2018 was a very busy year for the Northwest Region. Many Masters meets contested in a short period of time. Unfortunately the lack of availability of an indoor facility in our main population core, the I-5 corridor, did not allow us to have an indoor meet. We are still working with the University of Washington to make that come about in the future. The outdoor season started with the well attended Hayward Classic at the University of Oregon in early May followed by the Seattle Parks Masters meet and The Portland Masters meet in June.

July was a very busy month with the Northwest Region meet at West Seattle Stadium’s new track and jumps equipment. The meet was well attended with 80+ entries which was down a little due to overlapping Senior Games meets and our National Championships in Cheney Washington coming on July 26-29. The Northwest Region, the Pacific Northwest Association and Seattle Masters Athletic Club provided 80, 27” hurdles and all the throws implements for this meet.

On the weekend of August 3th and 4th the Pacific Northwest Association and Seattle Masters Athletic Club hosted the USA National Masters Throws Championships at West Seattle Stadium. The meet featured many new American records and the opening of the newly updated hammer cage donated by Cheryl Mellenthin and The Mark Chapman Trust.
Our 2019 outdoor region championship is tentatively planned for August 10. This is much later than our customary date due to the Nationals Championship again being in July (11\textsuperscript{th}-14\textsuperscript{th}) and The NCC-WMA Championship being from July 18\textsuperscript{th}-21\textsuperscript{st} in Toronto. Other conflicting meets included Senior Games meets and Junior Olympics meets which have weekend dates in July.