. WUFOO's will be sent out weekly.

For beyond 2020, the uniform orders will be placed year to year rather than once for the four year span, which will hopefully keep sizes and quantities better stocked. T-shirts have been removed from the kits being sent in order to have them for use as uniforms if the stock runs out.

It was also suggested that athletes borrow uniforms as they must comply with the WMA rules. The uniforms may be distributed at the MTF Outdoor Championships to save on shipping. The London red, black, black and white forms are OK'd for the WMA meet but are to be used for prelims. ONLY London and Rio uniforms are OK'd for this meet. The WMA rules say that an athlete's top has to be approved by their country and must identify the country.

Rex Harvey announced the approval of the revised MTF Operating Procedures, and spoke about the WMA delegates' suggestion stressing that WMA recognizes affiliate per country.

Lloyd Hanson announced that in an effort to entice more MLDR runners to attend the WMA events, the meet has been added to the MLDR Grand Prix.

Bill Quinlisk, a member of the MLDR group present, asked how much MLDR currently contributes to the cost of sending delegates. They have never seen a budget in MLDR so they don't know. Carroll DeWeese told them that MTF has funded all the travel expenses thus far for MTF delegates and offered to help an LDR person set up and manage a budget. MLDR currently has no treasurer and does not publish any budget information.

The Anti-Doping Committee announced that MTF and MLDR athletes will now be subject to out-of-competition testing.

Geo Melichar, Chair of the MTF Inclusion Subcommittee, spoke to the need for inclusion in our sport and gave definitions of common terms. Geo stressed the need to see people as human beings, not labels, and that the issues being discussed today regarding transgender athletes displacing women athletes in competition can be very hard on the people involved, on both sides, and asked that that be kept in mind when debating these issues.

Meeting adjourned