For the first time in memory 2018 saw both indoor and outdoor East Regionals held in the New England Association. Over 450 athletes participated in the two well run meets. Both meets drew on officials from southern New England and especially Rhode Island.

January 29, 2018 - USATF East Region Masters Indoor Championships: The East Regional was again held at the Career & Technical High School in Providence, RI. This is the 8th time that the regional has been held here. The meet also served as the New England Association Masters Indoor Championship. Big thanks to Bob Palazzo who is instrumental in making this great facility our home for many years. This year's meet had 195 athletes entered from all over the east coast.

A single American record was set on this day. Julia Williams-Tinkham set the mark in the W35-39 weight throw. Age graded cash awards of $150 were made to each of the following men and woman.

Track: Ed Cox M90 60m
Sandy Triolo W55 60m
Field: David Montieth M70 HJ
Oneithea Lewis W55 WT

Mass Velocity TC took top honors in the team competition with Twilight Throwers taking the runner up position. Philadelphia Masters TC women made a strong appearance with a limited number of athletes.

July 7, 2018 - USATF East Region Masters Outdoor Championships: The outdoor regional returned to the New England Association after an absence of 13 years. Held a few days after the 4th of July, many athletes took advantage of some personal downtime and made the trip to the College of the Holy Cross in Worcester, MA. Men and women from all over the US, Canada, Florida, California, and many of the Mid Atlantic states helped push the entries to 251. The largest turn out in recent memory!

Three American records were eclipsed, all by women. Tami Graf in the W80 2000 SC, Diane Hoffman in the W90 100m, and Latricia Dendy in the W45 400H. Ms. Hoffman's record came in her 1st track meet in her life at the age of 91!

Age graded cash awards of $100 went to the following:

Allan Tissenbaum M55 100m
Flo Meiler W80 80H
Rebecca Connelly W50 300H
David Monteith M70 HJ

Venues for the 2019 USATF East Regionals are TBD.

Submitted by: Mike Travers, USATF Masters East Region Coordinator